

12 Nov 2011

Medical Institute of Tamils

"Professionals working towards improving the health of the community"

Registered charity in the UK. Charity No: 1066824

தமிழ் மருத்துவ அறிஞர் நிறுவனம்

22nd Annual General Report



Strategic thinking and innovative planning

Global collaboration for transformation

Empowerment of the people and youngsters



Primary Care



Education



Research Studies



Global Network



Teamwork

Editorial



On behalf of the Central Committee I am proud to present the Annual reports for the Annual General Meeting 2011. In addition to the reports from the members of the Central Committee we have included reports from the Regions. We also include the MIOT Annual accounts for approval by the members at the AGM. All the reports outline the projects MIOT has funded and the involvement we have had. All members of MIOT should be proud of what we have achieved. The activities of MIOT will not be possible without the hard work of all members. Central Committee would like to thank all Members for their support. Please continue to support our efforts.

Dr Mathi Chandrakumar,
Editor
12th Nov 2011

Sub Editor: Dr S Sankar
Design & Develop: P Sriskanth

Our Vision

The establishment of a world class healthcare system in the North and East of Sri Lanka by advancing the Clinical, Research, Infrastructure and Educational aspects of Medical and Allied health services.

Our Mission

To provide external support, generate financial aid and develop local expertise, while fostering strong links with similar organisations at national and international levels towards achieving our vision.

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Medical Institute of Tamils(MIOT)

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Welcome

Building on Success...



I am very pleased and privileged to be serving this organisation as the president since November, 2010. This organisation was founded 22 years ago by few committed Tamil Doctors. We are a non political charity and our aim is to support the medical education and health care in North & East.

During my tenure as president of MIOT, our committee have supported many projects. We have established good contact with both Medical faculties. We continue to support about 28 medical students in Jaffna Medical School. We have awarded a Gold Medal every year to a final year medical student at the final MBBS examination who obtains the highest marks in the clinical component of Paediatric examination. We have supported the Teaching Hospital in Jaffna Intensive Care Unit by donating CPAP machines and the surgical department.

We have continuously and consistently supported orphanages from our funds. The Central committee has been funding an Outpatient free consultation facility in Moolai Hospital for the last two years. We can do many more projects but we need funds and support from all the doctors from our community who are living in UK currently. We had a very successful Kalai Marutham on 28th May, 2011 in order to raise funds to support the flood relief in East. It was an excellent programme by many talented artists from Varni Fine Arts. Programme like this encourage the local young students to take part nurturing our culture and tradition. Some of us visited our home land and witnessed that the funds allocated are being used for correct purpose of helping the needy ones.

In September, MIOT Central Committee has done a Health Screening Programme in Edmonton Community Centre for our local Tamil people about 80 of them including some other South-east Asian people do benefited by this programme. We have established links with our local people now and we have plans to do community based research in our people identifying their health needs.

Also we are aiming to do this programme at least twice a year since it is welcome very much by the Tamil Community. Five branches of MIOT are working towards the same goal of meeting the health needs of our people in our homeland.

The Central Committee is now working very efficiently by allocating responsibility to each committee member for Education, Research, Community Care, Membership, Overseas affairs and Youth Forum. We will be working towards to form small working groups for each area to be led by the Co-ordinating secretaries. Members of MIOT should come forward to work with these working groups for the projects which MIOT intend to fund. Our website is now updated by our education secretary and volunteers who work with us from our MIOT office. We have ring fenced some money for the purpose of supporting research projects by the Tamil speaking Medical Students from North & East and non-Tamils as well. We have produced a newsletter which is giving all the details of the on going projects. Members can bring good viable projects which are of benefit to our society here and back home, and MIOT is keen to fund these projects once approved by our working group of Central Committee.

We would like the younger generation living in this country to come forward to work in the committee to promote research, education and health screening programmes in United Kingdom. Our vision is to continue our work towards our aims tirelessly. I like to thank my fellow committee members for their hard work despite their NHS work which is changing all the time and personal commitments to contribute to many projects we have done in this year and to move into another successful year. We all aim build up a strong foundation for our younger generation to take over in the future to continue to achieve the goal and vision of this organisation.

Dr(Mrs) Kantha Niranjana
President
12th Nov 2011

Annual General Meeting - Agenda

Continuing Medical Education & Annual General Meeting

Saturday 12th November 2011

9:30am - 3:30pm

Postgraduate Centre, Homerton University Hospital, London E9 6SR

Agenda

9:30am - 10:00am - **Registration & Coffee**

10:00am - 12:15pm - **CME-Chair - Dr K Rajakulasingam**

- Dr Ajitha Jayaratnam - Current diagnosis and management of pulmonary tuberculosis
- Dr Puvana Rajakulendran - New issues and commissioning in general practice
- Dr .Giri Wijesingham - Hearing and balance-tips for a trouble free future
- Dr.Jeyanthi Subramaniam - "Breast Cancer" Are we winning?

12:15pm - 1:00pm - **Lunch & Networking**

1:00pm - 2:00pm - **The International Forum - Chair - Dr S Poologanathan**

- Dr Surendrakumar
- Dr Suji Pararajasingam

1:30pm - 3:30pm - **AGM Members Only**

- President's Report - Dr(Mrs) Kantha Niranjan
- Approval of the minutes of the AGM held on the 13th Nov 2011
- Annual Reports - General Secretary - Dr S Uthayakumar
- Annual Accounts - Treasurer - Dr Girija Kugapala
- To approve the Annual Subscription for the year ending 2012
- Election of the Bearers for 2012
- Members Question Time
- Any Other Business

Central & Regional

Central

President	-	Dr(Mrs) Kantha Niranjana
Vice President	-	Dr(Mrs) S Natkunarajah
Gen Secretary	-	Dr S Uthayakumar
Asst Secretary	-	Dr T Balakumar
Treasurer	-	Dr(Mrs) G Kugapala
Editor	-	Dr M Chandrakumar
Trustees	-	Dr P Kukathasan
	-	Dr E Velayuthapillai
Co-ordinating Secretaries		
Overseas Affairs	-	Dr S Poologanathan
Community Care & Research	-	Dr M Manoharan
Social & Membership	-	Dr M Sivarajaratnam
Education	-	Dr K Rajakulasingam
Youth Affairs	-	Dr Thuvaraka Logeswaran

North Thames(NTR)

President	-	Dr N Niranjana
Secretary	-	Dr S Sankar
Joint Treasurers	-	Dr S Kulendran
	-	Dr P Kukathasan
Committee Members	-	Dr S Poologanathan
	-	Dr P Kandasamy
	-	Dr N Sivananthan
	-	Dr S Jothimurugan
	-	Dr I Vanniyasegaram
	-	Dr J Gnananandan
	-	Dr N Sivayoganathan

South Thames(STR)

Chairman	-	Dr K Chandradeva
Vice Chairman	-	Dr E Selvanathan
Secretary	-	Dr V M Karunaharan
Joint Treasurers	-	Dr A Mahendrarajah
Committee Members	-	Dr B Baskaran
	-	Dr K Gnaanchelvan
	-	Dr S Jeyanathan
	-	Dr S Krishnapalasuriar
	-	Dr I Kumarendran
	-	Dr N Navaratnarajah
	-	Dr P Nirmalan Puvir
	-	Dr T Sithamparanathan
	-	Dr V Vijayakulasingam

Central & Regional

Continued

Northern Committee

Executive Committee	-	Dr E Velayuthapillai
	-	Dr R Gowribalan

Eastern Committee

Chair	-	Dr K Rajakulasingam
Secretary	-	Dr S Uthayakumar
Educational Committee	-	Dr Indu Uthayakumar
	-	Dr Thulasi Balakumar
	-	Dr Siva Mohan
Junior Committee	-	Dr Ramya Rajakulasingam
	-	Dr Krishni Jeyakumar
	-	Dr Arani Uthayakumar

Wales Committee

President	-	Dr V Vigneswaran
Vice President	-	Dr Seenithampy Navaratnam
Secretary	-	Dr Kamala Thevamanoharan
Treasurer	-	Dr S Kugathan
Social Secretary	-	Mrs S Mohanaruban
Asst Social Secretary	-	Mrs R Murugiah

Youth Forum

President	-	Dr Thuwaraka Logeswaran
Secretary	-	Dr Ahila Sivarasan
Treasurer	-	Dr Mayoora Shanmuganathan
Undergraduate Coordinators	-	Sambavi Raviraj
	-	Jonathan Anthonypillai
Graduate Coordinators	-	Dr Kobika Sritharan
	-	Dr Lucia Anthonypillai
	-	Dr Inithan Ganesaratnam
	-	Dr Muhunthan Thillai
Public Health Relations	-	Dr Shivan Sivakumar
	-	Dr Ahila Sivarasan

Organisations with Common Interest

National

BUDS	-	Batticaloa Underprivileged Development Society
CANE	-	Cancer Aid for North & East Sri Lanka
TIC	-	Tamil Information Centre
CCD	-	Centre for Community Development
SCOT	-	Standing Committee of Tamils
FOBH	-	Friends of Batticaloa Hospital

International

CMDDA	-	Canadian Medical Dental Development Association
IMHO	-	International Medical Health Organization [USA, Canada, EU & Sri Lanka]
AMAF	-	Australian Medical Aid Foundation
NTHO	-	The Norwegian Tamil Health Organisation
ADVRO	-	Amparamba District Vipulananda Rehabilitation Organisation UK & Sri Lanka

"Hand that helps is holier than lips that speak"



I present this message after three years of experience in central committee. MIOT has made many new changes concentrating mostly on medical education, research and charity work mainly to help the needed children in Sri Lanka. Helping North & East Sri Lanka is our priority and needless to say we are nonpolitical. I am proud to say that all money raised for orphanage were channelled to deserving recipients in N & E Sri Lanka and I thank you and look forward to your continued support. It will make vast difference if MIOT can attract more members, especially youngsters with bright ideas to help our homeland. We are making many changes and I hope our mission and vision will be truly appreciated by everyone in the near future.

Fundraising was very successful with net profit of £7000. The money was distributed as below:

Thilagawathiar Illam, Batticaloa	:	£1000
Harry Illam, Batticaloa	:	£1000
Tamil Orphan Trust for Karunai Illam, Kilinotchi	:	£1000
Sivapoomy, Siruvar Illam, Kondavil	:	£1000
Orphanage Kilinotchi	:	£1000
Dairy Project	:	£2000

MIOT is already involved in supporting orphanages. We started something new this year; a Dairy Project by giving cows with calves to orphanages and single mothers. Allocation as follows:

Akilandeswary Illam, Vavuniya	:	£1000
Paranthan project for single parents	:	£1,500

Dr(Mrs) S Natkunarajah
Vice President
12th Nov 2011

Message of the Teaching Hospital, Jaffna



போதனா வைத்தியசாலை யாழ்ப்பாணம்
இனால ரேஸ்ட் லைபரரி
TEACHING HOSPITAL, JAFFNA
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Date: 01.10.2011

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President
Medical Institute Of Tamils.
United Kingdom.

Helping hand from Medical Institute of Tamils(MIOT)

We greatly appreciate the sincere helping hand from MIOT for teaching hospital Jaffna, Sri Lanka and faculty of medicine, University of Jaffna.

Our sincere thanks for the donation of £8000 for burn's units in Teaching hospital Jaffna. This has been utilized for improving the burn care in the units in TH Jaffna. We highly appreciated the contribution and encouragement for our medical students offered by the gold medal award to best student in the final year clinical component in paediatrics. As alumni president my special thanks for the support to the medical students through financial assistance for past few years by MIOT.

All the helps are beneficial to the northern region's affected population. We anticipate your continuous support in future.

.....
Dr.S.Raviraj
Consultant Surgeon, Teaching Hospital, Jaffna
& President Alumni Sri Lanka

Dr. S. RAVIRAJ
MBBS, MS (Gen. Surgery)
Consultant Surgeon
Teaching Hospital, Jaffna.
Sri Lanka.

Message of the Ramakrishna Mission, Batticaloa



Ramakrishna Mission

(Ceylon Branch)

Ramakrishnapuram

Batticaloa, Sri Lanka

E-Mail rkmbat@gmail.com , rkmbatfhc@gmail.com

T.P: 94 65 2222752, 94 65 2227500, 94 65 365 1269

20-10-2011

Dr.Mrs Kantha Niranjan,
The president Medical Institute of Tamil, U.K

Namaskaram,



I am very happy indeed to be informed that, the Medical Institute of Tamils in the United Kingdom will be holding their 22nd annual General meeting in early November 2011, and that, a souvenir to being issued in this connection.

We invoke the Blessing of the Holy Trio for the success of these events.

The Ramakrishna Mission, Batticaloa Centre, Sri Lanka is grateful to the medical Institute of Tamils in U.K:-

1. For having generously provided the necessary funds through the Medical Association at Batticaloa for the erection of a building to house the clinic at the Medical Centre at Kallady Uppodai, a facility enjoyed by patients numbering over 7000 seeking treatment.
2. Further, creating an "Endowment" of over Rs225,622/= to utilize the interest earned thereof for the running of the medical Centre
3. For having provided funds (Urgently needed at that time) necessary to keep those affected by the unprecedented floods that devastated the District in the month of December 2010 (Rs.140,000) and January 2011.

- We need your help for arrange medical camps in rural villages which were much needed.
- Creating an "Endowment" also should be added for running our Family Health Center very much needed

Needless to mention that, the Ramakrishna Mission thankfully relies heavily on the generosity of philanthropic organizations such as the M.I.O.T, which enjoys a pride of place among the benefactors of the Mission.

Besides the help to the Ramakrishna Mission towards our activities, we are happy to deserve that, the M.I.O.T is also extending their wide ranging assistance towards organizations in the north & East of Sri Lanka that are engaged in the Educational, Health & social service activities.

We pray to the almighty to Bless the services rendered by the M.I.O.T, so that, they continue to shower their kindness to help the less fortunate amongst us.

Annual Report of the General Secretary



It is my pleasure to present the 22nd annual report of the Medical Institute of Tamils. I consider this more as an honour rather than a privilege. We continue to excel in our aims and objectives as the one and only registered charity for Tamil doctors in the UK. We especially focus on education and training, relief of poverty and sickness, and the preservation and protection of the health of the Tamil community.

Even though the 'war' has been officially over for nearly 3 years, we are now facing greater challenges than ever before. Malnutrition, mental health disorders and even suicide rates have soared. The loss of property and livelihood is still a major problem but MIOT, together with other organisations are trying to rebuild the health and medical infrastructure of the North & East, and trying to help the communities get back on their feet again.

The Central Committee has met 8 times since the last AGM. Dr S Poologanathan kindly provided the venue at the Rush Green Medical Centre free of charge and there are no additional administration costs. I have listed all our achievements and work, as a part of this report.

Community Projects

The committee and the MIOT members were actively involved in several charitable activities which included a fundraising event for victims of the floods in Batticaloa, and several other community projects.

This devastating natural disaster has affected over 500,000 people in Batticaloa. MIOT used an extensive network of personal and professional contacts in Batticaloa as well as working with several reputable charities such as Ramakrishna mission, BUDS, EDS and YMHA to channel money and other equipment to the relief effort. The proceeds from MIOT's cultural event "KaliKathampam" in June was donated to a specific project through BUDS. The committee wishes to thank all the MIOT and non MIOT members who helped us not only financially but also lent their time and support to rebuild this community. Mahadeva Ashram was destroyed during the war. Fortunately with the help of many charitable organisations, some parts were rebuilt but a few buildings still needed furnishing. MIOT helped to restore basic facilities such as toilets as well as educational equipment.

This year we took an extra effort to support more orphanages in addition to the ones solely run by MIOT groups (Thilagawathiar's Illum, Vaharai and MIOT home for Girls, Thambiluvil). We have adopted a few more children from the ArulAham, Vavuniya and gave additional financial assistance to Hari Children home, Batticaloa and Karunai Illum.

Medical Projects

We have never failed in our duty to provide medical help to our people living in the homeland as well as in the UK. We continue to fund the Moolai and Chavakachcheri out-patient clinics. Our president Dr Kantha Niranjana also organised a "Health Promotion & Health Screening" clinic for the Tamil Relief Centre in Edmonton. Over 75 people benefited from one to one consultation by several expert medical consultants & general practitioners.

Education and Training

We believe the golden saying "Don't give a man a fish, but give him a rod and teach him how to fish". With the help of ArulAham & Rotary club, we have donated milking cows to several families to make them self sufficient financially at the same time providing healthy food option.

Sivapoomi School for mentally challenging children in Kondavil is doing exemplary work by educating these children who otherwise would not have the opportunity for 'normal' schooling. Whilst normal education is offered to these children, they are also providing training in life skills and handicrafts. MIOT has supported their work and we have considered providing ongoing support if we can get additional help from MIOT members.

Our Educational secretary & the team were active this year, updating the website, launching a new research forum and organising educational activities. The committee wish to thank Mr.P Sriskantharan, the IT & Software expert, for giving the MIOT website a much needed facelift. I am sure you have all visited the new MIOT website, but if not, it's not too late. Please visit www.miot.org.uk today. We are very proud to share our achievements and we encourage you to get involved in our activities. With the advancement of technology, we would like to go paper light and wish to communicate with members via internet or e-mail. We would like to get your opinion on this issue please?

'Wealth can disappear, but a solid education will always sustain'. Those who have entered University have worked extremely hard to reach this level. Sadly due to family circumstances and lack of funding, many are forced to discontinue their studies. We have increased the number of medical students that we sponsor in the North & East and in addition continue to support the students from the IDP camps. We are currently working with the JMFOA UK branch to regulate the application process and sponsorship. The profit from the Dinner Dance on the 10th December at the Sangam hall, Edgware will be given to the Medical Students Educational Fund and also to sponsor few specific projects for the Neonatal Intensive Care Unit(NICU) at the Teaching Hospital, Jaffna.

Looking to the Future

We are not only involved in charitable activities, but have also organised an excellent dinner dance event. This encouraged many young doctors and medical students to join MIOT activities.

We would like to reiterate that MIOT is a non-political, non-religious & non-profit charitable organisation, only committed to help our people from the Homeland and other countries. We urge more of the younger generation to join MIOT in 'leading the way forward,' to make our organisation even stronger.

Dr S Uthayakumar
General Secretary
12th Nov 2011

MIOT's Contributions from the Central Committee 2011

	Project	Beneficiary	Project Description	Donation (£££)
Education & Hospitals				
1	Annual Gold medal award to the Final MD student 2011.	Jaffna Medical College Awarded to Miss. Varmila Puvanendran	The student who obtained the highest mark in the final MB clinical component of the paediatric exam. The interest from this money will be given as a cash award annually.	£1200 <i>(The money was deposited to a high interest secure bank in Jaffna)</i>
2	Medical students sponsorship	Medical students from East & North	Currently supporting 28 Students from underprivileged areas.	£1900
3	Out-patient medical clinic	Moolai Hospital	Provide free consultation 5 days a week for 3 hours to people living in the Moolai area. 30-50 people attend daily.	£500
4	Continuous Positive Airway Pressure (CPAP) machine donation to Jaffna Hospital	Jaffna Teaching Hospital	This will be used in the Intensive Care Unit and if necessary on the wards. A second machine was donated through the East of England MIOT region.	£1300
5	Jaffna Burns Unit appeal	Jaffna Hospital	To help with equipment and special beds to care for the Burns victims. This sum was mainly raised by the Northern MIOT's team in collaboration with the Central committee over the past few years.	£8000
Batticaloa Flood Relief appeal January 2011				
1	BUDS (Batticaloa Underprivileged Development Society)	Batticaloa	To provide after-school shelter, educational materials and dinner on a daily basis, for the children from the village, Thivaimadu. Batticaloa	£3000
2	Young Men Hindu Association (YMHA)	Ramespuram village, Chenkaladi	360 parcels of food items for adults & milk powder for children were distributed	£1000
3	Ramakrishna Mission	Thumpangkerny, Poratheevu, Vellavelly, Mandoor, Kakachivattai & Pazukaamam villages	Milk powder, food items, drinking water, soap and vitamin tablets were distributed to 357 pregnant mothers, 381 breast feeding mothers, 615 children aged 6-12 months, 675 aged 12-24 months, and 2330 aged over 24 months.	£2000
4	Hari's Illum	Kalladi, Batticaloa	For flood relief expenses, food & essential items	£500
5	EDS - Educational Development Society	Punnakulam village, Poratheevu	100 families were given Rs1000 each worth of food items.	£500

MIOT's Contributions from the Central Committee 2011

Continued...

	Project	Beneficiary	Project Description	Donation(£££)
Orphanages				
1	Karunai Illum via TOT	Urumpirai, Jaffna	Help with running of the orphanage	£1000
2	Thilakawathiyar Home	Kathiravelly, Batticaloa	Help with running of the orphanage & for school uniforms/books etc	£1000
3	Hari's Illum	Kalladi, Batticaloa	Help with running of the orphanage & additional expenses incurred for the OL & AL students	£1000
Community projects				
1	Sri Agilandeshwary Arulham, Vavuniya	Vavuniya	Donated milking cows to provide regular milk to the orphanage	£1000
2	Dairy Project	Kandawala & killonochi	Through the Rotary Club, donated milking cows to the war- affected single parent families	£1500
3	Mahadeva Chiruvar Ashram, Kilinochi	Kilinochi	117 boys & 40 girls who have lost both their parents and have any close relatives are living in this Ashram. Money was given to help with the counselling of these war affected children	£1000
4	Siva Poomi School, Kondavil	Kondavil, Jaffna	Children with physical and mental handicap. Donation given to help with the running of the school	£1000
5	Yarl Aid	Jaffna, mainly villages	Provided shoes, books, school equipments etc to children from poor background, funded through Yarlaid. This group was formed by a few A-level students.	£250
6	CACM project (Church of the American Ceylon Mission)	Mannar & Vavuniya	Through Dr.Ambalavanar, helped with rehabilitation work in these areas.	£500

Annual Report of the Treasurer



I am very pleased to present the MIOT's 22nd Annual Financial Report. All income and expenditure are fully reflected in the Annual Accounts Report. I would like to express my grateful thanks and deep appreciation to all the members of the regions and the central committee all of whom extended their cooperation and support. Special thanks to our Accountant, Mr N Sushilan in the preparation of the financial statements for our AGM. His service to MIOT is voluntary and he has always submitted the annual accounts well in advance of the AGM.

This year we have been able to organise a number of fund raising events with the help and support of all our committee members and have managed to raise £14, 395. Income generated by these events has been used to sponsor a number of projects in North & East of Sri Lanka. I would like to extend our thanks to everyone who took the initiative and helped to organise these successful events.

Our regular income is from committee members subscriptions and we urge every member to actively assist in bring new and young members to the committee to enable us to grow and continue to support the Tamil population in Sri Lanka.

In conclusion, I would like to thank all members for their continuing support, commitment and dedication.

Dr(Mrs) G Kugapala, Honorary Treasurer - 12th Nov 2011

Education & Research



MIOT is pleased to inform that further real commitment has been made towards improving education and research for those medical students from the northern and eastern Sri Lanka. MIOT has recognised that there have been somewhat poor facilities towards education and research in those regions. For the first time, MIOT has made a real commitment to support student education and research.

We encourage all those medical students from the north and east to apply towards obtaining support and funds. We intend to support the development of research and audit activities amongst the student population as well as supporting their education activities by providing on-line educational material. MIOT is also offering limited support towards medical students from the UK applying for funds towards their research/audit work. In addition, MIOT has also made further effort towards making their website with information being updated at regular intervals with more new details being introduced online.

All the relevant information is available on line; www.miot.org.uk

Dr K Rajakulasingam, Co-ordinating Secretary, Education - 12th Nov 2011

Our role is challenging...

In Memory of Dr S Pasupathyrajah

"It gives me great pleasure to send this message for the inaugural meeting of the Medical Institute of Tamils. The institute is being established at a time when there are many challenging tasks ahead. Difficulties faced by this group are:

- Living in a hostile environment for which they are unprepared
- Problems in communication in a foreign language
- Lack of organisation here to help them with their smooth initiation and orientation, followed by continuing guidance in their respective pursuits

The need for support and guidance of these colleagues should be of great concern to us.

We pay homage to our colleagues who have lost their lives in the course of their duties in the homeland. To those brave men and women who had the courage to remain and work among our people we pledge our unflinching support. The health needs of our people and undergraduate and postgraduate medical education are in a pathetic state. We should do whatever we can to improve this situation in our homeland.

We should also not forget the needs of our community here. Their health problems need study by those who understand our culture and way of life. It is my prayer that the Institute would address itself to their health needs and other related problems and serve our people wherever they may be."

**Dr S Pasupathyrajah
08 Jan 1989**



MIOT Primary Care Projects

In 2004 at the AGM, MIOT's members decided to form focus groups for each medical speciality to streamline and expand the services we provide to our people in immense need. Few focus groups were formed in Gynaecology, Medicine, Anaesthesia, Radiology, Family Medicine, Pathology, Dentistry etc. Initially these groups functioned in a small way but with passage of time many faded away.

However the Family Medicine Focus Group survived the test of time and managed to run 3 primary care centres in Sri Lanka. First one was based in Jaffna, the second in Chavakachchari and a third one at co-operative hospital, Moolai. The centre in Jaffna was supported by funds from North Thames branch of MIOT but South Thames funded it for one year in 2007-8. The Moolai and Chavakachchari primary care centres are functioning efficiently. Family medicine services at Jaffna centre has been affected for few months. The process to reactivate the Jaffna centre has started. There are progressive steps taken to transform the Family Medicine services in Sri Lanka by the MIOT in collaboration with other local and international partners..

Institute of Family Medicine - Jaffna

Patients' attendance at the Jaffna centre depended on the Medical Officer employed at any one time. Our record shows that on an average 250 patients are seen, free of charge, each month at an average cost of Rs.173 per patient.

Chavakachcheri Family medicine Centre

This centre has been functioning for the past 6 years seeing on an average of 271 patients per month at a cost of £1.78 per patient. Since Jan.2011 a registration fee of Rs.25.00 per patient was introduced and cost per patient dropped to £1.08.

Moolai Co-operative Hospital (MCH) Family Medicine Centre

Moolai, the first co-operative hospital in South East Asia was established in October 1935. A request to start a Family Medicine centre for the poor people living in the surrounding area was made in 2005. The request was discussed at the MIOT's central committee meeting in June 2005 and it was decided to support this valuable project as a pilot project.

The latest report of patients' attendance figures are as follows (from 1st October to 30th September 2011): Total number of patients seen for this period was 3112, monthly average 259 at an average cost of Rs.154.84 per patient. All the three family medicine centres' consultation rooms are modified to the standards of primary care centres in Britain. Patients consult an experienced medical officer free of charge for their ailments. Special registration forms have been developed to capture personal medical and family details to facilitate a holistic record keeping system. Steps have been taken to develop an electronic patient data base to replace the current manual system.

Moolai Co operative Hospital has signed a MOU with the University of Jaffna Medical School to utilise the facilities available at both entities for the mutual benefits of the institutions and largely for the community. This remains a model centre for Rural Family Medicine whereas the Jaffna centre plays the key role as an urban family medicine centre, particularly in providing training for undergraduate and postgraduate medical and paramedical trainees.

In future with the proposed transformation of the primary care services in Sri Lanka, the centres at Jaffna and Moolai will be the key centres in Family Medicine and MIOT could play a major role by providing financial and technical support. MIOT is expecting support from enthusiastic members to make this valuable project to be successful. MIOT expects all these centres to be self funding in time to come.

Dr P Kukathasan, Trustee - 12th Nov 2011

Dr. Surendrakumar Sr. Lecturer Dept. of Comm. & Family Medicine, Jaffna Medical School & Researcher in Family Medicine at The Barts & Queen Mary's Medical school, London.

Extracts from Dr Pasupathy Rajah's Memorial Lecture

This year's theme of Dr.Rajah's memorial project is 'Research in diabetes in Sri Lankan Tamils living in the south of England. As we all know the incidence of diabetes is on the increase. It is estimated that by 2030 those having diabetes is going to double worldwide. Dr.Rajah showed a very keen interest in diabetes and its related complications if under diagnosed or not treated properly.

The incidence of Type2 diabetes is high in Sri Lankan Tamils and many south Asian communities living in the UK.

MIOT has embarked on a research project on

- 1) The incidence of diabetes in the Tamil populations.
- 2) Early diagnosis of diabetes
- 3) Preventative methods
- 4) Evidence based management of complications related to diabetes

MIOT's research and development team is in the process of submitting their proposals on the research of incidence of diabetes in Sri Lankan Tamils to the Ethics committee. Once approved we will approach Tamil GPs or GPs with a big list of Tamil population in the south of England to give a list of Tamil patients with their informed consent, willing to participate in the research project. We plan to see 25-50 patients in each practice and do basic investigations based on the proposed research principle.

If found to have diabetes, they would be referred back to their own GPs for appropriate management and necessary follow-up.

Thus we plan to improve the health of our community. In memory of Dr.Pasupathirajah,

May his soul rest in peace.

Dr.P.Kukathasan ,Trustee - 12th Nov 2011

Dr.M.Manoharan, Co-ordinating Secretary, Community Care & Research.





Annual Report of the Overseas Secretary

International Collaboration in Delivering Healthcare to the War Affected Regions of Sri Lanka

Health Needs and Social Challenges

It has been more than two years since the end of the war in Sri Lanka. The people in the war ravaged areas face many challenges in rebuilding their lives. Meeting the healthcare needs is one of those challenges. As the struggle for daily existence takes priority they continue to suffer in silence without adequate support.

The medical fraternity amongst the Diaspora are able to make significant contribution in mobilising support to meet the healthcare needs of the people. Importance must be given to identify additional problems faced by those in the former war zones so that appropriate alleviation programmes can be devised. Their bio/psycho/social issues need to be addressed with the assistance of not only the medical personnel, but also by formations of public health education and allied health professionals. Empowering people through education can enable them to take control of their own wellbeing and this has been proven to be more effective than simply supplying the facilities.

Development of Primary Care

It has been the vision of MIOT to develop a Primary Care service in Sri Lanka similar to the network of GPs in the UK. MIOT has been running primary care centres in the North since 2005, funded by donations from its members and other well wishers. Doctors working in these centres were remunerated through donations and they had continued to provide service even at the peak of the war. However, the then prevailing conditions of conflict had impeded progress in expanding this project as expected.

With the end of the war, the current healthcare demands present a perfect opportunity to double our efforts in attaining MIOT's vision of a primary healthcare service our people need and deserve. I am pleased to inform that we are now on the verge of setting up a Primary Care Trust (PCT) in Sri Lanka which will oversee the expansion and running of the centres. The PCT comprises doctors from the Jaffna Medical College, Batticaloa Medical College and the UK. Dr P Kukathasan and I are happy to offer space at the Institute of Family Medicine building as a base for the PCT.

It is appropriate that we commend Dr. R. Surendrakumar of the Dept of Community & Family Medicine at the Jaffna Medical College, who is in the UK for his doctorate, for his perseverance and involvement in setting up the PCT. He shares the vision of providing healthcare where it is needed; in the community, and has offered to take responsibility for the implementation and expansion of a sustainable primary care service network.

The centres operating in Chavakachcheri, Moolai & Jaffna will become part of this primary care service network. Two more centres may be opened in the near future in Urumpirai and Siruppiddy where Dr & Mrs Sankar have offered facilities for setting up these centres.

The three primary care centres were entirely funded, until recently, by the Diaspora. The Chavakachcheri centre operating from the property of Sivapathasuntharam family, commenced charging a nominal amount of Rs 25.00 as a registration fee. Although initially the number of patients using the services declined, it has now increased as patients continue to value the service. The Moolai centre operating within the premises of the Moolai Co-operative hospital is run on a registration fee basis and a combination of free and fee paying model for consultation.

A Sustainable Service Model

An entirely donor funded service has limited expansion potential. It is a known fact that donations dry up over time due to 'donor fatigue' and need to be replaced by innovative and sustainable funding models for the services to continue.

The Diaspora is endowed with highly skilled healthcare professionals who can play a major role in this model. By setting up healthcare service 'businesses' in the evolving, market driven, healthcare sector, we can develop mutually beneficial business models which will benefit the healthcare professionals as well as the community in our Homeland.

Plans are afoot to develop medical education centres and private healthcare centres at 'Eltham Leap' in Feltham, West London, and the Institute of Family Medicine in Calais, France. It is envisaged that these centres will be operated as healthcare 'businesses' generating employment as well as funds for our community health projects back home.

I appeal to my friends and colleagues across the globe to commit some of their time in assisting to develop these centres. You can develop your own profile intellectually and financially at the same time as helping our community in a number of ways:

- Getting involved in sustainable primary care centres in your preferred areas
- Getting involved in medical education and distant learning programmes
- Getting involved in initiatives such as: Healthcare Assistant training, Telemedicine, Under/Postgraduate exchange programmes, Income generating educational courses.
- Encouraging the younger generation to get involved and contribute to the above.

Opportunity for the Younger Generation

The end of the war and the absence of associated risks have created conditions in which our younger generation can be engaged to take interest in the well being of the people of their ancestral home. Young medics can be enticed to make this their destination for their electives. As a co-ordinator for the international collaborative activities, I am pleased to inform that initiatives are underway for student exchange programmes with the Jaffna & Batticaloa medical colleges with Barts & the London College of Medicine & Dentistry. This programme will be extended to other reputed medical colleges in the UK as well as other countries.

Engaging the next generation is essential in sustaining the recovery activities for the war affected people and the regions. In this respect we need to have an open and appealing programme of action in which people from all walks of life, who share the same vision for better healthcare, can join us in realising this vision.

Global Collaboration

The International Medical Health Organisation (IMHO) in the USA held its annual convention in Houston, Texas on 30th April 2011. Dr Rasa Muthiah and I attended, representing MIOT. The IMHO has been successful in organising a number of health projects in our Homeland, gathering support from the government and non-governmental organisations from the West. Their wider appeal stems from the fact that their constitution allows equal membership to medical and non medical people who wish to contribute towards healthcare improvement for our people. IMHO has now opened its offices in Europe and I firmly believe that we should collaborate with them in order to achieve our aims and vision.

If you share our vision and are able to commit time and expertise, please contact me on poolo51@gmail.com

Dr.S Poologanathan, Overseas Secretary - 12th Nov 2011

Annual Reports of the Regional Branches



Report of the Northern Region

We have had a steady year comparing with the previous years.

Burns Unit – Jaffna Teaching Hospital

We contributed a sum of £8000 collected in 2004 and afterwards towards the Burns Unit. The sums collected were deemed insufficient to build a new unit and hence the money would be spent in buying the much needed equipment – both surgical and disposable items to treat Burns patients who seek treatment in Jaffna.

Orphanage support

As in the past we in the Northern region support the running of the Thilagawathiyar Home in Kathiravelly, Vaharai, support 5 orphaned boys at Hari Illam in Batticaloa, part fund the MIOT home for girls in Thambulivil. In addition this year we also supported the Sivapoomi Trust in Kondavil – their orphans, disabled and elderly residents. This was very gratifying. A new building is being put up at the Thilagawathiyar Home in Vaharai and funds are very much needed for this venture.

Support for displaced students from Vanni

This year we funded this above project as a one off contribution to support these students at St Henry's Ilavalai. These students have been displaced from Vanni as a result of the war and have taken refuge at St Henry's Ilavalai.

School medical facilities at Karaveddy

We supported the ongoing expenses to run the medical facilities at this remote school (Thevarayali Hindu College) in Karaveddy.

Medical student scholarship programme (Jaffna)

We have been doing this from 2003. We sponsor 6 medical students from the medical school in Jaffna and they are performing well in their studies as mentioned in their progress letters they send to the MIOT every year.

Jaipur Foot Programme (Jaffna)

As a commitment towards helping the disabled people in Jaffna we gave a donation to the above programme towards making artificial limbs to those disabled people in Jaffna.

Dr.E Velayuthapillai, Trustee - 12th Nov 2011

Report of the Eastern Region

Our committee has continued to focus on the development of medical education. A few of our committee members are also part of the Central Committee of the MIOT. We had a well attended charity dinner on 11th December 2010 at the Cavendish Banqueting Hall, Colindale. We collaborated with the Clinical Society of Sri Lankan Doctors & Dentists. The evening started with a medical meeting with some excellent talks from Dr.Catherine Sudharshan & Dr.Nandhabalan. The profit was directed towards sponsoring a further 5 medical students; 3 from Vavuniya entered Peradeniya & 2 from Jaffna entered Colombo medical colleges.

For the third consecutive year we organized and sponsored another two final year medical students from Tamil Land to do one month of 'Elective clinical work' at Lister hospital.

This year we focused our vision on students who obtained good results in OL examination, but were unable to continue to AL due to family circumstances. Working closely with the Inner Wheel Club of Colombo South, we have selected 5 students from deserving areas namely Mannar, Vavuniya and Kaithady, giving them Rs 2500/= per month to continue their AL studies, whilst at the same time providing some help to run their families. We are also helping the Sivapoomi School for mentally challenged children. This year we have contributed towards their lunch expenses. Next year we hope to assist the school by paying the one year salary for an assistant teacher. Next year we are going to focus on e-learning, promoting this not only in our mother land but also in the UK.

Report of the Eastern Region *Continued...*MIOT home for Girls(Chirumiyar Illam), Thambiluvil

At present we have 15 Girls aged from 9- 15, a Matron (Anusha) and a cook. We will adopt 2 more young girls this year. Two girls were employed at the local school last year and another girl was successful in getting University admission to do an Art degree course. The House has continued to be used as a 'House of Learning' for our 15 girls and other local girls of Thambiluvil.

Our main aim is to provide not only food, shelter and education, but also long term financial security. The cost/month is around Rs.70,000/= for food, clothes, salaries & electricity. This year we supported a project to open a Chiruvur Aranelli Padasalai & Vathipidam in Kaithady, one of the deprived villages in Jaffna.

We take this opportunity to thank all our sponsors. Your continued support is crucial to our success. We are truly grateful to all your help in maintaining this home. It wouldn't have been possible without your generous donations.

Dr.S.Uthayakumar , Secretary - Eastern - 12th Nov 2011

Report of the Wales Region

I have pleasure in submitting the annual secretary's report from the Welsh region for the year 2011. Although the membership base is small, It has been a very productive year.

Members entered the annual charity walk in June. This year the popular choice was the Millennium coastal park at Llanelli. The award winning coastal path is a brilliant example of regeneration. members enjoyed it's glorious coastal views, sea breezes, wetland & the sea front promenade. Being a sunny day we were able to enjoy a picnic by the lake at the end before heading off for the evening scheduled meeting.

The annual charity cricket match took place in august at the Pennard Playing fields in Pennard, Swansea. Members made a very impressive variety of short eats for sale. A gazebo was erected by members & music was provided throughout the afternoon. Presentations were made to the winning team & to the man of the match at the end.

We have an ongoing commitment to medical students of the Jaffna university & £324.68 is being sent every six months. Regular acknowledgements are received from Dr Sivapalan, Dean of the faculty. This year a sum of £1,500 was sent to Rotary club of Batticaloa in aid of flood relief. Acknowledgement was received from Mr Truman Handy, President of the Rotary Club of Batticaloa. A sum of £100 was also donated by the rotary Club of Haverford west towards flood relief in Batticaloa & this was duly posted to RC Batticaloa too.

Dr Kamala Thevamanoharan- Secretary, Welsh Branch - 12th Nov 2011



Report of the North Themes Region(NTR)

NTR-MIOT Core Activities

Primary Care Centres, North: 2010-2011

- Chavakacheri Primary Care Centre (Chav-PCC) celebrated 6th Anniversary on the 14th April, 2011. Virtuously sponsored by NTR-MIOT, nearly Rs800,000 or £4,500 for the year 2010.
- During the year 3254 patients were seen at an average cost of £ 1.78 per patient. Since Jan 2011 a nominal registration fee of Rs. 25 and 1228 patients were seen in 8 months at a cost of £ 1.08 on average.
- Drs (Mr & Mrs) Atchuthan and their team have been providing the service for the past five years and continuing their journey with us.
- Mr. Sivapathasundram family had offered their property from which the Chav-PCC has been operating. A dinner was held on 26/07/2011 to thank the family and to apprise them of the current and future plans for the primary care center.

Future Plans of the Primary Care Centres, North: 2011-2016

- It is intended to set up more primary care centers closer to people deliver healthcare in the community with effort of Univ. of Jaffna medical staff Dr. Suren and NTR-MIOT core members; PCC-SL as a registered entity in Sri Lanka.
- Dr. Sankar's family have offered to provide two additional properties in their family homes in Urumpirāy (Urum-PCC) & SIRRUPPIDY (SIRR-PCC), in memory of their late son and their family heritage.
- We encourage other well wishers to consider offering their buildings or residential dwellings for this project.

Emergency Medical Services(EMS)

- NTR-MIOT is taking initiatives in developing Emergency Ambulance Services in collaboration with other NGOs.
- These services will be based at PCC offering community based First Aid, CPR initiatives and lifesaving procedures to patients as well as training and education to public education on life saving techniques.

CPD-CME Meetings

- CME Meetings are held on regular basis in various locations.
- We are encouraging young medical professionals and allied health professionals (nurses, pharmacists...) to join MIOT; and attend these meetings as well.
- CPD/CME Meeting Offer:
 - CPD credits
 - An avenue for updating the current trends and developments in medical world effectively.
 - Also offers a chance to meet peers in our busy professional life.
- I would urge every NTR-MIOT members to attend the future events.

Report of the North Thames Region(NTR)MIOT Administrative Functioning of NTR-MIOT

- Our members are actively involved in the daily administrative part (paid & unpaid volunteer work) of the MIOT on daily basis.
- Dr. S. Poolo has been rendering his facilities for MIOT-archives and a meeting place for Central Committee on regular basis. He is working hard to extend MIOT with all global Tamil medical organisations.
- It is vital for all MIOT members to take active role not only in committees, but also in the daily functioning of MIOT.

Telemedicine & Medical Educational Developments

- We are bridging the Western Educational Establishments with University of Jaffna, Eastern University and others, globally.
- This project will warrant teleconference(s) on weekly basis, for successful implementation during 2011 - 2012 years.
- Global Medical Education without borders.

Dr.S.Sankar , Secretary - NTR - 12th Nov 2011

Report of the South Themes Region(STR)

On behalf of MIOT South Thames Region I am proud to inform that we are on the 19th year of our activities. As a group we are very active in our charitable activities, educational activities and we meet regularly to achieve the above.

We make a living by what we get and make a life by what we give said Sir Winston Churchill. We can humbly say that the South Thames MIOT has contributed £107,000 equivalent to 18 million Sri Lankan Rupees during the last 19 years for the betterment of the lives of our brothers and sisters in the North and East of Sri Lanka. The money sent has been used to support orphanages, hospitals, primary care centres, medical students and vulnerable victims of the war. Last year alone we have sent £15000.

The South Thames MIOT Kalai Vizha is a regular annual event for charity. The Kalai Vizha of 2010 was a great success and was well attended and appreciated. We were able to donate £10,000 from the proceedings of the Kalai Vizha to the Jaipur Limb rehabilitating centre in Jaffna and the Sivan Arul Illam to help in the rehabilitation of the innocent victims of the cruel war.

The members of the South Thames MIOT also organise regular Postgraduate Meetings. We have had 10 meetings at the Princess Royal teaching Hospital Farnborough during 2010 to improve our personal developments. The topics cover wide areas and were delivered by Consultants and Specialist Registrars.

The MIOT as a whole is a sound platform for all our members to participate educationally, socially and thus enables us to perform our charitable projects. We have eminent young doctors in our community and we sincerely hope that the younger generation will continue our good work with dedication in the future.

Dr.V M Karunaharan , Secretary - STR - 12th Nov 2011

Minutes of the Annual General Meeting 2010

Annual General Meeting of the MIOT

13 November 2010

Best Western The Russell Hotel, Boxley Road, Maidstone.

Committee Members:

Dr P Kukathasan - President
 Dr (Mrs) K Niranjana – Vice President
 Dr M Chandrakumar – General Secretary
 Dr(Mrs) S Natkunarajah – Coordinating Secretary, Overseas Affairs
 Dr S Uthayakumar – Asst Secretary
 Dr T Balakumar– Coordinating Secretary, Education
 Dr (Mrs) G Kugapala – Treasurer
 Dr J Gnananathan – Coordinating Secretary, Social care and Membership
 Dr E Velauthapillai – Trustee
 Dr S Poologanathan – Trustee

General Members

A total of 35 Members including the committee members attended the Annual General Meeting

■ One Minute Silence

The meeting observed One Minute's silence for the lives lost in the War in Sri Lanka.

■ Welcome by the President

President Dr Kukathasan welcomed all the members to the Annual General Meeting. He also presented his report for the year which outlined the successes and the lessons learned.

■ Minutes of the last Annual General Meeting held on the 14 November 2009

The minutes of the last AGM held on the 14.11.2009 was approved proposed by Dr Rajayogeswaran and seconded by Dr Uthayakumar.

■ Report of the General Secretary

The General Secretary presented his report which outlined the activities of the year.

■ Report of the Treasurer and the Annual Accounts for the year 2009/2010

The Treasurer Presented her report and the Annual accounts for the year 2009/2010. The Accounts were approved by the house. Dr Velauthapillai appealed to the members to complete Gift Aid forms. He also appealed for new members and all members to pay the full subscription. Dr Thambyrajah raised the issue of £10,000 being given to Ramakrishnan mission two years running by South Thames MIOT. It was clarified this was towards Limb Fitting Project.

■ Annual Subscription for year ending 2010

It was agreed by the members that the Annual subscription should remain at £50 per year. It was also agreed that a rate of £25 should remain for young doctors newly qualified up to 5 years after graduation. It was also agreed that this rate should also apply for retired doctors.

■ Members Question Time

There were no questions

■ Election of office Bearers for 2009/2010

The General Secretary read out the nominations received and the following nominations were unopposed, hence elected unanimously:

President	:	Dr (Mrs) K Niranjan
General Secretary	:	Dr S Uthayakumar
Treasurer	:	Dr (Mrs) G Kugabala
Assistant Secretary	:	Dr T Balakumar
Editor	:	Dr M Chandrakumar
Trustees	:	Dr P Kukathasan
		Vacant

Coordinating Secretaries

Overseas Affairs	:	Dr S Poologanathan
Community and Research	:	Dr Manoharan
Education	:	Dr Rajakulasingham
Social and Membership	:	Vacant (It was proposed that Dr Sivamohan will be applying. Awaiting Nomination paper).
Youth Affairs	:	Vacant

There were two nominations for the post of Vice President, Dr (Mrs) S Natkunarajah and Dr E Velauthapillai. General Secretary informed the members present at the AGM that he pointed out and recommended, to the Central Committee on the meeting held on the 31 October 2010, that although there were some errors in the nomination paper submitted for Dr E Velauthapillai, it was a minor error and the nomination paper should be accepted. Committee accepted it and agreed to conduct a postal ballot for the post of Vice President. Procedures were also agreed. Both candidates were informed of this decision.

Subsequently Dr Natkunarajah challenged the validity of the nomination paper. In order to decide on the validity of the nomination paper and to decide whether an election should be held, the matter was brought to the AGM for resolution. Dr Natkunarajah addressed the AGM and explained the reasons for challenging the validity and pointed out she acted accordingly as a result of failure in reaching a compromise which was originally agreed and subsequently withdrawn after the last committee meeting.

Senior members of the AGM tried to reach a compromise between the candidates. As these negotiations failed the options considered were either committee functions without a Vice president or to conduct an election. Members felt Postal Ballot will be expensive and waste of resources. It was agreed that the Constitution should be suspended and an election held by secret ballot at the AGM. Dr Thambyrajah proposed that the Constitution be suspended and Dr Niranjan seconded it. There was no opposition.

■ Election for the post of Vice President

Dr Sivananthan and Dr Rajayogeswaran were elected to supervise the election supported by the General Secretary. Election was held by secret ballot. Votes casted were as follows:

Dr (Mrs) S Natkunarajah 20 Votes, Dr E Vellauthapillai 14 Votes.

Hence Dr (Mrs) S Natkunarajah was elected as the Vice President.

Dr M Chandrakumar proposed that Dr E Velauthapillai be elected as a Trustee to the Vacant post.

Dr Rajayogeswaran seconded it. Hence Dr E Velauthapillai was elected as a Trustee.

Dr Rajayogeswaran proposed that the Constitution be reinstated. Dr Thambyrajah seconded it. There was no opposition. Hence the constitution was reinstated.

■ Any other Business

There were no any other business

■ Any General Meeting Closed

The Annual General Meeting was adjourned until next year.

Highlights 2010

Education Development Society, Batticaloa



MIOT has supported the Education Development Society which is an excellent organisation in Batticaloa District providing standard education, sports and cultural activities to underprivileged children from very remote areas of Eastern Province. Poverty, losing parents, natural disasters and internal war has played major part in the studies of these children. EDS provide education free of charge to these children.

Flood Relief in Batticaloa



Digitized by Noolaham Foundation.
noolaham.org | aavanaham.org

MIOT's Contributions in Vaharai, Batticaloa



Free Outpatient Facility in Moolai

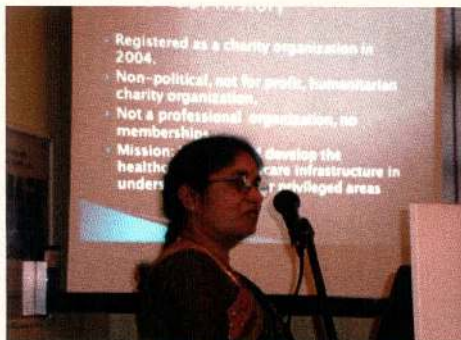


AGM 2010



Highlights 2010

NTR MIOT & IMHO-EU Collaborative Event at Dr Poolo's Surgery



Kalai Kathampam - An Evening of Music & Dance



Kalai Vizha

A Comedy Drama by Members of MIOT- South Thames Region



Eastern Region Dinner & Dance



In Memory of Dr Ravi Sockanathan



Dr Ravi Sockanathan
(31.08.1950 - 28.10.2011)

Fondly known to many of us as 'Socka', Ravi's untimely demise has shocked us all. He was a longstanding member and a loyal supporter of MIOT. Ravi grew up in Colombo receiving his education at Wesley College, Issipathana and finally Royal College from where he was admitted to the University of Ceylon, Colombo to read Medicine.

He was a symbol of hard work, determination and ambition. Having set his eyes on a medical career at a very early age of thirteen he went on to achieve his goal by gaining top grades in the AL examination despite the disadvantages faced by the Tamil students of his generation.

Sociable and amiable with an imposing stature Ravi stood out as a great raconteur displaying an innate talent for performing arts excelling on the stage as a Tamil dramatist. Well versed in his mother tongue his oratorical prowess was phenomenal.

He acted in the first ever-Tamil film 'Taxi Driver' shot on location in Sri Lanka with a full complement of indigenous Tamil cast. He also took part in a number of stage plays under the guidance of his mother who along with her contemporaries including "Sakkadathar" fame Rajaratnam was instrumental for the renaissance of Tamil Drama in the capital in the sixties.

Like his many peers at Medical School Ravi reciprocated the free education he received by serving his motherland as the DMO in Kaluwanchikudi and later Maskeliya, when the escalating political unrest compelled him to seek shelter abroad. Moving to London in 1983 he trained in GU Medicine and General Practice settling down in Yorkshire subsequently taking up posts in Essex. He remained stoic and selflessly devoted to his very end, in meeting the needs of his family. Seeing his son Sanjeeve turn in to a fully-fledged doctor is a compelling testimony to Ravi's commitment to the family.

Destiny was such that he was called to rest in his native land soon after delivering the guest lecture to the SriLankan College of Venereologists. It was indeed fitting that the latter bid him the final farewell undertaking his funeral arrangements in Colombo.

A loving husband and a dedicated father he leaves his wife Sujatha, Son Dr Sanjeeve, a GP in Oxford shire (a past member of the MIOT Youth Forum) and daughter Jeevapriya, a student at Westcliffe Grammar School in Southend.

Ravi, in spite of the hurt of missing you, we will remember that
 " Of ships of pleasure and ships of pain, of ships of losses and ships of gain,
 Only the ships of pleasure remain, in heaven of memory"
 May you attain Moksha swiftly and smoothly.

Dr Sati Ariyanayagam - A colleague, classmate, neighbour and friend.

Financial Statements

Trustees Report – Year Ended 30 June 2011

The trustees present their report together with the financial statements of the Charity for year ending 30th June 2011. The financial statements have been prepared in accordance with accounting policies set out in the notes to the Financial Statements and comply with applicable law.

Trustees

The members of the management committee are the trustees of the organisation. The names are as shown in the AGM Report.

Management and Decision Making

The management structure and the decision making process of the organisation are in accordance with the constitution of the organisation appended to this report.

Aims and Objectives

Medical Institute of Tamils is a registered charity, its objectives are:-

- To relieve poverty, sickness and the preservation and protection of the health of the Tamil Community in the countries they live, including UK.
- To advance education and training in our community in the science and art of medicine.
- To provide facilities in the interest of social wellbeing, primarily for persons within our community with the object of improving their quality of life.

The Charity aims to harness the extensive network of Tamil medical professionals working across the whole of the United Kingdom through its regional branches Northern, Wales, Eastern, North Thames and South Thames regions and also by collaborating with like minded organisations operating in the rest of the world to achieve its objectives.

Financial Review

Income

Total income generated for the year end 30th June 2011 was £110,747 (2010 - £96,506). Each region has contributed in different ways in generating funds. MIOT youth forum, consisting of younger generation across all regions, continue to grow. The income is shown under 'Central', which is the administration cost centre encompassing all regions.

Income generated by regions

	<i>Total</i>	<i>Central</i>	<i>South Thames</i>	<i>North Thames</i>	<i>Northern</i>	<i>Eastern</i>	<i>Wales</i>
<i>Donations</i>	36,201	3,800	1,000	4,965	9,679	14,547	2,210
<i>Sponsorship</i>	15,836		5,100	520	9,366	850	
<i>Subscriptions</i>	11,955	11,955					
<i>Fund raising Events</i>	30,164	14,395	450			12,150	3,169
<i>Interest received</i>	510	477	13		15	5	
<i>Tax Rebate</i>	16,081	6,869	1,032		4,666	2,770	744
<i>Total for the year</i>	110,747	37,496	7,595	5,485	23,726	30,322	6,123

The above amounts include funds generated in prior years but utilised in this financial year. The charity is managed entirely by volunteers. The Trustees provide their services voluntarily and do not derive any financial benefit.

Risk Management and Reserve Policy

The North and East of Sri Lanka, the area in which this Charity's beneficiaries mostly live has now been accessible as the war has come to an end. We are now in the process of doing rehabilitation work in these areas, funding humanitarian and health projects.

Trustees will ensure that both central committee and regional committees raise additional funds through fund raising activities such as cultural programmes and charity dinners to avoid incurring financial deficits.

The Trustees review the major risk, which the Charity faces on a regular basis and believe, in maintaining reserves at current levels with constant review of controls over financial operations, will provide sufficient resources in the event of adverse conditions. The following resources are available to meet future requirements.

The reserves are as follows:-

- Current Account £80,415 (30/06/2011)
- Deposit Account £74,045 (30/06/2011)
- Halifax Fixed Deposit £11,000 (30/06/2011)
- Expected Subscription £12,000 (*approximately*)

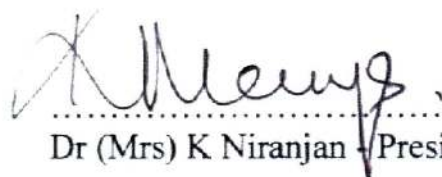
In our opinion such resources provide sufficient cover to the management, administration and support of the ongoing projects of MIOT for the next twelve months.

Statement of Trustees Responsibilities

The trustees are responsible for keeping proper accounting records, which disclose, with reasonable accuracy at any time, the financial position of the Charity and which enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Trustees on 30th October 2011, and signed on their behalf:-



 Dr (Mrs) K Niranjan - President

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES/ MEMBERS OF
MEDICAL INSTITUTE OF TAMILS CHARITY**

We report on the Accounts of the Trust for the year ended 30 June 2011, which are set out on pages 32 to 35

RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND EXAMINER

As the Charity's Trustees you are responsible for the preparation of the Accounts: you consider that the audit requirement of section 43 (2) of the Charities Act 1993, ("the Act") does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 43 (7) of the Act, whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the Accounts.

INDEPENDENT EXAMINER'S STATEMENT

In the course of our examination, no matter has come to our attention:

This gives us reasonable cause to believe that in any material respect the trustees have not met the requirements to ensure that:

- proper accounting records are kept, in accordance with section 41 of the Act, and
- accounts are prepared which agree with the accounting records and to comply with the accounting requirements of the Act

V S Accountancy services.

V S ACCOUNTANCY SERVICES LTD

15 Fairmead Gardens
Ilford
Essex
IG4 5BP

30th October 2011

Financial Statements

Continued.

MEDICAL INSTITUTE OF TAMILS CHARITY STATEMENT OF FINANCIAL ACTIVITIES For the year ended 30 June 2011

	Note	<u>Unrestricted</u>		<u>Restricted</u>		<u>Total</u>	
		<u>Funds</u>		<u>Funds</u>		<u>Funds</u>	
		2011	2010	2011	2010	2011	2010
Receipts	2						
Donations		36,201	32,946	-	-	36,201	32,946
Sponsorship		15,836	11,915	-	-	15,836	11,915
Subscriptions		11,955	12,465	-	-	11,955	12,465
Fundraising events		30,164	31,928	-	-	30,164	31,928
Interest on deposit accounts		510	735	-	-	510	735
Gift aid tax rebate		16,081	6,517	-	-	16,081	6,517
		-----	-----	-----	-----	-----	-----
Total Receipts		£110,747	£96,506	£ -	£ -	£110,747	£96,506
		-----	-----	-----	-----	-----	-----
Payments							
Donations paid	3	113,753	66,472	-	-	113,753	66,472
Cost of fundraising events	4	20,648	24,540	-	-	20,648	24,540
AGM expenses		4,428	3,387	-	-	4,428	3,387
Sundry		283	-	-	-	283	-
Internet		18	212	-	-	18	212
Wreaths for former members		100	186	-	-	100	186
Postage and stationery		453	236	-	-	453	236
Bank charges		329	391	-	-	329	391
		-----	-----	-----	-----	-----	-----
Total Payments		£140,012	£95,424	£ -	£ -	£140,012	£95,424
		-----	-----	-----	-----	-----	-----
Net of Receipts/(Payments)		-29,265	1,082	-	-	-29,265	1,082
		-----	-----	-----	-----	-----	-----
Funds from last year end		194,725	193,643	-	-	194,725	193,643
		-----	-----	-----	-----	-----	-----
Funds at this year end		£165,460	£194,725	£ -	£ -	£165,460	£194,725
		=====	=====	=====	=====	=====	=====

The Notes on pages 33 to 35 form part of these Accounts

MEDICAL INSTITUTE OF TAMILS CHARITY
NOTES TO THE FINANCIAL STATEMENTS
For the year ended 30 June 2011

1 ACCOUNTING POLICIES

The Financial Statements have been prepared in accordance with applicable accounting standards.

(a) Accounting Convention

The Financial Statements are prepared under the historical cost convention.

(b) Donations

Donations are accounted for when received and banked.

(c) Expenditure

Expenditure is allocated to the activities to which it relates.

(d) Restricted and unrestricted funds

(i) Restricted funds are funds received subject to specific trusts imposed by the donor.

(ii) Unrestricted funds are funds, which are expendable at the discretion of the Trustees.

2 RECEIPTS

	CENTRAL	SOUTH THAMES	NORTH THAMES	NORTHERN	EASTERN	WALES	TOTAL	
							2011	2010
Donations	3,800	1,000	4,965	9,679	14,547	2,210	36,201	32,946
Sponsorship	-	5,100	520	9,366	850	-	15,836	11,915
Subscriptions	11,955	-	-	-	-	-	11,955	12,465
Fundraising- Events	14,395	450	-	-	12,150	3169	30,164	31,928
Interest on- Deposit a/c	477	13	-	15	5	-	510	735
Gift aid tax- Rebate	6,869	1,032	-	4,666	2,770	744	16,081	6,517
	<u>37,496</u>	<u>7,595</u>	<u>5,485</u>	<u>23,726</u>	<u>30,322</u>	<u>6,123</u>	<u>110,747</u>	<u>96,506</u>

3 DONATIONS PAID

	2011	2010
CENTRAL		
Flood Relief	3,000	-
Hari Illam	2,500	-
Thilagawathiyar Illam	1,000	200
Moolai Hospital	2,000	2,210
CSCM Project	1,000	-
University Student Assistance	1,900	700
Health Development Council (FOSDOO)		500
Ramakrishna Mission	1,000	-
EDS Missionn	500	-
Jaffna Hospital – CPAP Machine	1,230	-
DENGUE Project	-	600
Vanni Eye Work	-	2,000
Mannor Renovation	-	1,500
CSO	-	500
	<u>14,130</u>	<u>8,210</u>

Financial Statements

Continued.

MEDICAL INSTITUTE OF TAMILS CHARITY
NOTES TO THE FINANCIAL STATEMENTS
For the year ended 30 June 2011
(continued)

SOUTH THAMES

Cane UK	1,000	-
Rural Women Forum - Vavuniya	3,000	-
Annai Sartha Illam	1,000	1,000
Scholarship fund	650	650
Jaipur Limb Fitting Centre - Jaffna	5,000	-
Human Development Centre	-	2,000
ORHANS	1,000	1,000
Jaffna University		5,000
Hari Children Home	1,000	1,000
Thilagawathiyar Home Vahari	4,000	-
Centre for child Development	1,000	-
Ramakrishna Mission		10,000
Sivan Arul Illam	5,000	-
IDS's Vanni		1,089
FOSDOO Varasiya		1,000
Selva Sannithy Medical Centre		500
	<u>22,650</u>	<u>23,239</u>

2011 **2010**

NORTH THAMES

Moolai Hospital	-	531
Chavakachcheri PCC	3,520	4,505
Jaffna IFOM	519	431
	<u>4,039</u>	<u>5,467</u>

NORTHERN

Orphanage donation	660	660
Jaipur Foot Programme	950	-
Thilagawathiyar Mahalir Illam	36,173	15,019
Faculty of Medicine Jaffna	1,496	1,323
Hari Boys Home	2,879	1,538
St Henry's Ilavalai	1,000	-
Jaffna Hospital DA	8,000	361
Sivapoomi Home Jaffna	600	-
Edu Dev Society Kallady		150
Thervaraiyali Hindu College Karaveddy	2,994	-
	<u>54,752</u>	<u>19,051</u>

EASTERN

Scholarship	1,742	900
Donations	14,610	5,650
	<u>16,352</u>	<u>6,550</u>

WALES

Displaced refugees	-	3,000
Batticaloa Flood victim	1,500	
Jaffna University	330	955
	<u>1,830</u>	<u>3,955</u>

Total **£113,753** **£66,472**

MEDICAL INSTITUTE OF TAMILS CHARITY
NOTES TO THE FINANCIAL STATEMENTS
For the year ended 30 June 2011
(continued)

4 COST OF FUNDRAISING EVENTS

	2011	2010
<u>CENTRAL</u>		
Boat Party	2,727	500
Printers	895	-
Classical Music Programme	-	400
Dinner & Dance	-	2,823
Cultural Programme Flute	-	<u>2,250</u>
	<u>3,622</u>	<u>5,973</u>
<u>SOUTH THAMES</u>		
Printers	-	1,040
Hall hire	2,000	2,150
Violin & Video	300	
Catering	<u>1,129</u>	<u>3,339</u>
	<u>3,429</u>	<u>6,529</u>
<u>NORTHERN</u>		
Hall hire	-	1,745
Catering	-	<u>6,064</u>
		<u>7,809</u>
	2011	2010
<u>EASTERN</u>		
Hall hire	8,500	900
Artists & Sound	3,046	-
Catering	<u>1,120</u>	<u>2,605</u>
	<u>12,666</u>	<u>3,505</u>
<u>WALES</u>		
Catering	<u>931</u>	<u>724</u>
Total	<u>£20,648</u>	<u>£24,540</u>

Notes

United Kingdom | Medical Institute of Tamils | November 2011 | www.miot.org.uk

Membership Application



Medical Institute of Tamils (MIOT)

339 South Street, Romford, Essex, RM1 2AP, United Kingdom

Charity No. 1066824

Phone: 01708 770703 / 01708 727411 Fax: 01708 725388

e-mail: miotadmin@gmail.com

Website: www.miot.org.uk

Membership (Ordinary/Joint/Associate*) Application & Renewal Form plus Gift Aid Declaration

Title..... Surname..... Forename..... Male Female

Spouse Title..... Surname..... Forename..... Male Female
(For joint membership only)

Home Address		Work Address	
Post Code:	Phone:	Post Code:	Phone:
e-mail:		e-mail	

Speciality..... Grade..... Special Interests.....

Activities you wish to contribute to MIOT/Sri Lanka

Mode of Subscription payment: *Cheque/Cash/Bank Standing Order..... Amount £.....

I consent to become a member of the Medical Institute of Tamils.

Signature..... Date.....

* Delete as necessary

Introduced by:

PS: **Ordinary members** (Medical/dental degrees); Associate members (Medical/paramedical degrees e.g. Paramedics, Radiographers, Nurses, Physiotherapists, etc.)

Subscription rates:	Ordinary member:	- £50 (Single) & £75 (Member & Spouse) per annum	<input type="checkbox"/>
	Newly Qualified (up to 5years) / Retired	- £25	<input type="checkbox"/>
	Associate member:	- £25 (Single) & £30 (Member & Spouse) per annum	<input type="checkbox"/>
	Student member	- Free	<input type="checkbox"/>

Please Tick (✓)

Banker's standing order

To The Manager,

..... Bank. Branch: Sort code: - - -

Account Number: Name of the account:

Address of the Bank:

..... Postcode.....

Please pay to the credit of MIOT account no. **67068901** at **NatWest Bank**, Sort code **60-07-18**, Eastham branch, 37 High Street, London, E6 1HT the sum of £..... (in words.....) with immediate effect and thereafter make a payment of £..... (in words.....) annually commencing 01st January 20..... until further notice in writing.

Please cancel any previous standing order payments to MIOT A/C 67068901, 60- 07- 08

Signature..... Date.....

Gift Aid Declaration



MEDICAL INSTITUTE OF TAMILS

UK Registered Charity No. 1066824

Gift Aid Declaration

Details of Donor: (in block capitals please)

Title

Forenames.....

Surname.....

Address.....

.....

..... Post Code.....

I confirm that I am a UK Income/Capital gains tax payer and I would like all gifts I have made since 6th April 2008 and all future donations until I notify otherwise, to The Medical Institute of Tamils, to be treated as Gift Aid donations.

If my circumstances change and I no longer pay tax on my income or capital gain equal to the amount which the charity reclaims then I will inform the charity.

Signed..... Date.....



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