



Jaffna Medical Faculty Overseas Alumni-UK

UK Charity Number 1,159,914
www.jmfoa.org.uk

Annual Fundraising Concert

30th September 2017



Beck Theatre, Grange Road, Hayes UB3 2UE

வாழ்க வளமுடன்

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Jaffna Medical Faculty Overseas Alumni-UK

A Non-Profit, Non-Political Organisation

Charity Number 1,159,914

JMFOA-UK

- who are we and what is our aim?

JMFOA-UK formed from the graduates and former teachers of Jaffna Medical Faculty, in northern Sri Lanka, who have settled in the UK. Our simple intention was to help our faculty, hospitals, their staff and our people back home. Our vision is for the people of the North and East of Sri Lanka to receive optimum health care in well equipped medical establishments, delivered by skilled and up-to-date local doctors and nurses, who have received their training in a conducive environment replete with all necessary equipment and facilities.

Our projects include teaching and training, and supporting the infrastructure (buildings and equipment). Currently we are focussing on a Resuscitation Project, providing life-saving medical equipment and training for hospitals throughout the North and East of Sri Lanka, and developing the Provincial Simulation Centre at Teaching Hospital Jaffna.

We are proud to preserve our identity and work as an independent, not-for-profit, non-political organisation.

JMFOA-UK President's Address



Welcome and thank-you for attending the 2017 JMFOA-UK fundraising musical programme, now in its third consecutive year. Our programmes of the last two years were a success: they were greatly enjoyed by all and helped us to raise essential funds for the work of our charity.

The main purpose of JMFOA-UK is to help our medical faculty, hospitals, their staff and our people back home, in Sri Lanka. Our projects fall into two categories: teaching and training, and improving infrastructure. We have been delivering a sustained programme of teaching and training for doctors, medical students and nurses in the North and East. Our infrastructural projects have concentrated on enhancing learning environments and facilities, and more recently on emergency care and resuscitation equipment. With your help the JMFOA Resuscitation Project, initiated by JMFOA-UK, has, over the past two years, made a real difference to the people back home; please see the latest update on this project in this booklet. We ask for your generosity again this year, to allow us to take the project into its third year, when we would like to concentrate in particular on two of the most deprived hospitals our team has visited - Mallavi Hospital in the North and Thirukovil Hospital in the East.

In addition to the Resuscitation Project there are two other evolving JMFOA-UK projects which I would like to mention. The first is to assist the nursing profession. We have already built a Nurses' Education Centre and funded English language and computer classes for nursing students at Teaching Hospital Jaffna, and now plan to focus on recruitment: there is a severe shortage of nurses in the country, particularly in the north, and we aim to drive an education and recruitment campaign. The second is that of training doctors and nurses in non-clinical professional skills. There is no doubt that Sri Lanka produces doctors and nurses who are excellent in the medical and nursing aspects of patient care, but now there is an increasing need for these 'soft skills', which the overseas alumni are generally well trained in, in foreign healthcare systems. JMFOA-UK has been running an annual Non-Clinical Professional Development Skills course for doctors and nurses in Jaffna for the past three years, and we aim to expand this programme.

In order to be able to continue with and build on our projects we need the contribution of all our alumni and the sustained support of our non-alumni members, friends, well-wishers, sponsors and donors. Last year we introduced a standing order form (see the first page of this booklet), and I hope that you will consider pledging a regular amount, however small, to JMFOA-UK; this predictable income would help us plan our future activities with confidence. But the contribution made to JMFOA-UK does not have to be financial: it can and does take various other forms, including time, intellectual expertise, physical help and behind-the-scenes 'virtual' assistance. Within this I include our sister organisations, in North America, Australia and New Zealand, some of which are already stake-holders in the Resuscitation Project.

One of my consistent messages since taking up the presidency of JMFOA-UK three years ago is that all the international alumni should work together in a co-ordinated way; this does not preclude us from maintaining our individual identities and conducting our individual organisation-specific projects. Our other baseline is that the work we do in Sri Lanka should be dictated by the needs expressed by our colleagues there, on the ground: we must always listen to and respect their views. Another principle I have tried to uphold throughout my presidency is to maintain the status of JMFOA-UK as an independent, apolitical, not-for-profit organisation, with members who work with a true charitable intent, and not for name or fame.

I hope our more junior batches will be inspired to join us in greater numbers: we need you to take forward the work of JMFOA-UK and help the organisation to innovate and adapt to an ever-changing world.

I end with a final thanks to my committee members and all our supporters, donors, sponsors and well-wishers, who have helped me and our organisation to help the people back home.

Dr K. Parthipan
President, JMFOA-UK



JMFOA-UK Secretary's report

Dear all,

It is with great pleasure that I am submitting the Secretary's report for the year 2017. A few years ago JMFOA-UK was founded by a handful of past students and well wishers and now it has grown into a well established organisation in terms of name, strength, finances and contacts. This gives us a lot of encouragement and satisfaction. It also implies that our activities have been recognised by the vast majority of people. We wouldn't have achieved this success without your support and blessings over these years.

In the past few years our members have visited most of the big and small hospitals in the North and East of Sri Lanka. These were essentially fact finding missions. We managed to meet the administrators, doctors and other healthcare professionals serving these institutions and by listening to them identified their problems and shortcomings in providing healthcare to acceptable standards. So far our organisation has donated thousands of pounds worth of life saving medical equipment to hospitals in need. We also identified that Thirukovil hospital in the East and Mallavi Hospital in the North are in a pretty dire situation and in need of urgent help and attention. We have pledged to develop these two hospitals within our capabilities, enabling them to serve the local population effectively. So far we have been able to fund our activities by successfully organising fundraising events and from donations from well wishers.

Apart from this we are involved in teaching and training medical students, doctors, nurses and other healthcare professionals. This involves lectures, workshops, seminars and hands on training. Our recent and ongoing comprehensive resuscitation programme covering the North and East of Sri Lanka has been well received. Although we have been conducting resuscitation training in Jaffna for some time, we decided to widen our scope and it has been a complete success. We managed to take this training programme to several hospitals in the North and East of Sri Lanka within a set time frame and have trained hundreds of healthcare professionals in these areas.

Currently we are negotiating with the relevant authorities to develop a medical emergency team in Jaffna Hospital to attend medical emergencies in a timely and coordinated way. If successful, it is going to be one of the first hospitals in the country to have this provision and we can look to extending this service to other hospitals in the near future.

I would like to express my gratitude to all our members and supporters who have visited the North and East of Sri Lanka for our projects and activities, doing so at their own expense and time. I thank them for their unblemished commitment for the betterment of our people.

I want to take this opportunity to thank you and request your continuous support to our organisation for our future endeavours.

Thanking You.

Dr K. Thayaparan
Secretary, JMFOA-UK

JMFOA-UK Treasurer's Report



I am very privileged to submit this short summary treasurer's report from our JMFOA-UK charity's last financial year accounts (01.07.2016 to 30.06.2017).

The balance brought forward from the previous year was £35,546.08.

Our alumni members kindly contributed £1445 from their membership fees. Last July JMFOA-UK held a very successful fundraising musical programme and dinner-dance at Holiday Inn, Wembley. £16,932 was spent on setting up the

event and we managed to raise a fantastic £30,720.92 from ticket sales. We are extremely grateful to the generous public and loyal alumni members all over the world who donated £42,327.82 during the last financial year. We also netted £441.50 from DVD sales, £380 from the last AGM meeting and £275 from our donors' regular standing orders.

JMFOA-UK has spent a large chunk of money, £24,401.89, in North & East Sri Lanka. This was towards purchasing various equipment requested by different hospitals in North & East Sri Lanka to continue our Cardio-Pulmonary Resuscitation training programme and on other resuscitation workshops. We spent a considerable amount of money locally towards purchasing equipment necessary for the above programmes. We also funded the travel expense of one medical student to attend a Physiology quiz programme held in Indonesia. In addition to the above we funded travel expenses for two senior Medical educational experts from the University of Cambridge to visit Jaffna Medical Faculty for an interactive workshop with local doctors and students. We have spent £3340 towards expenses related to this year's fundraising event at Beck Theatre.

The balance carried forward on 30.6.2017 was £66,462.43.

I would like to convey our sincere thanks on behalf of JMFOA-UK to all our alumni members and the general public for their loyal and generous support.

Dr N. Navaneetham

Treasurer, JMFOA-UK



JMFOA-UK Educational Co-ordinator's report

I am honoured to give the report on the educational activities that have been supported by the JMFOA-UK in the North and East of Sri Lanka. JMFOA-UK has been actively assisting and supporting teaching programmes for undergraduate students, and has been directly involved in professional developmental activities in medical education and healthcare. These include training, funding of such activities for healthcare professionals and the inception and development of a Simulation Centre to continue training in resuscitation.

A number of members and volunteers from abroad, with the help of local co-ordinators, has contributed immensely to sustain this achievement. Some of the important activities that took place within the last year include :

Resuscitation Training Workshops in Northern and Eastern Sri Lanka, where doctors and nurses from various hospitals participated. The workshops included lectures, discussions, role plays and practical basic skills training. These workshops were well received by the participants and were aimed at teaching basic skills in the management of emergencies, especially resuscitation, with the limited resources available.

A group of senior doctors conducted teaching sessions for undergraduates from Jaffna and Batticaloa medical faculties, bedside teaching to postgraduate students and management skills training to nurses and doctors, including consultants. Non-Clinical Professional Development Skills courses were also conducted for postgraduate trainee doctors at Jaffna Teaching Hospital in March/April 2017.

JMFOA-UK helped to organise a seminar on Medical Education in July 2017 in collaboration with the School of Clinical Medicine, University of Cambridge, for clinicians who have a role in teaching undergraduate and postgraduate students at Jaffna Medical Faculty and Jaffna Teaching Hospital. This programme was jointly organised and sponsored by Jaffna Medical Faculty and JMFOA-UK. It was well attended and widely appreciated.

In addition to the above activities, undergraduate teaching sessions have been organised in collaboration with Jaffna Medical Faculty. JMFOA-UK has been involved in facilitating the recruitment of nurses for training in the Northern part of Sri Lanka. It has played a major role in helping Jaffna Teaching Hospital set up a Provincial Simulation Centre for Resuscitation Training.

I would like to thank all those who contributed their expertise and sacrificed their valuable time for the above activities, and our local colleagues who made it possible. With the immense contribution provided by our members, and the solid foundation already made, I sincerely hope that we would be able to sustain and develop our educational activities further in the future.

Dr R. Dissanayaka

Educational Co-ordinator, JMFOA-UK

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To date there has been a handful of decisions in my life that I can reflect on with fondness and aspire to continue to pursue. A memorable and valuable lesson in life has been the weeks I spent being a member of the JMFOA-UK team in the Northern and Eastern provinces of Sri Lanka in a teaching and training role.

Let me introduce myself: I am Tharshi and I am a Paediatric registrar in my final year of postgraduate training in London. I was born in Jaffna and came to London with my family at the age of nine. I remember two thoughts whilst as a 9 year old in my mother’s arms, on the train to Colombo from Jaffna - the first was I wanted to become a doctor and work with children like me; the second was that I would return to my homeland one day when I could be of some service to the community and redeem the sense of belonging.



On joining JMFOA-UK in July 2016, I was asked what I wanted to achieve and contribute. The Resuscitation Project was the major task ahead and I felt confident and competent to teach, train and work with healthcare professionals in Sri Lanka in the areas of Neonatal and Paediatric Life Support.

This resuscitation training was carried out during a three-week period from October to November 2016 and covered 18 hospitals in the Northern and Eastern provinces of Sri Lanka. The highly dedicated team included an awesome Local Co-ordinator who also stepped in as an interpreter for us, the junior members of the team. A fantastic friend of the JMFOA-UK team took on the challenge of driving the team to every hospital and finding us comfortable accommodation (all with wi-fi access - an important pre-requisite) and places where we could eat and appreciate the lovely food without compromising our health. I was in awe of joining a group of doctors which had conducted previous resuscitation programmes and had built this into their working and family lives. Their experience, knowledge and modesty humbled the junior members of the team.

A typical Resuscitation Programme day would begin with us leaving our accommodation at 7am and having breakfast en-route to the hospital. We would set up our stations for scenario sessions, airways, adult and paediatric life support, as well as audiovisual equipment. The delegates were a mixed group of doctors (Medical Officers, registrars and consultants), nurses, midwives, attendants and ambulance drivers. The number of delegates varied from 30 to 200, depending on the hospital. I was humbled by the way the staff welcomed us into their lives and shared their stories with us. Words could not express the feelings experienced at the end of every session, when we left each hospital.

Not all aspects of the Resuscitation Project involved teaching and training. An important part of the project was the delivery of medical equipment, British National Formulary books (BNFs) and Resuscitation Council UK books and posters of algorithms to the hospitals we visited, as well as other hospitals in the outskirts. This was based on the meticulous ground-work by members of the JMFOA-UK team, who had communicated with lead physicians in these hospitals on previous visits to undertake needs assessments.

On the drive between hospitals we saw temples and beaches and enjoyed the country’s natural landscape. Personally I felt as if I had gone from home to home. The team became my family - I felt myself to have become a daughter, sister and friend.



The teaching of medical, nursing and midwifery students formed the second period of my time in Sri Lanka. There was an opportunity for me to give a lecture for third year medical students during our two-day Resuscitation Project visit to Batticalao Hospital and Medical Faculty. I stayed in Jaffna for the remaining part of my time in Sri Lanka and, thanks to the generosity of my colleague, who quickly adopted me as his 'acca', and his family I was given a comfortable home in Jaffna from where to prepare lectures (practice of medicine skills, paediatrics and neonatology) for first, second and fourth year medical students at Jaffna Medical Faculty and second and third year Nursing students and Midwifery students from Jaffna Nursing and Midwifery Schools.

I was confident enough with my oral language skills in Tamil to try to learn a little medical jargon in Tamil, but, upon reflection, I must have failed miserably; the giggles from some of the students in one of my lectures was proof that I had invented a new language, combining Tamil and English, 'Thanglish'.

This teaching experience played a crucial part in my own personal and professional development. It gave me increased confidence and enhanced skills to alter and titrate teaching to optimise the learning experience.



The third and final section of my experience was in being able to observe the General Paediatric and Neonatal team in the emergency department, wards and clinics at Teaching Hospital Jaffna. During this time I learnt a key skill in paediatrics - managing patients whose parents have so many personal and social challenges. It made me appreciate that something basic that we in the UK take for granted, such as the geography of where a child lives and their access to healthcare, can define their health outcomes. The ticket system in outpatient clinics, where parents patiently queue for hours for the doctors to see their children, contrasted with the multiple 'Did Not Attend' appointments that the NHS contends with. The clinical experience I gained was vast, including the management of dengue fever in children.

I was also given the opportunity to discuss developmental neonatal care with the neonatal medical and nursing staff at Teaching Hospital Jaffna and give teaching on neonatal sepsis and cranial ultrasound imaging. In General Paediatrics I was able to share with junior doctors like myself my understanding of the UK system of Continuous Professional Development and Reflective Learning.

During my time in Jaffna, I allotted one of the Sundays to visit the house where I was brought up, my old nursery and primary school and my local temple, and to make a trip to Nainathivu Amman temple. My stay in Jaffna concluded with a morning walk to Nallur temple and visits to family members.

Thank-you, JMFOA-UK, for making me feel part of your family, for giving me this valuable life experience and for making a nine-year-old inner child's wishes become a reality.

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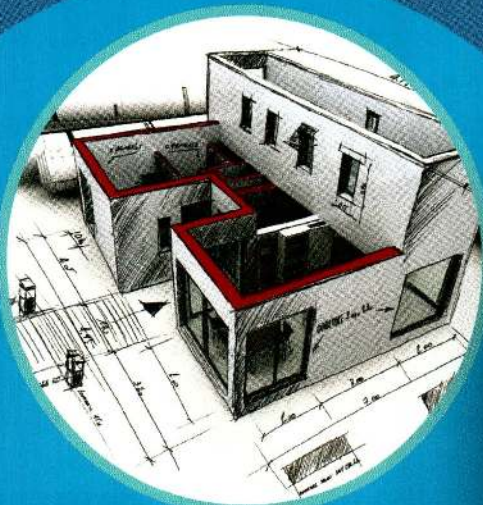
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Our performers this evening

Bharat Kairali Rajesh (known as Bhagu to his friends) was born on 24th May 1999 in Kollam, Kerala, where he still lives. He started his musical career at the age of 7 under the guidance of carnatic legend, Dr K.Omanakutty (K. S. Chitramma's guru), for 6 years. He gained first position twice in the State level carnatic and light music competition. Bharat shot to fame in 2013 as the third prize winner in the Indian television Amrita/ Vijay TV Super Singer Junior 4 contest. During the contest he received an award for 'the best Western singer', but what he appreciates most about this contest was the opportunity it gave him to meet legends like S. P. B., Rahman, Shankar and Dhanush and benefit from the guidance, love and care given by Chitramma, Mano, Shubha and Ananth. In addition to being a star singer, his hobbies include playing the drums, dholak and guitar.



Jessica Judes, born on 8th December 1999, was a contestant in the Super Singer Junior 4 show. Of Sri Lankan Tamil roots, she was born and lived in Ontario, Canada, and had to take up temporary residence in Chennai in order to participate in the contest. During the contest she received an award for being the 'most progressive singer'. After receiving the highest number of public votes in the wild card round she attained the position of runner-up of the contest. She chose to donate her prize, 1 kg of gold, entirely for the welfare of Sri Lankan Tamils, particularly to orphanages in Sri Lanka and in Tamil Nadu.

She has since performed alongside renowned artists, including S.P.B., Shankar Mahadevan, Karthik, Mano, Unni Menon, Chitra and Unni Krishnan, and has been part of a world tour with Indian musical legends, performing in England, Australia, Singapore, Norway, USA and Canada. Jessica has recorded her debut movie song for "Kadal Kuthiraikal", yet to be released, and has also recorded a song with the singer Srinivas for Autism Awareness. Jessica recently received an award from Vijay Television for 'The International Find of the Year 2015' and has also received several awards for her achievements from various organisations around the world. Her ambition is to learn, grow in music and to use her music to help the underprivileged, especially children. Jessica has been appointed as the Youth Ambassador for the Tamil Chair at Harvard University.

S. Nirujan was a contestant in season 5 of the Super Singer show. He is of Sri Lankan Tamil roots, was born in Germany on October 12th 1989 of a classical musical family, and by the age of 5 was singing himself. His first guru was his father, Arumugam Sehasothy, and then he became a disciple of Lalgudi G. Jeyaraman in India. In addition to singing, he also mastered the classical violin.

Accompanying these three Super Singers for this concert will be local artists directed by Balasingham Sripathy of the Rainbow Tamil Music Band: **Kandiah Uthayakumar (Uthayan)** on lead guitar, **Harry Sivapalan** on bass guitar, **Umesha Thiyagarajah** on tabla/ mridangam, **Janahan Sriskantharajah** on flute, **Baranidaran Radhakrishnan** (with his students, **Sharaneraj Uthayaraj** and **Priveenraj Uthayaraj**) on drums and percussion and **Paramasamy Bakeerathan** on keyboard.



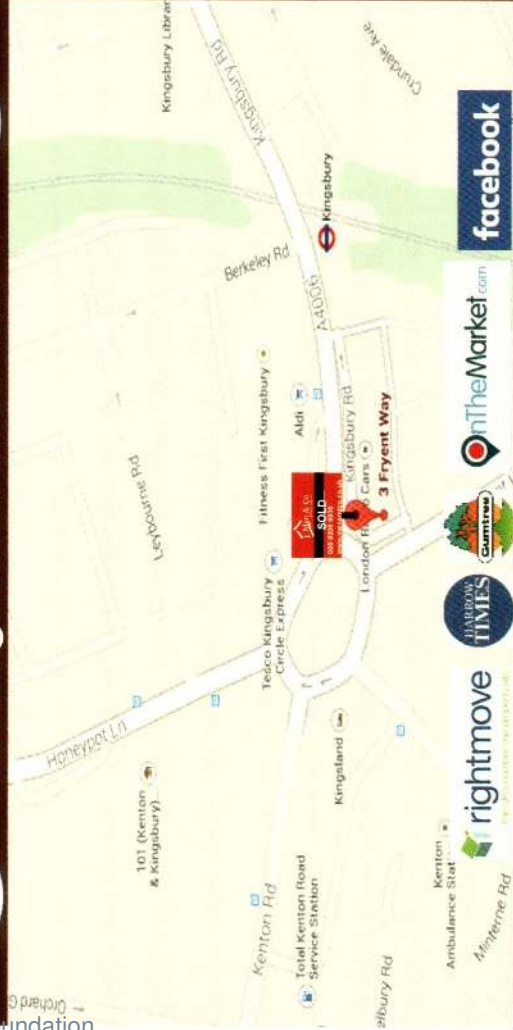
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JMFOA-UK Resuscitation Project—2017 Update



Life support and cardio-pulmonary resuscitation (CPR) are concerned with reviving seriously ill patients, whose heart and lungs have ceased to function properly. In resource rich countries it is standard practice to train all hospital staff in Basic Life Support (BLS) annually, and specialists in resuscitation in Advanced Life Support (ALS) every three years. In comparison in Sri Lanka the resuscitation equipment and training available are limited. Since 2010 JMFOA-UK has been conducting training sessions in BLS, ALS and ATLS (Advanced Trauma Life Support) in Jaffna, Pannai and Kilinochchi, but in 2015 we launched a more extensive, co-ordinated and sustained JMFOA Resuscitation Project, covering the Northern and Eastern provinces of Sri Lanka. This project is now also supported by our sister organisations in

North America and New Zealand.

The aims of the JMFOA Resuscitation Project are:

- to supply equipment and training for identifying and monitoring deteriorating patients. This has been shown to be effective in preventing cardio-respiratory arrest
- to more systematically develop the CPR skills of doctors, nurses, paramedics and other staff
- to supply equipment and training for managing patients who survive cardio-respiratory arrest.

What the JMFOA Resuscitation Project has achieved from 2015 to mid 2017

We have gradually extended our coverage now to 25 hospitals in the North and East: Analaitivu, Batticalao (Teaching Hospital), Chankanai, Chavakachcheri, Echilampaththai, Jaffna (Teaching Hospital), Kalmunai North, Karainagar, Kayts, Kilinochchi, Mallavi, Mankulam, Mannar, Mullaitivu, Nainativu, Oddusuddan, Point Pedro, Pungudutivu, Puthukkudiyiruppu, Tellipalai, Thirukovil, Trincomalee, Vaharai, Velanai and Vavuniya (see the map at the end of this article). Our team of UK specialists in resuscitation, along with our appointed volunteer JMFOA-UK Local Co-ordinator and local driver, has visited each hospital on a 6-12 monthly basis to undertake:

- Needs Assessments - by talking to doctors, nursing staff and senior hospital administrators in their Emergency Departments and wards, and making a record of the equipment present.
- Donation of purchased equipment according to the previous Needs Assessment findings; instruments of significant value have been ordered from local, Sri Lankan, suppliers as far as possible, to ensure service contracts. The equipment donated up to July 2017 is listed in the table at the end of this article.
- Training of medical, nursing and paramedical staff in resuscitation and life support, including (since 2016) paediatric life support; representatives of the local companies from which equipment was purchased also undertook training in their equipment where appropriate. The workshops cover recognition of the deteriorating patient; management of cardiac arrest, including practical training in airway management, CPR and defibrillation; and non-technical skills, such as leadership, team-working, situation awareness and communication. Refreshments and





certificates are provided by JMFOA.

In between these visits the JMFOA-UK Local Co-ordinator and local medical equipment supplier representative have made checks to ensure that the local staff are comfortable with using the donated equipment and there are no concerns. In order to monitor the quality and effectiveness of the Project, at each training session Evaluation Forms are given to participants and the responses analysed, and at each visit by the JMFOA Resuscitation Training team the continued correct usage of the

previously donated equipment is checked.

As part of the JMFOA Resuscitation Project we co-funded the setting up in 2016 of a **Provincial Simulation Centre** at Teaching Hospital Jaffna, to serve the whole province, allowing staff to be trained in mock medical emergency scenarios without any danger to patients.

What we need your continued support for in 2017/2018

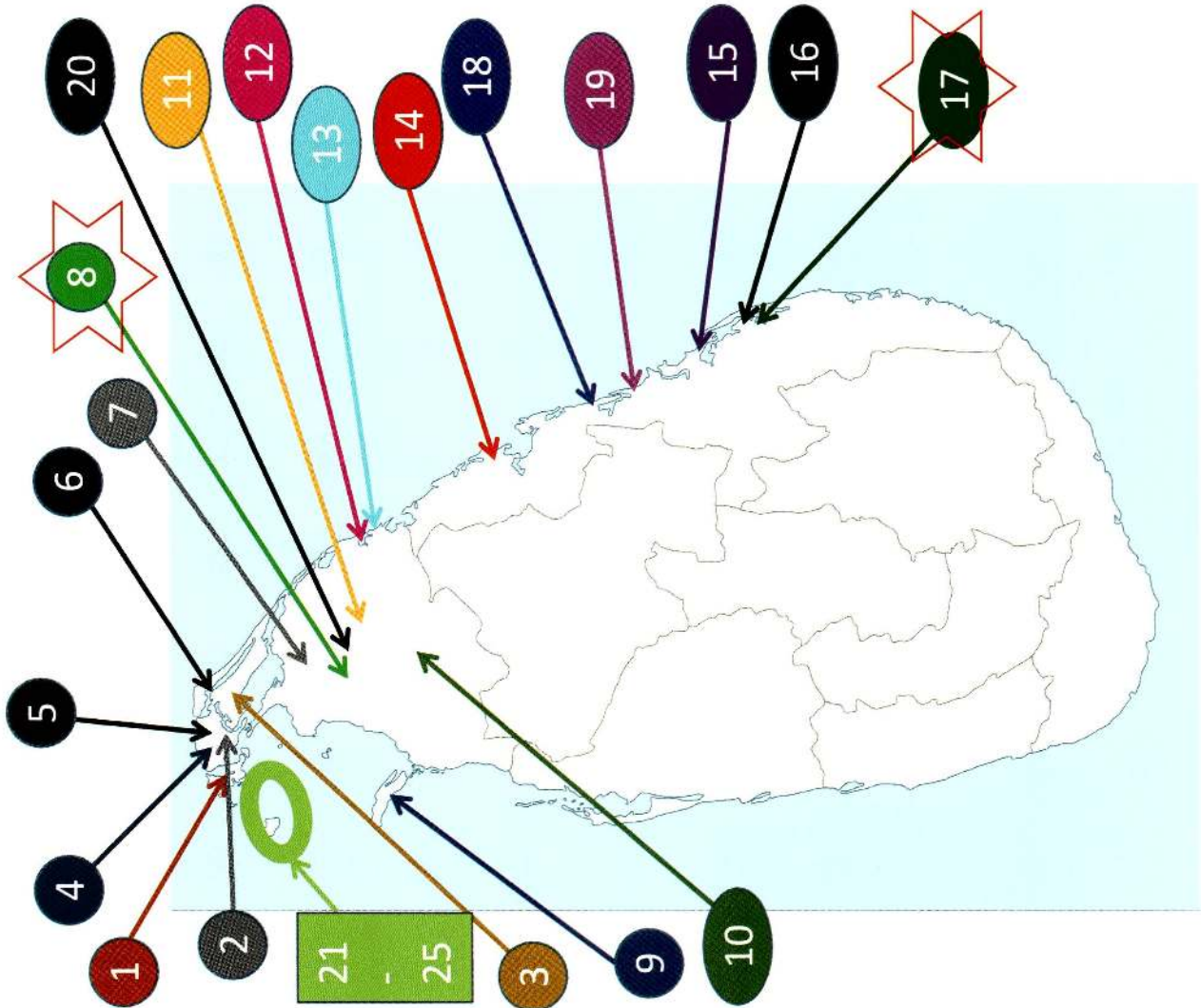
The above has been achievable only because of the generous donations of time and money by our members, sponsors, donors and well-wishers. Our Resuscitation Team of volunteers self-fund their international travel to and from Sri Lanka and, as far as possible, local accommodation whilst undertaking training visits, in order to maximise the money available to purchase equipment.

In the next year we need your further donations in order to:



- Purchase and donate the equipment requested by the latest group of hospitals we have included in our programme, the hospitals on the islands off the Jaffna Peninsula, Kayts, Pungudutivu, Analaitivu, Nainativu and Velanai. These are small, isolated hospitals, some accessible only by public boat, where the staff work under extremely difficult circumstances.
- Provide particular support to two of the most deprived hospitals we have visited, Thirukovil Hospital in the East and Mallavi Hospital in the North. This includes purchase of a medical steriliser for Thirukovil Hospital, a basic piece of equipment which is urgently needed.
- Further develop the Provincial Simulation Centre in Teaching Hospital Jaffna.
- Help Teaching Hospital Jaffna develop and maintain the first 24/7 Cardiac Arrest Team in Sri Lanka, including development of a Resuscitation Training Officer.
- Repeat our 6-12 monthly cycle of Resuscitation Training at the hospitals previously visited.
- Provide even more support for Paediatric Life Support in the region, eg by purchase of children's intensive care ventilators.

We are deeply grateful for your continued support for the JMFOA Resuscitation Project.



- (1) Karainagar
- (2) TH Jaffna
- (3) Chavakachcheri
- (4) Chankanai
- (5) Tellipalai
- (6) Point Pedro
- (7) Kilinochchi
- (8) Mallavi
- (9) Mannar
- (10) Vavuniya
- (11) Oddusuddan
- (12) Puthukkudiyiruppu
- (13) Mullaitivu
- (14) Trincomalee
- (15) Batticalao
- (16) Kalmunai
- (17) Thirukovil
- (18) Vaharai
- (19) Echilampaththai
- (20) Mankulam
- (21-25) Velanai, Kayts, Pungudutivu, Analaivitivu, Nainativu

JMFOA-UK Resuscitation Project

- List of equipment donated

in Feb, Apr & Nov 2016 and Mar & May 2017

HOSPITAL	MONITOR	AED	SYRINGE PUMP	INFUSION PUMP	NEBULISER	PULSE OXIMETER	STETHO-SCOPE	AM-BUBBAGS	DIGITAL BP MONITOR	DIGITAL BLOOD GLUCOSE MONITOR	BNFs	RESUSC MANUALS (ELS/EPLS)	RESUSC POSTERS (pack of 6 different)	Other
ANALAITIVU	0	0	0	0	2(+1)*	(+1)*	0	0	0	1	Y(Y)*	0	0	
BATTICALOA	0	0	0	0	1	5	0	0	0		Y	2	1	
BATTICALAO MEDICAL FACULTY	0	0	0	0	0	3	0	0	1	0	Y	2	1	1 ophthalmoscope, 1 mannikin
CHANKANAI	1	0	0	0	2	5	0	0	0	0	Y	0	2	
CHAVAKACHCHERI	1	1	0	1	2	4	0	1A, 1P	0	0	Y	0	2	
ECHILAMPATHTHAI	0	0	0	0	0	0	0	0	0	0	Y	1	1	
JAFFNA (THJ)	0	5+2* semi-automated (wards 1,2,3,4,8)**	0	0	0	2	0	0	2	0	Y	2	4	
KALMUNAI NORTH	0	1*	0	0	2	8	0	0	1	0	Y	2	1	
KARAINAGAR	0	0	0	0	0	0	0	0	0	0	0	0	0	
KAYTS	0	0	0	0	3	1	0	0	0	1	Y	0	0	
KILINOCHCHI	2	0	0	0	2	4	0	0	0	0	Y	2	2	

HOSPITAL	MONITOR	AED	SYRINGE PUMP	INFUSION PUMP	NEBULISER	PULSE OXIMETER	STETHO-SCOPE	AM-BUBBAGS	DIGITAL BP MONITOR	DIGITAL BLOOD GLUCOSE MONITOR	BNFs	RESUSC MANUALS (ELS/EPLS)	RESUSC POSTERS (pack of 6 different)	Other
MALLAVI	0	1*	0	0	3	9	0	0	7	0	Y	2	2	1 mannikin
MANKULAM	0	1*	0	0	1	3	0	0	2	0	Y	1	0	
MANNAR	2	2	1	1	1	5	0	1A, 1P	0	0	Y	2	1	
MULLAITIVU	1	1	2	2	4	12	2	1A, 1P	1	0	Y	3	4	
NAINATIVU	0	0	0	0	2	1	0	0	0	0	Y	0	0	
ODDUSUDDAN	1	1	0	0	0	2	1	0	1	0	Y	0	1	
POINT PEDRO	1	1	1	0	3	6	0	1A, 1P	0	0	Y	0	2	
PUNGUDUTIVU	0	1*	0	0	2	1	0	0	1	1	Y	0	0	
PUTHUKKUDIYIRUPPU	1	1	0	0	2	5	1	0	3	0	Y	0	2	
TELLIPALAI	2	1	2	1	2+1 U/S Neb	11	0	1A, 1P	0	0	Y	0	2	
THIRUKOVIL	0	1	1	2	4	5	0	0	4	3	Y	1	1	
TRINCOMALEE	0	0	0	0	0	3	0	0	0	0	Y	2	1	
VAHARAI	0	0	0	0	0	0	0	0	0	0	0	0	0	
VELANAI	0	0	0	0	1	1	0	0	0	1	Y	0	0	
VAVUNIYA	2	2	1	1	3	4	0	0	0	0	Y	0	2	
TOTAL	14	22	8	8	43+1 U/S Neb	101	4	5A, 5P	23	7		20	32	

* for Eluvaitivu Hospital

** wards 7 and 10 already had AEDs and ward 9 had a new manual defibrillator

† in stock pending delivery

July 2017 - copies of BNF also donated to Atchuvely, Puttur, Kopay and Valveddiththurai Hospitals



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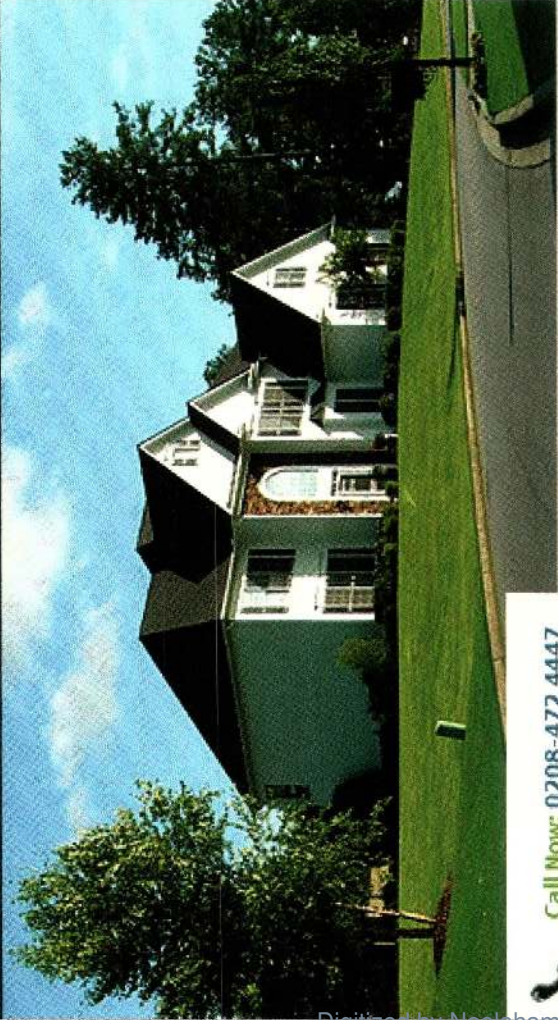
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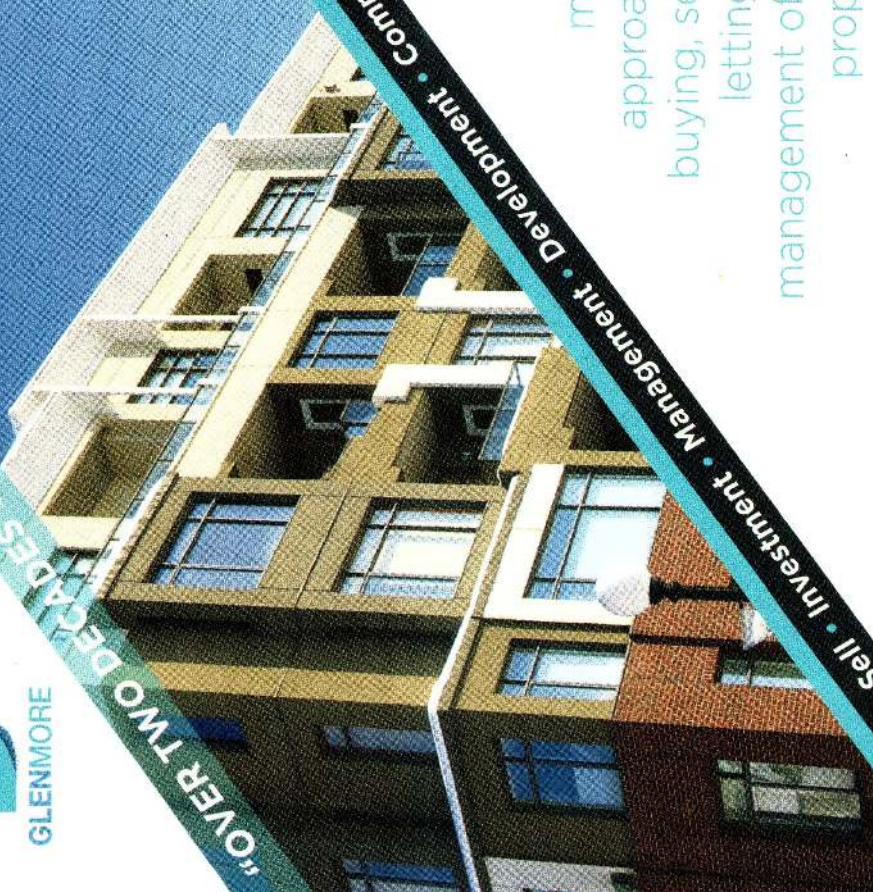
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Nursing Recruitment in Sri Lanka

“I entered nursing because ...” in the words of the nursing students of Teaching Hospital Jaffna



Both the nursing and medical professions are equally important in providing optimum healthcare to patients. Sri Lankan nurses are well known for their professionalism and compassion and the high quality personal care they provide to their patients. There is a severe shortage of nurses in the northern part of Sri Lanka and this appears to be due to many reasons. As an organisation we are planning to focus on these

reasons and to see how we can increase recruitment. In addition, in order to enhance job satisfaction and retention of nurses in Sri Lanka we aim to promote their job prospects and opportunities.

As part of this project we asked the nursing students of Teaching Hospital Jaffna to write down their completion of the sentence, “I entered nursing because ...”, and here are their words:

“I want to help patients. I want to gain knowledge about disease and the medical field. I want to improve patient care.”

“... to help care for patients and save them.”

“I saw the patients who were sad, suffering with disease and with a deficiency of knowledge about his/ her disease ... then I thought that if I can become a nurse I could help them.”

“It was my only choice, but after arrival I found it is a great job.” “I would like to fulfil the patients’ needs.”

“I am interested in human anatomy, diseases and illnesses.” “... I wanted to care for patients since my childhood.” “I entered nursing to earn, but now I want to serve and help all helpless patients.”

“I would like to be a nurse because a nurse is a care giver, a teacher, an artist ... gives lectures and treatment for the patient.” “... nursing is a caring profession”. “Nursing is a good profession for a girl.”

“Nursing is a good job. It will help me to get to know people, improve my attitudes and be a good human in the world.”

“I like to help others.” “To help society and people who are suffering from disease.”

“I like to do good work and care for patients.” “To get satisfaction in my life and help others within my capacity.” “... to help my future, my family and others in the medical field.” “To serve the poor.”

“I would like to help sick people and give effective and loving care to patients.”

“I try to serve the people and recruit others.” “It is a good profession.” “It is my favourite profession.”

“... to care for patients. Nursing is a good opportunity for us to gain knowledge.”

“... to serve sick people and care for them.” “It is a nice job where you can show care and kindness to patients.” “I love the job so much and have respect for it.” “To provide a nursing service to our people.”

“Nursing is a professional job which helps people maintain good health.”

“I wanted to do a social service, rather than entering another profession.”

“I wanted to work in the medical field.” “... because I feel this profession is devoted.” “I would like to help sick people and it is a very interesting way to serve the world.”

“Before I did not think deeply. After I entered the hospital and saw the patients I turned to help them.”

“I entered nursing to develop the image of nurses among the public.”



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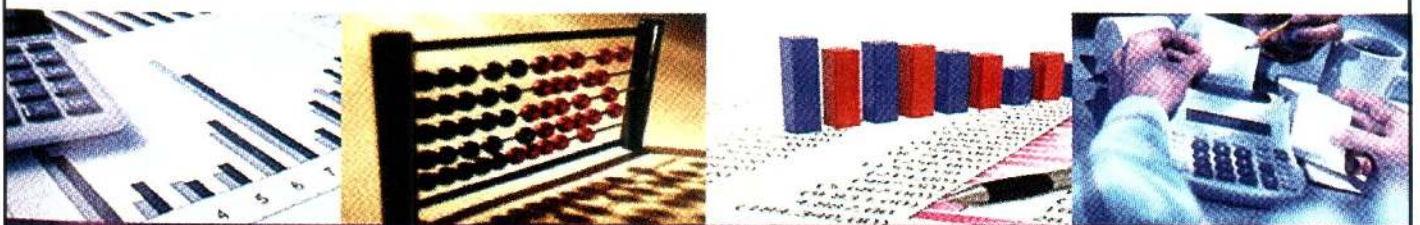
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யாழ் மருத்துவக்கல்லூரி கீதம்



பல்லவி

மருத்துவத் துறையில் மகத்துவம் நிறைந்தது
யாழ்... மருத்துவ பீடம்!
மக்கள் சேவையும் மனித நேயமும்
நாம்... படித்த பாடம்...!
வாழும் தாய்நாடு ஓங்கவே
மக்கள் நலமோடு வாழவே
நோயே இல்லாத சமூகமே
நிச்சயம் உருவாக்கிக் காட்டுவோம்
எட்டுத்திக்கும் நாம் பறப்போம்
ஏழைகளின் துயர் துடைப்போம்!
ஒன்றுபட்டே உழைப்போம்!

Chorus: படித்து பட்டம் பெற்றோம்!
பாடம் பல கற்றோம்!
நன்றி நெஞ்சில் கொள்வோம்!
உலகுக்கு சொல்வோம்! சொல்வோம்!

சரணம் 1

சிறகுகள் விரித்துச் செல்வோம்!
உலகெங்கும் பறந்து செல்வோம்!
விரிவுரை பணிகள் செய்வோம்!
மருத்துவ உதவி செய்வோம்

எங்கள் உயிர் உள்ளவரை மறக்கமாட்டோம்
நல்வழி தந்த ஆசானை
எங்கள் உயிர் உள்ளவரை மறக்கமாட்டோம்
நல்லவழி தந்த பெற்றோரை

Chorus: படித்து பட்டம் பெற்றோம்
பாடம் பல கற்றோம்....

சரணம் 2

நீலக்கடல் வெள்ளி அலையில்
முத்தமிடும் எங்கள் தாய்நாட்டை...!
வாழும்வரை யாழ் பிடத்தின்
பெருமைகளை காத்திடுவோம்!
எங்கே நாங்கள் எல்லாம் இருந்த போதும்
பிறந்த மண்ணை போற்றிடுவோம்

Chorus: படித்து பட்டம் பெற்றோம்
பாடம் பல கற்றோம்....

யாழ் மருத்துவ பீடம் எங்கள் நேசம்
அதுவே எங்கள் சுவாசம்
உலகெங்கும் நாங்கள் பிரிந்த போதும்
பீடத்திற்காய் ஒன்று கூடிடுவோம்....



We are JMFOA,
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Our houses are now overseas, all over the globe,
But our home remains in our motherland, where our heart is,
And we pledge to look after our people, Faculty and Hospitals,
However tall we have grown or far we have been sown.

Our roots are from all parts of Sri Lanka,
But our strong stem was nurtured by our Faculty and Hospitals:
The education and experience we gained there
Has provided us with the foundation to excel as doctors
And have confidence in our skills in foreign lands.

We aspire to continue the example of our teachers and trainers,
To practise both the Art and Science of Medicine,
To do the utmost for our patient,
Always to the best of our ability,
Treating them with the kindness and care
We would bestow on a member of our own family.

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To be life-long learners and teachers,
To live daily in a manner which fosters respect by others,
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