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British Tamils Athletics Meet 2010



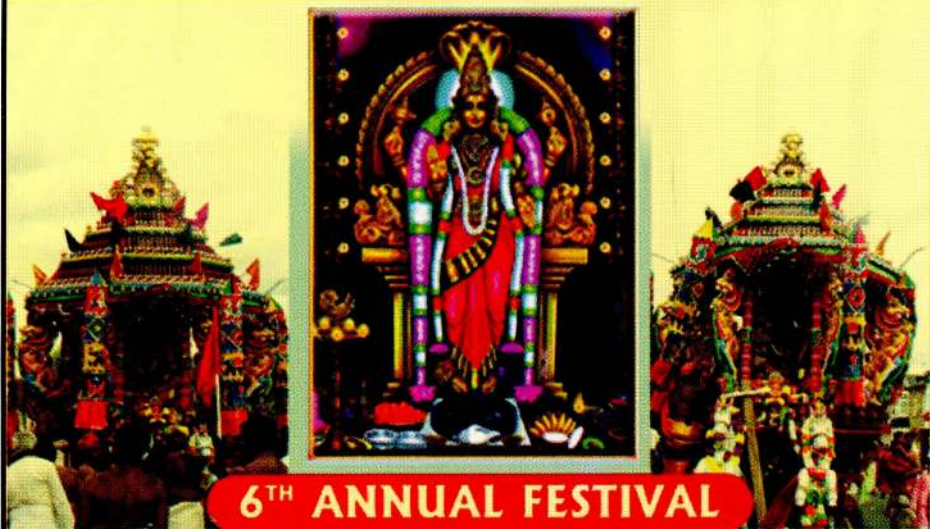
4 JULY 2010  
Lee Valley Athletics Centre

# Enfield Nagapooshani Ambaal Temple

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## 6<sup>TH</sup> ANNUAL FESTIVAL

11.07.2010 **Sunday**

The Chariot Procession of Enfield Nagapooshani Ambaal & New Chariot for Lord Ganesha will proceed via the street around the Temple from 10.00 am till 1.00 pm

12.07.2010 **Monday**

Water Cutting Festival (Theertham) & Panjamoorthy Procession

13.07.2010 **Tuesday**

1009 Conch cells Abhishegam & Evening Poongavanam

14.07.2010 **Wednesday**

Vairavar Madai

**CHILDREN'S CULTURAL PROGRAMME DURING THE FESTIVAL PERIOD**

**WILL BE CONDUCTED DAILY FROM 8.00 PM TO 8.45 PM**

### CHARIOT FESTIVAL(PUBLIC UBAYAM) 11<sup>TH</sup> JULY 2010 SUNDAY

5.30 am	Abhishegam Starts	10.00 am	Ganapathy & Ambaal on Chariots
8.30 am	Vasantha mandapa Pooja	10.30 am	Chariot Festival Starts
		02.00 pm	Navasakthi Archanai

### WATER CUTTING FESTIVAL (THEERTHA THIRUVILA) 12<sup>TH</sup> JULY 2010

7.00 am	Abhishegam Starts	11.00 am	Theertham
10.00 am	Vasantha Mandapa Pooja	8.00 pm	Kodiyirakkam

Kindly participate in these ceremonies and get the blessings of Enfield Nagapooshani Ambaal



## ***Welcome to Second Annual British Tamils Athletics Meet***

And thank you for coming. Whether you are a spectator or competitor, you have become part of a small piece of history of the Tamil Diaspora in the UK. For this is the second time so many Tamils have gathered in the UK to take part in track & field competitions.

And we think this is unique too, in that for the second time in this country hundreds of children, teenagers and adults who are total strangers to each other will not only compete for themselves but also for one of five teams, or 'Houses'. Those who excel in each event will accumulate points for their Houses.

Through today's event and those to follow we hope to play a small part in creating a dynamic Diaspora. We as a people have shown that we can match anyone for heroism, intellectual ability and creativity. Surely our youngsters will excel at sports too, given the chance. We hope those competing today will leave this Olympic-class venue having made many new friends.

We very much hope that the format of this meet will reinforce the spirit of unity amongst our people.

We would be grateful for your views on today's events, good or bad. Please let us know by posting a note into the Comments Box at the help desk.

Thank you, and have a nice day.

Organisers

**British Tamils Sports Council**





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From our

**Hon. Chairman...**

A very warm welcome to all participants to the second British Tamils Athletic Meet 2010. The 2008 Athletic Meet was a success and I am sure it will be a successful one this year.

This year's response from the participants has been simply overwhelming. I can assure you that the organisers will spare no effort in ensuring that all participants have good time both on and off the field.

A special thanks to our Main sponsor SM Call and to all our Co-sponsors and advertisers who through their loyal support and generous contributions have made an event like this a reality.

A special word of thanks must definitely go out to our organising committee for all their hard work in putting this event together.

Many kind words must also be expressed to all men and ladies who have volunteered to help run this event over the weekend.

I look forward to welcoming you to British Tamils Athletic Meet on 4th of July 2010.

**Regie Ansalmar**  
Chairman



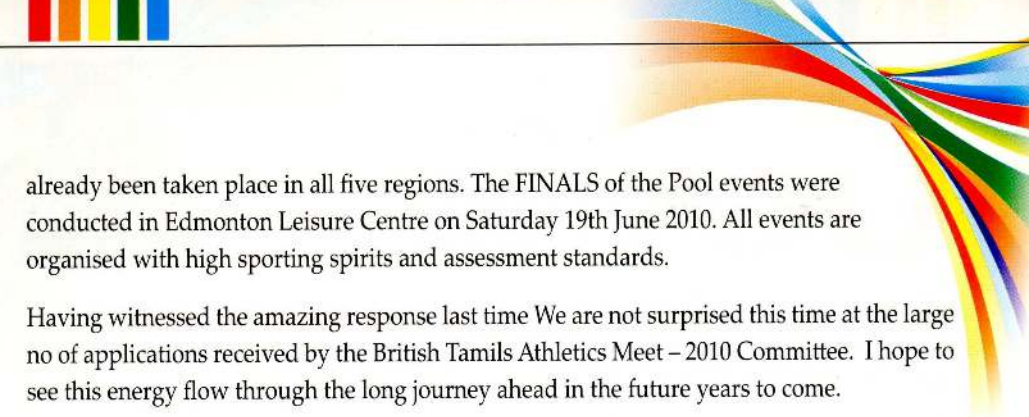
From the  
**General Secretary.....**

When we held the maiden meet of 'British Tamils Athletics Meet -2008' at Lee valley athletic centre, we Tamils participated with dreams in our eyes. Little did we expect the tragic events in the very next year that would leave us all traumatized. It is not the defeat but the helplessness exhibited by the international community depressed the Tamils. None could, therefore, have any heart to celebrate a Sports Meet in 2009. We are 100 million strong living as largest minority in more than one nation but with no nation of our own. This sad fact should not deject and deter us but should make us motivated, this should not make us defeatist but make us more assertive. Like a phoenix, we shall rise from the ashes. To keep up our spirit and to develop Solidarity & Unity amongst ourselves what could be better than 'Meets' like this. Even in the midst of World War II Olympics was not abandoned. Sports alone, in spite of breeding competition brings optimism and positive energy to mankind. Yes -Optimism and positive energy is what we need if we the Tamils have to realize our dream. Battles are not won on the battlefields but in the minds of the people. Our minds should remain positive, optimistic and healthy. Towards this end, BTSC has decided to recommence the Meet this year to showcase to the world our living heroes, to imbibe in the YOUNG the rich competitive spirit of Tamils and to take the OLD down the memory lane.

The British Tamils Sports Council shall endeavour to promote sports among Tamils across United Kingdom. Compete yet cooperate to collectively excel as a community in UK! -BTSC works for this objective by working closely with all sports' clubs and associations of Tamils in United Kingdom.

British Tamils are competing today in an athletics meet at this renowned spectacular sports venue also the first official Training Venue for London 2012 Olympics. Our Tamil sportsmen and women are privileged to participate in this venue. I am deeply touched by the overwhelming greetings and supports that have come from the community and from outside for this endeavour by BTSC. The day's visual treat starts off with the March Past, lighting Olympic torch, taking Athlete's and official's Oath. Children games are also conducted alongside to entertain tiny tots. Delightful treat to the eyes would be our Traditional dance that would make the event a complete one. The Qualifying Meets have





already been taken place in all five regions. The FINALS of the Pool events were conducted in Edmonton Leisure Centre on Saturday 19th June 2010. All events are organised with high sporting spirits and assessment standards.

Having witnessed the amazing response last time We are not surprised this time at the large no of applications received by the British Tamils Athletics Meet – 2010 Committee. I hope to see this energy flow through the long journey ahead in the future years to come.

I thank the Chief guest, Guests of honour, and other dignitaries of the day who have come to encourage all the participants and enjoy this occasion. I thank the Governors of BTSC for their advice and guidance and the committee of Management for their effectiveness. On behalf of the BTSC, I thank the sponsors, volunteers, parents for their enthusiasm and support. I also thank the public media's support in taking this colourful event to all our community. I thank the Metropolitan Police for their coordination in maintaining safety measures. We needed around 500 volunteers today to make this event a possible one. I thank every single one of you who come forward to assist us.

Through these fantastic tournaments it is sure that the unity of the British Tamil Community would be raised, and integrated into the British mainstream sports. BTSC has planned a successful roadmap in working with all the schools, associations, units in observing the youth's passion, skills and create an avenue to enrich them socially. We are pleased to have established close links with sporting bodies like UK Athletics and London 2012 Olympic Committee. It is also our vision to establish valuable relationships with other sports authorities and associations in UK. The London Olympics, on it's way in 2012, the British Tamils Sports Council will contribute and be part of the nationwide jubilation.

I take this opportunity to thank the management and staff of the Lee Valley Centre especially Mick Bond, the General Manager of the Valley Athletics Centre for his valuable advice and guidance throughout our preparation. I am also very thankful to Luke Smallford of Just Timing for accepting our request in a short notice to introduce PHOTO FINISH for the track events today.

I once again thank you one and all for making this event a grand success.

**Loga Pradhaban**  
(Gen. Secretary)  
British Tamils Sports Council



A Message from

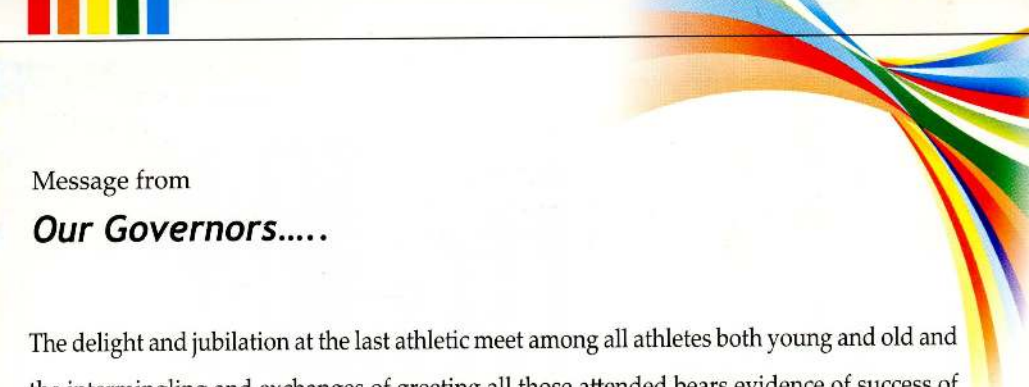
## ***UK Athletics Chairman***

“The very best of luck to all competitors taking part in the athletics grand final this weekend. It Is fantastic to see so many different groups and organisations embracing the sport of athletics and competing within the world class facilities at Lee Valley, and I hope it is a memorable weekend for all concerned.”

Ed Warner

Chairman UKA





Message from

## ***Our Governors.....***

The delight and jubilation at the last athletic meet among all athletes both young and old and the intermingling and exchanges of greeting all those attended bears evidence of success of such meet.

This did not stop at the end of the meet but carried on for weeks and months later when trophies and accolades were presented to the athletes on a house by house basis.

We witnessed the latent talent that lies within all participants. Meet of this nature is the perfect platform to harness and cultivate the hidden talents within our selves. We are a nation of latent talent and are second to none.

Our message on this day is "Nation awake and arise and stop not till the goal is reached"

**Dr M Theivendra**

**Kengai PS Chetty**

**Mrs K Thavatheva**

**Mr Regi Ansalmar**

**Mr Ananthkumariya**

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Registration Number 4521837

A Message from

**David Miliband** MP



Dear Friend

It is my great pleasure to be able to greet you at the second annual Tamil athletics meet at Lea Valley Athletics Centre - a renowned sports centre which will home Olympic athletes in just two years time.

Sport can do amazing things. It can make people laugh, cry, shout, smile, and, as any England fan will know, scream. But, most important of all, it can bring people together to overcome deep-rooted conflicts in a way few, if any other, activities can. Sport has the potential to help build strong and safe communities, fostering respect and tolerance, and inspiring people to achieve great things they never thought possible.

Nowhere is respect and tolerance more urgently needed, than in Sri Lanka, where nearly three decades of conflict have wrought a devastating toll on tens of thousands of innocent civilians – a toll all too familiar to many of you.

The British Tamils Sports Council is to be commended for its work in organizing today's event which is, I know, an important occasion for hundreds of Tamil families from right across London. The British Tamil Athletics Meet is just one example of how the Tamil community has enriched and strengthened our way of life in the UK.

As you enjoy the day's competitions and activities, I reflect on the unique opportunity before us to bring a just and lasting peace to Sri Lanka and reaffirm my enduring commitment to one day realising the legitimate aspirations of the Tamil community in a peaceful and prosperous Sri Lanka.

With my best wishes for a successful and enjoyable day,

Yours sincerely,

**Rt Hon David Miliband** MP

Shadow Foreign Secretary

# Mathu's

## Party Service

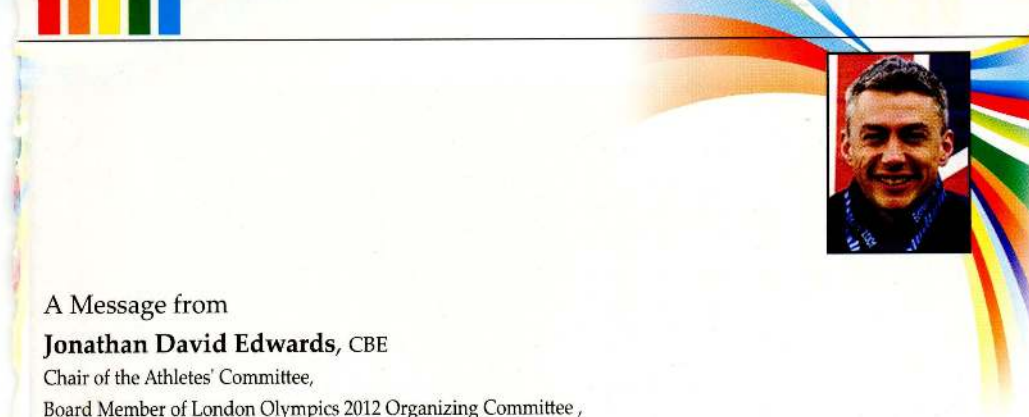


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A Message from

**Jonathan David Edwards, CBE**

Chair of the Athletes' Committee,

Board Member of London Olympics 2012 Organizing Committee ,

Triple Jump Olympic and World Record Holder & Gold Medallist.



"Apologies I can't be there and wish the athletes all the very best for the day,  
with my hopes for many personal bests and few injuries!!!"

Warm regards

**Jonathan Edwards**

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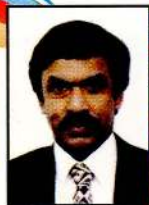


## TAMIL SCHOOLS SPORTS ASSOCIATION – UK

(Formerly JSSA-UK)

தமிழ்ப் பாலசாலைகள் விளையாட்டுச் சங்கம் – ஜிஇ

50 Ruxley Lane, Epsom, Surrey KT19 0HZ  
Website: www.tssauk.org



A Message from

### **TSSA President**

It gives me great pleasure to send my best wishes on behalf of Tamil School Sports Association (UK) for the second British Tamils' Athletic meet being organised by British Tamil Sports Council.

TSSA (UK) being the first sporting organisation in the UK, we always provide support and assistance to any form of sports organised, to give an arena to exhibit the athletic talents of our younger generation. As a founder member of TSSA (UK) and a sportsman myself, it gives me great pleasure to witness the sporting competitions held here now. Sport has the unique ability to bring communities together and encourage unity and harmony among them.

It is our duty to thank the Tamil Schools in the UK for their valuable service they render in teaching Tamil and fine arts to our Tamil children and their tireless effort in organising regular sporting competitions and encourage our youngsters to compete at these Athletic Meet with high spirits giving respect to each other in the community. Don't be surprised if you see any of them at the London 2012 Olympics!!!

I take this opportunity to thank and congratulate British Tamil Sports Council Committee for their untiring effort in organising such an impressive Athletic event and showcasing the youngster's sporting talents to the spectators. Hope you all enjoyed it.

Finally I would like to wish best of luck for today's event and a safe journey home for everyone.

**A. Thiruketheeswaran**

President – TSSA (UK)

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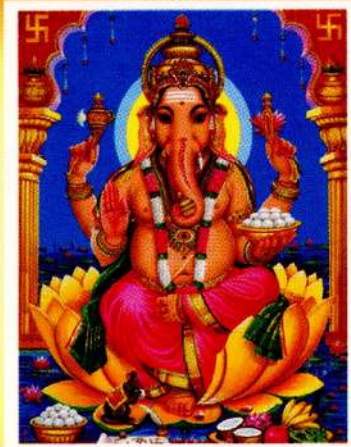
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தேர் திருவிழா

01.08.2010

கொடியேற்றம்

10.07.2010



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## DAVID BURROWES MP

Member of Parliament for Enfield Southgate



HOUSE OF COMMONS

LONDON SW1A 0AA

18 June 2010

### BRITISH TAMILS ATHLETICS 2010

The Tamil community make a significant and vibrant contribution to Britain.

Our young people are our future and sport is an excellent way to support their positive contribution.

I give my best wishes to all the young athletes for an enjoyable event. Lee Valley Athletics Centre is an excellent venue and I am sure you will have a great day.

A handwritten signature in blue ink, appearing to read 'David Burrowes'.

A printed signature in blue ink, reading 'David Burrowes'.

**David Burrowes MP**

**Member of Parliament for Enfield Southgate**

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**Siobhain McDonagh MP**

House of Commons  
London SW1A 0AA  
020 8542 4835 (tel)  
[mcdonaghs@parliament.uk](mailto:mcdonaghs@parliament.uk)

LABOUR MEMBER OF PARLIAMENT FOR MITCHAM AND MORDEN

Loga Pradhaban, Gen Secretary  
British Tamils Sports Council  
Sportsman Lounge  
Bridge Park Hotel  
16 Hillside  
London N10 8BN

23 June 2010

Dear Loga Pradhaban,

**British Tamils Athletics 2010**

Thank you for inviting me to this event, and for asking me to send a message for your souvenir programme.

Britain's Tamil community offers a great example to all of us. Its commitment to actively participating in British life is very much to be welcomed, and this athletics meeting will be a good opportunity to encourage young Tamil people to get involved in worthwhile activities like sport.

It is a great privilege to be invited to this occasion. I am very much looking forward to watching the Tamil sporting stars of the future, and to enjoying the athletics. I hope it is a fun event for everyone involved, and that British Tamils continue to work hard and offer a good role model for other communities in this country.

Yours sincerely,

**Siobhain McDonagh**

[www.siobhainmcdonagh.org.uk](http://www.siobhainmcdonagh.org.uk)

*Colliers Wood\*Figges Marsh\*Graveney\*Lavender Fields\*Longthornton\*Lower Morden\*Cricket Green\*Pollards Hill\*Ravenbury\*St. Helier*  
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03.09.2010 வெள்ளி 11 மணி

## ஆவணிச்சதுர்த்தி

11.09.2010 வெள்ளி 11 மணி

## தேர்

12.09.2010 ஞாயிறு காலை 10 மணி

## தீர்த்தம்

13.09.2010 திங்கள் காலை 10 மணி

## திருக்கல்யாணம்

14.09.2010 திங்கள் மாலை 07 மணி

### வசந்த நவராத்திரி

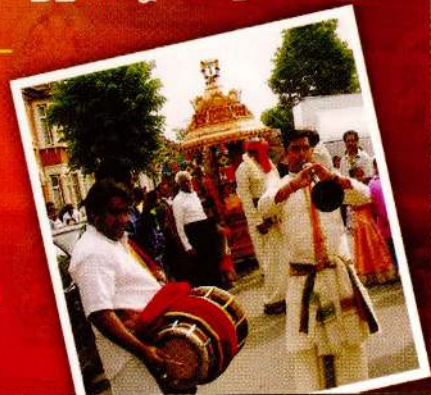
ஆரம்பம் 16.03.2010 செவ்வாய்  
சந்திர ரதம் 24.03.2010 புதன்கிழமை  
தேர் இரவு 7.00 மணி

10வகுட சும்பாபிஷேக தின  
மணவாகைக் கோலவிழா  
25.08.2010 காலை 8.00 மணி  
சண்டிஹோமம்  
24.10.2010 ஞாயிறு  
காலை 7 மணி முதல்

## காயத்ரி அம்மன் வழிபாடு

ஒவ்வொரு மாதமும் ஒரு ஞாயிற்றுக்கிழமை நடைபெறும்

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செய்து தரலாம்.



From Australia

## **British Tamils Athletics Meet 2008 Participant**

### ***Arulraj Pillai***

I feel very much honored to write this as a participant who enjoyed every second of the event last year. 'British Tamils Athletics Meet' is a very good opportunity for young athletes to experience sports and also it is an event for Tamil community to gather and enjoy the pride. Not been able to have had an exposure of sports after completing the college life, 'British Tamils Athletics Meet-08' had been a gate opener to me. It gave me the opportunity to build my confidence and to prove myself. It was a 'once in a life time experience' for me to perform at the Lee Valley Athletics Centre, which is the largest indoor and outdoor athletics facility serving space in London and South East England. I think there is none other chance than this to use these facilities same as a professional Athlete would do. My heart full of thanks to the organizers for giving me and every other sport lovers, this opportunity. The organizing team had done a tremendous job in 2008 conducting every single event that could be attributing to a 'perfect sports-day' and having it had for all age-groups. This has created a high-expectation amongst the community for any forth coming event and I am sure the team will do the fantastic job, perfectly this year too. Not being able to be a part of the successful event this year, not having the same fantastic opportunity around, now here I am thinking of the precious moments from 'British Tamils Athletics Meet-08', from the other side of the world, and humbly telling every participant to grab the opportunity and wishing everyone all the very best – Go Tamil Athletes Go!!!

### **Arulraj Pillai**

Australia

'British Tamils Athletics Meet-08' Under 30

First Place - Triple Jump

First Place - 400m

Third Place - Long Jump



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## Reminiscences - the British Tamils Athletics Meet 2008

The British Tamils Sports Council organised the first ever British Tamils Athletics Meet in the year 2008. The organisers carefully thought and planned to include the Tamil Diaspora of all ages in the UK to participate in Athletics meet. London was divided into four regions and each has been allocated a colour namely North West (green), North East (yellow), South East (blue) and South West (red). Outer London was one region and given violet in colour.




I was one of the Volunteers for this event which took place on the 13th of April 2008 at Lee Valley Athletics Centre. The event started with the march past and all the participants were in the uniforms wearing the colours to represents their houses. It was a spectacular show even though it would have been the first time for the most children to take part in the march past. The event followed by lighting Olympic torch and continued with taking Athlete's Oath. The participants for the Track and the Field events were selected through heats conducted prior to this event in all the five areas and there were many trained officials to oversee the events was carried out smoothly. Each house was decorated tastefully to gain much needed points for them in becoming the winners.

For a moment I felt that I was in my own school (Vembadi), back at home taking part in the sports, my eyes was filled with tears of happiness. It gave me an opportunity to rekindle my wonderful memories as a child.

More than thousands participants took part, with pride and joy. The proud parents were listening to all the announcements and guided their children to the fields. The restaurant Thayagam was catering for the crowd with the delicious food Kothu Rotti, Kool and so on. I looked around in amasement from where I was standing and all I could see was The Lee Valley Centre was packed with The UK Tamils of all age's, having a fun full day and no doubt they will cherish this day for many years to come.

This unique event was grate success and I would like to congratulate the organising body of BTSC for their grate achievement. I sincerely hope that they will continue in organising Athletics Meets year after year to encourage and promote sports within the younger generation. I am looking forward for to-days event and wish all the participants Good Luck.

Geetha Vijayadeva (Mrs)



A Message from

## **Red House Manager...**

The Secretary,  
British Tamils Sports Council,

It is with great pleasure that I send this message to the British Tamil Sports Council. I have no doubt that the event will be a success and I hope that the organisation continues to grow from strength to strength. In this respect, I pledge my support to them in all their endeavours.

In hosting the British Tamil Athletics Meet the BTSC have provided Tamils with an arena in which athletes can display their many sporting talents. The event itself is also an excellent opportunity for individuals to experience the competitive element of sports.

Involvement in sporting activities is a necessity in the life of every individual, but even more so in the lives of youngsters because it is here that important life skills are learnt and developed. For example, competition enables individuals to work together as a team for a common goal and in preparing for the event individuals learn how important it is to be dedicated and disciplined. These skills can be utilised in an environment and will contribute to creating well rounded individuals.

By providing a platform for young Tamil athletes the BTSC is also strengthening ties amongst the community and it is for this reason that the organisers of the British Tamils Athletics Meet and all its supporters deserve much praise.

I would like to take this opportunity to extend my heartfelt thanks to T.Uthayanan (Uthayan) and Nivetha Uthayarajan for their valuable support and guidance throughout the South West London regional trials.

Furthermore, I would like to thank all the helpers particularly those from the Tamil schools within the South West London region for their enthusiastic support.

Finally, I would like to wish the organisers and its participants good luck in the competition; I have no doubt that the day, whatever the results, will be a complete success.

**Edwin Gunaratnam**

(Manager of South West London)



## ***Profiles of the Captains***

***Red House Captain  
(Female)***



**Yalini  
Prabaharan**

British Tamils Athletics Meet 2008- Under 30 Champion. Gold medalist in 100m and Silver Medalist in 200m and Long Jump . Participated and won many awards during her school days. Actively involved in Red House Athletics team to motivate and perform well in this year's meet

***Red House Captain  
(Male)***



**Navajeevan  
Pararajasingam**

British Tamils Athletics Meet 2008 under 35 champion and Gold medallist in 100m, 200m and Long jump. Played many athletics competition in Srilanka including provincial and district level. Male athlete of the year 2010 awarded by Sports awards Committee at London Brit Oval.

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## பச்சை இல்ல முகாமையாளரிடமிருந்து

பிரித்தானிய தமிழர் மெய்வல்லுனர் போட்டி வெகுசிறப்பாக 2008 ஆம் ஆண்டு நடைபெற்றது என்பது சகலரும் அறிந்த ஒன்று. ஆனால் 2009 ஆம் ஆண்டு தாயகத்தில் நிகழ்ந்த மறக்கமுடியாத கொடூர நிகழ்வுகளால் இந்த விளையாட்டுப்போட்டி உட்பட எதுவித நிகழ்வுகளும் இங்கு நடைபெறவில்லை. எமது சமூகத்தில் அண்மைக்காலங்களில் ஏற்பட்ட பாரிய பின்னடைவுகளால் எமது மக்கள் பலர் பலவிதமான தாக்கங்களுக்கும் மன உளைச்சல்களுக்கும் ஆளாகி தமது உடல் ஆரோக்கியத்தை இழந்து கொண்டிருக்கிறார்கள்.

இதனைக் கருத்தில் கொண்டும் மேலும் எம் சமூகத்தை ஒருங்கிணைத்து வலுப்படுத்தவும் எம் இளயோரை ஊக்குவிக்கும் முகமாகவும் இந்த விளையாட்டுப்போட்டி மிகுந்த சிரமங்களுக்கு மத்தியில் இவ்வருடம் ஒழுங்கு செய்யப்பட்டிருக்கின்றது.

“சுவர் இருந்தால்தான் சித்திரம் வரையலாம்” இது எனது அம்மா எனக்கு அடிக்கடி சொல்லும் ஒரு தாரக மந்திரம். உடல் ஆரோக்கியம் உள்ள ஒருவரால் தான் தனது குடும்பத்திற்கும் தான் சார்ந்த சமூகத்திற்கும் தன் நாட்டிற்கும் சேவை செய்யமுடியும். புலம்பெயர்ந்து வந்த நாம் எமது ஆரோக்கியத்தையும், எமது இளைய தலைமுறையினரையும், எமது சமூகத்தையும் பாதுகாப்பது மிகமிக அவசியமாகின்றது.

இப்போது எம் தமிழ் மக்கள் பல துறைகளிலும் சர்வதேச அளவில் அங்கீகாரம் பெற்று வருகின்றார்கள். இதேபோல் மெய்வல்லுனர் விளையாட்டிலும் சர்வதேச அளவில் அங்கீகாரம் பெறுவதற்கு இப்படியான விளையாட்டுப்போட்டிகள் முதல் படிக்கல்லாக அமையுமென நம்புகிறேன்.

வடமேற்குப் பகுதி பச்சை இல்லம் 2008 ஆம் ஆண்டு வெற்றிவாகை சூடியது. அதேபோல் இந்தமுறையும் வெற்றிவாகை சூட தமது பங்களிப்புகளைச் செய்துகொண்டிருக்கும் அனைத்துத் தமிழ்ப் பாடசாலைகளுக்கும் தமிழ் சமூக நல அமைபுகளுக்கும் எனது நன்றியைக் கூறிக்கொண்டு இந்த வருட மெய்வல்லுனர் போட்டி சிறப்புற நிகழ் எனது வாழ்த்துகளையும் தெரிவித்துக்கொள்கிறேன்.

### ச. சீவகுமார்

முகாமையாளர்

பச்சை இல்லம்

பிரித்தானிய தமிழர் விளையாட்டு அமைப்பு.



## Profiles of the Captains

### **Green House Captain (Female)**



**Sivanjala  
Pothanathan**

Under 35 Champion and Gold Medalist in 100m, 200m and Long Jump and member of winning Relay team of 4 x 100m in British Tamils Athletic Meet at Lee Valley – 2008. Completed UKA Level One Coaching Course successfully in 2009 organized by BTSC and funded by Asian Aid.. Completed Swimming Skills One at Vale Farm Sports Centre London borough of Brent -2007. Silver Medalist in Adult Open 25m Swimming at British Tamils Athletic Meet 2010. Obtained Personal Training in Sprint from the former National Champion Andy Coleman. Athletic Captain at Jaffna College. Member of Woman Cricket team at Hatton National Bank in Sri Lanka. Short listed for the nomination of the FEMALE ATHLETE OF THE YEAR – 2010 organized by the Tamils Awards Committee.

### **Green House Captain (Male)**



**Joseph  
Jeganathan**

Gold Medalist in Javaline Throw and Hurdles 110m and won Silver in Discus Throw in the British Tamils Athletic Meet 2008. Field event Champion 1997 (Hartley College) Sportsman of the year 1999 (Hartley College) Zonal level Champion 1999 (Vadamaradchi). Came first in Javalin Inter Faculty meet 2003 (University of Peradeniya). Hartley College U19 ricket team captain. Vice Captain of Tamil union Cricket Club and also an active member of Middlesex Tamils Sports and Social Club

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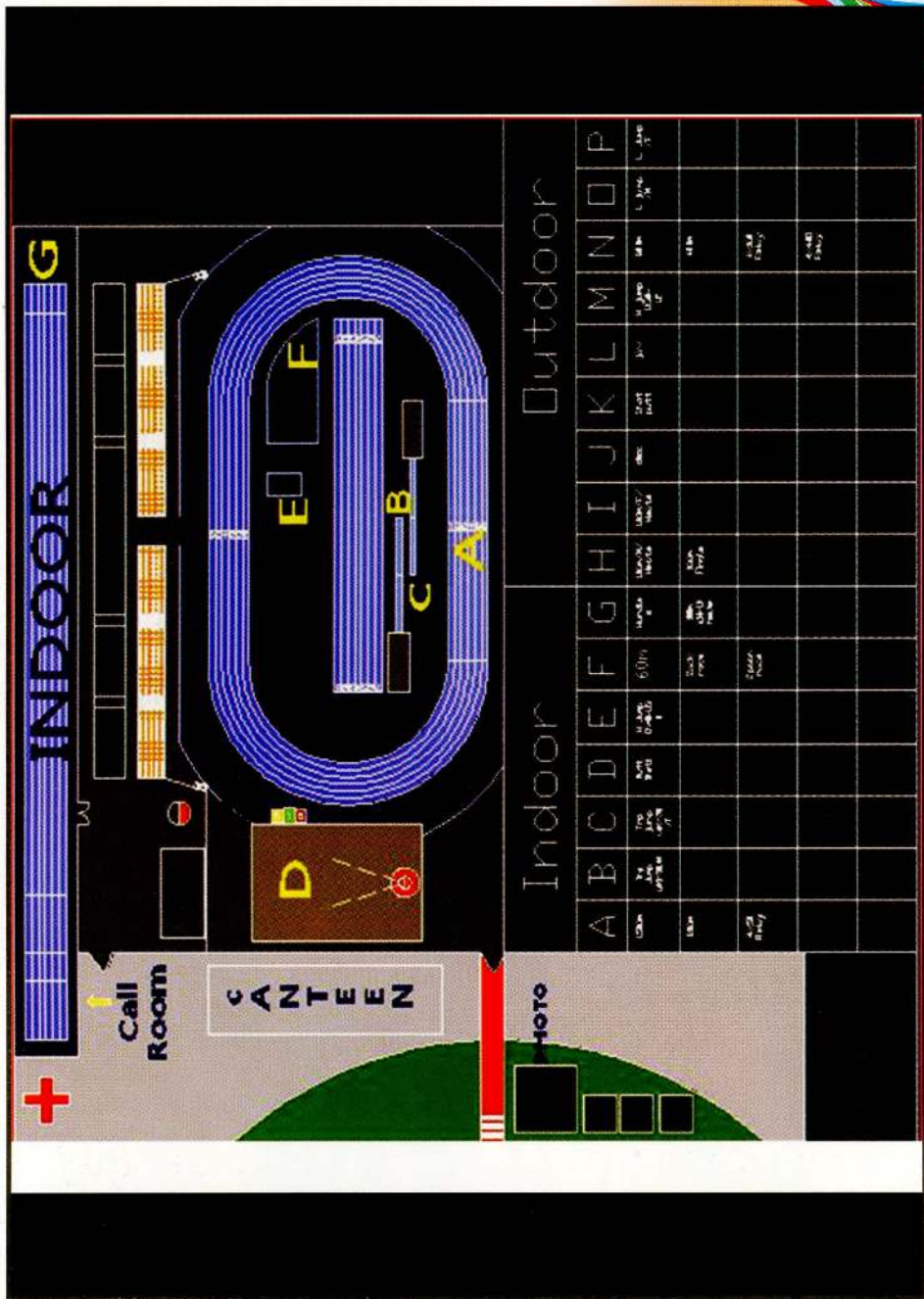
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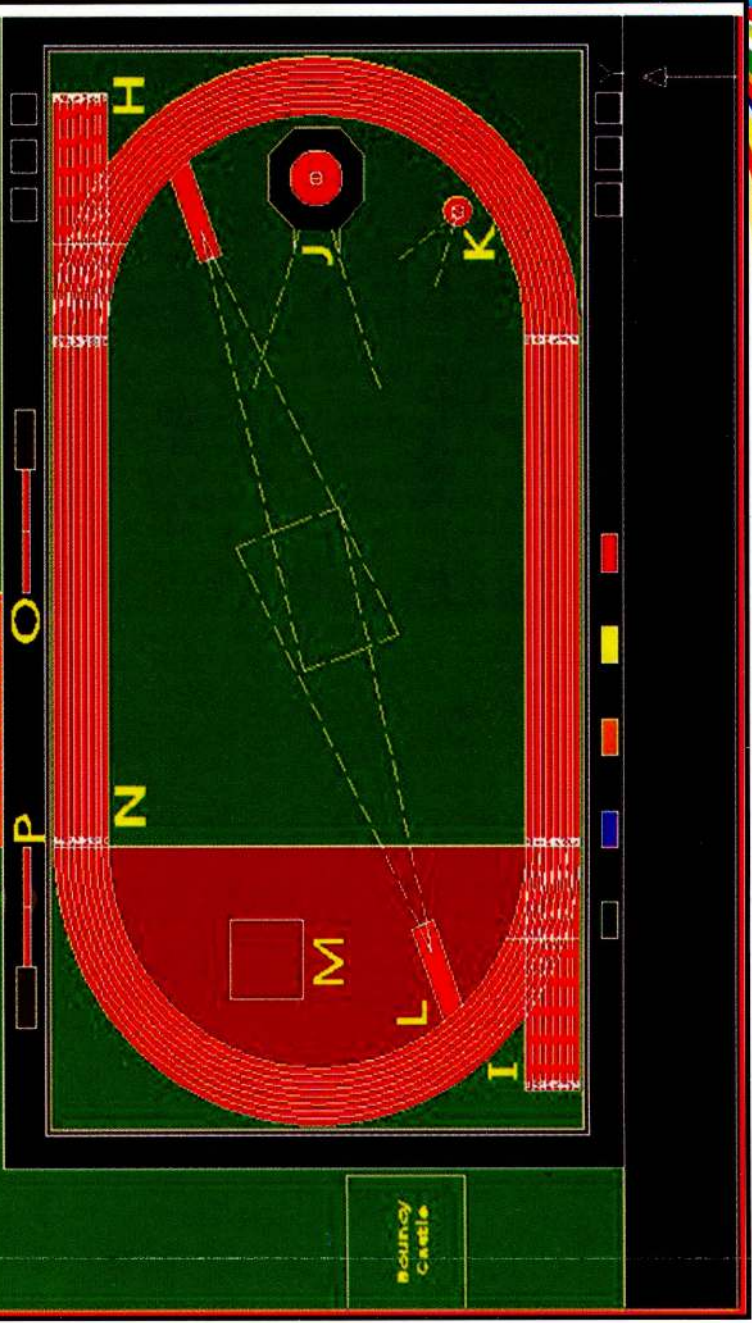


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2. Badminton	10-15	30 min	Badminton set
3. Basketball	10-15	30 min	Basketball
4. Football	10-15	30 min	Football
5. Hockey	10-15	30 min	Hockey stick
6. Judo	10-15	30 min	Judo gi
7. Karate	10-15	30 min	Karate gi
8. Lawn Tennis	10-15	30 min	Tennis racket
9. Netball	10-15	30 min	Netball
10. Table Tennis	10-15	30 min	Table tennis set
11. Volleyball	10-15	30 min	Volleyball
12. Wrestling	10-15	30 min	Wrestling mat



Bouncy Castle

A Message from

## Orange House Manager



“உறுதி பெற்ற உடலிலே உயர்ந்த சிந்தனை எழும்”.  
“HEALTHY MIND IN A HEALTHY BODY”.

“யாழிணிது குழழிணிது என்பர் தம்மக்கள் மழுலைச் சொல் கோளாதோர்”. அதே போலவே படிப்பு - ரியூசன் என்று கல்வியை மட்டுமே முதன்மையாக கருதுபவர் விளையாட்டுத்துத் துறையின் மேன்மையையும், அதன் பரிமாண உண்மைகளையும் புரியாதவர்களாவர். கல்வி கற்றவர் வேறு, கல்வி அறிவு பெற்றவர் வேறு. கல்வி அறிவு பெற்றவர்தான் விளையாட்டுத்துறை சார் கல்வியையும் சமமாகக் கொள்வர். கல்வி அறிவுக்கு உடற்பயிற்சி இன்றியமையாததாகும். சில நோய்களுக்கு மடியிலே ஓடாதம் (மருந்து) உண்டு. அது போலவே எல்லா நோய்களும் எமது உடலையும், உள்ளத்தையும் அணுக முடியாத அளவிற்கு நாம் இளமையில் பெற்ற உடல் வலிமை தான் காரணம். இந்த உடல் வலிமை, சம உணவு முறையாலும், உடற்பயிற்சியாலும் மட்டுமே பெற்றுக் கொள்ள முடியும். எவ்வளவு பணம், பொருளாதாரம் இருந்தாலும் நோயை குணமடையச் செய்ய முடியாது. மனஅழுத்தம், குருதிஅழுக்கம், நீரிழிவு, கொலஸ்டிரோல் போன்ற உடல் உபாதைகளுக்கு மருந்துவர்கள் தரும் முதல் அறிவுரை மருந்துதான் உடற்பயிற்சியாகும். நமது பெற்றோர்கள், பெரியோர்கள் இதுபற்றி நன்றாகத் தெரிந்திருந்தும் தங்கள் பிள்ளைகளின் ஆரோக்கியமான எதிர்காலத்துக்கு போதிய கவனம் செலுத்தத் தவறுவது அவர்களது அலட்சியப்போக்கும், விழிப்புணர்வு இல்லாமையும் காரணங்களாகும். “நோயற்ற வாழ்வே குறைவற்ற செல்வமாகும்”. மனநிறைவு, மன அமைதி மட்டுமல்ல, எமது சிறார்கள் திசைமாறாது நல்நெறிப்படுத்தி நற்பிரசைகளாக்குவது விளையாட்டுத்துறையாகும்.

உடற்பயிற்சி, விளையாட்டு பல துறைகளை உள்ளடக்கிய போதிலும், முதன்மையானது மெய்வல்லுனர் திறனாகும். மெய்யினால் (உடல்) வெளிப்படுத்தும் சாதுரியமே “மெய்வல்லுனர் போட்டி” ஆகும் . பாடசாலைகளிலும், கல்லூரிகளிலும் தேசமட்டத்திலும் முதன்மைப்படுத்தி களைக்கடி ஆரம்பித்து வைப்பது அணிநடை (MARCH PAST) நிகழ்வாகும். அணிநடை தொன்று தொட்டு பாரம்பரியத்தை எடுத்துக்காட்டும் இந்நிகழ்வு அருகி வருகின்ற போதிலும், “பிரித்தானிய தமிழர் விளையாட்டுச் சபை” (BTSC) அதற்கு முக்கியத்துவம் கொடுத்து வருவது பாராட்டுக்குரியதாகும். ஆயிரக்கணக்கான வீரர் வீராங்கனைகள் சார்பில் தனது துறைசார் இல்லங்களையும், (HOUSES) தேசங்களையும் (NATIONS) பிரதிநிதித்துவப்படுத்தி அறிமுகம் செய்து வைப்பது அணிநடை குழுவாகும் (MARCH PAST SQUADS).

அணிநடைக்குழுவில் அங்கம் வகித்தவர் யாராக இருந்தாலும் தம் தேசத்தின், இனத்தின் காவலர்களாகவும் உயர் பதவிகள் வகிப்பவர்களாகவும் அமர்த்தப் படுவதற்கு தெரிவு செய்யப்படும்போது அணிநடைக் குழுவில் அங்கம் வகித்திருந்தவர்களுக்கு முன்னுரிமை வழங்கப்படுவது உண்மையாகும்.

ஒரு சிறு உதாரணத்துக்கு எடுத்துக்கொண்டால் நமது தாயகத்தின் விளையாட்டுத்துறை சாதனையாளன் கலாநிதி. ந. எதிர்வீரசிங்கமாகும். கல்வியைவிட விளையாட்டுத்துறையை அதிகம் நேசித்தவர். 1965களில் ஜப்பானில் நடைபெற்ற உயரம் பாய்தல் போட்டியில் தங்கப்பதக்கம் பெற்று, தான் சார்ந்த தமிழ் உறவுகளுக்கு மட்டுமல்ல இலங்கை தேசத்திற்குமே பெருமை தேடித்தந்தவர். விளையாட்டுத்துறையின் மேன்மைக்கு இது வெறும் போதனையல்ல பெரும் சாதனை. அதாவது ஒன்றை உயிராக நேசித்தால் உண்மையான சுவாசமாகக் கொண்டால் விளையாட்டுத்துறை மட்டுமல்ல வாழ்க்கையையே வெல்லமுடியும்.

இதற்கு களம் அமைத்து நமது வீரர், வீராங்கனைகளை தேசிய வீரர் பட்டியலில் தரம் உயர்த்துவது மட்டுமல்ல நம் தேசத்தின் நற்பிரசைகளாக உருவாக்கம் பெறவைக்கிறது “பிரித்தானிய தமிழர் விளையாட்டுச் சபை”. இவ்வாண்டு ஜூலை 4ம் நாள் மிகச்சிறப்பாகவும், பிரிமிக்கத்தக்க முறையிலும் பெரும் ஏற்பாடுகள் செய்து, இதற்காக உழைக்கும் அனைவரின் ஒத்துழைப்பும் வெற்றிப்பாதைக்கு எடுத்துச் செல்லும் “பிரித்தானிய தமிழர் விளையாட்டுச் சபை” மென்மேலும் வளர பாராட்டி வாழ்த்துகிறேன்.

ஆசிரியர்

**ச.ஜெயரட்னம்**

முகாமையாளர்.

பிரித்தானிய வெளியுறவுப் பிராந்தியம்.

Instructor of Physical Education // Kopay Christian College.

National Part- Time Soccer Coach- Ministry of Sports SL



## *Profiles of the Captains*

### *Orange House Captain (Female)*



**Jeyanthi**

Participated and won many medals in the Track and Distant jumps during the school days at Chavekacheri Hindu College. Favourite events are 100m, 200m and Long Jump. Very much committed to sports and raised all her three sons to be very talented Athletes participating in the school and regional level Athletic Meets. Participated in the mini marathon (6km) in 2004, 2005 and 2006 in Denmark. Determined to contribute positively to improve the performance of the Orange House with her athletic and leadership skills in this year's meet.

### *Orange House Captain (Male)*



**Jeevan**

Soccer Captain at Stanley College – Jaffna for Under 15, Under 17 and Under 19. Represented Cricket Team for the college as well. Won many medals in 100m, 200m and Disc Throw during his school days. He was an Athletic Champion for the age groups under 13 and under 15. Represented Colombo Hindu College 1st eleven soccer team. He won Gold Medals in Disc Throw and 800m and a Bronze medalist in the 1500m in the British Tamils Athletics Meet 2008.

A photograph of the Banana Leaf restaurant storefront. The sign above the entrance features the brand name 'Banana Leaf' in a green script font, with the tagline 'taste with tradition' and a green chili pepper icon. Below the sign, a banner reads 'FINEST NORTH, SOUTH INDIAN & SRI LANKAN CUISINE'. The interior of the restaurant is visible through the glass doors, showing staff members in white uniforms.

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The Banana Leaf logo is presented on a large, vibrant green banana leaf. The leaf's veins are clearly visible, creating a natural, textured background for the text. The brand name 'Banana Leaf' is written in a white, elegant script font with a subtle drop shadow.

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A Message from

## ***Blue House Manager...***



I wish you all the success of a diversely, dynamic sporting event. May I also ask all the participants and their supporters to cooperate with the organisers to finish these events successfully, on behalf of our Tamil community. This is our 2nd event, and through the planning of this event I can see how greatly we have improved, in organising and recruiting participants for this day.

The South East Organisers have made aware the value of this event to not only the participants, but also the Tamil community. The fact that there are more pupils involved in this event than last year is evident of the value being realised. We wish to continue these events for forthcoming years.

Our Tamil community needs to change the habit of giving only education to our younger generations. I strongly believe that as humans, we need to first learn discipline through; Education, Sports and Cultural (Music, Dance, Instrument...) activities to make our life meaningful.

These events give an opportunity for our Tamil community to gather, socialise and express our talent, creating a unity amongst us. And also remembering our Homeland life. We are creating the Dynamic Diaspora through this event.

Finally thanking you for giving me this opportunity.

**Mr. S. Thavaseelan**

Manager  
Blue House  
SE London





## Profiles of the Captains

### *Blue House Captain (Female)*



**Ninthusha**

Young, active and talented Ninthusha is an old girl of Vembadi Girls College of Jaffna. Played Netball for the Venus Club in Puttur. Shown her ability of leadership and organization skills in many clubs and associations she got involved. Marshal Arts lover and a GREEN belt holder in Karate.

### *Blue House Captain (Male)*



Won many athletic medals back home during his school days at Jaffna Vaitheeswara College and Vavuniya Vipulanantha College. Learning Karate and currently holding Brown Belt. Participating 100m, 400m and Disc Throw at this year's British Tamils Athletics Meet and very determined to perform well and positively contribute to the success of the Blue House.



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A Message from

## Yellow House Manager...



It gives me great pleasure to be involved in such a high profile event within the Tamil Community and I am very proud and privileged to be participating as the Yellow House/ North East London Regional Manager.

I would like to take this opportunity to thank my right hand man Mr. Ratnarajah who has helped me immensely in creating a platform for all our Yellow House achievements.

There are so many other people behind the scenes that deserve a big mention, without these people none of this would be possible. I am extremely grateful to everybody that has given up so much of their precious time and I would just like to add that the time that they have invested in to this project has always brought us success.

Acorns grow in to oak trees and by organizing this high profile event I truly believe that this will eventually springboard the whole Tamil Community in to the world arena of athletics and it is my dream and every other Tamil athlete's dream to one day represent the Nation of Tamil Eelam at the greatest event on the planet, The Olympic Games. This is the BTSC's main goal and if they ever require my assistance I will be only too pleased to assist them in reaching this historical milestone.

I do not believe that participating in sports activities diverts a person away from their educational responsibilities in fact I believe it has great benefits for all concerned.

A healthy body results in a healthy mind and participating in these kinds of activities not only unites our community but it also creates a healthy community full of love and respect for one another.

I would just like to wish all participants in British Tamils Athletics Meet 2010 the very best of luck in all their events.

Thank you and God Bless You All

### **Uvarajah Rubaraj**

Manager Yellow House

Athletics Captain 1992- Mahajana College-Tellipallai  
Sports Council Vice-Chairman 1998 - University of Jaffna  
Gold Medalist 1999 (Professor Thurairajah Memorial)



## Profiles of the Captains

**Yellow House Captain  
(Female)**



**Licitha  
Sundaralingam**

Licitha Sundaralingam known as Lici has been actively involved in various sports activities in the North London area and contributed towards the upbringing of the Yellow House. Lici was a Gold Medalist in the Long Jump at the British Tamils 2008. She is a Netball Team leader of the ETSSC. She was a Basket Ball Team captain between 2004 and 2006 at the Hayes manor School.

**Yellow House Captain  
(Male)**



**Kandasamy  
Jatheeskumar**

Kandasamy Jatheeskumar fondly known as 'King Jathy' has pursued an interest in athletics that easily spans over three decades. His love for the track and field has gained him recognition both in Sri Lanka and the United Kingdom as a highly committed sports personality. Jathy's unwavering determination to be a successful athlete has been fuelled by his belief that hard work and a positive attitude can make your dreams a reality. Jathy was a Champion Under 40 age group in British Tamils Athletics Meet 2008 sports meet winning Gold Medals in 200m, 400m and long jump and a member of the winning Relay Team.

# BRITISH TAMILS ATHLETICS MEET OFFICIALS

## Honorary BTSC Representatives

Governors of BTSC

Dr Theivendra, Mr K Chetty, Mrs Thavatheva, Mr Regi Ansalmar, Mr Ananthakumar

Jury of Appeal

Dr Theivendra  
Mrs K Thavatheva  
Kengai PS Chetty  
Mr Kanagathurai  
Mr R Vijayakumar

Competition Secretary

Loga Pradapan  
Assistants:  
Romy Edward Samuel

Call Room  
Manager

Joy Pooranachandren

Events Presentation  
Manager

Outdoor: Mr Sriranjana  
Indoor: Mr. Jeyaseelan

Event Official & Coordinators

Track Event

Kalavannan

Filed Event

Jeyarajah

Children Event

Mrs Skandadeva

March Past

Jeyaratnam

Referee  
Indoor

R. Vijayakumar

Referee  
Outdoor

G T Singam

Referee  
Indoor - Balcony

B. Kalamohan

Jumps In charge

Throws In charge

Event Officialas

Event Judges

LJ 1 LJ 2 HJ 1 PS Jav Dis  
11 11 11 11 11 11

Field Referees

Mr. R.Eesan  
Mrs Banureka Muralaetharan  
Mr Pakiaraja

Mr Mylvakanam  
Mr Pakiaraja  
Mrs G Vijayatheva  
Mr K Vasanthakumar  
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# What an Experience!

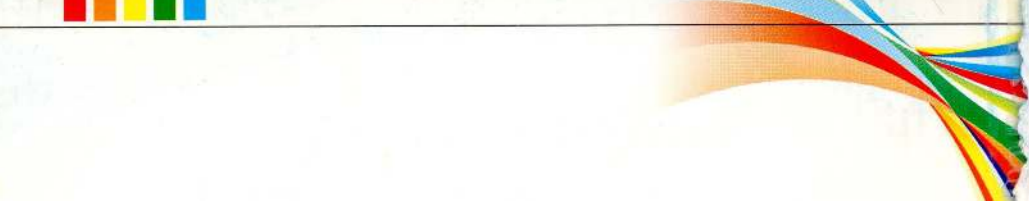
By **Banuja Murugamoorthy**  
Green House Captain 2008

I felt very special and privileged to take part in this event and be in this spectacular Lee Valley Stadium. The event began with a mind blowing opening ceremony, where there was traditional Tamil dance performance, followed by march-past of the five regions. I was very impressed with the small children being so discipline and following commands when marching around the stadium. I have never seen a march-past well done by children small age as 8 doing it so well.

I had the opportunity of my life time when I was asked to light the Olympic torch, I felt so happy that I can't describe with words. When I ran around the stadium with the torch in my hand, all that was in my mind was to win the events in which I was taking part and make the people who gave me this opportunity proud.

I have taken part in 100m, 200m race and high Jump. 100m race I was confident in because I used to run for my school, but when I ran 200m felt the pain in my leg and I had a very competitive people who ran with me. I was trying very hard to run when I caused my muscle tissue to rip and twisted my ankle, but lucky me I still made it to the end finishing line 1st. I found it very hard with the high jump because the technique which I have learned and used to practise was not right, so when I went on that day I found out that I need to learn a whole new technique to perform well. With the support of the other athletes there I managed to learn and became 1st. It was not only a day of competition but also a fun day out with my family.

When the day was coming to an end, the whole crowd was inside the in door stadium waiting for the results to be announced. First they announced the individual sports winners



and moved to the group champions, my brother won the group champion for under 12, which made me very happy. When I heard my name being announced for Under 25 girls' champion, I wanted to jump up in the air, and scream out loud. But unfortunately I was hopping my way to collect my trophy, as I could not walk because of my injuries. But when they announced the house winners and said Green House – THE CHAMPIONS OF 2008, I ran to the stage with excitement to collect our trophy. I still don't know how I have done that it must be the energy inside my body blasting out and showed our teamwork. We all in the green house worked very hard to achieve 1st place.

I would like to take this opportunity to thank every one who was supporting me through out the event and also after the event; even after 1 month of the event a member of the BTSC helped me through my injuries by taking me to a physiotherapist and help to recover. I am still thankful to him.

I have not only gained a trophy by winning in the events but also gained a lot of new friends and well-wishers. I would like to particularly thank Sivakumar uncle, who wanted me to take part in this event and gave support through out and also Pradhaban who was there for me when I needed. Thank you to all my friends and family for the support you gave.



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Under 8 (Female)	Kajanthana	Karunanantham	Yellow
Under 8 (Male)	Shajith	Jeyakrishnan	Yellow
Under 10 (Female)	Laxzhaini	Sreetharan	Purple
Under 10 (Male)	Nirushan	Parameswaran	Purple
	Sooryakumar	Uthayakumaran	Yellow
Under 12 (Female)	Aarabi	Mahendran	Green
Under 12 (Male)	Dirosan	Yogasivapalan	Green
	Rajeeth	Murugamoorthy	Green
Under 14 (Female)	Natalie	George	Red
Under 14 (Male)	Kokilan	Yokachandran	Yellow
	Archjunan	Pooranaswaminathan	Red
Under 16 (Female)	Miruthanga	Uthayarajan	Red
Under 16 (Male)	Madushanth	Jude Ronil	Green
	Mervin	Mahendreen	Green
	Prakash	Ananthaseelan	Green
	Jasper Aswin	Raja	Yellow
Under 19 (Female)	Suganiya	Nadaraja	Green
Under 19 (Male)	Vinoth	Varatharajan	Purple
Female Under 25 (Female)	Banuja	Murugamoorthy	Green
	Kaniseya	Nadarasa	Green
Under 25 (Male)	Manoprasad	Balachandran	Red
Under 30 (Female)	Tharshanthy	Mohans	Purple
	Yalini	Prabhakaran	Red
Under 30 (Male)	Ravikumar	Thurairajah	Red
Under 35 (Female)	Sivanjala	Pothanathan	Green
Under 35 (Male)	Navajeevan	Pararajasingam	Red
Under 40 (Female)	Rojaparam	Soosaiayah	Blue
Under 40 (Male)	Kandasamy	Jetheeskumar	Yellow
Over 40 (Female)	Malini	Ketheeswaran	Yellow
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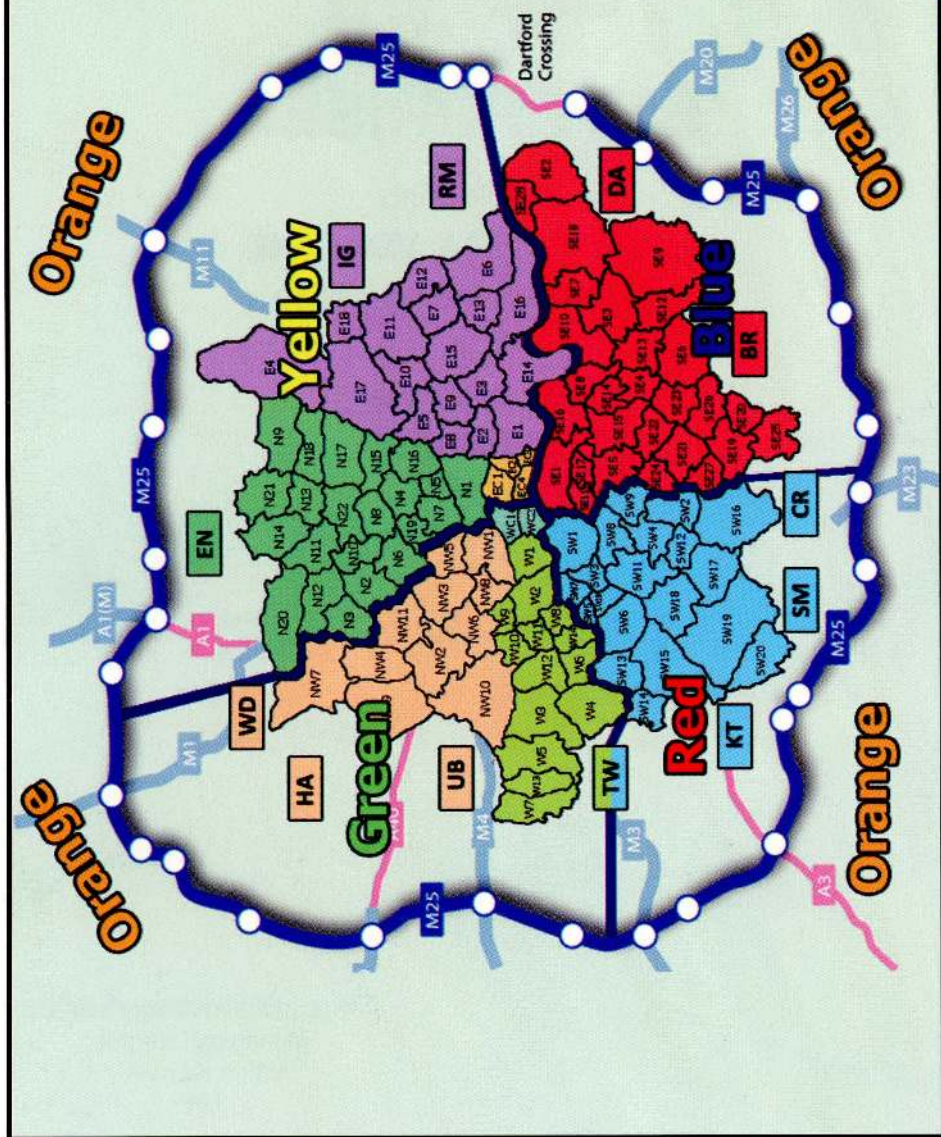
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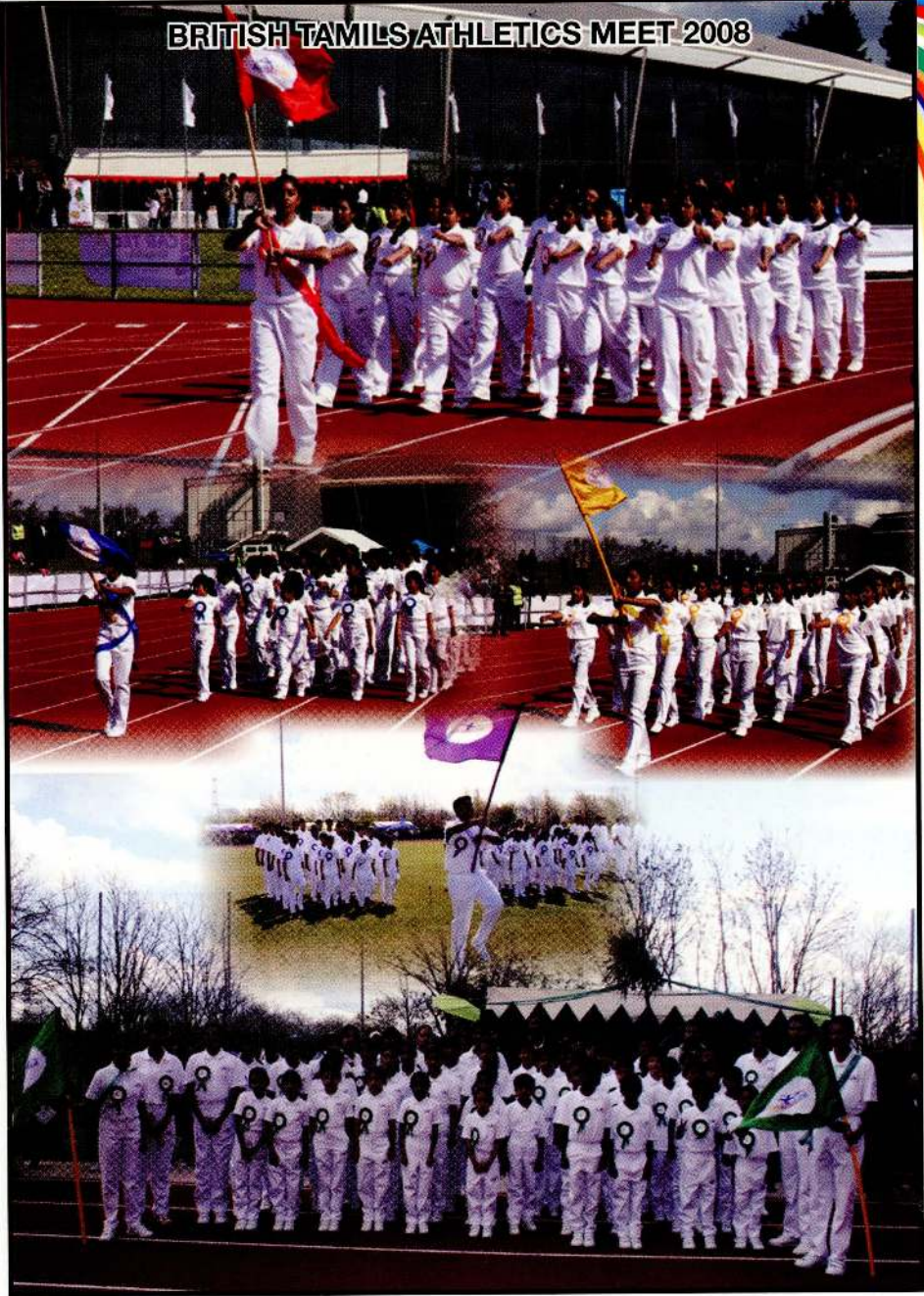
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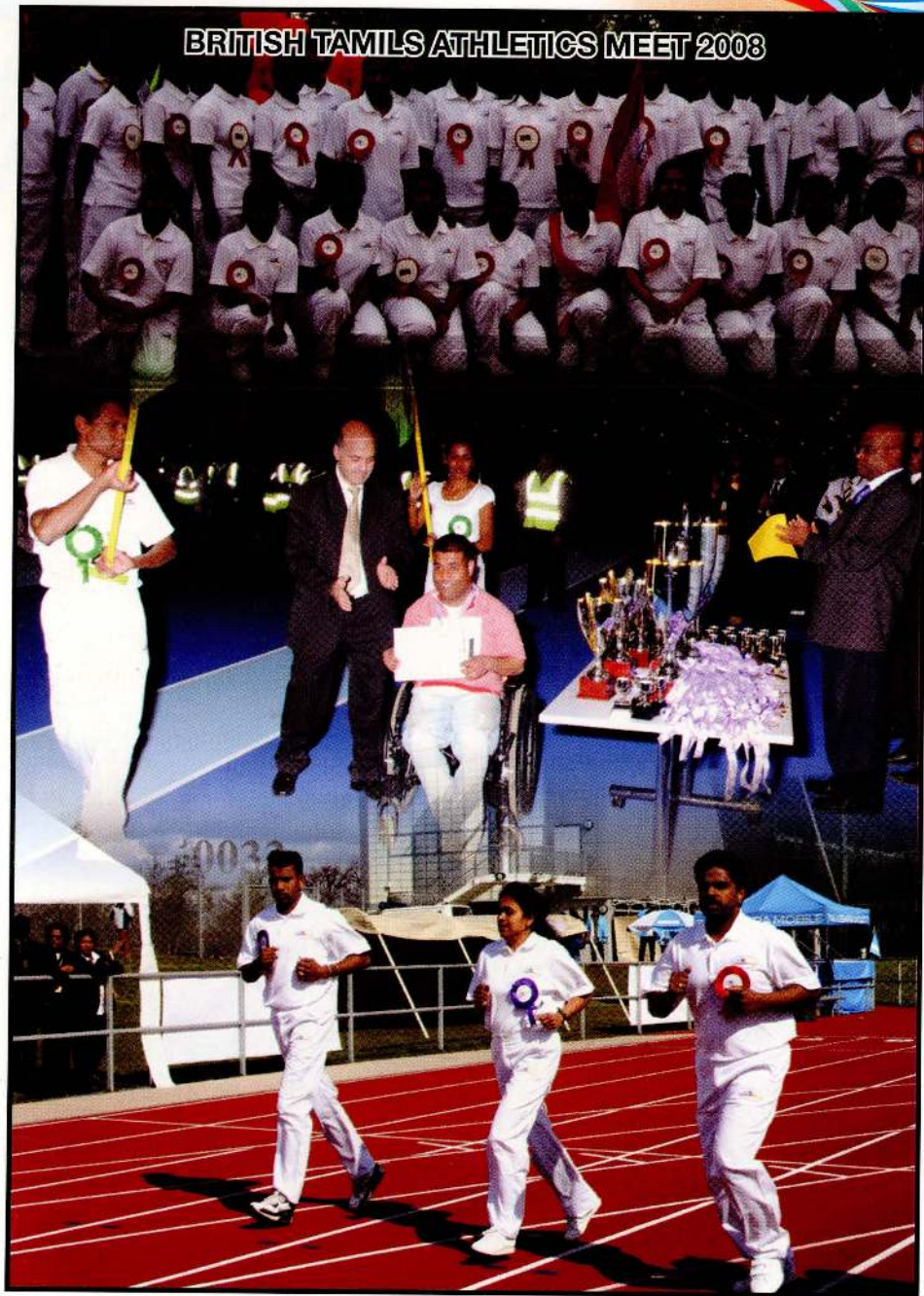




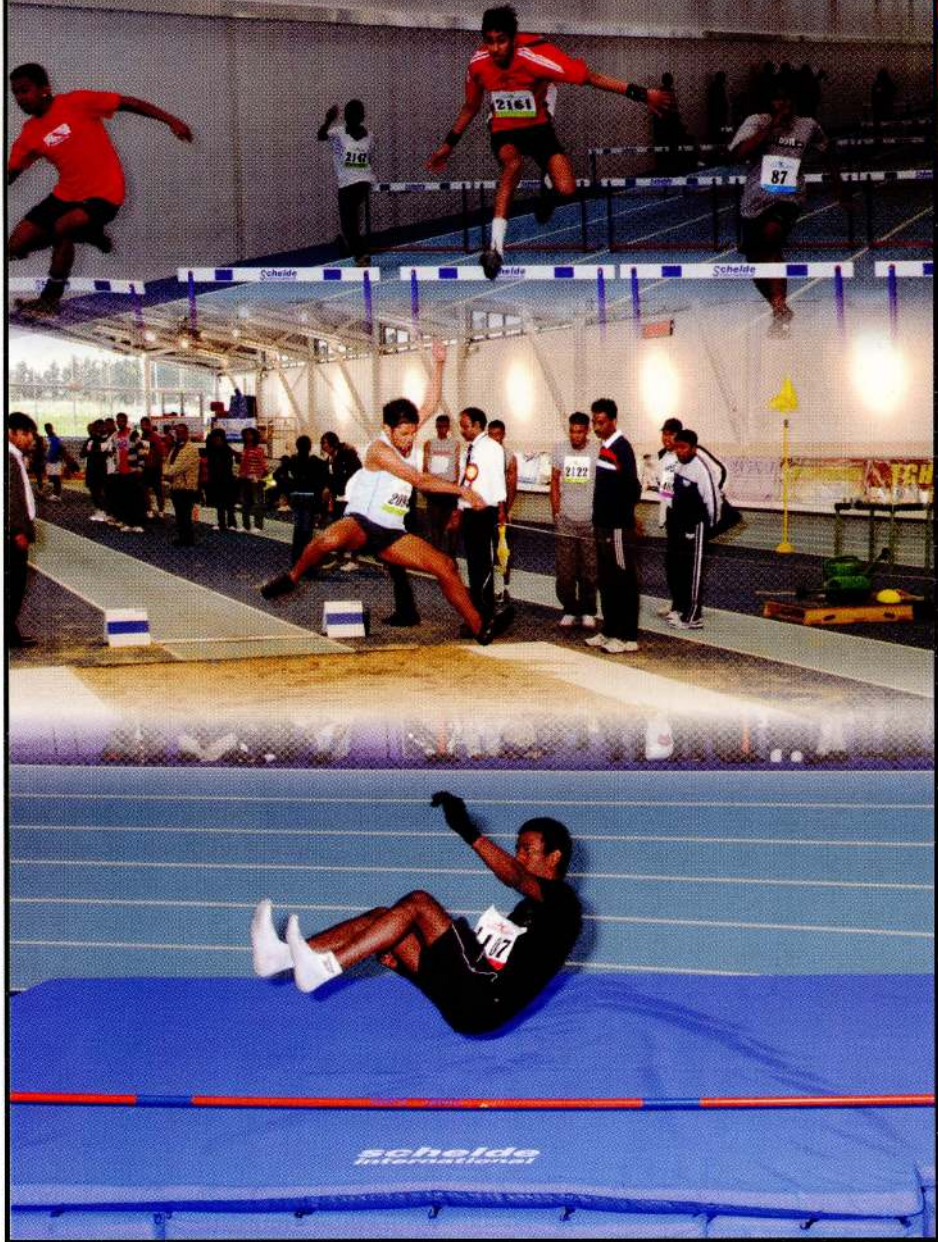
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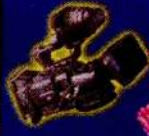
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