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MIRROR THAT REFLECTS THE TAMIL COMMUNIT





Sri Lanka and India sign a massive contract.

What is it mean for the Sri Lankan Tamils?

Sri Lanka has accepted an Indian Government proposal that will see New Delhi head quartered Petronet LNG Ltd. (PLL) supply liquefied Natural Gas (LNG) at the rate of 40 containers a day to plants in Kerawalapitiya.

The Gas will be shipped from the port of Kochi, South India then taken to the power plants run by Sri Lanka's LTL Holdings Ltd in Kerawalpitiya by road.

Over the time the shipments could be increased to 60-70 containers a day. Sri Lanka last year suspended a proposal for China Harbour Engineering Company and Pakistan's Engro Corporation to develop a floating storage and re-gasification unit at Kerawalapitiya and an offshore and onshore re-gasification LNG transmission pipeline network with an onshore receiving facility, etc.

Due to economic conditions it was not feasible its been reported. It was also reported that this is similar to the Indian and Sri Lankan governments passing off the Adani contract for the wind power plants in the North as Government -to-Government by virtue of Adani Green Energy Ltd. being India's nominee.

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It is true that India being the immediate neighbor helped Sri Lanka during the economic turmoil.

Thus Sri Lanka should be grateful and give priority when it comes to economic deals. At the same time there is a chance India being compromised and Sri Lankan Tamils should be concerned.

Sri Lankan Tamils feel that its only India which can bring about a lasting solution to the Ethnic issues in Sri Lanka although it's a separate country.

In 1987 India signed the Indo Lanka deal without consulting the Tamils of the Island. During the past 37 years eight Sri Lankan presidents have come and gone but none of them fully implemented the 13 th Amendment brokered by India.

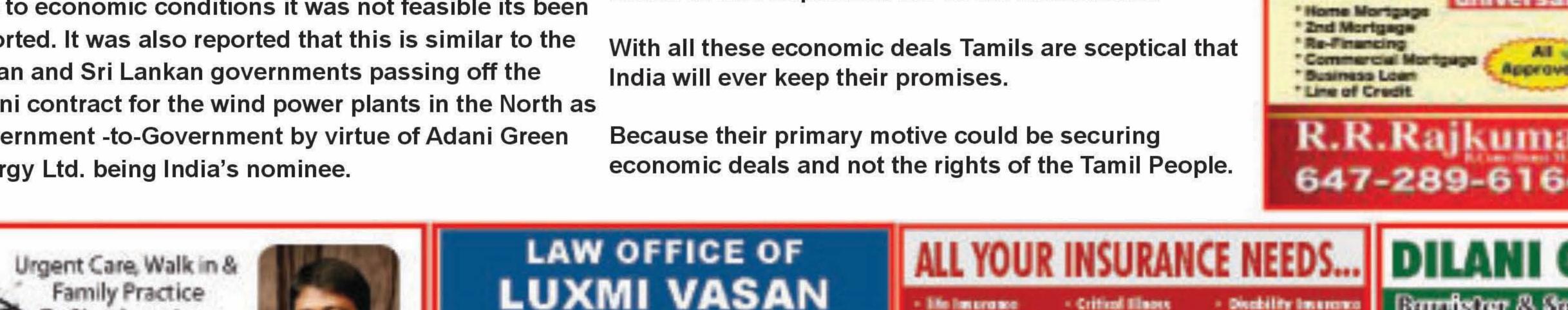
India merely released statements time to time that Sri Lanka should implement the 13 the amendment.

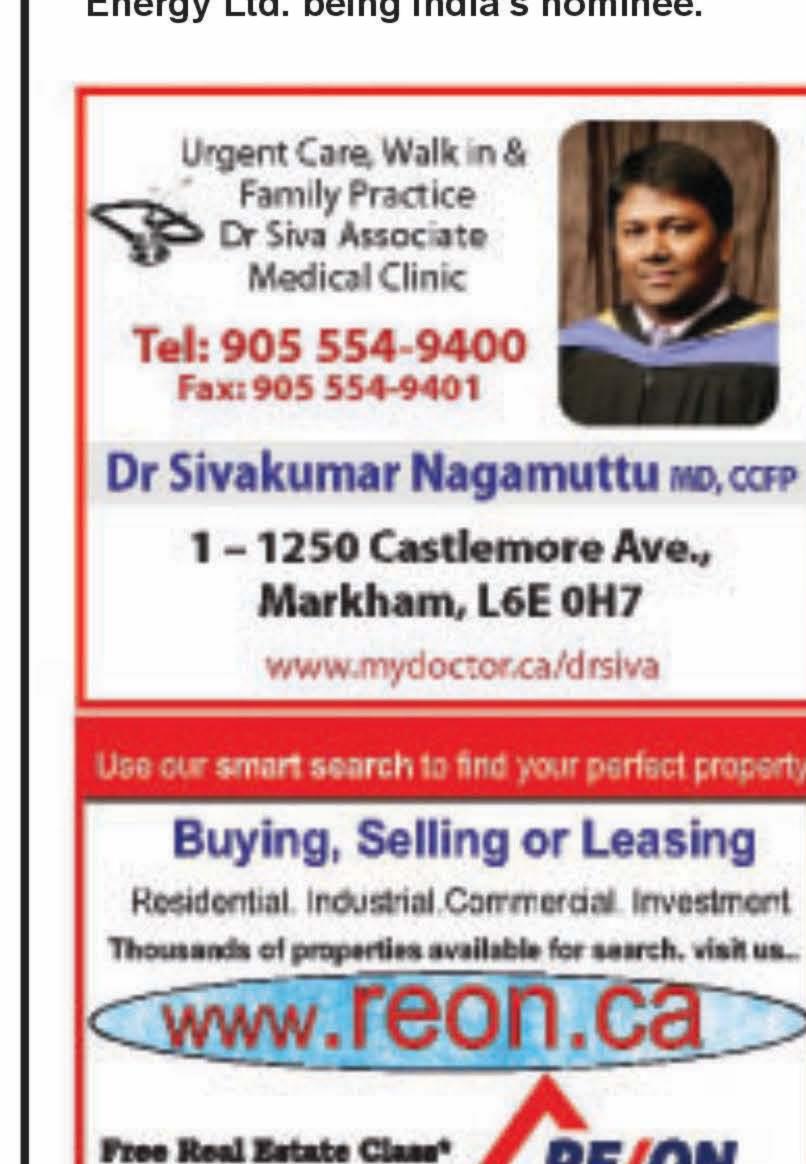
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Tamils all over the world seek the assistance of the world leaders to ensure Sri Lanka's Compliance with UNHRC' Resolutions

Eelam Tamils in Sri Lanka and Tamils all over the world are very deeply concerned in relation to Sri Lanka's past human rights violations including war crimes and the very minimal steps taken by Sri Lanka so far to uphold accountability and dispense justice to the victims which is long delayed and has been remaining in cold storage since the Human Rights Resolutions of:-

- 1). 19/2 of 22 March 2012
- 5). 34/1 of 23 March 2017
- 2). 22/1 of 21 March 2013
- 6). 40/1 of 21 March 2019
- 3). 25/1 of 27 March 2014
- 7). 46/1 of 23 March 2021
- 4). 30/1 of 01 October 2015

Being the holders and serving as core members, Tamils all over the world are fully confident and hopeful that UNHRC would initiate appropriate measures and actions to deal with Sri Lanka's dilly-dallying and deceptive tactics including elusive approach and attitude to defeat, discard and devalue most of the Human Right Councils' Recommendations which have been lying dormant and action less so far in the cold storage.

It is important to note that Sri Lanka has only performed the following lame duck actions namely the setting up of an Office of the Missing Persons in 2016 and the passing of the EnforcedDisappearances Act of 2016.

Sad to state that the Office of the Missing Persons (OMP) Office is dysfunctional and breathingfor life viewing its cessation of actions and operations.

Although the Enforced Disappearances Commission set up in 2018 received credible and substantiated personal and written complaints of about 16,000 disappearances, this Office also appears to be remaining frozen and inactive without any activities and has distressingly failed to initiate required and necessary follow ups for the investigations of credible complaints received.

Not one single person alleged to have been forcefully disappeared has been produced leaving the victims to prolong to endure and suffer the miseries and pains caused by their missing relatives of the families. It should be noted that the fasting and sit-in-campaign of victims including relatives and mothers of the disappeared is still continuing even after the lapse of 2300 days since the fasting campaign commenced in the Mullaitivu and Vavuniya districts in the North of Sri Lanka.

Tamils all over the world seek the assistance of the world leaders to rein in Sri Lanka and call on it to implement UNHRC's Recommendations to ensure accountability and justice is dispensed without any further delay to the victims of the genocidal crimes allegedly committed by Sri Lankan security forces in the past particularly during the war between 2006 and 2009.

It is very important to note that so far 180 grieving relatives have died while participating in the sit-in-protest for more than five years.

It is time for the International Community to consider imposing political, economic and diplomatic sanctions against Sri Lanka and its officials including Sri Lankan security forces alleged to have committed war crimes etc. in order to uphold accountability and justice and also to prevent the recurrence of commissions of crimes by state and security officials who are still continuing to enjoy Sri Lanka's entrenched culture of impunity.

In conclusion, it is up to the International Community to consider one or more of the following options in the interests of justice and accountability including rule of law to ensure full compliance with Provisions of UNHRC and United Nations' Charters.

- . Referring Sri Lanka to the International Criminal Court [ICC] by a member country of the ICC or by the Security Council.
- 2. Resort to the exercise of Universal Jurisdiction by a member country which has accepted it.
- 3. Imposing appropriate sanctions on alleged war criminals like former President Gotabaya Rajapakse, his brother and war time President Mahinda Rajapakse etc under therecognized principle of command responsibility. ernal judicial mechanism as promised by it.





4. Calling on Sri Lanka to hold a Referendum in the North and East of Sri Lanka to ascertain the final option of the people living in these Provinces of Sri Lanka. 5. To consider setting up of an international investigative mechanism as Sri Lanka isdelaying the setting up of the internal judicial mechanism as promised by it.

It should be noted that the UNHRC draft Resolution has for the first time acknowledged the "Underlying governance factors" which impliedly refer to the bad governance of all Sri Lankan governments including discriminatory measures and actions against minority communities particularly Tamil people, and upholding its entrenched culture of impunity for serious human rights violations and abuses perpetrated by the governments for a long period of time.

The Resolution acknowledges that as long as these practices continue, the rule of law and reconciliation with affected communities particularly Tamil People would remain elusive forever with the root causes continuing to affect the economy and political stability while feeding communalism and racism.

Eelam Tamils in Sri Lanka have seen, heard and experienced years after years of conflicts due to various reasons by the fellow community of different races or nations which have made this world dangerous for its continuous existence and survival and has now come to a state of heading towards a nuke war among nations. It means a complete annihilation of all living beings on this planet mother earth.

The leaders of the countries must therefore take bold steps to bring forward a strong world order to have a peaceful life for all living beings sharing the mother earth. Thus the UN shoulders a strong responsibility and obligation to work towards the whole humanity and not for favored people or nations.

The world Tamil community and the upright people of the world are frustrated the way UN Resolutions were drafted and implemented. They have no strong binding force on the particular country's offenders to adhere and comply with the passed Resolutions and they do not fully reflect the High Commissioner's Reports of the violations.

Due to the vague wordings and non-power of implementing, Sri Lanka simply doesn't even talk to the people of Sri Lanka about such Resolutions and its effects. The ruling political leaders of Sri Lanka do not like their Sinhala ethnic majority community to know the war crimes committed against the Tamil ethnic minority by the successive governments and armed forces.

A good example is Sri Lanka where the ethnic war ended in 2009 May. So far, a number of Resolutions have been passed in UNHRC pointing out the war crimes, crimes against humanity and International human rights violations etc. amounting to genocide. All these took place against a particular Tamil national ethnicity, but not one of the UNHRC Resolutions stated that the affected people are Tamil Nationals. Why is this impartiality?

There is nothing wrong in calling a spade a spade. Now 14 years have passed since the end of the war. A good number of relatives of victims are dead without seeing justice for their lost ones. The armed forces and political leaders who committed the war crimes and crimes against humanity etc. and will die without facing the due justice for their crimes and without any punishment due to the entrenched Sri Lanka's culture of impunity. The above-mentioned ineffective Resolutions serve nothing to anyone but only will be dragged on endlessly until the heat is cooled and forgotten at last while abandoning the victims desolate and desperately searching for remedies for their long-standing grievances.

"Justice delayed is justice denied".



By: Thambu Kanagasabai, LLM [London] Former Lecturer in Law, University of Colombo, Sri Lanka. & President, Tamil Canadian Elders for **Human Rights Organization.**

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Renting? Why you should look into tenant's insurance

(NC) If you're renting, having the right tenant insurance coverage is essential and may protect you and your finances when you need it most.

To make sure you're covered, you'll need a policy that suits your unique needs. Here's what you should keep in mind if you're shopping around this summer.

You're worth more than you think. Even if you're renting, it's important to take a personal inventory of everything you own. Many people underestimate the value of their belongings, sometimes thinking they don't need to insure them at all. If you ever need to submit an insurance claim, it's always useful to have an inventory list that indicates the full retail value of the items in your home as you may be eligible for reimbursement in the event of an emergency. This list can include items such as furniture, jewellery, money, family heirlooms and electronics.

Shop around. Not every insurance policy is made the same, and it's important to find the policy that best suits your needs. The right insurance provider will make it very easy to understand what's covered and what's not and can help simplify the process.

Know your factors. Tenant's insurance is not one-size-fits-all and it's important to know the factors that may affect your rates. Premiums vary from one person to the next based on things such as the amount of coverage you need for your belongings, where you're located and your claims history. Insurance providers, such as Belairdirect, offer personalized insurance and will work with you to ensure you have the coverage that you need.

If you're still considering if you need tenant insurance, remember it can provide peace of mind and can help you get back on your feet after a covered incident. Many people think tenant insurance just covers your belongings, but if you're displaced and need temporary housing as a result of a covered incident you may be reimbursed for additional living expenses. In the event of an accident, your liability coverage may protect you if you cause accidental damage to the property – whether to your unit or to the whole building. Insurance is too important to be complicated. Learn more at **belairdirect.com**.

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Semi-Detached	\$1,282,973	\$1,176,445	\$818,247	\$970,847	\$1,041,788
Townhouse	\$1,319,736	\$1,162,081	\$832,350	\$891,038	\$1,028,453
Condo Apt	\$763,148	\$706,105	\$578,306	\$612,069	\$689,952
Total # New Listings	6,820	3,160	2,232	3,275	1,765
Total # Active Listings	9,623	4,253	2,182	4,159	2,284
Total # Sales	2,236	1,082	877	1,120	659
Avg. Listing VS Property Days On Market (LDOM/PDOM)	20/30	22/32	15/22	21/33	20/30
YOY Avg. Price Change	0%	-2%	-1%	-3%	0%





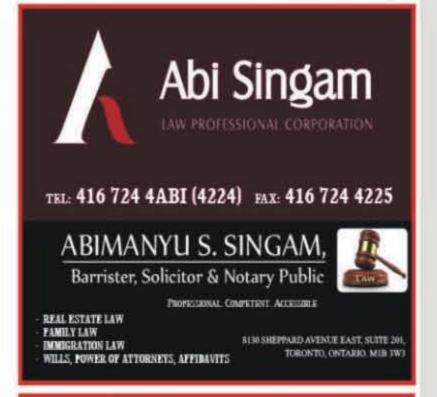


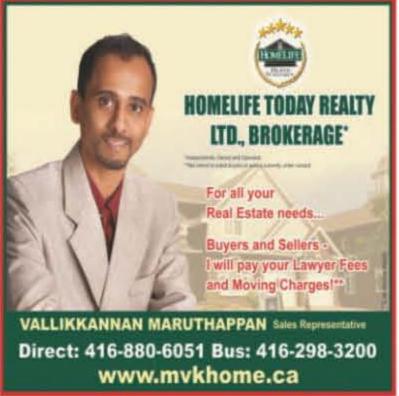


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'Bharathanatya Salangai Poosai' of Sayanika (11) and Sahana (8) Jayanthan, June 29, 2024.

Miss Sayanika (age 11) and Sahana (age 8) Jayanthan, Disciples of Tmy. VanithaKugenthiran, (M.Phil) successfully completed their Bharathanatya Salangai Poosai, on June 29, 2024, at Whitby Courthouse Theatre. Miss Sayanika Jayanthan is 11 years old and has been learning Bharathanatyam under the guidance of Tmy. Vanitha Kugenthiran from the age of 7. She has completed Level 3 at the International Centre for Fine Arts Canada. She is a grade 5 student at Dan Vinci Public School, Ajax. She also attends, French, swimming, piano and art classes. She is also fluent in English, French and Tamil.

Miss. Sahana Jayanthan is 8 years old and has been learning Bharathanatyam under the guidance of Tmy. Vanitha Kugenthiran from the age of 4. She has completed Level 2 at the International Centre for Fine Arts Canada. She is a grade 3 student at Michelle Jean French Immersion Public School, Ajax. She also attends, French, swimming, art and gymnastic classes. She is also fluent is English, French and Tamil. Dr. Suryakala Chandrika Jeevanantham was the Chief Guest. I congratulate the students, their Guru above all the parents, without their dedication, perseverance, and hard work this



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Why Canadians are living longer – and what that means for retirement

(NC) Life expectancy in Canada is currently about 83 years. Fifty years ago, it was about 73 years.

Can we expect that trend to continue? Can Canadians a half-century from now really expect to live another 10 extra years? According to UN population data, mortality rates have steadily declined for the past century in Canada and across the developed world. This corresponds with improvements in our diet, public infrastructure such as sanitation and waste treatment, safety standards, and the availability and quality of public health institutions such as hospitals and childhood immunization programs.

Can the life expectancy boost from these changes be sustained, or will these gains naturally trail off? And what new factors do we have to consider? Actuaries are risk assessment professionals who advise on things like government policy on pensions and insurance. Some of them spend a lot of time considering life expectancy and the factors that affect it.

In looking for answers, they find that many of these advancements are a double-edged sword. Destruction of





natural habitat threatens the world's biodiversity. Pollution impacts our access to clean air and water. And microplastics can be found everywhere in the food chain.

Abundance has also contributed to an overall more sedentary lifestyle that can lead to health risks like an increase in Type 2 diabetes. And there are other strains on the health-care system, too, ranging from a shortage of primary care physicians to overuse of antibiotics and the long-term impacts of COVID-19. How will all of these things impact life expectancy? The answer is unclear, but so is the path to longer lives for Canadians in the future. For their part, the UN projects our life expectancy will reach 89 years in 2074. Stay tuned to find out. You can learn more about Canada's actuaries and the work they do at cia-ica.ca.

SOPCA's 15th Anniversary, July 6, 2024, Mississauga.

The Screen of Peel Community Association" (SOPCA) hosted its 15th annual celebration on Saturday, July 6, 2024.

The event was graced by Chief Guest OPP Officer Eva Ratnakumar and Special Guest Dr. Anu Sriskandarajah, who contributed to the evening's highlights. The evening held various performances, including instrumental music, traditional dances, and engaging skits.

This event show cased the Tamil Youth's talent on the stage. The program also featured heartfelt speeches and special recognition of sponsors who supported the organization over the last 15 years in the Peel community. I had the privilege of travelling with SOPCA for the past 15 years. I wish the SOPCA committee members for the excellent service they are rendering to the Tamil Community. Charles Devasagaym, M.A.

















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Sri Lanka closes US \$ 12.5bn bond restructuring deal

 Parties have agreed to include Governance-Linked Bond features in terms of one or more series of plain vanilla bond instruments

 A 28% cut on face value and an 11% reduction on past interest proposed

Sri Lanka has successfully concluded its discussions with the bondholders, reaching an agreement on the restructuring terms yesterday. This follows an unsuccessful first round of talks in April.

A notice issued by the government last evening confirmed the island nation has reached a consensus with the advisors to restructure US \$ 12.5 billion outstanding bonds.

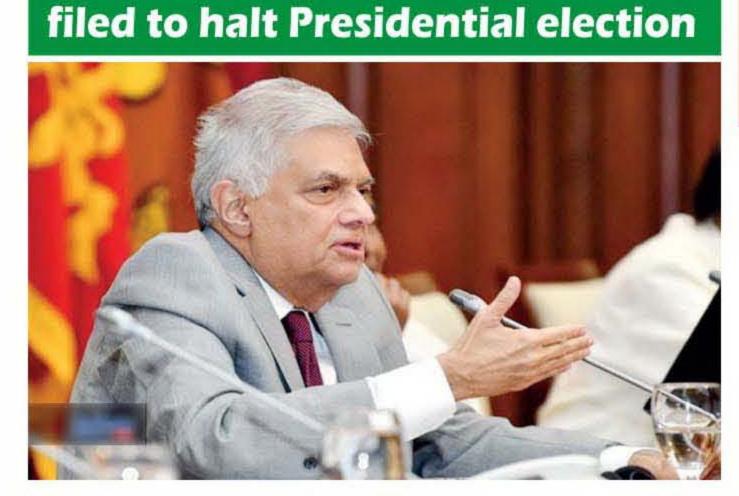
"At the conclusion of the meetings, Sri Lanka is pleased to report that, following the negotiations, the parties agreed on the core financial terms of a restructuring of the International Sovereign Bonds (ISBs), the terms of which are embodied in a joint working debt treatment framework (the Joint Working Framework)," the notice said. The parties have agreed to include the Governance-Linked Bond features in terms of one or more series of the plain vanilla bond instruments that form part of the Joint Working Framework.

The framework proposes a 28 percent cut on the face value and an 11 percent reduction on past interest, with interest payments commencing in September.

Sri Lanka held restricted discussions between June 21, 2024 and July 2, 2024 (the restricted period), with nine members of the Steering Committee who agreed to take part in the restricted discussions (the Steering Committee) of the Ad Hoc Group of Bondholders of its ISBs.

The state-contingent feature in the Joint Working Framework requires confirmation from Sri Lanka's Official Creditor Committee (OCC) to ensure the treatment is comparable to the agreed terms and from the International Monetary Fund (IMF) staff to align with Sri Lanka's IMF-supported programme's parameters and debt sustainability objectives.

President responds to petition



Colombo, July 4 (Daily Mirror) - **President Ranil Wickremesinghe** said today that Chamindra Dayan Lenawa, who filed a fundamental rights petition before the Supreme Court to halt the Presidential election, had not consulted the President or his legal representatives before filing this application, the President's Media Division said.

The fundamental rights petition was filed before the Supreme Court yesterday seeking an order to prevent the Election Commission from conducting the Presidential election till the Court decides on the incumbent President's tenure.

The President's Media Division said that the government has taken note of this development. They said that President Wickremesinghe is firmly of the opinion that the term of the President is five years, and the Election Commission is correct in taking steps to hold the Presidential Election in 2024.

SC fuller bench to hear FR petition against holding Presidential election

Colombo, July 04 - The Chief Justice has nominated a fuller bench comprising five judges of the Supreme Court to hear the Fundamental Rights petition seeking an order restraining the Election Commission from taking any further steps to conduct the Presidential election in 2024.

A five-judge-bench headed by Chief Justice Jayantha Jayasuriya will hear this petition on Monday (08).

Businessman Chamindra Dayan Lenawa, a resident of Panadura is seeking an order preventing the Election Commission from holding the Presidential Election until the Supreme Court makes a determination regarding the tenure of the incumbent President.





Following the meetings, the advisors to Sri Lanka and Steering Committee will consult with each of the secretariats of the OCC, to confirm the consistency of the Joint Working Framework with the principle of Comparability of Treatment and staff at the IMF.

This is to confirm the consistency of the Joint Working Framework with the parameters and debt sustainability objectives of Sri Lanka's IMF-supported programme.

As per the notice, during the restricted discussions, Sri Lanka and the Steering Committee also progressed discussions on certain non-financial provisions. Having successfully reached an agreement in the second round of talks, Sri Lanka said it looks forward to further constructive interaction to finalise the ISB restructuring.

The Steering Committee as a whole comprises 10 of the largest members of the group, with the group controlling approximately 50 percent of the aggregate outstanding amount of ISBs.

Sri Lanka was joined by its legal and financial advisors Clifford Chance LLP and Lazard, respectively and the restricted members of the Steering Committee were joined by the group's legal and financial advisors White & Case and Rothschild & Co, respectively.

Last week, Sri Lanka singed two separate deals to restructure much of its debt. The deals were inked with the OCC and Exim Bank of China.

Prabhakaran's nephew demands respect for slain uncle and his family



Fifteen years after the death of the entire family of Velupillai Prabhakaran, the leader of the Liberation Tigers of Tamil Eelam (LTTE), the elder brother of Prabakaran and the family relations of the deceased rebel leader have urged the Tamil people in the world not to be deceived by fraudsters belonging to sections of the Tamil diaspora who are said to be minting money by selling the 'brand name' Velupillai Prabhakaran and the names of his family members. This urgent plea is made by Velupillai Manoharan, the elder brother of LTTE Leader Prabhakaran and his family members from the Tamil Diaspora, various Tamil political leaders from India and Sri Lanka.

Casting aside all possible attempts to resurrect Dwaraka, the only daughter of Prabhakaran, the family relations of the late LTTE leader have made a request from the Tamil diaspora to give due respect to the dead. These family relations have also urged people not to make contributions to campaigns raised in the name of Prabhkaran or in the names of deceased family members of the late rebel leader. Following are excerpts of an interview done with Karthic Manoharan, the eldest son of Veluppillai Manoharan. Karthic reaffirms the death of his uncle's entire family; including his cousins. During the interview he recalled his own family's journey since they left Sri Lanka in 1983. Born in 1980 in Northern Sri Lanka, Karthic is now living in Denmark and works as an English teacher. In 1983, with the commencing of the war, Karthic's father Velupillai Manoharan, moved to India together with his family and his parents. Later in 2003 his parents had returned to the North. In 1998 Manoharan along with his family left for Denmark, where they have lived for the past 26 years. While Manoharan settled in the Nordic country one of his two sisters and their families settled in India while the other immigrated to Canada. According to Karthic, neither he nor his family members can meet each other due to distance and visa issues. They have not seen each other since they left Sri Lanka. Karthic, who was in constant touch with his uncle Velupillai Prabhakaran till 2008 (one year before the latter died) maintains that the LTTE Leader never had issues with Sri Lankan people. Prabhakaran's problems had been with the government. In fact he always said that Sri Lanka was his country and went to the extent of supporting the Sri Lankan cricket team whenever there were matches against rival teams like India.



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5 ways to help seniors maintain their independence



(NC) Older adulthood can be one of the most fulfilling times in a person's life, but many of us worry about losing our independence. Whether you're looking ahead for your future self or thinking of ways to help older family members, here are five ideas to help seniors age in place and stay independent for longer.

1. Nourish a zest for life Isolation can be hard on anyone's mental health, and seniors may be especially at risk.

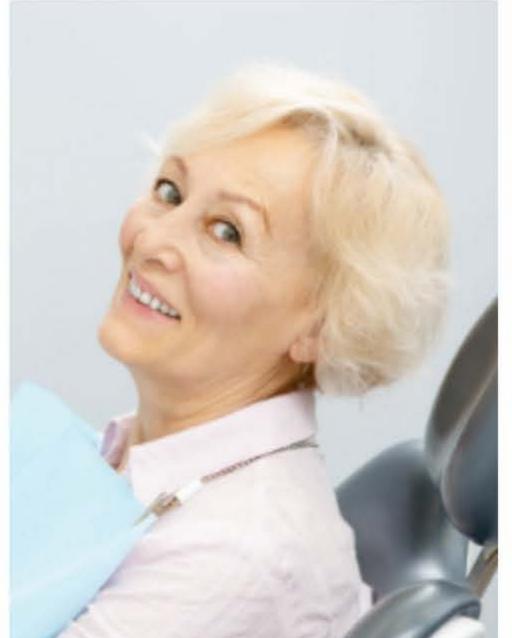
Moving the body, engaging the mind and being a part of community can go a long way to help seniors maintain independence. These activities can help sustain day-to-day motivation and a zest for life. While older seniors may not have as much strength or stamina as they once did, there are still ways to be active and engaged, including through social activity groups geared to seniors.

- 2. Look for main-floor living Most homes have a main-floor kitchen, but what about a bathroom and bedroom? Having these spaces on one floor can help an older senior live comfortably and safely, even if stairs become a significant challenge or risk for them. Open floorplans with wide doorways and hallways and room to manoeuvere in them are also features that help inhabitants age in place gracefully. These should be top of mind if renovations or downsizing are in consideration.
- 3. Make simple home updates Small changes at home can extend the time someone can feasibly live there independently. These are just a few: Install grab bars in the bathroom and put a stool to sit on in the walk-in shower; swap out round doorknobs for lever-style handles that require less strength and dexterity to use especially for those with arthritis; keep storage within easy reach and take advantage of pull-out cabinet systems and full- extension drawers for ease of access.
- 4. See about support Seniors and their families don't have to navigate the challenges of getting old alone. Beyond the support of friends and other family members, health-care professionals like doctors or occupational therapists can help. For example, an occupational therapist can do a home assessment to identify potential hazards or help build strategies that make it safer and easier for seniors to do the things that matter to them, from personal hygiene to hobbies.
- 5. Embrace helpful tools Health-care professionals might suggest tools to make life easier and more enjoyable, such as hearing aids or a walker. These assistive devices can be a major source of safety, as well as a confidence booster when they enable someone to continue living independently. The sooner a tool is embraced, the easier and quicker it is to get comfortable using.

In Ontario, occupational therapists are regulated by the College of Occupational Therapists of Ontario. Find out more about what they do and what to expect from an appointment at coto.org/ot.

The Canadian Dental Care Plan: Seniors come first





(NC) Oral health care is essential for overall health and well-being. However, many Canadian residents cannot afford to visit an oral health-care professional. A new federal insurance plan will help change that. Beginning in 2024, qualifying Canadian residents without private dental insurance can apply to the Canadian Dental Care Plan for help with those costs.

Coverage under the plan is rolling out in phases. The first group to qualify is seniors. Children under the age of 18 and persons with a disability tax credit certificate can apply as of June. Other Canadian residents between the ages of 18 and 64 will be able to apply for dental coverage in 2025.

The dental care plan will cover a wide range of oral health care, including preventive services provided by participating dental hygienists across the country. These include scaling (cleaning), polishing, sealants and fluoride. Other services covered under the plan include x-rays, fillings, root canal treatments, dentures, periodontal treatment and extractions.

Seniors are especially at risk for the complications caused by poor oral health. Gum diseaseb increases the risk for heart disease, stroke and diabetes. A sore mouth or loss of teeth can make it difficult to eat, leading to malnutrition. Dry mouth is another concern that often affects seniors and can cause cavities.

Many dental hygienists operate mobile practices and are well-equipped to care for the most vulnerable populations, such as seniors in long-term care or in their own homes, and those with physical or mental impairments and complex medical needs.

With the new Canadian Dental Care Plan and professional oral health care services available from dental hygienists, seniors and all eligible residents in Canada will be able to achieve better overall health. Find more information about the plan and oral health for seniors at dentalhygienecanada.ca.

Sri Lanka gets more funds under India's 2024-25 Budget allocation for MEA



India-funded projects in the neighbourhood received the bulk of the allocation for the Ministry of External Affairs (MEA) under the Union Budget presented by Indian Finance Minister Nirmala Sitharaman on Tuesday.

Sri Lanka, which has a number of India-funded projects, has received 2450 million Indian rupees (INR), an improvement of INR 950 million over last year's funding of INR 1500 million, according to The Hindu.

India had bailed out Sri Lanka when its economy crashed and has provided grants and a line of credit worth \$4 billion.

Nepal secured an allocation of INR 7000 million, which is a jump of INR 1500 million from previous year's allocation of INR 5500 million.

Seychelles, which had an allocation of INR 100 million, has also received a boost in funding with the infusion of INR 300 million.

Tamil Community Centre - Meet and Greet, July 10, 2024

As you know, fundraising efforts for the construction of the Tamil Community Center are going on in full swing.

As part of it, a fundraising event was held on July 10, 2024, at JC Hall. Further information regarding this can be obtained by contacting the number 416-322-0627. Also website www.tamilcentre.ca













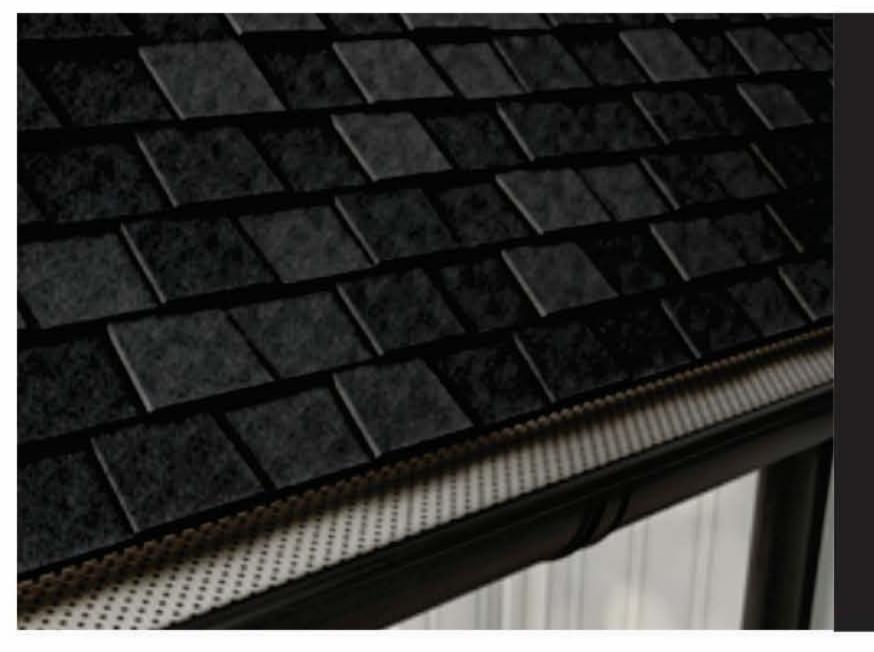












6 home reno projects to tackle before it gets too cold

(NC) When the days are starting to get shorter and the nights get colder, it's time to start thinking about keeping your home warm and comfortable throughout the fall and winter months. Before the weather starts cooling off dramatically, review and tackle this checklist:

Perform a roof inspection and repair loose shingles

Have a professional check your roof to ensure your shingles are intact. Also, make sure your gutters and downspouts are free and clear of leaves and branches. Apply roof repair glue tob any loose shingles to help avoid leaks or damage. If your roof needs a fix, many local hardware stores like The Home Depot Canada have installation services to help. Make sure to schedule the work before the weather gets too cold.

Turn off exterior faucets

Turn off all exterior faucets and drain water from outdoor hoses, pipes, valves and sprinkler heads to prevent bursts. You should also consider installing frost-proof faucets.

Install heating cables

Roof heating cables will help you avoid long-term damage caused by freezing and ice dam build-up. Before installing the cables make sure your eavestroughs and roof have been thoroughly cleaned. Affix roof cable clips in a zigzag pattern. Finally, attach and secure your heating cable to the clips and connect the power supply.

Seal gaps and cracks

"Sealing the gaps and cracks around your windows and doors when the weather is still warm is essential to keep your home comfortable while using less energy this winter," says Jack Rende, senior building materials merchant at The Home Depot Canada. "Any gaps wider than the width of a nickel between your siding and window or door frames should have caulking applied to them. Use your finger or a wet caulk-smoothing tool to smooth your seal within 2 to 5 minutes of application."



Clean gutters and add gutter guards

Clean gutters allow water to easily flow from your rooftop and away from your home, preventing damage to your foundation and ice buildup on your roof. Installing gutter guards is a great way to avoid the buildup of leaves and other debris in your gutters.

Weatherstrip your windows and doors

Weatherstripping your windows and doors is another great way to keep the cold out. To find out where weatherstripping is needed, wet your hand and run it along your door seam or window casing. The moisture on your hand will help you detect any incoming drafts. Door sweeps and adhesive-backed insulation foam are also very effective draft deterrents.

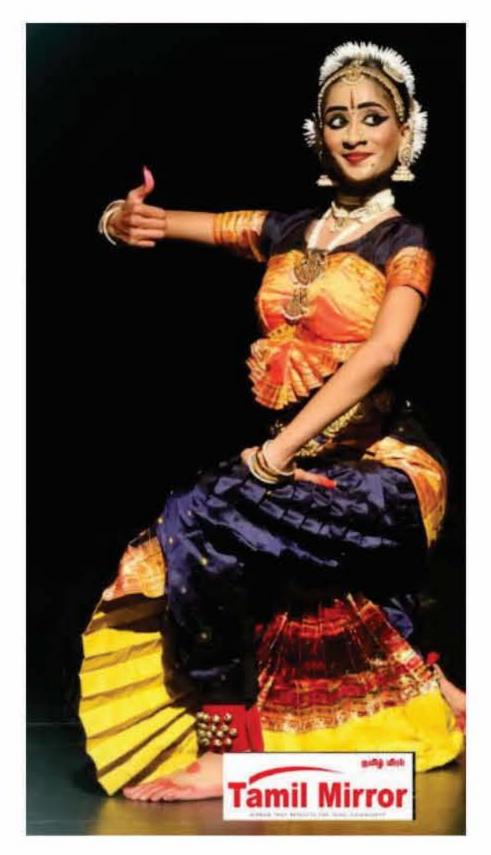
Bharathanatiya Arangetram of Miss. Saranka Atchuthamohan, July 6, 2024.

Kalaikovil Academy Of Fine Arts presented its 60 th Bharathanatiya Arangetram of Miss Saranka Atchuthamohan, Disciple of 'Naatiyakalaa Kulanithi,' Tmy. Vanitha Kugenthiran, (M. Phil), on July 6, 2024, at Yorkwood Library Theatre.

Saranka, who is currently 18 years old, commenced her dance journey at the tender age of four under the guidance of "Naatiyakalaa Kulanithi" Tmy. Vanitha Kugenthiran, who serves as the director of Kalaikovil Academy of Fine Arts.

Through her determination and dedication, Saranka has successfully completed her 5th- grade examination at the International Centre for Fine Arts. She is committed to becoming a dance teacher herself.

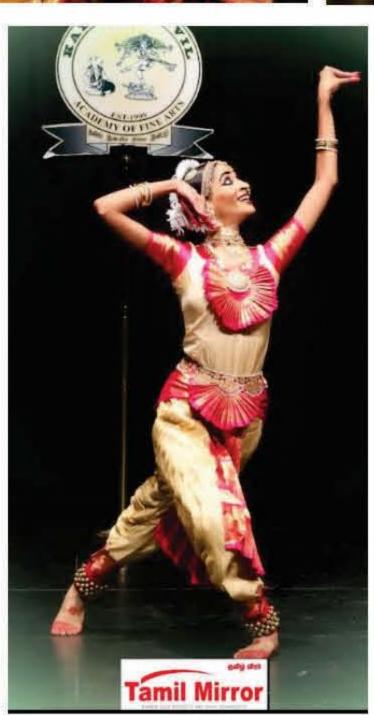
Apart from dance, her interests range from swimming, reading, baking and playing the piano. Saranka is entering her second year of nursing at Ontario Tech University. Dr. Suryakala Chandrika Jeevanantham was the Chief Guest and said this Arangetram was the best she has witness in the recent past. Another important part of the Arangetram was that the Orchestra was all but one who were the product of Canadia. Most of them were born and trained in Canada. The orchestra included the following: Mast. Mithunan Raveendran: Nattuvaangam; Miss Arani Suganthan: Vocal: Mast. Aharren Kugenthiran: Miruthangam; Mrs. Jwalini Muralidaran: Violin; and Miss Yathavai Prashanna: Flute. I wish Saranka and her Guru on her 60 th Arangetram and above all the parents without their foresight, perseverance, dedication and hard work this wouldn't have become really. **Charles Devasagayam, M.A.**













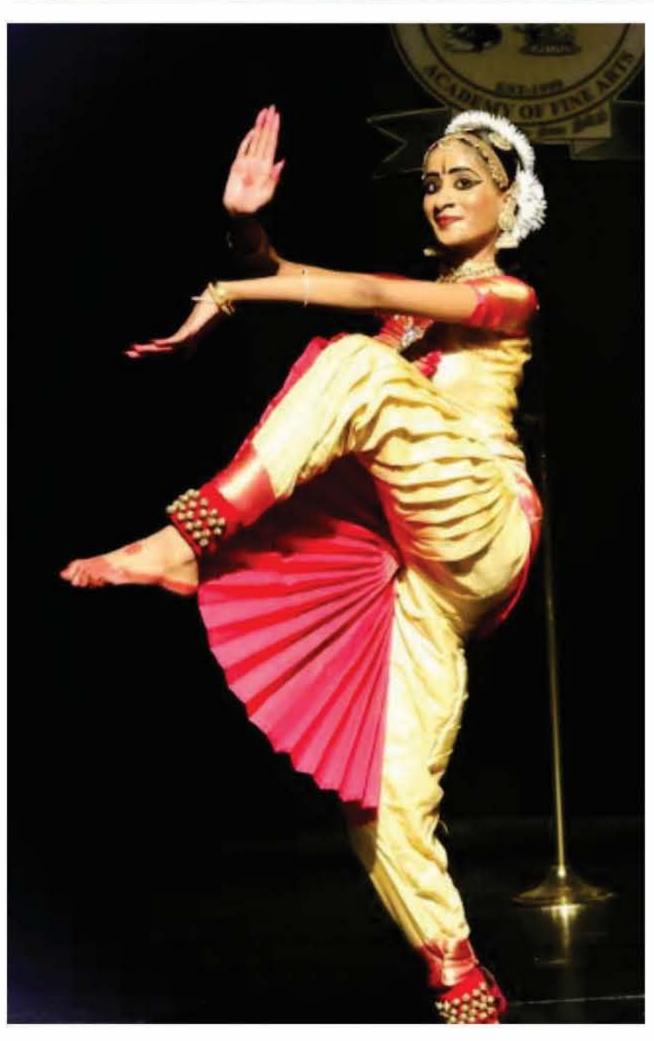


















Прі впыр Eelam Pavilian Opening Ceremony, July 12, 2024































'Bharathanatya Salangai Poosai' of Sayanika (11) and Sahana (8) Jayanthan, June 29, 2024.

Miss Sayanika (age 11) and Sahana (age 8) Jayanthan, Disciples of Tmy. Vanitha Kugenthiran, (M.Phil) successfully completed their Bharathanatya Salangai Poosai, on June 29, 2024, at Whitby Courthouse Theatre. Miss Sayanika Jayanthan is 11 years old and has been learning Bharathanatyam under the guidance of Tmy. Vanitha Kugenthiran from the age of 7. She has completed Level 3 at the International Centre for Fine Arts Canada.

Miss. Sahana Jayanthan is 8 years old and has been learning Bharathanatyam under the guidance of Tmy. Vanitha Kugenthiran from the age of 4. She has completed Level 2 at the International Centre for Fine Arts CanadaDr. Suryakala Chandrika Jeevanantham was the Chief Guest.

I congratulate the students, their Guru above all the parents, without their dedication, perseverance, and hard work this wouldn't be possible.

Charles Devasagayam, M.A.

