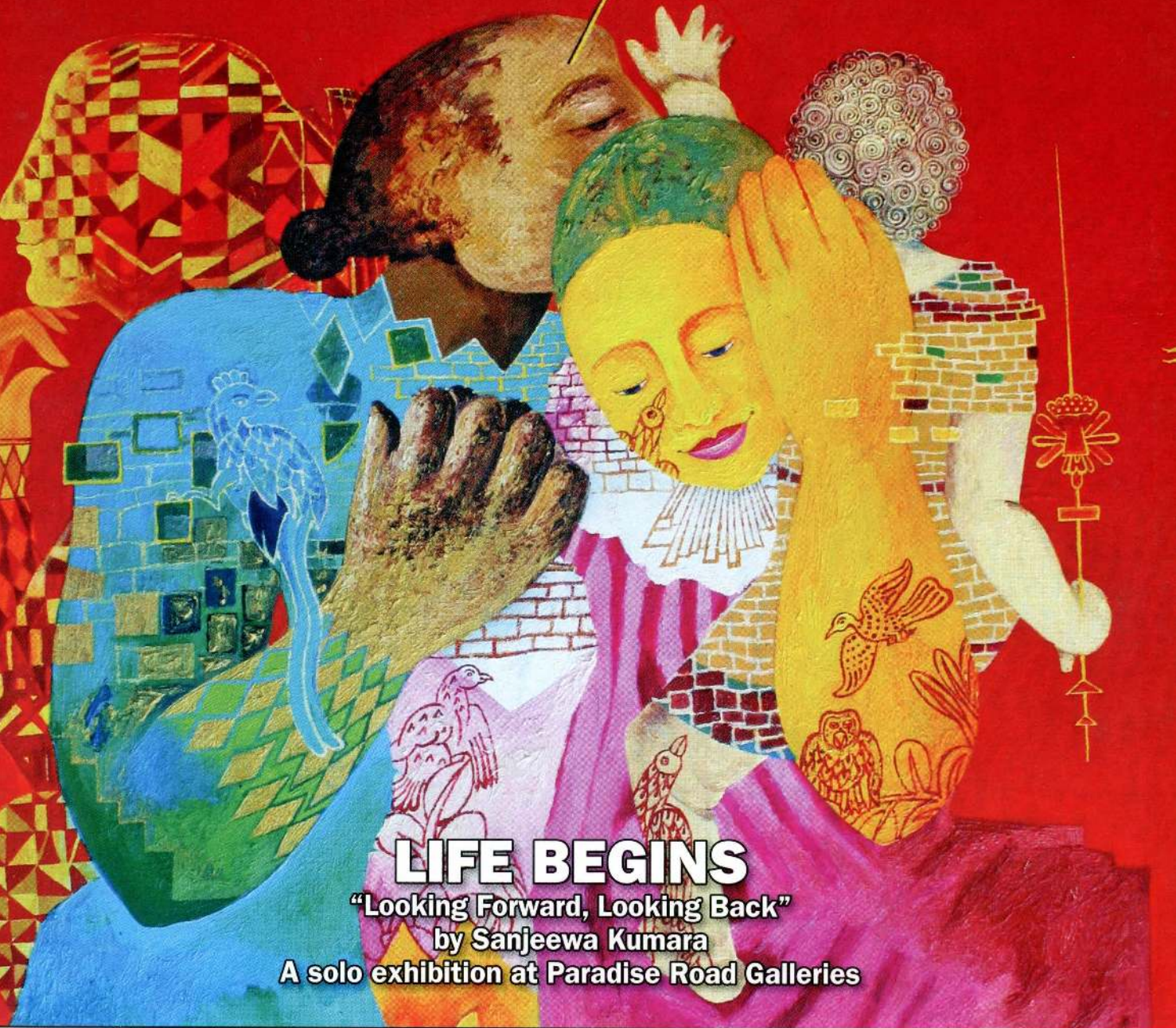


# TimeOut

SRI LANKA



## LIFE BEGINS

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by Sanjeewa Kumara

A solo exhibition at Paradise Road Galleries



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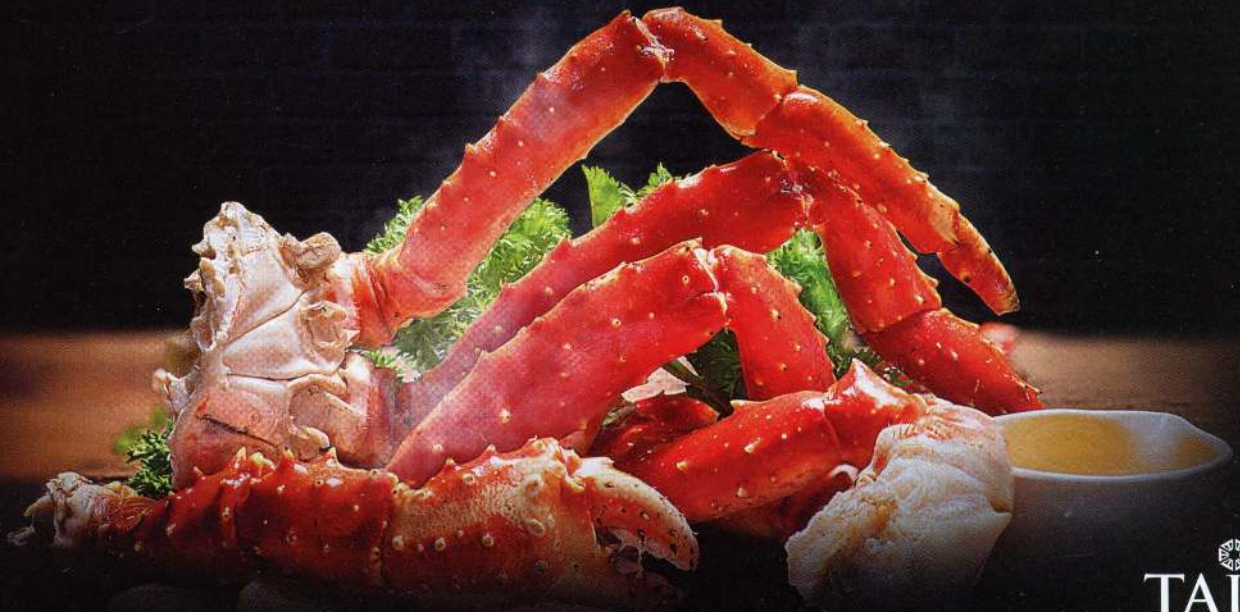
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# The Hot List

January 2019

## Hello Sri Lanka

As the New Year dawns, Sri Lanka is brimming with excitement and fresh beginnings and the opportunity to discover its beautiful destinations. The annual Duruthu Perahera in Kelaniya emanates spirituality and is ideal to appreciate the cultural and traditional heritage of the country. Throughout the island nation, there is a lively atmosphere as January brings with it many festivities to usher in the year 2019. We wish you a Happy New Year!

- 6 2019 a year to travel, plan ahead!**  
With a new year bringing with it new possibilities, it is a time to plan ahead.
- 8 Resplendent Duruthu Perahera**  
On January 19, the spectacular Maha Perahera or Randoli Perahera will take to the streets of Kelaniya.
- 10 Thai Pongal – the Festival of Harvest**  
Thai or January celebrated by Hindus in Sri Lanka, reinforces the custom of thanksgiving to the sun god.

### REGULARS

- |                             |                                  |
|-----------------------------|----------------------------------|
| <b>6</b> Hello Sri Lanka    | <b>32</b> Negombo & West         |
| <b>12</b> What's On         | <b>33</b> Hill Country           |
| <b>16</b> Drama & Theatre   | <b>34</b> Galle & South          |
| <b>16</b> Art & Music       | <b>39</b> East Coast             |
| <b>18</b> Everyday Services | <b>39</b> Jaffna, Mannar & North |
| <b>19</b> Shopping          | <b>40</b> Kandy & Central        |
| <b>26</b> Colombo           |                                  |

## HIGH FIVE

Our pick of the most amazing things to do this month!



- 1** **Witness the grandeur of the Kelaniya Duruthu Perahera.** The Maha Perahera of the Kelaniya Temple is a majestic event that inspires awe and reverence. Look on as the procession journeys through the streets of Kelaniya.



- 2** **Watch the marine giants in action.** Head to Mirissa to enjoy whale watching. The massive whales are elegant and agile as they swim in the ocean.



- 3** **Witness the beauty of Horton Plains.** Rich in biodiversity, it is a lovely destination in the hill country. Immerse in the wonders of the landscape.



- 4** **Enjoy the golden sandy beaches in the south.** For a wonderful tropical holiday, head to the south coast, where the beaches are perfect for sunbathing, relaxing or swimming. The waves are perfect for surfing or hop onto a boat to enjoy a ride.



- 5** **Cheer for the Lions as Sri Lanka tour of New Zealand is screened at the pubs and cafés.** Join the cricket fans and cheer on the two teams. The cricket screenings at the pubs and cafés in Colombo are a fantastic way to immerse in the spirit of sportsmanship.

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### LIFE BEGINS

"Looking Forward, Looking Back"

by Sanjeewa Kumara

A solo exhibition at Paradise Road Galleries

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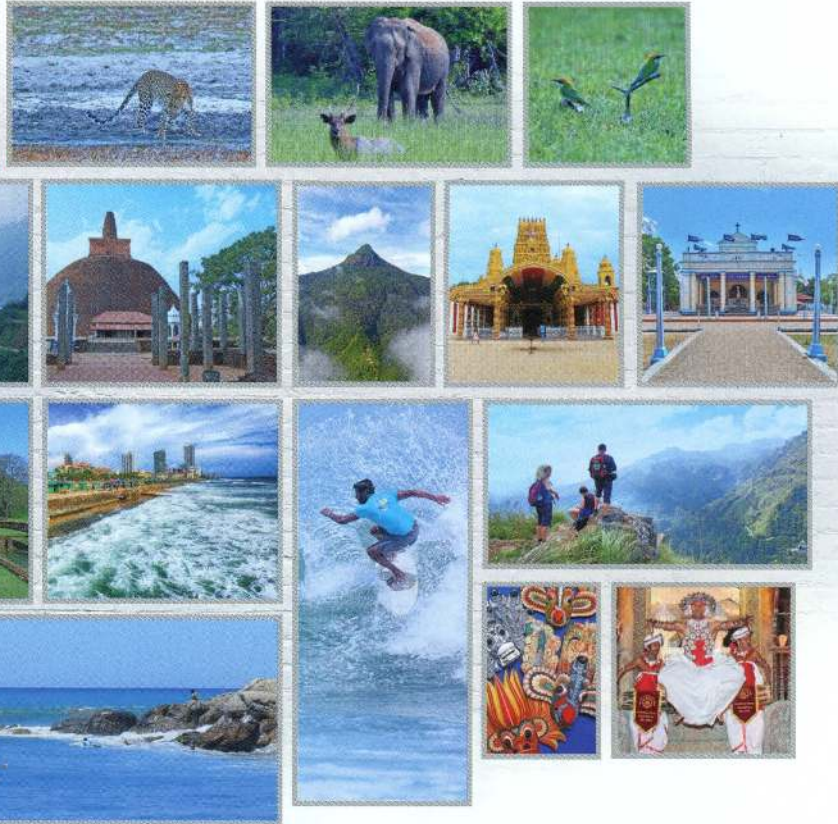
# Hello, Sri Lanka

[timeout.com/sri-lanka](http://timeout.com/sri-lanka)

## 2019 a year to travel, plan ahead!

With a new year stretching ahead of you, bringing with it new possibilities, it is a time to plan ahead. With a prepared list of Sri Lankan attractions in your hands, we invite you to explore the wonders of Sri Lanka.

*Photos BT Images*



### National Parks

Rich in biodiversity, Sri Lanka has several extensive National Wildlife Parks. Within these protected areas, visitors can appreciate the thriving wildlife that include mammals like elephants, leopards, reptiles, birds and amphibians.

### History

The island has a proud and rich history that dates back millennia. Visit the ancient kingdoms of Anuradhapura, Polonnaruwa, Kandy as well as the Sigiriya Rock Fortress and marvel at the ingenuity of the minds that built complex buildings, tanks, stupas and statues hundreds of years ago. The Ruwanweli Seya, the Sri Maha Bodi and other historical sites in Anuradhapura; ancient sites like Lankatilaka Viharaya, Nissanka Mandapa, the Vatadage in Polonnaruwa and the Temple of the Sacred Tooth Relic have a story of their own to tell.

### Beaches

The coastal areas of Sri Lanka are crowned by golden sandy beaches. The southern coast offers popular beaches such as Unawatuna, Mirissa, and Hikkaduwa; the east offers vibrant beaches

of Arugambay, Whisky Point, Passekudah and Nilaveli; to the north is the Casuarina Beach; while the west has city beaches such as Mount Lavinia and Galle Face and the more laid back Negombo beaches. Lounge in the sun, play in the sand or take a dip in the cool waters of the Indian Ocean.

### Surf Points

At several points off the coastal areas, the waves and weather conditions are perfect to enjoy surfing. Sri Lanka has breaks that can be enjoyed by beginners, intermediates, enthusiasts as well as professionals at Weligama, Hiriketiya, Arugambay and Whisky Point and several other surf points. Deftly manoeuvre your board through the waves and enjoy the camaraderie of your fellow surfers.

### Religion

With a great reverence for every religion, Sri Lanka is a country where people of all faith live in harmony. Throughout the island, there are many historical places of worship that are venerated by Sri Lankans and other nationals. Visit the beautiful temples, kovils such as Nallur, churches and mosques that are located around the island.

### Culture

Sri Lanka has an intricate culture, shaped by tradition. From traditional folk theatre to majestic sesath, elaborate masks and puppetry, songs and dance, the country has a vibrancy that is better appreciated by immersing yourself in them.

### Hill country

Swathes of verdant tea estates in Nuwara Eliya, soaring mountain ranges, cooler climes, cascading waterfalls, beautiful gardens and pristine plains tempt visitors to head to the Hill country. Enjoy the undulating landscape and the breathtaking scenery.

### Cuisine

Embark on a culinary journey around the island. Sri Lankans have a love affair with seasoned dishes whose recipes were handed down from generations. Each province have their own twist to a particular dish or one that is unique to the area. The country also offers international cuisines, so that you are sure to find what you like the best.

Challenge yourself to the exotic gastronomic wonders that Sri Lanka has to offer.





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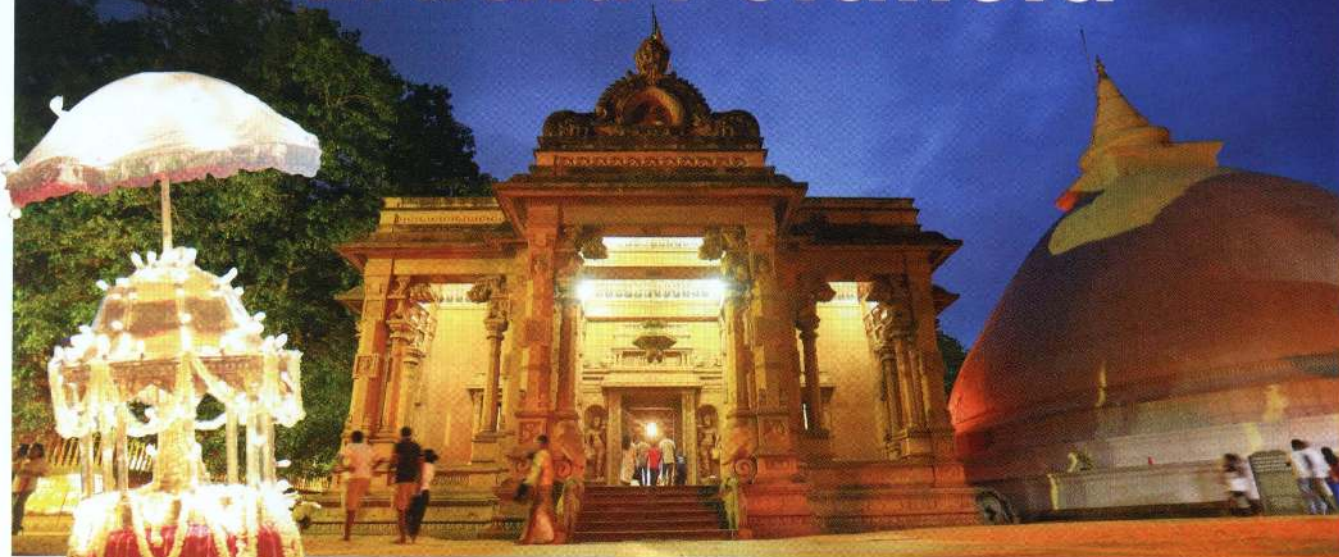
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# Resplendent Duruthu Perahera



Kelaniya Raja Maha Viharaya is an iconic place of reverence in Sri Lanka

**EVERY** January, the streets of Kelaniya resound with the cracking of whips, rhythmic sounds of traditional Sri Lankan drumming and the reverent cries of *sadhu, sadhu* as the Duruthu Perahera takes to the streets. It is preceded by two smaller processions – *Udamaluwe Perahera* and the *Dathu Perahera* respectively – held on January 17 and January 18.

On January 19, the spectacular Maha Perahera or Randoli Perahera will leave the Kelaniya Raja Maha Viharaya. Throngs of devotees and spectators eagerly line the streets and anticipates the first thunder-like crack of the whip that heralds the oncoming perahera. Then the shimmering fireballs interrupt the gathering darkness.

As the *hewisi* bands serenade the devotees, standard bearers carry the provincial flags of Sri Lanka. Following them, the *Peramuna Rala*, a Kanyan chieftan perched atop a caparisoned elephant makes his way through the streets. In his wake troupes of dancers perform traditional Sri Lankan dances. In between different segments of the procession, richly adorned elephants elegantly step in

tune to the music. The dazzling display pays homage to the Buddha, and is accompanied by the pageants for the Gods Vishnu, Vibhishana and Kataragama – the guardian deities of the temple.

A reverent silence spreads over the gathered crowds as the majestic temple tusker comes into view. Borne on its howdah, is the beautifully adorned casket of the sacred relics of the Buddha. As the gentle elephant passes, the devotees raise clasped hands and chant *sadhu* in worship.

Held annually in the month of January, the Perahera pays tribute to the Buddha, who arrived in Sri Lanka for the first time on the Duruthu full moon poya day over two millennia ago.

A grand procession of cultural arts and traditions of the island nation, it inspires reverence in the hearts of the onlookers.

After travelling through the routes of the city, the sacred relics are once again placed within its chamber. With that, the festivities come to a close until the first full moon of the next year. ①

The majestic tusker bearing the sacred relics



Drummers heralding the Perahera



Kandyan dancers in formation



Dancers in the Perahera represent many cultural traditions

## Duruthu Perahera Schedule

**January 17**

**Udamaluwe Perahera**

**January 18**


**Dathu Perahera**

**January 19**

**Randoli Perahera (Maha Perahera)**

**8.30pm**





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# Thai Pongal

## the festival of harvest



Kumbam and the boiling of milk signify prosperity



Intricate and colourful kolam adorn the floors of Hindu households

The month of Thai or January celebrates the bountiful harvest of the season while capturing the freshness of a prosperous chapter. Celebrated by millions of Hindus across the world, Thai Pongal reinforces the custom of thanksgiving to the sun god.

Photos BT Images

ON the festival day, even before the break of dawn, Hindus spruce up and decorate their abodes with fresh banana leaves and garlands of mango leaves or *Mavillai Thoranam*. A makeshift hearth is arranged in front of the house to prepare the 'Pongal', a delectable dish prepared using a range of lavish ingredients including red/white raw rice, milk, jaggery, mung dhal, cashew, raisins, and ghee.

Signifying prosperity and fortune, two freshly-cut sugarcane plants are also positioned on either side of the

hearth. The floor is adorned with vibrant murals – a unique traditional art called *Kolam*.

As the rising sun signals the dawn of the auspicious hour, from the oldest of the family to the youngest, all gather around the makeshift hearth to witness the milk bubbling from the pot. The delightful sight of creamy milk overflowing the pot heralds good fortune drawing heart-warming cries of 'pongalo pongal', meaning 'overflowing' abundance. Afterwards, the delicious pongal rice is cooked and the first portion

dedicated to the Sun God is kept within the *Kolam* as an offering of great reverence.

Families visit temples to pay homage to the divinity and to seek their blessings in order to thrive in the forth-coming cultivation season as well.

Pongal rice and sweetmeats are shared among relatives as a way of strengthening relationships and inculcating new bonds.

The day following Thai Pongal is dedicated to the cattle and is known as 'Mattu Pongal'.

The harvest feast is a time to thank, a time to rejoice as well as a time to reflect. Therefore, Hindus do not forget to show their gratitude to the cattle who helped plough the paddy fields and reap the bounty of the land. On the *Mattu Pongal* day, the animals are cared for, their horns painted, necks garlanded and stomachs satiated with pongal delights.

A thanksgiving for a plentiful harvest, Thai Pongal rejoices the true spirit of gratitude while rejuvenating bonds. ①



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# What's On

timeout.com/sri-lanka

## DAILY SRI LANKA

### COLOMBO

#### Hilton Colombo

Breakfast, lunch and dinner buffet; Graze Kitchen  
All day dining at Italian Restaurant; *Il Ponte*; 11am–11pm  
High Tea platter; LAB; 3pm–6pm  
LAB; 8am–1am (Sun to Thu) and 8am–2am (Fri and Sat)  
Seafood and Sri Lankan buffet; *Curry Leaf Restaurant*; 7pm–12 midnight  
Pool bar; 10am–7pm

### January 1 (Tuesday)

#### COLOMBO

##### Fairway Colombo

Unplugged entertainment; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 2 (Wednesday)

#### COLOMBO

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 3 (Thursday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

Ladies night; *Stella Karaoke bar*; 7pm–11pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 4 (Friday)

#### COLOMBO

##### Ceylon Sea Fish Restaurant

Lamprais Friday Special

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 5 (Saturday)

#### COLOMBO

##### Hilton Colombo

Endless high tea; *Graze Kitchen*; 12.30pm–2.30pm and 3pm–5pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*



Try delicious sweet waffles at Café Kai

(Happy hour: 5pm–6pm)

Ikoï Tei Japanese Restaurant and bar by WIP; *Dutch Hospital Shopping Precinct*; 11am–3pm and 6pm–11pm  
*Café Kai*; 8am–12 midnight  
Happy hour; *Stella Karaoke bar*; 7pm–4am (Happy Hour); 7pm–8pm

#### NEGOMBO

##### Lords Restaurant Complex

Art gallery; 1pm–11pm  
Complimentary hand and foot spa for customers at the premises; 2pm–11pm  
CD background music; *Batsman restaurant*

### January 6 (Sunday)

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 7 (Monday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Hawkers Market; 7pm–11pm;

*Graze Kitchen*

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 8 (Tuesday)

#### COLOMBO

##### Fairway Colombo

Latino Night; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 9 (Wednesday)

#### COLOMBO

##### Fairway Colombo

Jam on Street; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 10 (Thursday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

Ladies night; *Stella Karaoke bar*;

7pm–11pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 11 (Friday)

#### COLOMBO

##### Ceylon Sea Fish Restaurant

Lamprais Friday Special

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 12 (Saturday)

#### COLOMBO

##### Fairway Colombo

Art and Jazz on the Streets;

10am–9pm

##### Hilton Colombo

Endless high tea; *Graze Kitchen*;

12.30pm–2.30pm and 3pm–5pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 13 (Sunday)

#### COLOMBO

##### Fairway Colombo

Art and Jazz on the Streets; 10am–9pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 14 (Monday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Hawkers Market; 7pm–11pm;

*Graze Kitchen*

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 15 (Tuesday)

#### COLOMBO

##### Fairway Colombo

Unplugged entertainment; 7pm–10pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 16 (Wednesday)

#### COLOMBO

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 17 (Thursday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

Ladies night; *Stella Karaoke bar*;

7pm–11pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 18 (Friday)

#### COLOMBO

##### Ceylon Sea Fish Restaurant

Lamprais Friday Special

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 19 (Saturday)

#### COLOMBO

##### Hilton Colombo

Endless high tea; *Graze Kitchen*;

12.30pm–2.30pm and 3pm–5pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment;

*Oval Restaurant*

### January 20 (Sunday)

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 21 (Monday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Hawkers Market; 7pm–11pm; *Graze Kitchen*

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 22 (Tuesday)

#### COLOMBO

##### Fairway Colombo

Latino Night; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*

### January 23 (Wednesday)

#### COLOMBO

##### Fairway Colombo

Jam on Street; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

#### NEGOMBO

##### Lords Restaurant Complex

Simply Hot live band entertainment; *Oval Restaurant*

### January 24 (Thursday)

#### COLOMBO

##### Fairway Colombo

Cultural show; 7pm–10pm

##### Hilton Colombo

Pizza happy hour; *Il Ponte*; 5pm–6pm

Ladies night; *Stella Karaoke bar*; 7pm–11pm

#### NEGOMBO

##### Lords Restaurant Complex

Chilli Peppers live band entertainment; *Oval Restaurant*



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## January 25 (Friday)

### COLOMBO

#### Ceylon Sea Fish Restaurant

Lamprais Friday Special

### NEGOMBO

#### Lords Restaurant Complex

Simply Hot live band entertainment;

Oval Restaurant

## January 26 (Saturday)

### COLOMBO

#### Fairway Colombo

Colombo Street Food Festival;

6pm-11.30pm

#### Hilton Colombo

Endless high tea; Graze Kitchen;

12.30pm-2.30pm and 3pm-5pm

### NEGOMBO

#### Lords Restaurant Complex

Simply Hot live band entertainment;

Oval Restaurant

## January 27 (Sunday)

### COLOMBO

#### Fairway Colombo

Colombo Street Food Festival;

6pm-11.30pm

### NEGOMBO

#### Lords Restaurant Complex

Simply Hot live band entertainment;

Oval Restaurant

## January 28 (Monday)

### COLOMBO

#### Fairway Colombo

Cultural show; 7pm-10pm

#### Hilton Colombo

Hawkers Market; 7pm-11pm;

Graze Kitchen

Pizza happy hour; Il Ponte; 5pm-6pm

### NEGOMBO

#### Lords Restaurant Complex

Simply Hot live band entertainment;

Oval Restaurant

## January 29 (Tuesday)

### COLOMBO

#### Fairway Colombo

Unplugged entertainment; 7pm-10pm

#### Hilton Colombo

Pizza happy hour; Il Ponte; 5pm-6pm

### NEGOMBO

#### Lords Restaurant Complex

Chilli Peppers live band entertainment;

Oval Restaurant

## January 30 (Wednesday)

### COLOMBO

#### Hilton Colombo

Pizza happy hour; Il Ponte; 5pm-6pm

### NEGOMBO

#### Lords Restaurant Complex

Simply Hot live band entertainment;

Oval Restaurant

## January 31 (Thursday)

### COLOMBO

#### Hilton Colombo

Pizza happy hour; Il Ponte; 5pm-6pm

Ladies night; Stella Karaoke bar;

7pm-11pm

### NEGOMBO

#### Lords Restaurant Complex

Chilli Peppers live band entertainment;

Oval Restaurant

# FESTIVALS



## January 11 - 20

### Feast of St Sebastian's Cathedral, Mannar

The annual feast dedicated to Saint Sebastian begins on the 11<sup>th</sup> with the hoisting of the flag. Vespers are held on 19<sup>th</sup>, followed by the feast on the 20<sup>th</sup>.



## January 15

### Thai Pongal

The Festival of Harvest is a celebration thanking the Sun god and the cattles for a successful reap. adorn their homes with colourful kolam and the tasty sweet pongal is prepared and shared.



## Jan 19

### Duruthu Maha Perahera

In Kelaniya, the Duruthu Maha Perahera is held with devotion as crowds gather to witness the grandeur of the pageant.



## January 20

### Duruthu Full Moon Poya

The first full moon poya of the calendar, Duruthu marks the Buddha's first visit to Sri Lanka.



## Till May

### Pilgrimage to Sri Pada

Devotees make the ascent to the summit of Sri Pada (Adam's Peak), the fourth highest mountain of the country.

# SPORTS

## CRICKET



### Sri Lanka Tour of New Zealand

The Sri Lanka cricket team takes on the Kiwis in a series of ODIs and a T201.

#### January 3

1<sup>st</sup> ODI; Bay Oval, Mt. Maunganui

#### January 5

2<sup>nd</sup> ODI; Bay Oval, Mt. Maunganui

#### January 8

3<sup>rd</sup> ODI; Saxton Oval, Nelson

#### January 11

T201; Eden Park, Auckland



### Sri Lanka tour of Australia

The lions' tour of Australia consists is sure to bring excitement to the fans.

#### January 24 - 28

1<sup>st</sup> Test; The Gabba, Brisbane

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## FOOTBALL

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#### January 1

Everton vs Leicester	18.00
Arsenal vs Fulham	20.30
Cardiff vs Spurs	23.00

#### January 3

Bournemouth vs Watford	01.15
Chelsea vs Southampton	01.15
Huddersfield vs Burnley	01.15
West Ham vs Brighton	01.15
Wolves vs Crystal Palace	01.15
Newcastle vs Man Utd	01.30

#### January 4

Man City vs Liverpool	01.30
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#### January 12

West Ham vs Arsenal	18.00
Brighton vs Liverpool	20.30
Burnley vs Fulham	20.30
Cardiff vs Huddersfield	20.30
Crystal Palace vs Watford	20.30
Leicester vs Southampton	20.30
Chelsea vs Newcastle	23.00

#### January 13

Everton vs Bournemouth	19.45
Spurs vs Man Utd	22.00

#### January 15

Man City vs Wolves	01.30
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#### January 19

Wolves vs Leicester	18.00
Bournemouth vs West Ham	20.30
Liverpool vs Crystal Palace	20.30
Man Utd vs Brighton	20.30
Newcastle vs Cardiff	20.30
Southampton vs Everton	20.30
Watford vs Burnley	20.30
Arsenal vs Chelsea	23.00

#### January 20

Huddersfield vs Man City	19.00
Fulham vs Spurs	21.30

#### January 30

Arsenal vs Cardiff	01.15
Bournemouth vs Chelsea	01.15
Fulham vs Brighton	01.15
Huddersfield vs Everton	01.15
Wolves vs West Ham	01.15
Man Utd vs Burnley	01.30
Newcastle vs Man City	01.30

#### January 31

Southampton vs Crystal Palace	01.15
Liverpool vs Leicester	01.30
Spurs vs Watford	01.30



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# Drama & Theatre

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## Creative activities for children



The Somalatha Subasinghe Play House organises recreational events for children that focus on enjoying and appreciating aesthetic activities including music, dance, acting, language, art, and singing.

**JANUARY 5 – MARCH 23**

Venue: Lion's Club Activity Centre, Jayanthipura, Battaramulla; 9am–11.30am; Age: 4–14 years

## Hithala Gaththa Theeranayak



The play by Rajitha Dissanayake discusses the decisions made by people in their relationships.

**JANUARY 8 AND 19 (SINHALA)**

Jan 8– Venue: Sarathchandra Open Air Theatre, University of Peradeniya; Time: 7pm; Tickets: Rs 100, Rs 200, Rs 500

Jan 19– Venue: Lionel Wendt, Colombo 7; Time: 7pm; Tickets: Rs 500, Rs 750, Rs 1,000, Rs 1,500, Rs 2,000

## Premawantha Kumarayo



A Sinhala adaptation of Shakespeare's 'A Midsummer Night's Dream' directed by Priyankara Rathnayake.

**JANUARY 12 (SINHALA)**

Venue: Sri Dharmaloka Hall, University of Kelaniya; Time: 3.30pm, 6.30pm; Tickets: Rs 300, Rs 500, Rs 1,000

## Gondola



The drama comments on the political breakdown that arises when decisions are based on theoretical knowledge rather than practical considerations.

**JANUARY 19 (SINHALA)**

Venue: Namel Malini Punchi Theatre, Borella; Time: 3.30pm, 6.30pm; Tickets: Rs 500, Rs 750, Rs 1,000, Rs 2,000

## Guththila Kawya



Guththila Kawya is based on a Buddhist *Jathaka Kathawa* (story) and is directed by Akila Sapumal.

**JANUARY 19 (SINHALA)**

Venue: Tower Hall, Maradana; Time: 3.30pm, 6.30pm; Tickets: Rs 300, Rs 500, Rs 1,000

## Sinhabahu



Prof Ediriweera Sarachchandra's renowned play returns to stage on popular demand. Based on the legend of King Sinhabahu, the son of a lion and the royal princess Suppa Devi.

**JANUARY 19 (SINHALA)**

Venue: Tower Hall, Maradana; Time: 3.30pm, 6.45pm; Tickets: Rs 500, Rs 1,000, Rs 1,500

## Deyyoth Danne Na



Woven with humour and excitement, this is a traditional Sri Lankan drama composed of enchanting music and engaging dialogue.

**JANUARY 20 (SINHALA)**

Venue: Namel Malini Punchi Theatre, Borella; Time: 3.30pm, 6.45pm; Tickets: Rs 500, Rs 1,000, Rs 1,500, Rs 2,500

## Balloth Ekka Baa 2



Directed by Ravindra Ariyaratne, the script is based on the hilarious incidents that take place in the daily life.

**JANUARY 24 AND 26 (SINHALA)**

Venue: Tower Hall, Colombo 10; Time: 3.30pm, 6.30pm; Tickets: Rs 500, Rs 750, Rs 1,000

# Art & Music

timeout.com/sri-lanka

## ART

Till January 4

### Sub-marine



Chudamani Clowes



Chudamani Clowes is a London based Sri Lankan artist. The artist shares her thoughts, "In my title *Sub-marine* I wish to render visible those issues that are invisible and cast under the surface. In this work I compare the migration of coral with that of humans across the oceans to

highlight migration's causes, from globalization, human conflict and environmental issues. I want to address the concepts and ideas on migration by using painting, collage and printmaking. My work seeks to examine the phenomena of migration, and the forces of attraction that have led so many to risk these journeys through passages of ungoverned spaces. These are abstract paintings, made with a cornucopia of colours and shapes. Multi-layered and textured, forming a mixed media surface of aquiline colour. I have used a range of techniques such as collage, printmaking and painting. Expect the unexpected in such a sub-aquatic environment, for these are journeys in a kaleidoscope world. Inspect the exquisite colours that shimmer like jewels attracting and hypnotising the traveller. Choosing submarine coral highlights the instability and volatility of the eco-system under threat from pollution and global warming."

Her paintings will be displayed at the Saska Fernando Gallery.

Till January 9

### Looking forward, Looking back



Sanjeeewa Kumara



Sanjeeewa Kumara's exhibition features a fusion of lush, sensual imagery, and the collision between Western pop culture and the Sri Lanka's post colonial legacy.

Kumara states, "Today painting is recognised as a traditional media. But painting still has specific capacities of its

own to discover and exploit. But 'picture' implies space one goes into. I am moving more and more in the direction that I don't want to refer to my images as paintings. I myself suggest the term 'picture'. Pictures are evoking imaginary spheres and they go beyond amusement or exotic. The uncanny – the fantastic – the marvellous – the hesitation – the supernatural and the Uncertainty – very important to my work".

He aims to synchronise diverse historical elements into a visual pastiche, creating a unique visual language that he terms 'non western western art'. He traces his artistic influence to cave painters, saying, "I love the sense that I'm doing the same thing that people have always done." His pictures re-contextualise traditional myths and stories through vibrant colours and ambiguous narratives and new legends are created against bold acid-coloured backdrops and kaleidoscopic motifs.

Sanjeeewa Kumara's creative works will be on display at the Paradise Road Gallery.

January 2

### Opening of the New Wing of Casa Serena Gallery

The New Wing of Casa Serena Art Gallery will be open at the Institute of Palliative Medicine in Nupe, Matara.

The Gallery will display a unique blend of art by Sri Lankan and international artists coming together for a worthy cause. The Casa Serena gallery will be dedicated to supporting the patients who

receive treatments at the Hospice of the Institute of Palliative Medicine.

Nisansala K Rajapaksa, renowned artist and gallery owner contributes her expertise as the curator of the gallery. The works of Sri Lankan and international artists including Raja Segar will be displayed at the gallery.

January 4 – 31

### Exhibition by Spinndonna and Artcology

In aid of the oncologists hospital, artist Spinndonna Raja Segar will display her collection of watercolour collages at the Urban Island, Colombo 7.





## MUSIC

January 25

### Replay



Voice.Print, an acapella group that performs with its own modern twist to the traditional acapella style with beatboxing and vocal play, presents a concert featuring hit songs by popular 'Boybands' ranging from the historical 'The Beatles' to Jackson 5 to Boyz II Men to The Backstreet Boys and One Direction.

Venue: Viharamahadevi Amphitheatre;

Time: 6pm; Tickets: Rs 2,000, Rs 2,500, Rs 5,000

## DANCE

January 12

### Natya Madhur



The Kathak duo Hari and Chethana hailing from Bangalore is world-renowned for their synchronisation and the aesthetic harmony that they lend to the performance. Having appeared at several international platforms, they will present a spectacular dance act in Sri Lanka.

Venue: New Kathiresan Hall, Colombo 4;

Time: 6pm; Tickets: Rs 1,000, Rs 2,500, Rs 3,500, Rs 5,000

## CULTURE

January 16 - 21

### China Ningxia Cultural Week



China Cultural Centre hosts a series of events "China Ningxia Cultural Week" leading up to the Chinese New Year Celebration.

Jan 16

China Ningxia traditional music and dance performance; Pinnawala Central College, Pinnawala; 10am onwards

Jan 18

Sri Lanka and China joint painting exhibition; China Cultural Centre, Colombo 7; 3pm-4.30pm  
Traditional music and dance performance; Nelum Pokuna Mahinda Rajapaksa Theatre, Colombo 7; 6pm onwards

Jan 19-21

China Ningxia Intangible cultural heritage; China Cultural Centre, Colombo 7; 10am-4.30pm

Jan 20

Chinese New Year Celebration, theme video production; Colombo City Centre; 10am onwards

## GALLERIES

### Barefoot Gallery

The gallery provides a platform for artists, musicians, poets and filmmakers to showcase their skills.

704, Galle Road, Colombo 3;

011 258 9305

### Blacklit Galleria

A private gallery by Ilham Sanoon, displays a unique collection of his creative line art.

6, Lauries Lane, Colombo 4;

011 255 4488

### Casa Serena Art Gallery

Curated by Nisansala K Rajapaksa, the gallery features works of Sri Lankan and international artists.

Institute of Palliative Medicine in Nupe, Matara; 076 228 7780

### JDA Perera Gallery

An art gallery within the Faculty of Visual Arts, showcases a variety of exhibitions of all forms of art.

46, Horton Place, Colombo 7;

011 269 3933

### Lords Art Gallery

Located in the Lords Restaurant premises, it features the inspired work of Sri Lankan artists.

Lords Restaurant; 80B, Poruthota Road, Beach Road, Ethukala, Negombo; 077 285 3190

### Lionel Wendt

The Wendt consists of a theatre and a gallery and the Harold Peiris Gallery, located within is used for several exhibitions.

Guildford Crescent, Colombo 7; 011 269 5794

### Paradise Road Gallery

Curated by Shanth Fernando, the gallery showcases vibrant and contemporary art of various mediums.

2, Alfred House Road, Colombo 3; 011 258 2162

### Sapumal Foundation

A gallery at the beautiful home of late Harry Pieris, Secretary of Colombo '43 Group and founder of Sapumal Foundation in 1974. 32/4, Barnes Place, Colombo 7

### Saskia Fernando Gallery

A modern gallery showcasing the work of established and emerging Sri Lankan artists.

41, Horton Place, Colombo 7; 011 742 9010

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011 258 8323  
24, Torrington Road, Kandy; 081 222 7593

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011 267 7142  
The Central Hospital, Norris Canal Road,  
Colombo 10; 011 269 0510  
171, Samarakoon Building,



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011 285 2620

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Maharagama; 011 283 8662  
200A, High Level Road, Waththegedara,  
Maharagama; 011 285 1283

240, Galle Road, Wellawatte; 011 236 3248  
34, Main Street, Battaramulla;  
011 287 9243

Dr. Neville Fernando Teaching Hospital,  
Malabe; 077 751 1261

85E, Colombo Road, Avissawella;  
036 222 2191

272/A, Kandy Road, Dalugama, Kelaniya;  
011 299 1177

1/42, Queen Mary's Road, Gampaha;  
033 223 6762

207, Bandaranayake Mawatha,  
Kada Dolaha, Anuradhapura;  
025 223 4386

74, Peradeniya Road, Kandy;  
081 223 6560

80, Main Street, Kegalle; 035 222 1524

74, South Circular Road, Kurunegala;  
037 223 1669

51, Wakwella Road, Galle; 091 222 6596

255, Galle Road, Kalutara; 077 723 5648

306, Anagarika Dharmapala Mawatha,  
Nupe, Matara; 041 223 5111

40, Jail Street, Hambantota; 047 222 1020

100, Bar Road, Arasady, Batticaloa;  
065 222 9114

178, K K S Road, Jaffna; 021 221 9288

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### Grand Oriental Hotel

2, York Street, Colombo 1; 011 232 0320

### Laundrette by Galadari Hotel

Nawala; 077 352 2120  
Nugegoda; 077 352 2122  
Rajagiriya; 077 352 2124  
Staple Street, Colombo 2; 077 352 2125

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Taj Samudra Colombo,  
25, Galle Face Centre Road,  
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Burger King; 011 594 8888  
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Mlesna; 011 268 5828  
Tommy Hilfiger; 011 511 8484  
Sen-Saal; 011 269 9563

#### Colombo Racecourse

Reid Avenue, Colombo 7.  
Tea Breeze; 011 268 2003

#### Crescat Boulevard

Cinnamon Grand Colombo, Galle Road,  
Colombo 3. Aviraté; 011 464 5450  
Hameedia; 011 239 5798  
HEAD Turners; 011 554 0399  
Mlesna Tea Centre; 011 553 6654  
Odel-Backstage; 011 470 0984  
Roots; 011 244 1735  
Spa Ceylon Boutique; 011 554 4398  
Stone N String; 011 553 8511  
Thef; //stop; 011 232 0611  
Turret; 011 232 3988  
WA De Silva and Co; 011 243 8058

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Mlesna Tea Centre; 081 220 0255  
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23-26, 1<sup>st</sup> Floor, Arcade Independence  
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#### Giordano

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Mawatha, Colombo 3; 011 511 7878

#### Glitz

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267, High Level Road, 7<sup>th</sup> Mile Post,  
Nugegoda; 011 281 2021  
424, Main Street, Negombo; 031 222 4141

#### Golden Needle

202/1, Havelock Road, Colombo 5;  
011 258 5141

#### Hameedia

34, Galle Road, Wellawatta; 011 250 5193  
Majestic City; see Malls.  
69, Main Street, Colombo 11; 011 238 8109  
126, High Level Road, Nugegoda;  
011 282 1036  
538, Old Kotte Road, Rajagiriya;  
011 383 1339

269, Main Street, Ratnapura; 045 223 0042.  
406/1, Peradeniya Road, Kandy;  
081 220 3768  
37, Negombo Road, Kurunegala;  
037 222 3176  
420, Main Street, Negombo; 031 222 0244.  
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Colombo 6; 011 236 2334

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011 269 0357  
288, Galle Road, Colombo 4; 011 255 9821.  
566A, Negombo Road, Wattala;  
011 293 3213

#### Levi's

68/A, Dharmapala Mawatha, Colombo 3;  
011 523 0300.  
6, New Wing, Liberty Plaza, RA De Mel  
Mawatha, Colombo 3; 011 511 7979

#### Mango

1/1, Bagatalle Road, Colombo 3;  
011 526 0077

#### Navavi

525, Galle Road, Colombo 4; 011 258 8485  
Majestic City, 3<sup>rd</sup> floor; 011 523 2033  
Hill Street, Dehiwela; 011 523 2038  
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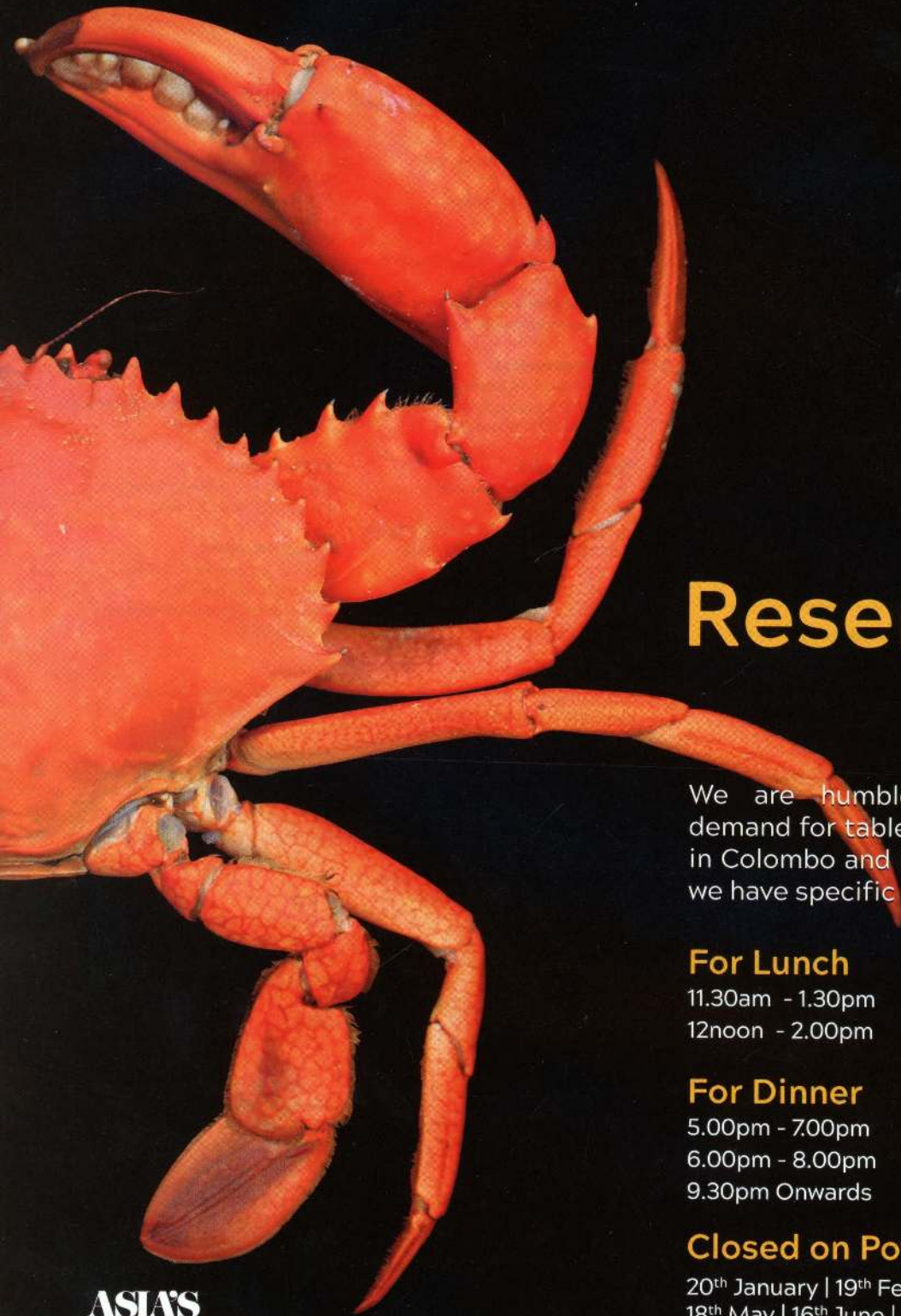
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011 574 0077. Liberty Plaza; see Malls

#### NOLIMIT

40, D S Senanayake Mawatha, Borella;  
011 267 2689  
Wellawatte; 011 236 0260  
NOLIMIT Image, 50, Galle Road, Wellawatte;  
011 258 7812  
152, High Level Road, Nugegoda;  
011 282 9955  
108A, High Level Road, Maharagama;  
011 274 5191  
Gents' clothing; 1, Hill Street, Dehiwela;  
011 273 2492  
Ladies' and children's clothing;  
17, Hill Street; Dehiwela; 011 272 6299





# Reservations

We are humbled by the overwhelming demand for tables at our flagship restaurant in Colombo and in order to serve you better we have specific seating times

## For Lunch

11.30am - 1.30pm      1.45pm - 3.30pm  
12noon - 2.00pm      2.15pm - 3.30pm

## For Dinner

5.00pm - 7.00pm      8.30pm - 10.30pm  
6.00pm - 8.00pm      7.15pm - 9.15pm  
9.30pm Onwards


## Closed on Poya Days

20<sup>th</sup> January | 19<sup>th</sup> February | 20<sup>th</sup> March | 19<sup>th</sup> April  
18<sup>th</sup> May | 16<sup>th</sup> June | 16<sup>th</sup> July | 14<sup>th</sup> August  
13<sup>th</sup> September | 13<sup>th</sup> October | 12<sup>th</sup> November  
11<sup>th</sup> December

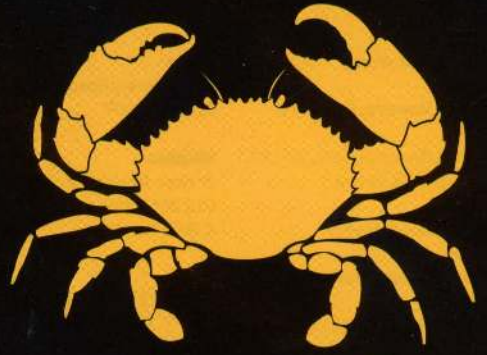
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# Shopping

143, Galle Road, Ratmalana;  
011 273 1090  
36, Senanayake Mawatha, Ratnapura;  
045 222 2987  
266, Galle Road, Panadura; 038 224 1677  
557, Peradeniya Road, Kandy;  
081 220 0788  
121/22, Kandy Road, Kegalle;  
035 222 1445  
9, Baudhaloka Mawatha, Kurunegala;  
037 222 1866  
456, Main Street, Negombo; 031 222 4144

## Odel

5, Alexandra Place, Colombo 7;  
011 462 5800  
Crescat Boulevard; see Malls.  
Majestic City; see Malls.  
Koswatte, Battaramulla; 011 464 1400  
Dutugemunu Street Kohuwela;  
011 454 2756  
286, Highlevel Road, Nugegoda;  
011 420 9139  
4, Hotel Road, Mt Lavinia; 011 464 0490  
89A, New Galle Road, Moratuwa;  
011 420 9571  
1<sup>st</sup> Floor, Capital Mall, Thalawathugoda;  
011 335 7900  
50, Pedlar Street, Galle; 091 222 3120;  
Panadura; 038 428 5008  
6, Dalada Veediya, Queen's Hotel;  
081 220 5388  
K-Zone, Ja-Ela; 011 207 1071  
Kiribathgoda; 011 464 1961  
12, Poruthota Road, Ettukala,  
Negombo; 031 227 7443  
Wattala; 011 464 5186

## Pallu

54, WA Silva Mawatha, Wellawatte;  
011 258 7813

## Pepe

4, New Wing, Liberty Plaza, RA De Mel  
Mawatha, Colombo 3; 011 511 7373

## Peter England

14, De Fonseka Place, Colombo 5;  
011 308 5085

## PR

41, Horton Place, Colombo 7;  
011 269 9921

## Splash

175, New Bulls Road, Colombo 4;  
011 594 7947

## Selyn

(See Arts & Crafts)

## The Envoy Mansion

18, Bagatille Road, Colombo 3;  
011 258 5808

## The Outlet Store

142, Baudhaloka Mawatha,  
Colombo 4; 011 786 8888

## Tommy Hilfiger

7-8, Ground Floor, Arcade Independence  
Square, Colombo 7; 011 511 8484

## Urban Trendz

273, Galle Road, Colombo 3; 011 307 0554

Time Out Sri Lanka January, 2019

## Vonel

147 A, Kynsey Road, Colombo 7;  
011 401 0007

## Diliganz

1<sup>st</sup> Floor, Marino Mall, Colombo 3;  
011 255 4387  
4, Galle Road, Dehiwala; 011 255 4387

## Furniture

### Singer Homes

445, Galle Road, Colombo 3; 011 451 0405  
504, Galle Road, Colombo 6;  
011 236 4180. 2D, Highlevel Road,  
Godagama; 011 274 8515  
Sri Jayawardenapura Mawatha, Kotte;  
011 286 2271  
147, High Level Road, Maharagama;  
011 284 9140  
435, Galle Road, Ratmalana;  
011 260 7150  
Royal Building, Queen Elizabeth Road,  
Nuwara Eliya; 052 222 4057  
18, Darmadutha Mawatha,  
Badulla; 055 222 5566  
105, Colombo Road, Ratnapura;  
045 223 2386  
320, Galle Road, Kalutara – South;  
034 222 2920  
3, Anagarika Dharmapala Mawatha,  
Matara; 041 562 0527  
338/16, Main Street, Anuradhapura;  
025 223 4264  
Kegalle; 035 223 0711  
171, Colombo Road, Kurunegala;  
037 223 1410  
144/1 B, Kandy Road, Kadawatha;  
011 292 8080  
96, St. Joseph Street, Negombo;  
031 222 7033

### Your Home Furniture

91, WA Silva Mawatha, Colombo 6;  
011 437 5005

### Dilshan Drapers

(See Interiors)

### D Y Century

(See Interiors)

## Gems, Jewellery & Watches

### WA De Silva and Co

L24A L24B, Crescat Boulevard,  
89, Galle Road, Colombo 3; 011 243 8058  
46, Malwatta Road, Colombo 11;  
011 232 9778  
3-54, Majestic City, Colombo 4;  
011 255 5225  
528, Havelock Road, Colombo 6;  
011 236 7209  
1-35, Liberty Plaza, Colombo 3;  
011 237 0997  
6C, Pagoda Road, Nugegoda;  
011 281 0977  
G-5B, K Zone, Ja-Ela; 011 224 7990  
10D, Departure/ Transit Area, BIA  
Katunayake; 011 225 8115  
3-18, Kandy City Centre, Kandy;  
081 220 0455

## Zam Gems

Colombo 4; 011 258 9090  
Cinnamon Grand Colombo; 011 233 6513  
Cinnamon Lakeside Colombo;  
011 536 4903  
Shangri-La Colombo; 1, Galle Face,  
Colombo 2; 072 911 2182  
Hilton Colombo; 011 242 2550  
Movenpick Hotel; 24, Dharmapala  
Mawatha, Colombo 3; 072 724 0627  
Odel, 5, Alexandra Place, Colombo 7;  
011 268 7336  
584, Peradeniya Road, Kandy;  
081 222 6446  
Old Dutch Hospital, Galle Fort, Galle;  
091 223 1612

## Careems Jewellers

11, Cambridge Place, Colombo 7;  
011 268 3805  
Hilton Colombo; 011 233 6997  
World Trade Centre; 011 233 6998  
Jei Jei Beach, 150 Beach Road, Panadura;  
077 859 9249  
Jetwing Beach Hotel, Ethukale,  
Porutota Road, Negombo; 031 227 8615  
Jetwing Sea, Palangaturai, Kochchikade,  
Negombo; 031 227 3050  
Jetwing Lighthouse, Dadella, Galle;  
091 223 5712

## Exotic Jewels by Farook Gems

9, 5<sup>th</sup> Floor, School Lane, Colombo 3;  
011 259 7526

## GMT

2-09, 1<sup>st</sup> Floor, Majestic City,  
Colombo 4; 011 255 3786

## Int Watch Station

11, New Wing, Liberty Plaza, RA De Mel  
Mawatha, Colombo 3; 011 511 8585;  
Level 3, Kandy City Centre, Kandy;  
081 527 2222

## Lalitha Jewellers

442, RA De Mel Mawatha, Colombo 3;  
011 257 7451  
105, Sea Street, Colombo 11;  
011 232 3691

## Rolex – Tharaka Time House

75/1, Ground Floor, Hemas Building,  
York Street, Colombo 1; 011 239 1343

## Stone N String

275, RA De Mel Mawatha,  
Colombo 3; 011 230 1555  
Crescat Boulevard; see Malls.  
K-Zone, Moratuwa; 011 264 1067  
Majestic City; see Malls.  
World Trade Centre; 011 239 2230  
Grand Hotel; 052 222 4150  
12, Dalada Veediya, Kandy; 081 222 4466  
K-Zone, Ja-Ela; 011 205 1336  
Galle Dutch Hospital; 091 223 1852

## TURRET

64, Srimath Anagarika Dharmapala  
Mawatha, Colombo 3; 011 722 0585  
Crescat Boulevard; see Malls.  
Kandy City Centre; see Malls.

## Vogue Jewellers

528, Galle Road Colombo 3; 011 541 4414

Ground Floor, Sausiri Shopping Complex,  
Nugegoda; 011 282 6271  
222, Main Street, Negombo; 031 223 8311  
96, Parakumba Street, Kurunegala;  
037 222 9133  
L2–19, Kandy City Centre; 081 222 2133

## Wimaladharm Brothers

120, Front Street, Colombo 11;  
011 232 5613;  
Liberty Plaza; see Malls.  
Majestic City; see Malls  
Starline, 24, Maha Veediya, Galle;  
091 222 2348

## Zays Ridhi

74, Lauries Road, Colombo 4; 011 259 8471

## Fine Gem & Jewellery

298B, RA De Mel Mawatha,  
Colombo 3; 011 230 1810

## Ramzi & Co

98 Baudhaloka Mawatha (facing Duplication  
Road), Colombo 4; 011 777 223 553

## Gifts & Souvenirs

### Spa Ceylon (retail outlets)

Crescat Boulevard, See Malls;  
Royal Indulgence Store & Spa  
103, Galle Road, Colombo 3; 011 233 7111  
Barefoot, 704, Galle Road,  
Colombo 3; 011 2589305  
Paradise Road, Dharmapala Mawatha,  
Colombo 7; 011 268 6043  
Odel, Alexandra Place, Colombo 7  
Spa Ceylon Luxury Ayurveda – Resort Spa &  
Boutique, Heritance Negombo, 175, Lewis  
Place, Negombo; 011 511 4464  
Spa Ceylon Urban Spa & Boutique-Parkland,  
Ground Floor Parkland, 33 Park Street,  
Colombo 2; 011 534 0011  
60, Stratford Avenue, Colombo 6.  
62, Chatham Street, Colombo 1;  
011 511 6163

### Chinese Gift Palace

78, Galle Road, Colombo 6; 011 259 4931

### Luv SL

Dutch Hospital Precinct, Hospital Road,  
Colombo 1; 011 244 8873  
5, Alexandra Place, Colombo 7;  
011 462 5800

## Handloom

### EastStar

532/4B, Sirikotha Lane, Colombo 3;  
011 454 6165  
173, Old Road, Maharagama; 011 284 2828  
354B/2, Alayadi North Road, Natpiddimunai,  
Kalmunai; 067 222 1374

### Selyn

(See Arts & Crafts)

## Home Appliances

### Singer Mega

4B, De Krester Place (off Duplication Road),  
Colombo 4; 011 250 3369



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**SELYN**



102, Fife Road, Colombo 5;  
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info@selyn.lk; selyn.lk  
Opening hours: 10am–7pm  
Mon – Sat, 10am–5pm Sun & Poya

**GOOD FOR:**  
Premium quality handloom and  
handicraft products

Colourful and chic, the fashion wear at Selyn rejuvenates a traditional craft

Upon entering the Selyn flagship store down Fife Road in Colombo 5, vibrant hues of myriad colours greet the visitor. The ambience is vibrant and bright with different kinds of exquisite handloom based traditional products being displayed within. Determined to revive a fading tradition, Selyn creates Sri Lanka's only fair-trade certified handloom products since 1991 empowering a vast number of talented local women artisans.

Woven in uncommonly, attractive colours and shades, fashion collections at Selyn reflects authenticity as well as subtle hints of modernity. All garments including sarees, sarongs, shirts, blouses and dresses are of premium quality and feature delicate designs. Distinctive and limited pieces are crafted by clearly mixing and matching contrasting colours. The dazzling range of accessories on display are crafted recycling material from production offcuts ensuring that nothing goes to waste. Household linen including cushion covers, table linen, bed runners, curtains and upholstery in various designs are also available at Selyn and they have now introduced a wide range of other handicraft items to complement their extensive home collections.

Also on offer are their export standard exclusive range of adorable soft toys and educational toys featuring funny characters and animals made to international toy safety standards. These innovative toys are safe for kids and make their play-time delightful.

Inspired by tradition, Selyn ensures a unique shopping experience with its fair trade certified alluring collection of fashion, homeware and toys. There's something for everyone at Selyn!

Noritake hand painting outlet;  
Gen. Ranjan Wijeratna Mawatha,  
Pannala; 037 224 6007

**Tea & Spices**

**Mlesna**

- Tea Centre, WP4, 30, Arcade Independence Square, Colombo 7; 011 268 5828
- Tea Centre, Hilton Colombo, Colombo 1; 011 249 2155
- Tea Centre; Galadari, Lotus Road, Colombo 1; 011 254 4544 Ext. 483
- Tea Centre; L-12, Crescat Boulevard, Colombo 3; 011 553 6654
- Kiosk; 43A, Liberty Plaza, Colombo 3; 072 235 7145
- Tea Centre; 29, Liberty Plaza, Colombo 3; 011 257 4545
- Tea Centre; 1-08B, Majestic City, Colombo 4; 011 258 4492
- Tea Centre; 15, Dalada Veediya, Kandy; 081 222 8626
- Tea Centre; L2-18, Kandy City Centre, Kandy; 081 220 0255
- Tea Centre; Airport Garden Hotel, Negombo Road, Katunayake; 011 225 2950 Ext. 720
- Tea Centre; 218, Moragala, Beruwela; 034 567 9220
- Tea Castle; Patana, Talawakelle; 051 222 2289
- Tea Centre; 84, Wellimada Road, Bandarawela; 057 223 1663

**Tea Tang**

- 16, Galle Face Court, Colombo 3; 011 472 2055
- Liberty Plaza; see Malls. Shakti Gallery, 11 Havelock Road, Colombo 5; 011 727 6592
- 235/4, Old Awissawella Road, Orugodawatta; 011 460 7500
- Tea Tang Museum Shop, Hantana; 011 574 7411
- Lake Front Shop, 2H Sangaraja Mawatha, Kandy; 081 223 7544

**Tea Breeze**

- B18, Perahara Mawatha, Colombo 3; 011 243 4074
- 11A, Grand Stand, GS4, Racecourse Ground, Reid Avenue, Colombo 7; 011 268 2003
- UK 11-3, Dutch Hospital, Galle Fort; 091 223 1851
- 62A, Light House Street, Galle Fort, Galle; 091 312 4487
- 131/2, Gala Widapu Thana, Pahala Kadugannawa, Hingula; 035 335 2560
- Elephant Bath Road, Pinnawala; 035 226 6166
- B4C, Queen Elizabeth Plaza, Nuwara Eliya; 052 222 2830

**Ahmad Tea**

"Ceylon Special" Tea Shop, 303, R A de Mel Mawatha, Colombo 3; 011 237 0904

**Chewy Cinnamon by Stone N String**

275, R A De Mel Mawatha, Colombo 3; 011 230 1555

**My Kind of Place by Stone N String**

275, R A De Mel Mawatha, Colombo 3; 077 162 3812

- 272, High Level Road, Maharagama; 011 284 4711
- 16/6A, New Kandy Road, Thalagama North, Malabe; 011 274 1860
- 582/1/1 Pannipitiya Road, Thalawathugoda; 011 207 4423
- 326, Galle Road, Mt Lavinia; 011 2761632
- 4D, Nawala Road, Nugegoda; 011 276 9579
- 227, Castle Street, Colombo 8; 011 269 0909
- 38, Thurstan Road, Colombo 3; 011 237 5645
- K-Zone, B5, 340, Galle Road, Lakshapathiya, Moratuwa; 011 264 8030
- 585-587 Galle Road, Panadura; 038 224 1195
- 213-215, Peradeniya Road, Kandy; 081 222 6607
- 103, Colombo Road, Gampaha; 033 223 0429
- 525, Colombo Road, Kapuwatte, Ja-Ela; 011 205 1352
- 93, Kandy Road, Dalugama, Kelaniya; 011 290 8923
- 220A, Colombo Road, Negombo; 031 222 7082
- 811, Negombo Road, Wattala; 011 298 1088

**Interiors**

**Cozy Linen**

33 1/1, Queen's Road, Colombo 3; 011 555 5549

**Dilshan Drapers**

334, Nawala Road, Rajagiriya; 011 280 7874;  
915, Kandy Road, Wedamulla, Kelaniya; 011 436 7676;  
230/A, Colombo Road, Negombo; 031 493 3528;

**D Y Century**

536, Havelock Road, Colombo 6; 011 436 7440;  
495, Galle Road, Rawatawatte, Moratuwa; 011 436 7228

**Your Home Furniture**

(See Furniture)

**iOS Devices**

**BT Store**

536, R A De Mel Mawatha (Duplication Road), Colombo 3; 011 259 7991

**Kids' toys/Clothes**

**Mothercare**

7, R A De Mel Mawatha, Colombo 5; 011 588 2882

**The Kids Warehouse**

25, Visaka Road, Colombo 4; 011 432 0404

**Porcelain**

**Dankotuwa Porcelain**

Signature Showroom, Guildford Crescent, Colombo 7; 011 530 5555  
194, High Level Road, Kirulapana; 011 566 5000  
505, Union Place, Colombo 2; 011 563 0000  
Factory Showroom, Kurunegala Road, Dankotuwa; 031 550 0500

**Noritake**

Noritake City Store, 77, Dharmapala Mawatha, Colombo 7; 011 233 1809  
Noritake Factory Store, 358, Colombo Road, Pepiliyana Junction, Boralessgamuwa; 011 281 6363  
580, Negombo Road, Mabola, Wattala; 011 573 7007  
30, Warakamura Road, Matale; 066 224 3185





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# Colombo

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## BARS AND PUBS

### 7° North

Cinnamon Lakeside, 115,  
Sir Chittampalam A Gardiner Mawatha,  
Colombo 2; 011 249 1948

### Botanik

7, Hospital Street, Colombo 1;  
076 644 5888

### Breeze Bar

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7370

### Cheers Pub

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7373

### Cloud Red

Cinnamon Red, 59, Ananda  
Coomaraswamy Mawatha,  
Colombo 3; 011 214 5175

### Loft Lounge Bar

Colombo Court Hotel & Spa, 32, Alfred  
House Avenue, Colombo 3; 011 464 5333

### ON14

OZO Hotel, 36-38, Clifford Place,  
Colombo 4; 011 255 5570

### Pool Bar and Sports Bar

Cinnamon Lakeside, 15, Sir Chittampalam  
A Gardiner Mawatha, Colombo 2;  
011 249 1998

### Cè La Vi

The Kingsbury, 48, Janadhipathi  
Mawatha, Colombo 1; 0761110110

### The Hut

Mount Lavinia Hotel, 100, Hotel Road,  
Mount Lavinia; 011 271 1711

### The Kings

Kingsbury, 48, Janadhipathi Mawatha,  
Colombo 1; 011 242 1221

### The Library

Cinnamon Lakeside, 115,  
Sir Chittampalam A Gardiner Mawatha,  
Colombo 2; 011 249 1925

### The Lounge

Cinnamon Lakeside, 115, Sir  
Chittampalam A Gardiner Mawatha,  
Colombo 2; 011 249 1956

### Ceylon Sea Fish Restaurant

See Seafood

### Curve Bar

50/1, Park Street, Colombo 2;  
011 230 0183

### L.A.B

Hilton Colombo, 2, Sir Chittampalam  
A Gardiner Mawatha, Colombo 2;  
011 249 2492

### Lobby Bar

Galadari Hotel, 64, Lotus Road,  
Colombo 1; 011 254 4544

### In on the Green

Galle Face Hotel, 2 Galle Road,  
Colombo 3; 011 254 1010

### Margarita Blue

Galadari Hotel, 64, Lotus Road,  
Colombo 1; 011 254 4544

### Oasis Lounge

Ramada Colombo, 30, Sir Mohamed  
Macan Markar Mawatha, Colombo 3;  
011 242 2001

### Stallion Pub

Grand Oriental Hotel, 2, York Street,  
Colombo 1; 011 232 0320

### Stella Karaoke Bar

Hilton Colombo, 1, Sir Chittampalam  
A Gardiner Mawatha, Colombo 2;  
011 249 2492

### The Pool Bar

Galle Face Hotel, 2, Galle Road,  
Colombo 3; 011 254 1010

### The Secret Garden

Ramada Colombo, 30, Sir Mohamed  
Macan Markar Mawatha, Colombo 3;  
011 242 2001

### Travellers' Bar

Galle Face Hotel, 2, Galle Road,  
Colombo 3; 011 254 1010

### Yumi

See Japanese

### The Rose Lounge

Marino Beach Colombo,  
590, Marine Drive, Colombo 3;  
011 237 5375

### Sunset Bar

Marino Beach Colombo,  
590, Marine Drive, Colombo 3;  
011 237 5375

### Garden Bar

Marino Beach Colombo, 590, Marine  
Drive, Colombo 3; 011 237 5375

## BOUTIQUE VILLAS

### Chef's Shack

44, Dharmapala Place, Rajagiriya

### Ellen's Place

31, Shady Grove Avenue, Colombo 8;  
011 268 0062; info@ellensplace.lk

### Paradise Road Tintagel Colombo

65, Rosmead Place, Colombo 7;  
011 460 2122;  
reservations@tintagelcolombo.com

## CAFES

### Cloud Cafe

Colombo Court Hotel & Spa, 32, Alfred  
House Avenue, Colombo 3; 011 464 5333

### Coffee Stop

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7382

### Goodies

Cinnamon Lakeside, 115,  
Sir Chittampalam A Gardiner Mawatha,  
Colombo 2; 011 249 1804

### Lattice

Taj Samudra, Colombo, 25, Galle Face  
Centre Road, Colombo 3; 011 244 6622

### Pebbles

Taj Samudra Colombo, 25, Galle Face  
Centre Road, Colombo 3; 011 244 6622

### Tea Lounge

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7380

### The Café

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7874

### Aviraté Café

30, Maitland Crescent, Colombo 7;  
011 438 0780

### Baked

Ramada Colombo, 30, Sir Mohamed  
Macan Markar Mawatha, Colombo 3;  
011 242 2001

### Café 64

Galadari Hotel, 64, Lotus Road,  
Colombo 1; 011 254 4544

### Café Bagatelle

18, Bagatelle Road, Colombo 3;  
011 381 8815

### Café Beverly

475/C, Sri Jayawardenapura Mawatha,  
Welikada, Rajagiriya; 011 288 8686

### Commons Coffee House

39A, Flower Road, Colombo 7;  
011 269 4435

### Commons Coffee House @ Hatch

14, Sir Baron Jayatileke Mawatha,  
Colombo 1; 011 233 3529

### Cafe KAI

Hilton Colombo, 2, Sir Chittampalam  
A Gardiner Mawatha, Colombo 2;  
011 249 2492

### Harpo's Colombo Fort Café

Dutch Hospital Complex, Echelon Square,  
Colombo 1; 011 243 4946

### Tea Breeze

B18, Perahara Mawatha, Colombo 3;  
011 243 4074

### The Gallery Café

2, Alfred House Road, Colombo 3;  
011 258 2162

### Sen Saal

267, Kaduwela Road, Battaramulla;  
011 287 1497  
Thimbrigasyaya, Colombo 5;  
011 259 0591  
Nawala, 011 280 5253

Hyde Park, Colombo 2; 011 233 3232  
Havelock, Colombo 6; 011 250 8802  
Nugegoda; 011 282 6969  
Arcade Independence Square;  
011 269 9563

### Life Food

31, Perahera Mawatha, Colombo 3;  
011 722 5433

## CAKES

**Baked;** See cafés

**Café 64;** See cafés

**Café KAI;** See cafés

**Pebbles;** See cafés

## CASINOS AND NIGHTLIFE

### Bally's

34, D R Wijewardena Mawatha,  
Colombo 10; 011 233 1150

### Bellagio

430, RA De Mel Mawatha,  
Colombo 3; 011 257 5271

### Casino Marina

30, Marine Drive, Colombo 3;  
011 421 9988

### B 52 Night Club

Grand Oriental Hotel, 2, York Street,  
Colombo 1; 011 232 0320

## FRUIT JUICE/ICE CREAM

### Roots

162 B, Nawala Road, Nugegoda;  
011 302 1108  
Cool Planet, 27, S D S Jayasinghe  
Mawatha, Nugegoda; 011 302 1111  
Crescat Boulevard; see Malls  
Diyawanna Food Court, Parliament  
Road, Kotte; 011 302 1116  
Excel World Entertainment Park, T B Jaya  
Mawatha, Colombo 10; 011 302 1105  
Fashion Bug, 415, RA De Mel Mawatha,  
Colombo 3; 011 302 1118  
Glitz, 267, 7<sup>th</sup> Mile Post, High Level Road,  
Nugegoda; 011 302 1114  
Glitz, Hyde Park Corner; 011 302 1115  
Liberty Plaza; see Malls  
Majestic City; see Malls  
Odel, Alexandra Place; 011 302 1109  
Tisara Plaza, Kohuwala;  
011 302 1113

### Roots Mobile Truck

077 346 1566, 011 250 6292,  
011 302 1110

## FITNESS

### BT Active

071 010 9796

## HOTELS

### Cinnamon Grand

77, Galle Road, Colombo 3;  
011 243 7437  
grand@cinnamonhotels.com



### Cinnamon Lakeside

115, Sir Chittampalam A Gardiner  
Mawatha, Colombo 2; 011 249 1000;  
lakeside@cinnamonhotels.com





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# Colombo



## Cinnamon Red

59, Ananda Coomaraswamy Mawatha, Colombo 3; 011 214 5145; info@cinnamonhotels.com

## Colombo Court Hotel & Spa

32, Alfred House Avenue, Colombo 3, 011 464 5333 info@colombocourthotel.com

## Mount Lavinia Hotel

100, Hotel Road, Mount Lavinia; 011 271 1711; reservation@mountlaviniahotel.com

## OZO Colombo

36-38, Clifford Place, Colombo 4; 011 255 5570; reservations.colombo@ozohotels.com

## Taj Samudra Colombo

25, Galle Face Centre Road, Colombo 3; 011 244 6622; reservations.samudra@tajhotels.com

## The Kingsbury

48, Janadhipathi Mawatha, Colombo 1; 011 242 1221; info@thekingsburyhotel.com

## Galadari Hotel

64, Lotus Road, Colombo 1; 011 254 4544; info@galadarihotel.lk

## Galle Face Hotel

Galle Face Hotel, 2, Galle Road, Colombo 3; 011 254 1010; information@gallefacehotel.net

## Grand Oriental Hotel

2, York Street, Colombo 1; 011 232 0320; info@grandoriental.com

## Hilton Colombo

2, Sir Chittampalam A Gardiner Mawatha, Colombo 2; 011 254 4644; colombo.reservations@hilton.com

## Ramada Colombo

30, Sir Mohamed Macan Markar Mawatha, Colombo 3; 011 242 2001; info@ramadacolombo.com

## Serendib Grand

129, Sri Saddarma Mawatha, Colombo 10; 011 266 2668; info@serendibgrand.com

## Thotupola Lakeside Resort

70, Deltara, Piliyandala; 011 261 7450; sales@thotupolalakeside.lk

## Marino Beach Colombo

590, Marine Drive, Colombo 3; 011 2375 375 reservations@marinobeach.com

## RESTAURANTS

### Arabic

#### Arabian Knights

377, Galle Road, Colombo 3; 011 230 1031

#### Scheherazade Arabic Restaurant

Galadari Hotel, 64, Lotus Road, Colombo 1; 011 254 4544

### Chinese

#### Golden Dragon

Taj Samudra Colombo, 25, Galle Face Centre Road, Colombo 3; 011 244 6622

#### Long Feng

Cinnamon Lakeside, 115, Sir Chittampalam A Gardiner Mawatha, Colombo 2; 011 249 1949

#### Yue Chuan

The Kingsbury, 48, Janadhipathi Mawatha, Colombo 1; 077 108 7720

### Tao

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7369

### Shiwu

Marino Beach Colombo, 590, Marine Drive, Colombo 3; 011 259 5595

### Coffee Shops

#### Harbour Court

The Kingsbury, 48, Janadhipathi Mawatha, Colombo 1; 077 108 7720

#### Ports of Call

Taj Samudra Colombo, 25, Galle Face Centre Road, Colombo 3; 011 244 6622

#### Lobby Lounge and Bar

Mount Lavinia Hotel, 100, Hotel Road, Mount Lavinia; 011 271 1711

### Stirred

Cinnamon Red, 59, Ananda Coomaraswamy Mawatha, Colombo 3; 011 214 5177

### Taprobane

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7377

### The Dining Room

Cinnamon Lakeside, 115, Sir Chittampalam A Gardiner Mawatha, Colombo 2; 011 249 1930

### The Terrace

Mount Lavinia Hotel, 100, Hotel Road, Mount Lavinia; 011 271 1711

### Coffee Shop

Galadari Hotel, 64, Lotus Road, Colombo 1; 011 254 4544

### Gardenia Coffee Shop

Ramada Colombo, 30, Sir Mohamed Macan Markar Mawatha, Colombo 3; 011 242 2001

### Eurasian

#### The Verandah

Galle Face Hotel, 2, Galle Road, Colombo 3; 011 254 1010

### Fast Food

#### Burger King

283, Galle Road, Colombo 3; 011 596 3963  
212, Galle Road, Mt Lavinia; 011 562 8628  
937, Kotte Road, Kotte, Rajagiriya; 011 565 4654  
The Central Hospital, Food Court, Level 3, 114, Norris Canal Road, Colombo 10; 011 511 5533  
1st Floor, Liberty Plaza, RA De Mel Mawatha, Colombo 3; 011 597 5555  
12-14, Arcade Independence Square; 011 594 8888  
D, Ground Floor, Hospital Street, Colombo 1; 011 592 0101  
165, Highlevel Road, Nugegoda; 011 574 7700

### Fine Dining

#### Governor's Restaurant Colombo

Mount Lavinia Hotel, 100, Hotel Road, Mount Lavinia; 011 271 1711

### The London Grill

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7379

### California Grill

Galadari Hotel, 64, Lotus Road, Colombo 1; 011 254 4544

### The 1864

Galle Face Hotel, 2, Galle Road, Colombo 3; 011 254 1010

### Tintage

65, Rosmead Place, Colombo 7; 011 460 2060

### Fusion / International

#### EAT

OZO Colombo, 36-38, Clifford Place, Colombo 4; 011 255 5570

### Flavoured

Cinnamon Red, 59, Ananda Coomaraswamy Mawatha, Colombo 3; 011 214 5176

### Noodles

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7440

### The Courtyard

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7440

### Graze Kitchen

Hilton Colombo, 2, Sir Chittampalam A Gardiner Mawatha, Colombo 2; 011 249 2492

### Harbour Room Restaurant

Grand Oriental Hotel, 2, York Street, Colombo 1; 011 232 0320

### Park Street Mews Restaurant

50/1, Park Street Colombo 2; 011 230 0133

### Amber Poolside

Colombo Court Hotel & Spa, 32, Alfred House Avenue, Colombo 3; 011 464 5333

### Sen Saal

(See Cafes)

### Next Innings

4, Old Dutch Hospital, Colombo 1; 077 562 4624

### Tides

Marino Beach Colombo, 590, Marine Drive, Colombo 3; 011 237 5375

### Indian

#### Chutneys

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7372

#### Navaratna

Taj Samudra Colombo, 25, Galle Face Centre Road, Colombo 3; 011 244 6622

#### Alhambra

Ramada Colombo, 30, Sir Mohamed Macan Markar Mawatha, Colombo 3; 011 242 2001

### Flavors

Galadari Hotel, 64, Lotus Road, Colombo 1; 011 254 4544

### Italian

#### Echo

Cinnamon Grand, 77, Galle Road, Colombo 3; 011 249 7385

#### Fire and Ice Pizzeria

9A, Glen Aber Place, Colombo 4; 011 259 9970

#### Harpo's Pizza & Pasta

178/A, Stanley Thilakarathne Mawatha, Nugegoda; 011 432 3023 (Dine in), 011 486 9000 (Delivery)

#### Il Ponte

Hilton Colombo, 2, Sir Chittampalam A Gardiner Mawatha, Colombo 2; 011 249 2492

#### Scarlet Room

Colombo Court Hotel & Spa, 32, Alfred House Avenue, Colombo 03, 011 464 5333





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COLOMBO - SRI LANKA



# Colombo

## The Bayleaf

79, Gregory's Road, Colombo 7;  
011 269 5920

## Japanese

### Ikoi Tei

Dutch Hospital Shopping Precinct,  
Hospital Road, Colombo 1;  
011 244 1275

## Sushi Bar

Cinnamon Lakeside, 115, Sir  
Chittampalam A Gardiner Mawatha,  
Colombo 2; 011 249 1956

## Yumi

Taj Samudra, 25, Galle Face Centre Road,  
Colombo 3; 011 244 6622

## Mizu

Ramada Colombo, 30, Sir Mohamed  
Macan Markar Mawatha, Colombo 3;  
011 242 2001

## Nihonbashi Restaurant

11, Galle Face Terrace, Colombo 3;  
011 232 3847

## Seafood

### Crab Factory

Taj Samudra, Colombo, 25, Galle Face  
Centre Road, Colombo 3; 011 244 6622

## Isso Restaurants

53, Ananda Coomaraswamy Mawatha,  
Colombo 3;  
2, Sullaiman Terrace, Colombo 5;  
011 777 0300

## Lagoon

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7371

## Ministry of Crab

Dutch Hospital Shopping Precinct,  
Hospital Road, Colombo 1;  
011 234 2722

## Seafood Cove

Mount Lavinia Hotel, 100, Hotel Road,  
Mount Lavinia; 011 271 1711

## The Ocean

The Kingsbury, 48, Janadhipathi Mawatha,  
Colombo 1; 077 108 7720

## Ceylon Sea Fish Restaurant

15, Sir Chittampalam A Gardiner  
Mawatha, Colombo 2; 011 232 6915

## Curry Leaf Restaurant

Hilton Colombo, 2, Sir Chittampalam A  
Gardiner Mawatha, Colombo 2;  
011 249 2492

## Sea Spray

Galle Face Hotel, 2, Galle Road,  
Colombo 3; 011 254 1010

## The Fat Crab

53, Haig Road, Colombo 4; 011 205 5606

## Sri Lankan

### Curry Leaf Restaurant

(See Seafood)

## Kaema Sutra

4th Floor, Shangri-La Hotel,  
1, Galle Face, Colombo 2; 011 788 8288

## Nuga Gama

Cinnamon Grand, 77, Galle Road,  
Colombo 3; 011 249 7468

## Sri Lankan Restaurant

Grand Oriental Hotel, 2, York Street,  
Colombo 1; 011 232 0320

## Thai

### Royal Thai

Cinnamon Lakeside, 115,  
Sir Chittampalam A Gardiner Mawatha,  
Colombo 2; 011 249 1945

## Siam House

17, Melbourne Avenue, Colombo 4;  
011 259 5966

## SALONS

### HEAD Turners

G17, Crescat Boulevard; 011 554 0400

### Scissors Salon

300, Havelock Road, Colombo 5;  
011 488 8295  
1100/2, Pannipitiya Road, Battaramulla;  
011 464 5399  
197, Castle Street, Borella;  
011 276 6866

### Sleek Salon

2 B, Vajira Road, Colombo 4;  
011 259 0294

## SHOPPING

See "Shopping" section

## SHISHA LOUNGE

### Arena Shisha Lounge

Galadari Hotel, 64, Lotus Road,  
Colombo 1; 011 254 4544

## SPAS

### Spa Ceylon Signature Spas & Boutiques

Royal Indulgence Store & Spa  
103, Galle Road, Colombo 3;  
011 233 7111  
Luxury Ayurveda City Spa  
Movenpick Hotel Colombo, 24,  
Dharmapala Mawatha, Colombo 3;  
011 745 0450  
Spa Ceylon Pelawatte Store  
1020, Pannipitiya Road, Battaramulla;  
011 288 9855  
Spa Ceylon Urban Spa & Boutique  
Parkland  
Ground Floor Parkland, 33, Park Street,  
Colombo 2; 011 534 0011  
60, Stratford Avenue, Colombo 6  
62, Chatham Street, Colombo 1;  
011 511 6163

### White by Spa Ceylon

14, Ward Place, Colombo 7;  
011 268 0800

### Amber Spa

Colombo Court Hotel & Spa,  
32, Alfred House Avenue, Colombo 3;  
011 464 5333

## Body Care

Galadari Hotel, 64, Lotus Road,  
Colombo 1; 011 254 4544

## Foot Spa

147, Galle Road, Colombo 4;  
011 255 5575  
1, College Avenue, Mt Lavinia;  
011 271 2902

## Senses Spa

The Kingsbury, 48, Janadhipathi  
Mawatha, Colombo 1;  
011 242 1221

## The Cinnamon Wellness Spa

Grand Oriental Hotel, Colombo 1;  
011 494 2226  
Global Towers Hotel,  
11 Station Road, Colombo 6;  
011 497 3344  
The Argan Spa  
57, Lauries Road, Colombo 4;  
011 401 0007

## Culture & History

## MUSEUMS

### Archaeological Museum of Kotte

Ethul Kotte;  
011 266 7377

### Colombo Dutch Museum

Prince Street, Colombo 1;  
011 244 8466

### Gangaramaya Museum

61, Sri Jinarathana Road, Colombo 2;  
011 243 5169, 011 232 7084

### Independence Memorial Museum

Independence Square,  
Colombo 7;  
011 269 1825

### National Museum of Colombo

Sir Marcus Fernando Mawatha,  
Colombo 7; 011 269 5366

## RELIGIOUS SITES

### CHURCHES

#### All Saints Church

Borella; 011 269 3051

#### Holy Rosary (Infant Jesus) Church

Colombo 2;  
011 232 0158

#### St Anthony's Shrine

Kochchikade;  
011 232 9303

#### St Lucia's Cathedral, Kotahena

Kotahena; 011 243 2080

## KOVLIS

### Sivasubramania Swami Kovil

131, Kew Road, Slave Island,  
Colombo 2;  
011 243 2225

### Sri Ponnampalawaneswarar Temple

Colombo 13;  
011 243 1252

## Kovils of Sri Kailasanathar Swamy

and Sri Bala Selva Vinayaga Moorthy  
Captain's Garden, Maradana

## MOSQUES

### Dewatagaha Mosque

12, C W W Kannangara Mawatha,  
Colombo 7

### Grand Mosque

151, New Moor Street,  
Colombo 12; 011 243 2110

### Jami Ul-Alfar Masjid (Red Mosque)

282, Second Cross Street,  
Colombo 11;  
011 245 1975

### Masjidul Akbar Jumma Masjid

157, Kew Road, Colombo 2;  
011 244 6474

## TEMPLES

### Gangaramaya

61, Sri Jinarathana Road, Colombo 2;  
011 243 5169, 011 232 7084;  
gangaramaya.com

## Nature & Wildlife

## ZOO

### National Zoological Gardens

#### Dehiwala

Anagarika Dharmapala Mawatha,  
Dehiwala;  
011 271 2572

## Leisure

## ADVENTURE

### Underwater Safaris

25C, Barnes Place, Colombo 7;  
011 269 4012

### Thotupola Lakeside Resort

(See Hotels)

## BEACHES

### Galle Face

A favourite hotspot for spectacular  
sunsets, flying kites and crunchy snacks.

### Mount Lavinia

The beach is good for swimming, jogging,  
having fun and day outs with many  
restaurants located nearby.

## JOGGING & CYCLING TRACKS

### Diyawanna Oya

Offers a fantastic walking path and  
leisure area near the Parliament.

### Independence Square Walking Tracks

Take a brisk morning walk or stroll  
in the evenings in tranquility.

## RECREATIONAL PARKS AND BOTANICAL GARDENS

### Viharamahadevi Park

The park has seating areas, horse  
rides, food vendors and hosts events  
too.



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# Negombo & West

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## Negombo

### HOTELS

#### Heritage Negombo

175, Lewis Place, Negombo;  
031 743 1431;  
ashmres@aitkenspence.lk

#### Amagi Aria

640/82, Colombo Road, Kurana,  
Negombo; 031 223 8385  
reservations@amagihotels.com

#### Amagi Beach

49 Beach Road, Marawila;  
032 225 1469  
reservations@amagihotels.com

### RESTAURANTS AND CAFES

#### Burger King

450, Main Street, Negombo;  
031 527 1271

#### Lords Restaurant

80 B, Poruthota Road, Beach Road,  
Eththukala, Negombo;  
077 285 3190

#### Moja

Amagi Aria, 640/82, Colombo Road,  
Kurana, Negombo;  
031 223 8385

### SALON

#### Scissors Salon

452/A, Main Street, Negombo;  
031 464 1005

### SHOPPING

See "Shopping" section

### SPA

#### Spa Ceylon Luxury Ayurveda – Resort Spa & Boutique

Heritage Negombo, 175, Lewis Place,  
Negombo;  
011 511 4460;  
25, Lewis Place, Eththukala, Negombo;  
031 227 6067

#### Spa Ceylon – Signature Boutique

Jetwing Blue, Lewis Place, Eththukala,  
Negombo; 031 227 8111

#### Karunakarala Ayurveda Spa and Resort

Jesu Nasarenu Mawatha, Thoppu Thota,  
Waikkala; 031 227 2750  
sparesort@karunakarala.com

#### Wattura Resort and Spa

1271, Kammala South, Waikkala  
0317 857 857  
info@watturaresortandspa.com

## Wattala

### RESTAURANT

#### Burger King

See Negombo.  
285, Negombo Road,  
Wattala; 011 510 8800

### Roots

Cool Planet, 546, Negombo Road,  
Wattala; 011 302 1117

### SHOPPING

See "Shopping" section

## Culture & History

### CULTURAL SITES

#### Kalpitiya Fort

Built in 1666 by the Dutch, enjoy the  
unique architecture of the structure.

### MUSEUMS

#### Archaeological Museum of Puttalam

It showcases several rare antiquities  
and artefacts found within the region.  
Puttalam;  
032 226 5861

### RELIGIOUS SITES

#### CHURCHES

##### St Jude's Church

Devotees gather every Thursday to  
seek blessings from the patron saint.  
Indigolla; 033 222 2357

##### Talawila St Anne's Shrine

A sacred Roman Catholic shrine.  
Talawila; 032 226 1000

##### Basilica of Our Lady of Lanka, Tewatta

The only basilica in Sri Lanka.  
Lankamatha Road, Ragama;  
011 295 8211

### KOVILS

#### Sri Munneswaram Temple

Dedicated to Lord Shiva, it is one of the  
five Iswarams in the island.  
Chilaw;  
032 222 3863

### TEMPLES

#### Attanagalle Raja Maha Viharaya

King Sri Sangabo is said to have  
beheaded himself as a sacrifice here;  
Gampaha; 033 228 0233

#### Kelaniya Raja Maha Viharaya

Blessed by the Buddha's presence, it is  
a greatly venerated Buddhist shrine.  
Kelaniya; 011 291 1505

#### Pilikuththuwa Raja Maha Viharaya

It was a refuge for King Valagamba.  
Gampaha; 033 333 7982

#### Potgul-len Raja Maha Viharaya

Composed of three caves, this is a site  
of historic and prehistoric importance.

## Nature & Wildlife

### MARINE LIFE

#### KALPITIYA

##### Whale watching

An ideal place to spot whales and  
dolphins gliding through the ocean.

### NATIONAL PARKS AND SAFARIS

#### Horagolla

The small National Park on the island  
has over 60 species of birds.  
033 228 7877

#### Muthurajawela

Explore the wetlands, migratory birds  
and plant species via boat rides.  
Bobitiya, Pamunugama Road,  
Delatura, Ja-Ela

#### Wilpattu National Park

An extensive wildlife sanctuary that is  
home to leopards, sloth bears, other  
flora and beautiful fauna.  
025 385 5691

## Leisure

### ADVENTURE

#### Kite surfing

Kalpitiya and Kappalady Lagoon are  
ideal surfing spots.

### BEACHES

#### Chilaw

Discover golden beaches.

#### Kalpitiya

Kalpitiya is a famous spot for dolphin  
and whale watching and kite surfing.

#### Negombo

Negombo at night is happening, vibrant  
and lively.

#### Puttalam

It's popular for fishing, dolphin-  
watching and coconut production.

### RECREATIONAL PARKS AND BOTANICAL GARDENS

#### Henarathgoda Botanical Gardens

A well-tended 15ha botanical garden  
with a diverse selection of exotic  
plants.  
Gampaha;  
033 222 2316



Bandaranaike International Airport

## At Bandaranaike International Airport

### FASTFOOD

#### Burger King

011 523 1100

### GEMS, JEWELLERY AND WATCHES

#### Stone N String

Transit Lobby;  
011 225 4324

#### W A De Silva and Co

10D, Departure/Transit Lounge;  
011 225 8115

#### Zam Gems

Departure Lobby;  
011 225 1678  
Transit Lobby;  
011 226 0979

### READY-MADE CLOTHES

#### Odel

2-D, Departure/Transit Lounge;  
011 483 0634

### PERFUMES, CONFECTIONARY AND BEVERAGES

#### Duty Free by Dufry

26D, Departure Lobby  
35A, Arrival Lobby

### TEA AND SPICES

#### Tea Breeze

Departure Lobby; 011 226 5054  
Transit Lobby; 011 225 2366

#### Tea Tang

Transit Lounge; 011 225 2668

### WELLNESS SPA

#### Spa Ceylon Signature Boutique

Departure/Transit Lounge;  
011 511 6677



# Hill Country

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## Badulla

### SHOPPING

See "Shopping" section

## Bandarawela

### HOTELS

#### Bandarawela Hotel

14, Welimada Road, Bandarawela;  
057 222 2501;  
reservations@bandarawelahotel.lk

### SHOPPING

See "Shopping" section

## Nuwara Eliya

### BOUTIQUE VILLAS

#### Bungalow 1926

20, Cross Street, Nuwara Eliya;  
077 320 5057; info@bungalow1926.com

#### The Firs

See review

### HOTELS

#### Heritage Tea Factory

B39, Kandapola, Nuwara Eliya;  
052 555 5000; ebiz.lk@aitkenspence.lk

### SHOPPING

See "Shopping" section

## Ratnapura

### SHOPPING

See "Shopping" section

## Culture & History

### CULTURAL SITES

#### Bogoda

The Bridge was constructed entirely of wood to assist the pilgrims reaching the temples.

#### Ratnapura

The 'City of Gems', a place to explore.

### MUSEUMS

#### Ratnapura National Museum

The museum displays historical artefacts.  
National Museum, Colombo Road,  
Ratnapura; 045 222 3451

### RELIGIOUS SITES

#### Adam's Peak (Sri Pada)

Devotees climb to the summit to view the sacred footprint and the sunrise.  
Ratnapura;  
045 227 4329

### KOVILS

#### Sri Baktha Hanuman Temple

The Sri Baktha Hanuman Temple is steeped in legend amidst the hill tops.  
Ramboda; 052 225 9645

## THE FIRS



The Firs has a romantic atmosphere where guests can enjoy an intimate holiday

The Firs is an upscale heritage bungalow, with a remarkable history. The colonial bungalow has a past that is more than one and a half centuries old. It has been refurbished and upgraded with modern amenities, though retaining its colonial feel, and is now an up-market boutique hotel.

The Firs is located on a small hill overlooking the Gregory Lake, and the guest would bask in an intimate, homely ambience. The quaint garden that surrounds the bungalow adds to the authentic

atmosphere unique to Nuwara Eliya. The five super deluxe rooms are well fitted with amenities and the décor changes from one room to another, while retaining the colonial essence.

The dining room serves an à la carte menu that carries a fusion of Sri Lankan, Indian, Western and Continental cuisine. Seating 15, the dining room gives the experience of a comfortable meal at home. Room service is available 24 hours, and the friendly staff are eager to accommodate the guest's wishes.

85/2, Upper Lake Road, Nuwara Eliya;  
+94 522 222 387  
info@firs.lk  
firs.freudenbergleisure.com

#### GOOD FOR:

a uniquely pleasant stay in a heritage bungalow with easy access to attractions in Nuwara Eliya

Nuwara Eliya has in its midst many an attraction, and The Firs is ready to assist guests on their preferred excursions. Guests can also entertain themselves in-doors; The Firs comes with a game room where one can play pool, carom or chess.

The Firs makes for an ideal stay in the beautiful town of Nuwara Eliya, surprising the guest with its warm hospitality and the nostalgia of a bygone era.

### MOSQUES

#### Al Kabeer Jumma Mosque

The mosque with its majestic exterior carries its roots back to 1885.  
2, Hill Street, Nuwara Eliya; 052 223 5421

## Nature & Wildlife

### NATIONAL PARKS AND SAFARIS

#### Galway's Land

A national park with conserved montane forests and nature trails.  
Nuwara Eliya; 052 222 4166

#### Horton Plains and World's End

The Horton Plains has a plethora of wildlife and memorable trails.

#### Randenigala

One of Sri Lanka's largest reservoirs in the valley of river Mahaweli.

## Leisure

### ADVENTURE

#### Mountain Biking

Cycle along the estates, immerse in the views, waterfalls and landscapes.

### White Water Rafting

Exhilarating fun on gushing waters for an adventurous vacation.

### RECREATIONAL PARKS AND BOTANICAL GARDENS

#### Hakgala Botanical Gardens

The garden includes a rose and Japanese garden, cedars, cypresses and an orchid collection.  
Hakgala; 052 222 2182

#### Victoria Park

It opened in 1897, to commemorate the Diamond Jubilee of Queen Victoria.  
Opp Nuwara Eliya Post Office, Badulla Road, Nuwara Eliya;  
081 237 6825

### RECREATIONAL SPORT

#### Golf

The 18-hole course is one of the oldest golf clubs in Asia.  
Nuwara Eliya;  
052 222 2835

#### Horse Riding

The Royal Turf Club hosts seasonal horse racing events and riding lessons.

### WATERFALLS

#### Bambarakanda Falls

The tallest waterfall in Sri Lanka.

#### Devon Falls

Devon Falls carries water from a tributary of the Kotmale Oya.

#### Dunhinda Falls

This majestic view is comprised of several falls.

#### St Clair's Falls

A waterfall in Talawakelle amidst the scenic forestry and tea estates.



The Randenigala reservoir offers stunning vistas of the surroundings



# Galle & South

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## Wonders of the South



The Paravi Duwa Temple in Matara emanates serenity



Enjoy panoramic views on the way to Deniyaya

**SOUTHERN** Sri Lanka is not only popular for its endless number of exotic beaches as well as religious sites such as the Paravi Duwa Temple. Traversing further inland from Matara, is the quaint town of Deniyaya. Travellers taking the hairpin bends can experience the cooling climes of the verdant hills and rows of neatly pruned tea estates. The mist-enveloped town has a charming surrounding with cascading beauties in the nearby vicinity.

Taking the bends, one can witness frequent sightings of the flourishing fishtail palms also known as jaggery palms, camouflaged by the dense forest. The verdant mountains, lush greenery and cooling climes provide a surreal feel. Tappers climb the trees that grow to an average height of 40ft to tap the *kitul mala*. Morning hours are the best time to collect the sap of the palm tree. If you wish to see the making of the *kithul pani*, it is ideal for you to visit in the early morning hours to see the *kitul* tappers in action. Once the sap is collected, it is brought down to be boiled to a fluid

consistency, which once left to cool becomes the *kitul pani*. The cooled *pani* is packed in bottles and distributed to many places. Those in search of authentic *kitul pani* can enjoy this sweet delicacy with hoppers, curd or yoghurt, a wonderful combo!

While there's plenty more to explore, a good hike to reach the cascading beauty of the Patna is what matters. Hikers can enjoy the serenity of the atmosphere while experiencing attractive views of changing landscape. Upon reaching the top, the picturesque view of the Patna will bring exciting thrills. Families and friends can enjoy a good splash in the waters or simply sit back on the large boulders and savour hot and fresh *wadey* and *rotti*, accompanied by *lunu miris* while sipping a fresh cup of plain ginger tea. Camping is also an ideal option for adventure enthusiasts. Nearby hotspots such as the Sinharaja Forest Reserve and the Sathmahal Ella past Pallegama Road and Getabaru Raja Maha Viharaya are beautiful encounters with nature and history.

### Ahungalla

#### HOTELS

**Heritance Ahungalla**  
Galle Road, Ahungalla;  
091 555 5000;  
ebiz.lk@aitkenspence.lk

### Bentota

#### BOUTIQUE VILLAS

**The Villa Bentota**  
138/18, Mohotti Walauwa, Galle Road,  
Bentota;  
034 227 5311;  
reservations@villabentota.com

### Beruwala

#### HOTELS

**Heritance Ayurveda Maha Gedara**  
Beruwala;  
034 227 6031;  
res.amg@heritancehotels.com

#### SHOPPING

See "Shopping" section

### Dickwella

#### HOTELS

**UTMT - Underneath The Mango Tree**  
Tangalle Road, Batheegama West,  
Dickwella South;  
041 203 0300;  
reservations@utmthotel.com

### Galle

#### HOTELS

**Amari**  
523C, Colombo Road, Ginthota, Galle;  
011 203 0542;  
galle@amari.com

#### RESTAURANTS

**The Tuna and The Crab**  
Dutch Hospital, Galle Fort, Galle;  
091 309 7497

#### SHOPPING

See "Shopping" section

#### SPA

**Spa Ceylon - Signature Boutiques**  
Jetwing Lighthouse Hotel, Galle Road,  
Dadella, Galle;  
091 563 8688

#### Spa Ceylon - Signature Spa

54, Pedlar Street, Galle Fort;  
091 223 5944

### Hambantota

#### SHOPPING

See "Shopping" section

### Kalutara

#### HOTELS

**Turyaa Kalutara**  
Kudawaskaduwa, Waskaduwa,  
Kalutara; 034 755 5000;  
res.kalutara@turyaahotels.com

#### SHOPPING

See "Shopping section"

### Matara

#### SHOPPING

See "Shopping" section

### Panadura

#### FAST FOOD

**Burger King**  
29/A, Jayathilaka Mawatha, Panadura;  
038 511 2112

#### SHOPPING

See "Shopping" section

### Talpe

#### HOTELS

**Cantaloupe Aqua**  
127, KM Post, Palutugaha Junction,  
Habaraduwa, Talpe. 011 722 1485  
reservations@cantaloupe.lk

### Tangalle

#### RESTAURANT

**Taru Villas - The Tangalle Social**  
Katuwewatta, Moraketiara,  
Nakulugamuwa, Tangalle; 077 071 5886;  
info@taruvillas.com

### Udawalawe

#### HOTELS

**Elephant Safari Hotel**  
60, Aloka Mawatha, Walawegama,  
Udawalawe; 047 567 8833;  
elephantsafarhotels@gmail.com

### Unawatuna

#### HOTELS

**Cantaloupe Levels**  
Bona Vista Road, Rumassala, Unawatuna;  
011 722 1485  
reservations@cantaloupe.lk

#### Thambapanni Retreat

Yaddhehimulla Road, Unawatuna;  
091 223 4588; info@  
thambapannileisure.com

#### Thaprobhan Beach House

Wallaye Deywala Road, Unawatuna;  
091 494 1552;  
info@thambapannileisure.com





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KALUTARA RESORT



# Galle & South

**Thaproban Pavilion Resort and Spa**  
Devala Road, Unawatuna; 091 494 4184;  
info@thambapannileisure.com

## Waskaduwa

### HOTELS

**Coco Royal Beach Resort**  
Waskaduwa, Kalutara North;  
011 471 5996; resa@cocoroyalbeach.com

## Culture & History

### CULTURAL SITES

#### Antiques

Find showrooms selling reproductions of colonial antique furniture.

#### Dondra Head Lighthouse

This lighthouse is located on the southern-most tip of Sri Lanka.  
041 222 2595

#### Galle Fort

The popular Galle Fort is a blend of colonial architecture.

#### Matara Fort

It was built by the Dutch in 1645, using limestone, granite and coral.

#### Nupe Market

Built in colonial times, the open-sided former market resembles a baronial hall.

#### Puppet showrooms

Puppet and mask makers hail traditionally from Ambalangoda.

#### Richmond Castle

The mansion was built in 1910 on the lines of a Maharaja's palace.  
Palathota, Kalutara; 034 222 6548

#### Star Fort

Located on the bank of the Nilwala River, it is a polygonal fortification.  
Matara; 091 390 7784

### MUSEUMS

#### Galle National Museum

Displays traditional masks, Beeralu collection and interesting objects.  
Galle Fort; 091 223 2051

#### Kataragama Museum

Buddhist and Hindu artefacts are housed at this museum.  
Central Cultural Fund,  
Kataragama; 047 223 5505

#### Maritime Archaeological Museum

It showcases recovered artefacts and the maritime history of the country.  
Queen's Street, Fort, Galle;  
091 224 5254

#### Martin Wickremasinghe Folk Museum

The museum is the former home of author Martin Wickremasinghe.  
Koggala, Habaraduwa;  
091 228 3427



Enjoy a relaxing holiday at Turyaa Kalutara

### RELIGIOUS SITES

#### CHURCHES

##### Our Lady of Lourdes Church

The church is bestowed with the blessing of Mother Mary.  
Halpatota;  
091 229 2346

#### KOVILS

##### Kataragama Temple

The temple's history is affiliated to an ancient story about Lord Murugan.  
Kataragama Tevayani Amman Temple;  
047 223 5153

#### MOSQUES

##### Kechimalai Mosque

This mosque commands a headland overlooking the Beruwala Harbour.  
Beruwala;  
034 227 6481

#### TEMPLES

##### Galpatha Temple

The temple has an inscription recalling its 12<sup>th</sup> century origins.  
034 227 0319

##### Gangatilaka Viharaya

The white dagoba dominating the Galle Road was built in 1960.

##### Getabaru Rajamaha Viharaya

The Getabaru Rajamaha Viharaya temple is popular for its annual Esala Perahera.  
Matara;  
041 227 1258

##### Kirinda

With a dagoba on the coast, it is known for the tale of Princess Viharamaha Devi.  
041 224 5423

##### Kiri Vehera

Built by King Mahasena, Kiri Vehera is a quaint, sky-high stupa that dates back to the third century.  
Kataragama.

##### Mulkirigala

This natural rock monolith was a cave retreat for Buddhist monks. Its history can be traced to 130 BC.

##### Ruhunu Kataragama Maha Devalaya

Built by King Dutugemunu, this shrine is located in the north of Tissamaharama.  
047 223 5122

##### Saman Devalaya

Abode to the Buddhist god Sumana Saman, the temple is located in Ratnapura.

##### Wewurukannala Maha Viharaya

The tallest statue of a seated Buddha in Sri Lanka is found here.

## Nature & Wildlife

### MARINE LIFE

#### Mirissa

##### Whale And Dolphin Watching

Mirissa is ideal to spot pods of whales and dolphins between October and March.

### NATIONAL PARKS AND SAFARIS

#### Birds Park Hambantota

The Birds Park is a research and breeding centre for rare birds.  
077 766 0290

#### Bundala National Park

A wintering ground for migratory water birds declared by the UNESCO.  
047 348 9070

#### Hikkaduwa National Park

One of the only two marine reserves in Sri Lanka, with a fringing coral reef.  
091 227 5186

#### Kalametiya Bird Sanctuary

It consists of coastal lagoons and mangroves rich in marine and birdlife.  
Hambantota Road, Nonagama.

#### Lunugamvehera

Serves as a corridor for elephants to pass through to Yala national park.  
047 348 9159

#### Ruhunu National Park (Yala West)

The Ruhunu National Park is Block 1 of the much larger Yala National Park.  
047 348 9297

#### Udawalawe

A habitat for water birds and elephants and at the centre is the reservoir.  
047 223 3292

#### Yala National Park

Spot the regal leopards, the majestic elephants and furry sloth bears.  
Department's office in Battaramulla;  
011 288 8585

### RAINFORESTS

#### Sinharaja Man and Biosphere Reserve

A World Heritage Site and Biosphere Reserve with endemic flora and fauna.  
Department's office at Kaduwa;  
011 242 6900

### ZOO

#### Ridiyagama Safari Park

This is an open concept park. Go on a thrilling safari to spot exotic wild animals.  
Ridiyagama.

## Leisure

### BEACHES

#### Ambalangoda

Experience traditional arts of mask-making and puppetry.

#### Bentota

A popular destination for water sports. October to March are ideal times to visit.

#### Beruwala

A beautiful stretch of sand to enjoy the sunny holidays.

#### Dickwella

Home to the Hummanaya blow hole, a headland with beaches on both sides. Enjoy the palm-fringed beach.

#### Hikkaduwa

With beautiful coves and nightlife activities. It is popular for scuba diving and is home to a beautiful coral bed.

#### Induruwa

A quiet beach with a natural rock swimming pool near the 68km marker on the Galle Road.

#### Kalutara

The thin strip of Calido beach, north of the Kalu Ganga (River) runs alongside a beautiful lagoon.

#### Mirissa

A picturesque cove ideal for surfing as well as whale and dolphin watching.

#### Rekawa

13km east of Tangalle; home to a conserved turtle nesting site.

#### Talpe

A small bay with patches of sandy beach that crops up along the coast, east of Unawatuna.

#### Tangalle

A small sandy cove; a charming fishing harbour and a longer beach to the east of the town.

#### Unawatuna

The bay is popular for its beach and nightlife; with many tourist attractions.

#### Wadduwa

A narrow beach at a short drive from Colombo, ideal for a day trip.



# The Tangalle Social



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## PAPER MOON Kudils

WHISKY POINT - ARUGAMBAY

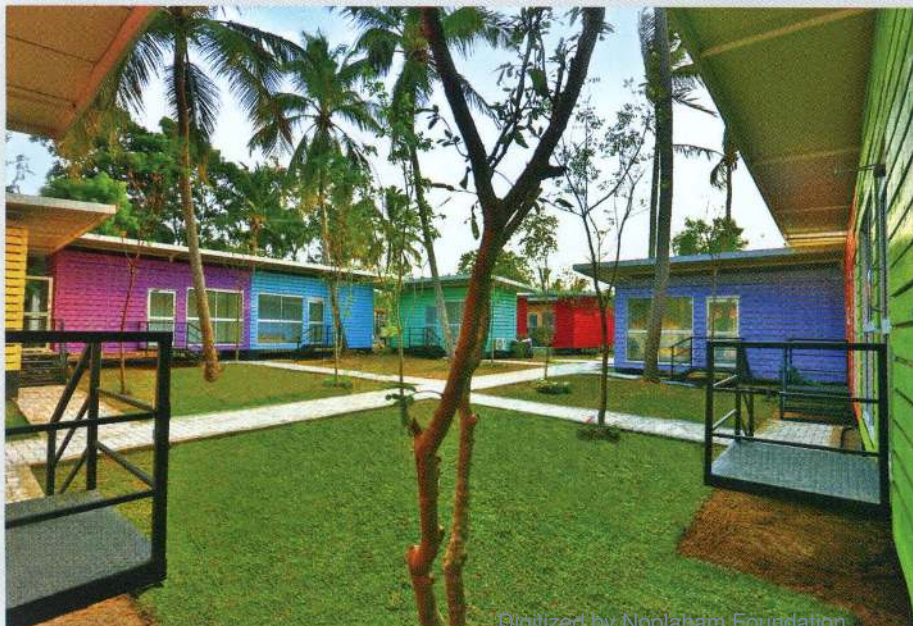
Our spacious, air-conditioned **Kudils** offer a novel stay. The **Kusini** serves delicious food, and a range of alcoholic beverages. Dip into the **Water Hole**, the swimming pool or chill-out at the **Kadal** lounge.

Paper Moon Kudils, Whisky Point,  
Arugambay.  
(+94) 719 97 97 97  
info@papermoonkudils.lk  
papermoonkudils.lk

## Arugambay ROCCOS

Arugambay Roccas is ideal for a tropical holiday minutes away from the famous surfing point. Our comfortable air-conditioned **Cubes** gaze out to the ocean and open out to the **Water Cube**. Savour fusion cuisine at **The Square** or relax at **The Space**.

Arugambay Roccas, Main Street,  
Arugambay, Pottuvil  
(+94) 718 10 99 99  
info@arugambayroccos.lk  
arugambayroccos.lk



## ArugamBay PodBay

ArugamBay PodBay is a unique destination in Sri Lanka. This **PodBox** concept features **NapPods** (rooms) arranged symmetrically in the front and **HomePod** and **Bay** rooms facing the **WaterPod** (swimming pool), **AirPod** (sea & beach). The restaurant is the **PotPod**.

Main Street, Arugambay, Pottuvil  
(+94) 718 10 99 99  
info@arugambaypodbay.lk  
arugambaypodbay.lk



# East Coast

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## Kalmunai

### SHOPPING

#### EastStar Handloom

(See Handlooms in Shopping)

## Passekudah

### HOTELS

#### Amethyst Resort

Coconut Board Road, Passekudah, Kalkudah; 065 567 6676; ebiz.lk@aitkenspenca.lk

#### Sunrise by Jetwing

Passekudah; 065 205 8865  
resv.sunrise@jetwinghotels.com

## Trincomalee

### HOTELS

#### Pigeon Island Beach Resort

11<sup>th</sup> Milepost, Nilaveli, Trincomalee  
011 268 3383;  
info@pigeonislandresort.com

## Whisky Point/ Arugambay

### HOTELS

#### Arugambay PodBay

Main Street, Arugambay;  
071 997 9797;  
info@arugambaypodbay.lk

#### Arugambay Roccas

Arugambay; 071 997 9797;  
info@arugambayroccos.lk

#### Dream Garden

Whisky Point, Urani, Pottuvil;  
063 205 0754;  
info@dreamgardensrilanka.com

#### Paper Moon Kudils

Whisky Point, Arugambay;  
071 997 9797;  
info@papermoonkudils.lk

#### The Blue Wave Hotel

The Blue Wave Hotel Road,  
Main Street, Arugambay, Pottuvil;  
076 692 9929;  
reservations@thebluewavehotel.lk

### RESTAURANTS & CAFES

#### Kusini

Paper Moon Kudils, Urani, Whisky Point;  
071 997 9797;  
info@papermoonkudils.lk

#### The Square

Arugambay Roccas, Main Street,  
Arugambay; 071 997 9797;  
info@arugambayroccos.lk

#### The Space

Arugambay Roccas, Main Street,  
Arugambay; 071 997 9797;  
info@arugambayroccos.lk

## Culture & History

### CULTURAL SITES

Batticalao Fort  
Fort Frederick  
Panama

### MUSEUMS

Heritage Museum  
Naval and Maritime Museum

### RELIGIOUS SITES

#### KOVILS

Thirukoneswaram Temple

#### MOSQUES

Irumbu Thaika Masjid

#### TEMPLES

Girihandu Seya  
Magul and Muhudu Maha Vihara  
Okanda Kovil  
Seruwila Temple

## Nature & Wildlife

### MARINE LIFE

#### TRINCOMALEE

##### Whale Watching

A popular spot for whale watching.

### NATIONAL PARKS AND SAFARIS

#### Flood Plains National Park

An elephant corridor in Polonnaruwa.  
Off Polonnaruwa-Batticaloa Road (RA11),  
Habarana Road, Minneriya;  
027 327 9243

#### Gal Oya

It has the island's largest reservoir.

#### Kumana

Experience a wildlife safari with family.  
Panama, Okanda;  
063 363 5867

#### Lahugala Kithulana

A great place to spot wildlife.  
063 373 0685

#### Maduru Oya

Pigeon Island Marine Park  
Somawathie Sanctuary  
Trikonamadu Nature Reserve

## Leisure

### ADVENTURE

#### Underwater Safari

47, Beach Road, Alles Garden Uppuveli,  
Trincomalee;  
026 205 0350

### BEACHES

Arugambay  
Kalkudah  
Kuchchaveli  
Nilaveli  
Passekudah  
Uppuveli  
Whisky Point

# Jaffna, Mannar & North

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The lobby at The Thinnai reflects Jaffna culture

## Jaffna

### HOTEL

#### The Thinnai

86, Palaly Road, Thirunelveli, Jaffna;  
021 203 0400;  
reservations@thethinnai.com

## Culture & History

### CULTURAL SITES

#### British Architecture

Visit the Old Park, the *Kachcheri* (Jaffna Secretariat), churches and clock tower.

#### Doric House

Built by Sir Frederick North, the ruins of this structure stand on a cliff in Arippu.

#### Hammenhiel Fort

The octagonal Fort is built on an island between Kayts and Karaithivu.

#### Jaffna Fort

The 400-year old Jaffna Fort is the second biggest Dutch built fort.

#### Jaffna Public Library

This is one of the finest and largest libraries in the South and East Asia.  
Jaffna; 021 222 6028

#### Kandarodai

An archaeological site with stupas believed to be tombs of 60 *arahants*.

#### Manthri Manai

'Minister's House'; a place of historic, architectural and cultural significance.

### MUSEUMS

#### Jaffna Museum

An archaeological museum displaying a wide and rare collection of antiquities; holding historical value.  
Jaffna

### RELIGIOUS SITES

#### CHURCHES

##### Shrine of Our Lady of Madhu

The Shrine of Our Lady of Madhu is situated amidst the jungles of Mannar. The church has been blessed by His Holiness Pope Francis during his visit to the island.  
Mannar; 023 228 0001

#### KOVILS

##### Keerimalai Naguleswaram Temple

Keerimalai Naguleswaram Temple is one of the five *Ishwarams* on the island.  
Jaffna; 021 790 0470

##### Maviddapuram Kandaswamy Temple

Dedicated to Lord Skanda.  
Maviddapuram, Jaffna;  
021 321 0349

##### Nagapooshani Amman Temple

A temple dedicated to Goddess Nagapooshani Amman and Lord Shiva.  
Nainativu; 021 320 7785

##### Nallur Kandaswamy Temple

One of the most famous and oldest kovils in Jaffna.  
177, Point Pedro Road; 021 222 2631

##### Thiruketheeswaram Temple

This Hindu temple is one of the five *Ishwarams* of Lord Shiva in Sri Lanka.  
Mannar; 023 225 0940

#### MOSQUES

##### Grand Mosque

The Grand Mosque was built by Muslim traders during the Dutch era, in 1713.  
192, Osmaniya College Road, Jaffna.

### TEMPLES

##### Nagadeepa Rajamaha Viharaya

Nagadeepa Rajamaha Viharaya is believed to have been visited by Buddha.  
Nainativu Island; 021 321 3356

## Leisure

### BEACHES

#### Adam's Bridge

The ruins of the Adam's bridge separates the Gulf of Mannar from the Palk Strait.

#### Casuarina Beach

The beach was named after the casuarina trees that line the shore. One of the best beaches in the north.

#### Delft

Witness wild ponies and Dutch ruins.

#### Kayts

A quaint islet with beautiful and peaceful beaches.



# Kandy & Central

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## Kandy

### BARS AND PUBS

#### Bommu

OZO Kandy, 31, Saranankara Mawatha, Kandy; 081 203 0700

### FAST FOOD

#### Burger King

Kandy City Centre, L4-3; 081 510 1101

### FRUIT JUICE / ICE CREAM

#### Roots

30, Sri Dalada Veediya, Kandy; L1-K1 Kandy City Center; 081 222 0170

### HOTELS

#### Earl's Regency

Kundasale, Kandy; 081 242 2122; res@earlsregency.lk

#### Hotel Hilltop

200/21, Bahirawakanda, Peradeniya Road, Kandy; 081 785 0850; reservations@hilltop.lk

#### Hotel Topaz/The Tourmaline

Anniwatte, Circular Road, Kandy; 081 738 9000; reservations@mclarenshotels.lk

#### OZO Kandy

31, Saranankara Mawatha, Kandy; 081 203 0700; kandy@ozohotels.com

#### Randholee

Heerassagala Road, Bowalawatta, Kandy; 081 221 7741; reservations@randholeeresorts.com

#### Swiss Residence

23, Bahirawakanda, Bahirawakanda Lane, Kandy; 081 220 4646; info@swissresidence.lk

#### Madulkelle Tea & Eco Lodge

Madulkelle, Kandy; 081 494 5505; reservations@madulkelle.com

### RESTAURANTS

#### EAT

OZO Kandy, 31, Saranankara Mawatha, Kandy; 081 203 0700

#### Café Nihonbashi, Kandy

The Radh Hotel, 30, Colombo Street, Kandy; 077 843 7423

### SHOPPING

#### Kandy City Centre

5, Dalada Veediya, Kandy; 077 363 4199

**Aviraté;** L3-6B; 081 495 1513

**Burger King;** L4-3; 081 510 1101

**Embark;** L3-30; 081 222 6077

**Galleria;** L3-15; 081 563 0077

**Glitz;** L3-26; 081 222 2244;

**International Watch Station;**

L3; 081 527 2222

**Hameedia;** L3-17; 081 220 5364

**Mlesna Tea Centre;** L2-18; 081 220 0255

**Odel;** L3-3A; 081 220 5382

**Roots;** L1 - K1; 081 222 0170

**Singer Mega;** L1-15; 081 220 5508

**Spa Ceylon;** L3-10A; 081 223 3322

**Stone N String;** L3-29; 081 223 3888

**Turret;** L3-6B; 081 222 2722

**Vogue Jewellers;** L2-19; 081 222 2133

**WA De Silva and Co;**

L3-18; 081 220 0455

See "Shopping" section

### SPA

#### Spa Ceylon-Signature Spa

Mahaweli Reach Hotel, Kandy; 081 447 2727

## Sigiriya/ Dambulla

### HOTELS

#### Heritage Kandalama

Dambulla; 066 555 5000; ebiz.lk@aitkenspence.lk

#### Kalundewa Retreat

Kalundewa Road, Dambulla Oya, Dambulla; 077 307 6341; reservations@kalundewaretreat.com

### SHOPPING

See "Shopping" section

## Culture & History

### CULTURAL SITES

#### Anuradhapura

A sacred city and old kingdom.

#### Aukana

A 12 metre statue of the Buddha.

#### Dawson's Column

Dawson's Column is 115ft in height.

#### Kala Wewa

Said to have been built by King Datusena.

#### Kandy

Home to the Sri Dalada Maligawa.

#### Polonnaruwa

A kingdom dating from 10<sup>th</sup> century AD.

#### Sigiriya

Famed for frescoes and hydraulic system.

#### Yapahuwa

Served as the country's capital. 037 227 5555

### MUSEUMS

#### Anuradhapura Folk Museum

Displays artefacts of the folk community. Old Town, Anuradhapura; 025 223 4624

#### Anuradhapura National Museum

Displays ancient artefacts. Anuradhapura; 025 385 6564

#### Dambadeniya Archaeological Museum

Displays ruins of a 13<sup>th</sup> century kingdom. Dambadeniya; 037 287 7729

#### Hantana Ceylon Tea Museum

A tribute to the history of Ceylon Tea. Uduwela Road, Hantana; 081 380 3204

#### Kandy Archaeological Museum

It displays items from the Kandyan era. Kandy; 081 222 2336 (Archaeological Department, Kandy)

#### Kandy National Museum

It is part of the palace complex. National Museum, Kandy; 081 222 3867

#### Polonnaruwa Archaeological Museum

Artefacts from Polonnaruwa era. Polonnaruwa

#### Tanthirimale Archaeological Museum

Houses items of historical value. Tanthirimale, Sri Lanka; 025 222 2411 (Archaeological Department, Anuradhapura)

#### Tusker 'Raja' Museum

Dedicated to Raja, who carried the sacred relic casket. Sri Dalada Maligawa, Sri Dalada Veediya, Kandy; 081 223 4226

### RELIGIOUS SITES

#### CHURCHES

##### St Anthony's Cathedral

It is a place of veneration. Kandy; 081 222 3382

##### St Paul's Church

It served as the Garrison Church for British troops. 10, Deva Veediya, Kandy; 081 493 3309

#### KOVILS

##### Seetha Amman Temple

Where Lord Hanuman is said to have landed to rescue Seetha. Nuwara Eliya Road, Kandy; 052 223 5536

#### TEMPLES

##### Abhayagiri Viharaya

The largest stupa constructed during the reign of King Valagamba. Anuradhapura

##### Alu Viharaya Rock Temple

Dates back to the reign of King Devanampiyatissa. Matale; 066 222 2533

##### Degaldoruwa Raja Maha Viharaya

The temple was built around 1771 AD. Kandy; 081 2425 5426

##### Embekke Temple

Known for its wood carvings.

##### Gadaladeniya Sri Saddamathilaka Rajamaha Viharaya

It carries its roots back to 1344. Kandy; 081 257 5367

##### Gal Viharaya

Consists of four cave shrines. Polonnaruwa; 060 227 9799

#### Jethawanaramaya

A 400ft marvel by King Mahasen. Watawandana Road, Anuradhapura; 025 232 5194

#### Lankatilaka Viharaya

Three storeys in a rococo design. 081 231 5566

#### Mihintale

Arahat Mahinda Thero arrived here.

#### Mirisawetiya Viharaya

Built by King Dutugemunu. Old Puttalam Road, Anuradhapura; 025 222 2025

#### Rangiri Dambulla Raja Maha Viharaya

The largest cave complex in the island. Dambulla; 066 228 3606

#### Somawathiya Temple

Built by King Abhaya for his Queen. Sungawila, Polonnaruwa; 027 327 9285

#### Sri Dalada Maligawa

An important Buddhist religious site. Sri Dalada Veediya, Kandy; 081 223 4226

#### Sri Maha Bodhiya, Anuradhapura

It the oldest historical tree in the world. Anuradhapura; 025 222 2367

#### Thuparamaya

The first sacred dagoba in Sri Lanka. Thuparama Mawatha, Anuradhapura

## Nature & Wildlife

### NATIONAL PARKS AND SAFARIS

#### Kaudulla

Home to elephants, deer and water birds. 027 327 9735

#### Minneriya-Giritale

Witness the famous elephant gathering. Ambagaswewa, Habarana; 027 327 9243

#### Pinnawala Elephant Orphanage

Home to over 60 elephants. North of Kegalle, off Rambukkana Road; 035 226 5284

#### Udawatta Kele

It offers more than 150 species of plants. 081 223 2096

#### Wasgamuwa

View elephants, and other wildlife. Wasgamuwa, Handungamuwa; 066 366 9046

### BOTANICAL GARDENS

#### Peradeniya Royal Botanical Gardens

It contains numerous plant species. 081 238 8088

#### Peradeniya National Herbarium

Over 200,000 preserved specimens. Department of National Botanical Gardens, Peradeniya, Kandy; 081 238 8053



24/7

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# 2019



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