



INTERNOS

UBI CARITAS ET AMOR IBI DEUS EST



DIOCESE OF TRINCOMALEE

JUNE 2024

'PRAYER
STRENGTHENS US'

POPE'S SUNDAY

23.06.2024



Our prayer cannot be reduced to an hour on Sundays.
It is important to have a daily relationship with the Lord. (Pope Francis)



Diocesan Rosary Rally – Our Lady of Lourdes Shrine, Palaiyoothu – 02.05.2024



Marriage Preparatory Seminar – 02.05.2025



Festive Mass - Our Lady of Lourdes, Diocesan Shrine – 03.05.2024



National Meeting of the SCCs (Anpiyam), Deepam Centre – 7th & 8th May 2024



Bishop's Message



My Dear Fathers, Sisters and Brothers,
Greetings in the Name of the Lord!

I am still in Colombo recuperating. My health issue resulting in bypass surgery was a sudden development. I went for medical test after experiencing some symptoms and everything was over within three weeks. It was simply a providential intervention of God who led me into this and delivered me from a greater danger. It was a wonderful experience going through this process and above all it was a splendid spiritual experience of praying, meditating and discerning the Will of God. I thank Fr. Paul Robinson who was always available to addend to my medical needs, Fr. Emerson Ragel for his presence and all those who were with me before, during and after the surgery. Presence of my eldest and youngest brothers were a great support. I thank each and every one of you – Fathers, Sisters and Brothers, for your valuable prayers, good wishes, messages and calls. Thank you also for organizing your communities to pray for my speedy recovery. 'God has his own plan for each one of us.' 'God's timing is Perfect.' Kindly continue to pray for me to return to ordinary pastoral ministry as such surgeries demand longer time of rest and healing. I had to disappoint some of you having to cancel certain programmes already fixed. I am sure you will understand my situation and excuse me.

We had a historic and memorable event on 22nd May, opening of Caritas Food City, Caritas Food Corner and Caritas Guest Villa. We hear that this is the first ever attempt in Asia. Fr. Paul Robinson made it possible through his knowledge and experience making all of us proud. We thank and appreciate him for his hard work. We also appreciate all those who supported him specially Ehed-Caritas staff. We are also glad to see many employment facilities created as a result of this effort. Let us continue to support them.

Solemnity of the Most Holy Body and Blood of Christ was celebrated in all parishes. Many parishes had Eucharistic Procession witnessing the Sacredness of the Body of Christ. I appreciate everyone for organizing your communities.

Solemnity of the Most Sacred Heart of Jesus falls on Friday the 7th of June. It is another occasion to show our love and reverence to the Most Sacred Heart of Jesus. This devotion symbolizes Jesus' boundless and compassionate love for humanity. In the 17th century Jesus appeared to St. Margaret Mary Alacoque in a vision and showed her the depth of His love and the desire for humanity to honor His heart. His feast is celebrated on Friday following the second Sunday after Pentecost. Let us encourage devotion to the Sacred Heart of Jesus.

Feast of St. Anthony of Padua falls on Thursday the 13th of June. According to historian Sophronius Clasen St. Anthony preached 'the grandeur of Christianity'. At the papal court his preaching was hailed as a 'Jewel case of the Bible.' People of all faiths come to him as he is well known as the patron of lost items, lost people and lost souls. Let us imitate his humility, dedication and love for the Word of God.

Solemnity of the Nativity of St. John the Baptist is celebrated on Monday the 24th. St. John the Baptist was the forerunner of Our Lord Jesus. 'He is the one who comes after me, the straps of whose sandals I am not worthy to untie.' 'He must increase, but I must decrease.' These words of John the Baptist show his nature, attitude and mission. It is also our role – to do everything for the Glory of God.

Solemnity of Ss Peter and Paul is celebrated on Sunday the 30th of June. Peter and Paul were the great pillars of Christianity. They proclaimed the Word of God to the Jews and gentiles tirelessly. They also had a deep and unfathomable love for Jesus their Master.

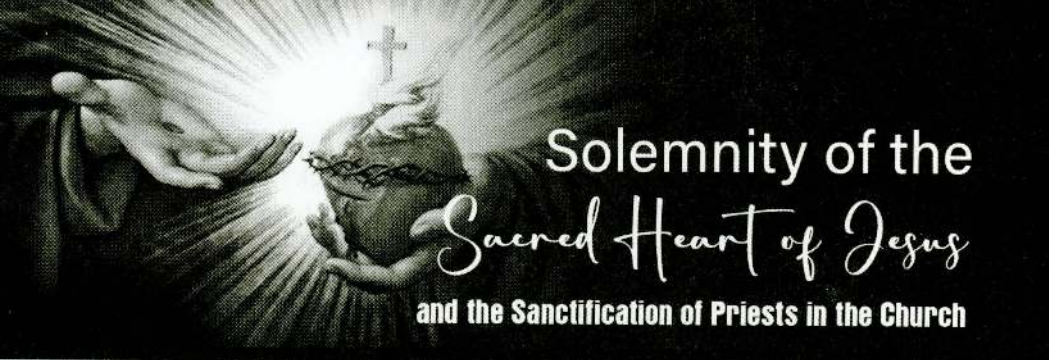
Let us continue to pray and support one another in our mission.

God bless you all.



✠ **Rt. Rev. Dr. Christian Noel Emmanuel**

Bishop of Trincomalee.



The Solemnity of the Sacred Heart of Jesus, a profound liturgical celebration in the Catholic Church, is a testament to the compassionate heart of Jesus Christ, a symbol of his boundless love for humanity. This sacred observance, which typically falls on the Friday following the octave of Corpus Christi in June, is of utmost importance for the sanctification of priests and the entire Church, resonating with the reverence and devotion it inspires.

MODEL OF PRIESTLY LOVE : The Sacred Heart of Jesus is the ultimate model of priestly love and self-sacrifice. Priests, in their sacred vocation, are called to mirror Christ's love, mercy, and compassion in their ministry, embodying the qualities of the Sacred Heart. The solemnity is a powerful reminder of the priest's role as a shepherd, guiding God's people with the same love and tenderness that Jesus has for his flock, inspiring them to carry out their mission with renewed inspiration and dedication.

SOURCE OF GRACE AND HEALING : Devotion to the Sacred Heart of Jesus is a wellspring of abundant graces and spiritual healing. Through prayer and meditation on the Sacred Heart, priests can deepen their personal relationship with Christ and draw strength from his divine love. This spiritual nourishment, a source of profound renewal, is vital for the sanctification of priests, enabling them to carry out their ministry with joy, fidelity, and a deep sense of spiritual fulfilment.

REPARATION AND ATONEMENT : The Solemnity of the Sacred Heart also emphasizes reparation for sin and atonement for offences committed against God. Priests, as mediators between God and humanity, play a

crucial role in offering prayers and sacrifices for the redemption of souls. Their devotion to the Sacred Heart inspires them to seek forgiveness for their own sins and to intercede for the conversion and salvation of others.

UNITY WITH THE CHURCH : The celebration of the Sacred Heart of Jesus highlights the unity of the Church in Christ's love. As ordained ministers of the Church, priests are called to foster unity and communion among the faithful, drawing them closer to the heart of Christ. The solemnity serves as a reminder of the priest's role in building up the Body of Christ and promoting harmony within the Christian community.

MISSIONARY ZEAL: The Sacred Heart of Jesus is often associated with the missionary mandate of the Church to proclaim the Gospel to all nations. Priests, imbued with the zeal of the Sacred Heart, are called to evangelize with courage and compassion, bringing the message of God's love and salvation to the world. The solemnity encourages priests to renew their commitment to the mission and share Christ's love with all they encounter.

In summary, the Solemnity of the Sacred Heart of Jesus holds great relevance for the sanctification of priests in the Church. It reminds priests of their calling to emulate Christ's love, seek spiritual renewal and healing, make reparation for sin, promote unity within the Church, and engage in the mission of evangelization with missionary zeal. Through devotion to the Sacred Heart, priests are empowered to fulfil their ministry with faithfulness, humility, and love.





Popular Devotions in the Catholic Church

Popular devotions in the Catholic Church, with their rich historical roots, are a testament to the enduring faith of the faithful. These various forms of religious practices, prayers, rituals, and customs have been developed and cherished over the centuries. They often focus on specific saints, events from the life of Jesus or Mary, or particular aspects of Catholic theology. Here are some examples of these popular devotions and their continued relevance today:

Rosary: The Rosary is one of the most widespread and beloved devotions in the Catholic Church. It involves the repetitive recitation of prayers, including the Our Father, Hail Mary, and Glory Be, while meditating on the mysteries of Jesus' and Mary's lives. The Rosary remains relevant today as a powerful tool for personal prayer, meditation, and reflection.

Divine Mercy Devotion: The Divine Mercy Devotion, based on the revelations received by St. Faustina Kowalska in the 20th century, emphasizes God's mercy and forgiveness. This devotion includes prayers such as the Divine Mercy Chaplet and the Divine Mercy Novena. In today's world, where many struggle with guilt, fear, and unworthiness, the Divine Mercy Devotion offers hope and reassurance of God's unconditional love.

Sacred Heart of Jesus: Devotion to the Sacred Heart of Jesus focuses on honouring and adoring the compassionate heart of Jesus Christ. It emphasizes Jesus' love for humanity and his desire for intimate communion with each person. This devotion remains relevant today as it speaks to the universal longing for love, acceptance, and spiritual intimacy.

Stations of the Cross: The Stations of the Cross, also known as the Way of the Cross, commemorate Jesus' passion and death. This devotion involves meditating on fourteen stations depicting events from Jesus' journey to Calvary. The Stations of the Cross allow Catholics to unite their sufferings with those of Jesus and reflect on the meaning of Christ's sacrifice in their lives.

Adoration of the Blessed Sacrament: Eucharistic adoration involves worshipping and honouring the real presence of Jesus Christ in the Eucharist. Catholics spend time in silent prayer and contemplation before the Blessed Sacrament, believing that Jesus is truly present-body, blood, soul, and divinity-in the consecrated host. Eucharistic adoration remains relevant today as a source of spiritual nourishment, peace, and communion with God.

These popular devotions, deeply ingrained in the lives of Catholics, are not just traditions but also powerful tools for personal spiritual growth. They provide avenues for prayer, spiritual development, and connection to the rich traditions of the Catholic faith. They offer comfort, guidance, and a sense of community to believers seeking deeper intimacy with God and the communion of saints, enriching their spiritual lives in a profound way.

Remembering with Gratitude

Birthdays:

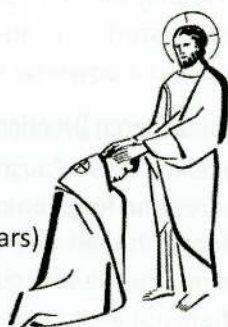
- 03.06.2024 - Rev. Fr. J. Sutharshan
18.06.2024 - Rev. Fr. T. Kingsley Robert

Ordination Anniversary:

- 06.06.2024 - Rev. Fr. J. Gerald (OMI) (11 Years)
30.06.2024 - Rev. Fr. C. P. Rajendram (SJ) (51Years)

Feast Day:

- 02.06.2024 - Rev. Sr. Christin Marie (MC)



Congratulations on your Excellent Exam Results

We extend our hearty congratulations to the Students, Teachers, Principal, and Parents of St. Joseph's College, Trincomalee, for producing outstanding results at the recently released G. C. E. Advanced Level Examination 2023.



Feast of St. Anthony of Padua

The Feast of St. Anthony of Padua, celebrated on June 13th, is significant in the Catholic Church. St. Anthony, also known as St. Anthony of Lisbon, was a Portuguese Catholic priest and friar of the Franciscan Order. He is renowned for his powerful preaching, deep devotion to God, and reputation as the patron saint of lost things.

The devotion to St. Anthony is widespread among Catholics around the world. Many people turn to him in prayer when they have lost something, seeking his intercession to help them find it. This devotion stems from various miracles attributed to him during his lifetime and after his death.

On his feast day, Catholics often attend special Masses dedicated to St. Anthony to seek his blessings and intercession. Some regions have processions and other religious events to honour him.

In addition to being the patron saint of lost things, St. Anthony is also invoked for various intentions, including finding employment, healing, and guidance in times of difficulty. Many Catholics keep a statue or image of St. Anthony in their homes or places of work as a reminder of his presence and intercessory power.

Pope's Prayer intention for the month of June 2024

For the formation of Religious and Seminarians

We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Solemnity of Saints Peter & Paul (June 29)

Saints Peter and Paul are two of the most prominent figures in Christianity, and their influence extends deeply into the traditions and teachings of the Church. Here's a brief overview of their significance:

St. Peter: Also known as Simon Peter, he was one of Jesus's Twelve Apostles and played a crucial role in the early Christian community. According to Christian tradition, Jesus chose Peter to be the "rock" upon which the Church would be built (Matthew 16:18). He is often depicted as holding the keys to heaven, symbolizing his role as the leader of the early Christian community. Catholics consider Peter the first pope, and his authority is seen as the basis for the papacy.

St. Paul: Originally known as Saul of Tarsus, he was a devout Jew who initially persecuted Christians but later converted to Christianity after a transformative encounter with Jesus. Paul became one of the most influential figures in early Christianity, travelling extensively throughout the Roman Empire to spread the teachings of Jesus. He wrote numerous letters, or epistles, which form a significant portion of the New Testament. Paul's theological insights and missionary efforts played a crucial role in shaping early Christian doctrine and expanding the reach of the faith beyond its Jewish origins.

The feast day of Saints Peter and Paul, celebrated on June 29, is significant in the Catholic and Orthodox traditions. This day commemorates their martyrdom in Rome during Emperor Nero's reign. The enduring legacy of these saints is evident not only in the doctrines and structures of the Church but also in the spiritual guidance they provide to believers through their writings and examples.





International Mothers' Day Celebrations – Anpuvalipuram Parish – 12.05.2024



Altar Servers' training session at Infant Jesus Church, Orr's Hill – 24.05.2024



Month of May Celebration at Kanniya Parish – 31.05.2024



Construction of St. Anthony's Church at Kallarawa, Kuchchaveli Parish

Construction of St. Anthony's Church at Papanasapuram, Kanniya Parish



Celebration of the Sacrament of First Holy Communion, St. Mary's Cathedral - 02.06.2024



Celebration of the Corpus Christi procession and adoration at Selvanayagapuram & Anpuvalipuram parishes - 02.06.2024



PRIVATE CIRCULATION ONLY

EDITED & PRINTED BY:

REV. FR. A. A. NAVARETNAM (NAVAJI)

DIOCESE OF TRINCOMALEE

CELL: 077 237 55 28 / EMAIL: frnavagi@gmail.com

Wanasinghe Printers, Batticaloa. 065 2227170

Digitized by Noolaham Foundation.
noolaham.org | aavanaham.org