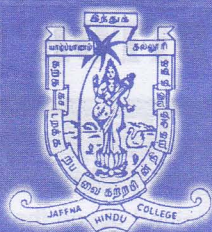


SPORTS UNIT,
JAFFNA HINDU COLLEGE,
JAFFNA.



THE HINDU

SPORTS

SPORTS FLASH OF JAFFNA HINDU COLLEGE

Volume 1, Issue 2.

October - November 2008

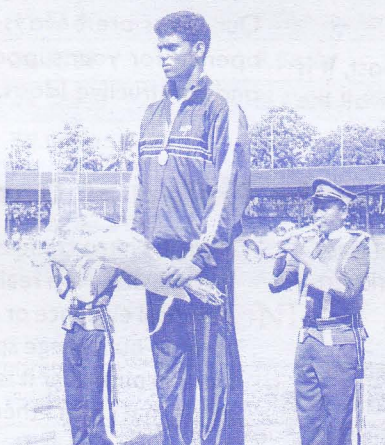
VAHEESAN WILL BE FLYING TO KOREA

Mas.S.Vaheesan, pride of Jaffna Hindu who won a National Medal in "Shot Put" after 32 years will participate at the International Juniors Athletic Meet in Korea in January 2009. This is for the first time a third place winner is also representing the National team and a golden opportunity for our star to participate in an International Meet.

While speaking to "HINDU SPORTS" Vahees was very confident that he will show his real Colours at the Korean

meet. Vahees has set an example to the youngsters and entering into a new era.

HINDU SPORTS with all the sons of mother JHC wishes Vahees all the best at the meet and all his dreams come true.



Mas.S.Vaheesan at the Victory Stand @ the National Athletic Meet

Exclusive
Interview @
Page 4

Sports Highlights:

- UNDER 13 CRICKET— JHC BEAT KANAGARATNAM M.M.V BY AN INNINGS
- UNDER 13 CRICKET— JHC WON BY AN INNINGS AGAINST JAFFNA COLLEGE
- UNDER 13 CRICKET— JHC WON FIRST INNINGS SCORE AGAINST ST.PATRICK'S COLLEGE AND JAFFNA CENTRAL COLLEGE.
- UNDER 18 SOCCER — JHC CIRCUIT CHAMPIONS AND 2ND PLACE AT THE ZONAL LEVEL
- UNDER 15 SOCCER — JHC CIRCUIT CHAMPIONS AT THE NALUUR DIVISION

HINDU STARS SHINE AT PROVINCIAL MEET



JHC WON 5 MEDELS AT THE PROVINCIAL MEET

Un. 21:
Mas. S.Vaheesan 1st in Provincial Level, Mas.S.Ahlan - Hurdles - 3rd in Provincial Level,
Mas.N.Suthakaran - Shot Put - 3rd Place Provincial Level
Un.17:
Shot Put - Mas.S.Sujeevan 2nd Place in Provincial Level
Un.15:
Mas.N.Niluxan - Shot Put - 1st Place Provincial Level

Inside this issue:

FROM THE EDITOR'S DESK	2
MESSAGE FROM THE P.O.G.,	2
HINDU STAR	2
TO THE EDITOR.	3
ATHLETIC RECORDS OF JHC	4
BONUS PRIZE SCHEM FOR LITTLE STARS	6
AN INTERVIEW WITH THE MEDALION.	6

EDITOR—HINDU SPORTS, JAFFNA HINDU COLLEGE, JAFFNA, SRI LANKA
+94 77 394 6024 / +94 77 444 7646, editorjhcsports@gmail.com, fax : +94 21 222 2431

Dear Friends,
It is a great pleasure to meet you all through this second issue. We are sure that our publication will help to share the experiences and showcase our performances of past, present and the constructive ideas of the future.

Though time has spread dark shadow on us, we have to battle and march through our way. We are happy that we constitute

to fulfill the needs of our society at least to some possible extent. We never stayed awkward to face the challenges. Everyone here remembers that service to mankind is service to God.

We were very much pleased to note the interest and enthusiasm shown by you all towards the maiden issue of "The Hindu Sports".

At last but not least, it is time to remember all the

hands joined us; all the shoulders shared the burdens and all the hearts cared for us. Specially our sincere thanks goes to our energetic Principal, being an advisor and guider, for his moral support to go through our journey successfully.

Let us pray the Almighty for peace and prosperity to each of us in future. Our doors are always opened for your support and constructive ideas.

"it is better to light one small candle than to curse the darkness"

- Confucius

Till we meet in the next issue, good bye

"All for one, One for all"

May God Bless You All

- Editor—



"I like the dreams of the future better than the history of the past"
- Thomas

Message from the Prefect of Games.....

I am delighted at overwhelming historic Endeavour

I am extremely delighted at publishing the magazine the historic sports for the first time in the history of the Jaffna Hindu College endeavored by the principal and the sporting enthusiasts in favour of my field.

Indeed, I must confess that this magazine is a real written historical evidence or document to our college sports stars, in particular it is a mode that cheers them up.

In addition, there is no doubt that this magazine will be an appropriate mirror of making all the victories and achievements public.

To my mind, it is obvious that this magazine will definitely bring out our concealed achievements.

I wish the "HINDU SPORTS" an everlasting prosperous future.

S.Nimalan

P.O.G., J.H.C.



Mr.Sivapatham Arunan
"Star of This Issue"

Hindu Sports Star

Mr.Sivapatham Arunan, Student of Jaffna Hindu from 2000 — 2002. He was in the Bio stream and obtained "3A" in A/L 2002. He was placed 6th in the District and 2nd at the college. He won the prize for Biology in 2002.

In the Athletic, he was a senior champion at the 2001 inter house athletic meet for first places in High Jump (Breaking Record), Discus Throw and Shot

Put. He Represented "Sabapathy House."

He played Basket ball and Badminton. He was the Vice Captain of the school team and his team was the District Champions. He obtained Colours for Basket ball and Badminton.

He played for Jaffna District Basket ball team in 2003.

Now he is the Final year stu-

dent of Faculty of Medicine, University of Jaffna. At the University also he is participating in Athletics and playing Basket ball. Presently he is the captain of the University basketball team. He won the prestigious SLUSA — Sri Lankan Universities Sports Association — award for basket ball.

To The Editor.....

Dr.S.Jothilingam

Dear Hardworking Team,

This is an excellent idea. I would suggest you to publish all the known sports events in advance ie in Jan 2009 or so

N.Vithyatharan.
Editor—"Sudar Oli"

Dear Doctor, Arul.
Superb. excellent. Keep it up.
With best wishes.

K.Kanagrajah

Very good. Wish u all the best Doctor. Keep it up. do more please.

Prabu

We miss this chances

Theebaraj

Well done anna, great idea. keep up the good work.
Best regards

JHC Old Boy

The Great Job....

Well done guys who have brought their idea to release this magazine from JHC. also thanx for Editors.

also i ve a question on this ... is this goin to be released with the possession of only the sports news related to JHC as a sports news paper or ??hope this will bring all the news, biography of sports legends around the world and articles which may help youngsters to adopt some techniques in their practice session and develop themselves to cope up their talents with the fast growing sports world.

Again thanks for this effort..

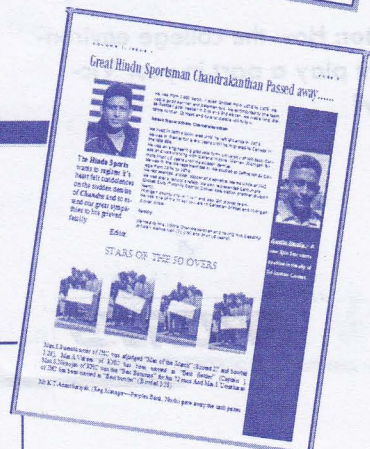
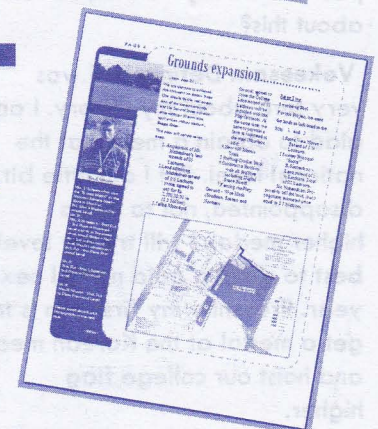
yoganathan Rajosan

Wish all the best for all success. how to get your magazine?

Dear Readers ,

We are very much encouraged to read your comments. Please don't forget to send the comments with your names,

- Editor -



An Interview with the "Medallion"



Editor of The Hindu Sports met Mas .S. Vakeesan, National Bronze Medalist for an exclusive interview at his residence recently. Mas Vakeesan spoke open heartedly to us.

Editor: Vakees, you have won a national medal after 32 years from our college. Have you expect this victory? How you feel about this?

Vakeesan: Definitely. I was very sure about my victory. I am glad to obtain a medal at the national level. But I am little bit disappointed, not to get a higher medal. I will try my level best to claim a gold medal next year. Presently my first aim is to get a medal at the Korean meet and hoist our college flag higher.

Editor: How the college environment play a part in your Victory?

◇ **Vahees:** College has played an important roll in my success. First and fore most is the introduction of my coach Mr.Ramanan. Next thing is my teacher in charge Mr.Swaminathan. His contribution in my success is excellent. He accompanied me to all the meets not only in the Jaffna district but also to the provincial and national meets and encouraged me as a good friend and adviser to win all the meets. He was responsible for my transport arrangements out of peninsula including the travel permit. I must say about my coach Ramanan Anna. He will be present at the grounds in the very early mornings to train me. Whenever I feel tired or fed up he gave lot of courage towards the victory. Simply I can say Ramanan Anna has molded me like this.

◇ I should thank our prefect of games Mr. Nimalan. Even though "Put" for Under 21 is not available at our college, he has got one from another school.

◇ **Editor:** Say about your parents.

◇ **Vahees:** As far as my parents and family are concerned, they have met all my expenditures with out any hesitations. I would say the contribution of my family for my victory is higher than anything else.

◇ **Editor:** Are there any shortcomings on your to success? In your opinion what are the remedies?

◇ **Vakees:** Of course. Our play ground is not a level one. It should be leveled first. For the athletes of throw events, their body stamina is important. We need at least a small gymnasium for our college. At this point I want to say one thing; In the absence of Gym, Ramanan Anna gave his own apparatuses to practice. Our old boys, School Development society and well wishers should think about this and take necessary actions to fulfill this essential needs.

◇ **Editor:** Now your are the winner. What you want to say your younger brothers of JHC?

◇ **Vakees:** Sports.... Not only victory. We should see the victory and the defeat as same. Change the defeat as victory. If you draw a small round around you and always inside that small round won't make any changes or improvements in your attitude. Please come out of the ring and see the beautiful world. When you participate at Provincial, National or International programmes you can come across new bonds and friends. Good sportsman will share his knowledge with youngsters and train them towards success. This is what I learnt from Ramanan Anna.

EXCLUSIVE

INTER HOUSE ATHLETIC MEET RECORDS

(UNDER 19)

Event	Record	Record Holder	House	Year
100 M	11.9 Sec	J.Athithan	Pasupathy	1997
200 M	24.9 Sec	S.Thaventhiran	Sabapathy	1984
400 M	57.0 Sec	N.Prashanthan	Sellathurai	1997
800 M	2 Min 10.5 Sec	V.Baskaran	Nagalingam	1971
1500 M	4 Min 49.0 Sec	M.Thangarasa	Pasupathy	1971
3000 M	10 Min 39.8 Sec	S.Ajithan	Pasupathy	1998
5000 M	19 Min 43 Sec	K.Sutharsan	Nagalingam	2002
100 M HURDLES	16.0 Sec	K.Logenthiran	Nagalingam	1972
HIGH JUMP	1.73 M	S.Theenathaksan	Sellathurai	2004
POLE-VAULT	3.21 M	T.Srivisakarajah	Nagalingam	1956
LONG JUMP	6.31 M	T.Raveenthiran	Nagalingam	1979
TRIPLE JUMP	12.91 M	A.Ponnampalam	Nagalingam	1959
SHOT PUT	11.83 M	S.Shanmugarasa	Sellathurai	1978
DISCUS THROW 1.5 Kg	33.70 M	B.Baabu	Nagalingam	1987
JAVELIN THROW 800 g	44.960 M	M.Patrick Diranjan	Sabapathy	1992
4 X 100 M RELAY	52.0 Sec		Sellathurai	1980
			Nagalingam	1992
4 X 200 M RELAY	1 Min 50.3 Sec		Kasipillai	1992
4 X 400 M RELAY	4 Min 10 Sec		Sellathurai	1979

(UNDER 18)

Event	Record	Record Holder	House	Year
100 M	12.28 Sec	V.Srikumar	Pasupathy	1993
200 M	25.24 Sec	S.Sukeenthiran	Nagalingam	1994
400 M	57.0 Sec	N.Prashanthan	Sellathurai	1997
800 M	2 Min 24.6 Sec	S.Thirukumaran	Nagalingam	1994
1500 M	5 Min 8.34 Sec	T.Roy Cilarishan	Sellathurai	2000
3000 M	10 Min 57 Sec	S.Sukumar	Nagalingam	1994
5000 M	19 Min 18 Sec	K.Yathukulan	Sellathurai	1999
100 M HURDLES	18.2 Sec	N.Ragavan	Kasipillai	1991
		S.Karthik	Sellathurai	1997
		S.Vinothan	Pasupathy	2000
HIGH JUMP	1.58 M	S.Vaheesan	Kasipillai	2006
POLE-VAULT	2.75 M	T.Sathees	Sabapathy	1991
LONG JUMP	5.80 M	S.Theenathaxhsan	Sellathurai	2003
TRIPLE JUMP	12.22 M	S.Surendran	Sellathurai	2003
SHOT PUT	9.50 M	S.Thumeshan	Sellathurai	2006
DISCUS THROW 1.5 Kg	28.11 M	S.Karunakaran	Sellathurai	1994
JAVELIN THROW 800 g	36.47 M	S.Vaheesan	Kasipillai	2006
4 X 100 M RELAY	53.6 Sec		Nagalingam	1994
4 X 200 M RELAY	1 Min 58.5 Sec		Kasipillai	1993
4 X 400 M RELAY	4 Min 22.56 Sec		Kasipillai	1993

Bonus Cash Prizes for Little Stars.....

To enhance the talents of young players Some Attractive **Bonus Cash Prizes** are announced to the Under 13 Cricket team. According to this scheme:

- **For Batsman:** Cash prize of Rs 500.00 for scoring Fifty runs and thereafter Rs 100.00 for every ten runs.
- **For Bowlers:** Cash prize of Rs 500.00 for capturing Five wickets and Rs.100.00 for each additional wickets.
- **For Wicket Keeper:** Cash prize of Rs 500.00 for total of four dismissals (catch

behind the wicket plus stumping)

- **For Fielders:** Cash prize of Rs 500.00 for Five Dismissals (Catches or Run outs)
- **For the team:** Cash prize of Rs 1000.00 for an outright win.

will be awarded. Presently Mr. C.K. Visakaratnam and Dr. V. Yoheswaran are the sponsors of this bonus scheme. More sponsorship wanted and interesting persons can contact the Principal for

further details.

So far the team won Rs 2000/= for two outright victories with Canagaratnam M.M.V. & Jaffna College, Mas. K. Kowsegan Rs 600/=(6/24) Mas.S.Kalkopan Rs 500/=(52runs) Mas.S.Thibakugan Rs 600/=(60runs)Mas. . WK Rs 500/=(02 stumping & 02 catches) Mas.S.Kalkopan Rs.800/=(82runs) If anyone wants to join such sponsorship please contact the principal for further details.

Comments & Contributions for publication in the Hindu Sports are welcome. However, the Editor reserves the right to accept or reject items for publication. All correspondence should be mailed to **The Editor, Hindu Sports, Jaffna Hindu College, Jaffna, Sri Lanka** or sent by Email to editorjhcsports@gmail.com.

WORLD SPORTS

Old men in a young game

Over the last decade one-day cricket has increasingly become a game for fitter, faster, younger men. However, there are some who have soldiered on despite creaking bodies. If Sanath Jayasuriya plays until June 30, 2009 he will become the only 40-year-old on the circuit - the 38th overall - and a highly successful one too. This week we've looked at players who scored the most runs and took the most wickets in one-day internationals after passing a certain age.

Netherlands batsman Nolan Clarke is the oldest man to have played one-day internationals. He was the oldest debutant as well, playing his first match, when he was 47 years and 240 days old, in the 1996 World Cup. His international career, though, lasted only 17 days, and ended with Netherlands' exit from the tournament. Decades earlier, however, Clarke may have had hopes of representing a greater cricketing nation: he had scored 159 for Barbados against England in 1973-74. His Netherlands team-mate Flavian Aponso, who also played in only the 1996 World Cup, was the third-oldest debutant at the time, at the age of 43 years and 112 days.

Clive Lloyd played 14 one-day internationals after turning 40, all of them in Australia. The first 11 games were during the Benson & Hedges World Series Cup in 1984-85 and Lloyd, who had turned 40 a few months earlier, topped the batting averages, scoring 329 runs at 82.25. His last three limited-overs appearances were during the World Championship of Cricket, and his overall tally of 368 runs at an average of 73.60 after turning 40 is the most for any player past that age

