



SHANTHIHAM

Association for Health & Counselling

ANNUAL REPORT

2019



SHANTHIHAM

The Association for Health and Counselling (AHC)
8, Katpaha Vinayagar Lane,
Off Kachcheri Nallur Road,
Jaffna 40000, Sri Lanka.

Telephone: 021 222 3338

Mail to: director@shanthiham.org

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Facebook & Twitter: @shanthiham

Our Vision

A healed and restored community that is able to celebrate life in all its wholeness.

Our Mission

To develop the capacity and fulfil the needs identified in relation to mental health and psychosocial well being in Sri Lanka at the individual, family and community level.

SHANTHIHAM is a prominent organization which is recognized as the agent of bringing psychosocial well being through its engagement with individuals and communities. It is cherished by the beneficiaries and witnessed their developments. There are lot of bestowing hands to seek out the essential need of an individual and these supports are placed among the needy.

Well-Being and mental stability can be reached if there is a person who can be trusted and be supported to uncover their feelings and emotions. The intentional care of a person's mental health is limited and it is metaphoric as a social stigma. The indicators of recent scenario confirm the immense need of psychosocial support around the world even in our nation and the locality.

Nevertheless, SHANTHIHAM created a platform to meet those complications through various actions. Because the inception of SHANTHIHAM had been laid on counselling, mental health and psychosocial support. Accordingly, there are programs on the ground to assist the individuals through field and centre operations.

SHANTHIHAM is absorbing the diversity and trends to design its projects on the humanitarian perception, also it is assured that the fundamental purpose of the organization is affiliated by each aspect of all the programs.

The core team is fully qualified and technically expertise in mental health and psychosocial support. Centre and field activities are guided by the professionals and lead consultants. Although the projects designed with the contribution of field expertise. So, the output and outcome are keenly focused on healing and well-being approach.

There are trained Befrienders and established Core Groups in working locations who are the grass root level of providing these services and they teamed up with counsellors.

SHANTHIHAM is fully committed to improve the well-being and mitigating the trauma of the individual, families and communities. The functions of the organization is professionally and competently executed under the dedicated Management Council and the Director.

Our Aims and Objectives

- Support to all, particularly those in crisis and at risk of mental health problems.
- Training to a wide range of professionals, community-based organizations, national and international NGO's, and local volunteers to develop and enhance knowledge and practice in promoting well-being and positive mental health.
- Evidence research, and publications on what works well to enhance well-being and positive mental health of our communities.
- Ensure well-being of individuals, families and communities and make them economically empowered.
- Create a strong civil society through active participation in decision making processes based on participatory development approaches, promoting diversity and building networks with government and nongovernmental stakeholders and partners.

HISTORY

The need for an institution to deal with trauma victims saw the establishment of the Association for Health and Counselling (AHC) popularly known as Shanthiham in 1988. Since then Shanthiham has developed as an organization that provides both a Counselling Centre and Training Centre for Mental Health and Psychosocial Support (MHPSS) for the Northern and Eastern provinces of Sri Lanka.



PRIMARY INTERVENTIONS

Shanthiham is dedicated to improving the community well-being of individuals, families and communities. It includes the capacity building programs for front-line social workers from Government and private sectors. The details of intervention methodologies documented in the book 'Scarred Communities'.

The capacity building helps to integrate the services to deliver enhanced psychosocial interventions with the collaboration of District and Divisional service providers.

COMMUNITY EMPOWERMENT

The uniqueness of SHANTHIHAM's intervention is to create Core Groups - a self-empowered community volunteers group which helps to handle the Mental Health and Psychosocial issues in their communities, dealing with the issues with positive manner, collaborate with community groups, refer the needy people to service providers, for example, mental health services from Government hospitals and SGBV and Children issues to local divisional and district service units, and to organizations who provide needed services.

TRAINING, CONSULTATION & PUBLICATIONS

Shanthiham also provides training in mental health to the government, non-government organizations, community organizations and community workers and publishes manuals and handbooks, recently published. Mental Health in Tamil Community-revised third edition, Child Mental Health-revised second edition, Child Protection-first edition, Pulari - revised third edition, Standard Operating Procedures for SGBV Case Management-English & Tamil edition. At present, developed Tamil adopted version of WHO manual on Problem Management Plus (PM+) and UNICEF manual on Improving Child Well-Being. Currently we are conducting a psychological counselling diploma course for 25 students. The main purpose of the training unit is to increase the available human resources in the region and to bring the basic psychosocial and mental health services very closer to the community.

The consultancy unit of Shanthiham started very recently and there are few assignments undertaken on the sector of water sanitation and youth empowerment. Shanthiham is also quite famous for publications. We have published nearly 15 different books on different elements of mental health.

THE PRESIDENT

Message from the President

It is an honour to deliver the message to the annual report on behalf of the management council of Shanthiham, the Association for Health and Counselling. According to my knowledge while we see the situation of our organization, it seems really healthy and smooth functioning also move forwarding towards our goal. I believe that our Director and the team performing extraordinary and working hard to bringing the change. Our Management Council always gives enthusiastic support to the Director and the work force for their innovative and productive ideas. That is because we have overcome several challenges and worked hard to get this organization in shape. Since we bear the good will of our work, we have to work hard and dedicate ourselves.

I take this opportunity to thank our management council and the advisory committee for their tremendous support and advices towards the success. We would have had struggles or conflicts but all these occurred for the betterment of our organization. I really appreciate our members, partners and stakeholders who contributed well and I respect their service to this organization.

Since we work with the well-being and psychosocial strengthening of the community, we continuously support and contribute in many ways. Again, I thank all the management council members to support and guide the organization in a right path and all of them stand together and were able to achieve the success. I wish the new president for his future endeavours and the staff of SHANTHIHAM for the bright future ahead.

Mr. S. Ravindran
President
Management Council

Message from the Director

THE DIRECTOR

I am proud and pleased to have my message in this annual report as the Director for an Organization which has a history of over 30 years in the field of MHPSS. It is important for any Organization to document whatever good things that have been performed or achieved during a certain period of time to have evidence and share it with other. I also see this annual report as a mean to fulfil this purpose. Further, our accountability and transparency towards the members, donors, partners, stakeholders, and the public will be further strengthened and proofed in this process.

During the past eight months of experience in this Organization, I was able to take many new initiatives and achieve many things with the guidance of the Management Council and the support from my staff. We were able to strengthen our operation through newly developed systems and procedures. I have the obligation to thank one and all for the support given to me to bring these successes.

We see all our success as the success of the community that we work with; through the ongoing support of our donors, partners, volunteers and core groups, SHANTHIHAM is ready for the challenges and achievements ahead in 2020.

Rajan Thavaseelan
Director
Association for Health and Counselling - SHANTHIHAM

2019

Year in

Program Review

SHANTHIHAM is currently implementing three projects in Northern Province especially in Jaffna and Kilinochchi. The organization has been holding up different roles in each projects which dispersed the responsibilities on the donor requirements. SHANTHIHAM is being the strategic partner in the SCORE (Social COhesion and REconciliation) project which has been funded by USAID through GLOBAL COMMUNITIES .This is the direct implementation program of the organization and partnered with ICRC (Accompaniment Program for the families of the Missing persons) ONUR (Office for National Unity and Reconciliation) and GIZ-VTSL programs.

2019

Overview of the Programs

Social COhesion and REconciliation

(Cont..)

Project components: - Representing and strengthening the divisional psychosocial forum
- Celebrating World Mental Health Day
- Addressing the needs and awareness through various channels

Donor: USAID
Geographical coverage: District-Jaffna
Division- Tellipalai
G.N Divisions: Illavalai north
west, Nallinakkapuram,
Palai veemankamam and
Vasavillan east

Target groups: Selected resettled
communities in Tellipalai
Division
Duration: August 2017 to June 2020
Total budget: \$ 125,222 (Revised Budget)
Staffing: -Program Manager cum
Training Coordinator
-Monitoring & Evaluation cum
Documentation Officer
-2 Field Counsellors
-20 Befrienders

Project components: - Client services
- Strengthening the Core Groups
- Building the capacity of
Befrienders
- Identification of people with
psychosocial and mental health
needs at grass root level
- Attend to needs and referrals
to service providers
- Social Cohesion and
reconciliation initiatives
through psychosocial intervention

2019 SCORE Key achievements By the Numbers

20 Befrienders Trained
4 Core Groups Formed
39 Core Group Members
8 Befrienders Workshop
7 Befrienders Refresher Workshop
151 Clients Received Service
1 Sensitisation Workshop for
Government Staffs

The Accompaniment Program for the families of the Missing persons

Objectives

- To improve the psychosocial well-being of the wives, mothers and fathers of the missing persons.
- To assist the families to access the support from the government and other suitable resources.

This program implemented to Kilinochchi and Jaffna districts in Northern province.

Donor: ICRC

Geographical coverage: Kilinochchi District
Cycle 1: Kandavalai, Pachilaipalli & Karachchi Divisions
Cycle 2: Poonagary & Karachchi South Divisions

Target group: Families of missing persons

Duration: Cycle 1: March 2018 to September 2018
Cycle 2: September 2018 to March 2019

Total budget: Cycle 1: 7,473,480 LKR
Cycle 2: 7,578,900 LKR

Geographical coverage: Jaffna District
Cycle 1: Kopay, Chavakachcheri & Maruthankernu DS Divisions

Target group: Families of missing persons

Duration: Cycle 1: ½ March 2019 to September 2019

Total budget: Cycle 1: 7,903,350 LKR

Staffing: 1 Project Coordinator
20 Accompaniers

2019 ICRC Key Achievements By the Numbers - Kilinochchi

475 Families and 19 Accompaniers (Cycle 1)

528 families and 20 Accompaniers (Cycle 2)

39 Accompaniers (Befrienders) from the families of Missing Persons trained to work with the families of missing persons

Support Group Activities carried out for the families as small group discussion to improve their psychosocial well-being and how to overcome day to day challenges.

25 Referrals for children's education, artificial limb for one person, medical support, registered for specs, electricity for one family, food assistance for 13 families and PAMA for two persons.

Commemoration events (remembering their family members) organized by the families.

2019 ICRC Key Achievements By the Numbers - Jaffna

470 Families and 20 Accompaniers (Cycle 1)

20 Accompaniers (Befrienders) from the families of Missing Persons trained to work with the families of missing persons

Support Group Activities carried out for the families as small group discussion to improve their psychosocial well-being and how to overcome day to day

Office for National Unity and Reconciliation

The ONUR with its main mandate in building national unity and promoting reconciliation within Sri Lanka, has initiated a program to provide extensive psychosocial support to those who are in need of such support in the Northern province.

SHANTHIHAM is referred as the Implementing Partner in the program.

Objectives

- Counselling and psychosocial support
- Cultural and creative approaches
- Capacity building and training including work, study and life
- Research, documentation and publications
- Collaborations and coordination with government departments and other institutions

2019 ONUR Key Achievements By the Numbers

71 Trainings to government staffs and 1915 participated

20 core groups formed in 5 districts

56 Core group trainings provided and 651 members participated

41 Group and social level interventions

1 Research published

(* Some of the key components only mentioned)

SHANTHIHAM Counselling Centers

SHANTHIHAM established its own counselling centers in Jaffna and Kilinochchi. This is a self funding program of the organization. The services are provided with free of cost and unlimited access to anybody. The trained counsellors have been providing all kind of services to the clients. In the meantime clients are connected to other service providers through referrals and networking activities.

Jaffna

112 Counselling and Befriending clients intake this year.

12 Client termination

13 Follow ups

16 Referrals

Counselling center provided befriending, personal counselling, family counselling, relaxation exercises to the clients and referring them to appropriate service providers for further assistance. And transportation allowance will be provided to a very poor client according to their need.

Identified issues are related to domestic violence, dowry, negligence, alcoholism, addiction of social media and war affects.

Kilinochchi

135 Counselling Befriending clients intake this year.

42 Client termination

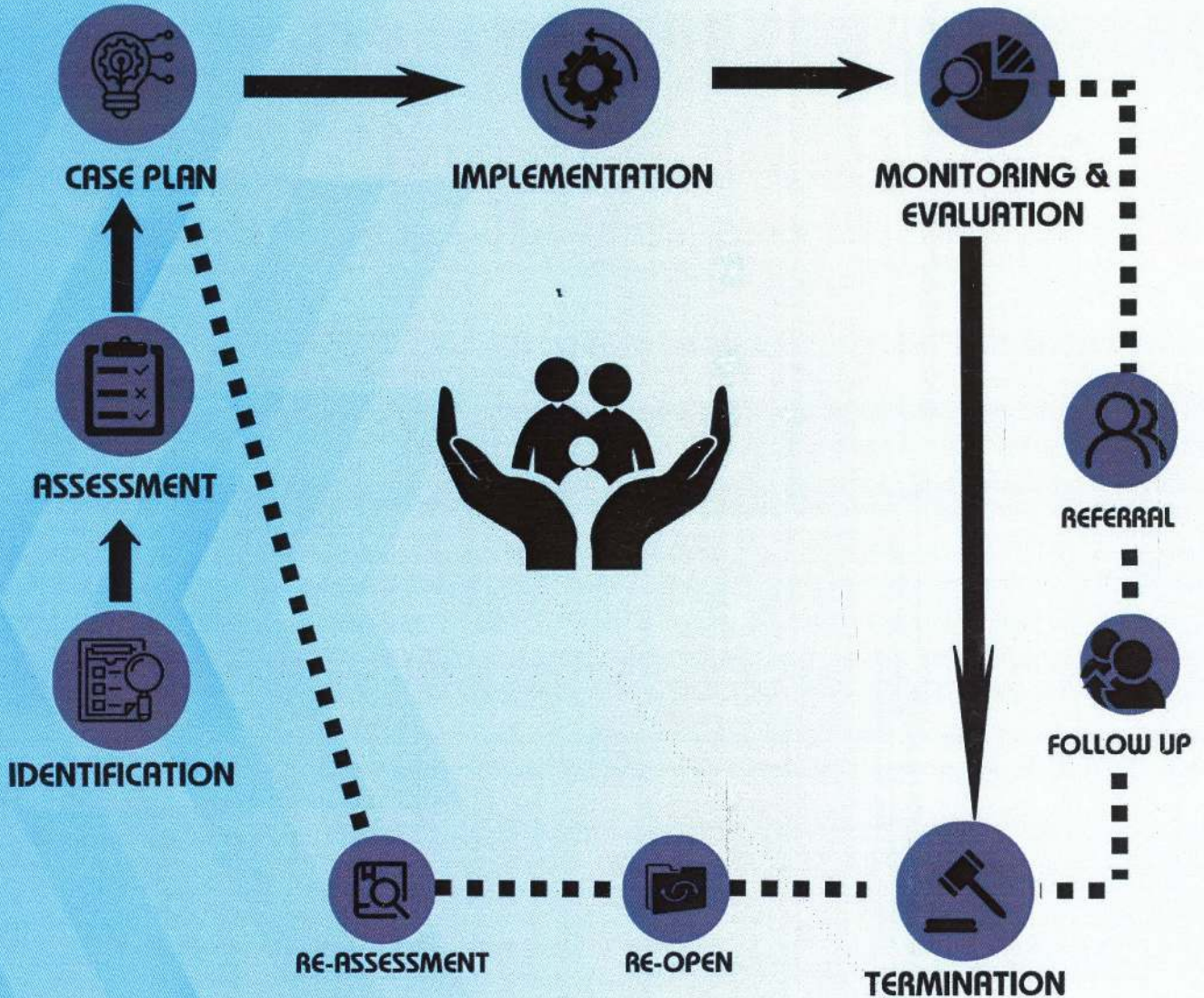
93 Follow ups

15 Referrals

SHANTHIHAM's another counselling center is functioning in Kilinochchi district hospital. This is one of the major stretch out for the organization in other districts. The counsellor is in-charge for all the service provisions through this center.

Coordination with doctors, government officers and other stakeholders creating strong partnership and smooth functioning in the district. And also counsellor is attached with the safe house and providing counselling services.

CLIENT SERVICE - SHANTHIHAM



➔ Indicates the routine of the process

■ ■ ■ Indicates the restarting process if there is a need

SHANTHIHAM follows an ethetic approach in the counselling service. Which reflects the movement towards various models around us. These are adopted and fix into local context. However there are prominent models in the client service. Compatibly, these system deals the client in depth and practically work with impacts.

For online appointments for counselling center (date and time can be fixed through below mentioned page.

Visit our page
www.facebook.com/centre.shanthiham



SHANTHIHAM - SUPERVISION MECHANISM

Psychosocial Forum

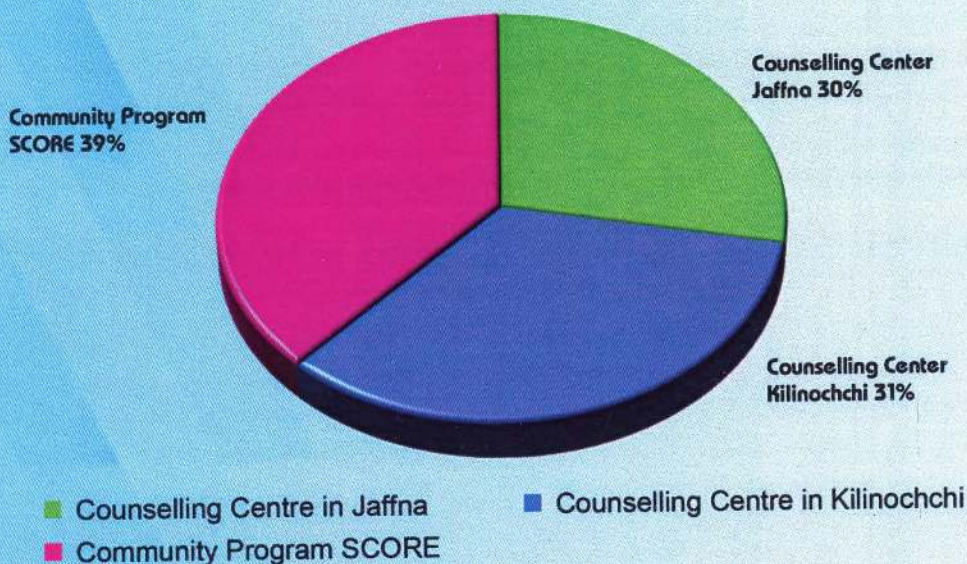
SHANTHIHAM is continuously involving in Psychosocial Forum with the guidance and facilitation of Prof. Daya Somasundaram. It is organized every Monday with the presence of all the counsellors and project staffs. It is mainly focusing on the identified issues at their work which are related psychosocial intervention and received consultation from the facilitator. Sometime the instructions and recommendations are received from the facilitator as well as some of the important referrals are facilitated in this forum.

Counselling Supervision

SHANTHIHAM is assuring the counselling services through this supervision and it is focused on counsellors' activities towards their client service. This sessions are confidential and only counsellors and the supervisor will be there. The counselling supervisor is in-charge for all the counsellors and they must report their client service update and it will be discussed in detail. In the meantime, counsellors are trained on different topics which help them to update themselves and get to know the new subjects. These sessions are facilitating them to deal their clients and guiding the befrienders. And also this supervision determines the case management through their documentation. A check list is prepared and it will be followed at every supervision. Earlier this session was facilitated by Rev. Fr. S. Damian and currently Rev. Dr.K.J Arulrajah is supervising the counsellors. It falls on every Monday at SHANTHIHAM office.

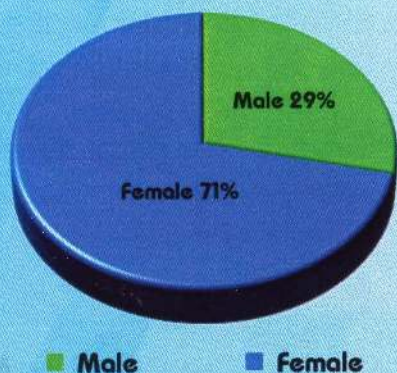
SHANTHIHAM - CLIENT SERVICE AT A GLANCE

CLIENT SERVICE LOCATION

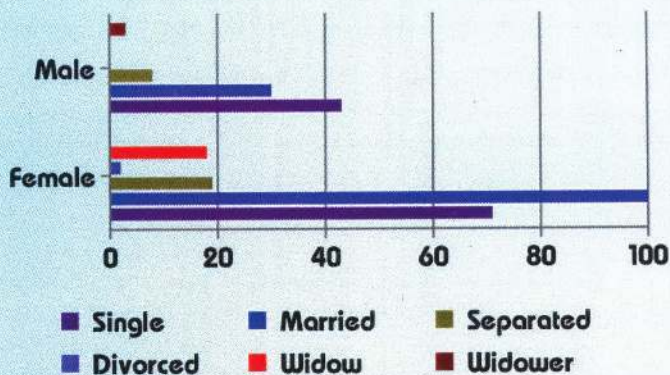


SERVICE UNIT	TOTAL CLIENTS
Counselling Centre in Jaffna	112
Counselling Centre in Kilinochchi	135
Community Program SCORE	151
TOTAL	377

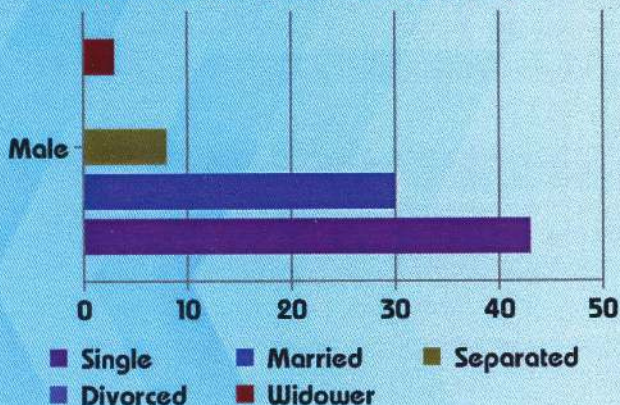
GENDER



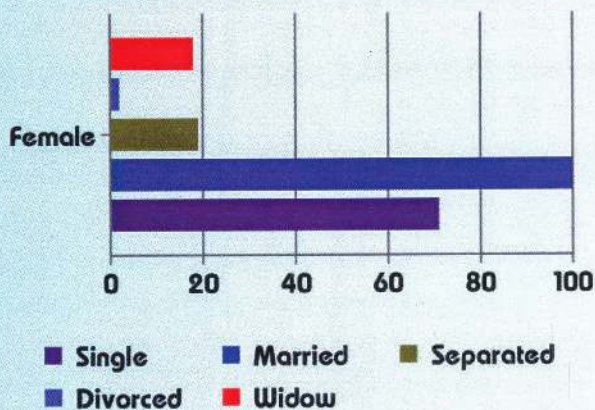
CIVIL STATUS CROSS TABULATION



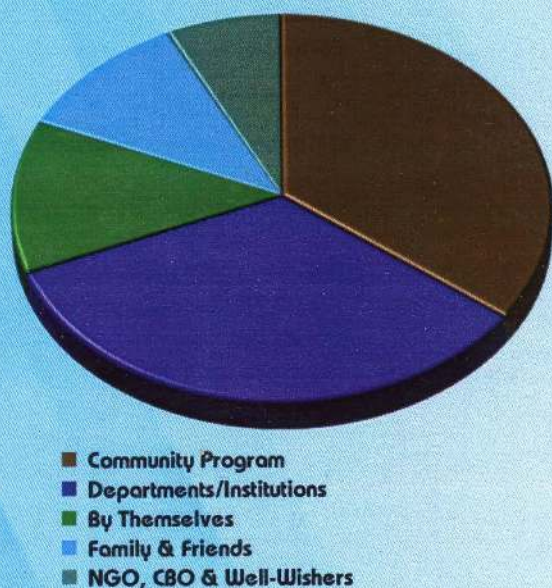
MALE CLIENTS BY CIVIL STATUS



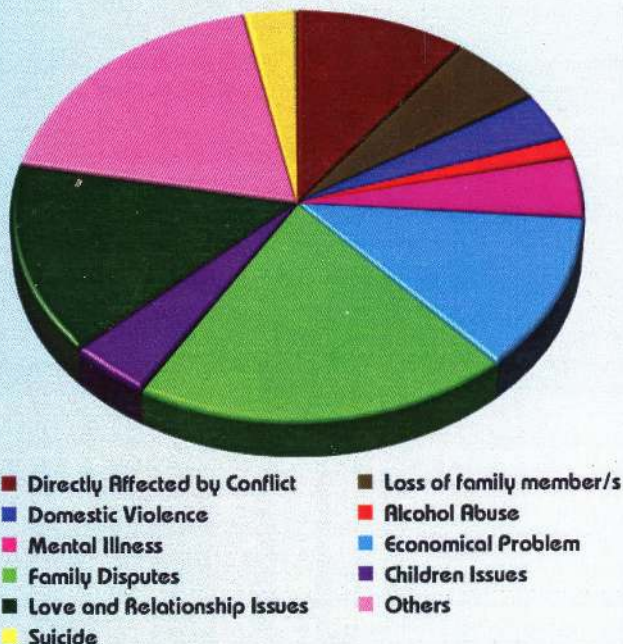
FEMALE CLIENTS BY CIVIL STATUS



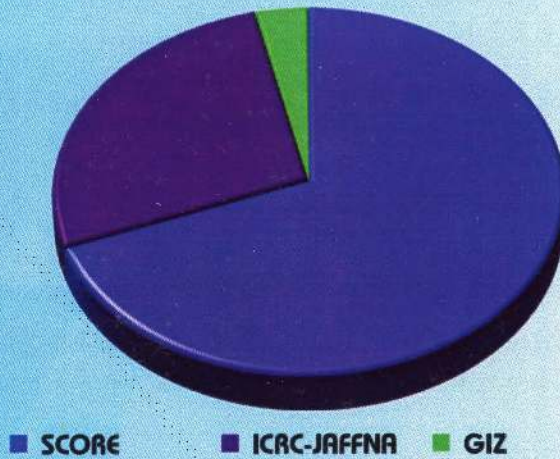
CHANNELS OF CLIENT REFERRALS



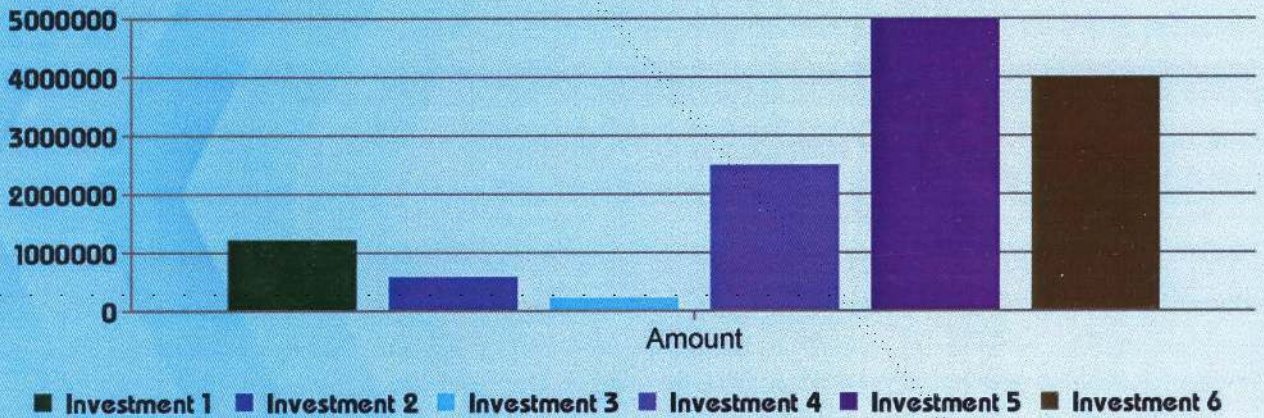
CATEGORY OF CLIENTS



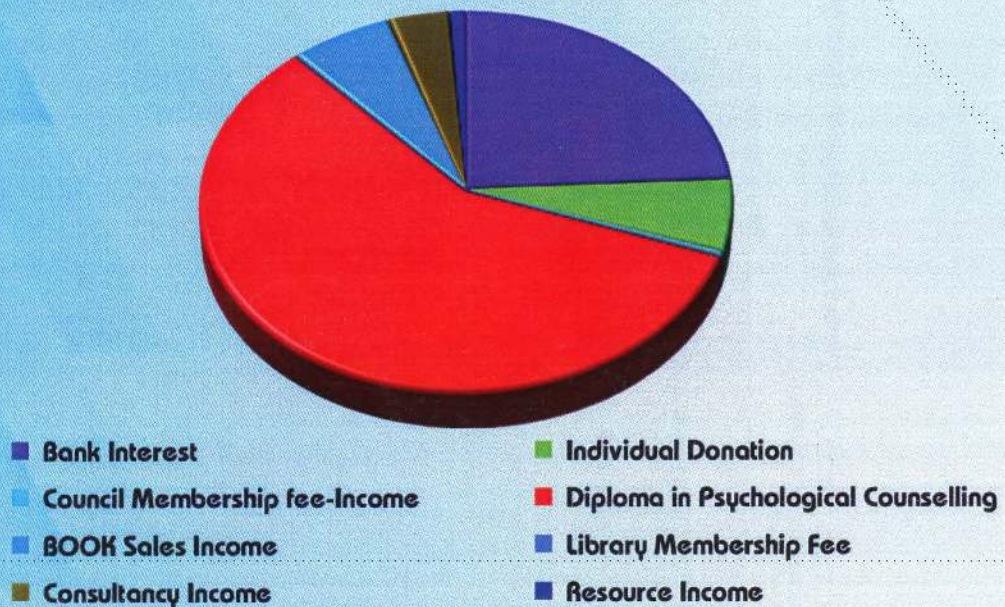
Donor Funding Projects



Investments



Fund raising (January to October)



SHANTHIHAM

Leadership

2019

MANAGEMENT COUNCIL

President

Mr. S. Ravindran

Secretary

Ms. Vasuki Rajasingham

Treasurer

Mr. T. Anpaanathan

Vice President

Mr. K. Arunthaharan

Vice Secretary

Dr. S. Jeevasuthan*

Council Members

President Elect

Mr. D. Stephen Leonard

Ms. J. Shiromi Leonard

Mr. K. Sripathy

Ms. N. Ransuthamalar

Mr. S. Matheeswaran

Rev. Dr. Vincent Patrick

Mr. R. Rajeshkannan*

Dr. K. Kajavinthan*

Newly elected members as replacement

Dr. V. Anavarathan

Mr. N. Sachchithanantham

Advisory Committee

Dr. Anna Zeffertt

Rev. Fr. S. Damian

Dr. C.S. Nachinarkinian

Prof. D.J. Somasundaram

Dr. S. Sivayokan

* Members are replaced with newly elected.

STAFFS

Director

Mr. Rajan Thavaseelan

Program Manager

Mr. S. Rathakrishnan

Finance Manager

Mr. S. Sabesan

Admin/HR Manager

Mr. A. George Thayananthajothy

Center Counsellors

Ms. A. Shivani

Ms. R. Pushpalatha

Finance Officer

Mr. A. Partheepan

Office Assistants

Mr. K. Pavan

Mr. M. Ellalan

Ms. T. Jeyasutha

Monitoring & Evaluation cum

Documentation Officer

Mr. S. Paul Sugirthan

LOGISTIC CUM FLEET

ASSISTANT

MR. M. PRATHAP

Field Counsellor

Ms. N. Yogarani

Ms. S. Mayoorathy

SHANTHIHAM GOAL FOR 2020

"Ensure Counselling Service and Well-Being of Individuals, Families and Communities in all the Five Districts of Northern Province"

KEY ACHIEVEMENTS IN 2019

Program

- Secured Donor Funding for 2020
- Appointment of Program Manager
- Timely Implementation of Project Activities
- Ensured Quality in all Program Initiatives
- Secured Donor Satisfaction
- Completion of Pending Donor Reports
- New Donor initiatives with GIZ
- Monthly Reports to MC

Administration

- Operational Manual & Revised, Approved and in Implementation
- Organizational Structure & Revised and Approved
- All Administrative Standards are Practiced

Fund raising

- Submission of Proposals
 - British High Commission
 - UNICEF
 - IMHO
 - GIZ - SLGTI
 - ILO
 - Proposal submitted to establish Counselling Centers
 - Proposal submitted for psychosocial intervention of schools & universities
- Establishment of Consultancy Unit
 - Consultancy assignment undertaken in Batticaloa
 - Assignment from GIZ undertaken
- Establishment of Counselling Centers
 - Proposals Developed and Submitted for Foreign Funding
 - Obtained Approval for Land in Kilinochchi
 - Gained funding opportunity for establishment of Counselling Center in Mullaitivu
 - Initiative took place for Counselling Center in Chettikulam - Vavuniya

Finance

- Developed Financial Manual
- Implementation of QB in Accounting
- Implementation of Transparent Financial Regulations and Practices
- Ensured Clarity in Divisional Functions
- Completion of Pending Donor Financial Reports
- Monthly Reports to MC
- Proper Coordination Between Program and Finance

Human Resource Management

- Recruitments are Taking Place as per the HR Manual
- Performance Appraisal System Introduced and in Practice
- Exit Formalities for Staff are Fully Practiced
- Staff Personal Files are Properly Maintained

Training Unit

Training unit has been revamped and activated to succeed training and courses through SHANTHIHAM. As a result, A Diploma in Psychological Counselling course commenced on 28-09-2019. And other program related trainings also implemented through this unit.

Activities of the Training Unit

- Diploma in Counselling
- Certificate Courses
- Training Proposals on Request
- NVQ Registration

Staff Capacity Building Activity

Staffs are motivated and enhanced their professional approach of their work through weekly staff training. Especially it is focusing on their personal and professional growth. All these sessions are based on English language and its utilisation at their life and work. Staffs are actively participating and keen on learning. It is initiated by the Director and staffs are encouraged to exercise what they have learnt.

GLIMPSES OF THE EVENTS

Staff capacity building program at Chundikulam



As a part of capacity building and refreshing the staffs, the entire team visited to Chundikulam resort and spent two days. The initiative took to keep the team on track towards the goal and preparing them to adopt the diversity

ONUR Exhibition



An exhibition section of ONUR which was exhibited in the ENTERPRISE SRI LANKA- National exhibition Jaffna. They showed the traditional resources in mental health, puppet show, awareness drama in the event.

Sensitisation program with government staffs



As a part of the program, a sensitisation workshop organized to the government staffs from Tellipalai Divisional Secretariat.

Planning session of Befrienders



Befrienders involved in their planning for the upcoming program activities which based on the work plan. The purpose of the activity was to sensitise them towards the program components and implementing into villages with effective manner.

Psychosocial forum



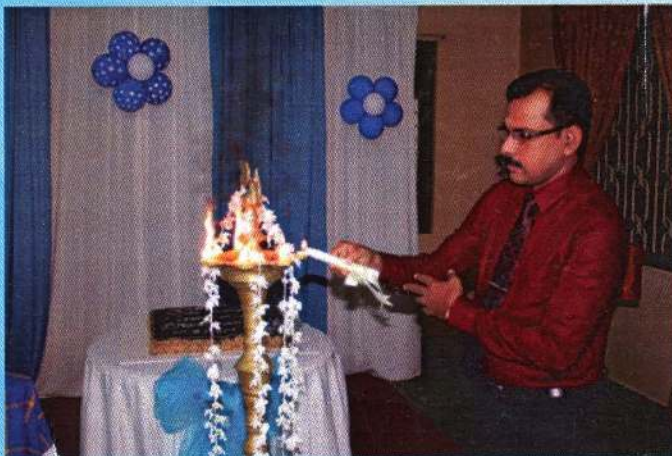
Weekly psychosocial forum has been facilitated by Prof. Daya Somasundaram. It is a common forum and anybody can participate. The core idea of this forum to discuss the activities which are related to psychosocial components and getting consultations from the facilitator.

Counsellors' supervision



Counselling supervision is weekly based activities and it is an essential component in counselling where counsellors are burnt out and relaxed. It was earlier supervised by Fr.S.Damian and currently it is led by Rev.Dr.K.J Arulrajah.

SHANTHIHAM's 31st Anniversary



SHANTHIHAM's 31st anniversary celebrated with all the Management Council members, staffs and well wishers of the organization. Especially the people who performed as backbones of the organization participated in the event and shared their experiences. The strategic goal 2020 of SHANTHIHAM was announced and received greetings and motivations towards the new year of the organization.

Inauguration of the Diploma in Psychological Counselling



The Diploma in psychological counselling program inaugurated and it was an effort and initiative of the training unit in SHANTHIHAM after its activation.

World mental health day celebrations



World Mental Health day celebrated successfully with new initiatives on the WHO's theme of Prevention of suicide. All the partners, well wishers, community people participated. ONUR team performed an awareness drama on the theme. Furthermore, the director was interviewed on DAN TV and the flash messages telecasted throughout the month of October on the theme. T-shirts were printed and distributed to the staffs bearing on the message.

To read e-articles
<http://shanthiham.lk/publications/>



PUBLICATIONS



An article was written by Dr.S. Sivayogan and published on Valampuri local news paper

2. உலக உளவு நாளி 2019



இன்மையாவதோர் வாழ்க்கை இன்மையும் காத்திருக்கின்றது

- நாம் நெருக்கியும் சிறக்கம் போது நற்றங்கலம். 2. தவிமை நாடும் மயங்குகின்றதும் திறமையும் வளர்ந்தும் கொள்வோம்.
- நாம் நெருக்கிய சதிமிகலின்னும் போது நம்மீக்கையாவற்கொண்டு மயம் விட்டுப் போவோம்.
- வாழ்க்கை வறுமையானது. வாழ்க்கையை நேரிக்கத்தக்கதாக மாற்றுவோம்.
- நிறைவான மனதாவது வாழ்க்கையை வாழ்வோம்.
- நெருக்கியும் மயம் கூக்கம் யா. ம. ச. குளிர்விட்டு வளருவோம்.
- மனக்க விநயம் சீக்காவதத்திற்கு மாறுபடக்கூடும் மூகிக்கொள்வோம்.

உலக உளவு நாளிக்கு
 சாந்திமம் உளவு நாளிக்கு
 021 222 3338 உளவு நாளிக்கு
 021 222 6666 உளவு நாளிக்கு
 உளவு நாளிக்கு
 உளவு நாளிக்கு



A leaflet published and distributed on World Mental Health day

2. உலக உளவு நாளி 2019
 10.10.2019

மான்டப்பிப்படி அருமையானது தவறான முடிவுகளைத் தவிர்ப்போம் எப்பொழுதும் நல்ல மாற்று வழிகளுண்டு

Life is precious
 Let's avoid wrong decisions
 There are always better solutions

சாந்திமம் உளவு நாளிக்கு
 021 222 3338
 021 222 6666

Flash messages telecasted on DAN TV

நெருக்கிய சதிமிகலின்னும் போது நம்மீக்கையாவற்கொண்டு மயம் விட்டுப் போவோம்.

நெருக்கிய சதிமிகலின்னும் போது நம்மீக்கையாவற்கொண்டு மயம் விட்டுப் போவோம்.

PM+ book cover page

RESEARCH

A Research paper submitted by ONUR on Psychosocial Interventions for War affected Population to 4th Jaffna University International Research Conference - JUICe 2018

LIBRARY

SHANTHIHAM has a library facility at the head office building and it started from the inception of the organization. It is accessed by university students especially from medical and social science faculties, moreover books and resources are used for thesis and research publications. In addition to that, diploma students also can utilize this facility.

SCAN the QR code to visit our online library section in NOOLAHAM
<http://www.noolaham.org/wiki/index.php/>



We are in digital world

SHANTHIHAM is adopting the diversity of the information world and it became necessity to fit into the trend. As the digital exposure is extending in a large scale and it is one of the way to reach people. SHANTHIHAM is succeeded by the digital responds through the social media platforms. Its emerging trend of the organization and positively popularise among the large group.



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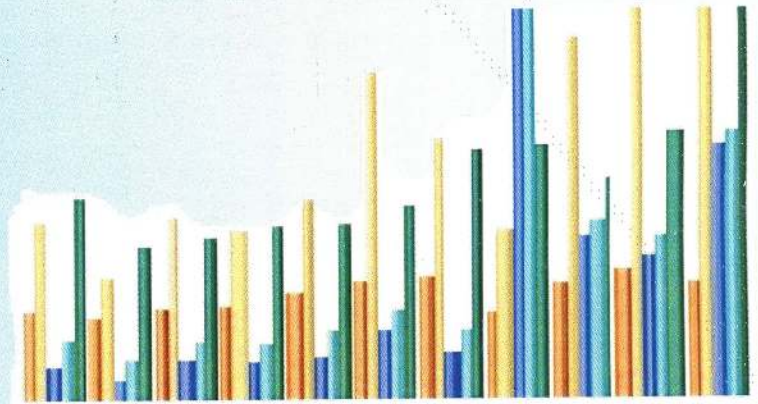


226 following

Viewers on Website (Traffic) in this year



37 followers



110 tweets



Visit our twitter page
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Visit our website
www.shanthiham.lk

TIMELINE OF KEY EVENTS OF SHANTHIHAM - 2019

January

Core groups inaugurated in all the SCORE project locations

February

Dr. Anna visited to SHANTHIHAM and participated in the weekly psychosocial

New Director and Finance Manager appointed in SHANTHIHAM

Workshop on ' Reaching Reconciliation with Psychosocial Care' for the Development Officers and Grama Niladhari Officers in the Tellipalai DS Division.

March & April

SCORE Program budget revised

UNICEF project evaluation took place

Staff capacity building organized in Chundikulam resort

Counsellors and Psychosocial Workers were introduced to a "Peer Support Supervision" methodology by Mr. Felician

May

SHANTHIHAM's Kilinochchi center collaborated with district hospital- Mental health unit.

Problem Management + , the English version of the manual adopted into local context and translated into Tamil and ready to print

June & July

Conducted training session on Reconciliation and Trainers Skills for all the SHANTHIHAM staffs

Inaugurated Diploma in Psychological Counselling program

August

World Mental Health day celebrated on theme of Prevention of Suicide. The event was held in Jaffna public library auditorium

September

SHANTHIHAM's 31st Anniversary celebrated with the presence of management council, staffs, well wishers and stakeholders.

October

Training on Operation Manual delivered to all the staffs

November

New Donor partnership with GIZ initiated

December

Annual General Meeting and selected New Management Council

We thank all of them who helped internally and externally for the successful year. We appreciate your continuous support and valuable contribution towards SHANTHIHAM's all the events. We wish you for all your future endeavours.