

ANNUAL REPORT 2002



FAMILY REHABILITATION CENTRE



ANNUAL REPORT 2002

Association For Health & Counselling
"SHANTHIYAHAM"
15, KACHCHERI NALLUR ROAD,
JAFFNA SRI LANKA



FAMILY REHABILITATION CENTRE

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FOREWORD

For FRC 2002 was a good year, it created manifold opportunities to expand and enlarge the activities to those areas that have hitherto remained inaccessible. It was also an year FRC made a lot of benchmarks, some of which are worth calling spectacular, in its decade long history. In this millennium year, FRC commemorated its tenth anniversary on the 10th August 2002. Ten years ago, the foundation stone was laid by the founding fathers of this organizations on this date.

In this year FRC made landmark breakthrough by establishing a centre in Jaffna. Hitherto victims of war, particularly the victims of torture, extreme trauma, bomb blast, widows and children of war in Jaffna had been denied and deprived of the required medical and psychological care. Several factors impeded FRC's early entry into the peninsula, and war being the main cause. However, FRC was determined to accelerate its process and increase its capacity to provide the required psychosocial rehabilitation of the victims referred to in this report.

The year 2002 brought an unexpected and dramatic change in the country's socio -political structure. The year dawned with full of hope and inspiration to the people of Sri Lanka after the unilateral declaration of cease fire by the Liberation Tigers of Tamil Elam, (L.T.T.E) and the subsequent cease fire accord signed by the government and L.T.T.E on 22nd of February 2002, thus ending a decade long consanguinary ethnic war.

It is imperative to mention in this report, the prominent and substantial role-played by RCT, for the growth and development of FRC since 1993. RCT has been providing the required leadership, guidance and the technical cooperation to develop FRC's human and material resources in a professional sense. Further RCT missions visited regularly to update, improve and enhance the quality of the outputs.

DANIDA continued to be the FRC's main donor. Besides DANIDA, many other donors have given collaborative support to FRC in the past.

The United Nations Voluntary Fund for the Victims of Torture (UNVFVT) made annual grants for the rehabilitation of the victims of torture.

Similarly, United Nations High Commission for Refugees (UNHCR), provided the financial resources for the rehabilitation of the children affected by war in Trincomalee. Sri Lanka Canada Development Fund (SLCDF), The Asia Foundation (TAF), Standing Committee for the Tamil Speaking People (SCOT), a U.K. based organization are some of the agencies that gave substantial financial support for FRC's rehabilitation programmes. The cooperation and assistance given by these agencies has given the necessary impetus to the growth and development of FRC.

FRC wishes to express its sincere gratitude and appreciation to DANIDA, RCT, UNVFVT, TAF, SLCDF, UNHCR and SCOT for all assistance and encouragement given to FRC so far.

This report will remain obsolete and incomplete, if a special word of appreciation, is not mentioned here about the role played by the Chairman and the Board of Directors in providing the dynamic leadership and the right direction to FRC during the past many years.

Finally, I wish to express my earnest appreciation with a deep sense of respect to the staff of FRC, particularly to those who have been working in the conflict areas, braving the challenges and confronting the risks to their lives, with zeal, dedication and absolute commitment.



Mr. A.S. Poovendran

Chairman Senior Management Committee
Projects-Coordinator.

BOARD OF DIRECTORS OF FRC

- Mr. Desmond Fernando (Chairman) - President's Counsel,
Past President, International Bar Association.

- ♦ Dr. Radhika Coomaraswamy - UN Special Rapporteur on Violence Against Women.
Director, International Centre for Ethnic Studies, Colombo.

- ♦ Dr. Deepika Udagama - Head, Faculty of Law
University of Colombo, Alternate Member from
Sri Lanka to the UN Sub Commission for the Protection and
Promotion of Human Rights.

- ♦ Dr. S. Sivayogan - Head, Department of Community Medicine,
University of Sri Jayawardenapura.

- ♦ Prof. M.M. Ismail - Retired Dean of the Faculty of Medicine,
University of Colombo.

- ♦ Dr. Damani De Silva - Senior Lecturer in Psychiatry,
Department of Psychological Medicine,
Faculty of Medicine,
University of Colombo.

- ♦ Prof. Ravindra Fernando - Head, Department of Forensic Medicine and Toxicology,
Faculty of Medicine, University of Colombo.

- ♦ Mrs. M. Tharmaratnam (Secretary) - Executive Vice President,
DFCC Bank, Colombo.

FRC INTERNATIONAL ADVISORY COMMITTEE

- ♦ Dr. Inge Genefke - Medical Director.
IRCT, Copenhagen, Denmark.

- ♦ Dr. Anna Doney - Clinical Psychologist, Douglas House,
Adolescent In-patient Unit,
Cambridge, CH 22 AH, UK.

- ♦ Dr. Rachel Tribe - Clinical Psychologist, Department of Psychology,
University of East London, UK.

- ♦ Dr. Padmal de Silva - Psychologist /Lecturer, Department of Psychology,
Institute of Psychiatry, London, UK.

- ♦ Ms. Helen Bamber - Director, The Medical Foundation,
Star House, 104/108 Grafton Road, London,
NW 5 4BD, UK.

- ♦ Dr. Mahaboob Mehdi - Director, Rehabilitation & Health Aid Centre for
Torture Victims (RAHAT)
Voice Against Torture,
P.O.Box 2428
Islamabad, Pakistan.

- ♦ Dame Fiona Caldicott - President of the Royal College of Psychiatrists,
Principal, Summerville College,
Oxford OX 2 6SD, U.K.

- ♦ Dr. Anula Nikapotha - Course Organizer-Tutor,
Department of Child & Adolescent Psychiatry,
Institute of Psychiatry,
16 de Crespigny Park,
Denmark Hill,
London SE 5 8AF, U.K.

THE FAMILY REHABILITATION CENTRE

The Family Rehabilitation Centre (FRC) is a humanitarian, non profit, non governmental organisation which was founded in May, 1991.

It is an independent organisation with its own Memorandum and Articles of Association and has been incorporated under Section 21 of the Companies Act No. 17 of 1982, on 10 August, 1982.

OUR MISSION

To treat and rehabilitate those subjected to torture and severe trauma due to the armed conflict in Sri Lanka, and to carry out awareness programmes to prevent torture.

We go one vital step further, when necessary, offering supportive services to their families in our aim to provide holistic care.

We can be contacted at:

Family Rehabilitation Centre

No: 73 Gregory's Road
Colombo 07.
Sri Lanka.

Tel: 677435/692090/698441

Fax: 674112

E-mail: frctl@sl.lk

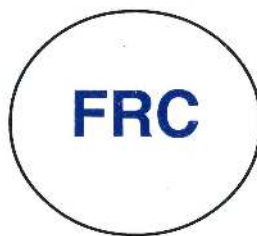
AIM

To provide holistic care to those affected by armed conflict in all areas of Sri Lanka, irrespective of their ethnicity, religion and political ideology.

OBJECTIVES

To assist persons affected by armed conflict who are suffering from physical and/or psychological distress, with medical attention, physiotherapy, counselling, and other relevant services

To conduct training programmes for relevant persons in: management of torture survivors, basic counselling, befriending, empowerment, play activity and health education.



To network with relevant governmental and non governmental organisations (both in urban and rural areas) in order to obtain access to all available services for rehabilitation.

To promote socio economic rehabilitation of youth exposed to armed conflict by supporting their education, and providing training skills for self employment etc.

To promote prevention of torture, non-violence, ethnic harmony and peace

FRC TARGET GROUPS

Categorization of FRC Clients:

Note: The FRC extends extensive care to victims of torture and extreme trauma, consequent upon the armed conflicts in Sri Lanka. Any such client subsumed under any of the following categories, will be given the necessary psycho-social services, with a view to rehabilitating them, irrespective of their ethnicity, religion or political ideology.

Category 1: Torture Survivors (TS)

Persons who have been subjected to physical or psychological torture, including cruel, inhuman or degrading punishment, (as defined by the UN Convention Against Torture) whilst in the custody of the law-enforcement officers or state armed services personnel or remanded/detained under the Prevention of Terrorism Act or under normal law, in Prisons or Detention Centres, or by any other armed politico- military groups operating predominantly in the North and East of Sri Lanka.

Category 2. Torture Survivor's Family Members (TF)

Persons belonging to the immediate family of the torture survivor, such as spouse, parents, and other direct dependants.

Category 3: Bomb Blast Victims (BB)

Persons (civilians) who have suffered physical and/or mental impairments due to explosions caused by landmines, bombs, aerial attacks, artillery shelling, hand-grenades etc., consequent upon the on-going armed conflicts.

Category 4: War Widows (WW)

Women, whose husbands have been killed or reported missing, while in custody or during military action or under other circumstances directly related to the on-going armed conflicts.

Category 5: Children of War (CW)

Children under the age of 18 years, who have been subjected to physical and /or mental injuries, including trauma, due to the on- going armed conflicts.

Category 6: Victims of Extreme Trauma (OT)

All other persons who have suffered extreme trauma, as a direct consequence of the on-going armed conflicts, and who do not fall into any one of the above categories, e.g. displaced persons, immediate family members of bomb-blast victims, war widows etc. (excluding children, who would be included under Category 5. (CW).

CHAIRMAN'S MESSAGE

The year 2002 was a year of great achievement both for the country and for FRC. The year 2002 marked the tenth anniversary of FRC.

The Peace Process

The Peace Process initiated under the leadership of the new Prime Minister Ranil Wickramasinghe saw an end to two decades of Civil War, with its resultant killings, maiming, torture and people being forced to flee their homes. The ceasefire agreement between the government of Sri Lanka and the LTTE has held for over an year. It is indeed a spectacular achievement.

FRC has supported the Peace Process by marches and an essay and poster competition for school children in nine Outreach Centers. Prior to the competition awareness programmes were conducted. We thank the national Human Rights Commission for their co-operation in this endeavor.

The Peace Process; new challenges to FRC and future direction

The Peace Process has brought new challenges and opportunities for FRC. FRC was able to meet these challenges particularly because of the change in the top management structure made after a discussion with the RCT team from Denmark, which regularly assesses our performance. Under the new structure Mr. A. S. Poovendran the Projects Co-ordinator became Chairman of the Senior Management Committee. Under his committed, able, and dynamic leadership FRC was able to meet the new challenges as well as carry out its Psycho-Social medical and legal programmes for the victims of war, organize awareness programs for our counsellors, capacity building programmes for medical and prison officers as well as organize a special programme for judges.

In addition to the nine-Outreach Centers which are functioning in the Northern, Eastern and North Central Provinces FRC opened a new center in Jaffna. FRC hopes to undertake a new comprehensive program for victims of torture, extreme trauma, bomb blast victims and widows and children of war in Jaffna.

Overview of our work in 2002

During the year under review we had 733 new clients. They were torture victims, torture victims' families, war widows, children of war, victims of severe trauma and victims of bomb blast and mines. FRC had 11,513 consultations. We organized 18 mobile clinics including clinics in the Kalutara Prison where medical treatment, counselling, physiotherapy and legal assistance were given to 403 inmates.

During the year under review the new Defence Minister Tilak Marapone PC under whom the PTA has been placed, gave directions to the Attorney General which resulted in over 600 PTA suspects, many of whom had been tortured in Police custody and languished in jail for several years, being released.

The Annual Report sets out other activities such as our programs to assist child victims by scholarship and skills training.

Our appreciation of those who have contributed to our success

We thank our donors, mainly DANIDA and the United Nations Fund for Torture Victims, The United Nations High Commission for Refugees, The Sri Lanka Canada Development Fund, Asia Foundation, and the UK based organization Standing Committee for the Tamil Speaking People.

I also Thank RCT for their valuable advice and regular assessments of our work.

It is my duty to thank our dedicated and committed staff who have contributed so much to the success of our organization and the alleviation of suffering among our people.

The coming year will see a widening of our mandate which will include conflict resolution and the treatment of all torture victims.

Conclusion

We face the future with confidence and the hope that we can contribute to build a humane and united Sri Lanka.

Desmond Fernando

Desmond Fernando PC
Chairman

Family Rehabilitation Centre

☐ Danish International Development Agency (DANIDA):

Funds were utilized for:

- Operational costs including salaries, rent etc
- Treatment/rehabilitation activities (assistance to victims of armed conflict -medical clinics, counseling services etc.)
- Training of FRC staff
- Strengthening of the National Health Sector
- Awareness Building Programmes and Seminars on the Prevention of Torture for law enforcement officers and opinion -makers
- Overseas Seminars and Training / Research
- Assistance to victims of armed conflict (Medical Clinics, Counselling services, etc.)
- Play Activity for children exposed to armed conflict
- Capital items
- Operational costs of documentation centre

☐ United Nations Voluntary Fund for Victims of Torture (UNVFVT):

Funds were utilized for:

- Skills - training for victims of torture, medical assistance to victims of torture, educational assistance to victims of torture
- Salaries of some treatment staff
- Training for youths affected by the armed conflict
- Operational costs.

☐ Standing Committee for Tamil Speaking People (SCOT)

Funds were utilized for:

- The recruitment, training and appointment of two counsellors and the setting up of the FRC office in Jaffna
- The appointment of a Medical Coordinator for the North
- Providing psychotherapeutic care and assistance to persons with severe trauma.
- Monitoring and supervisory missions by the FRC Projects Coordinator.
- Meetings with Governmental and Non-governmental agencies (NGO Consortium) to formulate the networking strategies were.

Acknowledgements:

We extend our sincere thanks and gratitude to our funders i.e , DANIDA, through RCT(Denmark), UNVFVT, SCOT etc., our Board of Directors, all other organizations, both Governmental and Non-governmental and all those who have helped the FAMILY REHABILITATION CENTRE in its mission to provide holistic care to victims of armed conflicts.

A BRIEF SITUATION REPORT ON FRC

The implementation of the RCT/FRC Project: “ **Care of Victims of Torture and Extreme Trauma in Sri Lanka- (1999-2002)**”, which commenced on 1st March 1999, continued during the year, in accordance with the Action Plan for 2002, prepared by the FRC.

The following new appointments to the staff of FRC were made, during the reporting period:

- Ms. Gesmin Pamala S. - District Counselor (full-time) Vavuniya, (1st October, 2002).
- Mr. A. Ananthakumaran - District Counselor ((full- time), Jaffna, (1st August, 2002).
- Mr. Chandrishan Perera - Information Officer, Colombo (1 March 2002). (contract for six months)
- Ms. Azhani Hamin - Information Coordinator, Colombo (1 March 2002) (Contract for six months)

Note : The following left the FRC during the year 2002.

- Ms. S. Vijayakumar - Field Officer, Trincomalee (1 January 2002).
- Ms. Sithy Rameza - District Counsellor, Polonnaruwa (5 March 2002)
- Mr. W. Diyasena - Executive Director, Colombo(1 March 2002)
- Ms. Thamara Wijetunge - Occupational Therapist ,Colombo (6 April 2002)
- Ms. Azhani Hamin - Information Coordinator, Colombo (August 2002)
- Dr. Suresh Yogasundram - Medical Coordinator, Colombo (December 2002)
- Ms. Nelun Gunasekera - Senior Programme Officer,Colombo (December 2002)
- Mr. Chandrishan Perera - Information Officer, Colombo (December 2002)

The following pages give details of the implementation of the 4 main components of the FRC/RCT Project funded by DANIDA, during the year 2002. The implementation of the Project was based on the 4-year Action Plan developed by FRC/RCT jointly. A further Annual Action Plan (for 2002) was developed by the FRC staff on a participatory basis. The implementation of constituent activities were carried out under the overall direction. of the Projects Coordinator.

Budgetary support was extended by the Accounts Department, headed by the Accountant.

Senior staff, including the Administrator, the Treatment/Field and Support staff played a significant role in ensuring the successful implementation of project activities.

The staff of the FRC are grateful to the Chairman and Board of Directors, for their guidance, advice and encouragement given to them in their day-to-day activities.

FRC MAIN PROJECT SECTORS

- 1.0 Treatment / Rehabilitation Programme.
- 2.0 FRC Staff Capacity Building Programme.
- 3.0 Strengthening of the National Health Sector.
- 4.0 Prevention of Torture - Awareness Programmes.

1 TREATMENT REHABILITATION PROGRAMME

Immediate Objective:

By the end of the year 2002, a minimum of 4000 torture survivors and victims of severe trauma and their families would have been identified, treated and rehabilitated.

Target groups (Client Categories):

Torture survivors (TS), their family members (TF), bomb- blast victims (BB), war widows (WW), children of war (CW) and other victims of extreme trauma (OT).

Inputs :

- (i) All FRC offices in Colombo and the Outreach Centres in the 3 High Priority Zones conducted medical clinics.
 - **Colombo** : (Head -office).
 - **Zone 1** : Mannar, Vavuniya, Anuradhapura
 - **Zone 2** : Polonnaruwa and Trincomalee.
 - **Zone 3** : Batticaloa, Kalmunai, Amparai and Monaragala
- (ii) The treatment programme for the clients includes medical care, counselling, physiotherapy and occupational therapy. The clinic in Colombo and in the districts are appropriately equipped to provide these services. A Medical Coordinator was appointed this year to supervise the Treatment and Rehabilitation of the victims of torture and trauma in Colombo as well as in the nine (09) Outreach Centres.

The treatment staff in the FRC clinic consist of a Medical Officer, Counsellors, Physiotherapist, Occupational Therapists, Pharmacist and the Social Worker.

Most of the medical doctors who serve in the districts have been trained by the FRC on management and treatment of the victims of torture and trauma. They all work as part-time staff in FRC.

Outputs:

Medical Treatment: Tables 1,2, and 3 (**see Annex**) gives the relevant data in respect of the clients admitted for treatment during the reporting period in Colombo and the 09 Outreach Centres.

Table 1. gives an analysis in terms of gender, age-group and ethnicity. It may be noted that the total number of clients enlisted in the year 2002 is 733.

Table 2. gives a break-down of the total number of clients in the 3 High Priority Zones.

Table 3. sets out the approximate number and type of services provided by each Outreach Centre.

Personal history

Kajan is a 23 year old male who was born into a poor family of 8, in the northern part of Sri Lanka. His father used to buy and sell vegetables. But due to insufficient income Kajan was compelled to stop his education after grade 8 and help his grandmother to sell vegetables in the market. He also learn to repair refrigerators.

On 17th January 1999 while at the market with his grandmother the army surrounded the market at about 10.00 a.m. and arrested him and several other young males. He was tortured in the presence of his grandmother. He and his grandmother cried and screamed saying that he had done nothing against the state. But the soldiers did not listen and he was taken to the army camp and tortured for six days. When he was unable to bear the torture anymore, he agreed to sign any paper the way the army wanted.

On 23rd January 1999 he was taken to the KKS police station and there also he was tortured and a statement taken. He was kept there for 2 months.

On 12th March 1999 he was brought to Anuradhapura in a helicopter, at about 11.00 a.m. and he was taken to courts and was detained at the Anuradhapura prison. On 23rd March he was transferred to Kalutara prison and on 21st May he was sent to Boosa Prison. He was brought back to Kalutara for medical treatment for a week and returned to Boossa. Thereafter he was taken to Anuradhapura and Vavuniya courts for the case and finally he was released on 14th December 1999 without any charges being framed.

Perpetrators :

Army and Police.

Torture methods:

- He was blind foiled.
- A plastic bag sprinkled with petrol was tied over his face.
- Melted polythene was dropped on his body.
- Falanga.
- He was beaten all over the body till he became unconscious.
- Telefono.
- A stick was inserted into his rectum

Consequences of torture:

- Bleeding from the rectum.
- Loss of memory.
- Impaired vision
- Sleep disturbances including nightmares
- Difficulty in breathing when doing heavy manual work.
- Pain at the waist

Assistance provided by the organization

The client was directed to FRC by another client who was staying in the same lodging house. As he had been only recently released from prison and had no one to assist him in Colombo, the FRC provided him with some clothes and toiletries.

The counsellor had 6 sessions of counselling with him to help him with his nightmares and loss memory. He was also taught some coping skills. The medical officer provided treatment for his physical complaints where the physiotherapist attended to his aches and pains.

Future assistance

Kajan now lives in Colombo and works as a painter. He is unable join his family as his parents have moved from their home. He has converted to Christianity and goes to church every week. He continues to come to FRC occasionally for supportive counselling.

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Personal history

Vijay is a 30 year old male who was following a Draftsmanship course at the Jaffna Technical College. However due to the war situation in Jaffna the college was closed and has been as an army camp since 1995. As the situation got worst many people were displaced including Vijay's family who moved to Vanni as refugees.

Vijay is the eldest in the family of three. His father died when he was a little boy. While in the Vanni he decided to proceed to Colombo to get a job or to go abroad, as being the eldest it is his responsibility to look after the family.

In September 1998 he came to Colombo and lived with one of his relatives in Dehiwela. As a Tamil from the north he found it very difficult to get a job. On 6th August 1999 the Dehiwela police conducted a cordon and search operation in the area, arrested Vijay and handed him over to the Mount Lavinia police. He was tortured until he signed a document written in Sinhalese which he did not understand. He was detained in that police station for one year and then taken to courts on 4th August, 2000 and sent to New Magazine Prison. After 3 weeks he was transferred to the Kalutra Prison and was eventually released on medical grounds on 6th April 2001.

Perpetrators :

Police

Torture methods :

- Hanged by his thumbs.
- Chilli powder applied to his penis and squeezed till it bled.
- Falanga
- Beaten all over the body with a wooden bar, S-lon pipe.
- Beaten on his chest.

Consequences of torture :

- Afraid to go out alone.
- Pain all over the body.
- Sleep disturbances.
- Night mare.
- Anxious about the future.
- Depressed

Assistance provided by the organization

The clients introduced to FRC by another client who was staying in the same the lodging house.

He attended 6 sessions of counselling during which he was helped to address his fear and anxiety and encouraged to get on with his life.

The physiotherapist him relaxation and breathing exercises which greatly reduced his physical symptoms.

Financial assistance was provided by FRC to continue his Draftsmanship course.

The results

After 3 session of counselling he was able to get over his fear sufficiently to come to FRC alone. He successfully completed his course and is awaiting the exam.

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TREATMENT AND REHABILITATION

During year 2002 , 733 new clients were registered in Colombo and in the 09 Outreach Centres.

- Torture survivors : 409
- Bomb Blast victims : 35
- Torture Survivors family members : 103
- War widows : 40
- Children of war : 60
- Victims of Severe trauma : 86

● New Clients :

A total number of 733 new clients have been identified and treated. Most of these clients will continue to receive care and assistance until they are considered to have reached an acceptable level of rehabilitation. The key issue that the FRC has to wrestle with is that of the termination of clients, and his/her reintegration in normal social life.

Some of the Outreach Centres reported a sudden drop in the clients intake. This is not surprising in the context of the political changes which occurred during this year.

● Medical Clinics :

During the weekly medical clinics conducted in the (10) centres including Colombo, 11513 consultations were provided to the different categories of clients. In addition, 18 mobile clinics were conducted in regions to the recommendation of the Mid Term Review Mission. These included mobile clinics conducted in the two main prisons in Kalutara and Boossa.

● Group Meetings :

The following meetings were conducted in the Outreach Centres:

War widows meetings	47
Play leaders meetings	85
Bomb Blasts victims meetings	20
Ex detainees meetings	19

● Social Work :

The contribution of the activities of the Social Worker is an essential component: activities will be to make the necessary logistical arrangements, for the recommended medical and related services to clients who are referred for specialised treatment by Colombo and FRC Outreach Centre clinics. These specialized services are obtained through the National Hospital, Colombo or through other specialized units in private hospitals.

The following programmes were conducted under the Treatment and Rehabilitation component :

[1] Mobile Clinics at Boossa and Kalutara Prison

Eighteen (18) free medical screenings were conducted in the course of the year for 403 inmates. They were provided with medical treatment, physiotherapy, counselling and legal assistance for inmates and prison staff. Inmates identified as FRC clients are encouraged to come to the FRC as clients once they are released.

These clinics were conducted by a medical team, which was headed by a Medical Coordinator, and include the counsellors, physiotherapist and a pharmacist.

[2] Collaborative programs with the Colombo Friend - in - Need Society Trincomalee:

Programme was held on 23rd and 24th of February 2002 at the FRC Outreach Centre in Trincomalee. 62 patients attended the clinic, of which 28 were FRC old clients.

Vavuniya:

This programme was held on 23rd and 24th of March 2002. The purpose of this programme was to provide Orthopedic Consultation for FRC clients, to repair old artificial limbs and to provide new artificial limbs to both FRC and CFINS clients.

[3] Field visits to Outreach Centres by the Medical Coordinator

The Medical Coordinator and Senior Counsellor of, FRC Colombo made the above visits from 9th - 14th of February 2002. In Kalmunai they had discussions with SWEIDO, the Vision and Social Welfare Organization [SWOAD] which are two NGO's working in the district, on socio-economic assistance.

[4] Mannar and Vavuniya Centres

A visit was made by the Medical Coordinator and Senior Counsellor, FRC Colombo from 2nd to 4th of February 2002. During their visit they had extensive discussions with staff regarding general procedures, adhering to instructions from the head office etc; They also conducted meetings with FRC clients on the 4th of February. 33 clients attended the meeting.

[5] Supervisory visits to Mannar, Vavuniya and Anuradhapura

The Clinical Psychologist and Medical Coordinator undertook the above visit from July 30th to August 2002. Discussions were held in the Outreach Centers with staff regarding termination of clients, the status of survivors' support groups, the conducting of Technical Committee (TC) meetings and the purpose of the forthcoming planning workshop in Colombo. In addition, Play Leaders in Pesalai, Kalimodai and Jeevanagar and some children were interviewed by the Clinical Psychologist. In Anuradhapura discussions were also held with the part-time Counsellor and the Physiotherapist.

[6] Sponsorship Programme: for Child Victims of Armed Conflict:

The objective of this programme was to assist children who have been affected by armed conflict to continue their studies inspite of abject poverty. Under this scheme, selected students up to G.C.E. Ordinary Level given a monthly grant of Rs. 250/=, (up to G.C.E. (Ordinary Level). G.C.E. (O.L) students get Rs.500/=, G.C.E (Advanced Level) students get a monthly grant of Rs. 750/=, untill the end of their school career and selected University students get Rs.1000/=per month.

[7] Skill-training and Self- Employment:

Selected youth from conflict-affected, traumatized families are provided with training facilities for self-employment, through net-working with relevant NGOs and/or state organizations.

Where possible, FRC bears the cost of training of youth belonging to very poor and conflict-affected/displaced families. These activities are also co-funded by DANIDA and the UNVFVT (Geneva). In the year 2002, 96 deserving and high-performing school students who belong to poor families of torture survivors and victims of extreme trauma received sponsorship. The FRC has consistently operated this scheme during the past 6 years or so, mainly as an integral part of its rehabilitation programme for children of war.

❷ FRC STAFF CAPACITY BUILDING

• Participatory Program Planning Workshop in Colombo

This residential workshop was conducted from 4th - 7th of January 2002 at the Ecumenical Institute for Study and Dialogue [EISD]. The workshop was on same pattern as PPPW 1,2 and 3.

Sector I and III were facilitated by the medical coordinator. Sector II and V were facilitated by the Projects Coordinator. Sector IV was facilitated by the prevention group. The finance division participated throughout the program.

All staff and medical teams from Colombo and the Outreach Centers participated in annual PPPW to draw up the action plan and the budget for 2002. The workshop was concluded by a Self Development Session, conducted by the Bramakumaris.

❑ Advanced Training Programme for FRC Counsellors in



Group Discussion

Polonnaruwa:

This training programme was conducted for FRC District Counsellors on 25th and 26th of February 2002 at the Sri Lanka Inn Hotel, Polonnaruwa.

The main theme was the "Management of less serious problems that are encountered

by FRC clients". Among these problems: headaches, generalized pain, anxiety and sleeping difficulties, which are frequent among clients, were discussed.

■ Training for FRC Counsellors:

A two-day residential training programme in Counselling was conducted for 16 participants of which twelve [12] Counsellors, by Dr. Guus van der Veer, at the Lasallian Centre, Modera, from June 17th to 18th of 2002.

The following topics were discussed:

- ◆ Self -monitoring in Counsellors
- ◆ Personal history and the inner child, parental attitudes, loyalty to the parents and its consequences for the way a person deals with her/his inner child, parentification in counsellors, emotional neglect, neutrality.
- ◆ Assessment: the 5 components of a personal problem: practical problem or situational dilemma, lack of skills, complaints related to trauma, overwhelming feelings and inner problems.
- ◆ Counselling techniques: related to the 5 components aforementioned and specifically for dealing with aggression, deep relaxation, body-awareness, breathing-relaxation exercises in standing position.

Dr. Guus Van der Veer introduced new methods and demonstrated exercises through a lecture –dialogue medium to introduce new concepts, illustrations with dolls were used as the lecture dialogue.

■ Programme on Sand Tray Therapy:

Ms Chandima Fernando, Psychologist, Toronto University, Canada, visited FRC on a fact-finding mission on "Children Affected by Armed Aonflict in Sri Lanka". During her visit she conducted a session on Sand Tray Therapy for FRC staff on July 29th, 2002. This session was focused on the children who have been traumatized during the war. The Clinical psychologist reported that this kind of activity is very useful when working with children.

■ Project Planning Workshop For Treatment and Rehabilitation Sector:

Training was provided to Counsellors, on how to keep Progress Notes when treating clients. A Counsellors present were provided with the notes, which accompanied the training. The Medical Doctors were also present at the training, the workshop was held at the LaSallian Centre, Modera from 11th – 12th of August 2002.

■ Workshop for Physiotherapist at FRC Trincomalee. This was conducted from 15th –16th of August 2002 by the RCT Physiotherapist.

The aim of the workshop was to train Physiotherapists how to assess and treat clients referred for treatment at FRC Trincomalee and to practise a variety of manual treatment methods.

■ Special Programme for FRC physiotherapists by the RCT Physiotherapist 19th to 21st of August 2002.

The workshop was held at the FRC Head Office Colombo. The FRC Participants were from Kalmunai, Batticaloa, Amparai, Polonnaruwa and Colombo. There were two participants from Zimbabwe.

Facilitator : Chief Physiotherapist from RCT.

The aims of the workshop were:

- ◆ To share experiences in the treatment of torture survivors
- ◆ To reach a consensus on the description of ARI (Ability Rating Index) and Pain Recording.
- ◆ To practise a variety of treatment methods in order to developing skills in the treatment of torture survivors (eg. Low back pain, headache, shoulder pain, knee and foot problems)

Programme:

- ◆ Group discussion and description of items of ARI adapted from the original DRI to Sri Lanka's cultural context.
- ◆ Adaptation of VAS (Visual Analogue Scale) measuring pain to Verbal Rating.
- ◆ Practical sessions, including a variety of techniques appropriate for the treatment of pain conditions after torture.
- ◆ The facilitator demonstrated the techniques and the participants practised the techniques.

■ **Capacity Building Workshop at SEDEC:**

- ◆ A three [3] day residential programme was conducted for "Staff Capacity Building" at SEDEC for selected staff from the Outreach Centres on the theme "Monitoring and Evaluation, General Administration and leave procedures, staff Accounting, Communication Part I. On the third day FRC head office staff joined the "Care for Care Givers", session conducted by the Brahma Kumari's , Rajayoga Centre.

■ **Workshop to standardize Material for NHS Programmes:**

A two –day residential workshop was held from on November 30th to December 1st 2002 facilitated by the Medical Coordinator. This was for 07 Medical Officers, 02 Part-time Counsellors and the Senior Counsellor from FRC and 05 FRC Physiotherapists, to organise standardised material to be presented at NHS programmes. It was decided to conduct these programmes in two –stage process, in which only those evincing an interest in further training would be invited for in depth training in Stage II.

The objectives for each stage are as follows:

- Stage I: "To create awareness and to change attitudes towards torture and other trauma among national health sector staff".
- Stage II: " To improve the knowledge, attitudes and practices among National Health Sector staff on the

“ Management of Survivors and to advocate against Torture”.

Detailed programme schedules for Stage I and II programmes were drawn up. The content, methods of presentation and handouts/books to be given for each session, for both stages were finalised.

- From December 2nd - 3rd a Staff Capacity Building Programme for all staff of FRC was conducted. Training included SWOT exercise the preparation of weekly records, on the following SWOT exercises, weekly records, documentation and treatment.
- A Staff Retreat was organised on 4th of December 2002 at Royal Blue Oceanic Negombo.
- An Orientation Programme was conducted for the Counsellor, Jaffna FRC, from 29th July to 2nd August 2002 at the Colombo Head Office.
- Five [05] staff from the Colombo Head Office and the Outreach Centres were given language training in English, Tamil and Sinhala.
- The Senior Counsellor in Colombo followed a Diploma course in Psychology at the Colombo University from year 2001 – 2002.
- Computer training was being provided to five [05] Field Officers/ Counsellors.
- Two [02] Field Officers participated in a 6-day training programme on the “ Management of Traumatized Children”
- A Senior Management member participated in a Personnel Management Seminar in Colombo.
- The Public Relations Officer and the Documentation Officer participated in a three-day workshop on “Management system training on Human Rights Information” conducted and organised by The Asia Foundation from 29th June to 1st July 2002 at the Palm Beach Hotel, Uswatakaiya.
- Senior Programme Officer participated in a workshop hosted by Asian Development Bank, in philosophy. This was more or less an orientation program for her 6 month part time assignment with ADB. Chairman has approved her request to work for ADB.
- The Accounts Assistant/Computer Programmer participated in a workshop “ On report writing” conducted by the British Council, Colombo on 3rd August 2002.

Overseas Training and Seminars:

The Chairman, Senior Management Committee /Projects Coordinator and the Accounts Assistant /Computer Programmer participated in a “Regional strengthening programme” organized by Centre for Victims of Torture, Nepal and IRCT, Copenhagen in Kathmandu, Nepal. It was funded by the European Commission.

- “Identification of severe trauma clients and [to identify] traumatized children”

A two day residential workshop was conducted by Dr. Guus Van der Veer on the 'Identification of severe trauma clients and [to identify] traumatized children" at St. Margarets, Convent, Colombo 03 on October 7th and 8th 2002 for 23 participants. Among them 12 were Counsellors.

During the second day, an inventory was made of the problems both Counsellors and Field Officers encounter when working with severely traumatized clients and traumatized children.

Topics discussed were:

- ◆ Psychiatric symptoms and the absence of symptoms after trauma
- ◆ Identification of children under stress, due to trauma or other causes
- ◆ Termination of the treatment of dependent clients
- ◆ Clients that tell contradictory stories
- ◆ Parents of traumatized children that ignore the problems of their children
- ◆ Clients with somatic complaints that are not satisfied with the treatment given by colleagues.

Educational methods:

The methods used were "group" discussions on experiences, a demonstration of exercises and extensive case discussion with use of dolls.

⑨ STRENGTHENING OF THE NATIONAL HEALTH SECTOR

- Workshop for qualified Physiotherapists was conducted at the School of Physiotherapy, National Hospital, Colombo 17th -18th of August 2002.

Facilitators : Ms. Karen Prip, Chief Physiotherapist from RCT and Physiotherapist from FRC.

60 physiotherapists participated in the workshop. The group was divided into 3 with 20 participants in each workshop. The participants came from different hospitals in the island. Each group had 3-4 hours of teaching.

The aim of the workshop was to create awareness about torture and its consequences and to practise manual techniques.



Karen prip with the participants at the school of physiotherapy, Colombo



Practice session at school of physiotherapy Colombo.

Programme : The contents of each workshop were the same and included the presentation of a case, torture methods and physical after-effects followed by a demonstration of treatment methods. The participants then practised the methods in pairs. The groups consisted of both male and female physiotherapists.

Many questions, opened and open dialogue and participatory input added to the learning process. The interest, openness and activity in the groups were encouraging. Oral comments from the participants indicated that the practical training was useful and adaptable to many different patients in their daily practice.

4 PREVENTION AND AWARENESS PROGRAMMES

Immediate objective:

By the end the year 2002, FRC's Prevention and Awareness Programme would have educated and influenced the attitudes of the two major sectors in society. On the negative consequences of torture and on-going violence.

The consequent change of attitudes and a more positive understanding will contribute towards a marked reduction of the incidence of torture and organized violence in the country:

Sector 1: Comprised of law enforcement services viz. police, armed services personnel, prison officers, judiciary, lawyers etc.

Sector 2: Comprising of present/prospective opinion - makers, viz. Media personnel, religious and community leaders, local government officials, senior level students, teachers, politicians, clergy etc.

Inputs:

FRC provided the required infra-structural facilities, human, material and financial resources to conduct seminars/workshops etc. to create awareness among the target groups, on the prevention of torture.

Outputs:

The following programmes were conducted under this component :

Legal aid :

Target Group - Suspects arrested and remanded under the Prevention of Terrorism Act [PTA]. The two FRC Legal Officers attended to these cases.

Five [5] examples of Fundamental Rights cases attended by the two Legal Officers.

[1] Arrested by an officer attached to the Badulla Police Station, on 18th January 1999 and handed over to the Terrorist Investigation Unit (TID) on 26th January 1999 at which point he informed the Magistrate about the torture inflicted on him. Examined by the JMO on 22nd February 2000 as directed by the Magistrate.

Indictments were sent to the High Court Badulla. On 18th March 2002 it was declared that his arrest and detention were illegal and also that he was tortured. His Fundamental Rights were granted and compensation of Rs. 50,000/= was ordered to be paid before 30th April 2002. The AG's Department accepted the advice the Supreme Court to withdraw the indictments in the High Court, Badulla.

- [2] Arrested by the Criminal Investigation Bureau, Colombo on 8th February 2000. During detention he was badly tortured. He was produced before the Chief Magistrate's Court, Colombo on 26th July 2000 and was remanded indefinitely. The FRC filed a Fundamental Rights (FR) case in the Supreme Court.

After two hearings it was suggested that the application be withdrawn. The Court was informed that the FRC will be proceeding with the FR application and the hearing was fixed for 17th March 2002. He was indicted in the High Court, Colombo and the trial is proceeding.

- [3] Arrested by the Criminal Detective Bureau Colombo on 10th February 2000. He was badly tortured while detained at the Police station. He was produced at the Chief Magistrates Court, Colombo on 26th July 2000 and remanded indefinitely. An FR case was filed. The case was taken for support on 19th July 2001. State counsel undertook to expedite the criminal case to either indict or discharge the petitioner. Accordingly he was discharged.

- [4] Arrested by the Terrorist Investigation Unit (TID) Colombo on 5th June 2000. He was badly tortured while in detention. He was Produced before the Chief Magistrates Court, Colombo on 2nd March 2001 and remanded indefinitely. An FR case was filed. The case was taken up on 19th July 2001. State Counsel undertook to expedite the criminal case to either indict or discharge the petitioner. Accordingly he was indicted in the High Court, Vavuniya. The trial was taken up on 2nd April 2002 and he was discharged.

- [5] Arrested by the Army at Vavuniya on 14th June 2000 and was handed over to the Counter Subversive Unit(CSU) at Vavuniya on 29th June 2001. He was badly tortured during detention. Produced before the Magistrates Court, Vavuniya on 17th July 2001 and he was granted Rs. 50,000/= as Compensation In The FR case filed by the FRC.

He was indicted in the High Court and the trial is proceeding. He is out on bail ordered by the Supreme Court.

On May 19th 2002 a case was called for trial in High Court No.1 in Colombo and due to the absence of the first witness the State Counsel requested on postponement of the until 24th June 2002. Again, the case was postponed until 2nd August 2002. Later he was released.

Legal aid Clinic for FRC clients:

A total of seven [07] legal aid clinics were conducted in the following Outreach Centres of FRC : Monaragala, Amparai, Kalmunai, Batticaloa, Trincomalee, Vavuniya and Mannar for FRC clients. The two legal officers and the intern from the Centre for the Study of Human Rights, Colombo were the resource persons. 271 clients who needed legal aid were identified and directed to the appropriate sources.

The FRC Legal Officers also visited the Welikada, Kalutara and Boossa prisons on a monthly basis to meet their legal needs of detainees. Visits were made to Batticaloa and Trincomalee prisons.

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Awareness Programme for Judges

An awareness programme was organized and conducted a for 23 Judges from the Colombo High Courts, Magistrates Courts and District Courts on the theme “ The Contribution of the Judiciary in upholding Human Rights in Sri Lanka” on 30th July 2002 at the Galadari hotel, Colombo. The keynote address wade by Justice A.R.B Amarasinghe on the topic “Contribution of the Judiciary in upholding Human Rights in Sri Lanka”. This was followed by a presentation by the Hon. Justice Mark Fernando, on the topic.



Training for Prison officers

(1) In- service training for newly promoted Prison Overseers

Twenty nine [29] Prison officers, all counting over 25 years service from 14 institutions participated. It was conducted in the Sinhala Medium at the Centre for Research and Training in Corrections (CRTC) Colombo.

(2) Training programme for Prison Staff Officers:

A seminar on “Together against Torture in Prisons” was conducted at the Sri Lanka Foundation Institute on 3rd of May 2002 for thirty eight (38) staff officers, from the rank of Assistant Superintendent of Prisons up to and including the Head – the Commissioner –General of Prisons. They manage the 35 Prison Institutions throughout the island.

The FRC Chairman Mr. Desmond Fernando P.C. chaired the seminar, the Chief Guest was Justice Dr. A.R.B. Amarasinghe, retired Supreme Court Judge and a member of the Constitutional Council of Sri Lanka. Mr. Upali Samaraweera, Commissioner –General of Prisons was a special guest at this event.

(3) 9th of May and 22nd of May 2002 - Orientation training for new recruit prison guards in 2 separate batches – 31 (28 males and 3 females) and 26 males.

(5) On 23 and 24th of May 2002 Training on promotion for Prison Jailors(10 males and 1 female) were conducted.

These programmes included sessions on Human Rights and law relevant to prison officers, Problem Solving and Basic concepts and skills in Counselling.

The resource persons were the FRC Legal Officer and the FRC Administrator.

(7) The Supdt. of the Kalutara Prisons requested that his officers be given a full days training on a Saturday in the areas of **Counselling**. This programme was conducted by the Social Worker and the Administrator on 22nd of June 2002 at Kalutara Prisons. Forty-six[46] officers representing the different ranks in the uniformed service including the Chief Jailor, five other jailors, 5 prison overseers and thirty five prison guards (including three females) participated.

The Kalutara Prisons exclusively houses suspects and convicted persons under the PTA. Short term ordinary convicted prisoners attend to the supportive services such cooking, cleaning etc. The PTA inmates stage demonstrations including hunger strikes off and on.



Mr P.H.M. Ratnayake speaks on "Understanding behaviour of prisoners"

[8] "Managing Demonstrations by Prisoners"

The above programme was organized by the FRC in collaboration with the Department of Prisons on 31st of October and 1st of November 2002 at SEDEC and the Sri Lanka Sumithrayo Training Centre. The programmes were held in the Sinhala medium for twenty four [24] Chief Jailors

The welcome and introduction to the programme was mad by the: FRC Administrator and Mr. D.S. Ranasinghe, Supdt. of Prisons[Director CRTC].

[9] Training programme for seven [07] Probationary Prison Male Nurses: was conducted by the FRC on 12th of December 2002 at the CRTC.

[10] Training programme for 44 Probationary Causal Prison Guards (37 males and 07 females)was conducted on 18th of December 2002 at the CRTC.

Both porgrammes [9] and [10]covered the following areas. "Awareness about FRC", "Relevance to their work Human Rights and Law relevant to prison officers", "Basic concepts and skills in counselling".at the CRTC.

The resource persons were FRC Counsellors, FRC Legal Officer and The FRC Consultant on Prisons.

“UN INTERNATIONAL DAY IN SUPPORT OF VICTIMS OF TORTURE”



26th June 2002.

Theme : “Together Against Torture”



A national programme was organized by the Family Rehabilitation Centre on Wednesday 26th June 2002 at the Bandaranaike Memorial International Hall, Colombo 07. The theme of the event was “ Together Against Torture for a Lasting Peace”

On 26th June 2002 the Family Rehabilitation Centre conducted a national programme to mark the UN International Day in Support of Victims of Torture at the BMICH, on the theme of “ **Together Against Torture for a Lasting Peace**”.

Several school children, teachers and FRC staff participated a peaceful march through the streets of Colombo 07 on 26th June. Caps, badges and T-shirts were worn on the march. The event was covered in local newspapers, as well as on national television.



Posters, students drawings, pictures and banners were displayed at the BMICH Auditorium.

Mr. Desmond Fernando PC, Chairman FRC spoke on the UN International Day in support of Torture Victims expressing his appreciation to the new government on the Ceasefire Agreement.

“Despite over 2000 years of civilisation and the technological revolution, human beings are the only creatures that engage in cruelty against their own kind” remarked the Honourable Minister of Economic Reforms, Science and Technology, Milinda Moragoda in his Keynote Address.

During the programme, a drama on “Torture” was enacted by the Rochelle Jansen Theatre Company. This powerful presentation helped the audience to appreciate the horror of torture and the human cost of the country’s conflict, a reality in today’s society that needs to be addressed. .

The participants represented civil society groups, state sector employees, NGOs/INGOs, Schools, the Media and Human Rights organisations etc.





'Drama on Torture'



'Drama on Torture'

FRC Outreach Centres

Programmes to mark the "UN International Day in support of Torture Victims" were conducted by the following Outreach Centres:

Mannar 21, Vavuniya 41, Anuradhapura 10, Polonnaruwa 27, Trincomalee-59, Batticaloa 52, Kalmunai 46, Monaragala 69 and Ampara 50 participants.

The event organised in Anuradhapura had a very poor response, since most people were involved in religious ceremonies for "Poson Poya day".



UN International day in Batticaloa

Message on The UN International Day in Support of Victims of Torture

Jens Modvig, MD PhD, Secretary-General, IRCT

Today we commemorate the 15th anniversary of the Convention against Torture coming into force. Since 26 June 1987, we have today 129 governments who are, under international law, legally obliged to prevent torture. Yet, too many governments have not refrained from the use of torture by signing the Convention. According to the UN Special Rapporteur on Torture, the practice of torture is being committed systematically in more than 100 countries worldwide.

Please consider this daily reality for millions or even billions of people: It is more common to live under the horrors of systematic torture than to live without it. Writing a letter to the editor, being a member of the opposition political party, raising your voice for a minority, belonging to that minority, or just having been elected as chair of – say - a health professional association, puts you at high risk of being brought in for torture.

We are convinced that the best way to prevent torture is to ensure punishment of torturers. As long as torturers are not punished but enjoy impunity, torture will continue. We have today 129 governments that

have publicly committed to bringing an end to impunity. Yet, too many governments grant the perpetrators – from the prison guard to the President – immunity from prosecution.

We have today steadily increasing numbers of refugees worldwide – more than 15 million men, women and children – many fleeing from unspeakable horror and violence, many who have been subjected to torture. Yet, too many governments turn their backs to those in search of freedom from persecution, freedom from torture.

A priority for the IRCT remains achieving universal ratification of the UN Convention against Torture – to have all 189 UN Member States accepting their legal obligations to eradicate torture. But we want more. We want all 189 UN Member States effectively implementing the UN Convention against Torture, taking active measures to effectively rid their society of the act of torture.

We encourage all governments to sign the Draft Optional Protocol to the UN Convention against Torture, which provides for strengthened measures at the national level to combat torture.

We call upon governments to adopt their domestic laws and practices in accordance with the Istanbul Principles, which provide guidelines for the effective and credible investigation of torture. We encourage governments to ratify the Rome Statute for the International Criminal Court without delay and without reservation.

We require governments to promote an international civil society, which empowers human rights organisations to monitor realities in prisons, in detention centres, in police stations, and a civil society which accepts a free and independent media that can write about what they observe without risking being brought in for torture.

We demand that governments who seek to undermine the moral authority of the United Nations – who do so when they themselves have acted against the decisions of the United Nations – be called to account for their actions.

We demand that governments protect the safety of our partners – doctors and other health professionals, working in often dangerous and life-threatening situations to provide relief to torture victims, whose life has been destroyed by torture. We demand protection of doctors, who are at risk of being tortured because they treat victims of torture. Together with the World Medical Association, the IRCT is strengthening mechanisms to activate urgent actions when those working against torture are themselves placed at risk.

It may seem that we have not much to celebrate. Yet, what we do have today is the indisputable fact that the prohibition of torture is absolute – there is no excuse. We have today a universally recognised, if not yet universally respected, legal framework in the UN Convention against Torture and our challenge, 15 years on, is to work even harder to ensure not just acceptance but compliance by governments worldwide.

The IRCT is working in partnership with governments that have demonstrated the courage to commit themselves to preventing torture. In Brazil, in Mexico, and in Ukraine the IRCT is working in cooperation with governments and civil society to implement training and education programmes, to improve the investigation, the medical documentation and the reporting of torture cases, to improve the medical and psychosocial treatment needed by those whom the system fails, and to bring the perpetrators to justice.

It is encouraging for us at the IRCT to know that there is a global movement supporting our vision of a world without torture. Through our global network of partner rehabilitation centres, through our institutional partners, and through the many thousands of people who are joining similar events today as moral and courageous crusaders of our cause. For your support, now and tomorrow, we thank you.



- **Programme for Nursing personnel :**

An education of session on "Torture" was conducted on 26th June 2002 in the Lecture Hall, School of Nursing, Colombo for 200 Nursing personnel including student Nurses. Further 7 essays were received for the competition and a panel scrutinized them. Financial support for the programme was given by the FRC.

- **Joint programme with Citizens Welfare Development Foundation (CWCF)**

Programmes in the plantation sector were conducted jointly with the Citizens Welfare Development Foundation (CWDF). Three (3) programmes for school principals and teachers in Hatton, Nuwara – Eliya and Hali-ela (for Badulla) were conducted on May 25th and 27th 2002 respectively. The programmes were conducted in Tamil language. The FRC was represented by the Medical Coordinator and Snr. Counsellor, who made presentations on the history and objectives of the FRC and on the organizations work with victims of the conflict. The other resource persons were Prof. Nandakumar who spoke on Peace and Ethnic Harmony, Mr. Karunakaran of the Human Rights Commission who made a presentation on Human Rights and Dr. Sathieshkumar who spoke on Child Abuse and Child Rights.

- **Essay and Poster competitions for senior level students**

Essay and Poster competition for senior level school students were conducted in 9 districts in the period under review, as given below:

Location	Number of students
Monaragala	32
Anuradhapura	42
Vavuniya	41
Polonnaruwa	27
Trincomalee	33
Batticaloa	37
Amparai	35
Mannar	13
Kalmunai	32

These programmes focused on the three themes of "Peace and Ethnic Harmony", "Human Rights and Illegal Arrest and Torture". Prior to the essay and poster competitions, resource persons made presentation on these themes. All students who participated in the competitions received a Certificate of Participation from FRC. There was a poor turnout in Mannar as there was a strike in the area on that day.

Once the programmes were conducted, the Outreach Centres sent the essays and posters to the head office in Colombo. The essays and posters were given to persons with the relevant expertise to select the best three.

Thirty (30) posters, including those selected as the best three from Kalmunai, Monaragala, Anuradhapura, Polonnaruwa and Trincomalee, were displayed at the national programme held at the BMICH by the FRC to mark the UN International Day in Support of Torture Victims.

Details of the such programme are given below:

On Saturday 16th March 2002, a number of school students drawn from the GCE [O/L] and [A/L], from 10 different schools in the Kalmunai District, gathered at Wesley High School to participate in the above programme organized by the FRC Outreach centre.

The program focused on 3 topics:

- Torture and illegal Arrests
- The prevention of Torture
- Peace & Ethnic Harmony

Mr. R. Manoharan, District Coordinator, Human Rights Commission (HRC) Kalmunai welcomed the participants and outlined the objectives of the programme to those writing the essays and those taking part in the Art competition.



■ Awareness and Networking programmes

Two Awareness and Networking programmes were conducted in the period under review. One was held on Friday 31st May 2002 for Women's Society members and Development Officers from NGOs and government agencies in the Batticaloa District and the other was held on Saturday 1st June 2002 for Media personnel in the Kalmunai District.

At the awareness programme for the Women's Society members and Development Officers held at Ferdinands Hall in Batticaloa, several presentations were made, beginning with an introduction to the FRC. This was followed by presentations on "Peace and Ethnic Harmony", "The Role of Women's Societies in promoting peace and ethnic harmony", and "Human Rights" and legal arrest". Finally, the participants had discussions in three groups focusing on three topics, namely "The role of Women's Societies in promoting peace and ethnic harmony", "The Role of Women's Societies in the prevention of torture" and "The role of Women's Societies in preventing detention and illegal arrest".

■ programme for Media

On 1st June 2002, twenty-seven(27) representatives of the Media in the Kalmunai District met at the Christa Illam Hall in Kalmunai for an awareness programme. After an initial presentation on the FRC, presentations were made on the topics of "Peace and Ethnic Harmony", "The Role of the Media in creating peace and ethnic harmony among different communities," "Human Rights and Illegal Arrests" and "The Role of the Media in the prevention of Torture".



Group of participants

Ministers Visit



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The highlight of this quarter was the visit of Dr. Jayalath Jayawardene, Honorable Minister of Rehabilitation, Resettlement and Refugees to the FRC, at the invitation of Mr. Desmond Fernando PC, on 6 March 2002 to discuss the prospects of collaboration and the role FRC could play in establishing a lasting peace in Sri Lanka.

Dr. Jayawardene met with the FRC Chairman, Mr. Desmond Fernando PC, The Senior Management Committee and staff. The Honorable Minister also addressed the media who were present on the occasion. Ms. Kshanika Wickramasinghe, Committee Member of "Divipiyasa" and Mrs. Beulah Moonasinge of Agromart were also present at this occasion as special guests.

RCT Project Review and Advisory Mission

- A Mission from the RCT visited the FRC from 20th – 30th of January 2002. The Mission team comprised Mr. Henrik Beck, [Information Officer] Mr. Erik Wendt, Coordinator and Dr. Morten Ekstrom. The Mission programme included meetings at the FRC Colombo office, seminars for health professionals and communication staff and a short field trip to the Outreach Centre in Trincomalee.

On the final day, the RCT Mission presented a draft of its findings and recommendations at a debriefing session with the staff and senior management. A separate meeting was held with the Board of Directors and Senior Management Committee.

- In August 2002 a Technical Mission was completed as part of the RCT input to further improve methodologies in physiotherapy within the FRC, as well as to build the capacity of physiotherapists working in the national health sector.
- In September 2002, a Financial Management Consultant to DANIDA concluded a special assessment of the financial management capacity of FRC as part of the capacity study of RCT which intends to enter a framework agreement between RCT and Danida
- In November 2002 a RCT mission was conducted to plan for the extension of the project period. This comprised the preparation of an extension proposal to Danida with a view to transferring unspent funds for the year 2003.



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குடும்ப புனர் வாழ்வு நிலையம்
Family Rehabilitation Centre

Commemoration of ten years service to the people of Sri Lanka by the Family Rehabilitation Centre

An event to commemorate of 10 years service to the people of Sri Lanka by the FRC on was held on 10th August 2002 at the Mount Lavinia Hotel. Mr. Desmond Fernando P.C. Chairman, Board of Directors, FRC, Prof. Ravindra Fernando ,Mr. Jeevan Thiagarajah, Executive Director , Consortium Humanitarian Agencies were present at this occasion and service awards were distributed to staff members.

◆ Information Unit:

The Information Unit was created on the recommendations of the RCT Review and Advisory Missions that came to FRC in January 2002. Information Officer and a Information Coordinator were recruited in March 2002.

◆ Web Site:

FRC Web-site has been designed for the FRC and is under construction and our domain name is www.frsl.org. It introduce the activities of the FRC.

◆ Visit of USAID Officials:

On 20th March 2002 Mr. Desmond Fernando, PC Chairman, FRC and the Chairman of the Senior Management Committee/Projects Coordinator had a discussion with USAID officials on a probable collaboration in the Rehabilitation of the Victims of War.

◆ Agreement with ICRC:

The ICRC and the FRC mutually agreed to prepare a document for further information and to avoid duplication of assistance offered to the detainees, as this was a long felt need.

◆ Networking with other NGOs:

A Counsellor from the FRC conducted a guest lecture for 25 Community Counsellor on 'Trauma Counselling' in a training programme organized by the Sri Lanka Foundation Institute.

◆ Visit of Danish Ambassador:

The Danish Ambassador for India and Sri Lanka visited the FRC on the 18th October 2002. He met Mr. Desmond Fernando PC, Chairman FRC and the staff.

STAFF, VOLUNTEERS AND INTERNS, FRC IN 2002.

Staff - FRC – Colombo

The Staff of the Family Rehabilitation Centre as at December 2002 is as follows:

Mr. A.S. Poovendran	-	Chairman- Senior Management Committee/ Projects Coordinator
Mr. C.T.Jansz	-	Administrator
Mr. K. Sivapragasam	-	Accountant
Ms. Nelum Gunasekera	-	Senior Programme Officer
Dr. Suresh Yogasundran	-	Medical Coordinator
Mr. Chandrishan Perera	-	Information Officer

Accounts Department Staff

Mr. Pradeep Ginige	-	Computer Prog./Accounts Asst
Ms. Hema Pallage	-	Cashier
Ms. Dilani Peiris	-	Accounts Assistant
Ms. Ms. W.T.S.N. Kumari	-	Accounts Assistant

Rehabilitation/Treatment/Prevention/Training Staff

Mr. Saman Kumara	-	Counsellor
Mr. M.A.J. Ranawaka	-	Counsellor
Ms. Chandra Kanapathipillai	-	Snr.Counsellor
Ms. Chandrakanthi Pathinige	-	Social Worker
Mr. Michael Santiagu	-	Pharmacist
Ms. Hiranthi Samaraweera	-	Documentation Officer
Ms. Marie Vanniaratchi	-	Secretary.
Ms. Malathi Chandrakumar	-	Public Relations Officer.
Ms. Ashani Hamin	-	Information Coordinator

Support Staff

Mr. Nimal Shantha	-	Driver
Mr. Weerakoon Bandara	-	Driver
Mr. M.P.B. Sarathchandra	-	Driver
Mr. K.A. Dharamadasa	-	Peon
Mr. Susil Fernando	-	Watcher
Ms. Meena Logini	-	Labourer

(Part-time)

Ms. Ramani Thotagamuwa	-	Legal Officer.
Ms. Theera Fernando	-	Physiotherapist (Volunteer).

OUTREACH CENTRE STAFF
Addresses/Telephone Numbers.

Centre	Name	Designation	Address / Tel: Number
<u>Zone 1.</u>			
Anuradhapura	Ms. J.M.H.M. Jayasekera	District Counsellor	No 488/37, Stage II Tel : 025-22675
	Ms. C.M. Ranjani	Field Officer	
	Mr. U.A. Sumanasena	Field Officer	
Mannar	Ms. A. Anthonymary	Field Officer	No.1/43,Savatkaddu Lane, Chavatkattu. Tel : 023-32804
	Ms. Sherin Cristy	Field Officer	
	Mr. Inpakumar Croos	Field Officer	
Vavuniya	Ms. S. Sebanayaki	Field Officer	No.395/122 Joseph Vaas Lane Rambaikulam Tel : 024-21243
	Ms.P. Puwaneswary	Field Officer	
	Ms.T. Arunthevachelvan	Field Officer	
	Ms. N. Ransuthamalar	District Counsellor (Transferred to Jaffna in Oct 2002)	
<u>Zone 2.</u>			
Polonnaruwa	Ms. W. Kapuliyedda	Field Officer	4 th Mile Post Akkara -500 New-town 027-22601
	Ms. Indrani Dissanayake	District Counsellor	
	Mr. K. Ravindran	Field Officer	
Trincomalee	Ms. Ayesha Umma	Field Officer	No 40,New Place, Sivan Street,
	Ms. L.M. Wathsala	Field Officer	
	Mr. Sathieskumar	District Counsellor	
<u>Zone 3.</u>			
Amparai	Ms. Amara Weerasuriya	Field Officer	No. 6 Kalmunai Road, Tel : 063-23655
	Ms. S.H.R. Silva	Field Officer	
	Ms. P. Vasanthy	Field Officer	
	Mr. Dissanayake	District Counsellor	
Batticaloa	Ms .K. Jothimalar	Field Officer	No .9, Boundry Road Tel : 065-25895
	Ms. A. Jayaseeli	District Counsellor	
	Ms. Indrani Alagipody	Field Officer	
	Mr. S. Thilakawathy	Field Officer	
Kalmunai	Ms. S. Gnanamalar	Field Officer	No.86, Rest House Tel : 067-21218
	Ms. S. Tharshini	District Counsellor	
	Mr. S. Manivannan	Field Officer	
Monaragala	Ms. Daya Manikkaratne	Field Officer	No. 16/6A, Dutugamunu Lane, Tel : 055-76839.
	Ms. M. Wanniaratchi	Field Officer	
	Ms. S.H. Premalatha	Field Officer	

Zonal Coordinator:

Mr.S.T.H. Mohamed

Zonal Coordinator Zone III

ASMI/TT/JJ

**AUDITORS' REPORT TO THE MEMBERS OF
FAMILY REHABILITATION CENTRE**

We have audited the Balance Sheet of Family Rehabilitation Centre as at 31st December 2002 and the Income and Expenditure Account and statement of cash flows, for the year then ended, together with the accounting policies and notes as set out on pages 2 to 9.

Respective Responsibilities of the Management and Auditors

The Management is responsible for preparing and presenting these financial statements in accordance with the Sri Lanka Accounting Standards. Our responsibility is to express an opinion on these financial statements, based on our audit.

Basis of Opinion

We conducted our audit in accordance with the Sri Lanka Auditing Standards and the standards outlined in the Audit Instructions which require that we plan and perform the audit to obtain reasonable assurance about whether the said financial statements are free of material misstatements. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the said financial statements, assessing the accounting principles used and significant estimates made by the Management, evaluating the overall presentation of the financial statements, and determining whether the said financial statements are prepared and presented in accordance with the Sri Lanka Accounting Standards. We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit. We therefore believe that our audit provides a reasonable basis for our opinion.

Opinion

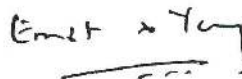
We were unable to obtain and verify the victim files maintained at the Regional Offices other than the Colombo Office.

In our opinion, except for the effect on the Financial Statements of the matter referred to in the preceding paragraph, so far as appears from our examination, the Centre has maintained proper books of account for the year ended 31st December 2002, and to the best of our information and according to the explanations given to us, the said Balance Sheet and related statements of Income and Expenditure and cash flows and the accounting policies and notes thereto, which are in agreement with the said books and have been prepared and presented in accordance with the Sri Lanka Accounting Standards, provide the information required by the Companies Act No. 17 of 1982 and give a true and fair view of the Centre's state of affairs as at 31st December 2002 and of its net expenditure and cash flows for the year then ended.

Without further qualifying our opinion we draw attention to note 3.1 to the accounts.

Management's Interests in Contracts with the Company

According to the information made available to us, no members of the Management were directly or indirectly interested in contracts with the Company during the year ended 31st December 2002.



Colombo
24th February 2003

■ Partners : G A E Gunatilleke FCA A D B Talwatte FCA FCMA T K Bandaranayake FCA
Mrs. L C Nanayakkara ACA FCMA W R H Fernando FCA FCMA
M P D Cooray ACA FCMA H M A Jayasinghe ACA FCMA D K Hulangamuwa ACA FCMA
A P A Gunasekera FCA FCMA A S M Ismail ACA FCMA A Herath FCA

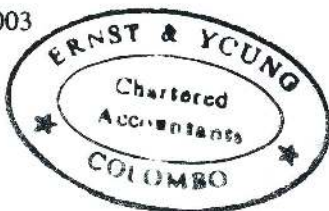
FAMILY REHABILITATION CENTRE
BALANCE SHEET AS AT 31ST DECEMBER 2002

	Note	2002 Rs.	2001 Rs.
Property, Plant & Equipment	2	<u>2,276,378</u>	<u>2,789,582</u>
CURRENT ASSETS			
Receivables	3	661,201	933,967
Prepayments		1,136,046	1,150,612
Fixed Deposits		4,000,000	4,000,000
Cash and Bank Balance		8,765,454	5,855,765
		<u>14,562,701</u>	<u>11,940,344</u>
CURRENT LIABILITIES			
Accrued Charges & Other Creditors		614,668	286,440
Taxation		41,177	41,912
Bank Overdraft		20	20
		<u>655,865</u>	<u>328,372</u>
NET CURRENT ASSETS		<u>13,906,836</u>	<u>11,611,972</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>16,183,214</u>	<u>14,401,554</u>
DEFERRED LIABILITIES			
Provision for Retirement Benefits	5	3,873,720	3,561,638
NET ASSETS		<u>12,309,494</u>	<u>10,839,916</u>
Unutilised Funds	4	12,309,494	10,839,916
		<u>12,309,494</u>	<u>10,839,916</u>

Approved for and on behalf of the Board.

[Signature]
[Signature]
 DIRECTORS

Colombo,
 24th February 2003
 JJ





சிறித் திரைக்கலை கைத்தொட

குடும்ப புனர் வாய்ப்பு நிலையம்

Family Rehabilitation Centre

Annex: Table 1. Number and percentages of Clients admitted for treatment in the reporting period 2002.
Note : The figures given are from January – December 2002.

Zone /Centre	Total	Gender		Age Group			Ethnicity			
		F (%)	Below (%)	Below 30 yrs	Over 31-50	S 50 yrs	T (%)	M (%)	B (%)	(%)
Colombo	86	56	30	50	25	11	-	81	03	02
Zone 01.										
Mannar	47	20	27	27	12	08	-	47	-	-
Vavuniya	73	57	16	47	20	06	-	73	-	-
Anuradhapura	55	25	30	28	19	08	35	01	19	-
Zone 02.										
Polonnaruwa	57	30	27	27	26	04	18	36	03	-
Trincomalee	53	44	09	39	13	01	15	36	02	-
Zone 03.										
Batticaloa	112	92	20	49	42	21	-	112	-	-
Kalmunai	96	77	19	37	41	18	-	91	05	-
Ampara	91	47	44	19	51	21	31	60	-	-
Monaragla	63	38	25	12	36	15	18	39	06	-
Total	733	486	247	335	285	113	117	576	38	02

S = Sinhala, T = Tamil, M=Muslim, B= Burgher



District	Torture Survivors	Bomb Blast Victims	Immediate Family Members	War Widows	Children of War	Victims of trauma	Total
Colombo	58	01	12	-	09	06	86
Zone 01.							
Mannar	16	04	21	01	02	03	47
Vavuniya	62	02	09	-	-	-	73
Anuradhapura	-	08	-	03	19	25	55
Zone 02.							
Polonnaruwa	25	-	09	08	03	12	57
Trincomalee	35	09	02	02	01	04	53
Zone 03.							
Batticaloa	86	08	15	-	-	03	112
Kalmunai	76	01	07	-	01	11	96
Ampara	26	02	07	22	15	19	91
Monaragla	25	-	21	04	10	03	63
Total	409	35	103	40	60	86	733



Annex: Table 3. Number of Types of Consultations provided within the reporting period 2002.

Note : The figures given are from January to December 2002.

Zone /Centre	Total No. of Consultations (& Clients)	Medical	Counselling	Physiotherapy	Educational	Legal	Referrals
Colombo	570	190	263	78	-	07	32
Zone 01.							
Mannar	1091	552	262	200	53	01	23
Vavuniya	831	411	200	129	45	08	38
Anuradhapura	816	255	378	135	02	15	31
Zone 02.							
Polonnaruwa	1910	336	1207	98	-	131	138
Trincomalee	1081	338	476	216	-	16	35
Zone 03.							
Batticaloa	1595	611	461	243	145	44	91
Kalmunai	1589	618	446	259	89	65	112
Ampara	1061	383	377	177	22	29	73
Monaragala	969	410	293	131	22	30	83
	11513	4104	4363	1666	378	346	656

Association For Health & Counselling
"SHANTHIYAHAM"
15, KACHCHERI NALLUR ROAD,
JAFFNA SRI LANKA

Association For Health & Counselling
"SHANTHIYAHAM"
15, KACHCHERI NALLUR ROAD,
JAFFNA SRI LANKA

MAP OF SRI LANKA WITH HEAD OFFICE AND FRC OUTREACH CENTRES

