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'Sri Panchaksharam and 'Sivohambavana'

Guru and Disciple

One of the most important 'Sadanas' or means of liberation is what is usually spoken of as 'Sivohambavana' or 'Sivohambavana' meditation on the Lord within one's self. Gnana-Yogam. We often see it resorted to by the teacher in imparting wisdom (Gnanam) to his disciple. As is well-known, a disciple is always expected to look upon his Guru as the Lord Himself. Arulnandi Devar for instance refers to his Guru in his Irupah Irupatu as follows:

கண்ணுதலும் கண்டக்கறை
யும் கருந்தருளி
மண்ணிடையில் மாக்கள்
மலம் அகற்றும் — வெண்
செய் நல்லூர்
பெய்கண்டான் என்று ஒரு
கால் மேவுவரால்
வேறின்றை
கை கண்டார் உள்ளத்திற்
கான்.

Concealing the upper eye and jet-black throat the Lord appeared at Tiruvennai Nallur to drive away the (darkness of) Malam from (the hearts of) men. If one contemplates but once on the name of Meykandan he would immediately realize the inseparable Lord within. The disciple should not even so much as think of the Guru as an ordinary mortal. And a real Guru is expected to be not a make-believe, Guru but one who has really seen something of the Light and who has so mastered himself as to be able, for the time being at least, to identify himself with the Deity. This Sadana is not an easy thing to practise and is not intended for ordinary people. Only those who are very far advanced in spirituality can successfully practise it and, among others, it is prescribed to no less a personage than a Jivan-muktan. These Jivan-Muktas are persons who have known the Truth but are still in their bodies owing to the remnants of past Karmam (Piraraptam) not being

eaten up, and this Sadana of Sivohambavana is prescribed to no less a personage than a Jivan-Muktan. These Jivan-Muktas are persons who have known the Truth but are still in their bodies owing to the remnants of past Karmam (Piraraptam) not being eaten up, and this Sadana of Sivohambavana is prescribed for them so that they may not be affected by Passam until the time for complete liberation arrives for, owing to the long association of the soul with Anavam, there still lingers about them what is called Mala-vasana, similar to the smell that lingers in a pot in which asafetida (பெருங்காயம்) was kept and removed.

Sivohambavana its underlying principle

Though this Sadana is difficult for us to practise at our present stage, the principle underlying it may be easily comprehended. It consists in thinking of ourselves as Godly by constantly repeating within ourselves 'I am Sivam', 'I am That'. When we suffer from a severe headache for example, by constantly thinking 'Oh, I am all right, I am all right' we actually find that we really get rid of the pain little by little. When a patient is suffering with a severe malady, the physician and our elders would not allow talkative old ladies to speak of the disease as anything serious in the patient's hearing lest the patient be terrified and the malady increase in vigour. 'The mind in its own place and in itself can make a heaven of hell, a hell of heaven', what noble words are these which the English poet puts into the mouth of Satan! Every one knows the story of the man who imagined that he had swallowed a frog and would not get cured of his disease. So then the principle Sivohambavana may

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'Gem of Advice'

(Culled by E. P. Rasiah)

Now that the schools are re opening, lots of little children will start their schooling and parents will appreciate the sentiments in Abraham Lincoln's Gem of Advice — "Treat him Gently."

"World take my son by the hand — he starts school today. It's all going to be strange and new for a while and I wish you would sort of treat him gently. You see, up to now, he's been king of the roost. He's been the boss of the back-yard. I have always been handy to soothe his feelings. But now...things are going to be different. This morning he's going to walk down the front steps, wave his hand and start on a great adventure that probably will include wars and sorrows. To live in this world will require faith and love and courage. So, World I wish you would sort of take him by his young hand and teach him the things he will have to know.

Teach him—but gently if you can. He will have to learn. I know that all men are not just—that all men are not true. Teach him that for every scoundrel there is a hero, that for every crooked politician there is a dedicated leader. Teach him that for every enemy there is a friend.

Let him learn early that the bullies are the easiest people to lick.

Teach him the wonders of books. Give him quiet time to ponder the eternal mystery of birds in the sky, bees in the sun and flowers on a green hill. Teach him that it is far more honourable to fail than to cheat.

Teach him to have faith in his own ideas, even if every one tells him they are wrong.

Try to give my son the strength not to follow the crowd when everyone else

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THE TRUE DEVOTEES

Everywhere will they see God, and ever be rejoicing.
From delusion, lust and anger they will wholly free themselves.
They are happy in the practice of steadfast meditation,
And with good and evil karma are equally content,
For they are the true devotees
And servants of the Lord Om.

If unbearable distress should come, they accept it and are joyful.
Both heaven and earth they worship and venerate as One.
The sight of the dance of the Holy Feet they relish,
And "Namasivaya Hail!" are the words they will repeat.
For they are the true devotees
And servants of the Lord. Om.

They will say that for them there is no end no beginning.
They will never be unmindful of loving devotees.
All attachment to caste and creed they have utterly forsaken,
And from the state of silence they will not deviate,
For they are Siva's devotees
And servants of the Lord. Om.

In this world they will refuse to conform to any pattern.
They will never be allured by the joys of fleeting youth
Through repeated invocation they will become like madmen,
And will ever be proclaiming that all that is is truth.
For they are the true devotees
And servants of the Lord. Om.

They do not make distinction between female, male and neuter.
"Hara Hara! Siva Siva! with gladness they repeat.
They will say that with the seeing eye It is in truth commingled.
They will enjoy the vision where there is no day or night,
For they are Siva's devotees,
And servants of the Lord. Om.

They will say for them there is no being born or dying.
They will live like simple fools or those who are insane.
From their pure and humble hearts all deceit will be ejected.
They proclaim — "Namasivaya is the holy name of God",
For they are the true devotees
And servants of the Lord. Om.

They will state that nothing is destroyed and nothing is created.
The 'five' and the 'three', they will realize as One.
They will say there is no coming and equally no going.
They will subjugate the mind that treads the wrongful path,
For they are the Siva's devotees
And servants of the Lord. Om.

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THOUGHTS TO BE TREASURED

ஆவலால் எமக்கு ஆம் மலர் மரங்கள்
ஆக்கல், அம்மலர் பறித்தல், அம்மலரால்
தா இலாவகை தார்பல சமைத்தல்,
தண்பில் எம்புகம் சாற்றல், அன்புடன் காம்
மேவும் ஆலயம் அலகிடல், மெழுகல்,
வினங்க நல்வினக்கு இடுதல், எம் அடியார்க்கு
ஏவல் ஆனவை கெய்தல், இச் சரியை
இயற்ற வல்லவர்க்கு எம் உலகு அளிப்போம்.

Planting and rearing flower plants with religious fervour, culling their flowers and making garlands of various kinds for Us, chanting Our praises, cleaning and washing Our temples and lighting them and obeying the commands of Our devotees. These form Saryai and those who perform them. We admit to Our Kingdom.



திருச்சிற்றம்பலம்

நமச்சிவாயவே நானும் கவிமயம்
நமச்சிவாயவே நானறி விக்கையம்
நமச்சிவாயவே நானறி நேத்துமே
நமச்சிவாயவே நன்னெறி காட்டுமே.

திருச்சிற்றம்பலம்

Hindu Organ

FRIDAY, JANUARY 10, 1975

Pongal to Ward off Penury

Symbolic of the spiritual culture of the vast territories of the orient where Tamil speaking people lived a lofty life in the ancient days, the transit of the energy-giving planet Sun in the zodiacal sign of Makaram (known to the Western astronomers and astrologers as Capricornus) was celebrated with religious ceremonies to mark the commencement of prosperous times and to offer prayers in gratitude to Parameshwara for His merciful Blessings.

Several thousands of years have rolled by since those days of spiritual awareness and appropriate living conditions. The present generation now find themselves in quite a different position. The area of habitation has shrunk to limited boundaries; the scheme of life has suffered a severe and striking change. Consequentially Thai Pongal reminds them of the glorious past and the contradictory present.

The Pongal that is scheduled to take place on Tuesday, next week is, therefore, an occasion for one and all to observe with the utmost piety and sincerest prayers as the present struggle of humanity is more for survival than for promising prosperity. From plenty to penury, prospects to poor circumstances is really a pitiable plight from which recovery is possible only by means of penance and prayer.

Let us, therefore, devote, in devotional duty, the Fourteenth of January to useful purpose praying in true Saiva tradition and offering Pongal Poojah to Providence and the Celestial Body the all energizing Sun. Humbled as we are, denied the routine rains during the North East Monsoon, let us also realize that suffering and satisfaction are both meted out in measured reasonableness and deservingly. And our Prayer now is in expression of our realization that we the people have erred and learnt a lesson.

Siva Selvi
Thangammah in Her
Fifty First Year

Special Poojah was performed at Thukkai Amman Temple on 7-1-1975 on the occasion of Selvi Thangammah Appakutty reaching her fifty first year. In recognition of Selvi's services to the Thukkai Amman Temple and to Saiva Religious Propaganda a full day program was arranged at the Temple on 7-1-1975.

Sri SivaGurunathar
Day at Sabhai
Ashram

In remembrance of Sri R. SivaGurunathar, a former President of the Jaffna Saiva Paripalana Sabhai, Siva Poojah by Brahmin Priests was held at the Sabhai Navalar Ashram on Wednesday January 8, 1975 in the morning. Recital of Thirumurai was followed by tributes to the memory of the past President.

"Gem of Advice"

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in getting on the bandwagon.

Teach him to listen to all men but to filter all he hears on a screen of truth and to take only the good that comes through

Teach him to sell his brawn not brain to the highest bidder but never to put a tag on his heart and soul.

Teach him to close his ears on a howling mob — and to stand, and fight if he thinks he's right.

Teach him gently, World, but don't saddle

Sri Panchaksharam

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thus he in a way conceived.

We read in Siva Gnanasiddhiyar:

கண்ட இவை அல்லேன்
நான் என்று அகன்று,
காணுக்
கழிபரமும் நான் அல்
வேன் எனச் கருதிக்கொண்டு
தொண்டினேனும் உனத்து
அவன் தான் தின்ற
கலப்பாவே
சோகம் எனப் பாவிக்கத்
தொன்றுவன் வேறு
இன்றி,
விண்டு அகலும் மலர்கள்
எல்லாம், கருடதியானத்
தால்
விடம் ஒழியும் அது போல,
விமலனாயும் அடையும்,
பண்டை மறைகளும் அது
நான் ஆனேன் என்று
பாவிக்கச் சொல்லுவது இப்
பாவகத்தைக் காணே.

Dissociating himself from the seen world as being not himself and pondering over the fact that he is not the unseen Supreme Para Brahman, if the loving and faithful devotee meditates on Him losing himself in Him and identifying himself with Him in all humility and pure love, the Lord who is ever present with him being in Advaita relation reveals Himself and removes the Malam and makes him pure; just as the snake-charmer contemplates on Garudan and removes the poison of snake-bite. This Sadana it is which the hoary Vedas teach in the words 'Aham Brahman Aham' (I am Brahman), &c. (To be continued)

him, because only the test of fire makes fine steel.

That is a big order World, but see what you can do. He is such a nice little fellow."

THE TRUE DEVOTEES

(From page 3)

They will not be concerned with siddhas, gods or sages

"Siva Siva!" is the prayer they will offer every day.

The Lord, who is the God of gods, they will always be extolling.

And even evil-doers they will not censure or despise.

For they are Siva's devotees

And servants of the Lord. Om.

—Natchintanai

(To be continued)

வாழ்வுமிக வறாது பெய்கக் கவனஞ் செலக்க மன்னன்
சேவக்குறை அரக செய்க குறைவிலா துயிர்கள் வாழ்க
நான்மறை யறங்க லோகிக நற்றவம் வேள்வி மல்க
மேன்மைகொள் சைவநீதி விளங்குக உலக பெய்கலாம்.

Printed and published by the Proprietors, the Saiva Paripalana Sabhai, Jaffna, at their Saiva Prakasa Press 450 K. K. S. Road Vannarponnai, Jaffna on Friday January 10, 1975.

EDITOR-IN-CHIEF R. N. SIVARAJAKASAM

Contesting
Candidates for
Kankesanturai
Seat

Nomination papers of Mr. S. J. V. Chelvanayakam (T. U. F.), Mr. V. Pennampalam (C. P. — Moscow) and Mr. S. Ambalavanar (Independent) were accepted by the Returning Officer, Mr. Vimal Amerasekara, G. A. Jaffna on Tuesday January 7, 1975.

The candidates were assigned the symbols House, Star & Ship respectively.

The by-election is scheduled for February 6, 1975.

U N' P. Snatches
Katana Seat from
the U. L. F.

Mr. Wijapala Mendis the U. N. P. candidate won the Katana by-election held on Wednesday January 8, 1975 defeating the U. L. F. candidate Mr. K. C. de Silva of the U. L. F. by a majority of 1050 votes.

Mr. W. Mendis polled 20747 as against 19697 for the S. L. F. P. candidate.

PARTITION NOTICE

IN THE DISTRICT COURT
OF POINT PEDRO

No. 12238

Kathiripillai Iyer Arumugam Iyer of Thondaimanaru

Vs. Plaintiff

1 Sambasivam Thangavelautham of Do and 47 others

Defendant

It is hereby notified that action No. 12238 has been instituted in the District Court, Point Pedro under the Partition Act No. 16 of 1951 for the partition and / or sale of the land called "Kalu-vannavayady" in extent 57, 7/8 Lms. V. C. Do 48 1/2 Lms. P. C. Do Metkukaiaddy 38, 5/8 Lms. V. C. situated at Thondaimanar in Ududiddy Parish, Vadamardochy Division, in the District of Jaffna, Northern Province.

The defendants in the abovesaid Partition Action were summoned to appear in the District Court of Point Pedro on 19-11-73.

By order of Court,
Sgd. A. Thavarajah
Registrar.

Drawn by
Sgd.
K. S. Muttucomaraswamy
Attorney-at-Law
for Plaintiff.

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