

## AMRITHA STORIES 15.

## HAPPINESS IN SIMPLICITY

My Sith Guru often used to say, 'Happiness consists not in multiplicity but in simplicity i.e. we become happy not in multiplying our wants but in simplifying our wants'

We realise the beauty and usefulness of the maxim when we have to travel from one place to another or when we shift from one house to another. The lesser the things we carry, the greater is our joy and comfort.

A 'Sadhu' or a 'Bikshu' is the happiest individual on the earth. This is the cherished ideal of every Hindu. Hence Sree Sankara says, "Kaupina Vantha Kalu Bagya Vantha". A 'Sadhu' willingly reduces his wants to minimum. As days roll on his needs become very

By

G. K. SUNDARA SASTRY  
B. A. B. T.

little. He studiously and diligently roots out all the un-manly desires. His whole being becomes the citadel of peace, light, love and joy.

Once on the banks of the sacred Narbada river, there lived a 'Sadhu'. He was rich in Vedic lore. He was happy in his thatched hut. People by turns gave him the 'Biksha' food.

The Sadhu had only two loin clothes as his possessions. One he wore and the other he tied on the branch of a tree, to dry. It so happened that a rat used to grow at the loin cloth every night. So poor 'Sadhu' had to get a loin cloth from the villagers. One day a neighbour advised the Sadhu to rear a cat for rats are afraid of cats. He gave

him a cat too.

The Sadhu took the cat to his hut. Now he had to feed the cat too. He had to find milk for the cat. So one day a rich land lord said to the Sadhu, "I can give you a cow. You can get plenty of milk both for you and for the cat."

The Sadhu willingly took the cow and the calf to the hut. Now he had to find straw, grass etc. for the cow and the calf. So he approached another rich man and told him his difficulties. To this the rich man said, "I can give you free a rich paddy field". He gave the Sadhu the richest paddy field.

The Sadhu became happy. He began to employ plenty of servants to cultivate the field. Frequently he had to settle the quarrels that broke among the peasants. He became very important. His thatched hut was pulled down. In its stead stood a palatial building. There were number of servants to keep things neat and tidy. There were plenty of cows, calves, bullock carts, drivers, etc. The Sadhu found time and energy to attend to all these things but he could not have the peace of mind for he had hundred problems for the day and the days to come. One corner of the building was falling down because of the poor cement. The barn was found leaky and the carpenter and the mason could not come in time. He feared the insincerity of the labourers.

Suddenly the Sadhu experienced the flash of a thought, "Yes, all these worries came because of a loin cloth. What are these things to me? So saying he renounced everything and spent the rest of his days in prayer and devotion. He fully realised the fact that happiness lies within, simplifying the wants and not multiplying them.

## The Rover Scout Spirit

A Rover Scout can not be called a good Rover Scout unless he is possessed with the Scout Spirit. The Rover Scouting is full of the idea of Scout Spirit as any other branch of Scouting. Scouting in the Rover Crew like that in the Scout Troop and the Cub Pack, depends on team work for its ultimate success. This team work demands unselfishness on the part of every member of the team. In a Rover Crew a sense of give and take policy is needed. It is this practice of give and take by the members of a crew that leads to the development of crew activities.

In Scouting we have to be prepared for disappointments from time to time and they may upset the Young Rover. But these disappointments are hurdles on the path, meant to be cleared in decent

(By T Canagarajah  
—Yarltons Rover Scouts)

manner. Rover Scouts have to face with more disappointments than in any other branch of Scouting. This is due to the uncertainty of youth between 17 and 22. Every young Rover is an adolescent subject to all attractions and distractions.

The other qualities that are needed for the Rover Scouting will be determination, courage and a sense of humour. Determination is a prime virtue of Rover Scouts. It is the Crew which has weathered the storms as well as the good sailing weather which gets the most out of Rover Scouting. Courage is required to face up to the criticisms by the armchair critics who finds it easy to condemn the energetic efforts of Rover Scouts.

A sense of humour can relieve the awkward situation. It can help to breed in the real sense of Scout Spirit. Rover Scouting is a happy and cheerful way of life. If you enjoy something, you

MONKEYING WITH  
'A' & 'H' BOMBSFaith In God Only Can Save  
The Situation

In the course of his speech at a meeting of the Madras Tamil Youths League held at Triplicane in connection with the raising of funds for a Gandhi Memorial in Madras, Shri C. Rajagopalachariar reminded the followers of Mahatmaji about Gandhiji's abiding faith in God. Said he:-

"The Memorial should be an edifice symbolising the gratitude of the people to Gandhiji. For that purpose money should come willingly from the pockets of lakhs of people. History would record it as a shameful act if the structure was left incomplete or if the memorial was erected with the help of Government funds. It was the duty of all of them to see that Madras did not earn such a reputation at the hands of future historians

Continuing Rajaji said: The public was fairly acquainted with his age now. The Congress came into existence when he was a child of four and he had lived to see the Congress achieve its objective. But, in the early days, those associated with the Congress had little hope of obtaining complete Swaraj for India. It was only after Mahatma Gandhi appeared on the political scene and gave them the weapon of Satyagraha that hope of success dawned in them. It was at Madras, 35 years ago that Mahatma Gandhi decided to use the weapon of Satyagraha for achieving freedom. And freedom which was considered impossible of attainment was at last realised. Therefore, Madras which had a place of pride in the history of the freedom struggle owed a duty to raise this memorial to the architect

of their freedom.

There was evidence of God's grace in the way India attained freedom and it was again that Divine grace which gave them two leaders—one who commanded the esteem of the world in the moral sphere and another who commanded the regard of the world in the political sphere—to guide them when the country attained freedom and to help them to get over the initial hurdles and dangers. Some people were already worried about who could succeed Mr. Nehru. There was no need for such worry because the Divine hand that had guided their destiny would find the proper man at the proper time. India was not yet out of danger. This danger was not from Patistan, because if people from Pakistan came to India, they would remain in India and India and Pakistan would again become one. The danger not only to India but to the whole world was from the Hydrogen Bomb. The situation was akin to two monkeys, hating each other, sitting on a thatched roof with burning faggots in their hands. Those living under the roof were appealing to the monkeys not to fight. But the languages of these people did not appeal to the monkeys. Under the circumstances their only refuge was the mercy of God. Like a thirsty man going to a fountain, the people of the world who were threatened with destruction should "A" and "H" bombs be used, should turn their eyes towards God. He mentioned this, to emphasise the importance of prayer and faith in the existence of God. The Memorial they proposed to erect was intended to serve as a place for prayer and also to remind people of Gandhiji's abiding faith in God, which enabled him to die with the name of God on his lips.

can get a thrill out of it. Anyhow a Rover Scout has the power of spreading his happiness round and about him. A rover Scout with the Scout Spirit in his heart can spread his joy to hundreds of others. So if you want to know something about Rover Scouting in practice, you must realise the Scout spirit as the first essential quality required for a Rover Scout.

NOTICE

The offices of the 'Hindu Organ, Inthusathanam' and the Saiva Prakasa Press will be closed on Wednesday and Thursday (28 7-54 & 29 7-54) on account of Maviddapuram Car Festival and Adi Amavasai.

Manager.



திருச்சிற்றம்பலம்.

சமச்சிவராமவே ஞானமுக்கல்வியும் சமச்சிவராமவே ஞானநிவிச்சகையும் சமச்சிவராமவே ஞானவிந்நேத்தமே சமச்சிவராமவே ஞானசெறிவாட்டுமே

திருச்சிற்றம்பலம்.

Hindu Organ

FRIDAY, JULY 23, 1954

Treasure These Thoughts

If we fail to overcome the discord between power and spirit, we will be destroyed by the forces which we had the knowledge to create but not the wisdom to control. For the new effort we need the sense of religious purpose.

FULL OF HOPE

WHAT looked a small skirmish seven years ago however had such potentiality that the leading statesmen of the world had to be at their wits' end. Its capacity was such that people had begun to feel that a colossal conflagration was being kindled and in it all ideologies and ideas would be reduced to ashes along with humanity itself. But the Divine hand could be seen still. Bharat that regained nationhood by the use of spiritual weapons in a materialistic struggle under the guidance of the noblest of men has been pushed forward by this unseen power to play its legitimate part in preventing the 'explosion' and bringing back peace. True it is that credit has to go to Mr. Mendes-France for persisting in his spirited endeavour to bring about a ceasefire in Indo-China. Hero, Mr. Mendes-France undoubtedly is. But it cannot be denied that the efforts of Premier Nehru and the atmosphere created by the Asian Premiers' Conference have been of considerable influence in making the French Premier become extraordinarily enthusiastic about his 'peace or no portfolio'

Civic Reception To Madras Vice-Chancellor

Political banners had no place in the intellectual world and in the Inter University Board of India, Burma and Sri Lanka said Dr. A. Lakshmanaswami Mudaliar, Vice-Chancellor of the Madras University, in the course of his speech at a civic reception accorded to him by the Jaffna Municipal Council.

Continuing Dr. A. L. Mudaliar stated that he would use his influence with the Inter University Board to give students from Sri Lanka every encouragement for continuing their university education in India. Earlier Mr. Sam. A. Sabapathy, the Mayor of Jaffna, welcomed the distinguished visitor.

Jaffna College Alumni Association

The Annual Meeting of the Jaffna College Alumni Association was held on the 17th of July. The following were elected office-bearers:

- President: Mr. R. C. S. Cooke, Vice-President: Messrs A. C. Sundrampillai, L. S. Kulathungam, Senator S. R. Kanaganayagam and Rt. Rev. Kulendran. Secretary: Mr. M. Kathiravelu, Treasurer: Mr. P. W. Arisaratnam, Members of the Committee: Messrs I. P. Thurai ratnam R. K. Arulampalam, B. K. Somasundram, Senator P. Naganingam, A. M. Broodie A. Perumainayar, S. Kulasingham, R. T. Chelliah, K. A. Selliah, K. C. Thurai ratnam, E. J. Jeyarajah, T. Venayagamorthy P. M. Sangarapillai and R. J. Thurai rajah.

decision It is gratifying to note that both the communist bloc and the anti-communist group have expressed feelings of complete satisfaction. The way has been cleared for lasting peace to be restored to the world and the responsibilities of the leading statesmen have been increased. The work that remains to be done is heavy and arduous and only a determined endeavour by the 'peace team' to formulate a fool-proof scheme can ensure success. Let the ideologies be there but let not allegiance to political isms be stretched to breaking point. It should be borne in mind that ideologies can be preserved and safe-guarded without the aid of the scare of war and the language of the 'bully'.

EDUCATION SHOULD BENEFIT THE STATE AND THE INDIVIDUAL

Sir A. L. Mudaliar's Views on Instruction and Democracy

Dr. Sir A. Ledchumanasamy Mudaliar, Vice-Chancellor of the Madras University who was the chief guest at the Jaffna College, Alumni Association, Vadukoddi, speaking on education in democracy on 17-7-54 at the quadrangle of the college said that education was no longer a privilege of the few. The demand for widespread literacy was great and had to be met in all countries. At the same time it was felt that education could no longer be directed through one channel as when the mass of the people took to education, their capacity, attitude and trend had to be studied. It was for this reason that in India there was a move now for diversified courses of instructions at the high school stage. The boys and girls had to be directed through vocational guidance officers to such branches of knowledge to which they were fitted and which would help them to gain full employment. Another question that had to be considered was that education which when imparted has not only to benefit the individual but to meet the needs of the State. Turning to the question of education in a democratic state Sir Mudaliar said that the main purpose of all the education should be to train the young men and women to prove themselves to be useful citizens and to discharge their duties so as to uphold the principles and purposes of a democratic state such as India was under this constitution.

Utility Of Higher Studies

Although in recent years there was a great increase in the number of university graduates and more and more institutions had sprung up, there was a feeling that this increase had not been for the benefit of the world. In fact the trend of recent events and the horrors that have been perpetuated in the two world wars made people feel doubtful about the utility of higher education. It is one of the paradoxes of our times that modern society needs to fear only the educated man. The primitive people constituted no menace. The most serious crime against civilisation can be and has been committed only by the educated and technically competent people. He referred to that par that education should play in the development of character and the instilling of proper democratic ideas in the youth of the country. There were many dangers and pitfalls in modern democracy; one could almost say that the emergence of Hitlerism and

Fascism could be traced to the defects and failures of democracy rather than to any inherent merits of totalitarian regimes. Democracy stands at cross roads today. It is only if educated young men and women understand the limitation of democracy, the need to appreciate the limits of majority rule and the claims of minority and of a correct appreciation of the manner in which democracy should function is not taken note of, democracy is bound to fail. It is for this reason Sir Ledchumanasamy would appeal to the youth of the country to study the problem of democracy and to follow the history of democratic governments in different states so as to realise the role they should play to preserve and enhance democratic governments in their own country.

Link With Lanka

Speaking on behalf of the unofficial public of South India, Doctor Mudaliar said that the welfare of the Jaffna people will be their constant concern. He is no stranger to Ceylon. He is an alumnus of the Ceylon University. He was one of the Honorary recipients of a degree when the Ceylon University was opened. Speaking further the holder of four doctorates said "Newspapers are the only sources for our intellectual improvements." He also said that the successes in examinations supply no standards. Sir Winston Churchill was not a success as a student and could never study classics but has made a masterly contribution to the well-being of the world for the last half a century. Sir Ledchumanasamy further said that Mahatma Gandhi was an idol of humanity and was perhaps the first in human history to teach us the ideal of non violence. Speaking about politics Sir Mudaliar said that he was the leader of the opposition in the upper house in Madras and that without adequate checks and balances, people or their representatives are not to be trusted. Speaking further the Mudaliar said that another noted apostle of conservatism warned the people that if the majority is united by a common interest, the right of minorities will be secured. Eternal vigilance is a price of democracy and the opposition parties are effective watchdogs of public affairs. They should speak the blunt truth in the general interest of the public. They should be realistic in their views. The Mudaliar was not suggesting that democracy is functioning well in India. They have to learn a great

deal more. He said that men of character and integrity are mindful of their vast ignorance than the vast knowledge they possess.

Mr. L. S. Kulathungam, principal Jaffna College, in introducing the chief guest said that Sir Mudaliar is an intellectual of international fame and a twin brother Sir Ramaswami Mudaliar of United Nations fame. Mr. Kulathungam further said that Madras University has a special link with Jaffna College because it was the students of the Jaffna College who were the first graduates of Madras University.

Retiring G. A. Entertained

The Members of the Jaffna Health League entertained Mr. P. J. Hudson, retiring G. A. of Northern Province and Mrs. Hudson at a farewell party last week. Dr. C. Guruswamy, President, C. N. A. P. T., Jaffna Branch in paying a tribute to the services rendered by Mr. Hudson said that there was hardly any public movement in the North with which the retiring G. A. had not identified himself during his long term of service.

Welcome To New G. A.

Mr. M. Sri Kantha who has succeeded Mr. Hudson and Mrs. Sri Kantha were welcomed by Dr. Guruswamy at the same function.

Mr. Sri Kantha had been the A. G. A. of Jaffna at a time when food production had to be stepped up and later was the Director of the Land Development Department.

CHANGE OF NAME

I, Periyathamby Sinnathamby of Thalaiyali, Kokuvil, do hereby inform the Public that from to-day, my daughter MANORANJITHAMANY will be called by the name of MANORANJITHAM and will sign all documents as MANORANJITHAM.

# A STUDY OF THE SVETASVATARA UPANISHAD

( By A Science Graduate )

( Continued from our issue of 16-7-54 )

First Aduyayam (Contd.)

11. By knowledge of God (Devan) all bondage (Pasam) is destroyed, and birth and death cease with sorrows perishing. By contemplating Him, the third state of Universal Lordship (Visvaisvariyaam) is attained on separation from the body, and he whose desires are satisfied (attains) Kevalatvam (or Kaivalyam, the lonely state of final emancipation).

The need for Godly knowledge set out in the previous Sruties is repeated here and the benefit accruing to the soul therefrom amplified. The third state of Visvaisvariyaam mentioned here is variously explained by various writers. Our view is that it refers to the third of the three Avasthas or basic states of existence of the soul. What these are is briefly stated in Siddhiyar as follows:

கேவல சகல சத்தம் என்று மூன்றாவது ஆவத்தையே ஆன்மா மேலவன், கேவலம் தன் உண்மை, மெய் பொறியின் எல்லாம் காலவன் கொடுத்தபோது சகலமும், மலங்கள் எல்லாம் ஒலிப்போது சத்தம் உடையன் உற்பவம் தடைத்தே.

The soul is subject to three (basic) states of existence called Kevalam, Sakalam and Suddham. In Kevalam it exists by itself (in a lonely helpless condition when its powers of volition action and notion are enshrouded by Anava Malam). In the Sakalam or bodily state it has a body, senses, worlds and objects of enjoyment provided by the Lord. When all Malas (impurities) have left it, it is said to be in the Suddham (purified) state, having got rid of all births (and deaths).

Having thus briefly defined these states of the soul, Arulnandi Devar proceeds to describe them in greater detail. This is his detailed description of the third state:

இருவினைச் செயல்கள் ஒப்பில் சசந்தன் சத்திதோயக் குருகுருள் பெற்றதூரன் யோசந்தைக் குறுகி மூன்றைத் திரிமலம் அறத்துப் பண்டைச் சிற்றறிவு ஒழிந்து ஞானம் பெருகி காயசந்தன் பாதம் பெறுவது சத்தம் ஆமே.

When the stage of eyeing good and evil equally is reached and the Lord's Grace descends on the soul, it gets the Guru's blessing, practises Gnana Sadana, gets rid of the three Malas and of its localised knowledge, becomes omniscient and reaches the Feet of the Lord. Such is the Suddha state of the soul

That our interpretation is the correct one will be quite apparent even to the most casual reader, more especially in view of the further reference in the Sruti to separation from the body in the third state and all desires being satisfied. It is needless to explain that these desires are the likes and dislikes of the soul (விருப்பு வெறுப்புக்கள்) with their cognate feelings of pleasure and pain (இன்ப துன்பங்கள்), the results of good and bad deeds (புண்ணியபாவங்கள்). In short, these signify what we express by the one word Karmam or Iru Vinai (இருவினை). The shedding of ignorance (the result of conjunction with Anava Malam), of births and deaths and the body (Maya Malam) and of likes and dislikes (Karma Malam) is clearly indicated in our present verse as necessary to enable the soul to attain the Suddha (or purified) state. This state of Visvaisvariyaam we would identify with the third state of Pada-Mukti (பதமுக்தி) known as Sarupiyam (சாரூபியம்) in Saiva literature, the penultimate stage of heavenly Bliss, the stage just prior to complete merger in Brahman called Sayujiam (சாயுஜியம்) or Para Mukti (பாரமுக்தி).

The careful reader would expect a word of explanation from us regarding the term Kevalatvam found at the end of this verse. It certainly does not refer to the first state of inert Kevalam as defined in Siddhiyar. In fact, the context shows that it represents the very opposite of Kevalam, what is described there as Suddham, the third state.

In our study of the Isa Upanishad (Chapter II of Vedanta Moola Saram) we came across three terms Asambhuti, Sambhuti and Venasam. After a good deal of philosophical research and mature consideration, we were able to identify these terms with the Kavela, Sekala and Suddha states as explained in our Siddhanta Shastras. Sambhuti is the second or Sakala or embodied state of

# NEED FOR A HINDU COLLEGE IN BADULLA

## Saiva Sangam's Spirited Call For Support

( Extracts from a memorandum addressed to the Director of Education by the Badulla Saiva Paripalana Sangam )

While there are a number of other denominational schools in the Province we have regretfully realised that there is not a single school in the entire province to serve the needs of higher education of the children belonging to the Hindu faith. The only Hindu denominational school in the Province is the Saraswathy School at Badulla opened by our Sangam and handed over to the Hindu Board of Education, Jaffna, about 20 year ago as the Sangam was not a registered society at that time. The school remains a primary school even now and it has no prospects for further expansion because of its existing unsatisfactory location.

There are considerable number of Hindu children attending the various denominational schools in the Province. In Badulla itself not to speak of the large number attending the other schools in Bandarawela, Passara, Haputale and Guralawa, these figures will speak for themselves:

- Dharmaduta College - 191
- Uva Collage - 126
- St. Bede's College - 124
- St Ursula's Convent - 120
- Badulla High School - 110

It is regretfully submitted

that these large numbers of Hindu children are not taught any Hindu religious instruction except at Dharmaduta College; nor could they be expected to receive their education in a Hindu atmosphere in the existing schools. Though the present educational regulations theoretically make provision for imparting religious instructions in denominational schools for the children belonging to the other faiths, it is an accepted fact, that it cannot be suitably implemented because of certain practical difficulties. Even in the Government Senior School existing in preponderantly Sinhalese and Buddhist areas, it is understandable that practical provision cannot be made for imparting religious education to Hindu children.

Whilst it is the settled policy of the authorities in this country that the education of the children should be imparted in a religious climate congenial to their particular faiths, large number of Hindu children are growing up in the total absence of any religious atmosphere whatsoever. The Saiva Paripalana Sangam has been deeply moved by this plight of the Hindu children in the Province and it is our sincere

view that these difficulties can only be solved by our opening up a new school to serve the needs of the Hindu children. A large number of Hindu parents and benefactors in this Province have realised the urgent need for an educational institution of this nature and having confidence, as they do in our sincerity and ability to work for such a lofty purpose, have assured us all financial assistance and support.

Apart from the fact that the Hindu children lack the facilities for religious instruction in the appropriate atmosphere, another problem that affects them adversely is that the present accommodation available in the existing schools is utterly inadequate to meet the needs of the school-going population of the Province. And at the beginning of every year when considerable children are refused admission for lack of accommodation or for any other reason in the present denominational schools, it should be expected that this situation will adversely affect the Hindu children who do not belong to any of these particular denominations, more, than the children of other denominations.

### ORDER NISI

IN THE DISTRICT COURT OF POINT PEDRO

Testamentary Jurisdiction No: 503 T.

In the matter of the intestate estate of the deceased Neelayathadchy wife of Wijayaratham of Karaveddy North Deceased. Waitilingam Wijayaratham Nadarajah of Karaveddy North Petitioner, Vs.

- 1 Waitilingam Wijayaratham of do
- 2 Wijayaratham Waitilingam of do presently of Point Pedro
- 3 Wijayaratham Pathmanathan of Karaveddy North Respondents.

This matter coming on for disposal before A. W. Nadaraja Esqr., District Judge, Point Pedro on the 10th day of December 1953 in the presence of Mr. M. Esurapatham Proctor on the part of the petitioner and the petition and affidavit of the petitioner dated 10th day of December, 1953 having been read,

It is ordered that the petitioner be and he is hereby declared entitled to have Letters of Administration and that Letters of Administration be issued to the petitioner accordingly unless the respondents shall appear before this Court on or before the 27th day of January 1954 and show sufficient cause to the satisfaction of this court to the contrary

This 10th day of Dec, 1953

Sgd, A. W. Nadaraja District Judge.

Time to shew cause extended to 29-7-54.

Sgd. A. W. Nadaraja District Judge.

(O. 62, 16 & 23)

கணவந்தோடு அத்தவிதமாய்படி, மெஞ்சூரன் தானுவினோடு அத்தவிதம் சாரும் கான் எக்காரே.

Oh! for the day when I shall become indissolubly united with the Omniscient Sivam in the same way that I was united with Anavam-

But where is God to be found? When can we find Him and how? The Upanishad answers;

12. This (God) should be known as ever abiding within the atma (soul). Beyond this there is nothing to be known. The enjoyer (soul), the enjoyed (objects of enjoyment, Pasam) and the Dispenser (God), thus is everything described (classified) into three kinds (categories). Thus is God (to be known).

13. Just as fire is shering in its source is not seen in its (gross) form (at first) but appears (afterwards) by repeated (rubbing) of firewood where it lurked undestroyed in subtle form, so do appear the two (God and soul) by (contemplation of) Pranavam within the body.

( To be continued )

## PRESENT POSITION OF AGRICULTURAL DEVELOPMENT

(By MUHANDIRAM E. P. RASIAH,)

**C**EYLON'S population of over 8 millions is said to be increasing at the rate of about 20,000 a year, giving rise to a serious problem—the problem of securing more food. When there is food only for 3 millions people in the country and 8 millions are clamouring to close in on it, naturally a problem is created. This has been engaging the attention of the State for some time past.

It is a fact known to all that 2/3 of the staple food (rice) consumed by us is being imported from outside for some long time past.

Our ancestors—the ancestors of this 8 millions—for the most part were hard-working men and women of simple habits and plain living. They had a reputation of having been skilled in handicraft, ancient cultures, beautiful works of art etc at a time when many western countries were peopled, it is said, by primitive savages. But conditions have changed after foreign domination. It has been calculated that an individual requires the produce of 3½ acres of land to maintain a maximum standard of physical, mental and moral efficiency. Ceylon, however has ¼ of an acre per individual, perhaps less. The relationship between the number of mouths to be fed and the productive capacity of the region and the resultant social behaviour is obvious. This must mean not only lowering the standard of living but also the level of the powers of resistance of the individual. Our men are therefore unable to give of their best when their stomachs are empty and their bodies weakened by disease.

The great majority of these ill-nourished people live in villages and look up to the land as their chief source of livelihood; but unfortunately not enough arable land is available for cultivation to feed or support these millions.

And about 98% out of those who work on these lands appear to be not in possession of modern methods of cultivation and are ill-equipped to get the maximum benefit out of the soil. Consequent to this, food has become scarce and agricultural

productivity is pretty low. What then is the remedy?

This question has been answered by "The Consultative Committee of the Colombo Plan for co-op economic development in South and South-East Asia." "Power and machine" they say 'are the keys to plenty on the land; factories to make implements and fertilisers; machines to till the soil; dams to provide for the retention of water for irrigation and to control floods."

And Ceylon must have more of all these things if our agriculturists are to win their fight against poverty, famine, etc. and succeed in the grow-more-food campaign and re-establish Ceylon as the granary of the East.

Our main objective should therefore be to broaden our economy by increasing food-production by modern methods. For this, virgin jungles must be cleared, lands developed tanks restored and irrigation facilities and roads provided and modern machinery freely used for cultivation.

Realising the importance and urgency of these, our Govt appears to have borrowed £ 5 millions in London to help it in carrying out its development programme. The Govt's objective is said to be to make the best use of the country's natural resources by bringing into production 3½ millions acres of potentially productive agricultural land and harnessing, wherever practicable for electric power and irrigation purposes, the abundant water resources of a country with a fairly satisfactory annual rainfall.

A significant proportion of this proposed development programme has been devoted to agricultural improvement aimed at increasing domestic food production so as to lessen Ceylon's dependence on imported food. For the present, out of the Rs. 750 millions now available from this loan, Rs. 42½ millions (or about 56%) have been earmarked for agriculture and Irrigation.

Let us hope that this colossal amount would be judiciously spent or rather invested on the agricultural development of Sri Lanka and thus make it self-sufficient in the matter of food.

## MAKE COMMON CAUSE WITH SWABHASHA TEACHERS

### Senator's Advice To English Teachers

From times immemorial teachers had been teaching the young that Union is strength through that well known Aesop's Fable, but it was a pity that they seemed seldom to realise its truth in their own lives and the interests of the profession. I warn the English teachers that unless they made common cause with the Swabasha teachers who were more effective in the councils of the state they would become a broken reed very soon" said Senator S. R. Kanaganayakam addressing the Annual General Meeting of the West Jaffna Teachers Association at Pandaterruppu Girls High School.

He deplored the fact that such a body of en-

lightened men as the teachers in this country was governed by an antiquated code of Regulations which was hopelessly inadequate in the modern context. He was disappointed with the apathy of the profession which had been patiently putting up with that state of affairs.

Mr. N. Sabaratnam the president spoke of a better social esteem for the teacher and pointed out that the real reward for teaching could never be material, for it was in every sense a vocation. Unless teachers are men imbued with a genuine thirst for scholarship and assume the role of civic leaders living in accordance with the highest ideals of the community,

taking their parts in the give and take of life, they will go down so low in social esteem as to be classed as poorly paid private tutors added Mr. Sabaratnam.

Mr. A. E. Tamber a past president of the A. C. U. T. made an effective appeal for Trade Unionism as a powerful weapon against Teachers' grievances chief of which was insecurity of service.

He was of the conviction that English education had robbed them of their manliness. He exhorted the teachers to cultivate a genuine love for Tamil which has a great future with regard to their progress as a community.

The Election of office-bearers resulted as follows:

President: Mr. N. Sabaratnam; Vice-President: Mr. S. Peter; Secretary: Mr. T. Viswanathan; Treasurer: Mr. G. Manuelpillai.

A vote of thanks was proposed by the Hon. Secretary Mr. T. Viswanathan.

—Astrological—

## WEEKLY FORECASTS

'SRI PATHY'

FROM 25-7-54 TO 31-7-54

**ARIES** Aswini, Barani, Kartikai 1st part [Medha Rasi]

You will find it difficult to come to any decisions in important affairs during this week. You may create some enemies in your office. Relatives too will contribute towards your worries. Avoid rash dealings.

**TAURUS** Kartikai 2, 3, 4, Rohini, Mirugasirisha 1, 2 [Idapa Rasi]

You will be able to command more respect in your family circle this week. New ventures will bring in good result. Triumph over competitors also shown. But health must be given particular care for some time.

**GEMINI** Mirugasirisha 3, 4, Thiruvathirai, Punarpusam 1, 2, 3 [Mithuna Rasi]

Your financial tension will ease much during this week. Friends will prove to be very helpful. You will come out victorious in your attempts. Any upset will be a storm in tea cup.

**CANCER** Punarpoosa 4, Poosa, Agilya [Kataka Rasi]

Expenditure will be on the rise this week. Beware of scandal mongers. Minor health upsets also possible. You will be quick to misunderstand people. Do not jump into hasty conclusions.

**LEO** Maha, Poora, Uttira 1, [Singha Rasi]

Your friends will help you much on your ventures this week. Financial gains and triumph over enemies also shown. Health upsets possible. Beware of abdominal complaints.

**VIRGO** Uttira 2, 3, 4, Atta, Chittirai 1, 2 [Kanni Rasi]

Some improvements in your domestic as well as your professional affairs shown this week. You will get much help from strangers. It will be easy for you to steer clear of difficulties and opposition.

**LIBRA** Chittirai 3, 4, Swati, Visuka 1, 2, 3, [Thula Rasi]

The first two days of the week will land you into some difficulties. Be careful and do not commit yourself. Rest of the week will be favourable. Financial gains and social success promised.

**SCORPION** Visuka 4, Anusha, Kettai [Vrischika Rasi]

The first two days will be favourable for new undertakings. Tuesday, Wednesday and Thursday must be spent with care. Rest of week will be unsettled but there are no indications of any serious upsets.

**SAGITTARIUS** Moolam, Pooradam, Uttiradam 1. [Thanu Rasi]

Health upsets likely this week. Mental worries also shown. Expenditure too will be on the rise. But situations will not go out of hand. Thursday, Friday and Saturday the worst out of the lot.

**CAPRICORNUS** Uttiradam 2, 3, 4, Thiruvonam, Avittam 1, 2. [Makara Rasi]

There will be some trouble in office during this week. You may be made a scapegoat if you are not careful. Expenditure will be on the rise. Avoid arguments and quarrels with married partner.

**AQUARIUS** Avittam 3, 4, Satayam, Pooraddati 1, 2, 3 [Kumbha Rasi]

You will see the downfall of your enemies during this week. Financial gains also promised. Domestic conditions should improve from end of week.

**PISCES** Pooraddati 4, Uttaraddati, Revati. [Meena Rasi]

Relations will be helpful this week. Financial tension too should lessen. But you will have no mental peace. Health upsets also possible.

# Place Of Music In Medical Treatment

Music is helping to save life and to restore health.

It is today serving doctors in many fields.

Because of its strong impact on the emotions, it is natural that psychiatrists should make much use of it. Many of them find that the right kind of music calms the patient who is anxious.

If a patient is depressed, soothing music in a minor key is likely to capture his mood. Music with a rapid tempo may suit the patient who thinks and talks quickly. Not only can the psychiatrist select music to suit the emotional development of the patient as the treatment advances, but he can also employ melody to establish moods essential to other forms of treatment.

During the second world war, thanks to the development of amazing new drugs and surgical and medical techniques, doctors were able to perform miracles in saving lives and in healing wounds. But it was noticed that to combat an injury was often

By

Maurice Goldsmith

insufficient to restore full physical and mental health. Something else was needed—and music was successfully used to relieve the tension of front-line fighters and to enable them to readjust themselves to normal life.

Music weaves in and out of medical history like an elusive theme in a symphony. The doctor priests of ancient Egypt used musical incantations. The witch doctors of primitive peoples incorporated special melodic chants as part of their 'treatment'.

David's harp soothed the malady of King Saul, and Homer declares that music saved Ulysses from a deadly haemorrhage. The characteristic melodies and tempo of the lively Italian dance, the tarantella, date back to the 18th century, when many European countries were swept by a form of mass hysteria called 'the dancing mania.'

The uncontrolled capering and hopping which marked this affliction were said to be caused by the bite of a tarantula spider. According to some historians, the music of the tarantella originated in attempts to cure the madness by the physical exhaustion of dancing.

One of the most important, although controversial, surgical developments of the last decade is the brain operation called leucotomy. This consists of severing certain fibres in the front of the brain, and

often brings relief in severe mental illness. The operation, however, turns many patients into 'withdrawn, indifferent and unambitious persons', according to Dr. Hans H. Reese, a prominent American surgeon.

"But", he adds, "we have turned to music. On hearing certain recordings the patient's face brightens. They begin tapping with their fingers humming, and even getting up and dancing. Music becomes a socialising factor."

Many mental hospitals use soothing music to allay the fear and anxiety of patients before shock treatment. Some experts believe it is far more effective in this respect than the warm baths which are also used for this purpose.

In surgery, some hospitals use music as an adjunct to anaesthesia, to lessen apprehension and to overcome the disturbing effect of noises and conversations in the operating theatre. Recent experiments at Chicago University showed that children in the theatre best to light, amusing compositions, such as Prokofiev's 'Peter and the Wolf', and adult patients seem to prefer popular love songs.

The technique sometimes has its humorous aspects. At a British hospital recently, a patient came out of his anaesthetic to hear the majestic strains of the 'Te Deum'. It took several minutes for doctors and nurses to calm him and to explain that the music came from an amplifier, and not, as he thought at first, from a heavenly choir welcoming him to paradise.

Music is now sometimes employed in obstetrics, since it helps to raise the mother's ability to stand pain and to while away the hours of confinement.

Some time ago, an American dentist patented an invention consisting of two midget loudspeakers built into the head rest of the dental chair. He found that music coming from these enabled patients to overcome their fear of his dental instruments, and helped to drown the disturbing whirring of the drill.

On the more purely physical side playing an instrument or dancing has proved of great value in a variety of conditions. Stiff limbs needing remedial exercises can be loosened up by the movements involved. Playing the piano provides exercise for the relaxation and contraction of hand and arm muscles which have been weakened by inactivity or temporary paralysis. Piano playing also improves the articulation of joints impeded by bones or disease. Legs weakened by long stays

in bed can be strengthened by dancing.

## Vitamin A—The Guardian Of Light

High atop a mountain in the southwestern United States stands one of the great monuments to the genius of modern science—the Mount Palomar telescope. With the aid of its glistening 200 inch mirror, astronomers are able to photograph stars at remote corners of our universe, detecting light that has taken more than a thousand million years to reach our planet. Yet, in spite of such an optical wonder, our eyes remain the most sensitive instruments in existence for recording the presence of light.

According to one well-known scientist, on a clear night our eyes are able to see a candle 14 miles away, and an aviator can easily detect the light of a match from a distance of ten miles.

But while man has depended on his 'night eyes' ever since he groped his way through primeval forests, the mechanism of night vision has remained a mystery until modern times. Almost 4,000 years ago, the Egyptians noted that persons having difficulty seeing in dim light underwent remarkable improvement when put on a fish liver diet. It was not until this century, however, that scientists uncovered the nutritional element necessary for normal vision in the dark—Vitamin A.

This substance, one of the first vitamins to be discovered, abounds in nature. In addition to being highly concentrated in the livers of animals, considerable amounts are found in yellow vegetables, such as carrots and sweet potatoes, and in many other foods. Nevertheless, in spite of this abundant supply of the vitamin, millions of persons throughout the world suffer from Vitamin A deficiency and impaired night vision.

The lack of this substance may also bring on other disorders, some of a considerably graver nature. These include a disease known as 'dry eye', in which there are changes in the transparent covering of the eyeball. These may lead to permanent injury or even loss of sight, unless remedied in time by doses of Vitamin A.

Insufficient amounts of the vitamin in the diet may also result in impaired growth and damage to the skin and other tissues, and increased susceptibility to infection.

Wartime experience, combined with more recent research, has given us potent weapons against night blindness and other types of deficiency diseases. For example, scientists have developed a dietary supplement known as

## BUDGET BATTLE

# Economic Future Of The Country

Should Be In Experienced Hands

## L. S. S. P. LINE OF ATTACK

The opposition did well in entrusting the opening attack on the Budget to the leader of the N. L. S. S. P. for it is common knowledge that in the matter of dealing with economic affairs Dr. N. M. Perera is said to be an authority. But that does not mean other M. P.s do not know the subject. However the Marxist leader pooh poohed the capacity of the Government Benchers in the art of budgeting and pointedly

ridiculed a *quondam* Finance Minister for his 'faulty economy'

Dr. Perera had no good word for either the budget or its author. Everything was unsatisfactory in his 'left' look and that has been the case with him ever since he became a legislator. Summing up his 'lumdrum' condemnation Dr. Perera said that be what he could see in this budget was that the poor have been made poorer and the rich richer.

## London View Of Geneva

The return to Geneva of M. Mendes-France and Mr. Eden, palpably encouraged by the results of their meeting in Paris with Mr. Dulles, has given immediate impetus to private talks on the Indo-China problem between protagonists on both sides, and the tempo of these conversations appears to be growing faster as July 20th draws nearer.

The Geneva scene is being watched with rapt attention in this country where hope is sustained that an acceptable armistice agreement may be reached, only at the eleventh hour.

The British view continues to be that there are three main essential conditions of an armistice, if it is to be acceptable. For Vietnam, the line to be drawn dividing the areas in which the French and Vietnam forces on one hand and vietminh forces on the other are to be regarded must be a rational *via media*. For Laos and Cambodia, there must be assured independence, free from encroachment, complied with the withdrawal of

Vietminh forces. For the whole of Indo-China, there must be genuine international supervision of armistice terms.

As understood here, the armistice, terms proposed by M. Mendes-France, backed by Mr. Eden and, since Paris, by Mr. Dulles,

## Geneva Glee-ful

The Armistice Agreement has been signed. Mr Mendes-France has fulfilled his pledge. Nehru congratulated the leaders. The three Indo China states have signed the cease fire pact.

are moderate and reasonable. In the last resort it depends on China whether they are accepted or rejected. The choice before China is succinctly put by the TIMES when it says: "China can content herself with a buffer region in Northern Indo-China free from Western influence. Or she can help Vietnam to push southward at the risk of a wider war and of antagonising all independent Asian opinion. There are some signs that she may choose the first alternative."

Viterra Therapeutic, which in a single dose contains about five times the average daily requirement of Vitamin A in addition to 17 other vital nutrients.

Through developments such as this, science is helping man, to keep his precious gift of seeing in the night.

S. I. S.

It might be added that China must be aware that she is facing "constructive Allied Unity." The formula for this constructive unity between France, U. K. and U. S. A. was found in Paris", Mr. Dulles said in Washington on July 16.

# The Vicious Circle Of Exploitation

## Runs All Along The Social Scale

(Acharya Vinobha Bhave in a contribution to the *Harijan* explains how the chain of exploitation has affected Society in its entirety in India)

What is happening today? Big industrialists invade the cities. Cities in their turn exploit the villages. Villagers exploit Harijans and landless labourers, they exact minimum work from them, but pay them minimum wages. Harijans and labourers exploit their women. It is an usual sight in the cities to find men-scavengers confining themselves to the driving the night soil cart while the women are made to clean the latrines and carry the filth to the cart, that is, to do the dirtiest part of this dirty business. What do women do? They avenge themselves on the animals under their charge. They do not give them adequate food and exploit them by making them work to utter exhaustion. Thus there is an unbroken line of exploitation running all along the social scale from the top to the bottom.

It reminds me of the story of a slave. Being unmarried he had no children. The parents were dead long ago. The matter as was his wont, beat him, —certainly when there was any fault in his work, but also when there was no such fault. The slave thought: Whosoever wants can beat me just for the liking. How sad that I cannot beat anybody! It did not occur to him that his victim would feel the same pain as he did. He felt that in any case he could not escape being beaten. The most, therefore, that he could hope for was to find out someone whom he could also beat.

So he kept a dog and whenever the master beat him, he avenged himself — or so he thought — by beating the dog. But the dog was a clever animal. It learnt very soon that when its master received beating, he invariably turned to give vent to his anger on it. Afterwards, therefore, it would always run away whenever it scented any trouble.

This is only a story, but it has a lesson. Even the exploited do not hesitate to subject others to similar exploitation. Such exploitation pervades entire social and economic life in India today. We are out to end such exploitation.

### Ayurvedic Exam. Results

The North Ceylon Board of Indigenous Medicine has declared the following students from the Lanka Ayurvedic Medical College and Siddha Institute to have passed in the Annual Examination held in March 1954.

The order is according to merit.

Final Year or D. A. M.  
N. Shanmugarajah 1st Div  
C. Sivapragasam 2nd Div  
V. Ramiah 3rd Div

Third Year  
Nil.

Second Year  
N Balakrishnan 3rd Div.  
V. Thangakanapathy do  
S Sivasampu do  
V. Kandasamy do

First Year  
V. Subramaniam 2nd Div.  
N. Rudrasingam 3rd Div.

### Order Nisi

IN THE DISTRICT COURT OF JAFFNA  
Testamentary Jurisdiction  
No. 1735

In the matter of the Estate of the late Rasammah wife of Sabapathippillai Velupillai of Vaddukoddai West, Jaffna who died at Singapore

Deceased  
Velupillai Varatharajah of Vaddukoddai West  
Petitioner

Vs.

1. Sabapathippillai Murgesu. 2. and wife Maheswary of do, 3. Velupillai Kanagasabapathy of do, now of Kuala-Lumpur in Malaya, 4. Velupillai Nagarajnam of Vaddukoddai West, Minor 5. Velupillai Narendran of do, Minor 6. Velupillai Kanagalingam of do, 7. Sabapathippillai Velupillai of do  
Respondents

This matter of the petition of the above named petitioner coming on for disposal before Spencer Rajaratnam Esqr District Judge, Jaffna on the 18th day of March 1954 in the presence of Mr. V. Nagarajnam Proctor for Petitioner and the affidavit and petition of the petitioner having been read; it is ordered that the abovenamed 7th respondent be appointed guardian-ad-litem over the 5th and 6th

யான்புலிக்கு வழுது பெய்த மலிகளுக்கு சாக்க மண்ணை கோசு நூரை யாக செய்ய குறைவிடா துபுகளின் வழங்குதல் மறைபுற யாக்க கோசுக்க கற்றலும் வேண்டி மலிக மென்மைமெய்களின் சைவா நீதி வினாக்குற வலக பெருமலாம்.

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### ORDER NISI

IN THE DISTRICT COURT OF CHAVAKACHCHERI  
Testamentary Jurisdiction  
No. 40

In the matter of the Intestate Estate of the late Ratnam mah wife of Aiyathurai Iyer Gnana Sarma Iyer of Madduvil South

Deceased.  
Sinniah Iyer Ponnuthurai Iyer of Madduvil South.  
Petitioner

Vs

1. Aiyathurai Iyer Gnana Sarma Iyer of Kaliarkacu in Nallur Minor 2. Anuradha daughter of Gnana Sarma c/o Sinniah Iyer Ponnuthurai Iyer of Madduvil South, Minor 3. Pathmathevi daughter of Gnana Sarma Iyer c/o Sinniah Iyer Ponnuthurai Iyer of do, 4. Ponnab Iyer Sabaratna Sarma of Vidaitaipai.  
Respondents

This matter coming on for determination before A. W. Nadarajah Esqr District Judge Chavakachcheri on the 27th day of March 1954 in the presence of Mr. S. Sivarajah Proctor on the part of the Petitioner and the affidavit and petition of the petitioner having been read.

It is ordered that the abovenamed 4th Respondent be and he is hereby appointed Guardian ad litem over the minors the 2nd and 3rd Respondents for the purpose of watching their interests in these proceedings and that Letters of Administration be issued to the petitioner as father of the deceased and as a Creditor of the Estate of the said deceased unless the Respondents shall appear before this Court on the 11th day of May 1954 and show cause to the satisfaction of this Court to the contrary.

The 27th day of March 1954  
Sgd. A. W. Nadarajah  
District Judge

Drawn by  
Sgd. S. Sivarajah  
Proctor for Petitioner.  
11-5-54

Time to show cause extended to 27th July 1954.

Insd. A. W. N.  
D. J.  
O. 64. 23 & 30

respondents who are minors and that letters of administration of the estate of the above-named deceased be granted to the petitioner unless the said respondents or anyone else interested shall appear before this Court on the 4th day of May 1954 and show cause to the satisfaction of this Court to the contrary.

This 18th day of March 1954  
Sgd. S. Rajaratnam  
District Judge

Extended to,  
18-7-54  
(O. 63 23 & 30)

### ORDER NISI

IN THE DISTRICT COURT OF RATNAPURA  
Testamentary Jurisdiction  
No 1335

In the matter of the intestate estate of Parvathy Pillai of Bowatta Division, Wikiliya Estate, Balangoda.

Deceased.

Sinnadurai Velupillai of Wikiliya Estate Balangoda.  
Petitioner.

Vs

1 Velupillai Sivaraja, minor of the age of One and Half Years by his Guardian-ad-litem the 2nd Respondent  
2 Sabapathy Arumugam of Vaddukodai, Jaffna  
Respondents

This matter coming on for disposal before A. L. Jayasuriya Esquire, Acting District Judge of Ratnapur, on the 17th day of June, 1954, in the presence of Mr. R. Walloppillai, Proctor on the part of the Petitioner, and the petition and Affidavit of the Petitioner dated the 17th and 9th days of June, respectively, having been read:

It is ordered that the Petitioner abovenamed as the husband of the deceased is entitled to have Letters of Administration to the estate of the deceased issued to him accordingly, unless the Respondents abovenamed or any other person or persons interested shall on or before the 2nd day of August, 1954, show sufficient cause to the satisfaction of this Court to the contrary.

It is further ordered that Sabapathy Arumugam, the abovenamed 2nd Respondent, be appointed Guardian-ad-litem over the minor Velupillai Sivaraja, the 1st Respondent abovenamed, unless the Respondents abovenamed or any other person or persons

### ORDER NISI

IN THE DISTRICT COURT OF JAFFNA

Testamentary Jurisdiction  
No 1777 T

In the matter of the intestate estate of the late Roselin Parimalam Joseph of Manipay

Deceased

Samuel Navaratnam Joseph of Manipay  
Petitioner

Vs

Nallammah widow of E. Joseph of Manipay  
Respondent

This matter coming on for disposal before Spencer Rajaratnam Esquire District Judge, Jaffna on the 21st day of June 1954 in the presence of Mr. S. Rajendran Proctor for the Petitioner and the affidavit of the Petitioner having been read:

It is ordered that the petitioner is entitled to Letters of Administration to the estate of the abovenamed deceased and the same granted to him as brother and an heir unless the abovenamed Respondent or any other persons appear before this Court on the 26th day of July 1954 and state objections to the contrary.

The 21st day of June 1954

Sgd. A. E. R. Corea  
District Judge

Drawn by  
S. Rajendran  
Proctor for Petitioner  
(O 61, 16 & 23)

interested shall on or before the 2nd day of August, 1954, show sufficient cause to the satisfaction of this Court to the contrary.

Sgd. A. L. Jayasuriya  
District Judge.

The 17th day of June, 1954.  
(O. 60 16 & 23)

## THE JAFFNA MUTUAL BENEFIT FUND Ltd.

(Established 1918)

BANKERS.

Authorised Capital Rs. 800,000.00  
Amount of Calls made Rs. 134,367.00

SHARES: 8000 shares of Rs. 100/- each. 75 monthly instalments of Re. 1/- per share will earn Rs. 100/- for each at the end of the period. Shares issued all times.

CURRENT ACCOUNTS opened and interest allowed at 1% per annum on the average monthly balance when it does not fall below Rs. 500/-.

FIXED DEPOSITS received for periods of 3, 6, 9 and 12 months and interest allowed at 1, 2, 4 and 6 % respectively.

DRAFTS issued on the National and Imperial Banks to Colombo and the Principal cities of India. Remittances to and from F. M. S. by special arrangements.

INDIAN MONEY bought and sold

LOANS on the security of Jewels a speciality. Part payments accepted.

FOR FURTHER PARTICULARS APPLY TO:

S. KANAGASABAI,  
Shroff.