

The Hindu Organ.

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The Hindu Organ.



JAFFNA, THURSDAY, NOVEMBER 12, 1931

CO-OPERATION IN CEYLON, 1930

NOTWITHSTANDING THE DEPRESSION through which Ceylon along with other countries had been passing last year, it is remarkable that Co-operative movement has maintained a high level of excellence and has made steady progress. The fall in prices of coconuts, tea, rubber and paddy had no doubt reduced the purchasing power of the people, but the societies as pointed out by Mr. Campbell in his Report for 1930 have refused to be depressed by the depression, have stood up to it well and improved their position in every respect. Repayment of loans is not an easy matter. But in 1930 the percentage of default was the lowest of all the preceding years. The percentage of default for the whole Island is 18.88 per cent but if the percentage, for the Eastern Province which has not shown as yet any enthusiasm for the Co-operative movement should be excluded the percentage comes down to 9.78 per cent. This is a noteworthy achievement and the Department deserves to be complimented for it. Further there has been increase in the number of societies, memberships, paid-up capital and in other matters. The number of societies for 1930 was 600 as against 459 for 1929. The membership for 1930 was 24,068 as against 22,416 for the previous year. Similar progress has been made in other directions also.

The societies are classified as A, B, C and D according to the efficiency of their working. Model societies were classified as A; good under B; poor under C; societies on the verge of liquidation under D. In 1928 no society was classified under A. In 1929 there were nine such societies. In 1930 the number has gone up to 19. There were 150 societies under B in 1928; 114 in 1929, and 235 in 1930.

In analysing the percentage of default for the various provinces, though the Province of Uva heads the list, yet the Registrar reports that the palm must be awarded to the Northern Province with only 3.64 per cent overdue on Rs. 371,904 50 outstanding.

The Jaffna Central Bank has made steady progress during the year. There is not a cent of principal or interest overdue.

The affiliated societies to whom alone the Bank lends are in a very strong financial position. "With so excellent a standard of repayment by individual members" says the Registrar, "the Bank has little to fear on the subject of default by societies."

As regards Supervising Unions there were 15 during this year as against 9 in 1929. It is noted in the report that the increase in the Supervising Unions has been followed by an increase in their efficiency. Of the 15 Unions, Northern Province claims 8, of which no less than three are in the Islands, which is regarded by the Registrar as one of the best Co-operative areas in the Island. The island of Delft has a Union of its own in view of the practical difficulty of communicating with the outer world. The following incident related in the Report may give an idea of the difficulties of travelling by the people of Delft. The delegates from the Co-operative Societies at Delft started one day for a meeting at Nainativu, and after a good day's exercise were blown home again that night, stayed up till 2 a.m. waiting for favourable wind, re-started and got to Nainativu at 11 a.m. next morning for a meeting at 9 a.m.

"Started back to Delft at 8 p.m. that night and by the following morning they were again back at Nainativu in spite of all their efforts to the contrary. It is obvious that brotherly love, even of the most lavish scale cannot make a Union work in the face of such difficulties. But the amount of effort expended is an illuminating proof of the keenness in the islands" for the Co-operative movement.

We regret that Eastern Province is the only one which has not shown any enthusiasm for the Co-operative movement. "The inhabitants," says the Registrar "do not seem to have the capacity or the desire for co-operative organization. They have had relatively more of the time of my staff devoted to them than any other province. But the results have been most disappointing. Organisations laboriously built up crumble almost immediately owing to the inertia of their members for the petty jealousies of adjoining villages or communities." The Eastern Province mainly depends on agriculture for the existence of its inhabitants, and the co-operative society is an excellent institution for the promotion of thrift and for the removal of rural indebtedness. If the people cannot realise its advantages, it is the duty of the leaders in this province to bring home to them the importance of the movement and educate them on proper lines.

Jaffna Hindu College.

CHANGE OF MANAGEMENT.

It is announced in the latest Gazette that Mr. A. Ambalawana, Proctor, Vannarponnai, has been appointed Manager of the Jaffna Hindu College and all the branch schools in place of Mr. W. Duraiswamy.

Vote for Karayur Scheme.

Rs 8000 APPLIED FOR.

That a vote of Rs 8000 is being applied for, for the Karayur Reclamation Scheme was the answer to question asked in the State Council last week.

Mr. S. W. Dasenaike asked:

(a) What the present position is as regards the Karayur Reclamation Scheme; (b) in view of the urgent need for relieving the insanitary conditions in Karayur, when it is likely the matter can come up for consideration by the State Council?

The following reply was given:—

(a) A vote of Rs. 8000 towards completing the filling and lay out is being applied for.

(b) Shortly.

Reduction of Rents in Grand Bazaar.

CHAIRMAN RULES OUT DISCUSSION.

A special meeting of the Jaffna Urban District Council was held on the 4th instant to consider the question of reduction of the present rate of rents in the Grand Bazaar Market.

The Chairman ruled that the matter cannot be discussed by the Council until the expiration of three months from October 10, 1931, on which date the subject was discussed and a resolution already passed by the Council.

U.D.C. Rate for 1932.

12½ PER CENT & NO POLICE TAX

The Urban Council at its last Special Meeting held on the 4th instant considered the imposition of rates for 1932 and letter No 575 of 20th October 1931 from the Commissioner of Local Government re abolition of Police Tax.

On the motion of Mr. B. R. Nalliah, seconded by Mr. K. Somasundaram the Council resolved that a rate of 12½ per cent be imposed for the year 1932, the additional five per cent being in lieu of the Police Tax.

Kala Nilayam, Jaffna.

A LECTURE.

Mr. K. Somasundaram, Tamil Pandit, Navaly, will deliver a lecture on "Studies in Silappathikaram" today at 5.30 p.m. at the Kala Nilayam hall, Vannarponnai West.

Jaffna's Excellent Work.

SUCCESS OF N. P. CO-OPERATIVE SOCIETIES.

CO-OPERATIVE MOTOR BOAT SERVICE

Northern Province gets a good deal of praise from the Registrar of Co-operative Societies in his annual report for 1930 for the excellent Co-operative work that is done there. There have been, therefore, signs of a slight Co-operative intoxication in Jaffna, remarks the Registrar:

Referring to the Northern Province, the Registrar says:—

This Province has maintained and even improved upon its own excellent standard. As before the most striking feature is not the superlative excellence of a few brilliant societies, but, what is even more valuable, the high general level of excellence. That individual excellence is to be found is proved by the fact that the three Societies which got into A class last year have been joined this year by two Wannai Societies to which I have referred in detail under classification of societies, and Pungadubbin East Perambakadu, which is a particularly welcome representative of an excellent body of societies in the Islands. The Islanders have caught the Co-operative spirit in a remarkable degree, and a society for running a Co-operative Motor Boat Service between the Islands, after a great deal of work is nearly ready for registration.

Co-operative Intoxication.

Success always has a tendency to go to the head and there have occasionally been signs of a slight Co-operative intoxication in Jaffna, manifesting itself in attempts to undertake in a spirit of light-hearted optimism the most complicated and difficult operations, trusting improvisation later on of measures necessary to meet any difficulties which may arise. An embarrassing feature of this manifests itself in an idea that the Registrar is a sort of automatic machine, and you have only to press the right button and out comes a set of by laws for a Boat Service, an Insurance Society, a Sa's Society, &c. I do not suppose anyone realizes until he has tried it what an immense amount of work is involved in the preparation of a new set of by laws. It often involves the reading of a number of books and the mastering of at least the elements of an entirely new form of business. At the moment Co-operative Insurance Scheme is to be started, if possible by return of post. A few preliminary inquiries have disclosed a multitude of difficult questions involved, which I do not pretend yet to be able to answer. But I am comforted by the memory of the start of the scheme for the Co-operative Sale of Tobacco in Travancore. The idea then was that if we all put our heads down and work hard enough at it, it would be easy. Since then over a year's work has been done in preparations and inquiries and the original promoters are the first to admit that the scheme bristles with difficulties which we are only gradually overcoming.

With the Travancore Tobacco, Islands Boat Service, Jaffna Shore, and Insurance Schemes all clamouring for attention, another and very promising Scheme has been added by the Director of Agriculture, who suggests that we should set up a Co-operative Organization to handle the financial side of the purchase by Government of the White Barley Tobacco, which is collected, graded and sold in England for the growers. This scheme should ultimately be very successful but it will be necessary first to convince growers that it is better to set up their own Co-operative Organizations, accept part of the price of their tobacco when they hand it over and the balance after sale, and to pay interest on the money they borrow, than to be dependent on direct Government assistance.

Total number of Societies at the end of the year	174
Number of members	5,054
Paid-up capital	Rs. 123,953.77
Reserve fund	Rs. 29,054.60
Deposite	Rs. 266,735.87
Percentage of default	3.64

Inspector of Schools, Batticaloa

Mr. J. T. Vyrarnuttu, Assistant Inspector of Schools, Batticaloa, has been appointed to the Batticaloa District, vice Mr. T. S. Thurai-rajah, and he has assumed duties.

News & Notes.

Rumours are being revived in again Labour circles, says a Free Press message, that Mr. Ramsay MacDonald is likely to retire from Premiership in course of the next year and later succeed to the Indian Viceroyalty under the reformed constitution and on retiring from Premiership will be accepting a peerage.

An appeal to the Supreme Court from the decision of the Election Judge, has been filed by S. Don David Tillekewadene, the petitioner, who unsuccessfully challenged the election of Mr. F. A. Obeyesekere, Deputy Speaker, to represent the Avisawella electorate in the State Council.

Referring to the Round Table Conference in his speech at the Guildhall on the 9th instant, the Prime Minister, Mr. Ramsay MacDonald said, "though the task of making constitutions is difficult, we ourselves have implanted in the hearts of Indians, influence, aspirations and ideals. We must have courage to carry out the results of our education. I believe that the Indians trust us (?) and that is the essential foundation of any Constitution."

Lake Carsena, near the village of Priguans, 30 miles from Vesuvius has suddenly developed the habit of disappearing, says a Renter's message. Several times daily the water sinks, leaving the bed dry, then, with underground ramblings and local earth tremors, the water quickly returns boiling to the original level. The return of the water is always preceded by a dense fog which disperses once the lake is full.

A remarkable operation has been performed in Nottingham General Hospital on a six-year-old boy, who swallowed a ball-bearing, which became embedded in his lung, says the "Times." Pneumonia followed, and owing to the lad's weakness an anaesthetic could not be employed to permit of an operation through tracheotomy. Dr. H. Bell Tawse, throat, nose, and ear specialist came to the conclusion that the only chance of removing the ball bearing without a vital operation was by means of a powerful electric magnet. The Eye Infirmary was asked to lend a huge apparatus which draws particles from eyes. This was taken to the operating theatre and the boy's body passed through the magnet so that when the current was switched on he was in the middle of a powerful magnetic field. A tube with a small electric bulb at the end was then passed down the lad's throat. After great difficulty the small metal ball was located and an iron rod, made specially for the operation was inserted down the tube. In a second the ball clicked on the magnetised bar and then the surgeon successfully withdrew the obstruction from the boy's body on the end of the iron rod. The lad is now romping in bed ignorant of the fact that he has been the subject of a remarkable surgical feat. So far as is known no other case is on record of an electric magnet having been employed in the removal of a metal body from inside a human being.

Unknown Murdered Tamil Man.

INFORMATION DESIRED BY POLICE.

Information is desired by the Kegalla Police as regards the identity of an unknown Tamil man found murdered on 17.10.31 at Yathagoda Battapothala Mukalana near the 42nd mile post on the Colombo Kandy Road. The Police will welcome any information on the subject.

Description.

Dead body of an unknown Tamil man, age about 40 years; 5 feet 6 inches; well built; dark brown; face round; hair cut short beard shaved; head rather small; hair dark and grey; two inches long; ears bare; wearing a white vest cloth, a white silk shawl round the waist; and a rose coloured silk cloth round the neck; shoby mark; I on the rose coloured silk cloth. No deformity.

Gandhiji Cancels Continental Engagements.

WILL DECIDE WHEN TO DEPART

London, Nov. 9th.

Mr. Gandhi, interviewed by Ruter on his return to London from Oxford, at 11 a. m., gave the following written statement, because today is his day of silence:

"In anticipation of the Congress Working Committee's decision, I have already cancelled my Continental engagements.

"My eye has constantly been on events in India, but I feel it would be wrong on my part to leave England while the Round Table Conference work keeps me here.

"I expect that I will be able to decide the date of my departure during the week."

Mr. and Mrs. Sen Gupta, who have arrived here from India, explained to Mr. Gandhi the situation in Bengal, particularly the events at Chittagong and Hijli.

The Dean of Canterbury also interviewed Mr. Gandhi today—"Times"

Gandhiji's Future Programme.

CONTINENTAL TOUR INADVISABLE

The Congress Working Committee, after four hours discussion, issued the following communique to the Press:—

The Working Committee considered the cablegram from Mahatma Gandhi regarding his future programme. The Committee have authorised the President to cable to him to the effect that his further continuance in the Conference appeared unnecessary, but in view of the various facts and circumstances which were better known to him as he is on the spot the Committee have left final decision to him.

Further the Committee drew Gandhiji's attention to the rapidly worsening situation in Bengal, Frontier Provinces, the United Provinces and elsewhere.

The Committee was of opinion that his early return to India was desirable and a long continental tour would be inadvisable.

Mr. Lloyd George for Ceylon.

HOLIDAY CRUISE TO CEYLON.

According to the London Correspondent of the Times of Ceylon Mr. Lloyd George, accompanied by his wife, Dame Margaret Lloyd George, his son, Major G. W. Lloyd George and his daughter Megan will leave England tomorrow in the P and O Commodore on a holiday cruise to Ceylon. It is understood they will return in January.

The P. and O. Commodore is due in Colombo on December 6th.

For Reopening Taverns in Jaffna.

LOCAL OPTION POLLS IN DECEMBER.

Last week's Gazette announces that Local Option Polls will be held in December in Jaffna town for the purpose of ascertaining whether licences should be re-granted in respect of taverns, arrack and toddy, and foreign liquor.

On December 2 a poll will be held for the Urban District Council Divisions Nos 1 to 6, for the grant of foreign liquor retail licences, reopening of Jaffna town arrack tavern No. 1, and Vannarponnai South East (Tharakulam and Arikulam) toddy taverns. The Polling station is Ridgeway Hall.

On December 3 a poll will be held at the Sale Bangalow, Jaffna Kachcheri, for the reopening of the Obudiculi (Koyatottam) toddy tavern and Kararay arrack and toddy taverns. The ward that will poll for these taverns is U. D. O. Division No. 2.

The polling for the Passaiyur toddy tavern will be held on December 7th at the Sale Bangalow, Jaffna Kachcheri.

U. D. O. Division No. 3 and that portion of Division No. 4, East of Ananthayadali road, will poll.

The polling for the Champianpatu toddy tavern will be held on December 1st at the Champianpatu Village Committee Courthouse.

Book Received

'BUDDHIST EDUCATION IN CEYLON AND OTHER ESSAYS'

BY MR. JINAPPIYA GNINIGI. A review of this book will appear in a subsequent issue.

An ancient Sacred Tank at Nallur

MEETING TO CONSIDER ITS RESTORATION.

A meeting of the residents of Nallur and Nayamarkaddu was held on Saturday last, with Gate Mudaliyar A. Naganathar in the chair, to consider the question of restoring the Nayamarkaddu Tank, the sacred tank with a history of over 700 years.

Mr. E. T. Dyson, Government Agent, and the members of the Urban District Council were among those present.

The Chairman said they were assembled there to consider what steps they should take to repair or reconstruct the ancient sacred tank, which was built by their Tamil Kings. About the year 1300 A. D., when Singha Ariya Chakkavarthi VII, whose capital was at Nallur, built temples within a radius of two miles from his fort, such as Kayalathu Nathar Kovil, Sattanathar Kovil, Pillayar Kovil, he had this tank also dug, and built it with a mandapam at the centre of it for the purpose of doing the water-cutting ceremony. The Swamies used to be taken in grand processions to this tank and placed at the mandapam. The ceremony was performed with all pomp and glory. There was also a 'madam' built near the tank as a residence for the followers and devotees of the 63 Nayanmas of Puranic fame. Kaddu, not Kade, meant the residence of a big or small person. There was a place, said the speaker, at Erupali called Mannadu Kaddu, the residence of Mannadu Konda Mudaliyar, who was invited to Jaffna to crown King Parajasekaram, the Ariyachakkavarthi, about the year 1500. This Mannadu Konda Mudaliyar was the son of Sadyappa Mudaliyar, Zamindar of Tiruvannai Nallur, in Ohola country, whose name was often related in Ramayana by poet Kambar.

Temples Plundered.

The speaker also said that during the Portuguese and Dutch rules there was a wholesale plunder of almost all the big temples to furnish materials for the building of forts and churches at different places. It was possible that Nayamarkaddu Tank also came under their hammer and the dressed stones with which the tank was built were removed for the same purpose. But the British, who succeeded the Dutch, had not only given them religious liberty and removed slavery, said the Chairman, but had also done a good deal to preserve the structures, shrines and monuments. It might be that the importance of the tank and its history had not been brought to the notice of the Government, and therefore nothing had been done in this connection. Times were bad to force upon Government to spend money on this tank at the present moment, but with the assistance of the Government Agent, who was always anxious to help the people in every way possible, they might be able to do something to take over the tank and build it themselves with subscriptions raised locally.

The Government Agent said that he was glad to learn the history of the tank. He would consult with the Urban District Council members and recommend to Government to permit the people to restore the tank for their religious use.

A strong Committee was appointed to consider the best way to restore the tank.

Woman Becomes Man.

A peculiar case of a Hindu woman, who was examined in the Patna Hospital and who developed male characteristics after the birth of her fourth child, was brought to the notice of Dr. Hirschfeld.

The facts briefly stated were that, soon after the birth of her fourth child, the woman had oedema of hand and feet and three or four months after she noticed that she was putting on fat rapidly, her voice deepened, hair grew on her forehead, arms, legs, and abdomen. Later she had a beard and moustache.

The genital system on examination disclosed that the uterus was lightly atrophied and clitoris enlarged like rudimentary male genital part. There was a small mass palpable in the right groin.

Interviewed by our special correspondent for his opinion on the subject, Dr. Hirschfeld said that it was a very interesting case because the sex changed after the fourth child.

The reason for such transition was that the sexual glands of the body had different influence on the same basis. The basis of both sexes was the same. Every body was at first bisexual and had bisexual possibilities. They had sexual chemistry in the body and change that happened was not due to anatomy but to chemistry.

Questioned if a bisexual person can both impregnate and conceive, the doctor said that scientifically it was not possible and no proof had been brought to his notice so far, though had been brought in ancient books. A such cases could be read in ancient books. A person could be bisexual in 'form' but not in function.—'Federated India'.

North Ceylon National Association.

FEDERAL CONSTITUTION ACCEPTED.

LOCAL ASSOCIATIONS TO BE FORMED.

A meeting of the Executive Committee of the North Ceylon National Association was held on the 4th instant at "Mahendra", Mr. W. Duraiswamy presiding.

The Report of the Constitution Committee was adopted. The constitution decided upon is a federal one, similar to that of the Indian National Congress. A membership fee of 25 cts was approved. Every village committee area will have a National Association, and all of which will constitute the North-Ceylon National Association.

The Propaganda Committee submitted a comprehensive report on the different items of work for national regeneration. Among the items recommended are colonisation outside the Jaffna district, running of a weekly newspaper, encouragement of cottage industries, etc.

A sub-committee consisting five members has been appointed to organize National Associations in the different villages.

It is understood that the general sessions of the National Association will be held in next April.

"Disgraceful Managers"

A PLEA FOR INTERIM GRANTS

"The Catholic Guardian" writes:—

The Ceylon Catholic Messenger has quite rightly taken to task the Minister of Education for an unfortunate speech of his made at a meeting of the All-Ceylon Union of Teachers. The provocation for that speech was the numerous complaints from teachers about false receipts of salaries. "Taking the teaching profession as a whole," said the Minister "half the work of the Ministry of Education is really connected with complaints from teachers about false receipts sent by them." If this is not a hyperbole 'the false receipt' business has no doubt become pretty bad. But when half the work of the Ministry of Education is taken up with investigating into "false receipts" it must be presumed that the Minister has found out some at least of the peccant managers. Why has he not, asks the Messenger pertinently weeded out those "disgraceful managers" as he calls them. The Education Ordinance empowers him to do so. Without doing this his obvious duty, to denounce indiscriminately the managers as a body is to do an injustice to a number of men who are sacrificing their time and money in the service of the country. There may be just a few managers who through sheer dishonesty defraud their teachers. But many more, we fear, obtain false receipts through their utter inability to pay the present high salaries with their annual increments as the end of the month comes round. True enough, the money paid in salaries comes back in the shape of grants, but they come back only twelve or fifteen months later. The Ministry of Education would save much of its valuable time and relieve many a manager of his embarrassment at the close of the month, if the Department of Education could see its way to pay interim grants to schools with, of course, proper safeguards. The managers should have insisted on it at the time the salaries of teachers were increased, but they failed to take united action, not realising perhaps what they were in for. But the sweeping denunciation of the managers at a meeting of the teachers is not the only cause of complaint against the Minister. The very semblance on his part of setting the teachers against the managers would be a grave blunder. He told the All-Ceylon Union of Teachers that they should unite together to prevent the managers having the "whip-hand" over them. But have the managers taken to slave-driving? "In our educational system" to quote once more the C. C. Messenger "the manager has always been regarded as the intermediary between the teacher and Government. As a matter of fact he is more than a mere intermediary. But for the present we shall let his position stand at that. The school unit consists of the manager, the teachers and the pupils. The Code, supported by the Education Ordinance, is there to safeguard the rights of the respective parties. It is for the Minister of Education to see that the school unit is maintained intact, by the enforcement, where necessary, of the Code and the Ordinance. He should be the last person to come in between the teachers and the manager and break up the unity of the school."

"The established order has been maintained for so many years not only because it is based on sound principles but also because it facilitates the work of the Education Department. Let the Minister of Education break up this order and, we venture to predict, not "half the work" but the bulk of the work of his Ministry will be connected with complaints from teachers."

Sri Shivananda Library, Batticaloa.

ANNUAL GENERAL MEETING

The sixth annual general meeting of the Batticaloa Sri Shivananda Library was celebrated on Sunday last at the Library Hall. The function began with Sarasvathy Pooja officiated by Mr. Sangarapillai Iyer, the Priest of the Mariamman Temple, K. ddaimona.

A concert was held by the Sunday school children and singing of Thevaram competition by the school boys. After the Pooja ceremony was over the annual general meeting began with Mr. K. B. Sandarasagarampillai, one of the Vice-Presidents, in the chair.

Mr. P. Arambamoorthy, the Secretary of the Library read the annual report and the Treasurer Mr. S. S. Arulnathapillai showed the financial position of the Library and also showed a good amount surplus balance.

The election of office-bearers for the ensuing year next took place and resulted as follows.

Patron: Sri Math Swami Vipulasanda. President: Mr. K. Kanagasabai.

Vice-Presidents: Meera, K. S. Sandarasagarampillai, S. Oomarasamy, E. Periasamy pillai and K. Arunasalam.

Hony. Secretary: Mr. P. Arambamoorthy, Asst. Secretary: Mr. A. V. Chiniah.

Hony. Treasurer: Mr. S. S. Arulnathapillai. Asst. Treasurer: Mr. V. Chellappa.

Auditor: Mr. K. Muttulingam and P. Kandiah. A committee of 9 members and 7 to form a quorum with the above office bearers.

The Batticaloa Sudesa Valipa Sabha gave selected songs.

The function ended with a tea party at the Library, Batticaloa.—Cor. 4 11-31.

Karainagar Hindu English School.

FAREWELL FUNCTION TO THE FOUNDER.

A meeting of the Standing Committee of the above function took place on the 5th inst and decided that the function should take place in the last week of December.

Further as Mr. M. Nagalingam, (Hon. Secretary) has resigned his place owing to departure to Malaya on the expiry of his leave, Mr. V. Subramaniam is appointed as Hon. Secretary in addition to his duties as Hon. Treasurer.—(Cor.)

Farewell at Anuradhapura.

The members of the public and the Government Officers of the Department at Anuradhapura entertained Messrs N. Thambiappillai, N. Somasunderam, W. E. Anderson and B. L. Phillips of the Anuradhapura Kachcheri at a farewell dinner on Saturday the 31st October 1931, at the Central Hotel on the eve of their departure from the station on transfer. Covers were laid for 40 Mr. V. Ramaswamy Proctor S. C. presided. Dr. A. Somasunderampillai I. M. O., Mr. H. L. Perera Chief Clerk of the Kachcheri, Mr. D. S. Arambam, Notary Public, Mahandiram M. W. Thambiah and the President spoke on the sterling qualities of the departing guests whose popularity was testified to by the representative gathering present. The arrangements were in the hands of Mr. K. Chellappa the Chena Mohandiram and Mr. S. Sinnathambi the Sheriff Mudaliar both, of whom spared no pains to bring the function to a successful conclusion. The gathering broke up late in the night.—Cor.

Notice of Revocation of Power of Attorney.

It is hereby notified that Mr. S. Sangarapillai of Sittankurry, Jaffna who had hitherto been acting as my Attorney in relation to my property in Ceylon, has ceased to be so and that the Power of Attorney executed by me on 23-5-29 has been revoked.

Batu Pahat, 25 10 31. MARKANDU ARUNASALAM. (Mis 401. 12-23)

NOTICE.

The branch office of the "Continental Provident Insurance Society Ltd., Madura", has now been removed from Kokuvil to Kondavil.

K. Ratnasigam, Branch Secretary. Mis 408. 12 & 16.

WANTED.

A full responsible financial partner with Rs. 1000 for a well known Tea business. Can draw Rs. 40/- per month.

Apply "Tea" C/o Hindu Organ, JAFFNA.

(Mis 400 12 & 10).

What Shall I Drink?

By HARRY BENJAMIN

Member: British Association of Naturopaths.

Almost as important as the question, "What shall I eat?" is the question, "what shall I drink?" when it comes to the establishment of a proper form of diet.

The most popular drink in this country at the present time is undoubtedly tea. The drink of the teacup is heard everywhere throughout the land!

Excessive Tea-Drinking

Yet, everyone surely knows that excessive tea-drinking is harmful. Why, even those of the medical profession tell us that too much tea is bad for the nerves.

Tea contains two drugs or poisons—theine and tannin alkaloids as they are termed. And these have an effect upon the system similar in kind to that of alcohol.

Stimulation

Tea retards and prevents elimination. Let the reader fully grasp this fact and its physiological implication, for it explains why tea drinking in general, and the "early morning cup of tea" in particular, is so popular.

Why? Simply because the waste products in circulation in his blood stream have for the time being been removed. They have been thrown back into the tissues by the stimulating action of the alkaloids—the theine and tannin—in the tea.

Let it be noted, however, that this transitory, for it is only transitory, feeling of refreshment, is produced at the cost of the future health of the individual, and so, too, with the "refreshing" effect produced by the tea drunk at other times during the day.

Coffee and Cocoa

The effects of coffee upon the system are very similar in kind to those of tea, only in this case the action of the heart is affected, and the kidneys are made to suffer more. It must be remembered that both tea and coffee are diuretics, thus entailing additional strain upon the kidneys.

The action of cocoa upon the system is not nearly so stimulating as that of either tea or coffee, and its after-effects are proportionately less harmful; but precisely because of this lack of stimulating power, the consumption of cocoa is negligible compared with that of its more "powerful" and, therefore, more deadly, rivals.

Alcohol

One hears a great deal of talk about the "horrors" of the drink traffic, and of the degrading effects upon the system of alcohol.

Continued up.

R. Papyah.

(late of P. Orr & Sons Ltd.)

MANUFACTURING OPTICIAN (Adjoining Kilner College) Vannarponnai, Jaffna.

Bring your Spectacles if you find anything wrong with it, and consult when your Eye sight fails at the above address.

Prescriptions from Doctors attended to carefully.

Crookes, Cylindrical, Bifocal and other lenses and Frames of different kinds in stock:

Consultation 8 a. m. to 1 p. m. and 3 p. m. to 5 p. m.

Y. 14. 12-11-3-32.

Continued.

and coffee, are all stimulants, only in the case of the former the effect is much greater, and the results much more obvious; that is all!

Enough has been said to show the bad effects of excessive drinking of tea and coffee upon the system but we have not mentioned the white sugar with which they are invariably sweetened, and which only serves to make matters worse.

Children and Tea.

A cup or two of weak China tea, once a day, without sugar, will do no harm to anyone; but the excessive tea drinking indulged in, in this country, especially amongst the poorer and middle classes—must lead to trouble, both nervous and digestive, in the long run.

Some people think that even if tea and coffee-drinking with meals is bad, the drinking of water is quite all right. But the drinking of quantities of water with meals is far from being a good habit, and is much to be deprecated.

The Best Rules to Obey.

The finest drinks are those made from fresh fruit juices, and the juice of one or two oranges first thing in the morning, or the juice of half a lemon in a glass of hot water at night, will be found to have a most beneficial effect upon the kidneys, and the eliminative functions of the body generally.

The following rules with regard to drinking may now be formulated.—

- (1) Never drink with meals. (In this connection it must always be remembered that Milk is not a drink, but a food, and should always be regarded as such.)
(2) Cut down tea drinking to a minimum, and cut out the drinking of strong coffee altogether.
(3) Have tea in the afternoon only—between the mid day and evening meals—without food preferably and always without sugar.
(4) Let your early morning drink be orange juice, and your "night-cap" be lemon water.
(5) Only drink water between meals, and then only in sufficient quantities to quench thirst. Never drink more than you actually feel you need at the moment.

This "Food-Muddled" Universe.

It needs but little emphasis to point out that the prevailing custom of drinking with meals, and of loafing in cups of tea at all hours of the day (not to mention coffee), is helping slowly but surely to complete that physical bankruptcy which is facing this, as well as every other civilized country in the world, as a result of the foolish habits in vogue.

It is hoped that the reader will use the few simple rules here put forward to guide him in his selection of suitable beverages in this "food muddled" universe. If he does, and carries them into practice, he can rest assured that even in a seemingly comparatively small matter such as this, his future health will more than compensate for any long cherished habits which may have to be given up in the process.—Health for All.

Forest Department Advertisements.

The Divisional Forest Officer, Northern Division, Jaffna, will sell by public auction at 9.30 a.m. on Thursday the 12th November, 1931, the following lots of timber lying in the Jaffna Depot:—

- Lot I 100 Palm logs
Lot II 10 Satin logs.

For further particulars please see notification dated 20.10.31 appearing in Government "G. zette" of October 28, 1931.

J. D. SARGENT, Conservator of Forests.

Office of the Conservator of Forests, Colombo, November, 4, 1931. G. 114. 12.

Order Nisi.

IN THE DISTRICT COURT OF JAFFNA. Testametary Jurisdiction No. 7978

In the matter of the estate of Thargappillai wife of Naganathar Kandiah of Chunnakam presently of Singapore

Deceased, T. Kumaraswamy of Chunnakam attorney of Naganathar Kandiah of Chunnakam presently of Singapore.

- Minor 1. Kandiah Navaratnam
2. Sivapatham daughter of Kandiah
3. Nagammah daughter of Kandiah
4. Kandiah Sobbinathan and
5. Ampalavanar Marugeen all of Chunnakam.

This matter of the petition of the abovenamed Petitioner praying that the abovenamed 5th Respondent be appointed Guardian ad litem over the minors the abovenamed 1st, 2nd, 3rd and 4th Respondents and that Letters of Administration to the estate of the abovenamed deceased be granted to the Petitioner, as the Attorney of Naganathar Kandiah husband of the deceased coming on for disposal before D. H. Balfour Esquire, District Judge, Jaffna on the 15th day of October 1931 in the presence of Mr. T. S. Kanagaratnam, Proctor on the part of the Petitioner and on reading the affidavit and Petition of the Petitioner.

It is ordered that the abovenamed 5th Respondent be appointed guardian ad litem over the minors the abovenamed 1st to 4th Respondents and that Letters of Administration to the estate of the abovenamed deceased be granted to the Petitioner as the Attorney of Naganathar Kandiah husband of the deceased, unless the abovenamed Respondents appear before this Court on the 25th day of November 1931 and show sufficient cause to the satisfaction of this Court to the contrary.

October, 1931. District Judge. O. 297. 12 & 16.

ORDER NISI.

IN THE DISTRICT COURT OF JAFFNA. Testametary Jurisdiction No. 7986

In the Matter of the estate of the late Sankarappillai Muresu Arulampalam of Mallekum.

Deceased, Arulampalam Muttukumaraswamy of Mallekum

- 1. Arulampalam Narendram and
2. Arulampalam Sivasuppramasiam of do

This matter of the petition of the abovenamed petitioner praying for Letters of Administration to the estate of the abovenamed deceased coming on for disposal before D. H. Balfour, Esquire, District Judge of Jaffna on the 22nd day of October 1931 in the presence of Messrs. Kumaraswamy & Kanagaratnam, Proctors, on the part of the Petitioner and on reading the affidavit and petition of the Petitioner.

It is ordered that Letters of Administration to the estate of the abovenamed deceased be granted to the Petitioner as the heirs of the said deceased, unless the abovenamed Respondents appear before this Court on the 30th day of November 1931 and show sufficient cause to the satisfaction of this Court to the contrary.

This, day of October 1931. District Judge, O. 298. 12 & 16.

Order Nisi.

IN THE DISTRICT COURT OF JAFFNA. Testametary Jurisdiction No. 7949

In the matter of the estate of the late Ponniah Muttutambay of Changanal who died at Government Hospital, Palgatal in South India

Deceased, Theyyavappillai widow of Ponniah Muttutambay of Urampray, Jaffna.

- 1. Muttutambay Nagalingam of Urampray and
2. Ponniah Thambusamy of Changanal

This matter of the petition of the abovenamed Petitioner praying for appointment of the abovenamed 2nd Respondent as guardian ad litem over the minor the 1st Respondent and for grant of Letters of Administration to the estate of the abovenamed deceased coming on for disposal before D. H. Balfour, Esquire, District Judge on the 25th day of August 1931 in the presence of Mr. R. Sivagurusanthar, Proctor for Petitioner and the affidavit of the Petitioner having been read:

It is ordered that the said 2nd Respondent be appointed such guardian ad litem and Letters of Administration be issued to the Petitioner in respect of the estate of the abovenamed deceased, unless sufficient cause be shown to the contrary on the 11th day of November 1931. District Judge. October 13, 1931. O. 900. 5 & 12.

Order Nisi.

IN THE DISTRICT COURT OF JAFFNA. Testametary Jurisdiction No. 7956

In the Matter of the estate of the late Swaminathar Aiyampillai of Miravuil

Deceased, Theyyavachchy widow of Aiyampillai of Miravuil

- 1. Aiyampillai Vinashambay of do
2. Kanther Velauthar of do

This matter of Petition of Petitioner praying that Letters of Administration to the estate of the abovenamed deceased be granted to the Petitioner coming on for disposal before D. H. Balfour Esquire, District Judge, on the 8th day of September 1931 in the presence of Mr. V. B. Karunge, Proctor, for Petitioner and on reading the affidavit and Petition of the Petitioner.

It is ordered that Letters of Administration be granted to the Petitioner as widow of the deceased, unless the abovenamed Respondents appear before this Court on the 16th day of October 1931 and show sufficient cause to the satisfaction of this Court to the contrary.

September 26, 1931. District Judge. Order Nisi extended for 18th November 1931. Insd. D. H. Balfour, District Judge. O. 299. 5 & 12.

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- containing Little's Oriental Balm, the Best Remedy for Aches and Pains; Henry's Jvara-Hari, the renowned cure for Ague, Malaria and fevers; Henry's Ommu-Care, the safe cure for Colic, Indigestion, Cholera, etc, Henry's Kila-Kold, the instant cure for Colds, L O B Cough Tablets, the simple cure for Coughs, and Bronchial Troubles, L O B Laxative Tablets, the safe Laxative and Aperient; L O B Skin Dressing for Cuts, Wounds and Bruises and L O B Antiseptic, a wonderful disinfectant.

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(Y. S. 1-81 12 32.) (B)

NOTICE.

In order to avoid inconvenience and delay, our friends, who are good enough to send us advertisements, are kindly requested to see that the same are sent to us at least a day earlier than the date of publication.

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