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FROM DARKNESS TO LIGHT

The Manifestation Of Divine Being

(SWAMI SATPRAKASHANADA in the Vedanta Kesari)

"From the unreal lead me to the Real. From darkness lead me to Light from death lead me to immortal Bliss."

There is no gainsaying the fact that with all our worldly achievements we are in a state of unrest, bondage, and delusion. We live in the midst of uncertainties. Our freedom is limited like that of a bird in chains fluttering its wings; our knowledge is a glimmer in darkness; our joy is marred by sorrow. The world is, in fact, a mass of incessant changes. Nothing here is constant. Animate or inanimate large or small gross or subtle everything is moving varying some way or other. Absolute rest or immutability is nowhere in nature. It is a biological truth that our physical body, of the existence of which we feel quite sure is in a state of flux like a whirlpool,—fresh elements of matter are ceaselessly entering into it as the effere are getting out. The Hindu philologist Yaska mentions six conditions to which every living things is subject: origination, existence, growth, change, decay and death. The mind, too, is changeable. Indeed, pairs of opposites, such as birth and death, growth, and decline, strength and weakness, creation and destruction, success and failure, smiles and tears, love and hatred, light and darkness, harmony and discord, good and evil, make the panorama of life. Nothing

remains stationary. The world seems to be a passing show. We feel at times we are dealing with shadows, treading on shifting sand, as it were, where there is little possibility of rest and security in the true sense.

Nevertheless, we try to be reconciled to the situation. But our soul cries: "Is there no Reality beyond darkness and death, beyond shadows and sorrow, where life has no end, where light never fails, where joy is pure and measureless? If there be such an existence, how can we attain it? Time and again in spite of his preoccupations, man turns to the invisible Deity with supplication to lift him from the mortal plane to the abode of eternal life, light and joy. There is in the depth of his being an innate longing for such a Goal. Knowingly or unknowingly, directly or indirectly, rightly or wrongly, he is seeking That. His inclinations and desires derive originally from this fundamental urge.

Two Views

Generally speaking, philosophers have maintained two different views of the world of change. According to some, it is real; according to others, it is apparent. The former hold that we know things as they are in themselves; the latter, that we know things not as they are in themselves, but as the senses perceive and the mind conceives them. Even physical science now admits that it deals with appearances of things and not with their reality.

"The frank realization that physical science is concerned with a world of shadows is one of the most significant of recent advances," says Eddington.

Whether the world process is conceived as real or apparent, in either case can its eternal basis be denied. Both the physical and the mental universe are changing. We perceive change only in relation to something less changing or relatively unchanging. The series of relatively unchanging will lead ultimately to the absolute unchanging. The ever-changing universe of mind and matter must have an unchanging background.

The Unchanging Witness

The unchanging Self of every individual is the knower of his outer and inner world of change. The external objects change, the body changes and so does the mind; but not the witnessing self. Changes can be known only by an unchanging witness. In the same way the changefulness of the entire physical and mental universe point to the

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Healing Power Of Garlic

Soviet Claim

In a Soviet University town in Siberia, the Institute of Epidemiology and Micro Biology have been using the phytoncides produced by garlic to kill off the intestinal typhoid bacillus; Professor Tobin believes penicillin's action on bacteria to be due to the action of these substances, writes Roland Thornton in Prediction.

This research, which still progresses, is of great interest in that it demonstrates the inter-dependence of the plant and animal kingdoms in an entirely new field. In addition the stress laid on the vegetarian way of life and its advantages, by the ancient Greeks, has further support.

PERSONAL

Dr. T. R. Nitchingham who underwent an operation at the Green Hospital Manipal has returned to Kankesanthurai and is attending his normal work.

THE FOREIGN POLITICAL FORUM

MOSCOW MASKING SOVIET POLICY

The New 'Peace' Campaign

Observing that "a new eruption of Moscow's peace offensive" is developing, the London Daily Telegraph points out that "peace congress, marches, petitions—a peace train touring China with a white dove on the engine—are among its outward visible manifestations. As an instrument for the prosecution of the cold war it is, perhaps, not to be underrated. The purpose of the campaign is to confuse—and to mask the fact that its own authors are the lone threateners of the world peace.

"Sir Vincent Tewson, Secretary of the T. U. C., used moderate language when he denounced this campaign as 'the most cynical and fraudulent ever devised by the Communist Party.'"

The newspaper then remarks "Into a different category fall the recent peace efforts of M. Trygve Lie, Secretary-General of the United Nations. M. Lie has no axe to grind and his aspirations to strengthen the United Nations and stop the cold war are stated universally in all free countries."

The Daily Telegraph approves of M. Lie's sincerity, but doubts the efficacy of his proposals. It

Vegetable Milk Cure For Asthma

The Indian Council of Agricultural Research is exploring the possibilities of introducing vegetable milk in the country.

The milk will be obtained from certain milk yielding trees to be grown in India under a three-year experimental scheme sanctioned by the Government. Bombay city has been selected as the most suitable area for planting these trees.

A few trees which yield milk analogous to cow's milk are known to exist in hot and temperate regions of Venezuela in South America. An incision made into the bark of the tree yields a profuse flow of milk which is thick in consistency, rich in cream content and possesses an agreeable flavour.

The nutritive value of vegetable milk is stated to be high. In addition to its food value, this milk has been used for treatment of asthma.

PEACE CANNOT BE PRODUCED OUT OF THIN AIR

Will it Go By Default?

The prospect of peace is yet gloomy. Those who had cherished fervent hopes of an enduring peace after the first world war have thrown up their hands in despair after the second world war. The terrifying manifestations of power and militaristic tendencies among the nations, and the rapidly deteriorating international situation have shaken their faith in the infallible effectiveness of modern civilization as a bulwark of peace. There is every likelihood that the sharpening dissensions and divisions among the major powers unless smoothed over before long, may lead to another cataclysmic war, drawing into its vortex many of smaller powers also, thus finally bringing mankind to the threshold of a new dark age. It is not enough to proclaim enthusiastically our peace aims from the house-tops and then pass the buck when it comes to actualization. The atmosphere has to be decontaminated of mistrust, improbity, and war hysteria. The staggering deterioration in the general moral tone of man is not as many believe, largely an unexpected and ineluctable legacy of war. Rather the later, with its practical corollaries, is but a typical symptom of the former. We accuse one another of aggressive intentions and insincere approaches, and standing on prestige, are reluctant to meet even half way. But, all the same, we manker after peace, we pray for peace, and are anxious to do everything to maintain peace. The leading nations which hold the balance of power have to take the lead and break the ice. Every nation has to make sacrifices in order to arrive at an amicable settlement and tide the crisis. We cannot leave it to the prestidigitator to produce peace out of thin air.

State of Spiritual Penury

Modern man finds himself today in an unprecedented condition of spiritual penury and moral bankruptcy. His wants have increased a hundredfold and his greed is increasing ever more. Of course these signs of sterility and decadence are nothing new to history, it is full of precedents. In the past wars have been fought empires have collapsed, and human societies have disintegrated. We read of bloodshed and fratricidal fights even in prehistoric times. But there is a fundamental difference. In ancient times, wars were fought only when they became inevitable, and even in the course of these wars some general moral principles were honoured and strictly adhered to. In ancient India statecraft and administrative policy were generally based on the highest moral principles and spiritual ideals, and the practice of fraud or knavery even against an enemy was not permissible. The battle of Kurukshetra was a

Dharma Yuddha, and gave to the world the immortal messages of the Bhagavad Gita. The terrifying shock of bloodshed and cruel deeds transformed a Chandasoka into Dharmasoka. In modern times there is a complete reversal of values. There is no reverence for life and human dignity, no deep concern for the well-being of others. Irrational hates are taking the place of co-operation and neighbourly love. Social incompetence and lack of spiritual independence have broken down the brotherhood of nations, isolating them into groups that show an ever increasing hostility to one another. The noble ideals of nationalism and patriotism have narrowed down to group, party, or State loyalty with the characteristic slogan "Those who are not with us are against us". How can there be lasting peace when nations and States live in constant dread of one another and are fully prepared for ultima ratio regum?

Letting Slip The Dogs of War

Man's quest for peace is likely to end in a fiasco unless he turns his mind inward, to spiritual values, and finds peace within. The tragedy of modern man is that he is at war with himself. He is a complex personality, torn between conflicting passions and prejudices. He keeps the peace so long as he cannot help making war. Fooled by pseudoethics, he stumbles about in guilt like a drunken man. His hunger for domination and prestige feeds voraciously on his tendency towards aggression and the quest for power. Being incapable of co-ordinating his thought, word and deed, he is oppressed by the incubus of a split personality. Having lost mental poise and courage of conviction, he is easily tempted to lessen or justify his guilt of inhumanity. "The man whose mind is not under his control has no Self-knowledge and

(Continued on page 4)

Students Visit Tiruketheeswaram

A party of twenty students and five teachers of Urumpirai Hindu College returned after a tour to Tiruketheeswaram and Manar. They also visited the area where excavations are carried out by the Archaeological Survey Department. On their return journey they dropped at Manar Dutch Fort and Giant's Tank. The tour was organised by Mr. T. Kanagalingam of the Staff of Urumpirai Hindu College.

Crusade For Civility

France is now conducting a 'Crusade of Friendliness.'

The idea was originally suggested by Professor Marcel Ranville, director of a charm school. He found that Frenchmen had lost their polite manners and usually rushed to occupy seats in trains and buses disregarding women and children.

When the idea of the crusade was put to the Government, they immediately took it up and a campaign was started in right earnest. Essays were set in schools on politeness. State servants were asked to show patience and forbearance. Big store departments offered prizes for well behaved employees and customers.

There is also a national prize to be awarded. A committee will select two persons who have shown the utmost friendliness. They will be given a holiday at Nice and London at State expense.



Hindu Organ

FRIDAY, JUNE 16, 1950

Treasure These Thoughts

God has work for you to do for which you are particularly fitted, and as you go steadily forward in faith it will be revealed to you step by step what that work is.

—G. H. GEDGE

SANATANA DHARMA

HINDUISM IS THE OLDEST religion in the world, and has been known as the Sanatana Dharma, which means the eternal religion. The origin of other religions like Buddhism, Christianity and Mohamedanism can be traced to Lord Buddha, Jesus Christ and the Prophet Mohamed respectively but not the origin of Hinduism which like God has neither beginning nor end. Buddhism was born in India where after being popular for some time it died a natural death. The great Samaya Kuravars, Thirugana Sambandar and Manickavasagar were in great measure responsible for the extinction of Buddhism in South India. Now Dr. Ambedkar recommends it to the depressed classes as the religion to be embraced by them. Notwithstanding the efforts of Christian Missionaries who gave great facilities of education and amelioration of social status to the depressed classes, conversions were not many; nor did Islam which stood for fraternity for all who espoused it attract them (the depressed classes). After calling upon the depressed classes in India to become followers of Mohamed some years ago, the Law Minister of India now wants members of the depressed classes to become Buddhists. We need not worry about the results of Dr. Ambedkar's appeal; the response will be negligible.

While Buddhism died a natural death in the country of its birth it flourished in other countries. Hindus and Buddhists have lived as friends side by side with each other for several centuries in Ceylon. The moral code of both Hinduism and Buddhism is the same. The influence of Lord Buddha on Hinduism has been utterly and unmixedly an influence for good. The fundamental difference between the two religions lies in that while Hinduism believes in God, Buddhism neither affirms nor denies the existence of God. Some Buddhists deny God's existence while there are others who neither deny nor affirm the existence of God. Hindus, however, definitely believe that nothing could happen without God—"அனைத்து அனுகூலம் அருகாமாது", "அன்றி ஒன்ற இல்லை." It is improper for the learned Law Minister of India to have sown or attempted to sow

discord between Hindus and Buddhists in this Island. The caste system was probably introduced ages ago to serve a useful purpose. With the passage of years it has been found that the system is pernicious and ought to be wiped out of existence. It has little to do with religion. Caste differences exist among Buddhists as well as Hindus. In India Mahatma Gandhi and before him Swami Vivekananda realised the evils of the pernicious system and both succeeded in persuading those of the higher castes among Hindus to accept that all human beings are equal without reference to caste. Almost all the Hindu Temples in India now admit members of the depressed classes for purposes of worship. The Indian constitution has defined fundamental human rights and India which is a secular state makes no distinction whatsoever on the ground of caste, colour or creed. The Law Minister who played no insignificant part in the drafting of India's Constitution was probably unaware of the existence of the caste system among Buddhists in this Island. Had he known of its existence he might have perhaps not advised those of the depressed classes to espouse Buddhism.

Death Of Mr. D. R. Wijewardene Loss To Ceylon Journalism

We regret to record the death of the veteran Founder-Managing Director of the Associated Newspapers of Ceylon, Mr. D. R. Wijewardene on Tuesday. Shunning publicity, the late Mr. Wijewardene however could not escape the notice of the public. His greatness is more in the field of politics than in the newspaper world for quite unostentatiously Mr. Wijewardene had built up the progress of the Reform movement which had been founded by him while being a law student. His youthful enthusiasm discovered in the late Sir P. Arunachalam and the late Sir James Peiris men destined to lay the foundation of the freedom movement in Ceylon. He, however, had a distinct advantage in this that he had a press of his own and newspapers in both languages to educate the people politically and to make a just and reasonable cause for the fight for the independence of Ceylon. It may be said of the late Mr. Wijewardene that he had almost fulfilled his mission in life by having placed Ceylon journalism on a par with the best in the world and having helped in the successful completion of the struggle for independence. The 'Hindu Organ' extends the deepest sympathy to his bereaved family and to the Associated Newspapers of Ceylon.



Getting the Best out of Everything

A nonagenarian kinsman who had lived a simple, frugal life would even in his closing days gather dried tobacco leaves that had been discarded as disreputable company for sturdy, sound, strong-smelling samples, and patch them up patiently from odd bits all which he had gathered. Slowly but steadily he would make of these presentable units that would surprise the connoisseur of tobacco in the most tobacco-experienced Jaffna village. He would thus salvage to advantage large quantities of tobacco that matter-of-fact sons and relations would have consigned to the rubbish heap. He would do the same with the winning fans, the ola baskets, the mats—he could not brook to see them go to waste as outworn. Your economist would tell you that the old idiot did not know how much time he saved up in this patchwork which devoted to more profitable work might have brought in many times the return. Yes, that is our theoretical economy!

We Must Learn From The West

Now, the above is an actual instance of old world life in Jaffna. How different have we become? Men and women want a hundred and one gadgets for life, from coffee in bed to nighties and nightcaps for bed, and mostly foreign and costly. Some time ago a European lady, who had spent a good length of time in the East and learnt about our ways of life, wrote that we here did not care or know to make our clothing serve us as long as it might be expected to, because we used it negligently. The European woman would pay such attention to the laundering and storing and darning of their linen as would ensure long wear. The same applied to food, the kind lady said. We throw away too much, under ignorance and a false sense of pride. And in house-keeping there were so many things which the European women could teach us, but we prefer to pick up the nail-polish

The Art of Living

Those who read a recent paragraph by the woman-correspondent who writes the weekly women's page in the Ceylon Daily News will have noticed how she quotes something of interest in this connection. An old European lady resident of Ceylon having returned to her home in England tells how she finds life "at home". "Imagine it, gentle reader", she writes, "not only am I ayah and cook, second servant and part-time dhoty, but as my son puts it, 'Mummy even cleans the bath'. English housewives do all their marketing and pram-pushing and think nothing of coping with a good deal of gardening and often a little house decorating as well." And so on, over many things. "Despite all these trials (having no servants) we do not take life sadly, it has many compensations. I no longer see expensive food cooked in a way that I dislike; I loathe ironing but our clothes do last longer now they are not beaten on the rocks. Leisure in the East is taken for granted; here it is planned for and cherished. From early morning until

lunch time I never have a moment to spare.....

Here in Ceylon how sadly we take our life. Servants are a problem, we can't do a thing ourselves, I mean the women folks, except "shopping", and gossiping. How worried are our women about their dress, expensive material poorly kept. The art of living is an art which once was our pride and joy but now is a bundle of gadgets and screeching from the radio-set. Look out of the window to see the vast wealth that nature still offers but at which we scoff and spit!

Hornets out of the Nest

Here's some more about the art of living and the standard of living, from the opposite direction. A Jaffnese inured to the go-easy ways of Malaya has this to say of his stay at-homes. It all arose out of Dr. A. Kandiah, Chemistry Professor of the University of Ceylon, on a visit to Malaya, telling our countrymen there that teachers over there were paid too much considering they were good enough for primary schools and their standard was poor. The hornets got out of the nest in the Negri Sembilan Teachers' Union at Seremban. One of them stung the Jaffnese teachers too at home. "A trained teacher in Ceylon does not need any more than he gets at present. He lives the life of an ascetic and moves like a simple peasant. His fare is frugal, he wears cheap national costume, goes bare-footed generally and abstains, by sheer necessity, from all forms of entertainment. He spends little on recreation and amusements, much less on books.....Betelnuts and cheap stinking cigars are his only luxuries", he wound up. Another, a teacher also, justified that living as they did in the midst of various nationalities Malayan Ceylonese are compelled to keep up a decent standard of living. Much can be said for both sides. But let us, improve our cigars, for one thing!

Indian Socialist Party Propaganda "Country is Like A Corpse"

A gloomy picture of the country was presented by Shri Jai Prakash Narain, Socialist leader, addressing a labour rally in Nagpur. "The country is like a dead corpse to-day. It seems that the people are completely engulfed in gloom and despair, and present a completely lifeless picture on account of misery and poverty", he said. The coming election, the Socialist leader said, were a challenge to the dynamic masses. With the introduction of adult franchise the country for the first time got the right to control this political destiny and to exercise its right to change the present Government which, in his opinion, had no clear-cut policy of its own and had come under the influence of the capitalists. The Socialist Party stood for the democratic front of the exploited and oppressed people constituting the overwhelming majority of the nation.



(By Squint Eye)

Addressing the Maradana branch of the United National Party, Prime Minister D. S. Senanayake, President of the U. N. P., is reported as having warned the members "always to be on their guard to defend their national freedom because there were other countries which had designs on this country".

D. S. hardly ever indulges in the kind of shock tactics made so notorious by Muslim Leaguers and Pakistanis. It is strange he should be now seeing "enemies" of the Island who have designs on it. What are the signs?

Major General Oung, vice-president of the London Vihara Society, addressing a business meeting of the World Fellowship of Buddhists in the recent Colombo sessions, commented on the fact that Ceylon, a Buddhist country, ran an Excise Dept. to sponsor sales of arrack.

Christian countries sponsor manufacture of A. and H. Bombs. But in Ceylon the Buddhist government wants to make arrack better, improve it!

South Africa's Apartheid is the policy of separation of the population into European, Africans, coloured persons and Indians, on the basis of colour.

Sort of technicolor in politics!

Dr. Klans Fuchs, German-born British Scientist now serving imprisonment for disclosing Atom secrets, was to be submitted to a lie-detector test for ascertaining his reliability for his information on Russian espionage.

A truth-detector will be the instrument needed in the case of a good many people's reliability

Egyptian students of the Commerce Faculty of a University there attacked examiners because the papers were found difficult.

Instead of setting upon examiners why should not the examiners set their own papers?

Mr. Godwin Lewanika, President of the Northern Rhodesian African Congress, on a visit to India said that Pandit Nehru was the one man who was bringing India nearer to Africa, and they admired him.

Malan was the one man who was trying to take Africa farther from India: So between them two the two countries keep a proper distance one to the other.

A Pakistan scientist, Dr. N. Dubash, has announced his discovery of invisible rays from ordinary kerosene oil which he claims can provide relief to rheumatic patients. He has named them "United Nations Invisible Rays".

The U. N. works in invisible ways, and its results are invisible, so the name is appropriate.

Dr. Dubash's previous discovery of rays from weak acids was

named "Pakistan Invisible Rays."

Science is proceeding into invisible paths, ain't it?

In his tour of Indonesia Pandit Nehru visited Papandajan volcano and stood in its crater.

Having described ministerialship as a bed of thorns he demonstrated that prime-ministerialship was a seat on a volcano.

The Duke of Windsor and the Duckess are reported to be practising Yoga, and it is said the Duke can stand on his head for several minutes.

It was while trying to stand on his head when he became King Edward VIII that he saw the futility of it in royal circles.

Australia Looks To Asia?

Australia's new Foreign Minister and successor to Dr. Herbert V. Evatt, Percy C. Spender, has proposed a new approach to the Asiatic problem. It would be based largely on improvements of living standards, which would of course require generous help from the United States. Many have been encouraged by U. S. Secretary of State Dean Acheson's apparent support for such a programme.

One school, represented by the new Australian representative in London, wants this country to send troops to fight the guerrillas in Malaya. Fighting Communists there, in the view of this group, is an important part of the security of Australia proper.

This step is opposed by Professor McMahon Ball, who was Australian representative in Japan until recalled following a reported clash with General Douglas MacArthur. On behalf of the second school of thought, Professor Ball contends that such a move would underline the old "white Australia" policy and alienate sympathy for Australia among its coloured neighbours.

"If Australia sent troops to Malaya," says Professor Ball, "the position there would immediately come to be regarded not as a domestic British issue, in which established authorities were trying to restore law and order, but as an international political issue. Putting it bluntly, Britain could, if the need arose, withdraw from Malaya, but Australia could never withdraw from East Asia."

Australia has not yet established relations with Red China, but she recently appointed a top-ranking diplomat to the post of first Ambassador to Indonesia. While Australia stood for Indonesia against Holland there are complications even here. The demands of the up-and-coming new republic for Dutch New Guinea may bring trouble to Australia, which holds the other half of the big island and considers it a major military outpost.

FROM DARKNESS TO LIGHT

(Continued from page 1)

existence of an immutable, all-knowing Being.

The truth that pure being or existence is the essence and the one-Self of all was realized and declared by the Vedic Seers many centuries ago. In the *Chhandogya Upanishad* we find the sage Aruni teaches this to his son, Svetaketu:

"Of all these created things and beings, O my dear, pure existence is the origin pure existence is the support, pure existence is the end.....In that subtle essence all this has its being. That is Reality. That is the Self. That Thou Art, O Svetaketu."

Since pure existence is our inmost being, we can know it directly as our very Self. So by determining the character of the Self, we can determine the character of pure existence. Our true Self is not only self-existent, but also self-aware, because every other existence presupposes the existence of the Self as a conscious reality. Consciousness is not its attribute, function, or state. The Self is pure consciousness, aware of itself. Therefore, pure existence is identical with pure consciousness.

The Source of all Joy

Then again, the Self is the dearest of all. Anything that is dear is dear for the sake of the Self. It is the one source of all joy. It is all bliss. Therefore, pure existence is Bliss Itself. So we find that pure existence, pure consciousness, and pure bliss are identical. The ultimate reality is Existence-Consciousness-Bliss.

"When the spiritual aspirant attains secure position in This, which is immutable, formless, supportless, then he becomes free from fear."

He attains Self-fulfilment.

The ever-free, ever-pure, self-shining, blissful Being is the very Self of each and every individual. Yet, such is the mystery of life that man does not realize himself himself as such. On the contrary, he knows himself to be a physical or psycho-physical being subject to birth and death, youth and age, hunger and thirst, heat and cold, pain and pleasure. This individualized self, identified with the body and the mind is but a reflection of the real Self. Prevailing through ignorance, the apparent self works and rests, grows and decays, suffers and enjoys while the real Self ever shines in intrinsic glory. Though essentially the same as the Real, yet he thinks himself to be altogether different from the Real and far away from That. So he worships the Supreme Being as the Divinity dwelling in heaven far above and prays to Him for freedom, immortality, light, and joy. As he advances in spiritual life, he knows God to be the Soul of his soul shining in the depth of his heart. Thus he discovers the Kingdom of heaven within himself. Then he meditates on God as his Self or the Self as God and eventually realizes their identity and becomes eternally free.

Perception of Truth

"When the seeker realizes the truth of Brahman (the Supreme Reality) through the perception of the truth of Atman (the Self) in this body as a self-luminous entity, then knowing the effulgent Self as unborn, eternal, free from all modifications of nature, he

What's On When And Where

Kashmir—Border Clash

In a border incident which is reported to have been provoked by a band of Armed Pakistani Civilians shooting down one officer and five soldiers of the Kashmir State, exchange of fire between the two forces lasted for four hours resulting in four more being killed on the Kashmir side and 15 being killed on the Pakistan side.

Paris—Tagore's Birthday

The 89th birthday of Tagore was celebrated in Paris by the Indian students in France.

West Germany—To Enter Europe Council

On Tuesday the West German Parliament voted for the entry into the Council of Europe. This is interpreted as being the first step taken by West Germany to join the Council as an associate member.

Washington—Atomic Food Possibility

"In every phase of farm work, atomic research is expected to bring important developments". This is the belief among United States Scientists who foresee a day in the future of the atomic age when present day farming may be as absolute as the house and the buggy and butlers will announce "Atomic dinner is served".

becomes purified from all sins, all imperfections."

The same blissful Being is within and without us. He is both transcendental and immanent. He is God impersonal as well as personal, He is with form and without form. He has many aspects.

"On realizing the Blissful One who enfolds the universe and is hidden in all beings in an extremely subtle form finer than cream, one becomes free from all fetters. This Divine Being, the Maker of the universe, the all-pervasive Self, ever dwells in the heart of all beings. He becomes revealed through discrimination, reflection, and meditation. Those who realise this become immortal."

As the luminous sun, the origin and centre of the planetary system, lights up space, holds the planets with the satellites in their respective paths and supplies them with life and energy, even so the Supreme Being, immanent in the universe of mind and matter as its effulgent Self, projects and sustains, enlightens and enlivens it. Think that the same Divine Being is shining within you as the center of Consciousness—as the witnessing Self. Imagine within your heart a radiant space in which the Divine Being is manifest as a luminous orb energizing and enlightening your mind, the senses, and the body, co-ordinating all their functions and holding them intact. Meditate on the luminous orb as your very Self, as the Soul of your soul, as the life of your life, as the one source of all strength, goodness, knowledge, and joy. Know that you are not the aggregate of the body, the senses, and the mind, but the self-existent, self-shining, blissful Being, pure, free, and immortal. This is the way from the unreal to the Real, from darkness to Light, from death to eternal Bliss.

Peace! Peace! Peace!

Do You Know?

An Explanation For The Present Drought

Explaining how rains are caused Dr. J. Gordon Cook writes in *Everybody's*:

The earth's atmosphere is not just one gas—it is a number of gases all mixed up together. Oxygen is one that undergoes chemical reactions in our lungs and keeps us alive; nitrogen merely dilutes the oxygen so that we don't burn up too quickly. There are small proportions of rare gases like argon and neon. And finally—most important to the meteorologist—there is water vapour, which is what its name implies—water in gaseous form.

These gases are in the same proportions no matter what part of the world we are in—except for the water vapour. And one of the vital facts we have to know when we are dealing with the weather is the amount of water vapour that there is in the air. For, this will determine whether the air wants to absorb more water vapour, or whether it wants to get rid of some as rain.

The air is like a sponge. It can absorb water as water-vapour up to a certain point, after which it will not take up any more. But the thing to remember is this: the amount of water vapour that the air can carry depends upon its temperature. The hotter the air, the more water vapour it can hold and it is this that decides what is going to happen to the water vapour in the air above you.

Suppose, for example, the air is warm and has been blowing across water. It has had a chance of picking up all the water vapour it can use, and is saturated with it. The sponge is full. Suppose now, the air is cooled; as it cools, its capacity for holding water vapour becomes smaller. There is only one thing that can happen—it has to get rid of some of its moisture, which appears as a cloud made up of tiny droplets of liquid water. These may then grow and fall as rain. In other words, cooling the air is like squeezing a sponge—water dribbles out.

Ancient Sivan Temple At Polonnaruwa

The Sivan Temple at Polonnaruwa, though made more sacred by passage of time, was however allowed to be in a state of abandonment for the last 800 years. As a result of the religious activities of some devotees, a *Kumbabishegam* was performed on *Uthiram* day in the month of June last year and once again regular pujas came to be performed at the Temple. The Pulasthipura Maha Sabha has organised a similar *Abishegam* ceremony at the Temple on 23-6-50. Devotees from all parts of the island are expected to visit the temple on the *Uthiram* day.

The Kashmir Issue

Abdullah Will Not Tolerate Partition

Sheikh Mohammed Abdullah, Premier of Kashmir reiterated in the course of a talk with members of the Indo-Ceylonese Y. M. C. A., delegation who are now on a tour of the Kashmir valley his view that under no circumstance will the people of Kashmir tolerate any solution involving the partition of their homeland.

Coming as it does on the eve of the arrival in Kashmir of the U. N. Mediator Sir Owen Dixon this emphatic assertion of Sheikh Abdullah is regarded as very significant in political circles.

His observation with regard to the plebiscite for determining the future of the Kashmir State was also equally emphatic. There can be no plebiscite asserted Sheikh Abdullah until the Pakistani as well as the so-called Azad Kashmir troops withdraw from our soil and the writ of the legal head of this State runs throughout the length and breadth of Jammu and Kashmir from Gilgit to Surohetgarh. Until this is done it is meaningless to talk of plebiscite."

Referring to the impending visit of Sir Owen Dixon to Kashmir Sheikh Abdullah said: The U. N. Mediator Sir Owen Dixon would have the goodwill of every lover of peace in his task of bringing about an understanding between India and Pakistan. But any solution to which the people of Kashmir were not a willing

'Peace is Opposed to Communism'

—Says U. N. O. Chief

General Carlos P. Romulo, Philippines Foreign Secretary and President of the United Nations General Assembly, said in an interview in New York that "a reviving South-East Asia will not fall a prey to Communism."

He had arrived from New York on the last leg of a 12,000 mile journey from Manila to reach the University of Rochester where he was awarded the degree of Doctor of Laws.

"Asia believes in peace and peace is opposed to Communism", he declared.

He referred to the recent conference of Asian nations at Baguio in the Philippines, which he said "opened the door of a new era in that part of the world. This was the first time in history that representatives of free nations in this part of the world have met to explore the possibilities of close co-operation in many fields."

General Romulo denied rumours that the Philippine Government was unstable. "Vigorous democracy is taking root in the Philippines, and also in other free Asiatic countries", he asserted.

party and in which they are not consulted would be totally unacceptable. We the people of Kashmir stand by Pandit Nehru's declaration that the future of our State has to be decided by the free and unfettered will of our people."

Meeting Of The Supreme Soviet

Show of Parliamentary Practice

In a short leader on the meeting of the Supreme Soviet, the *Manchester Guardian* says: "The Supreme Soviet, like Soviet elections, has become a floral decoration on the facade of Russian Government. For all that, the 1,302 Deputies meeting in the Kremlin today will not fail to take their role of ratification and assent with Bolshevik earnestness. For the Supreme Soviet is one of the children of the 1936 constitution, which was to guard freedom in Russia for ever and, more important perhaps, to persuade fussy Westerners that it would.

"Its official powers as the Collective Head of State of the U. S. S. R., able to amend the Constitution, vote the Budget, and introduce all kinds of legislation, give it a fine Parliamentary air. So does its careful organisation into two Houses, one elected on a population basis, and the other with delegations from each Republic."

Like all meetings of the new Supreme Soviet, continues the *Manchester Guardian*, the present session provides a good opportunity "for shuffling the Government around and, with all the power and circumstance of the law of pushing the past into the past, and deviators and inefficiencies, if any, into their deviations and inefficiencies. It serves, for more speeches against the warmongers of the West."

—Our Astrological Feature—

WEEKLY FORECASTS

"SRIPATY"

FROM 18TH JUNE TO 24TH JUNE 1950

ARIES *Aswini, Barani, Kartikai 1st part—[Medha Rasi]*

This is a good week both socially and financially. You will make money more easier than usual. Domestic harmony and ruin to enemies also shown.

TAURUS *Kartikai 2, 3, 4, Rohini, Mirugasirisha 1, 2—[Idapa Rasi]*

You may make some useful friends this week. Worry and hindrances over some property matter shown but at the end you will triumph.

GEMINI *Mirugasirisha 3, 4, Thiruvathirai, Punarpusam 1, 2, 3—[Mithuna Rasi]*

You can hardly go wrong in financial matters this week but health needs care for a few more days. News from friends or letters from overseas will be encouraging.

CANCER *Punarpoosa 4, Poosa, Ayilya [Kataka Rasi]*

There will be some trouble in the family circle this week. Financial prospects should improve after Wednesday. Income should increase and reach satisfactorily level week end.

LEO *Maha, Poora, Uttira 1, part—[Singha Rasi]*

Family relationship will be satisfactory till Wednesday. Second half of the week will bring in some mental worries. Tendency towards romance must be checked.

VIRGO *Uttira 2, 3, 4, Attai, Chittirai 1, 2—[Kanni Rasi]*

A more favourable week than the earlier one. Important developments promised. You will have fun enough to make life interesting.

LIBRA *Chittirai 3, 4, Swati, Visaka 1 2, 3, [Thula Rasi]*

Chances of business higher than usual this week. Trips and visits should prove interesting and stimulating. Family relationship should bring a good deal of happiness and satisfaction.

SCORPIO *Visaka 4, Anusha, Kettai [Vrischika Rasi]*

Don't be in a hurry to make any important changes this week. Family troubles and scandals indicated week end. Petty official troubles also shown.

SAGITTARIUS *Moolam, Pooradam, Uttiradam 1. [Zhanu Rasi]*

This week begins with some quarrels and official troubles. As far as possible avoid argumentative disposition. Things will improve after Wednesday.

CAPRICORNUS *Uttiradam 2, 3, 4, Thiruvonam, Avittam 1, 2. [Makara Rasi]*

The first two days of the week promise to be good. Success in all undertakings shown. The days following till Thursday forenoon will upset you a bit. Things will improve week end.

AQUARIUS *Avittam 3, 4, Satayam, Pooraddati 1, 2, 3 [Kumbha Rasi]*

It looks as if an old attachment will be revived or new interest will be created this week. Financially also a favourable one. Spend Thursday afternoon Friday and Saturday with care.

PISCES *Pooraddati 4, Uttiradati, Rovali. [Moena Rasi]*

Success this week depends on how much adaptability and originality you possess. Money involved earlier will bring in a good turn out. Success in undertakings also promised week end.

PEACE CANNOT BE PRODUCED OUT OF THIN AIR

(Continued from page 1)

no contemplation either. Without contemplation he can have no peace of mind; and without peace how can he have happiness? (*Gita*, II 66). At the moment of action the modern human being almost invariably obeys on instinct like an animal; only after action has ceased does he reflect. Even when he has reasons to regret he seldom relents. We who have the privilege to live under the most modern conditions have learnt to put up artificial barriers around us and our groups, preventing the free flow of the life-current of human thought everywhere, and indoctrinate ourselves and our camp-followers with fanatical zeal. We pay lip-homage to the 'angel of peace', and, at the same time, feel uneasy about our own safety unless we keep ourselves in readiness to fight aggression if and when it comes. In our overanxiety not to be taken unawares, we persuade ourselves to the view that offence is the best form of defence, and unwittingly let slip the dogs of war.

extent, finally yield place to peace and joy without any loss of individual freedom and initiative. According to the Vedanta, man, in quest of peace eternal, reaches a state in which his life is full of the largeness of the spirit. Such a one, even though constantly active, yet remains calm and cheerful, maintaining his balance of mind under all circumstances. In the *Gita*, Sri Krishna says that as the ocean, brimful and still, is not agitated or affected by the waters of different rivers from all sides flowing into it, even so that man alone finds true peace who remains unperturbed by the objects of pain and pleasure constantly impinging upon him during his life on earth. This non-attachment, this disinterested view of the world, is not a negation of progress and civilization in any sense. Nor is it simply a personal affair with no social or national significance.

Why It Cannot Be Found

The basic cause of modern man's failure to find peace—within him and without—is spiritual, affecting the soul of man. How can he live indefinitely, without coming to grief, a life in which he attaches undue importance to the body and its needs while giving less importance to the mind and still less to his spiritual Self within? There cannot be a better world unless there are better individuals, better societies, and better nations. A better world cannot be ushered in unless we are able to create better relationship among all the men and nations composing it. In the *Bhagavata*, Uddhava asks Sri Krishna: 'Men are aware of the ephemeral nature of sense pleasures and they know them to cause suffering and misery; yet how is it that they run after them indiscriminately, like the beasts of the field?' In the *Gita* Arjuna puts a somewhat similar question. These doubts occur to every one of us at some time or other. Sri Krishna, addressing Uddhava answers: 'The ignorant man knows not the self, and has not the peace and tranquillity which arise from such knowledge. He identifies himself with his body, mind, and senses, and is overcome by desires of the flesh. As he comes into contact with objects of enjoyment, he dwells on thoughts of pleasure; dwelling on thoughts of pleasure, he loses the power to discriminate and becomes attached to the senses.'

'Under the sway of strong impulse the man who is devoid of self-control wilfully commits deeds that he knows to be fraught with future misery. But the man of discrimination, even though moved by desires, at once becomes conscious of the evil that is in them, and does not yield to their influence but remains unattached. He controls his mind and dwells steadfastly on divine thoughts.'

Does humanity today see in this no message, no light to guide its erring footsteps? Will peace go by our default and be sacrificed at the altar of the god of war?

Peace Yet To Be Sought

Mankind is yet to seek peace, and at what price nobody can predict. The international outlook is charged with suspicion, uncertainty, and much fear for the future. Divided counsels in high places, the inertia of those in power and authority, deepening economic distress, agonizing persecution and anguish of heart, misunderstanding, bitterness, and strife—these are some of the hazards to peace and must be removed. Man is the measure of things. He has to force himself out of the vicious circle by dint of his character and spiritual power. Hundreds of men, fired with the zeal of renunciation and service, and endued with love and wisdom, have to sacrifice themselves in the cause of peace. They have to impress upon the people, through example and precept, the truths that man can become divine, that violence breeds more violence, and that the path to peace and prosperity certainly does not lie in enriching ourselves at the cost of our neighbours' life and property. The noble path has been chalked out from time to time by the greatest of men that ever lived on earth—Rama, Krishna, Buddha, Jesus, Mohammed, Chaitanya, Nanak, and a host of saints and seers. Mahatma Gandhi, one of the greatest men of our age, who lived and died working for the millions, and striving for world peace and unity among men, has shown us the way in the immortal message of his life and teachings.

Will Man Care To Seek It

There is undoubtedly much hope for the world in a genuine and virile democracy. 'Peace hath its victories no less than war.' The kingdom of heaven is really within man if he would only care to seek it. Moral life cannot be stabilized unless it is based on a spiritual foundation. But how can we be spiritual? Some modern psychoanalysts hold that it is futile to educate people against aggression and hate for both are inevitable accompaniments of civilization. This is a plausible and apparently pleasant view as it appeals to the modern man's sense of 'reality' and serves his expediency. But the Upanishadic seers always held that struggle and progress in life, though inevitable to a certain

X-RAY TECHNIQUE TO DETECT BONE WEAKNESS

Stronger bones, improved skeletal structure and better general health for people of all ages may result from a new X-ray technique developed by a woman scientist in the United States. The technique—a way of measuring the day-to-day changes that occur in the mineral content of living bones—promises to be particularly helpful in avoiding bone weaknesses in children, pregnant women, and men engaged in hard physical labour.

'The mineral matter in bones is not rigidly fixed, as once was supposed, but is coming in and going out of the skeleton at all times', says Dr. Pauline B. Mack, of the Pennsylvania State College. In describing her new technique. By measuring the body's loss of vital minerals, as indicated by lessened bone density, nutritionists and physicians will be able to prevent development of such deficiency diseases as rickets.

The X-ray measurement is said to be so accurate and so sensitive that it can measure changes in the bone structure caused by a change of diet. Such changes appear in less than two days after a diet change, Dr. Mack said.

The woman scientist uses an X-ray machine in combination with a beam of light as the measuring device. X-rays are moved through a stationary beam of light in such a way that the composition of the bone can be determined as accurately as if it had been removed from the living body, burned to an ash, and then weighed and examined.

Dr. Mack's discovery was reported at the 117th annual meeting of the American Chemical Society held in Atlantic City, in the state of New Jersey. More than 3,000 chemists from all parts of the North American continent attended the week-long convention.

ORDER NISI
IN THE DISTRICT COURT OF JAFFNA
No. 1175 Testy

Appapillai Rathinacovalu of Nallur Petitioner
Vs.
Appapillai Sivayoganathan of Nallur Respondent

In the matter of the estate of the late Appapillai Rajagopal Deceased

This matter coming on for disposal before W. Gunam Spencer Esqr. District Judge Jaffna on the 5th day of May 1950 in the presence of Mr S R Ariyanayagam proctor on the part of the petitioner dated 2nd May 1950 having been read: It is ordered that letters of administration be issued to the petitioner unless the Respondent or any one interested in the estate shall on or before the 21st June 1950 show sufficient cause to the satisfaction of this Court to the contrary.

This 5th day of May 1950
(Sgd) W. G. Spencer District Judge.
(O 37 13 & 15)

Sports Meet at Manipay

The second Annual Sports Meet of the Manipay Parish Welfare Society was held on 8-6-1950 in the Manipay Hindu College grounds under the patronage of Mr. C. Ponnambalam, Mayor of Jaffna. There were several items and the most interesting were the Inter-Village tug-of-war and the slow-cycling.

Soon after the Sports Meet there was a Public Meeting presided over by Mr. S. H. Perinpanayagam, president of the Society. Messrs J M Sabaratnam, D. R. O. Valigamam West, and V. Mahesan Chairman, Manipay Village Committee addressed the gathering. Mr. Sabaratnam said that out of the thirty four Societies in his Division, he has found this to be one of the most active Society.

Mr. Ponnambalam, before distributing the prizes, spoke briefly. He exhorted the Young Men to take to the land instead of trying to be quick-drivers. He said that Societies of this type should exist in every parish.

All the prizes were given by the Manipay Parish Welfare Society except the Cups.

The following were the prize-winners:-

Seniors
1 D Meadows-cup donated by Mr S R Job; 2 M Balasubramaniam; 3 M Haridas; 4 T Thiruvakkaras and 5 Thanabalan.

Intermediates
1. M Kugathasan-cup donated by Dr C Kathiravelu; 2 S. Vaitheswarai; 3. V R J kulasegaran; 4 V Manickavasagar and A Ragonathan

Juniors
1. M Mahendran - cup - donated by Dr P Chelliah; 2 N Sivathasan; 3. A Ramanathan; 4. K Tharmasingham; tug-of-war-Schools Manipay Hindu College Sandilipay Hindu School-runner-up

Open events
Tug-of-war-Inter-Village 1 Manipay Parish Welfare Society; 2. Manipay Team-runner-up. Put shot

1. R Sivathasan-Anaicottai; 2. N K Kshoy-Sandilipay; 3. S Karunanithi Suthumalai. Slow Cycling
1. S Jeyarajah-Sandilipay; 2. C. Sivathasan-Navaly; 3. S Pathmanathan-Manipay.

The Karainagar Hindu College Diamond Jubilee Celebrations
Celebrations have been postponed to 19-21st August, 1950, on request by Old Boys and Well-wishers. The closing date for the Jubilee Crossword Competition has been extended to 31st August 1950.
HONY JOINT SECRETARIES
Karainagar
12-6-50
(M. 67, 16)

ORDER NISI
IN THE DISTRICT COURT OF JAFFNA
Testamentary Jurisdiction No. 1179

In the matter of the intestate estate of the late Issac Sachchithanantham Arulambalam of Manipay. Deceased.

Sobithammah widow of I. S. Arulambalam of Manipay
Vs. Petitioner.

Minor 1. Simuel Sebarajah Arulambalam and
2. Samuel Arulambalam Sabapathy of Jaffna Town Respondents.

This matter coming on for disposal before W. Gunam Spencer Esquire, District Judge, Jaffna on the 8th day of May 1950 in the presence of Mr. D. Rajendran Proctor for the Petitioner and the affidavit of the Petitioner having been read:-

It is ordered that Letters of Administration to the estate of the deceased be issued to the Petitioner as his lawful widow and that the 2nd Respondent be appointed Guardian-ad-litem over the minor 1st Respondent for the purpose of protecting his interests in these proceedings unless the Respondents or any other person appear before this Court on the 6th day of July 1950 and state objections to the contrary.

It is further ordered that the minor do appear on the said date. The 8th day of May 1950.
Sgd. Wm. G. SPENCER, District Judge.
S. Rajendra, Proctor for Petitioner.
(O. 34. 12 & 16)

WANTED
Wanted for the J/Vaddukottai Hindu English School a Science Graduate to teach Chemistry, Mathematics and Science in the higher forms. Apply Manager, Jaffna Hindu College and Affiliated Schools, Jaffna before 25-6-50. (M. 59. 6-16)

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