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WHAT IS TRUE INSIGHT ?

It Requires Creative Thought

KNOWLEDGE is not the ultimate purpose of thought. This can only be realised, if the process of thought is understood in its origination, development and dependence. The process of thinking is not consciousness as a passive mirror in which the external world is reflected but it is a process of grasping, laying hold of the object and giving it a subjective interpretation. It is an active appropriation of what is misunderstood as an outer world in opposition to an inner self. Thought therefore has developed into a means of craving. The sensed and perceived object becomes assimilated in knowledge, the process of mental grasping. Thus knowledge is not the purpose of thought, but it serves the purpose of craving, just as science has found its greatest stimulus not in man's need but in his greed for additional comfort. Man's physical needs can be satisfied easily enough, but his greed to gain time for the sake of increased profit has led him to invent machinery and employ power to assist him in fighting his own nature in time and space.

Beginning in Imagination

The true action of thinking should therefore not be the gathering of knowledge, which is a kind of craving, but creative thought without grasping which is true understanding, which is insight. The conception of thought finds its beginning in imagination, for concepts are acts of grasping and therefore they produce sorrow, but the culmination of a conception which was without grasping will not come with the pains of childbirth, but with the joy of creation in thought. That is not imagination leading to will, but the dawn of truth leading to insight.

A concept without grasping is only possible in simple awareness and watchfulness, without purposeful striving of attainment, without intentional desire of escaping from the conflict. It is in that awareness that understanding of the problem can grow, that insight will dissolve the delusion.

Problem of the Individual

For the solution of any problem thorough understanding of it is absolutely necessary. So with the problem which offers itself daily in life, the problem of the individual,

where life's harmony is constantly disturbed by unfulfilled desires which cry for satisfaction, and by fulfilled desires which cry in fear of impermanence. This problem is not a lifeless one like mathematics, dealing abstractly with numbers, but it is a living, real problem. Therefore it cannot be abstractly dealt with; it cannot even be analysed. For a living process always offers a new problem at every moment. In analysing such a process, one comes across old problem only, while the actual problem of the present moment remains unsolved. Psychoanalysis might give some information about past actions; it might try to explain dreams, but it cannot work quickly enough to understand the present. And that is the only understanding which is really needed. Analysis of past mental action will lead to the drawing up of a line of conduct to avoid certain irregularities which have been observed. This creates a pattern of morality which is a new bondage. Imitative action is base of fear to break away from convention and tradition. It is not true action, but reaction to a stimulus, which only continues the conflict. Its solution, therefore, does not lie in analysis of the past, but in comprehension of the present. This true insight into the nature of an action will clearly disclose the motives which condition, which prompt, and which give rise to the action. For this are required awareness and alertness without setting a goal, without purposeful searching, as it is done in analysis. It is simple watchfulness which lays the hidden motives bare and which solves the problem by showing the delusive nature of the opposing forces in the conflict.

Knowledge will try to satisfy one's curiosity; and questions will arise like: How does rebirth take place? But insight will go deeper and investigate not a past fact of rebirth, but why a question about rebirth has arisen. For that is the real problem. The question about the possibility and the ways of rebirth is so fascinating, because it has behind it a desire for security. If this question about rebirth can be settled, then it will guarantee something definite for the future. In other words, the motive of the question is not a striving for understanding, but fear of uncertainty, which is of course

EQUALITY

By Swami Ramdas

Equality is the keynote in the lives of all the great Avatars and Saints of the world. Their mission in the world is to help the weak, to relieve the suffering, and elevate and bless, with their grace, the humble devotees who take refuge in them. The glorious life story of Sri Ramachandra—God Himself—revealed in all His brilliance & power—teaches us the one great lesson, namely, that we have to merge our individuality into His Divine personality, so that we can attain to a Vision filled with love and compassion towards all creatures on this earth. As we see in the various acts of Ramachandra, His Divine love went out to all alike, be the individual a jungle woman, an outcast, a shudra, a sinner or one of the stock of demons. Shabari, Vidura, Guhaka, Abalya, Vibhishana—all came under the light of His Grace. Even the lower animals—the monkeys and birds—were not excepted. How can we best please this great Master? Surely it is by loving and serving those whom He loved. Service done in His Name and for His sake is the main factor in the life of a true devotee. The supreme Lord is verily seated in the hearts of us all. In fact he is the driver and we are chariots. We feel we are His instruments, when we have dedicated ourselves completely to His service. A Master, more loving and more powerful, we can never have. His Name is filled with wonderful powers. To possess His Name is to possess Him. To think of Him is to become one with Him. Oh Lord of Lords, every glory be Thine and for Thy Name, for ever and ever!

but a form of selfishness. It is "self" which wants to find solid ground in which to take root, in which to perpetuate itself.

We Must Be Detached

Again: all religions will tell us that we must be detached, because craving or attachment is the cause of disappointment or sorrow. But insight will go deeper and find out whether this desire for detachment is not due to fear of sorrow rather than to the understanding of sorrow. If conditioned by fear detachment will be merely an escape, but not a solution of the conflict. For the opposites of fear and want still remain.

Insight, therefore, will never ask for a method, but will

(Continued on page 4)

TO THE GOVERNMENTS OF THE WORLD

SRI SWAMI SIVANANDA

Now Ashramas are run by Sannyasins. Vairagees, Bhaktas and Yogis alone. There are only a very few Ashramas. Their activities are limited for lack of funds. If governments take up this work, We can have Ashramas in each district. There will be peace and plenty everywhere. Satya Yuga will dawn. India will rise again to its original spiritual glory. We will have abundant Jainavalkyas, Nachiketass, Sadasiva Brahman, Dattatreyas, Gargees, Madalasas, Sulabhas. O Premiers! wake up, wake up! Kindly take up this work immediately. This is the dire need of the hour. You are building up new towns for refugees, Build Yoga-Vedantic Ashramas and universities. For the children of refugees. Wake up UNO, UNESCO and O-es and Co-es. Wake up all scientists, educationists, culturists. Train Yogis, Vedantis, Bhaktas and Karma Yogis. Here lies the Master Key for World Peace, Highest Culture and Supreme Civilisation.

Resistance To Certain Diseases

Half-Starved People Do It Better

The popular, "common sense" notion that well-fed people are most likely to keep healthy is not necessarily true, writes the American *Time*. Recent research shows, it adds, that the common diseases of childhood are no more prevalent among poorly fed children than among children stuffed with fruit and fish-oil vitamins. Research also shows that well-fed adults suffer as much as anyone else from the common cold and influenza.

In the current *Bacteriological Reviews*, Dr. Paul F. Clark of the University of Wisconsin's Medical School and five fellow bacteriologists summarize all that is known today, mostly based on experiments with animals, about the effect of diet on infectious disease. Their summation: sometimes diet helps; sometimes not.

Research On Rats

The researchers noted that certain infections e. g. the minute protozoa which cause sleeping sickness) thrive in the well-fed patient, but languish where some supposedly vital food factor is missing. Rats whose diet was lacking in the vitamin B complex survived sleeping sickness better than better-fed rodents. Ill-fed rats infested with an intestinal parasite were not helped by a pantothenic acid (vitamin) preparation in their diet; instead, the parasites flourished on it. So did the parasites

in chickens infected with bird malaria.

Among the viruses (which cause such familiar diseases as measles, chickenpox, colds, influenza and mumps) are many which prove more damaging to a healthy body. Sick chickens are more resistant to cancer than healthy ones. Undernourished guinea pigs are better able to ward off food and mouth disease.

Baffling Virus

In humans, the most baffling virus is that of poliomyelitis. It has been noted for years that the disease seems to attack better-nourished children. In mice experiments if the animals' diet was deficient in thiamin (vitamin B), the incubation period was prolonged, and the paralysis and mortality rates were out down. It was also found that if thiamin was added to the diet of infected animals, the polio often developed quickly into paralysis.

But the picture was not all dark. In many cases, vitamins proved to be a shield against disease. One dramatic example: pigeons deprived of vitamin B got sleeping sickness—to which they are normally immune. The doctors, cautious as usual, wanted to give the whole subject further study. Meanwhile, they were in favour of eating—and a well-balanced diet at that.

How To Keep Food Fresh

Bombard It With Electrons

Atom research has lead to a new method of preserving food—and of treating flowers, so that after several months they look as fresh as when they were picked.

It is done by subjecting the food to electron bombardment, using apparatus rather like the cyclotron used in splitting the atom. The bombardment lasts only a millionth of a second.

This irradiation sterilises all bacteria.

The apparatus, called the capacatron—the first model for industrial use now being built—is largely the result of work by two German scientists, who fled from the Nazis in 1933 and became United States citizens.

Old Wine From New

First trial are said to have given excellent results. Food treated by electron bombardment can be kept for months, probably for years, under most unfavourable conditions.

After a year, electronised pork poultry and veal retained their full flavour. Grapes were as fresh after six months as if just picked.

The process, though, apparently speeded up the maturing of wine. New wine, it is reported, acquired after a few weeks the rich flavour of years.

So far best results have been reached with wheat, flour, spices, and plant extracts. Milk and dairy products were more difficult, some foodstuffs lost colour and flavour.

Apples, nuts and eggs reacted well to irradiation of the skin and shells, after which it was possible to store them for months.

The plant now being built is expected to be able to handle seven tons of food an hour.

Words & Words

Most talkative Congressman this session was U. S. Senator William Langer. His speeches, mostly against Britain, take up 116 pages of the official record.

The least talkative was the only woman Senator, Mrs. Margaret Chase Smith. Her total was one and seven ninths of a page.

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Hindu Organ

FRIDAY, OCTOBER 7, 1949

Treasure These Thoughts

If a person, beholding the faults of the domestic mode of life casts it off for adopting another mode (which he considers to be fraught with great merit), he cannot, for such rejection and adoption, be regarded as one that is at once freed from all attachments, for all that he has done has been to attach himself to a new mode after having freed himself from a previous one.

—MAHABHARATA

TRANSPORT PROBLEM

CO-ORDINATION OF ROAD and rail transport has been envisaged in the Rutnam Report. Sir John Kotelawala the Minister of Transport is expected to submit his recommendations on the subject to the Cabinet; he has stated in brief the problems regarding Transport in the article which he has contributed to the Motor Show Supplement of the Times of Ceylon. The Minister has stated that nobody is satisfied with the Ceylon Government Railway as it exists today and that before the war the Railway lost money and except for a few good war years, is now steadily losing money; regarding the comfort of passengers there is little noticeable improvement over the last 20 years and the large claims in respect of goods losses show that much more has to be done to restore the confidence of the public in the railway's capacity to take good care of the goods entrusted to it for transport. The Minister's statement is a true but sad confession of the real state of affairs. While private concerns in other countries are able to make large profits on rail transport the fact remains that the C. G. R.'s losses are mounting annually. It cannot be stated that despite the unsatisfactory facilities afforded to passengers the public have failed to utilise the railway as

their chief means of transport. The cost of maintenance on account of the high salaries paid to Railway officers is one of the many causes which result in losses. Ceylon must learn a lesson from other countries regarding the management of railways and adopt ways and means which will ensure profits in place of the losses now incurred. Better amenities and facilities for passengers should be provided and it may be presumed that the Minister has included in his recommendations the need for providing such amenities.

The unsatisfactory condition of roads for bus and lorry transport and the need for the strict enforcement of a Highway Code or set of rules designed for the convenience and safety of all concerned have been carefully considered by the Minister. Except in Colombo and perhaps along the Western Seacoast the roads that have been laid in other parts of Ceylon were never meant to cope with the requirements of motor transport by buses of the Nelson type or lorries with heavy tonnage. The roads have to be widened and bridges rebuilt. In cities where traffic is heavy an attempt should be made to introduce parallel roads or two-way traffic lanes providing for one way traffic along each of them. There are about 8000 lorries engaged in transport at present and merchants prefer the lorry to the railway for transporting their goods as it is safer and cheaper. Government should take into consideration these two factors and do what is possible to make transport of goods by rail cheaper and safer than at present.

An appeal has been made for co-operation in the matter of transport rationalisation. Bus transport can never take the place of the railway regarding long distance journeys. The monopoly enjoyed by bus companies is being abused and the public have reason to be dissatisfied with them. As things are there is little to choose between the motor omnibus or the railway train. Both are equally unsatisfactory. If better amenities and facilities are afforded to passengers by the railway there cannot be any doubt that the railway will be given preference by the public. Care should be taken in making the railway more attractive by ensuring that the fares are not high and the comforts provided are worth the money. The railway cannot and need not take the place of the bus along routes not catered for by the railway or in cities where people have to travel short distances. Co-ordination between road and rail transport will be necessary to some extent. A healthy competition between the railway and the bus or lorry service will be conducive to the public who will have the choice between the two systems of transport. Whoever pays greater attention and affords better facilities to the travelling public will in the end reap good profits.



BY YALPADI

On Being Prepared!

This is a true story. An estate conductor had gone to the nearest town for a big temple festival conducted by the Chettians. He went more to meet a rival of his over a woman, than to attend the festival. Such gatherings were the occasion for paying private scores. He had gone with the woman also, and had primed himself with arrack and armed himself with a pen-knife. He expected his rival to be at the tamasha, too, and their quarrel could be settled then. Quite as he hoped the other man was also there with his friends, and quite tipsy. Both men somehow came to hand grips, for they were still on speaking terms. In a preliminary roll the first man felt in the waist of his friend the enemy a clasp-knife. "Oh, you have also come prepared, have you, friend?" he spoke, and they both went to the arrackshop arm in arm to toast their friendship, over the woman, who also followed them at a respectable distance. This happened many years ago. Now, read on.

Truman-Stalin

Convassing world opinion on the atom explosion in Russia Reuter reported Nobel Prizes Physicist Otto Bahn, pioneer discoverer of atomic fission, as having said: "I am glad. If both sides have the bomb there will be no war. It will be just as with gas in the last war, neither side used it as they knew the others had it to. compare the true story above and your picture of Truman and Stalin meeting for settling of scores and T exclaiming, 'Joe, you've come prepared too. By Jove, lets call quits'.

Loose Writing

The devaluation debacle has worried newspaper writers. Pakistan's non-devaluation having upset our trade expectations journalists have tried to picture the loss. "The chillies and salted fish we bought from Pakistan last year will now cost almost one and a half times more it we import the same quantities this year," says the Daily News leader-writer. Nothing of the kind. It will cost only half more, vide the special staff correspondent's article on the same page of the same issue, which puts the future cost as one and a half times the previous. The difference between one and a half times more than that something is a good deal. Journalists might be more precise.

Puzzle-Writing

And heres another sample of slipshod journalism. "It will only be a Reserve Bank of her own that will enable Ceylon to prevent financial gains accruing to her benefit to be applied to her use solely instead of being shared with Bank of England". The trouble spot is in the intrusion of "instead of". This also is from the Colombo paper in its front page story.

Printers' Strike Didn't Stop Paper Strike

Twentytwo months of strike by the printers of four of Chica-

go's largest daily newspapers did not stop a single day's issue. The editors had their typists to type out the "copy" in Column fashion, pasted it all on page form reduced it by photograph to the paper size and printed off from the plates. So neatly was the work done that readers hardly noticed the change or the difference. Now the printers have called off the strike. That's enterprise.

How Many are Mad?

I haven't gone mad, no, not yet. These past few days I have read through quite a lot of dope about this devaluation, before and after. Having spent a lifetime in the pursuit of current topics, merely to know something about many things, I had to wade through the mass of write-up graciously supplied by all sorts of commentators, publicists, politicians, financiers business sharks and, of course, blackmarketeers too. Any body ought to have gone mad who read these effusions seriously, but by clever skipping and skimming I avoided becoming a casualty. But apart from people like me there must be hundreds who certainly have gone crazy if not mad at the pranks of the pound and the dallings of the dollar. The devaluation in stock exchanges, and share-bazars and market places can only be measured sometime hence. What a cute chap this Cripps, or was he?

Diddled on Dollars

What I was going to say was what a variety of opinions these folks gave out to a bewildered world that woke up on a Monday morning to find itself diddled on dollars. For one thing this term 'devaluation' has puzzled many, and it is a fair guess that not half the people who have mouthed it know actually what it means or how it works. It

(Continued on Page 4)

Embargo on Ceylon Tobacco?

Prompt Action By Minister

The prohibitive increase of import duty in India on Ceylon tobacco has greatly affected the tobacco industry and Jaffna where this industry is a mean of livelihood has suffered badly. The Minister of Industries who has been watching the situation for some time has taken prompt action to place before the Prime Minister who is also acting for the Minister of Trade and Commerce the difficulties of the tobacco cultivators.

The Minister has requested the Prime Minister to include the subject of this abnormal increase of import duty in India of Ceylon tobacco which is almost 300%, in the forthcoming Indo-Ceylon Trade Talks.

Guilty Conscience!

Mme. Rose Clavel, 31-year-old French civil servant, has resigned her job "because I was being overpaid for the little work I had to do."

Nehru's Visit To America

Arrangements For Reception

The Indian community in the New York area is preparing to give a great welcome to Pandit Jawaharlal Nehru when he arrives in this City on October 15.

With only a few more days left for the Prime Minister's departure from India, interest in the visit is mounting.

When members of the Indian community met for the celebration of Dusserah during the week-end and again for the Gandhi Birthday Anniversary the common topic of discussion was the impending visit of Pandit Nehru.

No event of Asian interest has created a greater stir among the Indian community here. They have been receiving a large number of enquiries from their countrymen living in the outlying cities such as Boston, Massachusetts and Philadelphia. It is expected that there will be a considerable influx of Indians, particularly students, when Pandit Nehru is due in Washington and New York.

A representative committee of Indians of New York, under Mr. R. R. Saksena, the Consul-General, is putting the final touches to the programme that has been drawn up to welcome Pandit Nehru.

Gun Salute

At the La Guardia airport, on October 15, the Prime Minister will be welcomed by the Indian community and by the Municipality of New York separately. There will first be a gun salute on behalf of the Municipality when Pandit Nehru leaves the plane.

The American and Indian national anthems will be played. A group of Indian women will garland Pandit Nehru and members of his party. Meanwhile, another group of Indian women, carrying a huge banner inscribed "Welcome Nehru", will take their stand near the fringe of the airport. Behind them will be members of the Indian community present to welcome Nehru. The welcome on behalf of the Municipality will follow.

Pandit Nehru will inspect a guard of honour provided by the City of New York.

Sir B. N. Rau and members of the Indian delegation to the United Nations, Mr. R. R. Saksena, Mr. J. J. Singh, President of the India League, and a number of prominent Indians will greet Pandit Nehru.

From the airport, Pandit Nehru will drive to the newly purchased India House, in 46th Street East, where all the New York offices of the Government of India are hereafter to be located. This sixstoreyed building is to be opened some time next week.

There will be a reception at India House where members of the entire Indian community will have an opportunity of meeting Pandit Nehru.

Pandit Nehru will be presented with an address on behalf of

Jail For Burglarizing Co-op. Stores

(1) Elaiyathamby Mylvaganam (2) Ariyakutty Thiyagarajah (3) Sinnathamby Veeragathay and (4) Periyathamby Veerasingham were charged with having committed the offences of house breaking by night and theft of textiles and other goods valued at Rs. 1291 from the Vannarponnai North West Co-operative Stores on the night of 10th-11th February 1949.

The stolen goods were traced by the police and found in the house of one Thambiah of Kodaddy at 4 a.m. on 11th February and at the house of the first accused.

The police officers, Sub-Inspector Rosario and police constable Rajanayagam ought to be commended for their work.

After trial all the accused were found guilty of having committed the offences of house breaking by night and theft, by Mr. S. S. J. Gunasekera, District Judge, Jaffna and the first accused was sentenced to 2 years rigorous imprisonment and 3 years police supervision, the second accused to 2 years R. I. and 4 years police supervision, the third accused to 2 years R. I. and 2 years police supervision and the 4th accused to 15 months R. I. and 2 years police supervision.

Previous Convictions

Each of the accused had previous convictions for theft. It may be mentioned that the second accused stood his trial for theft of textiles from the Karainagar Co-operative Stores on 11th February last and was acquitted as there was no evidence to establish that the goods found in his possession were the same which belonged to the Karainagar Co-operative Stores. The accused appear to be members of a gang of thieves at Vannarponnai.

The evidence disclosed that the accused visited the Co-operative Stores situated at Karainagar, Moolai and Chandilipay and after having been unsuccessful to burgle any of the said stores finally went to the Van North West Co-operative Stores and committed the offences of house-breaking and theft.

Ms. E. Kanagasabapathy, Village Headman Van North West detected a small piece of a shawl torn by a nail in the show case and the Government analyst stated that the piece discovered by the Headman was part of the shawl found by the Police in the house of the first accused. The B-slips of Rice Ration Books bearing the seal of the Van North West Co-operative Stores found among other things both at Thambiah's house and in the house of the first accused and the price marking on pieces of cloth by the treasurer of the Co-op. Stores were helpful in proving beyond doubt the identity of the goods. The Headman also deserves to be commended for his work.

Indians living in New York and will make a brief reply.

Before going to the hotel where he will put up during his stay in New York (the Waldorf Astoria) Pandit Nehru will specially meet Indian students at India House. Between 200 and 300 Indian students are at present studying in Greater New York.

PEOPLE'S WORLD CONVENTION

Start In December Likely

AFTER vigorous and fruitful debate, more than 300 world federalists from 20 countries, by majority vote, rejected a resolution which approved coercion of national states by a world government. Instead, they decided to follow the United States Constitution with its separation of federal and state powers. The discussion was a central feature of the third annual conference of the World Movement for World Federal Government, held in the Swedish Parliament building.

A redefinition of world federation objectives was urged by the chiefs of some large American federalist organisations. The change would have placed the World Movement for the first time squarely on record in favour of a world federation intended to coerce states, and not merely individuals. Supporters of the resolution held it unrealistic not to give a world federation such power.

Opponents of the change, however, pointed to the U. S. Constitution which—unlike the United Nations—originally contained no direct, specific authority for the federal government to coerce any of the states as political entities. As outlined by Madison, Hamilton and Randolph, the new concept born in 1788 gave the federal government direct authority over indi-

vidual citizens with regard to federal affairs, but allowed state governments authority over their citizens in matters concerned with state affairs.

Coercion of a state as a whole, which was equivalent to war in the minds of many defenders of the Constitution in 1789, was viewed as the breakdown of the Constitution, rather than its implementation. World federalist at Stockholm apparently felt that world order would be better served by continuing attempts to preserve a similar careful separation between world and national affairs, than by schemes of military coercion. As adopted, the final resolution for the establishment of a world government calls for an executive with adequate power to enforce world law "upon individuals and groups of individuals".

Lord Boyd-Orr of Britain, who resigned from the World Health Organization when it refused to move fast enough toward federalism, was overwhelmingly elected president of the World Movement. Vice-presidents chosen were Dr. Mortimer Adler, University of Chicago; Dean Paul Shipman Andrews, Syracuse University; Prince Mangala Bell, Member of the French Parliament for the Cameroons; Gustaf Fahlander, Member of

the Swedish Parliament. Morikatsu Inagaki, chairman of the Japanese Federalist Association; and Professor P. Brandt Rebberg, Copenhagen University.

The plan to hold a People's World Convention starting in December 1950, was confirmed by the delegates after sharp debate, and a copy of the report was transmitted to the Interparliamentary Union, which was asked to purpose to its parliamentary bodies the passage of enabling legislation providing for the direct election of delegates to the Assembly. Various other approaches to world federal government were also deemed worth trying by the conference. Among these were the calling of a U. N. review conference under Article 109 of the Charter, "after thorough and extended negotiations between member governments"; the summoning of a world convention by the Interparliamentary Union; regional federation; the strengthening and federalization of such agencies as the International Telecommunications Union; the internationalization and emancipation of colonial areas; world administration of refugee problem.

Lord Boyd-Orr declared that a World Food Board with adequate powers could—Malthus to the contrary notwithstanding—keep food supply ahead of population. He said that India for example, could double its food production in 25 years.

(Indian Social Reformer).



Tree Tax

Sir,—We are grateful to Senator E. A. P. Wijeratne (Minister of Home Affairs) for his justice and fairplay in appointing a Committee to go into the question of Tree Tax which has been under bitter controversy and hanging fire for the past many years.

We are very pleased to see that the Home Minister agrees with the Prime Minister Mr. D. S. Senanayake who has the interest of all the committees at heart. They have declared that the Tree Tax is not working satisfactorily in Jaffna and that it had not been a success.

The harm it has done to Jaffna and the ruin caused, and increase in crime is indisputable. If it was good it would have been introduced to the rest of Ceylon by overnight legislation. With a view of curtailing crime, Government has introduced legislation that no one should carry a knife with a blade over two inches, and the Prime Minister knows that with the introduction of Tree Tax to the rest of Ceylon the propose of this legislation will be defeated.

If this Tree Tax is introduced to the rest of Ceylon, certainly with free toddy flowing in every home, day and night, crime will shoot up, and Ceylon may champion as the first in crime in the world instead of the third place it now occupies.

We must give praise to the teachings of Lord Buddha and the Hindu precepts. Drink is against our religions. We must admire the Muslims in this respect and their success in life, and why not we follow suit. This Tree Tax of Jaffna is, I believe, the only one of its kind in the whole of Asia. What will Nehru and Rajagopalachari think if we tell them of this Tree Tax System. If our leaders follow them Mr. Truman may send his private plane for them also. With our Independence let us wake up and do good to the country, and abstain from evil thoughts and ideas.

With great regard to the Prime Minister who declared that the Government was not satisfied with the Tree Tax System which has been in trial, I feel that the need for a Committee does not arise, and that Tree Tax can be straightaway abolished, and taverns introduced instead, or

What is Wanted is All-Embracing Co-operation

Sir,—It is indeed good news that the All-Ceylon Tamil Congress at its plenary session recommends co-operation with the Sinhalese as the only means of salvation for the Tamils. Every ordinary human being knows that the world lives and moves and has its being in co-operation and co-operation alone. For co-operation to be effective it must be all-embracing, that is, we must be prepared to co-operate not only with the Sinhalese but also with every group of people in this island, not only in this island but also with all the peoples of the world.

But the snag of it is that the kind of co-operation advocated by the Tamil Congress is co-operation only with the Sinhalese, which by implication means non-co-operation with another group of people in the island, viz. the 800,000 Indian Tamils, those ill-fed, ill-clothed, ill-housed people, without whose toils for the last hundred years Ceylon could not be the rich country that she is today. If this is the new doctrine of co-operation preached by the Tamil Congress, then woe unto us.

If, on the contrary, the Tamil Congress uses the term in its highest and best sense, then they should preach this message of co-operation first to the Sinhalese so that they may practice it with the Indian Tamils, to begin with, as an example for all of us. I would go even to the extent of suggesting that co-operation on the part of the Sinhalese should be such that Ceylon should even be prepared to become a province of India, if need be. If the Sinhalese are not willing to do that, on the score that they are an 'independent' people, what moral right have they or their adherents of the Tamil Congress to dissuade those of the Tamils who clamour for a federal type of Government? If it is argued that the independence of Ceylon is no bar against co-operation with India and the rest of the world, then it logically follows that the provincial Government mooted by some Tamils can equally be no impediment against the co-operation of the Ceylon Tamils with the Sinhalese.

Yours faithfully,
G. H. Seevaratnam

the "Right to Vote" granted, a thing now deprived of.

However, we hope that the Committee appointed by the Home Minister will be only those held in high esteem by the Jaffna people and that wide publicity be given to this matter.

I shall be obliged if you will please publish this in your valuable journal.

Thanking you,

Yours etc.
T. Gunaratnam.

2 Years R. I. For Arson

Nagan Ponniah and Palan Nagalingam of Kondavil were found guilty of having committed mischief by fire intending to cause the destruction of a building used as a human dwelling to wit the house of Rutnam wife of Nagan Markandu of Kondavil, and sentenced to 2 years R. I. each by Mr. S. S. J. Goonasekera, District Judge, Jaffna. Palan Suppiah who was charged with theft of jewellery was acquitted.

Mr. T. Muttusamipillai, Crown Advocate prosecuted and Mr. M. Balasundaram instructed by Mr. Sam A. Sabapathy defended the accused.

Benefits of Betel

Betel chewing is common to about 10 per cent of the human race, and dates back to at least 500 B. C. Although betel chewing colours the teeth red or black, the habit is actually beneficial to the teeth.—Science Digest.

Do You Know?

World's First City

London will no longer be the world's most-populated city when next year's American census results come out.

Estimates published today are that 8,145,000 now live within New York City and approximately 13,806,000 in Great New York.

Latest figures for Greater London, 8,350,000.

—Lens.

Auction Sale

of
Excellent Office Furniture
&
Equipment
at
The Exchange Bank of India
75 Hospital St. Jaffna

On Instruction received from the Official Receiver and Liquidator I shall sell by Public Auction on Friday the 14th October 1949.

AT 10 A. M.

The following—Counter with Brass Rulings & Fittings, Ledger Keepers Desks & High Chairs, Writing office Tables, Steel Cabinets, Typewriter, Iron safe, Ceiling Fan, Clock Beds, Office Stable etc. On view a day before Sale. Payment & removal immediately after Sale.

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Jaffna. S. AIAMPALLAI,
Auctioneer,
(M. 133 4 & 7)

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	Rs.	Cts.
Previously Acknowledged	11990	97
Mr. T. S. Thuraiajah	100	00
Mr. P. S. Nadarajah	100	00
Mr. A. Chellappah	5	00
Miscellaneous	30	00
Total	12225	97

V. BALASUNDARAM,
Treasurer,

J. H. C. Building Fund
Committee,
30-9-49.
(M. 135. 7)

Our Astrological Feature

WEEKLY FORECASTS

"SRIPATY"

FROM 9TH OCTOBER TO 15TH OCTOBER 1949.

ARIES Aswini, Barani, Kartikai 1st part—[Medha Rasi]

Misunderstandings likely to creep into the simplest arrangements you are making in any important deals. But you will be in a position to clear them up. Don't shoulder any new responsibilities or try to play the role of a good samaritan this week as you are liable to be made a scapegoat.

TAURUS Kartikai 2, 3, 4, Rohini, Murgasirisha 1. 2—[Idapa Rasi]

A good week financially. Relatives will help you in some important deals. A long standing investment may begin to pay. But troubles through friends of the opposite sex shown. The less you deal with them the better, for some time to come.

GEMINI Murgasirisha 3, 4, Thiruvathirai, Punarpusam 1. 2, 3—[Mithuna Rasi]

An amusing week although expenditure will be on the rise. Personal success and gain in new deals shown. You will meet someone who will play a prominent part in your business or professional affairs.

CANCER Punarpusam 4, Poosa, Ayilya [Kataka Rasi]

Health will be your major problem this week. You may have to make some sudden change in your plans for travelling or new business deal. Stroke of luck through a friend end of week. Ruin to enemies also shown.

LEO Maha, Poora, Uttira 1, part—[Singha Rasi]

Beware clashes with in-laws this week. Wise to cut through entanglements. Break with uncordial associates if necessary. Condition will improve a bit week end and you will meet with some personal success.

VIRGO Uttira 2, 3, 4, Attha, Chittirai 1, 2—[Kanni Rasi]

Heavy expenses and mental worries shown first two days of the week. But social progress and financial improvement shown after Wednesday. Reunion with old friends also indicated. Go slow in your new deals.

LIBRA Chittirai 3, 4, Swati, Visaka 1, 2, 3, [Thula Rasi]

The first two days will be a colourless one. Tuesday and Wednesday may land you into some difficulties probably official troubles. Matters will improve from Thursday onwards. Gains through correspondence shown week end.

SCORPIO Visaka 4, Anusha, Kettai [Vrischika Rasi]

The first half of the week will be comparatively better than the second half. Rewards for week of efforts will materialize before Wednesday. Beware of complications in a close relationship on Thursday. Friday and Saturday also must be spent with care.

SAGITTARIUS Moolam, Pooradam, Uttiradam 1. [Thanu Rasi]

Some new interests will develop rapidly this week. Financial prospects also good. Avoid travelling or change of place second half of the week. Saturday must be spent with care.

CAPRICORNUS Uttiradam 2, 3, 4, Thiruvonam, Avittam 1, 2. [Makara Rasi]

A good week financially you may gain through family sources or through property this week. Don't take any new jobs now and lie low for a month paying attention to things at hands. Domestic troubles or sickness to children shown week end.

AQUARIUS Avittam 3, 4, Satayam, Pooraddati 1, 2, 3. [Kumbha Rasi]

A very busy week but you will have no reasons to regret the work put in. Much to do with elderly relatives week end. Half forgotten investments may pay you something this week.

PISCES Pooraddati 4, Uttiradati, Revathi. [Meena Rasi]

Events this week will give you all the scope you need. If you can keep your wits about you, you can start something worthwhile, make important link-ups and go ahead with your plans.

One Thing And Another

(Continued from page 2)

has been said to improve exports, to stimulate production, to energise trade, to balance business, to break rings, and it has been said to do exactly the opposite of these, sometimes in one and the same operation. Learned economic pundits have endeavoured to educate us on the intricacies and the ways of devaluation, and have found themselves lost in the maze of their thoughts, obiter dicta and theories. The madness I feared was from the utter confusion of devaluation's results. We can get better price for our rubber and tea, but America may hold us down to a price, and we may have to reduce our imports, and if we don't bring enough others won't buy much from us, and when prices are down by exchange we may put up prices, and so on into an endless chain of cause and effect chasing one the other in a mad, mad gamble!

After Devaluation?

The cleverest of public men was Pandit Jawaharlal. Asked about D—he frankly said it was a most complicated thing and one could not say for certain how it would work. But not so the others. They had all something to say for certain. Our own Finance Minister was flabbergasted, he could not know what India, which had the rupee link, would do tomorrow, so, pressed to do something, he "devalued". Pakistan was bold and stayed put. One thing that has become clear in the wreckage is that one party in three-fourths of the world has the leading hand. The others simply have to trot and skip and dance! After devaluation Debunk!

Morality by Maxims

The law courts will now stare you in the face and tell you not to do this and that and to do that and the other, in our new drive against bribery and corruption. They have started with Hultsdorp. Walls carry instructions that certain services are free for you, that you should pay nothing to bury them, that all payments should be against receipts and so on. Very good, thank you. But I bet, if betting is not forbidden, that things will go just as merily in future as in the past, silver jingling in the proper pockets, and palms greased in the nicest manner. Otherwise you will find you are left in the verandah hoping for your papers to turn up the while they are sat upon heavily and certainly. A stranger straying into Hultsdorp and faced with these injunctions and advice at every turn must think the place is a d—dirty cesspool!

Tale-pieces

Prime Minister Senaayake's determination to shield Minister X from the attacks of his political enemies (Y Z) must hearten the Minister in the soup. What promised to be fishy ended somewhat meaty when Dr. Silva read a lengthy letter.

M. Andrei Vyshinsky in the General Assembly of the U. N. has proposed that atomic weapons should be banned. Had not Truman announced that an atom had been exploded in Russia?

WHAT IS TRUE INSIGHT?

(Continued from page 1)

ask for the cause. Knowledge answers the question: How?—and that is science. Ignorance answers the question: Why not—and that is craving. Insight answers the question: Why? by giving the true solution. Thus the problem of the conflict between craving and detachment is solved by the understanding of the cause which is always one and the same: self. But if that "self" is truly understood as a delusion, as a reaction to the environment, i. e. as a result of education, society and organised religion, then both attachment and detachment will become impossible.

Awareness Without Expectation

Unawareness of this process of conditioning leads to ever darker ignorance, producing the delusion of a permanent entity which stands in itself unaffected by the changing environment, the delusion of an individual soul with permanent existence, of a substance beneath all changing phenomena. It is thus in simple awareness, while thinking of and experiencing everything, including "self" and all mental states, as a continual movement and not merely as something that moves, i. e. awareness of action without actor of change and nothing but change,—it is in that awareness that true insight in nature can arise. This awareness must be without expectation and then insight will be without disappointment. It must be without ideal, without goal, without striving—and then there will be pure understanding and seeing things as they are in themselves. When thoughts are conditioned by expectations, ideas will be conceived according to hopes and desires, i. e. wishful thinking. When striving is conditioned by a goal, it is limited, its path is laid out, and it can only reach what was known already within its precincts of ignorance.

This realisation of one's self, of one's own nature, is the only thing that truly matters. This illuminating insight may begin at any stage on the road of perfection. It does not require a particular setting, for it is life which is to be realised, and life is at hand wherever we are. In the midst of transitoriness this illuminating truth can begin to shine and reveal the world of reality. But this reality will have nothing substantial in it, nothing to lay hold of, no foothold for consolidation. It will leave no room for craving, but only for insight. All the rest will be understood as mere fiction. Thought has created its own environment and attached its own feeling to it. Then in the ensuing conflict it has produced the opposition between an inner self and an external world. Whatever takes place in that world of fiction, is seen as highly important, till in its self-contradictoriness the world appears one mass of sorrow. Insight into the real nature of this process will understand from its cause the true, i. e. the fictitious value of all its reactions. For to see the false as false is true understanding.

Feelings, whether inner or outer, which arose from a deluding distinction, from a fictitious environment, will be discarded as passing shadows which cannot truly darken the light of the sun and which cannot leave a trace in their passing. This insight, therefore, will truly solve the problem of sorrow,

Shake Off Mental Stagnation

It is limited knowledge which perverts the truth. For limited knowledge admits of a certain amount of misunderstanding. In that twilight it is most difficult to work, for a glimpse of truth convinces the mind that it has grasped the full truth and its own mistaken distortion of the world is taken for full understanding. Then there will be partly a going forth and partly a holding back. Compromise between the two will give a temporary satisfaction; and so mental stagnation sets in, which is the greatest hindrance for the illuminating truth to grow out into blissful life.

Even in the case of the few people who were able to work themselves up and out of the drudgery of routine work, even their mind is frequently occupied with speculation, analysis, philosophy and similar mental playthings, leaving no room for growth and development. Whatever is learnt anew is put in old receptacles and thus truth itself will become distorted. Thus it happens that all religions claim to have and to be the truth. In reality, no religion is true, for religions are organisations, working along fixed lines, dogmas, moral codes, faith, spiritual exercises, methods of meditation, prayers rituals, etc. Only insight into the real nature of all things and "self" can deliver one from all these fetters. Any system which claim to have the truth is a deception for truth is a living understanding which has to grow in each one individually, till all individuality will have been outgrown. Religion may contain some truths, they may be reminders of truth, but when they claim to be channels of truth and means of salvation, they become mere distortions, for then they prove to miss real insight into the inner nature of the mind.

This understanding cannot be developed through experience. What is called experience is nothing but a name given to mistakes made in the past. Experience through mistakes only tells one how not to set about things. In the failure to solve a problem in the past is shown a lack of understanding. And as, moreover, that problem is not and can never be the same problem again, (for the environmental and other conditions are constantly changing), it will be impossible to learn from that lack of understanding. In a very remote way in unessential matters a failure in the past may be a sign of warning not to try that experiment again, but that still remains a very vague and negative way of learning. Hence we can truly say that understanding does not develop through experience.

Process of Delusion

The understanding, however, that ignorance was the cause of earlier failings will produce greater alertness in the present conflict. Thus arises insight in our nature as a process of ignorance and delusion. If that insight is actual, the delusion will vanish at the same moment, as the delusion of a man who in the

Summons to Defendant

IN THE DISTRICT COURT OF JAFFNA

No 460. Divorce

Amuthambikai wife of Arumugam Chelliah of Myliddy South Against Plaintiff
Arumugam Chelliah of Maviddapuram presently of Gadong Estate Batu Lant Kuala Lumpur Malaysian Union Defendant

To the above-named Defendant
Whereas the above-named Plaintiff has instituted an action against you in this Court for getting a declaration of marriage, that subsists between her and you, dissolved and to get a decree of divorce "a Vinculo Matrimonii" entered on, the ground of malicious desertion and for the recovery of costs of this action, you are hereby summoned to appear in this Court, either in person or by Proctor, on the 4th day of October 1948 at 10 o'clock of the forenoon, to answer the above-named Plaintiff. And you are hereby required to take notice that in default of your so appearing the action will be proceeded with and heard and determined in your absence. And you will bring with you, or send by your Proctor, any documents on which you intend to rely in support of your defence.

By Order of Court,
Sgd. S. Vaithilingam
Chief Clerk

This 15th day of June 1948.

S. Ilayatambi
Proctor for Plaintiff.

Summons extended and reissued for 5th September 1949.

Sgd. Vaithianathan
C. C.

5.9.49 Extended for 10th
October 1949
Sgd. W. I. Spencer
Addl. D. J.

(O 80 7)

dark mistook a rope for a serpent, will disappear and not arise again once the mistake is found out. Speculations about the nature of delusion will not bring about an actual solution of the same, for in speculation only imaginary cases are taken up for consideration. It is a scholarly work perhaps, but not actual. Such speculations lead to suggestions which are mere temporary remedies. From those speculative solutions have arisen the different institutions, meant to organise social welfare, spiritual reform, etc. They certainly produce many good effects. But as they have not originated from the understanding of the problem, but only from the knowledge of its existence, those organisations cure the effects, but can do nothing to remedy the cause which they do nothing to remedy the cause which they do not even try to understand.

Rearrangement of causes will not solve a conflict, but merely produce a new one, while the opposition remains the same. Insight, however, will understand the opposites both as delusions, and thereby reduce them and the conflict to nothing. With the perception of the conflict there should not be a desire for a solution even; for that would be an actual taking sides. A choiceless awareness alone will comprehend the necessity of solving the conflict, for in awareness alone there is actuality, not based on experience of the past, not building on speculation in the future. In this actual comprehension there is no separation possible between the self and the world. When the two are seen as one single process, all delusion, all conflict, all opposition, comes naturally to an end, not by controlling, checking or overcoming it, but by understanding it as a delusion.

ORDER NISI

IN THE DISTRICT COURT OF POINT PEDRO

Testamentary Jurisdiction No. 395

In the matter of the intestate estate of the late Chinnathamby Eliathamby of Karavaddy East, Karavaddy Deceased.
Sellammah widow of Chinnathamby Eliathamby of Karavaddy East Petitioner.

1 Eliathamby Sivasithamparam
2 Gohilarani daughter of Eliathamby
3 Pushparani daughter of Eliathamby
4 Selvarani daughter of Eliathamby
5 Velautham Sathasivam all of Karavaddy East Respondents.

This matter coming on for disposal before P. Sri Skanda Rajah

Esquire, District Judge, Point Pedro on the 12th day of August 1949 in the presence of Mr. R. Navaratnam, Proctor for petitioner and the affidavit of the petitioner dated the 10th day of November 1948 having been read.

It is ordered that the petitioner be and she is hereby declared entitled to obtain Letters of Administration to the estate of the late Chinnathamby Eliathamby of Karavaddy East and that Letters of Administration be issued to her unless the respondents or any other person shall on or before the 20th day of October 1949 show cause to the satisfaction of this Court to the contrary.

This 12th day of August 1949
P. SRI SKANDA RAJAH,
District Judge.

Drawn by
R. Navaratnam
Proctor for Petitioner.
(O. 81.7 & 11)

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Chief Editor T. MUTTUSAMIPILLAI