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Message from the Chief Guest

P. Mahendran Esq.,
Deputy Inspector General of Police,
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Jaffna. *13-9-80*

It is a great privilege and honour to send this message on the occasion of the 25th Anniversary of the Jaffna A. A. A.

Being an Athlete for several years in the past representing University of Ceylon & the Sri Lanka Police, I am aware of the splendid work done by the Jaffna A. A. A. in the past 25 years, and the high standard of Athletics achieved during this period. With Young and Energetic Sports Promoter of the North, Mr. V. T. Sivalingam as President of the Association, I have no doubt that Jaffna will go up the ladder still further in the field of Athletics.

The Jaffna A. A. A. has an excellent record of having produced a number of outstanding Athletes and to mention a few, N. Ethirveerasingham, V. T. Mahalingam, Long Distance runner Rajendram and the latest find Woman Athlete Selvagowrie Retchakan.

Though Athletes from abroad are not taking part at this meet, I have no doubt in my mind that a high standard of Athletics could be achieved when outstanding Athletes of Sri Lanka along with those who took part at the recent Moscow Olympics representing Sri Lanka are participating.

For Sport is Peace, Understanding and Co-operation. Sport is New friendship. Sport is a Healthy Spirit, the Triumph of man over his weakness. Sport is Life. The Oldest Olympic event, Track & Field is rightly called the Queen of Sports for its natural beauty & rich variety. I am sure & confident that this Meet will be conducted in the best traditions of this Sport as it has always been done in the past.

Thank you.

P. Mahendran

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Message from the President

This Years Annual Championships is a land mark in the history of Athletics in Jaffna, as our Association the Pioneer Body for Athletics in this town, is celeberating its Silver Jubilee Meet.

One cannot forget at this moment the Stalwarts, who held Office during the last 25 years to do their best to keep this Association grow in strength year by year.

Our Championship is normally held a few weeks prior to the Sri Lanka Public Schools Championships Meet and the National Championships in order to give our Athletes a Meet of good competition, so that they get in fine form when they take part in the above said Meets. This has paid dividends, as several Schools in Jaffna had in the recent past won the Outstation Championships Trophy, and several first places & colours at the Public Schools Championship Meets annually.

Among these there were few who went a step further by winning the Sri Lanka Title, of whom we should not forget that fine High Jumper Nagalingam Ethirveerasingham, (Holds the Sri Lanka High Jump Record) Late V. T. Mahalingam (National title winner, High Jump & Long Jump) S. A. Benedict and the recent find Mrs. Selvagowrie Varadakumar nee Retchakan, the first woman athlete from Jaffna to equal the Sri Lanka 100 metres hurdles record. It is indeed a splendid achievement, because as a School Girl of 19 years she was able to equal a Sri Lanka record.

Jaffna A. A. A. is proud of the achievement of its members in the field of athletics for the last several years.

I should like to place on record the magnanimous gesture in which the Mercantile sector, specially of those in the North, rise to the occasion by helping, us year after year to run this meet and make a success. If not for them no Meet could be held.

Invitation has been extended to all the leading Athletics Clubs in Sri Lanka to take part in this Meet, My thanks to those clubs who have responded to our invitation, and I assure the Sporting Public of Jaffna two days of good Athletics.

A word of thanks to the members of my Committee, and others who had helped me to run this meet, and also to our Chief Guest, the Sporting D. I. G. Mr. P. Mahendran and to Dr. Mrs. L. Mahendran.

Finally I sum up by saying as an Athlete, a victory in Athletics is sometimes decided nowadays by a margin of Centimetres or hundredthes of a second. In the incredible hard work which this involves, the motive that drives an Athlete forward is an overpowering urge to win. The line he takes is the line of greatest resistance and that is ATHLETICS.

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Cover Story

by Victor S. Kiruparaj

The Athletic Firmament of Jaffna has, in very recent times, produced a brilliant Star in the form of Selvagowrie Varadakumar nee Retchakan, whose dazzling radiance during the past three and thirty months, has eclipsed the brilliance of a galaxy of bright ones in the wider National Canopy.

Twenty year old Selvagowrie, apparently a a lone 'ranger' at the Ace Athletic Club Meet (incidentally this Meet proved to be the Time Trials for the selection of Athletes for the Open Indian Championship) held recently, skimmed over the 100 metres 'barriers' with the poise and grace, reminescent of International class and calibre to clock a splendid 15.8 seconds in the process, to equal the existing National record held by Suranganie de Silva. Had Selvagowrie been pressed in this race, (unfortunatcly there was none to do so) she would have definitely lowered the National Mark for the event.

Slevagowrie took to hurdling as a duck takes to water a little over four years ago, came up the hard way under the expert guidance and coaching given to her by messrs V. T. Ganeshalingam, N. Ethirveerasingham and by the late Anthony Abeyasinghe, the National Coach.

Chundikuli's 'Jet', Selvagowrie, did proud to her school when she swept aside the much sophisticated challenge from the metropolis to create a new mark of 16·6 secs in the 100 metress hurdles at the Junior Nationals conducted by the Sri Lanka A. A. A. in 1977. Her scintillating performance earned for her the coveted 'Griffith' challenge trophy awarded to the 'BEST WOMAN ATHLETE' of the Meet. She was crowned again with sucess when she picked the 100 metres hurdles title at the Sri Lanka Public Schools' Meet in the new schools' time of 16·7 secs. She also claimed a 'first' in the 'Discus' at the same Meet.

More laurels came Gowrie's way the same year when she glided over the 'Obstacles' to claim a first in her pet event at the dual between the CT & FC and the Deccan Athletic Club of India. She capped it all by striking 'gold' at the J. A. A. A. meet in 1977 when she set up a new mark of 16·2 secs. in the 100 metres hurdles and scoring a first in the Discus throw as well.

The year 1978 saw Selvagowrie continue in her winning streak, creating new marks in the process. She set the ball rolling when she picked the

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100 metres hurdles title at the Junior Nationals and at the Public Schools' Championships. Incidentally she came a close second in the 100 metres sprint at both these MEETINGS. Doing service for Chundikuli Girls' College in the Jaffna Girls' Schools' Track and Field Meet, she stole the thunder with her inimitable performance in her pet event to establish a new Jaffna Schools' mark of 16.5 secs. in the 100 metres hurdles. She also virtually burnt the track to win the 100 metres flat in a new time of 13.3 secs.

Participating in the All Island Schools' Championship conducted by the Ministry of Education in the same year, Selvagowrie glided over the low 'barriers' over 80 Metres, to create a new Sri Lanka mark of 12.6 secs. for the event. She, however, was placed second in the 100 metres sprint at the same Meet.

She wound up the year of her grand performance on a very confident note when she won the 100 metres hurdles title at the Sri Lanka Open National Championships held in October last. Incidentally this OPEN MEET served as a Trial for the final selection of Athletes for the Asian Games. The love and dedication which Selvagowrie continued to show in her pet event (100 metres hurdles) saw the new Athletic Star shine true and bright in the year 1979, when she easily took the 100 metres hurdles at the CT & FC Championship in the new Meet record of 16·1 secs.

For the second successive year, Selvagowrie made certain of her pet event winning it at the Sri Lanka Open A. A. A. National Championships in the splendid time of 15·9 secs. Taking part in the 100 metres flat at the OPEN NATIONALS, she did well to take third place.

1980 dawned and Selvagowrie was in the limelight again when she claimed a first in the 100 metres Hurdles at the CT & FC Deccan Athletic club Meet. It was in the subsquent Meet, in the Ace Athletic Club Championship Meet, that Selvagowrie did remarkably well to equal the Sri Lanka mark in the 100 metres hurdles clocking 15.8 secs. At this Meet, she represented the Jaffna A. A. A. to equal the Sri Lankan record and thereby put the Jaffna A. A. A. in the Sri Lanka A. A. A. annals next to N. Ethirveerasingham. Incidentally she is the first woman athlete from Jaffna to etch her name in letters of gold in Sri Lanka Athletics.

Selvagowrie's performance in the field of Athletics should spur the athletes from the North, to emulate her. It is then that our athletes could win laurels abroad.

Young Selvagowrie's latest achievement is to have permitted herself to enter the matrimonial field. With her lifes partner, VARADAKUMAR, himself a BLACK BELT in Krate, encouraging her, it would not be long when she would make her presence felt at the ASIAN Games to be held in India in 1982

We wish her many more years of Athleties and a happy married life.

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Short History of the Jaffna Amateur Athletic Association

by K' Raj

Tracing back the history of Club Athletics in Jaffna, it would interest the reader to note that it was in the year 1960 that the Jaffna Sports Association, (J. S. A.) the August 'Body' which conducted Inter-Club Soccer and Athletics in Jaffna held its 12th Inter-Club Athletic Meet under the Secretaryship of Mr. E. Canagalingam.

The Jaffna Sports Association which had a separate Committee to conduct Athletic Meets at the Inter-Club level had Mr. P. Cumarasamy as its first Chairman in the year 1949 with Mr. S Sivadasan holding the post of Hony. Secretary. Thereafter from 1950 — 1960 Messers A. C. Fernando, S. A Perera, C. P. Wambeck, A. Gnanasundaram, Dr. G. Chelvadorai (3 yrs). B. R. Motha (2 yrs) and D. J. N. Selvadurai adorned the coveted seat of the Chairman, while the chair of the Secretary was filled in by such 'giants' as Messers R. Sivadasan (5 yrs) E. Sabalingam (2yrs) and E. Canagalingam (4yrs).

It was in the year 1961 that Mr. Ivor D. M. Van Twest, a Sports Promoter of no mean repute, paved the way to form the two separate Sports Bodies, The Jaffna Football Association was formed to promote Inter-Club Soccer in the North. The Jaffna Amateur Athletic Association was conceived this year (1961) with Dr. J. S. Amarasingham being elected its first President. Mr. V. D. Jeyaretnasingam, a brilliant all-round sportsman of the 'fifties' was elected its first Secretary. Dr. C. Mylvaganam was on the saddle for the next two years (1962 & 1963) with Messers V. D. Jeyaretnasingrm and P. Mahendran as Secretaries during the period. Mr. E. Sabalingam was at the helm tor two years (1964 & 1965) during which period Messers. V. D. Jeyaretnasingham and K. Satchithananthan performed the task of Secretary.

It was under the Presidentship of Mr. K. Rasiah, in the year 1965, that heavy overnight rains flooded the track and washed out the Meet.

There was a 'lull' in the Inter-Club Athletic Activities from 1967- 1971. Mr. Rasiah continued to be the President, and the election of Mr. K. Yathukulasinghe and Mr. S. G. Deva to the Secretaryship during this period failed to infuse new 'life' into the already ebbing activities of the Association.

The activities of the defunct J. A. A. A. was revived and given a new lease of life, when Mr. P. Thiagarajah, a veteran Sportsman cum Sports Promoter took over the reigns with K. S. E. Xavier as Secretary.

Young blood was infused into the Association the following year, (1973) when the dashing Cavalier of Sports in the North, Mr. V. T. Sivalingam was elected President, Mr. R. Chelvaratnam the assiduous Sportsman acted as Secretary. It is after Mr. Sivalingam's 'Take Over' of the affairs of the Association, that the MEETS held thereafter took on a new dimension with the

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athletes been given their rightful and honoured place for the role they had played. Awarding of Medals was introduced for the first time in the history of the J. A. A. A.

Mr. V. T. Sivalingam has been the President of the Jaffna Amateur Athletic Association for eight years in a row, and with him at the helm of affairs, preparations are afoot to conduct the Silver Jubilee Meet in a fitting manner.

Mr. V. Balasingam who has been functioning as Secretary of the J A. A. A. since 1977 has his hands full this Jubilee Year. Helping him to work round the clock, is the former sprinter and all round Sportsman and veteran 'brain', Mr. V. T. Ganeshalingam.

Now to turn our attention to the clubs that had figured prominently in Inter-club Athletic Activities since 1949, one could but mention with pride the names of the following clubs-Ariyalai United Club, Orients S. C. Young Men's Guild, Jolly Stars S. C., Patrician S. C, Jaffna College Under Graduate S. C., Trimmer S. C., and the J. T. F. C.

The reader may be interested to note that Ariyalai U. C. and Y. M. G.- each had won the championships on a greater number of occasions than other clubs.

Among the Athletes who had impressed a great deal were P. Panchalingam, N. A. Ratnayake, Lyle Balthasar, M. Deivendra, M. Surendra, A. Ravinderan, Ravinderakumar and W. Vamadevan all of (Ariyalai U. C.);

N. Etheirveerasingam, V. D. Jeyaratnasingam, K. Satkunarajah, S. Selvaraja W. T. Winslow, M. A. Thiagarajah R. C. Perinpanayagam V. Thillaiampalam M. Yakoob, S. Thanabalasingam, and R. Santhagunanathan. (all of Y. M. G.);

V. T. Ganeshalingam, V. T. Sivalingam, V. T. Mahalingam, S. A. Benadict, A. S. Manuel and S. Kanagarajah (all of the (J. T. & F. C.);

N. Balasubramaniam, T. Srivisakarajah, K. Rasiah of the Jolly Stars S. C. and N. T. S, Fernando of the Police.

Among this galaxy of stars, N. Ethirveerasingham, Asian Gold Medallist and National Record holder in the High Jump, is credited with the Jaffna Record (6ft 4¼ Ins) for the event.

S. A. Benedict of the J. T. & F. C. comes next.. The 'Long' (23' 7") and 'Triple' (48' 3¾") lie to his credit. Incidentally Benedict shares the 100 Metres record of 11·3 secs with his coach and club mate, V. T. Ganeshalingam and P. Panchalingam of Ariyalai U. C.

Policeman N. T. Fernando's impressive vault of 11' 9½" in the pole Vault in 1973 may not be easily broken. S. Dharmadasa of the Army who, took part as unattached in 1958 is credited with the 400 Metres record of 51.8 secs.

Among the women, besides Selvagowri, Vinitha Jeyasingam, Malaimahal Ratnasingam, Rukmani Vethanayagam, C. Parameswary and Ruby Nesamalar Alagiah stand out.

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B 8, நவீன சந்தை

ஆஸ்பத்திரி வீதி, யாழ்ப்பாணம்.

கண்ணாடி வளையல்கள், இறப்பர் வளையல்கள், ஆபரண பொருட்கள்
எவர்சில்வர், பித்தளைப் பொருட்கள், குடைகள். மற்றும்
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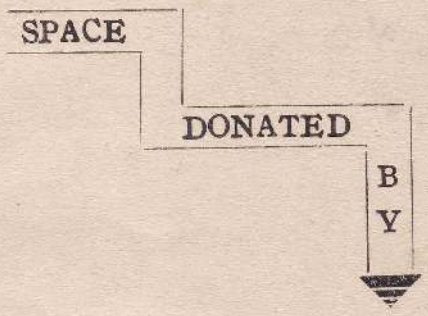

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Men (Black Numbers)

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01. V. Namasivayam
02. S. Sahabdeen
03. J. Sahabdeen
04. P. Leonard Lambert
05. M. Velautham
06. C. S. Sundaralingam
07. Y. Mohamed Ubaidulla
08. C. Christopher
09. S. T. M. Fairous Zaman
10. Michael D. John
11. S. Arulpiragasam
12. S. Pakeer
13. G. J. Ratnadurai
14. T. M. Devendran
15. K. Selvarasu
16. M. M. M. Ismaim

Jolly Stars Sports Club

17. A. Ashokumar
18. T. Raveendran
19. T. Surendrarajah
20. P. S. Ilango
21. S. Rathagopalan
22. S. Dayalan
110. S. Sugantharajah
23. S. Logendran
24. S. Uruthirakugan
25. K. Rajmohan
26. S. Shanmugarajah
27. K. Balakumar
28. A. Thayaparan
111. S. Chandrahanthan

Ceylon Transport Board (N. R.)

29. S. Selvarajah
30. N. Thiyagarajah
31. N. Ratnalingam
32. K. Buvanendrarajah
33. P. Ratnam
34. T. Loganathan
35. M. Lawrence

Jaffna Track & Field Club

36. A. S. Manuel
37. S. Kanagarajah
38. Anton Anpalagan
39. S. Inpanathan
40. J. A. Pusparajah
41. R. Panchathiraviam
42. M. Aloysious
43. K. Athisdanathan
44. S. Harindran
112. S. George
114. S. Buvanendra
45. M. C. Pathmarajah
46. M. K. M. J. Chellappah
47. M. C. Seramaan
48. M. S. Alfred
49. R. Rajaratnam
50. Mark A. Godwin
51. A. K. Rubarajan
52. C. Jeyaram
53. S. Shanmugarajah
113. M. Manoharan
115 M. A. I. Thayarupan

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60. N. T. S. Fernando
61. P. Fernando
62. N. A. T. Jeyasinghe
63. S. A. Jeyaweera
64. N. Jeyamana
65. R. M. Kumarasiri
66. S. Manemperi
67. T. R. S. Miskin
68. A. Mirando
69. H. W. Nimalasiri
70. L. Perera
71. A. Ranasinghe
72. R. M. Ratnayake
73. S. A. Ravindirakumar
74. R. Rajendran
75. S. Sebastian
76. A. D. Somaratna
77. K. U. Silva
78. R. M. Thilakasiri

Jaffna Recreation & Sports Club

79. S. Sivathasan
80. T. Chandrapalan
81. S. Shanmugarajah

Trimmer Sports Club

82. S. Sithamparanathan
83. S. Srignanadas
84. S. Sritharan
85. S. Ulaganadan
86. M. Nagarasa
87. M. Yogarajan
88. A. M. Thafeek
89. K. Hemendran
90. S. Jeevaratnam
91. N. Mohan
92. R. Srirangan
93. V. A. Bhahirathan
94. S. D. Sumithiran
95. S. Sathiyaseelan
96. S. Kugabalasooriar
97. C. K. Fernando
98. A. S. V. R. Rajasegaram
99. F. X. N. Sandrasegaram
100. K. W. Vimalarajah
101. S. Thevarajah
102. V. Paul Prahalathan
103. T. Sutharsan
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COMPETITORS

(Women Red Numbers)

Jolly Stars Sports Club

01. K. Jeyananthakumari
02. A. Anandaverny
03. A. Jasoranee
04. S. Kalajini
05. S. Malini
06. R. Jeyanthi

Jaffna Track & Field Club

07. V. Selvagowri
08. P. Maheswari
09. R. Rosita
10. J. Renuhawathy
11. R. Varahini
12. S. Rathy
13. R. Rohini
14. K. Arulnangai
29. K. Ganeshan
30. S. Nalliah
31. S. Senthilmathy
32. S. Nanthini
33. M. Geetha
34. S. Shiranee

Trimmer Sports Club

15. Miss. S, Kandasamy
16. M. Panchalingam
17. K. Thuraisamy
18. Y. Arulanantham
19. D. Ramanathan
20. U. Mahendran
21. R. Nallathamby
23. S. Kandiah
24. J, Somasegaram
25. V. Paskaradevan
26. R. Arumugam
27. K. Kandasamy
28. V. Saravanamuthu

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Men

116. K. D. M. Ranjith
117. W. S. Tissara
118. M. A. Selvarajah
119. B. G. M. S. Silva
120. S. Sivarajah
121. K. Aruntheva rajah
122. T. Sri Rangan
123. S. Nagarajah
124. A. N. Mahendran
125. S. Shanmugalingam
126. K. Manoharan
127. Michael Pieris
128. S. Raveendra Rajah
129. M. Thamotharampilli
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ORDER AND TIME OF EVENTS

Saturday 20th September 1980

Event No.	Time	Event		
1	2-00 p. m.	400 Metres Hurdles	Men	Heats
2	2-15 p. m.	100 Metres	Women	Heats
3	2-20 p. m.	100 Metres	Men	Q. Finals
4	2-30 p. m.	Pole Vault	Men	Final
5	2-30 p. m.	Javelin Throw	Men	Final
6	2-30 p. m.	Long Jump	Women	Final
7	2-40 p. m.	400 Metres	Men	Q. Final
8	3-00 p. m.	Putt Shot	Women	Final
9	3-15 p. m.	Long Jump	Men	Final
10	3-15 p. m.	800 Metres	Men	Final
11	3-30 p. m.	200 Metres	Men	Q. Finals
12	3-45 p. m.	200 Metres	Women	Heats
	3-45 – 4-00 P. M. INTERVAL			
13	4-00 p. m.	High Jump	Women	Final
14	4-00 p. m.	4 × 100 Metres Relay	Men	Heats
15	4-30 p. m.	110 Metres Hurdles	Men	Heats
16	4-30 p. m.	400 Metres	Men	Semi-Final
17	4-35 p. m.	Putt shot	Men	Final
18	4-35 p. m.	Discus Throw	Women	Final
19	4-45 p. m.	100 Metres	Men	Semi-Final
20	5-00 p. m.	5000 Metres	Men	Final
21	5-15 p. m.	100 Metres Hurdles	Women	Heats
22	5-20 p. m.	200 Metres	Men	Semi-Finals
23	5-25 p. m.	400 Metres	Women	Final
24	5-30 p. m.	4 × 400 Metres Relay	Men	Heats

ORDER AND TIME OF EVENTS

Sunday 21st September 1980

Event No.	Time	Event		
25	2-30 p. m.	400 Metres Hurdles	Men	Final
26	2-40 p. m.	200 Metres	Women	Final
27	2-50 p. m.	200 Metres	Men	Final
28	3-00 p. m.	Discus Throw	Men	Final
29	3-00 p. m.	High Jump	Men	Final
30	3-15 p. m.	400 Metres	Men	Final
31	3-20 p. m.	Triple Jump	Men	Final
32	3-20 p. m.	Javelin Throw	Women	Final
33	3-30 p. m.	110 Metres Hurdles	Men	Final
34	3-40 p. m.	4 × 100 Metres Relay	Women	Final
35	3-50 p. m.	4 × 100 Metres Relay	Men	Final

3-50 — 4-15 P. M. INTERVAL

36	4-15 p. m.	100 Metres	Women	Final
37	4-20 p. m.	100 Metres	Men	Final
38	4-35 p. m.	100 Metres Hurdles	Women	Final
39	4-50 p. m.	1500 Metres	Men	Final
40	5-00 p. m.	4 × 400 Metres Relay	Men	Final

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ORDER AND TIME OF EVENTS

Saturday 20th September 1980

Event No. 1 — **400 Metres Hurdles (Men) — Heats** — **2-00 p. m.**

1st Heat:- **22, 62, 94, 33 118 136**
2st Heat:- **108, 6, 72, 59 128**

1st 2nd & 3rd each heat to run in the Finals

Event No. 2 — **100 Metres (Women) — Heats** — **2-15 p. m.**

1st Heat:- **5 7 16 13 24 6**
2nd Heat:- **9 1 22 19 14 26**

1st 2nd 3rd & 4th in each heat to run in the Finals

Event No. 3 — **100 Metres (Men) — Q Finals** — **2-20 p. m.**

1st Heat:- **67 100 43 2 40 56 117**
2nd Heat:- **109 1 91 41 58 98 119**
3rd Heat:- **47 17 103 42 34 3 120**
4th Heat:- **88 75 107 3 96 112 133**

1st 2nd 3rd & 4th in each heat to run in the Semi Finals.

Event No. 4 — **Pole Vault (Men) Final** — **2-30 p. m.**

In Order of Vaulting.

106 84 73 24 77 92 25 60 86 22 76 85 118 132

Starting Height 9' 5"

Event No. 5 — **Javelin Thraw (Men) — Final** — **2-30 p. m.**

In Order of throwing.

76 36 13 22 89 68 2 35 61 102 20 71 38 120 125 126 128 136

Each Competitor will be given Three throws, and the best four will be allowed three further throws.

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Event No. 6 — **Long Jump (Women) — Final** — **2–30 p. m.**

In Order of Jumping

6 20 2 13 25 1 9 16 5

Each Competitor will be allowed. Three trials and best Four will be given three further Trials.

Event No. 7 — **400 Metres (Men) Q Finals.** — **2–40 p. m.**

1st Heat:- **45 63 103 14 39 89 99 127**
2nd Heat:- **8 42 58 95 80 49 31 115 130**
3rd Heat:- **27 59 44 62 41 72 6 112**

1st, 2nd, 3rd, 4th in each heat to run in the Semi - Finals.

Event No. 8 — **Putt Shot (Women) Finals.** — **3-00 p. m,**

In Order of Throwing.

23 15 8 27 12 17 4 28 30

Each Competitor will be given Three throws and the best Four will be given three further Throws.

Event No. 9 — **Long Jump (Men) Final.** — **3-15 p. m.**

44 93 86 16 109 40 20 85 78 101 2 47 98 18 91 30 49 1 73 83 115 117 121 124 127 132 134

Each Competitor will be given Three Jumps and the best Four will be given three further Jumps.

Event No. 10 — **800 Metres (Men) Final.** — **3-15 p. m.**

Competitors:- **89 5 39 70 88 6 74 95 10 63 33 99 8 50 82 104 64 116 129 130 131**

Event No. 11 — **200 Metres (Men) Q Final.** — **3-30 p. m**

1st Heat:- **107 67 49 7 88 41 2 120**
2nd Heat:- **31 17 3 43 69 112 46**
3rd Heat:- **103 58 34 79 45 1 119**

1st, 2nd, 3rd & 4th in each heat to run in the Semi Finals.

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Jaffna.

Event No. 12	200 Metres (Women) Heats	3-45 p. m.

1st Heat:- 1 14 10 6
2nd Heat:- 7 16 5 22

1st, 2nd, 3rd in each heat to run in the Final.

Event No. 13	High Jump (women) Final	4-00 p. m.

Competitors:- 20 3 26 13 18 2 24

Event No. 14	4 × 100 Metres Relay (Women) — Heats	4-00 p. m.

A. F, G. M
B C D L

Event No. 15	110 Metres Hurdles (Men) — Heats	4-30 p. m.

1st Heat:- 23 75 96 107
2nd Heat:- 46 56 100 117

1st 2nd & 3rd in each heat to run in the Final

Event No. 16	400 Metres (Men) Simi Finals	4-30 p. m.

1st, 2nd & 3rd in each semifinal to run in the Final.

Event No. 17	Put - Shot (Men) — Final	4-35 p. m.

Competitors:- 53 81 36 54 1 48 76 38 52 10 66 26 37 61
15 51 122 123 125 126 135

Each Competitor will be given Three trials and the best Four will be given three further trials.

Event No. 18	Discus Throw (Women) — Final	4-35 p. m.

Competitors:- 27 17 11 23 4 28 8 25

Each Competitor will be given Three trials and the best Four will be given three further trials

Event No. 19	100 Metres (Men) Semi - Final	4-45 p. m.

1st 2nd 3rd & 4th in each Semi final to run in the final.

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Event No. 20	5000 Metres (Men) Final	5-00 p. m.

Competitors:- 90 74 110 32 82 55 12 105 29 64 50 97 111 113 116 129 131

Event No. 21	100 Metres Hurdles (Women) Heats	5-15 p. m.

Competitors:- 7 13 18 24 26 2

Event No. 22	200 Metres (Men) – Semi Final	5-20 p. m.

1st, 2nd, 3rd in each heat to run in the Finals.

Event No. 23	400 Metres women) Finals	5-25 p. m.

10 1 12 13

Event No. 24	4 × 400 Metres Relay (Men) Heats	5 30 p. m.

Relay Teams

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A	Jolly Stars S. C.	H	Jolly Stars S. C.
B	J, T. & F. C. Black	I	J. T. & F. C. Black
C	Police A	J	Trimmer S. C.
D	Palaly Training College	K	J. T. & F. C. Golds
F	J. T. & F. C. Golds		
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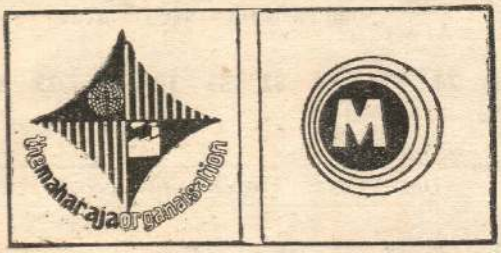

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JAFFNA AMATEUR ATHLETIC ASSOCIATION

CHAMPIONSHIPS 1980

REGULATIONS

1. The meet will be run under A. A. A. laws of Sri Lanka and the I. A. A. F. rules for competitions.

Attention of competitors is invited particularly to the following:

2. Competitor's clothing must be clean not objectionable and not transparent even if wet.

3. (a) Every Competitor will be provided with numbers to be worn visibly on the breast and back.
The number must correspond with the number in the programme.

(b) The number must be securely fixed to the clothing at its four corners.

(c) A competitor will not be allowed to compete if his/her number is not properly worn.

(d) A competitor finishing a race with his/her numbers not properly fixed is liable to disqualfication.

4. All competitors are requested to wear their Club colours.

5. Competitors not ready at the time and place appointed for events are liable to be scratched.

(a) A competitor called upon to take part in a track event while a field event in which he/she is participating is in progress, must obtain the permission of the field event Judges to proceed to the track event.

(b) A competitor taking part in a field event must complete his pratice trials and his measurement of check marks before the event is scheduled to begin.

6. A Competitor shall not receive any assistance whatsoever from anyone during the progress of an event except as provided in the rules. The intention of this rule is that once the event has started each competitor, shall make his or her own decisions without assistance from Coaches, Officials, club mates or spectators. Any competitor receiving such assistance is liable to disqualification.

7. In the Pole vault, long jump and triple jump a competitor may place makes alongside thc runway, but no competitor may place or cause to be placed any mark beyond the scratch line.

8. Starting blocks may be used in races not exceeding 400 m. and in Relay races only by those competing over the first stage provided that stage does not exceed 400 m. competitors may use their own starting block, provided they have the starter's approval.

9. In throwing events the organaizers will provide the implements. Competitiors will not be allowed to use their own.

10. In the throwing events, practice throws must be made only from the throwing bases or their immediate vicinity and implements returned by hand and not thrown back. Disregard to this warning will render a competitor liable to disqualification.

11. In the Pole Vault event, competitors may use their own vaulting poles. A competitor may use another's pole only with the consent of the owner.

12. In a field event a competitor who unreasonably delays making a trial renders himself / herself liable to disqualification.

13. (a) Protests realating to matters which develop during the carrying through of the programme should be made at once and not later than 30 minutes after the results have been officially announced.

(b) Protests shall in the first instance be made orally to the referee by the athlete himself or someone acting on his behalf. The Referee may decide on the protest but there shall be a right of appeal to the Jury.

(c) An application to the Jury of Appeal must be in writing signed by a responsible Official on behalf of the Athlete and must be accompanied by a deposit of Rs. 150/-. The deposit shall be forfeited if the appeal is considered to be frivolous.

14. Competitors are particularly requested to make use of the enclosure specially reserved for them.

(a) Competitors not actively engaged in an event or in the preparation for it, must remain in the competitor's enclosure.

(b) They must retire to the enclosure immediately after their event is concluded.

(c) They must not invite their non participating friends to this enclosure.

15. The organizers will make every effort to carry through the programme in the order and the times printed but reserve the right should necessity arise, to cancel any event or make any alteration they consider advisable.

16. Distribution of points:
Points shall be distributed as follows:
Individual Events: 10, 7, 5, 3, 2, 1 for the First six places.
Relay Events: 15, 10, 6, 4, 3, 2 for the First six places.
In the event of a tie, the points will be shared.

17. The first, Six in the various events will be awarded certificates, Those who come first, Second and Third will be awarded Medals. Challenge Cups awarded at the Meet must be returned to the Hony. Secretary A. A. A. when called for.

By Order
JAFFNA AMATEUR ATHLETIC ASSOCIATION
V. BALASINGHAM
Hony. Secretary

ORDER AND TIME OF EVENTS

Sunday 21st September 1980

Event No. 52	400 Metres Hurdles (Men) Final	2-30 p. m.

Competitors. See supplement

Event No. 26	200 Metres (Women) Final	2-40 p. m.

Competitors: See supplement

Event No. 27	200 Metres (Men) Final	2-50 p. m.

Competitors: See Supplement

Event No. 28	Discus Throw (men) Final)	3-00 p. m.

Competitors: 53 71 36 10 48 66 28 4 30 38 61 51 1 37 52
26 68 35 122 123 126 128 133 135

Each competitor will be given Three throws and the best four will be given three more throws.

Event No. 29	High Jump (Men) Final	3-00 p. m.

Competitors: 77 43 21 33 84 65 19 48 101 46 9 57 92 18 119
Starting Hight 5 ft. 1 ins. 122 132 133 134

Event No. 30	400 Metres (Men) Final	3-15 p. m.

Competitors: See supplement

Event No. 31	Triple Jump (Men)	3-20 p. m.

Competitors: 47 101 20 98 44 83 18 91 40 16 89 45 93 1
19 31 78 85 114 115 118 121 127 134

Event No. 32	Javelin Throw (Women) Final	3-20 p. m.

Competitors: 11 28 12 21 8 27 4 23 30

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Event No. 33	110 Metres Hurdle (Men) Final	3-30 p. m.

Competitors See suplement

Event No. 34	4 × 100 Metres Relay (Women) Final	3-40 p. m.

Teams:

Event No. 35	4 × 100 Metres Relay (Men) Final	3-50 p. m.

3-50 — 4-15 P M. INTERVAL

Event No. 36	100 Metres (Women) Final	4-15 p. m.

Competitors: See supplement

Event No. 37	100 Metres (Men) Final	4-20 p. m.

Competitors: See supplement

Event No. 38	100 Metres Hurdles (Women) Final	4-35 p. m.

Competitors: See Supplement

Event No. 39	1500 Metres (Men) Final	4-50 p. m.

Competitors: 5 29 50 64 85 111 86 97 87 110 90 70 32 82
95 11 105 74 55 113 116 129 130 131

Event No. 40	4 × 400 Metres Relay Final	5-00 p. m.

Team: See Supplement

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MEN

Event	Performance	Name of Competitor	Club	Date
100 Metres	11.3 sec	V.T. Ganeshalingam	(J. T. & F. C.)	24-9-60
		P. Panchalingam	(Ariyalai U. C.)	1-9-61
		S. A Benedict	(J. T. & F. C.)	11-9-64
200 Metres	22.7 sec.	P. Panchalingam	(Ariyalai U. C.)	2-9-61
400 Metres	51.8 sec.	Bdr. S. Dharmadasa	(Unattached)	26-9-58
		M. A. Ratnayake	(Ariyalai U. C.)	11-9-65
800 Metres	2m 0.2 sec.	S. Balasingam	(Unattached)	26-9-72
1,500 Metres	4m 16 2 sec.	S Balasingam	(Ar yalai U. C.)	23-9-73
5,000 Metres	16m 22 6 sec.	S. Balasingam	(Unattached)	26-9-72
110 Metres Hurdles	16·8 sec.	K. Rasiah	(Jolly Stars)	12-9-64
400 Metres Hurdles	60 0 sec.	M. Theivendra	(Ariyalai U. C.)	12-9-64
High Jump	6 ft. 4½ ins.	N Ethirveerasingam	(Y. M. G.)	2-9-61
Triple Jump	48 ft. 3⅜ ins.	S. A Benedict	(J. T. & F .C.)	12-9-64
Long Jump	23 ft. 7 ins.	S. A. Benedict	(J. T. & F. C.)	11-9-64
Putting the Weight	42 ft. 10 ins.	S. Kanageraja	(J. T. & F. C)	8-10 78
Throwing the Discus	117 ft. 10 ins.	M. A. Thiagarajah	Y. M. G	9-10-67
Throwing the Javelin	175 ft. 6 ins.	A. S. Manuel	J. T. & F. C	10-9-75
Pole Vault	11 ft. 9½ ins.	N. T. S. Ferdando	(Police S. C.)	22-9-73
4 × 100 Metres Relay	45.2 sec.		(Police S. C)	8-10-78
4 × 400 Metres Relay	3m37 .5 sec.		J. T. & F. C "Gold"	12-9-64

WOMEN

100 Metres	13·2 sec.	J. Vinitha	(J. T. & F C.)	7-10-75
200 Metres	27·7 sec.	J. Vinitha	(J. T. & F C.)	7-10-75
400 Metres	1 mt 12·4 sec.	D. Selvarajah	(Ariyalai U C.)	28-9-74
100 Metres Hurdles	16·2 sec.	Selwagowri Retchakon	(J. T. & F. C.)	9-10-77
High Jump	4 ft. 10 ins.	V. Rukmani	(Ariyalai U. C.)	24-10-59
Long Jump	17 ft. ½ ins.	M. Ratnasingam	(Ariyalai U. C.)	6-10-75
Throwing the discus	84 ft. 5½ ins.	Selwagowri Retchakan	(J. T. & F. C.)	9-10-77
Throwing the Javelin	79 ft. 1 ins.	K. Nadesan	(M. G. H. S. Pt. Pedro)	12-9-64
Putting the Weight	28 ft. 2 ins.	C. Parameswary	(Unattached)	10-9-65
4 × 100 Metres Relay	54·2 sec.		(Ariyalai U. C.)	7-10-7?

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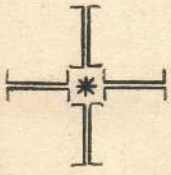

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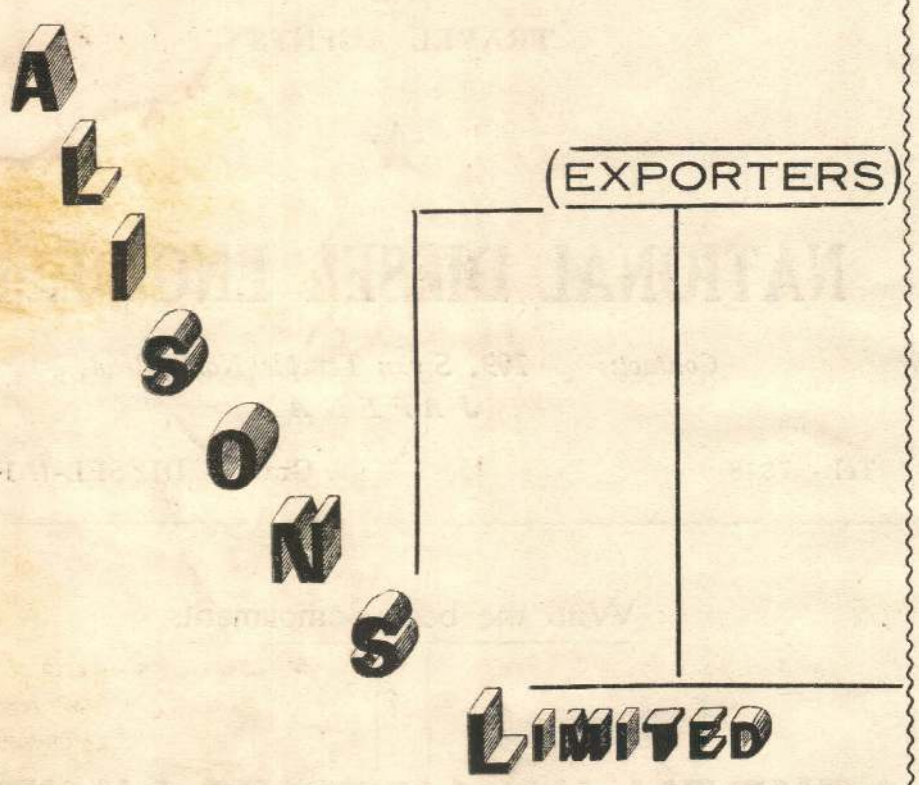

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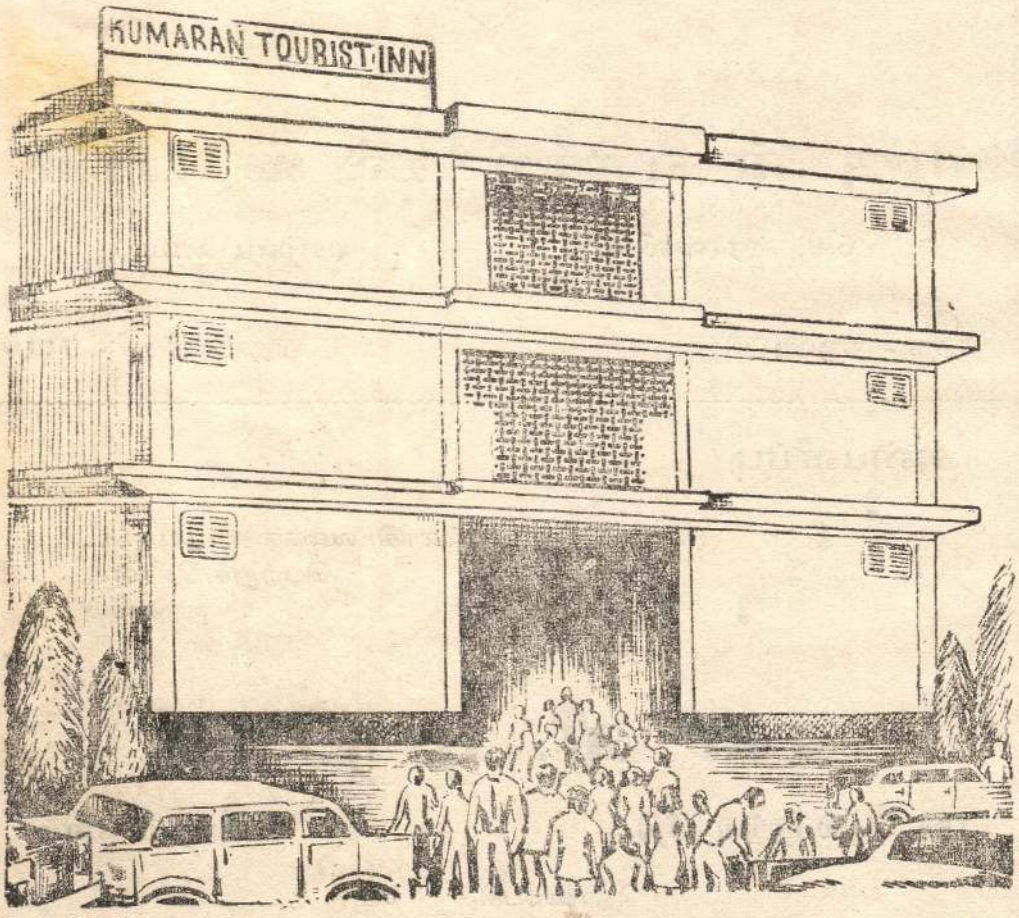

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அட்டைப்பட விளக்கம்

விக்டர் எஸ். கிருபைராஜ்

யாழ்ப்பாணத்தின் விளையாட்டு ஆர்வலர்களால் உருவாக்கப்பட்ட சிறந்த விளையாட்டு வீராங்கனை யான செல்வகௌரி வரதகுமார் (இரட்சகன்) கடந்த ஐந்தரை வருடங்களாக அகில இலங்கை தேசிய ரீதி யில் விளையாட்டுத் துறையில் பிரகாசித்துள்ளார்.

இருபது வயதான செல்வகௌரி அண்மையில் கொழும்பில் நடைபெற்ற (ACE Club) விளையாட்டுப் போட்டியொன்றில் 100 மீட்டர் தடை தாண்டி ஓட்டப் போட்டியில் யாழ்ப்பாண விளையாட்டுச் சங்கம் (Jaffna A. A. A.) சார்பில் அகில இலங்கை தேசிய சாதனைக்கு சமமான சாதனையொன்றை நிலைநாட்டி யுள்ளார். இந்தியாவில் நடைபெறும் விளையாட்டு போட்டியில் பங்கு பற்றுவதற்கு வீரர்களை தெரிவு செய்வதற்காக இப்போட்டி நடைபெற்றது.

முன்பு சுருங்களி டீ சில்வா ஏற்படுத்திய 100 மீட்டர் தடை தாண்டி ஓட்டத் திற்கு சமமான சாதனையே செல்வகௌரி ஏற்படுத்தியிருந்தார்.

திருவாளர்கள் வி. ரி. கணேசலிங்கம், என். எதிர்வீரசிங்கம் காலம்சென்ற தேசிய பயிற்சியாளர் அந்தனி அபயசிங்கா ஆகியோர் இவரின் பயிற்சியாளராகக் கடமை யாற்றினர்.

சுண்டிக்குளியில் கல்வி கற்ற செல்வகௌரி தனது கல்லூரிக்கு பெருமை தரும் வகையில் விளையாட்டுப் போட்டியில் பல சாதனைகளை ஏற்படுத்தியிருந்தார்.

1977ம் ஆண்டு அகில இலங்கை விளையாட்டுச் சங்கத்தினால் நடத்தப்பட்ட விளையாட்டுப் போட்டியில் 100 மீட்டர் தடை தாண்டல் ஓட்டத்தை இவர் 16 6 செக்கனில் ஓடிமுடித்தார். அகில இலங்கை பாடசாலைகளுக்கிடையே நடைபெற்ற விளையாட்டுப் போட்டியில் இவர் சிறந்த பெண் வீராங்கனைக்கான விருதையும் பெற் றுக்கொண்டார்.

செல்வகௌரி 1978ம் ஆண்டிலும் விளையாட்டுப் போட்டிகளில் கலந்துகொண்டு பல சாதனைகள் புரிந்துள்ளார்.

யாழ்ப்பாணத்தில் நடைபெற்ற பல விளையாட்டுப் போட்டிகளில் இவர் சுண் டிக்குளி மகளிர் கல்லூரியின் சார்பின் கலந்துகொண்டு 100 மீட்டர் ஓட்டம், 100 மீட் டர் தடைதாண்டல் ஓட்டம் ஆகியவற்றில் புதிய சாதனைகளை நிலையாட்டினார்.

கல்வி அமைச்சினால் நடத்தப்பட்ட விளையாட்டுப் போட்டிகளிலும் 80 மீட்டர் தடைதாண்டி ஓட்டத்தில் அகில இலங்கை சாதனை உட்பட இவர் பல சாதனைகளை நிலை நாட்டியுள்ளார். 80 மீட்டர் தடைதாண்டி ஓட்டத்தை 12 6 செக்கனில் ஓடி சாதனை புரிந்தார். செல்வகௌரி 1979ம் ஆண்டில் 100 மீட்டர் தடை தாண்டல் ஓட்டப் போட்டியில் புதிய சாதனையொன்றை நிலைநாட்டி, இத்தூரத்தை 16.1 செக்கனில் ஓடி முடித்தார் என்பது குறிப்பிடத்தக்கது.

இவர் 100 மீட்டர் தடைதாண்டல் ஓட்டப்போட்டியில் புதிய அகில இலங்கை தேசிய சாதனைக்கு சமமான சாதனையை நிலைநாட்டியதன் மூலம் யாழ்ப்பாணத்தின் விளையாட்டு சரித்திரத்தில் முன் என். எதிர்வீரசிங்கம் பெற்ற இடத்தை இவர் பெண்களில் பெற்றுள்ளார்.

விளையாட்டுத்துறையில் இவர் ஏற்படுத்திய சாதனைகள் மூலம் அகில இலங்கையிலும், இந்தியாவிலும் விளையாட்டுத் துறையில் தன்னிகரில்லா இடத்தைப் பெற்றுள்ளார். இவருடைய விளையாட்டுச் சாதனைகள் யாழ்ப்பாண வீரர்களுக்கு வெளி நாடுகளிலும் நன்மதிப்பை ஏற்படுத்திக்கொடுக்க வழி வகுத்துள்ளார்.

தற்போது இவர் வரதகுமார் என்பவரை மணந்து மணவாழ்க்கையில் பிரவேசித்துள்ளார். வரதகுமார் கராட்டியில் ''கறுப்புப்பட்டி'' (BLACK BELT) பெற்றவராவர். இவரும் விளையாட்டுத்துறைகளில் ஆர்வமுடையவர்.

இந்தியாவில் 1982ம் ஆண்டு நடைபெறும் ஆசிய விளையாட்டுப் போட்டியில் செல்வகௌரி வரதகுமார் கலந்துகொள்வாரென எதிர்பார்க்கப்படுகிறது.

இவர் எதிர்காலத்தில் விளையாட்டுத் துறையில் பல வெற்றிகளை சாதிக்கவேண்டும், என எதிர்பார்க்கின்றோம்.

இவருக்கும் மகிழ்ச்சிகரமான எமது திருமண வாழ்த்துக்கள். இவரது இல் வாழ்க்கையிலும் சிறப்புற வாழ வாழ்த்துகிறோம்.

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