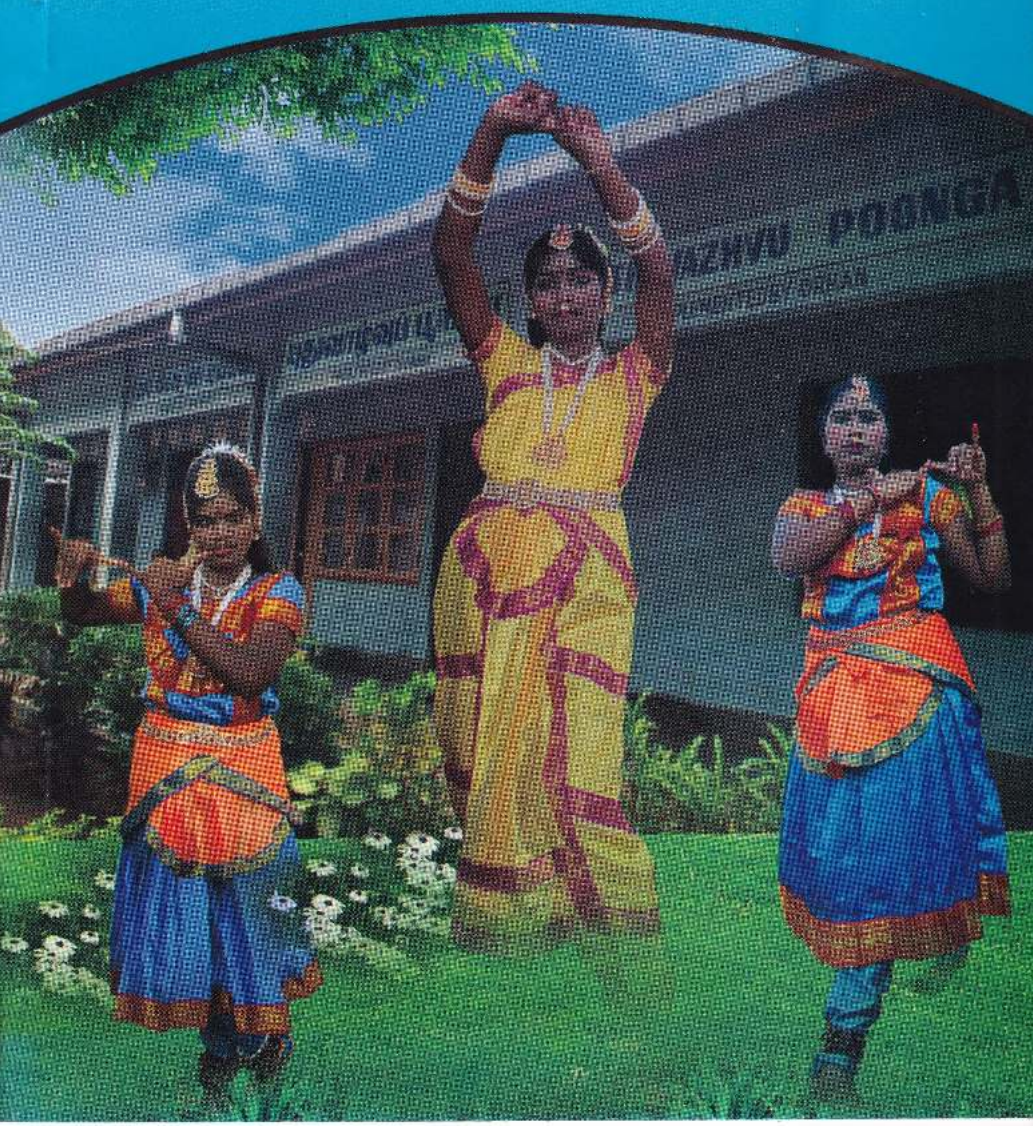




# PUTHUVALZHU POONGA

ANNUAL MAGAZINE - 2011







**Making Sri Lanka Proud**

**CD COMMERCIAL BANK**

ST. JAMES' SCHOOL, POONA

FOR THE STUDENTS AND TEACHERS OF THE SCHOOL

ANNUAL MAGAZINE - 2011



Disability is not inability

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Making In Lanka Proud

# **PUTHUVAZHVVU POONGA**

**(TRAINING CENTRE FOR MENTALLY CHALLENGED CHILDREN)**

## **ANNUAL MAGAZINE - 2011**



**Disability is not inability**

### **Run By**

ORHAN (Organization for Rehabilitation of the  
Handicapped) Vavuniya District

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## பாடசாலைக் கீதம்

வாழ்க எங்கள் புதுவாழ்வுப் பூங்கா  
வாழிய என்றும் ஞாலத்திலே  
சூழ்க அதன் ஒளி சூரியனாய் எங்கும்  
சூழ்ந்திட பெரும் ஞானத்திலே

ஓகான் வவுனியா ஓங்குதிறனுடன்  
ஓகான் ஸீலங்கா யுகேயுடனே  
தாகமுடன் எங்கள் தேவை அறிந்திங்கு  
தாபித்த இதுபள்ளி வளமுடனே

(வாழ்க...)

நாளாந்த வாழ்வியல் திறநூறு பயிற்சிகள்  
நாம் இங்கு விருப்புடன் கற்றிடவே  
சீர்போந்த எண்ணுடன் எழுத்தையும் கற்று  
சிறப்புற சமவாய்ப்பு பெற்றிடவே

(வாழ்க....)

## **Message of greeting from the president of ORHAN – Vavuniya**

When the year 2011 ends, Puthuvazhvu poonga completed 8 years of service. Looking back at the past events that we have been through that this training centre has achieved tremendous growth. There is not an inkling of doubt that important partners for this sustainable growth are its donors, well wishers, executive members, centre employees, resource teachers, parents and students. I owe all of them my heartfelt thanks and best wishes forever.

We have limited 75 of our mentally challenged children in this year according to our human, financial and physical resources. we would have to face our challenges. However we would be provide effective and efficient functioning of this centre.

I take this opportunity to wishes for achieve next year planned target and make a centre as a exemplary model for mentally challenged children.

Thank you.

**Mr. V.Subramaniam**(B.A(Hons), Dip . in Edu, Med)

*Hon President*

*ORHAN(Organization for Rehabilitation of the Handicapped )*

*Vavuniya District*



## **Message from the President of Orhan** **Sri Lanka UK**

As Puthuvazhvu Poonga enters the 9<sup>th</sup> year of its activity, the Board of Trustees of Orhan Sri Lanka (UK) feels, it's not only a pleasure but also appropriate at this time to send this message to your souvenir.

Orhan's work is an inspiration not only to those whom we give mobility and dignity but also to those of us who see what we do and perform. Our congratulations and best wishes go to the wonderful dedicated team magnificently led by its President Mr. V.Subramaniam.

We reflect with pride the dynamic work of the Charity Trustees of the Puthuvazhvu Poonga. We thank you for all that you have done hitherto and for what you intend to do hereafter.

We really appreciate your dedication, your social acumen and your undaunted determination to forge ahead. Although "ORHAN" has to face very strong challenges this year, they surmounted those hurdles squarely and bravely..

We are able to observe that a significant drop in the contributions as compared with that of last year. This fall we presume is attributed to the on going recession as well as to the influx of new charity organisations thus far registered during the past two years.

As Valluvar puts it:

***"Those who imbibe a proper sense of duty will not fail in their magnanimity towards their less fortunate, even when the resources are limited."*—KURAL -218.**

It's nothing but fair for all of us to digest this "Kural".and give it a meaningful thought.

Even if our circumstances prevent us from serving those who are in pain, We can serve those who are serving them. All of us have the wherewithal to be servants of servants.

We earnestly appeal to all well wishers to freely donate towards this just cause to further our envisaged programme and hope this centre will turn out to be a model for similar organizations to emulate.

**We are pleased to confirm that we have sent £80,540.00 (Eighty thousand five hundred and forty pounds) from 2004 to 2011 to Vavuniya Sri Lanka for the running cost of the School "Puthuvazhvu Poonga" the school for the children with learning difficulties.**

May your efforts grow from strength to strength in the years to come.

***KaviVeeravagu BSc. (Lond)***

***President Orhan UK***

***On behalf of the Board of Trustee Orhan UK***



## **Message from Head Resource Teacher**

It is with great pleasure that I deliver this message of felicitation to ORHAN which was initially established with the aim looking after the needs and to provide services to the differently able person in the vavuniya district, which is really like a moon brightly reflecting amidst stars.

It also gives me a great pleasure, mental satisfaction and proud to be the Head Resource Teacher of the “puthuvazhvu poonga” of the mentally challenged children, which is also one of the main projects of ORHAN.

No doubt, in spite of many challenges, it has successfully been functioning since 2004 in providing yeomen services to mentally challenged children to enter into a new life and its entry to 9<sup>th</sup> year of its service is really remunerable.

I take this opportunity to thank the president, executive committee members, donors, staff, teachers, non academic staffs, students, parents and other well – wishers whole heartedly for being pillars of success and development and also to have been providing their dedicated services to make it a great successful project of the organization.

Also, I wish to express the fact that I have happily and whole heartedly accepted to shoulder this worthy project and leading as well as performing duties and implementing this project for better and development of the mentally challenged children for new life.



May the lord, Almightyly grant me as well as all the other staff who continue to render their dedicated and committed service, enough strength, power and engage to continue to render our services to them for a better and new life.

Finally I am fixally determined to provide my dedicated services with the co-ordination with other staff for successful implementation of this project for the betterment and development of mentally challenged children.

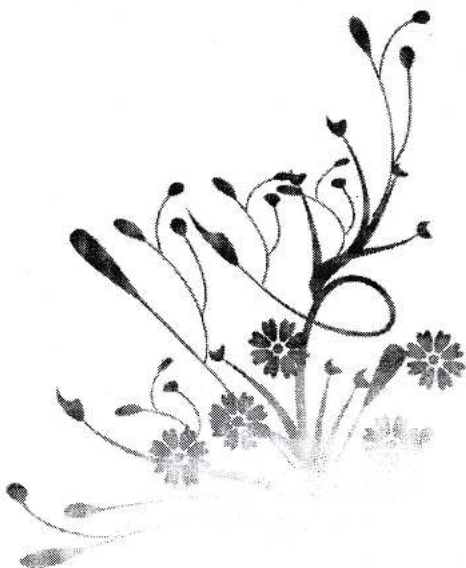
**M. Vanvily** ( Dip. in. Special Edu)

Head Resource Teacher,

Puthuvazhvu poonga

ORHAN

Vavuniya.



## Progress Summary

### 1. General Information

#### 1.1 Details of children

No.	Type	
1.	<b><i>Ethnic Breakdown</i></b> Tamil Sinhala Muslim <b>Total</b>	 60 06 09 <b>75</b>
2	<b><i>Religious Breakdown</i></b> Hindus Christians Buddhists Islam's <b>Total</b>	 49 11 06 09 <b>75</b>
3.	<b><i>Gender Breakdown</i></b> Male Female <b>Total</b>	 39 36 <b>75</b>
4.	<b><i>Physical condition classification</i></b> Cerebral Palsy Down syndrome Autism Congenital Hip Dislocation and microcephaly Attention Deficit Hyperactivity Disorder Hearing and speaking impairment Mental Challenged + learning difficulty Mentally Challenged +H S I Mentally Challenged + Polio <b>Total</b>	 06 09 04 01 04 03 45 02 01 <b>75</b>
5.	<b><i>Psychological classification</i></b> Mild Moderate Severe Profound <b>Total</b>	 15 18 36 06 <b>75</b>
6.	<b><i>Transport</i></b> Bus 1 Bus 2 Three wheeler With parent <b>Total</b>	 36 29 09 01 <b>75</b>

## 1.2 Details of Staffs

No.	Type	Amount
1.	Head Resource Teacher	01
	Resource Teacher(including Sign interpreter-1, speech therapist-1, counselor-1, Trainee teacher-2,)	09
	Non academic Staffs (Drivers-3, Cook-2, Care takers-2)	07
	Physiotherapist	01
	<b>Total</b>	<b>18</b>

## 1.3 Types of Meeting

Meeting	Chairperson	Participants	Time and Day
Staff Meeting	President	All Staff	First Saturday 9.00am – 5.00pm
Team Meeting	Head Resource Teacher	Academic and Non academic Staffs	Every Saturday 8.30am – 9.30am
Parents Meeting	Particular Appointed Teacher	All Parents	Third Saturday 9.30am – 1.00pm
Drivers Meeting	Finance Officer	Drivers	Last Saturday 9.30am – 11.30am
Security Meeting	Admin Officer	Securities	Last Saturday 8.30am – 10.30am



# 1.4 Resource Teachers Training

## 1.4.1 General Training

A.) Teachers Training Schedule for CBR volunteers and Resource Teachers of "Puthuvazhu Poonga" in April

Date - 09.04.2011 - 23.04.2011

Time - 9.30 am - 3.00 pm

No	Date	Topic	Resource person	Institution	Designation	Supported by	Venue
1	09.04.2011	Government assistances for Disabled	M/s. T.Nathini	DS Office, Vavuniya	Social Service Officer	AJWS	TCMCC hall, ORHAN
2	11.04.2011	Mantel health	Dr.S.Suthakaran	General Hospital, Mantel Health Unit, Vavuniya	Senior Medical Officer	AJWS	STD hall, General Hospital
3	18.04.2011	Hearing and speaking impairment	Mrs. Dr. J. Ramani Mrs. Dr.G. Nandakumar	General Hospital, Vavuniya	Senior Medical Officer Senior Medical Officer	ORHAN Sri Lanka UK	Eye clinic hall, General Hospital
4	19.04.2011	Visual impairment	Dr.Demian	ENT Unit, Vavuniya	Medical Officer	ORHAN Sri Lanka UK	Eye clinic hall General Hospital
5	20.04.2011	Prevention of disease and disabilities	Dr.Srisaravana pavananthan	General Hospital, Kilinochchi	Consultant Pediatrician	ORHAN Sri Lanka UK	TCMCC hall, ORHAN
6	21.04.2011	Physiot herapy	Miss. V. Shiyamala	ORHAN	Physiotherapist	ORHAN Sri Lanka UK	TCMCC hall, ORHAN
7	22.04.2011	Disability in general	Mr. S.Sakthy	ZOA	Programme officer - Disability	ORHAN Sri Lanka UK	TCMCC hall, ORHAN
8	23.04.2011	Primary Education Method	Mr. Ganesapalan	Department of Education	Assistant Director of Education (Primary education)	ORHAN Sri Lanka UK	TCMCC hall, ORHAN

**b.) Training Schedule for CBR volunteers and Resource Teachers of "Puthuvazhu Poonga" in August**

Date -09.04.2011 - 23.04.2011 Time - 9.30 am -3.00 pm

No	Date	Topic	Resource person	Institution	Designation	Supported by	Venue
1	08.08.2011	Psychosocial Counseling	S.sobana ,K.Adaikalam Thiruvartchilvi	ORHAN	PSY .Counselors	NTT	V.T hall, ORHAN
2	09.08.2011	Psychosocial Counseling	S.sobana ,K.Adaikalam Thiruvartchilvi	ORHAN	PSY .Counselors	NTT	V.T hall, ORHAN
3	10.08.2011	Psychosocial Counseling	S.sobana ,K.Adaikalam Thiruvartchilvi	ORHAN	PSY .Counselors	NTT	V.T hall, ORHAN
4	17.08.2011	Physio-therapy	Miss. V.Shiyamala	ORHAN	Physiotherapist	ORHAN Sri Lanka UK	V.T hall, ORHAN
5	18.08.2011	Physiotherapy	Miss. V. Shiyamala	ORHAN	Physiotherapist	ORHAN Sri Lanka UK	V.T hall, ORHAN
6	19.08.2011	Mantel health	Mr.Thilakarathn	Our Child	Manager	CBR	V.T hall, ORHAN
7	20.08.2011	Mantel health	Mr.Thilakarathna	Our Child	Manager	CBR	V.T hall, ORHAN
8	22.08.2011	Speech Therapy	S. Mayurathi	ORHAN	Speech Therapist	ORHAN Sri Lanka UK	V.T hall, ORHAN
9	23.08.2011	H.I Work Shop	H.I. Staff	H.I	Resource Person	ORHAN Sri Lanka UK	V.T hall, ORHAN
10	24.08.2011	Sign Language	P.Niro And Mercy	ORHAN	Resource Teacher	ORHAN Sri Lanka UK	V.T hall, ORHAN

#### 1.4.2. Special Training

Name of Training	Period of training	No. of teacher
Counseling	Two years	01
Sign Language	Six months	02

#### 1.5 Physical Resources

Available physical resources

01. Land

02. Buildings including Kitchen unit and two temporary learning spaces

03. Two Bus, Threewheel and Motorbike

04. Furniture

05. Electronic Equipments- T.V, Refrigerator, Computer & Printer

06. Children park

07. well with net

#### 1.6 Financial Report

##### 1.6.1 Details of Donors

**Main Donor** : ORHAN Sri Lanka UK.

**Sub Donors** : Stuff Tung Tamils Aid STA Switzerland

SCOT UK

MIOT UK

St John's pass pupil association UK

##### 1.6.2 Details of Expenditure

**Estimated total Expenditure** - **Rs. 7,964,336,90**

**Actual Expenditure** - **Rs. 7,184,365.76**

#### 2. Activities Related with Training

2.1 Bring the Children to the Centre by the vehicles

2.2 Providing Breakfast

2.3 Morning Assembly

2.4 Daily Living Skills Training

2.5 Providing milk

2.6 Training to Learning, Training and Security groups

2.7 Providing lunch

2.8 Departure to the home



### **3. Activities Related with Medical Rehabilitation**

#### **3.1 Annual Screenings**

##### **3.1.1 Annual Medical Screening**

Annual medical screening was done by Dr.Ananthy from general hospital, Vavuniya and totally 73 children were medically screened.

##### **3.1.2. Annual Body Mass Index (BMI) Assessment**

Annual BMI test was done by Mr.Mejeya (PHI) from MOH office Vavuniya and totally BMI test was done for 75 children.

##### **3.1.3. Annual IQ Testing**

Annual IQ test was done by resource teachers for 75 children.

##### **3.1.4. Annual physiotherapy assessment**

Totally physiotherapy assessment was done for 12 children by Miss.V.Shiyamala.

#### **3.2 Continues Medical Treatment**

32children were attending medical clinics (17 children are attending more than 1 clinic)

<b>Clinic</b>	<b>No. of students</b>
Eye	04
ENT	07
Dermatology	03
Medical	21
Speech	1
Dental	06
Pediatrics	04
Surgical	02
Orthopedic	01

### **3.3 Nutritional Programme**

The following nutritional programme carried out for all students according to BMI.

- a) 175ml milk per day
- b) Nutritional breakfast prepared by parents
- c) Nutritional Lunch prepared by the centre

### **3.4 Providing Rehabilitation**

- a) Physiotherapy - 12 children were given physiotherapy by physiotherapist.
- b) Speech therapy - 21 children were given speech therapy by speech therapist
- c) Sign language - 4 children were taught sign language by sign interpreter.

## **4. Activities Related with Social Rehabilitation**

### **4.1 Sunshine Sport meet**

18 children participated in Sunshine Sport meet on 6<sup>th</sup> march 2011 in Colombo. ORHAN won 6 medals.

Medals	Number of Students
Gold	01
Silver	02
Brozen	03
Total	06

## 4.2 Excursion

9 Local excursions were taken place within vavuniya every month.

No	Date	Place	No of Students
01	07.01.2011	Murukanur farm	41
02	25.02.2011	Sivan temple	50
03	31.03.2011	kalvary	63
04	30.05.2011	Vavuniya park	69
05	14.06.2011	Sakayamatha church and sinthamanipiliyar temple	58
06	26.07.2011	Isanbassagala Buddhist temple	68
07	09.27.2011	Vavuniya park	64
08	28.10.2011	kungiculam	53
09	15.11.2011	Thantheremali	60

## 4.3 Students Forum

Student's forum was conducted once in a month.

## 4.4 Religious Activities

Morning assemblies were included four religion prayers.

SaraswathyPooja was celebrated on 05/10/2011

## 4.5 Cultural Activities

### a) *International Peace day*

This programme organized by UNDP held in vavuniya on 21/09/2011. 20 children participated from ORHAN and involved sports event and drama.

### b) *International Disable day*

This is organized by NGO Consortium held in vavuniya on 02/12/2011. 12 children participated from ORHAN and involved indance.

c) **Mental health programme**

This day structured by SEED held in vavuniya on 08/11/2011. 09 children participated from ORHAN in dance.

#### **4.6 Parents Meetings**

Parents meeting and Parents Siramathana were conducted on every third Saturday of the month. Averagely 40 parents participated.

<b>No</b>	<b>Date</b>	<b>No. of Parents Participate</b>
01	22/01/2011	33
02	18/02/2011	36
03	26/03/2011	46
04	16/04/2011	33
05	21/05/2011	38
06	18/06/2011	46
07	16/07/2011	47
08	20/08/2011	42
09	17/09/2011	47
10	22/10/2011	33
11	19/11/2011	36
12	17/12/2011	40

#### **4.7 Home Visits**

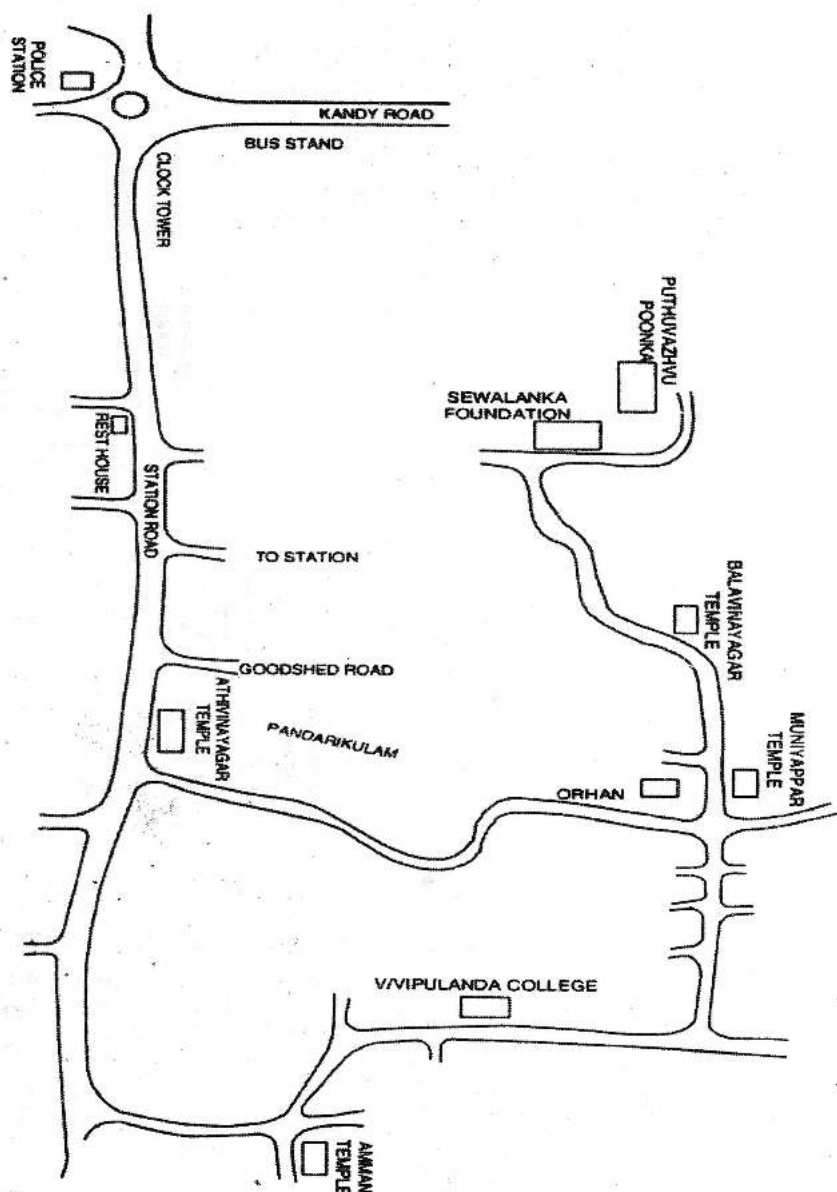
Teachers are visited to the homes for discussing with parents on every second and fourth Saturday.

#### **5. Activities Related with Economic Rehabilitation**

The following vocational trainings were given to the children of learning and training groups.

- Handle Making
- Envelope Making
- Greeting cards Making
- Sewing works

# Location of Training Centre





## **An introduction to physiotherapy**

### **WHAT IS PHYSIOTHERAPY?**

**Physiotherapy is a health care profession**, which assists people to restore, maintain and maximize their strength, function, movement, and overall well-being. The terms “physiotherapy” and “physical therapy” mean the same thing and are used interchangeably, as are the terms “physiotherapist” and “physical therapist”. Physiotherapy is concerned with identifying and maximizing quality of life and movement potential within the spheres of promotion, prevention, diagnosis, treatment/intervention, and rehabilitation. This encompasses physical, psychological, emotional, and social wellbeing.

### **WHAT DOES A PHYSIOTHERAPIST DO?**

Describing what physiotherapist does is the easiest way to explain physiotherapy. From premature babies to people in intensive care to teenagers, the range of patients and conditions that can benefit from physiotherapy are huge. Physiotherapist identifies and maximizes potential through health promotion, preventive healthcare, treatment and rehabilitation. Physiotherapist helps and treats people of all ages with physical problems caused by illness, accident and ageing. Physiotherapist is having in-depth knowledge of how the body works and specialized hands-on clinical skills to assess, diagnose, and treat symptoms of illness, injury and disability. Physiotherapy includes rehabilitation, as well as prevention of injury, and promotion of health and fitness. Physiotherapists often work in teams with other health professionals to help meet an individual's health care needs. They play a key role in rehabilitation.

The best part of most of physiotherapy is that it does not generally harm the body of the patient, if administered under supervision and as per instruction of an expert or doctor. There are no side effects for the patient. Physiotherapists can not only cure musculoskeletal, cardiovascular, respiratory systems but also suggest more natural ways of leading a happy life. **It is an important branch of health science today.** If you are facing any recurring body pain for considerable time and not getting an effective treatment for it, see a physiotherapist first.

Aim of the physiotherapist is to help people make the most of their potential to participate in life and in their communities. First the physiotherapist assesses a patient's problems. Then he/she establishes treatment goals to help them move and improve how they carry out the activities of daily life and recreation. The patient is a key to developing these goals, and sometimes the family and caregivers are involved.

Physiotherapist provides physiotherapy in a variety of settings, such as:

- Hospitals
- Physiotherapy clinics (some private clinics)
- Gyms
- Industrial and workplace
- Homes

The core skills used by physiotherapists includes manual therapy, exercise therapy and electrotherapy modalities. Physiotherapists also have an appreciation of psychological, cultural and social factors, which in turn influence the patient community.

## **PHYSIOTHERAPIST WORKING SECTIONS**

Physiotherapy is a credible, professional natural medicine option that serves mankind. The main goal and objective is to improve the quality of life by Physiotherapy Services.

### **1. Orthopedic physiotherapy**

This branch is concerned with the diagnosis and management of diseases with a musculoskeletal origin. This is mostly involved with fractures, injuries from sports, helping patients that have had bone operations fully recover use of their limbs, arthritis, back and neck pain.

### **2. Neurological physiotherapy**

These therapists work with people whose limited movements are rooted in a defective neurological system. These include people with brain injuries, cerebral palsy, multiple sclerosis, Parkinson's disease.

### **3. Geriatric Physiotherapy**

These are mainly concerned with disease conditions that are prevalent in the ageing population. They usually include issues like arthritis, osteoporosis and Alzheimer's.

### **4. Cardiovascular and pulmonary physiotherapy**

These are physical therapists that are specialized in the management and treatment of people that have had problems in their heart and pulmonary functions. They commonly work in the rehabilitation of people that have had cardiac or pulmonary surgery.

### **5. Pediatric physiotherapy**

If concerned with the detection, management and treatment of patients starting from the very young age. It is possible to detect

malformations and problems in motor activity early and these early detections make it possible to start a regime that may help the child develop to full potential.

## **6. Sports physiotherapy**

They are mostly concerned with the treatment of common ailments and different forms of injuries that may arise from different sporting activities. They have a wide influence in the industry.

## **IMPORTANCE OF PHYSIOTHERAPY**

There are many causes of reduced mobility in individuals. Many people feel aches and pains when they move making them move very slowly or not articulate properly. This makes it difficult for them to hold things properly.

If pain is a problem then physiotherapy is the solution. Study and experiences prove that physiotherapy has been a very effective tool against pains and injuries ranging from minor to major.

To get rid of muscle tendency or immobility the physiotherapist may suggest stretching exercises, heat therapy, massage or traction and such things alone or they may be coupled and grouped as well as per the seriousness or condition of the problem. To escape from headache or muscleache sometimes painkiller are effective but they have limitations and side effects as well but physiotherapy deals with pains and injuries of upper tiers. Hence its importance can't be denied in any way.

For physically disabled children or any other condition who suffer from spasms and spasticity (tight muscles) physiotherapy can help immensely with pain relief and also suggest exercises. Many physically disabled children rely on regular physiotherapy in order to remain well enough to continue and to enjoy aspects of life to the full.

Physiotherapy not only helps us to be escaped from pains and injuries but it saves us from further such disorders. Healthcare professionals actually admit the importance of physiotherapy when they put stress on saying that heavy object should be picked up using knee bends instead of waist to avoid arousal of any deformity of the back bone. Teach the patient about Does and Don't according to the condition.

The importance of physiotherapy can be observed by the fact that respiratory disease treatments are also carried out by physiotherapeutic techniques e.g. coughing, vibration, cupped hand technique, clapping etc. Through using these techniques will be frequently proving the importance of physiotherapy.

Road traffic accident is a major condition due to vehicle accidents which may result in some clinical features are seen in patient. The doctors prescribe physiotherapy which may involve different sorts of techniques to rehabilitate the patient back to normal. Accident victims can be quoted while talking about the importance of physiotherapy. Some decades earlier when the physiotherapy was growing and thriving the doctors, healthcare professionals and patients used to distrust or be indecisive regarding the use of physiotherapeutic techniques but now-a-days physiotherapy has been recognized well practiced well accepted well and physiotherapy deserves to be so.

***Miss. Shiyamala Vigneswaran (B.Sc.in physiotherapy)***

***Physiotherapist***

***Puthuvazhu poonga***

***ORHAN(Organization for Rehabilitation of the Handicapped)  
Vavuniya.***

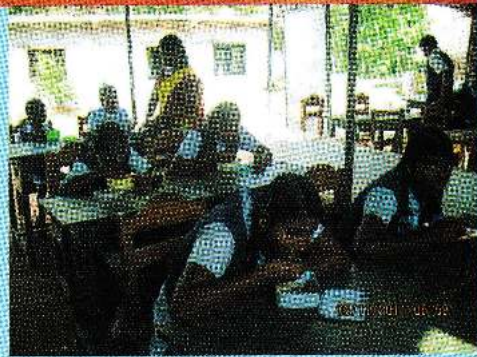




Bring the children to the Centre



Providing Breakfast



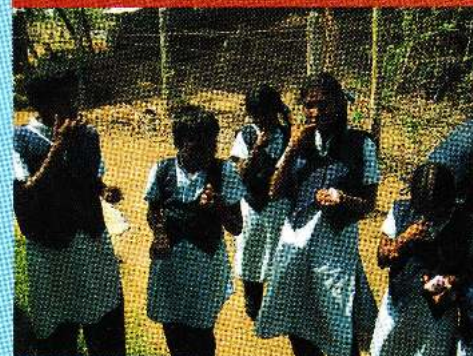
Morning Assembly



Providing Milk



Daily Living Skill Training





Training to Learning Group



Training to Training Group



Training to Security Group





Providing Lunch



Departure to the Home



Sign Language



Speechtherapy



Physiotherapy



Yogatherapy

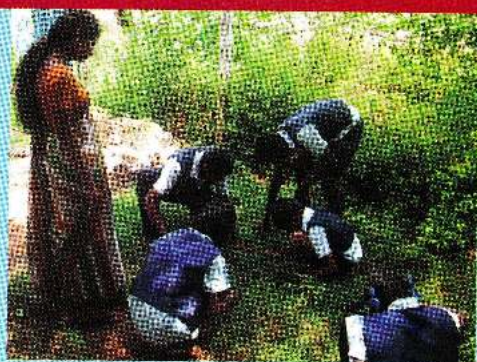




Playtherapy



Home Garden



Vocational Training



Students forum



Tour



Home Visit





Annual Medical Screening



Annual Nutritional Assessment



Sun Shine Game



Religious Activities



Parents Meeting



Parents Siramadhana

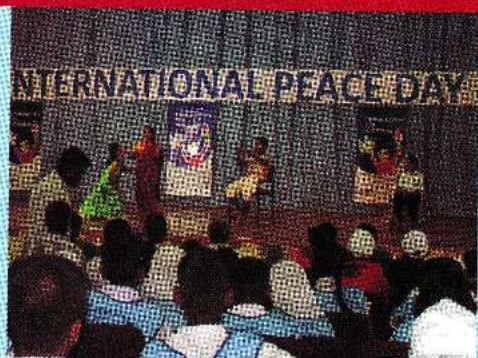




## Cultural Activities



Mental Healthday



Peace Day



Children Day



Tree Planting



Sai Children Home Visit



Womens Day





Yoga Miss



Resource Teacher's



Non Academic Staff





## **Vote of Thanks**

At this juncture of ending 8<sup>th</sup> year and entering into 9<sup>th</sup> year Puthuvavzhu poonga as achieved numerous successes in spite of severe challenges faced by ORHAN. Therefore it is our unforgettable responsibility to pay our whole hearted thanks to the all stakeholders who rented their invaluable commitments and devotions towards our kids.

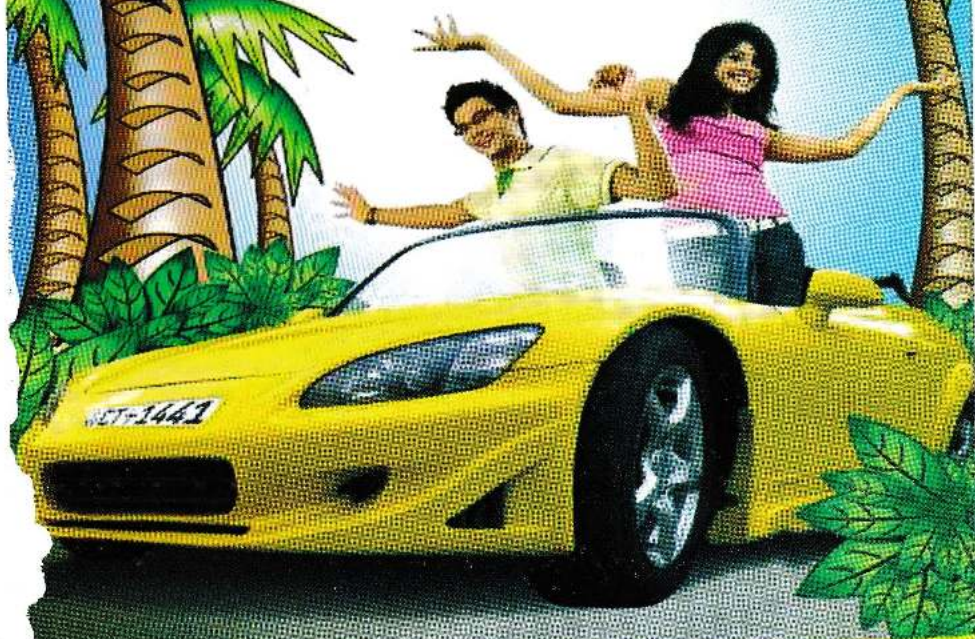
1. Funding Sponsors ,Other donors and well-wishers
2. Executive committee members of ORHAN
3. Kind donors
4. Special lunch providers
5. ORHAN's Staffs
6. Puthuvavzu poonga Head resource teacher, resource teachers and nonacademic staff
7. puthuvavzhu poonga parents, guardians and students
8. Institution and resource person who provided teacher Training
9. Doctors of general hospital and medical officers of MOH Office

Thanks





# YOUR CLAIM. YOUR CHOICE.



- On site claim approval
- Garage of your choice
- Full Option Auto Centre
- Any authorized agent

● JANASHAKTHI ●  
**FULL  
OPTION**

**CHOOSE YOUR OPTION**





