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Queen's Praise for Canada

Canada is an example to the World

"A caring Home for it's own and a sanctuary for the others", says Queen Elizabeth II...

By Siva Sivapragasam

Dressed in a red colored dress with a maple leaf pin, the 84 year old monarch Queen Elizabeth II was full of praise for Canada as she addressed a smiling Prime Minister Stephen Harper and a cheering crowd of 100,000 on Parliament Hill in the nation's capital on Canada Day.

The Queen has visited Canada which she described as her "second home" twenty-two times. She is currently on a visit to Canada as the country celebrates it's 143rd Birthday. Many of them dressed in red and waving Canadian flags, people from all walks of life lined up the streets of Ottawa to witness the Queen's motorcade and have a glimpse of the monarch. A warm sunshine and clear skies in the capital greeted the Royalty.

In her brief address to the nation, she praised Canada for it's values and character. She said "I

have watched with enormous admiration how Canada has grown and matured while remaining true to it's history, it's distinctive character and values. This nation has dedicated itself to being a caring home for it's own, a sanctuary for others and an example to the world".

In his Canada Day address, Prime Minister Harper spoke of the country's achievements this year, including the winning of gold medals at the Winter Olympics and the hosting of the G8 and G20 summits. He remarked that Canada is leading the world, beginning the recovery from the Global recession in the strongest economic position of any country in the world.

Although there is much controversy about the relevance of the monarchy in the 21st. century, there is no doubt that for many Canadians it is an institution that still has meaning.



USTPAC at FeTNA's Annual Convention in Connecticut

"Our first year has been filled with accomplishments and new programs including passing a resolution in the US congress pushing for the IDPs to be released and resettled, working with the well known government affairs firm in Washington, DC, and the boycott committee's monthly rallies across the country", said USTPAC's president.

The semi-annual meeting of

Tamil Political Action Committee was held as a parallel at FeTNA's annual convention in Waterbury, CT.

A highlight was a talk by TNA MP Sampanthan by phone about his next day's trip to India and the challenges for Tamils in Sri Lanka.

Photos & More details about FeTNA's Annual convention on page 30 & 31



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From the Publisher's Desk ...**Violent Protests and Abuse of Powers takes Centre Stage at G 20**

By: Krishni Loganathan

B.A. (Hons) Political Science, History]

On the weekend of June 26th, 2010 in Toronto; Canada hosted the fourth meeting of the G20 Summit at the Metro Convention Centre where heads of government gathered to discuss global affairs including the economy and other vital issues affecting the global community. This year's theme was called "Recovery and New Beginnings" in order to create strategies to successfully come out of the continuing recession.

As the G20 Summit drew closer, protests began to form around widespread issues including globalization, poverty, capitalism and other significant concerns. Although protests were held 1 week prior to the Summit, these protests remained peaceful as demonstrators addressed their

issues in a democratic and non-violent way.

This was not the case however towards the first day of the Summit where violent protests took place on the streets of downtown Toronto. The burning of police vehicles, vandalism of commercial buildings and other violent acts occurred during the two days of the Summit.

Security was an ongoing topic of discussion throughout the G20 Summit as Canada spent over 900 million dollars on the preparation and costs involved throughout the Summit. Even with all of this preparation, violent protests took place leaving the city with severe damages to the infrastructure and even during the clean-up.

Although the security of the Summit was given special powers throughout the two days, from arresting people

who would not identify themselves within the security zone to other arrests that the security had a warrant to use; these powers were seen to be taken advantage of. Even during the peaceful protests, several people were detained in the special detention centre for the G20.

Precautions must be taken during events such as these, but certain circumstances should not allow authority to abuse their powers. Media staff and other high profiled figures were detained for unlawful reasons, which created outrage to society. Protesters and other community members felt their democratic rights were being violated and the police and security exploiting their rights.

Protestors from all over the world came to voice their concerns to the world leaders and the greater global community.

Democratic opinions are encouraged in the Canadian society, especially in a culturally diverse city like Toronto, but protesters like the Black Bloc had taken their democratic privileges and abused them when they took part in violent actions during the Summit.

In order for protests to occur the general public and leaders in power have to cooperate together to ensure issues in the global community can be resolved. When violence takes place this trust is taken away, and change becomes more difficult to take place.

Democracy is a vital part of the Western world and will not be successful without compromises. We have moved too far in civilization to go back to winning battles through violence; going forward diplomacy is a key means to success.

Indian Aid Package of Rs.142billion for reconstruction of the North in Sri Lanka

By Siva Sivapragasam

India is emerging as the biggest donor to reconstruct and rehabilitate Jaffna which has been ravaged by the thirty year old war.

A huge sum of Rs. 142 billion has been allocated for this massive reconstruction work by the Government of India and most of this will be in the form of grants and loans. The aid package was finalized at the discussions held recently when Sri Lankan President Mahinda Rajapakse met Indian Prime Minister Manmohan Singh. Sri Lanka's Minister of Economic Development is scheduled to visit India soon to work out details of the implementation of the aid. Much of the assistance will go for the following projects:

Reconstruction of the Rail track from Pallai to K.K.S. and from Talaimannar to Medawachchiya which was badly damaged

during the war.

Construction of 50,000 houses for the displaced people in the North affected by the war Reconstruction and modernization of the Palaly Airport and the KKS Harbour

Restoration of the Duraippah Stadium and the construction of a cultural centre for Jaffna

Restoration of the historic Thirukketheswaram Temple

Establishment of an Agricultural Research Institute in the North

India is also considering direct disbursement of the funds for housing to those displaced by the war. India considers Sri Lanka as a strategic asset and is competing with China in it's aid assistance to counter Chinese influence in the country and to prevent Sri Lanka slipping out of India's orbit.

The Scarborough Hospital recognized for communication excellence

TORONTO (June 29, 2010) — The Corporate Communications team at The Scarborough Hospital (TSH) has earned three APEX Awards for Publication Excellence, recognizing the work of professional communicators from across North America and beyond.

The entire team was honoured for the "It's a new day" video, produced last year to launch the hospital's new Mission, Vision and Values. The video, featuring staff, physicians, volunteers and board members from TSH, is available online at www.youtube.com/TSHCommunications.

Communications Specialist Tracy Huffman and Corporate Communications Manager Dave Bourne won for the best One-to-Two Person Produced Website in the Web & Intranet category. They collaborated on the development of TSH's new website at www.tsh.to, and continue to evolve the site's content to meet the needs of the community.

Bourne was also honoured in the Health and Medical Campaigns and Programs category for the communications plan that helped TSH achieve the highest rate of hand hygiene compliance in Ontario last year.

These three APEX awards are in addition to the OVATION Award of Excellence presented by the



Toronto chapter of the International Association of Business Communicators in May. The OVATION award also recognized the communication support for the highly successful hand hygiene campaign.

"It's wonderful to see the high-calibre work of our Corporate Communications department being recognized with these awards," says Anne Marie Males, Vice President of Patient Experience at The Scarborough Hospital. "These awards showcase our commitment to excellence, which is one of the hospital's key values."

For more information, please contact:

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CAMPING IS A WAY FOR EVERYONE TO ENJOY CANADA'S GREAT OUTDOORS

Gearing up is easy as 1, 2, 3 with Coleman, Stearns and Sevylor

Whether pitching a tent in the backyard or sleeping under the stars in a provincial park, camping is a great way for families to reconnect and enjoy time together in Canada's great backyard. In fact, eighty-nine per cent of Canadians, almost 9 in 10, have been camping at least once in their lives - making camping one of Canada's most popular outdoor activities. But for first time campers, it can often seem daunting trying to get organized and prepare for the weekend away. Luckily, Coleman, Stearns and Sevylor, offer all the necessary items to make camping and other summer outdoor activities like boating and swimming, not just fun, but functional.

"We've been helping families and friends get together to socialize and connect with nature for as long as we've been making lanterns and stoves. Camping is the original social network," says Ezio Sbrizzi, Vice President and General Manager, Coleman, Stearns and Sevylor Canada. "Today's innovative gear makes short work of putting up the tent and cooking meals while maximizing comfort, convenience, value and family time."

Enjoying the Great Outdoors:

- Even on a rainy day, Coleman® tents, featuring Coleman's exclusive Weather Tec™ System, are guaranteed to keep you dry and comfortable. For first-timers preparing for their initial foray into the woods, the new Coleman® Family Camping Package is the perfect place to start. All of the basics, including a tent, two chairs and two sleeping bags, are packaged together in a handy carrying case.

- Forget an uncomfortable night of sleeping on the ground. Coleman's new Double High Pillow Top QuickBed® Airbed with 120V Built-In Pump will ensure a good night's sleep and plenty of energy for whatever your outdoor activities entail. Quick to inflate, it makes a night under the stars an enjoyable experience.

- Outdoor food prep has never been easier than with Coleman's line of on-the-go cooking systems. Coleman's new All-



in-One Trio Cooking System offers a stove, grill and griddle in one unique portable product, allowing for easy transport and compact storage. No need to rub two sticks together to get it going - InstaStart™ ignition allows for fast, dependable lighting without matches.

- Keeping food and beverages cold and safe are campsite "musts". Coleman offers a wide range of coolers in all shapes and sizes, boasting stacking capabilities for easy packing and storage. The new Coleman® 50QT Wheeled Xtreme® Party Stack™ Cooler holds 84 cans, has a telescoping handle and large, durable wheels - perfect for day trips, picnics or long weekends getaways.

- No trip is complete without fun and games. Inflatable beach toys like Sevylor's Triangle Party Platform and Convertible Lounger encourage active play by the lake. Puddle Jumper swim aids by Stearns help kids build confidence when they take their first plunge.

Stay Afloat and Buckle-Up:

Boating and water-play can be a great way for families and friends to get outdoors and enjoy the summer season, but taking the proper precautions is very important to ensure that summer fun is safe fun. "Eighty seven per cent of Canada's annual drownings result from people not wearing a PFD," says Pat Gray, Director of Marketing, Stearns Canada. "So it's easy to see why buckling up could easily save your life."

Stearns, lifejacket experts and a leading manufacturer of high quality outdoor products, are the

go-to manufacturer of personal flotation devices. Offering infant, child, youth and adult PFDs in a variety of vibrant colours, families can rest assured that when they purchase a Stearns PFD, they are investing in safety.

Gray offers parents tips on what to look for when buying a PFD for their child:

- "Children's PFDs are fit according to the child's weight, so find the appropriate size and have your child try it on. Do not buy a PFD that is too large in the hope that he or she will grow into it."
 - "PFDs should fit snugly, and not ride up over the child's chin or ears. If there is more than 7.6 cm between the child's shoulders and the PFD, it is too big and could do more harm than good."
 - "Safety features should include:
 1. A large collar for head support that also has a grab strap on it
 2. Waist ties or elastic gathers in the front and back
 3. A safety strap that goes between the legs to prevent the device from slipping over the child's head
 4. Sturdy, rust-proof buckles and zipper
- "Parents who want their kids to wear a PFD should lead by example and wear one too," adds Gray. "Adult PFDs are fit according to chest size so they should feel snug, but still allow room to breathe and move freely."
- Proper care of your PFD is just as important as finding one that fits. PFDs are designed to save lives -they should never be used as a seat cushion or fender for the boat. Using it in this manner will compromise its effectiveness.

RBC recently launched myFinanceTracker, Canada's first online financial management tool integrated into an online banking system. myFinanceTracker will automatically categorize transactions, track expenses and provide advanced budgeting capabilities for all personal banking and credit card accounts.

"myFinanceTracker will help our clients save time and money while managing their finances," said James McGuire, vice president, Digital Strategy and Experience at RBC. "Canadians of

RBC LAUNCHES CANADA'S FIRST INTEGRATED ONLINE FINANCIAL MANAGEMENT TOOL

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all ages and income levels are telling us they have a desire to better understand their financial situation. This online tool can help clients track and manage where they are spending money, an essential first step in reaching any financial goal - whether it's saving money for a child's education, retirement, getting out of debt or putting money away for a big purchase."

This tool is available at no cost to all personal RBC online banking



customers, and will enable them to create a set budget and track their spending habits. If users exceed their set limit, an alert will notify them. They will also have the ability to establish an account balance target for one or more accounts and an alert will be triggered when the balance of an

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Here are the 15 conditions spelt out by the European Commission for renewal of GSP+ preferential trade with Sri Lanka. Sri Lanka government rejected the conditions as being an 'insult' and infringing on the 'sovereignty' of Sri Lanka:

1. Reduction of the number of derogations to the ICCPR (International Covenant on Civil and Political Rights).

2. Take steps to ensure that the key objective of the 17th Amendment to Constitution, namely to provide for independent impartial appointments to key public positions, is fully safeguarded, including through Constitutional Council which adequately reflect the interest of all political, ethnic and religious groups and minorities within Sri Lankan society.

The 15 EU conditions urging human rights in Sri Lanka turned down

3. Repeal the remaining part of the 2005 Emergency regulations, notably those Regulations concerning detention without trial, restrictions on freedom of movement, ouster of jurisdiction and immunity and repeal of the 2006 Emergency Regulations (Gazette No 1474/5/2006). If GoSL considers that it is essential to retain certain provisions which are compatible with the ICCPR or UCAT, such as provisions concerning possession of weapons, such provisions should be transferred to the Criminal Code.

4. Repeal of those sections of the Prevention of Terrorism Act which are incompatible with the ICCPR (in particular sections 9, 10, 11, 14, 15, 16 and 26) or amendment so as to make them clearly compatible with the ICCPR.

5. Repeal of the ouster clause in section 8 and the immunity

clause in section 9 of the Public Security Ordinance or amendment so as to make them clearly compatible with the ICCPR.

6. Adoption of the planned amendments to the code of Criminal Procedure, which provide for the right of a suspect to see a lawyer immediately following arrest.

7. Legislative steps necessary to allow individuals to submit complaints to the UN Human Rights Commission under the First Optional Protocol to the ICCPR and to the UN Committee against Torture under Article 22.

8. Steps to implement outstanding opinions of the UN Human Rights Committee in individual cases.

9. Extension of an invitation to the following UN Special Procedures who have requested to visit Sri Lanka (UN Working

Group on Enforced Disappearances, UN Special Rapporteur on Torture, UN Special Rapporteur on Freedom of Expression, UN Special Rapporteur on Independence of Judges and Lawyers).

10. Responses to a significant number of individual cases currently pending before the UN Working Group on Enforced Disappearances.

11. Publication of the complete final report of the 2008 Commission of Enquiry.

12. Publication or making available to family members a list of the former LTTE combatants currently held in detention as well as all other persons detained under the Emergency Regulations. Decisive steps to bring to an end the detention of any persons held under the Emergency Regulations either by



releasing them or by bringing them to trial.

13. Granting of access to all places of detention for monitoring purposes to an independent humanitarian organization, such as the International Committee of the Red Cross.

14. Adoption of the National Human Rights Action Plan by Parliament and its prompt implementation.

15. Take steps to ensure journalists can exercise their professional duties without harassment.

Freed Sri Lankan journalist Tissainayagam arrives in U.S.

Press Release from the Committee to Protect Journalists

New York, June 19, 2010-The Committee to Protect Journalists welcomes the arrival in the United States of Sri Lankan journalist J.S. Tissainayagam, who arrived at Washington's Dulles International Airport on Saturday, Jun19th morning.

He was met there by friends. According to CPJ representative Kamel Labidi, who was on hand to meet Tissa, "He was all smiles, and said to thank everyone who helped him gain his freedom."

"Tissainayagam's arrival in the United States is very welcome news, and we join in the joy that he and his wife Ronnate are feel-

ing," said Joel Simon, CPJ's executive director. "We hope his arrival in the U.S. is a step by the government to address its harsh policies toward the media-policies that have not changed since the end of Sri Lanka's more than 30 years of civil conflict."

On May 3, World Press Freedom Day, the government announced that it would grant Tissainayagam a presidential pardon. Tissainayagam had been released on bail in January and had lived in seclusion in Sri Lanka since. The Tamil editor was first jailed in March 2008 and eventually indicted under the Prevention



J.S. Tissainayagam

of Terrorism Act in August 2008.

So far, the Sri Lankan government has made no official statement about the terms of his release, and Tissainayagam and his wife have made no public statements.

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Ontario's Tax Plan (HST) for Jobs and Growth - A special Press meet with Hon. Dr. Eric Hoskins, Minister of Citizenship and Immigration & Mrs Kathleen Wynne, M.P.P. Don Valley West

Pudhuvai N. Raman.

Canada being a country of cultural diversity, gives importance for the best prosperity of contended life with unity of all ethnic community in this beautiful nation. As such the Govt implements various projects for economic plans & developments particularly towards tax strategy and employment opportunities to the new immigrants. As part of its plan to make Ontario more competitive, the province is implementing the most important tax reform in a generation. This tax package will help Ontario attract new investments and create jobs by cutting taxes for people, business entrepreneurs as well combining two existing sales taxes into one - HST and removing the hidden taxes that we all pay.

In this regard, a special media meeting was held on June 22nd at Cypriot Community Centre, 6.Thorndcliff Park Dr, East York, presided over by the Hon. Minister of Citizenship and Immigration Dr, Eric Hoskins and Hon. Minister of Transportation Mrs Kathleen Wynne, M.P.P. Don Valley West. More than 15 media representatives attended this meeting.

Mrs Indra Naidu-Harris, MCI Minister's office and Mr Jack Kado, MCI Communication Branch, Lindsay Hunter office staff of the Hon. Minister gave a warm reception and handed over the brochure of the meeting.

In the beginning Mrs Kathleen Wynne welcomed all followed with self introduction of the participants she also high lighted the impacts of the meeting with introductory remarks.

As of July 1, 2010, the Retail Sales Tax (RST) will be replaced with a modern value added tax that will be combined with the federal Goods and Services Tax (GST) to create the federally administered Harmonized Sales Tax. Which will modernize an out dated 50 years old tax system. The Provincial portion of the HST will be the current 8% and the federal portion will be 5% for a combined HST rate of 13%. Replacing the RST with the HST allows most businesses to be reimbursed for tax paid on their business inputs through the use of input tax credits. They also said that Ontario's tax plan will create more jobs for Ontario families, including newcomers by making the province one of the

most competitive jurisdictions in the industrialised world.

The plan includes business tax cuts and a Harmonized Sales Tax (HST) which will result in the tax rate on business investments as well create new jobs and take advantage of the skills of new comers. As the results of new comers companies will be able to invest the savings they generate from the HST on new training programs to ensure that newcomers can put their skills to work. Further this new plan includes permanent income tax cuts for families and new permanent sales tax credit. Thus this tax package is a key component of the five years Open Ontario Plan, which supports job creation and enhances the programs and services, including education, health care and skills training.

Dr Eric Hoskins, Minister of Citizenship and Immigration quotes 'Ontario immigrants are among the world's best and brightest, helping them put their skills to work is key to Ontario's future growth. The tax plan will create hundreds of thousands of new jobs, encourage the growth of small businesses as well attract investment to Ontario'. Similarly



Mrs. Kathleen Wynne



Hon. Dr. Eric Hoskins

Mrs Kathleen Wynne, Minister for Transportation in her statement 'For Ontario to be competitive in today's global economy, we need to reform our outdated tax system. Hence the present tax plan of the government will strengthen more investment and more jobs for all Ontarians including skilled newcomers. He also referred the findings of the tax expert and economist Jack Mintz, Ontario's tax plan will create 6000,000 new jobs in the next decade since 70% new comers are highly skilled and professionally qualified. A number of studies have



indicated that within a decade immigration will account for virtually all of the province's net labour force growth and this package will benefit payments by providing up to \$1,000 in most families and up to \$300 for most single people. As a result of Ontario's Tax Plan, 93 per cent of income tax payers got an income tax cut on January 1, 2010. Followed with discussions of the participants, some of them raised questions relating the impact of the immigrant's visa policies, pharmacists and nurse wage rate, comparing the pharmaceutical entrepreneurship with Shoppers Drug Mart, Groceries and family benefits. Both dignitaries answered with various illustrations. Para legalist Mr Shaukat A. Malik, Mrs Sonali Chakraborti, Legal Immigration Partnerships, United Way, Nawal Ateeq, President of Canadian Association of Pakistan Origin, Mr.R.N. Logendralingam, Chief Editor of Uthayan Tamil News weekly and the staff reporter Mr Pudhuvai Raman, the leading grocery business entrepreneur Mr Sritas Takur (Iqbal Stores) Mr Alim, 'Vasanth News' Gujarathi News Paper, the Chief Editor of Pakistan Abroad News Paper and Pharmacist Mr. Fysal and Ashok participated in this meeting which concluded with refreshments.

The Punjani Garden Party in aid of The Scarborough Hospital Foundation

Saturday October 2, 2010

3 p.m.- 7 p.m.

The Punjani Family Residence - The Bridle Path, Toronto

Objectives:

- o To raise money to support the purchase of a spinal table and "x" number of incubators. Target \$156K plus.
- o To recognize and integrate the diverse community of Scarborough
- o To cultivate and steward existing and new major gift prospects to gift to The Scarborough Hospital

The Garden Party Overview:

- o The Punjani Family has graciously offered to underwrite the event costs.
- o The event will be an informal tented affair on the tennis court/gardens

o Marche' style hot and cold cuisines featuring cuisines from: India, China, Greece

o Entertainment reflective of the cultures above but not limited to;

- o South Asian - Bollywood
- o Chinese - Dragon Dance
- o Greek - "Zorba Dance"
- o Tables and seating capacity 300-400 people

o The event will feature a non-alcoholic service

o Parking and security will be made available

o In the event of inclement weather the tents will be heated

For more info or join the party, please contact Guy Bonnel: 416-439-2911 Ex: 6664 or gbonnell@tsh.to

King Square Business & Residential Complex



By Thusyanthy Indrakumaran

The King Square Metropolitan Complex coming up in Markham will perhaps be the largest business and residential complex in North America when it is completed. This was revealed by the owners at the Media launch held recently at the Hilton Hotel.

The King square complex is located west of Woodbine Avenue and north of 16 Avenue in the city of Markham.

The Total space is approximately a million square feet and this mega-project is subdivided in 3 phases. The first phase is a huge 300.000 square feet indoor shopping center, which includes a 45.000 square feet Wah Shing Supermarket, a

4.000 square feet major bank and a 25.000 square feet Regal Palace Convention Centre/Banquet Hall. The initial investment is expected to be

more than one-hundred million dollars. The second and third phase developments will see the construction of two nine-storey condominium buildings and a nine-storey luxury hotel next to the indoor shopping center.

The proposed building complex is surrounded by natural settings together with a park, a golf course and a pond nearby. The environment offers scenic beauty with all amenities close by. It will certainly be a perfect shopping centre and a relaxing spot.

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By Dr. J. Douglas Salmon, Jr.

Advantages and Disadvantages of Anger

Following injury or during an illness, it is not uncommon for a person to experience increased irritability and anger. Pain, uncertainty, stress, and poor sleeping are often the underlying causes. Many people consider anger a strictly negative emotion to be avoided and ignored. Certainly, violent actions or harsh words towards others that occur as a result of anger often create problems and may drive others away. This is not to say, however, that anger in itself is a negative emotion. Rather, anger can be turned into a positive force when, for example, it stimulates a burst of energy to allow an individual to endure a frustrating situation, when it signals others that one will not be mistreated, or when it indicates that, for the moment, one needs to be left alone. In addition, anger can be an important signal to oneself that a situation is becoming overwhelming, that he or she is being threatened, or that one may be getting into a situation which may be beyond his or her coping abilities. In this respect, anger can help to teach an individual about his or her own limitations and capabilities.

Thoughts That Produce Anger

The expression, "Nothing is either good or bad, but thinking makes it so," provides a useful reminder that thoughts, rather than situations, produce anger. Clearly, the way in which individuals view certain events determines whether they are negative or positive experiences. For example, one may feel that a playful child who is getting into mischief is "curious, active, and healthy" or that he or she is "a nuisance, inconsiderate, and uncontrollable." When the child is viewed as simply showing curiosity and a desire to learn about the world, then his or her behavior is likely to be accepted with a calm disposition. If, however, the child is viewed as being disruptive, his or her actions are likely to make one feel angry.

Analyzing Angry Thoughts

When an individual becomes angry in a specific situation, and especially in situations which have caused anger in the past, it is important to analyze the thoughts related to those incidents. The following are some types of thoughts which will often provoke anger and/or stress:

" Having high or unrealistic

Anger Management*

*Adapted with permission from Multi-Health Systems & Dr. J. Douglas Salmon, Jr. from Rehabilitation Education and Coping Pamphlet Series



expectations (e.g., "The kids should be quiet all the time").

" Lacking self-confidence in managing the situation (e.g., "I can't cope").

" Neglecting to consider other people's point of view

" Seeing things in only "black and white" terms (e.g., "The pain must be completely gone before I can work").

" Blaming oneself or others, rather than showing forgiveness

Being Aware of anger Building

Many people insist that their anger builds up over the course of a few seconds, or that it does not build at all but comes on suddenly. In many instances, however, this is not the case. In fact, usually an anger provoking situation either has occurred in the past, making the person angry in similar situations, and/or the anger will gradually build over the course of a lengthy period of time, even though the person may not realize it. Often, small irritations over the course of hours or days build up, causing one final incident to spark more intense bursts of anger.

An individual can use his or her knowledge that certain people, conversations, places, or activities tend to provoke anger in him or herself. This knowledge can allow the individual to prepare a strategy in advance when these situations are about to unfold. Likewise, headaches, neck or back pain, increased blood pressure perspiration, and other signs of stress can signal an anger outburst about to occur. Furthermore, recognizing another individual's anger, as shown by way of certain signals such as intense facial expressions, tense

body posture, increased loudness of speech, or swearing, also can be used as signals to help avoid unnecessary conflict, harsh words, or violent actions.

Anger Management Techniques

The following is a six-step procedure to assess and manage situations of anger and assist in avoiding violent or confrontational circumstances:

1. Recognize and anticipate anger based on what you know of past situations. For example, seek signs that the other person/people are beginning to appear more tense and angry, and learn to recognize signs of your own anger and stress. These signals should prompt you to begin using an anger management technique.

2. Relax and evaluate the situation and then consider the best method to use, and to control your anger in case the situation gets out of hand.

3. Use a relaxation technique

such as slowing your breathing, imagining a tranquil scene, or relaxing your muscles.

4. Decide on your approach, which may include any of the following:

" Use humor to ease the tension

" Try to see the other individual's point of view or the view of an "objective observer"

" Excuse yourself and leave the situation; perhaps arrange to continue later

" Be assertive (not aggressive) and defend your right if you feel that it is appropriate to do so

" Count to ten; taking this brief pause is often effective in averting unnecessary anger

5. Evaluate how well you have managed the situation and reward yourself when you've done well, then suggest to yourself how you would like to handle similar situations in the future.

6. Maintain a long term "anti-tension" strategy

Seek professional help, especially when your actions are, or may become, physically threatening.

Managing Anger Towards Others

When you feel angry towards another person or his or her actions, give the person direct feedback on how his or her actions affect you. Indicate to the individual what behavior causes your emotional reaction by saying something like: "when you do_____, I feel _____ (irritated, angry, more pain, embarrassed, etc.)". For example, you might say, "When you play your music loudly, I feel edgy and my headaches become very intense". The individual is likely to react better to such an approach, than he or she would to swearing, shouting, or name-calling. If your anger is at the point where either physical violence or injury to others is a concern, please seek professional help immediately.

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Jai Ho Concert - Press meet Toronto

by Thusyanthy Indrakumaran

On 6th June 2010 in Toronto the press conference of the Jai Ho concert of A. R. Rahman took place. Singer Hariharan and Mr. Hussain attended the meet and shared the information about the show with us. Mr. Hariharan was asked few personal questions about his career and his intrests in music as a child. Of course he sung 3 songs: 1 Tamil song and 2 Hindi songs. Mainly the press-meet informed us about the

show, the producer, Singers and A. R. Rahman's effort.

Altaf Hussain of A2Z Entertainment Inc. has been bringing world class entertainment year after year. He has always had an enthusiasm for music, and this year he is bringing with the support of NK Production Consultants, Sundeep Anand (Mega Concerts Entertainment) and Rona (Malvern Town Center) the One and Only Double Oscar and Grammy Award Winner A R

Rahman at Air Canada Center in the city of Toronto.

A R Rahman has long and prestigious musical career with countless honours and awards to his name. There is no substitute to seeing A R Rahman perform live. For the trek, Rahman is collaborating with creative director Amy Tinkham, who has worked to create concerts for Britney Spears, the Backstreet Boys and Mariah Carey. "A.R. Rahman Jai Ho Concert: The Journey Home

World Tour" will be a theatrical experience that will blend new technologies with powerful dance arrangements and acrobatics. The show will feature changing sets, large images on LED screens and a spectacular cast of musicians and dancers from across the globe. Well-known designer Ritu Beri has been roped in to style the wardrobe for musician A.R. Rahman and his entire troupe for the Jai Ho concert. A.R. Rahman will be supported by amazing



award-winning singers, all of whom have worked with him on various projects and soundtracks: Hariharan, Javed Ali, Benny Dayal, Blaaze, Shweta Pandit and Neetii Muhan.

Don't miss A R Rahman when he takes the stage in Toronto at Air Canada Centre that was scheduled for Sunday, June 20th, 2010 and now it has been postponed to Sept 28th, 2010.



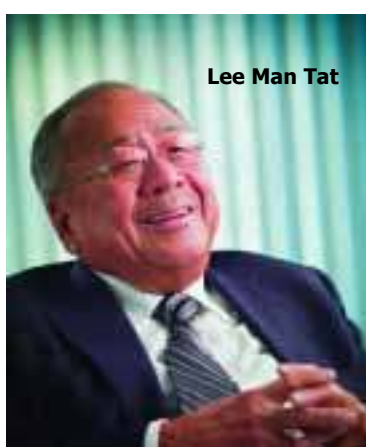
Lee Kum Kee Group Chairman Mr. Lee Man Tat Awarded the Bronze Bauhinia Star by the Government of HKSAR

2nd July 2010, Hong Kong - Lee Kum Kee Group Chairman Mr. Lee Man Tat has been awarded the Bronze Bauhinia Star by The Government of the Hong Kong Special Administrative Region on the Establishment Day Honours List for his significant contribution to Hong Kong. In the citation on Mr. Lee's award, the Government praised him for his achievements in developing a local brand on condiments into an internationally well-known brand with worldwide distribution.

The Bronze Bauhinia Star is an honour awarded to persons in recognition of their significant contribution to Hong Kong.

Lee Kum Kee was founded in 1888 when Mr. Lee's grandfather pioneered the production of oyster sauce. When Mr. Lee took over management in the early 1970's, the business was operating as a primitive oyster sauce factory with a single product for sale. Through his enterprising leadership, innovative marketing skills and a willingness to adopt modern business practices, the company has developed from a small and medium sized enterprise into a multi-national corporation that it is today.

The "Lee Kum Kee" brand is now one of the indigenous Hong Kong brands whose products are exported worldwide and recog-



nized internationally. Its extensive array of over 200 gourmet sauces and condiments are now on sale in more than 100 countries and regions.

The company believes in entrepreneurship and has invested heavily in modern manufacturing plants equipped with state-of-the-art computer controlled facilities in Hong Kong, Mainland China, Malaysia and the United States.

Under Mr. Lee's leadership, Lee Kum Kee has made sincerity in manufacturing and stringency in quality standards its cornerstone. From the first stage of raw material selection to finished goods production, strict monitoring systems are executed to ensure excellent product quality of the highest international hygiene standard. In spite of the challenges posed by increased competitions, unruly market

forces an even merciless recessions, the company has stayed true to its corporate values of "Pragmatism, Integrity, Constant Entrepreneurship and Considering Others' Interest" and committed to its mission of "Promoting Chinese Cuisines Worldwide".

Mr. Lee Man Tat is delighted at the award and thankful to The Government of the Hong Kong Special Administrative Region for bestowing this honour on him. He feels that the award is not simply a recognition of his contribution, but also an endorsement of the development of Lee Kum Kee and its contribution to the society.

Mr. Lee gratefully expressed, "I sincerely thank all the staff of Lee Kum Kee for their salutary dedication, commitment and perseverance, and am indebted to my family members for their wholehearted care and support over the years, without which Lee Kum Kee and I could not be where we are today."

Lastly, Mr. Lee added that the company will continue pursuing its vision of "Where there're people, there're Lee Kum Kee Products".

For media inquiries, please contact:

Christine Xiong
Tel: (626)7091888
chirstine.xiong@LKKUSA.COM
www.LKK.com

T.S.S.A Canada

(Association of the past pupils of Tamil schools in Sri Lanka)

The fifteenth annual sports festival of T.S.S.A Canada will be held on Monday August 02, 2010 at Lamaoreux sports centre at Silver Spring Park (Birchmount and Finch) Scarborough. The following events will be held beginning with the march past at

9.30 AM --- Soccer, Netball, Volleyball and Cricket.

Participating school associations please contact the following for information about the respective events.

Soccer - Mr. M. Jeevaratnam - 416-439-8289

Netball - Ms. Jeya Pillai - 905-947-0967 or 416-826-5306

Volleyball - Mr. T. Pathmanathan - 416-985-1567

Cricket - Mr. T. Srirangan - 416-261-5842

March Past - Mr. R. Thangarajah - 416-755-1640

You may also contact

Mr. S. Thevarajah - Secretary - 416-494-8575

Mr. S.D. Kulanathan - Vice President - 416-298-0678

Mr. S. Pavalakanthan - Committee member - 647-274-9366

Information by: Mr. T. Thavarasalingam, President



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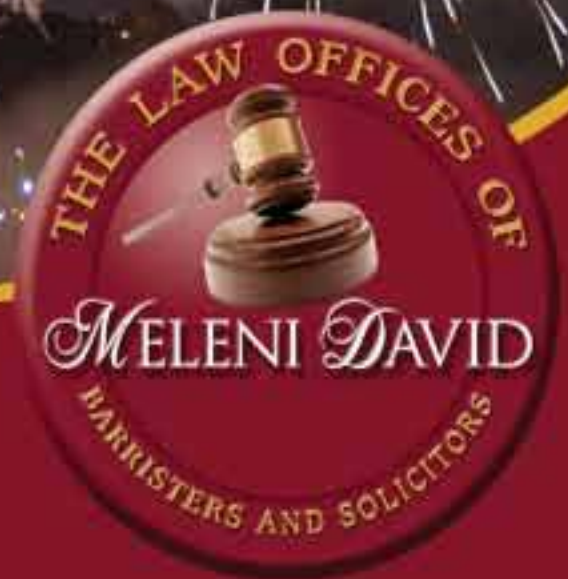
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Legal Luminary Senator S.R.Kanaganayagam's Portrait unveiled at Jaffna Law Library

"He carried the torch of independence, dedication and courage" - Justice C.V.Wigneswaran

By Siva Sivapragasam

The portrait of Senator S.R Kanaganayagam, popularly referred to as "S.R" and a popular lawyer who had a half a century of civil practice, was unveiled at the Jaffna Law Library recently.

The function was presided by Shantha Abimanasingham P.C, President of the Bar Association of Jaffna who was a Junior Counsel in Senator Kanaganayagam's Chambers. The portrait was unveiled by Justice C.V.Wigneswaran, retired Judge of the Supreme Court. The event was well attended by a large gathering of members of the Judiciary of the Northern Province, several Attorneys-At-Law and members of the public.

Among the family members present at the function were "S.R's sons- Colombo's well-known Lawyer Kanag Iswaran, President's Counsel, Mr.Maheswaran and "S.R's daughter Savithri Devi and her husband Dr.Balasubramaniam from Sydney, Australia. Other members of Mr. Kanaganayagam's family circle present at the function were the sons of Kanag Iswaran - Kishaan and Shivaan (also a Barrister) and daughter Radhika and grand daughters Shayaana and Kiyaasha (from U.S.).

Speaking at the function after the unveiling of the portrait, Justice Wigneswaran traced the career of Senator Kanaganayagam and remarked that he had a way of understanding the Judges and taking them along with his arguments. He remarked that "S.R" carried the 'torch of independence, dedication and courage'. He requested the younger attorneys to follow these principles. Justice Wigneswaran also reminded the audience that the Senator

was always conscious of his social responsibilities and had mastered the art of court craft.

Mrs.Savithri Devi Balasubramaniam, Senator "S.R."s adored daughter, proposed the vote of thanks. A dinner hosted by Mr.Kanaga Iswaran (Senator's eldest son and President's Counsel) followed the function.

Senator Kanaganayagam had a lucrative practice in civil law for well over half a century in Jaffna. He had a firm grasp of the basic principles of the Law and was known for his skilful cross examinations. He was called to the Bar in 1933 and worked in the Chambers of Sir Vaitilingam Duraisamy and Homer Vanniasingam, two well-known legal luminaries of the Northern Province at that time. The Thesavalamai Law and Temple Trusts were his forte in his legal practice. He was appointed a Senator in 1949 and served two terms till 1957 making valuable contributions in the debates in the Senate.

Senator Kanaganayagam was an excellent speaker both in English and Tamil. He was also involved in cultural and religious activities. He set up the Ramanathan Academy of Music and was its first President. He was also the President of the Ramanathan Trust.

Known for his ready wit and humour in his practice, "S.R." was the last of the Jaffna legal brigade which shed luster to the legal profession as well as to the public life of Jaffna. Senator Kanaganayagam's skill as a lawyer can be summed up in what people referred to him as "a good lawyer for bad cases".

(Seen here are some pictures taken at the Portrait unveiling function)



Unveiled portrait of Senator Kanaganayagam



President's Counsel Kanag Iswaran (Senator Kanaganayagam's son) and Justice Sripavan, along with others in the audience



Justice Wigneswaran and Senator Kanaganayagam's daughter Savithri Devi



Senator Kanaganayagam's son Kanag Iswaran, Daughter Savithri Devi and Senator's younger son Maheswaran

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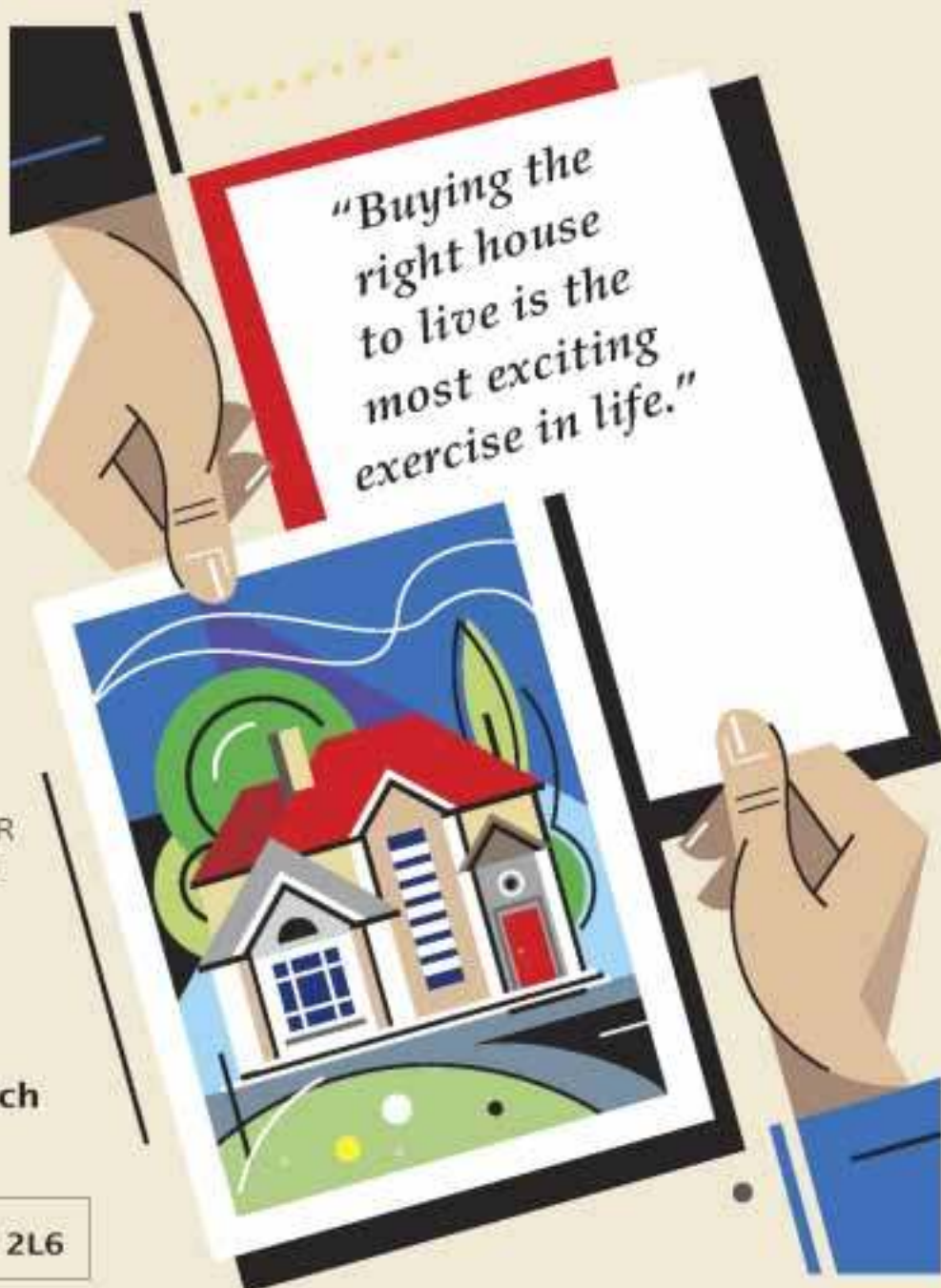
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Jayalalithaa urges implementation of an 18 point plan to alleviate Tamils' plight

AIADMK General Secretary Jayalalithaa on Saturday June 19th listed an 18 point request to help Tamils in Sri Lanka. "The Centre and the Tamil Nadu governments must ensure that the Lankan government fulfills these promises and resettles the Tamils," she said in a statement released in Chennai.

Ms. Jayalalithaa said Tamil Nadu Gov. conducting Tamil Classical Conference in Coimbatore under the present circumstances is totally unnecessary, and called for the implementation of the following 18 points to alleviate immediate difficulties of Tamils in Sri Lanka:

- 1) Still there are still 100,000 people languishing in camps in Sri Lanka North. They should be accorded with resettlement and rehabilitation.
- 2) It is imperative that resettled people are provided with adequate relief supplies.
- 3) Scorched agro lands must be restored.
- 4) Re-construct destroyed water resources
- 5) Provide education for people
- 6) Inaugurate new educational institutions
- 7) Construct new educational facilities
- 8) Renovate and repair educa-



AIADMK General Secretary Jayalalithaa

tional facilities

- 9) Enable rehabilitation of women widowed during the war
- 10) Provide counseling and assistance to sexually abused women and children during the war
- 11) Renovate temples, churches and mosques
- 12) Take measures to curtail temples and churches being converted into Buddhist monasteries
- 13) Provide medical assistance and rehabilitation to those became incapacitated during the war
- 14) As the number of males have dwindled, alleviate the stress encountered by women
- 15) Empower women through businesses run by women
- 16) Assure all relief assistance is properly reaches Tamil people
- 17) Allow Non-Governmental Organizations to operate there
- 18) Grant permission for media persons to meet Tamils.

UN Panel on Sri Lanka: 'Public report for one death, secret for tens of thousands of deaths?'

Indonesia's former Attorney General Murzuki Darusman, a member of the panel of Advisers on Sri Lanka announced by Secretary General Ban-Ki-moon also served on UN panel inquiring the death of Benazir Bhutto of Pakistan and that panel's report was released to the public.

However, in Sri Lanka case though, UN did not say today if the panel's report will be made public, nor if any of the three members will take questions from the Press, according to Inner City Press (ICP).

Full report by Inner City Press as follows:

On War Crimes, UN Ban's Panel May Not Speak to Fonseka or Travel to Sri Lanka, Report May Be Secret

By Matthew Russell Lee
UNITED NATIONS, June 22 -- A panel on Sri Lanka war crimes has been named by UN Secretary General Ban Ki-moon, the day after Inner City Press exclusively disclosed the names of its three members -- but the panel, it turns out, won't necessarily travel to Sri Lanka or interview any witnesses.

Inner City Press asked Mr. Ban's spokesman Martin Nesirky if, for example, the panel will interview Sarath Fonseka, who served as General in charge during the final stage of the conflict and who has spoken of orders to kill people who surrendered, a war crimes.

Nesirky replied that "the mandate is such that some of the precise details, the who and how, still need to be worked out." The aim, he said, is to speak with "the concerned officials," and to finish in four months.

Which officials are more "concerned" than President Mahinda Rajapaksa, his brothers Gotabaya and Basil, and his Ambassador to the UN Palitha Kohona, named by Ban's chief of staff Vijay Nambiar as

having given assurances that those who surrendered would be treated in accordance with international law -- before they were killed

(Kohona disputes the timing of his communications with Nambiar, something that at a minimum one would expect this UN

Military mass wedding: "Rehabilitation rendered a publicity stunt"

"Freedom when?" was what many in the "wedding ceremony" asked according to BBC Sandeshaya and tweets remarked the military marriage of militants "hugely oversteps ethical boundaries".

The ceremony attracted widespread media coverage. Reports say the mass wedding was held under heavy military presence and future for the newly-weds remains uncertain:

from TweetsTrove:

- The 'happy couples' sure look like they're enjoying the ceremony. Rehabilitation rendered a publicity stunt.

- Sri Lanka state-arranged marriage of captured militants still in detention hugely oversteps ethical boundaries

Report by Sandeshaya:

The Sri Lankan military has organised a mass wedding of more than fifty couples suspected to be from the Tamil Tiger rebel group at a ceremony in Vavunia.

Suspected former rebels are being held at a military-run camp following their defeat by government forces in May last year.

Sri Lankan army says many of the couples had been unable to marry earlier because they were fighting in the civil war.

A BBC correspondent who attended the event says many now want to know when they will be freed from military custody.

The mass wedding was held under heavy military presence.

The director general in charge of rehabilitation, Brigadier Sudantha Ranasinghe said that the newly weds will be housed in



Weddings were held on June 13, 1010

a designated village.

"Arrangements have been made for their relatives to visit them," added Brigadier Ranasinghe.

More than ten-thousand Tamil Tiger rebels, who surrendered following the defeat of Tamil Tigers in May last year, are under military custody in northern Sri Lanka.

Excerpts from the report by Guardian UK:

Ravichandra Rasikeshara, 26, married another former fighter, 22-year-old Thaksarani.

"We don't want an Eelam [a separate state]. We want freedom and a happy family life," Ravichandra, who worked as a paramedic for the LTTE, said.

The witness for the marriages was Indian film star Vivek Oberoi who had come came to Sri Lanka for an Indian film awards ceremony earlier this month and visited the camp at the government's invitation.

The future for the newly-weds

remains uncertain. Sivapathasundaram Kavithas, 29, had been a fighter for nine years and had met his wife Bhavani, 28, a fighter for 12 years, when they went for weapons training together.

Kavithas said he was pleasantly surprised that his marriage was formalised but said he still longed for freedom from the camp to look after his sister who lives alone. Their parents and two brothers were killed in the last stages of the fighting, he said.

"We will live the same restricted life, the difference is we will be living together again," said Bhavani.

The couples will be provided with separate tents. Few will be going on honeymoon in the near future. Nearly 3,000 of the 11,000 former Tigers detained at the war's end have now been released but Brigadier Ranasinghe said "a little bit more rehabilitation work" was needed before those married yesterday could go free.



UN's Ban and Darusman: public report for one death, secret for tens of thousands of deaths?

panel to inquire into and resolve.)

Inner City Press asked Nesirky, in light of the European Union's announcement that it will only extend the GSP Plus tariff benefit if the Rajapaksa administration takes specific human rights related actions in the next six months, if the UN believes or wants one of the actions to be cooperation with the UN panel.

Nesirky replied, we're focusing on the work of this advisory panel. So much for coordination.

So much, too, for consistency.

Murzuki Darusman served on Ban's panel on the death of Benazir Bhutto of Pakistan. That panel's report was released to the public. Darusman came to the UN briefing room on the day of its release, and Inner City Press asked him questions.

In this Sri Lanka case, though, Nesirky would not say if the panel's report will be made public, nor if any of the three members will take questions from the Press.

Inner City Press asked, for example, how Mr. Darusman will

handle his four month Sri Lanka focus with his new other job, as special rapporteur on human rights in North Korea / DPRK.

Has Steven Ratner performed any other service for the UN, other than advising Kofi Annan about Cambodia's Khmer Rouge in the last 1990s? Nesirky did not answer any of these. And so we'll add a third, about the third member: is Yasmin Sooka more about reconciliation or accountability?

Even as Nesirky announced the names, confirming what Inner City Press has asked him on the record the previous day, his Office did not have ready biographies for the three, as is the usual practice.

Later on Tuesday, Jun 22nd after Inner City Press asked Nobel laureate and Elder Maarti Ahtisaari a question, Ahtisaari said of Sri Lanka that it was sad that in the international community, no one had been prepared to do anything. Sad indeed.



By Col R Hariharan

From Indian point of view the much hyped visit of Sri Lanka President Mahinda Rajapaksa to New Delhi from June 8 to 11 can be summed up in one sentence as much ado about few things, with apologies to Shakespeare.

Shorn of usual diplomatic fillers, the tangibles in the joint statement issued at the end of the visit were on three tracks. One set formalised projects already in the pipeline for some-time and included financial incentives from India to push them forward. The other set attended to easing structural arrangements (i.e., agreements, MoUs, statement of intentions) to promote better relations and trading arrangements. And the third set related to rehabilitation largesse from India.

But there was little or no animation of perennial issues discussed in the joint statement. There were very few hopeful signs to progress three gritty issues rehabilitation, devolution, and strategic security. Overall, the impression created after the Presidents visit is that India had tacitly agreed to let President Rajapaksa handle these issues at his own pace in his own style. I will be happy if those involved in the process prove me wrong.

The Indian Prime Minister making the inane statement that a meaningful devolution package, building upon the 13th Amendment, would create the necessary conditions for a lasting political settlement, creates the impression that sidelining of the Tamil issue appears to have been accepted. In the last three years India's representatives have said the same thing a number of times. And Sri Lanka's response had been more to buy time than make any real progress on the issue.

President Rajapaksa does not talk any more about the 13th amendment or even the 13th amendment +. So not surprisingly in the joint statement he made no commitment to implement the 13th amendment which in any case has been pushed to the realms of relevance. The President merely reiterated his determination to evolve a political settlement acceptable to all communities that would act as a catalyst to create the necessary conditions in which all the people of Sri Lanka could lead their lives in an atmosphere of peace, justice and dignity, consistent with democracy, pluralism, equal opportunity

President Rajapaksa's New Delhi visit: 'Much ado about few things'

and respect for human rights. Towards this end, the President expressed his resolve to continue to implement in particular the relevant provisions of the Constitution designed to strengthen national amity and reconciliation through empowerment.

Have we not been hearing similar dialogue for a long time now between Sri Lanka and India? It is difficult to understand how the mere repetition of implementation of 13th amendment as a mantra from Indian side and the flowery rhetoric on democracy, pluralism et al from the Sri Lankan side are going to improve the lot of Tamils. Are we not thinking of any other options? Apparently not; otherwise it would have found a place in the joint statement.

So it is no wonder Tamils on both sides of the Palk Strait feel they have been let down very badly by India. The window dressing offered by arranging a meeting between the visiting President and the members of parliament from Tamil Nadu might satisfy the ruling coalition party leaders but not the people. The rhetoric and political manoeuvring on this count to be wearing thin as people are waiting to see visible action on all fronts from Indian side.

Of course, later in Chennai Home Minister P Chidambaram, presumably on a mission to enlighten Tamil Nadu on the take-aways, highlighted India's allocation of Rs 1000 crores to build 50,000 houses for people in north and south left to fend for themselves. And he explained that the money would be directly given to householders through banks.

While this is laudable, the process of rehabilitation has remained good in parts like the proverbial curates egg. But what is the overall architecture for enabling the people ravaged by war to resume normal life and join the national mainstream? Without such an architecture bound by a time frame, accountability from both sides and integrated execution, these welfare measures tend to get dislocated, downgraded or even get hijacked. For instance, in the east infrastructure facilities have made good progress, but peoples struggle for livelihood continues as before.

When the Eelam War raged there were protests in Tamil Nadu by pro-Eelam and pro-Tamil Tigers segments of political parties on happenings in Sri Lanka.



Members of the 'Sri Lankan Tamils Protection Movement' staging a black flag demonstration in Tiruchi on Tuesday protestin against the visit of Sri Lankan President Mahinda Rajapaksa to India. Photo: R.M. Rajarathinam~ courtesy: The Hindu

Then these were joined in by protests on human rights violations and humanitarian issues and war crimes. The protests were neither large nor spectacular. But they were there.

During President Rajapaksa's visit this time - a year after the war - the protests have become significant because there is no Prabhakaran or war to give a boost to these protests. The protests had gathered sufficient public and media attention, even without the orchestration provided by the war.

The pro-Eelam leaders Vaiko and Nedumaran and about thousand followers courted arrest while protesting against the Presidents visit. These protests have to be studied in sequence of Sri Lanka-centric events that have been happening. First there was pressure on film personalities to boycott the International Indian Film Awards function in Colombo. These were followed by protests in other forms in Tamil Nadu. There are indications of simmering discontent over Sri Lanka policy increasing into effervescence.

A Public Interest Litigation filed in the Madras High Court sought issue of directions to the government to arrest Sri Lanka Minister Douglas Devananda, who was part of President Rajapaksa's entourage. The PIL alleged Devananda was a proclaimed offender, wanted in a slew of cases including murder in Tamil Nadu.

The moot point is the Tamil Minister, well known for his strong anti-Prabhakaran stance and equally strong support to the President, had visited India and Tamil Nadu a number of times even at the height of the Eelam War. And nobody thought of raising the issue on such occasions earlier. Why now, after the defeat of the Liberation Tigers of Tamil

Eelam (LTTE) and decimation of its leadership? Clearly the PIL was aimed at embarrassing New Delhi and the visiting dignitary.

The other incident was more sinister. Thanks to alertness of railway staff, the Rock fort Express train going from Kumbakonam to Chennai escaped from accident after a metre-long portion of the railway track was found blown up at Sithani, about 25 km from Villupuram junction on the railway link to Chennai. The incident happened a day after President Rajapaksa flew out of New Delhi. High-power gel-type explosive device ignited by electric power had been used indicating familiarity with handling of explosives.

It was powerful enough to create 80-cm crater and blow up the sleeper along with a piece of the rail. The Police were quick to suspect the Tamil Nadu Maoist elements and later the Tamil Tiger acolytes in the act of sabotage. Both are capable of organising the sabotage. Even though they failed to derail the train, with their act they have sent a strong message of their extreme frustration at India's inability to respond to the Tamil problems in Sri Lanka.

During the Eelam War, there were a few instances of the LTTE elements and the Maoists coming together for mutual benefit. But caught between the turbulence of caste politics and the allure of Dravidian political idiom, Maoists were always weak force in Tamil Nadu. Even those few fell out with

the all India body of the organisation in the eighties over the question of supporting Tamil nationalism. They could not survive as a cohesive entity in the face of the Tamil Nadu police dragnet. So they scattered and have become embedded in one or more of the half a dozen small Tamil political outfits.

These fringe outfits have diverse agendas, but are united in the struggle to preserve exclusiveness of Tamil identity and Tamil nationalism which they feel are threatened by New Delhi and Colombo. They are unhappy that even the Tamil Nadu chief minister Karunanidhi, who used to tacitly support the Tamil identity issue, has joined the national political mainstream and let them down.

It is doubtful whether the disparate groups can come together to form a mighty insurgent body in Tamil Nadu like the LTTE and wage war as Prabhakaran did. That may never happen. But they represent the extreme edge of the anger many Tamils are feeling over India's failure to respond positively to attend to the Tamil grievances in Sri Lanka. This is more so because India had vigorously championed their cause in the past. This feeling has many takers among Sri Lankan Tamils both at home and abroad.

Usually police are left to handle developments of extremism in a knee jerk reaction. However, in Tamil Nadu the approach has to be more nuanced. We need to pay serious attention to the issues that have generated the discontent and act to produce visible results in Sri Lanka. And political parties of Tamil Nadu have a large responsibility in suggesting and steering New Delhi to positive courses of action than merely acting as listening posts, playing politics.

(Col R Hariharan, a retired Military Intelligence specialist on South Asia, served with the Indian Peace Keeping Force in Sri Lanka as Head of Intelligence. He is associated with the Chennai Centre for China Studies and the South Asia Analysis Group.)

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Hospital welcomes new chair of the board

Continued focus on constant improvement in quality patient care

Former Ontario deputy minister of finance, and former assistant deputy minister of health, Jay Kaufman is the new chair of the Rouge Valley Health System (RVHS) Board of Directors.

The announcement came this evening following the hospital's 12th annual general meeting (AGM) of members in Ajax.

"We're pleased to welcome Jay as the new chair of the Board of Directors," says Janet Ecker, who has completed her two-year term as chair and will remain on the board. "Jay brings to this leadership role, not only familiarity with RVHS due to his time on the board, but also a depth of experience and knowledge of the health care system, which will be of great benefit to the board and the hospital," Ecker adds.

Kaufman, who has served as the board's vice-chair for the last two years, says, "The board thanks Janet for her outstanding leadership and contributions to improving patient care while putting RVHS on a more sound financial footing for the future."

Kaufman adds, "Janet has worked hard as board chair to create a culture of accountability, quality and dedication in patient care, and in the effective use of taxpayers' dollars throughout our hospital. I'm looking forward to working with the board, the senior management team, our physicians, other professional leaders and all staff to build on this legacy."

- Jay Kaufman -

Kaufman joined the RVHS Board of Directors in 2001 and has held leadership positions on the board since 2002. He has held senior positions within the Ontario government as a former deputy minister of finance, secretary to Treasury Board and assistant deputy minister of health. Kaufman has also had a long career with the Manitoba government, which was highlighted by his appointment as a deputy minister responsible for health reform in that province. Earlier in his career, he was an assistant deputy minister of health and social policy and program development, and executive director of the Canada Manitoba Basic Annual Income Experiment. Kaufman, who lives in west Rouge, Toronto, is the president

of KTA Inc., a consulting and research organization.

- New board members -

The AGM, which was open to the public, also saw the addition of four new members to the hospital's Board of Directors, plus the re-appointment of four directors. All of the new and re-appointed members bring with them their own unique professional experience and a desire to make a meaningful contribution to the community.

David Goulding

A graduate of the University of Bradford in the United Kingdom, David Goulding is currently a member of the Board of Trustees of the North American Electric Reliability Corporation (NERC), responsible for ensuring a reliable supply of electricity across North America. As a chartered engineer in the U.K., he held a series of progressive management roles in the generation and transmission of electricity. After joining Ontario Hydro in 1977, he held several senior positions including director of grid system management, general manager of electricity exchange, and senior vice-president of central market operations. Until his retirement in 2006, he held the position of president and chief executive officer of the independent electricity system operator.

Ian E. Johnson

Ian E. Johnson is a finance professional and principal consultant at Agile Business Strategy and Analytics, where he leads the corporate finance, enterprise risk, business systems and strategy practice. He holds a master's degree in natural resource management (resource economics) and MBA degrees in finance and international business. He has 28 years of senior management experience. He was also an officer in the Canadian Air Force Reserves for seven years. Over the years, his community involvement included memberships in several high-profile consultative task groups. A 20-year resident of Durham Region, he and his wife Maria live in Ajax.

Jag Mohan

Jag Mohan is an educator, engineer and an entrepreneur with diverse experience in academic administration and consulting engineering practice. He is the



Jay Kaufman

dean of the School of Engineering Technology and Applied Science, principal of Centennial College Morningside Campus, and an elected governor on the Board of Directors, also at Centennial College. He has more than 20 years of experience in the post-secondary public college system in Ontario. He has been a professional engineer for 25 years, and president of his engineering firm, Jag Mohan & Associates Ltd., for the past 20 years.

Fred Clifford

Fred Clifford is a senior partner with Ernst & Young LLP, a global professional services firm. He is also the Toronto area market leader for the manufacturing, energy and distribution practice. He has a longstanding record of service with the Rouge Valley Health System Foundation, and has served on its Board of Directors for 15 years. He served as chair of the board of the Centenary Health Centre Foundation from 1997 to 2001 and was the vice-chair of the Rouge Valley Health System Foundation from 2005 to 2009. He is active in a variety of other charities, including the Canadian National Institute for the Blind, where he is a member of the central zone advisory board.

- Reappointed Board Members - Bob Oldman

Local businessman Bob Oldman owns and operates Prudential Achievers Realty, active in Scarborough and Durham. A resident of Pickering, he is a former executive vice-president and member of the board of directors with Dun and Bradstreet Corp., and is currently president of Ridge Group, a development company in the Durham region. He currently serves as a member of the City of Pickering Business Advisory Council, and past member of the Royal Trust Regional Advisory Board and of Olympia and York (Block Bros Realty Advisors). He currently serves as

a member of the RVHS Board of Directors and is chair of the building committee.

Joan Wideman

Joan Wideman is the vice-president of corporate services for the Pickering-based Lenbrook Group of Companies. She is currently a director with the Ajax Pickering Board of Trade council and co-chair of its government relations committee. She has received several awards and appointments including: the first Community Leadership Award from the Pickering Rotary Club in 2002; appointed to the Pickering Business Advisory Council in 2004, which she currently co-chairs with the mayor; Business Person of the Year in 2006, from the Ajax Pickering Board of Trade, as she completed her term as chair of its council. In 2010, she received the Richard Dolphin Community Service Award from the Ontario Chamber of Commerce.

Tom Atkins

Tom Atkins is president of the Tramore Group, a Toronto-based professional services firm specializing in large-scale program and project management. He is a certified management consultant (CMC), project management professional (PMP) and institute certified director (ICD.D). He holds both Level 1 and Level 2 credentials from The Health Care Trustee Institute. His career spans more than 33 years in the information technology industry. He has held various roles on Rouge Valley Health System's Board of Directors, since he was elected to the board in 2003. He was board chair from 2006 to 2008, and chair of the board finance committee from 2005 to 2006.



Jay Kaufman

Jay Kaufman has been appointed chair of the RVHS Board of Directors. His bio appears above.

- Medical equipment fair -

RVHS again hosted a fair, following the AGM, showcasing medical equipment purchased by the hospital during the past year. The fair also featured equipment the hospital hopes to purchase in the next 12 months. The fair demonstrated how donors' generosity results in better patient care.

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Working in consultation and partnership with community members, other hospitals, health care organizations, the Central East Local Health Integration Network and the Ministry of Health and Long-Term Care, Rouge Valley continues to improve its programs and cater to the needs of the growing communities of east Toronto, Ajax, Pickering and Whitby.

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Samy Appadurai

Recently Canada is looked upon as a super star. It is the nation that is the most preferred to migrate to compared to other developed countries. Although many factors contribute to this, the way in which Canada overwhelmingly accepts new immigrants while other receiving countries only tolerate them prompted me to write this article.

It makes us feel proud of who we are in the sense of identity and occasionally when we visit other countries around the world that the reflection of Canadian values wake us up and stirs in us a feeling of pride in our beloved nation of Canada and this has happened to me personally on a few occasions and I have heard similar anecdotes from my friends which had subsequently been buried in their subconscious mind through layers of memories. We who know not and are aware that we know not, will certainly open our eyes and minds to understand and merge with the growing global position of Canada on the international stage.

I appreciate the forefathers of this nation, the builders who made a tremendous sacrifice in constructing the castle of the nation with Canadian values as the bricks and a foundation so solid that even an earthquake would not be able to shake it. I would like to illustrate my point with this example; When some of the disappointed, dissatisfied British alongside the more adventurous and with the French descendants migrated and made their settlements in the northern part of the new world, at that time the Americans were involved in an aggressive and demanding revolution against the British Empire. The American Revolution was between the colonial rulers and the colonized inhabitants and the aim was to sever the connection to the Empire right down to the roots. But the Canadians, the British Loyalists took a different route and won their freedom while maintaining its cordial relationship with the Crown and to this day, we still have the British monarchy as the head of state in Canada, though it is only a symbolic position. Today, particularly since the beginning of the war against terrorism in Iraq and Afghanistan by the United States of America, the U.S and Britain have renewed their relationship, though not in the same vein as the colonial past. Although Canada made a

shift in having a close and effective economic relationship with Britain and later on shifting to the States a few decades ago, former Prime Minister Jean Chretien did not want Canada to join the American coalition forces in those wars, without the blessing of the United Nations. There were many occasions in which Canada did not dance to the piper of Great Britain and another example of this was the war in the Suez Canal against Egypt in 1957, Canada did not accept the request to join the British forces and kept itself away. Although Canada has very close ties with America from the cultural industry to our economic relationship, Canada maintains its distance and continues to do so.

Politicians of Canada comparatively have a high level of maturity in exercising their power. Of course they have their concerns over personality, promotion, party biases and actions but there are times when national interest and challenges overtake the party, regional and other interests and they extend a hand in cooperation and work together. I can cite many occasions where they have exhibited their concerns on the best interests of the nation. When the power of the Quebec nationalists was getting stronger and was on the verge of separating from Canada, the Progressive Conservative Party and the Liberals worked hand in hand and John Charest, the national leader of the Conservative Party was viewed as a capable leader who could stand against the Party Quebecois and keep Canada intact. The Conservatives had foregone their party interests and volunteered to lend him to the provincial party leader of the Liberals in Quebec and he is still in power today safeguarding the unity of Canada from the sovereignty movement.

Recently I have seen the Liberals and other opposition party members bitterly criticize the prorogation of the parliament from December 2009 to March 2010 and were on the verge of dissolving Parliament. But it never happened and though the primary purpose was not because it was in the best interest of Harper or the nation. It was due to the fact that the voters were not ready to go to the ballot box. Furthermore, whoever was the cause for the election would not be able to retain their support and on one occasion Mr. Michael Ignatieff openly acknowledged that he did not want to bring down Harper's government because Canadians were not ready for yet another election. Recently there was a heated



argument in and outside the parliament buildings on the proposal to spend nearly a million dollars for the security for the G8 and G20 summits and not including the issues of funding abortion and unwanted pregnancies in developing countries on the agenda

The right honourable Prime Minister Steven Harper is very smart and he knows how to move all of the powerful players on the chess board. Once the members of Parliament resumed with the Opposition members plan to bring down Harper's government on the issue of not being presented with the documents of Canadian soldiers who had handed over detainees to the Afghanistan government; Mr. Harper broke his silence on this issue which might have been going on even before he got into power and he might have been given the last stroke at the camel's back. I presume that Harper might have considered that this was a sensitive issue and in the best interest of national security and for the Canadian men and women in uniform and Canadian foreign missions. Whatever the reason, it could be said the members of the opposition were concerned more about integrity than the actual issue itself.

I also wonder why some of the leaders insist or reemphasise the need to include world climate change on the agenda. It is no one nation's issue and most of the nations who attended the summit last year in Copenhagen, talked loudly and added more to the temperature and have since done nothing tangible to implement anything. When Mr. Paul Martin called for the summit in the city of Quebec, America showed a blind eye and now some of the Americans say that climate change is a long term natural phenomenon and we cannot do much about it. I was surprised and disappointed about such

comments. Fast growing world super powers such as India, China, and Brazil have not taken the matter very seriously and have not taken adequate measures and the non industrialized nations suffer for others careless or unconcerned acts. It has been taken into consideration in these summits but how it will force any changes is anyone's guess.

I fully agree with Harper taking necessary precautionary measures on security and spending much more money on it compared with such summits held in other countries. We have to look into the current global developments on terrorism and counter terrorist activities and the timing. Usually terrorists think that Canada is a safe haven for their operations, because Canada has never earned any enemies. Canadian foreign policy is such that people who belong to opposing camps of rival ethnic groups who migrate to Canada, under the refugee category or skilled workers sponsorship, after living in this country for some time, inherit some of our Canadian values. Upon seeing the miniature world structure and the coexistence of many cultures, religions and political views, these new Canadians come to respect the rights of others. But Canada has been cautioned by our neighbour in the south that some of the terrorists have taken the widely opened immigration door as a sign of its weakness, rather than a generosity of spirit and lack of human resources.

We have to see the other side of the coin also that Toronto in particular and Canada in general is also in the targeted area of the terrorist attack list. The results of the enquiry and the verdict of the judiciary system revealed that Toronto -18 terrorists had already planned and prepared to carry out an attack of the Canadian financial capital city, Toronto in many

vital points. Once it has been said that Bin Laden warned Canada not to supply oil sand to America considered the prime enemy of the Islamic revolution. Most of the Arab nations are not very pleased and feel that Canada should have acted more fairly for the people of Gaza in terms of the boarding of the four Turkish ships in international waters by the Israelis. Although it is a recent development, this did not influence the planning for the security of the summits. I know that terrorists are the least concerned about attacking Canada but the leaders representing the other nations may not be considered in a similar ranking. Those countries have almost two thirds of the world's population and a very high percentage of the GDP and wealth. At the initial stages such summits were done in remote areas around the world but recently it has been determined that these summits would be better held in advanced cities.

Certainly the success of the summit in the long run places the positive image of Canada on the globe so high that many of us might have not even thought of this. Canada has carried itself well in handling the recession. Our financial policies and management have proven to the world that Canada is a role model. In the economic ocean, international ships have faced tough waters and cyclones. They could not sail their ships and struggled very hard. The ship of Greece like the Titanic was on the verge of sinking and those of Portugal, Italy, Spain, United Kingdom and the United States of America found the economic ocean rough. But the Canadian ship was navigated safely without any major mishaps but with the light shake of the mild ocean waves. Bravo to the Prime Minister and the Finance Minister.

Contd. on Pg 21...

Jaffna Hindu College Old Boys Association of Canada celebrates Annual Dinner 2010



Chief Guest Dr. Raveendran
making his speech at the Dinner



President Pon. Balendran
addressing the guests

The Jaffna Hindu College Old Boys Association of Canada celebrated their Annual Dinner for 2010 last month at the Princess Banquet Hall, Scarborough as a well-attended event. The Chief Guest for the function was Dr.S. Raveendran, Dental Surgeon and an old boy of the college.

The President of the Association Mr.Pon Balendran, in his speech thanked all those who

contributed to make the event a success. A part of the proceeds from the Dinner will go towards the educational projects for the needy children at the college in Jaffna. The event included entertainment with music and dance performances followed by a sumptuous dinner.

The Old Boys Association consists of:

Mr. Pon Balendran

- President
Mr. Mohan Sundaramohan
- Vice-President
Mr. P. Thayanithy
- Secretary
Mr. Siva Pon. Sundaralingam
- Asst. Secretary
Mr. K. Vijayakulasingham
- Treasurer
Mr. Tharma Sridharan
- Asst. Treasurer



A section of the guests present at the Dinner



Members of the Executive Committee

Canada - Champion of the World

Contd. from Pg 20

Recently, Canadian currency has been elevated by some of the developed countries and Canadian currency has gotten closer to the almighty American dollar in terms of value. The Canadian economy is going to boom and many developed nations and developing nations are going to come closer to us when it comes to trade and will prefer to have investments in Canada. I can see these as positive signs. The Prime Minister of China arrived a few days before the beginning of the summits and it appears that he would like have more trade relationships with us. Although our Prime Minister did not attend the summer Olympics of 2008 in China and was

almost the last leader of the G8 to visit China, China did not mind this and is coming closer to us. I am certain Canada will gain many more economic benefits from the world. Canada's high rising image will certainly pave the way to have more skilled workers emigrate here and resolve the shortage of quality man power. According to recent statistics, within two decades Canada will have more seniors than children. The natural rate of population increase has gone down. Canada requires an increase of at least one percent of the existing population, but Canada has been accepting fewer immigrants. The current population of Canada is almost 34 mil-

lion and the current acceptance of new immigrants is just above two hundred and fifty thousand.

Overall Canada has been making use of the wonderful opportunities that it has received and the image of Canada is going to be on the top of the ladder. There are other countries that have made similar developments but only in certain aspects. Canada is the only country that has balanced development with spirit. Once again, travel outside Canada with a Canadian passport; you will see what I mean.

HAPPY BIRTHDAY CANADA

Samy Appadurai is a renowned broadcast journalist, author, educator and public speaker who makes his home in Toronto.

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INAUGURAL MISSISSAUGA MAYOR'S CRICKET FESTIVAL

Saturday, July 17,
11:00 a.m. to 5:00 p.m.



Event Host:

Corporate Canada Cricket Club

Partners:

City of Mississauga
Canadian Cancer Society
Heart & Stroke Foundation
ROGERS TV
Monsoon Journal

Event Co-Hosts:

Ernst & Young
RBC

Location:

Courtney Park Field located at East of the St Marcellinus School, 730 Courtneypark Drive West, Mississauga, ON L5W 1L9
Major Intersection: Mavis Road and Highway 401

MESSAGE FROM FASIH MASOOD, FOUNDER & CHAIRMAN

CORPORATE CANADA CRICKET CLUB

Corporate Canada Cricket Club is pleased to host the Inaugural Mississauga Mayor's Cricket Festival on Saturday, July 17, 2010. The concept of the festival was conceived in summer of 2009 with the City of Mississauga to promote an active and healthy lifestyle in partnership with the Community Charity Partners, Canadian Cancer Society & Heart & Stroke Foundation, to raise the awareness of the diseases / illnesses such as Cancer and Heart & Stroke as well as promote corporate, adult & junior cricket in different communities across Mississauga.

The event is co-hosted by Ernst & Young and RBC and promoted by ROGERS TV and Monsoon Journal.

ERNST & YOUNG



ROGERS TV

Monsoon Journal



Highlights

- o Chief Guest: Her Worship Mayor Hazel McCallion at 3:00 p.m.
- o Master of Ceremony: Sunny Joshi, Host of First Local Hindi on ROGERS TV at 2:30 p.m.
- o Free / Drop-In Cricket Coaching for the Kids & Youth from 11:00 a.m. to 5:00 p.m.
- o Family Fun Activities: Face Painting, Jumping Castle etc. from 11:00 a.m. to 5:00 p.m.
- o Exhibition Games among Corporate Teams of BMO, & Ernst & Young, & RBC from 11:00 a.m. to 5:00 p.m.
- o Exhibition Games of U-13 Junior Cricket Teams from 11:00 a.m. to 5:00 p.m.
- 300+ individuals representing city officials, community charity partners, corporate sponsors, cricket players, & families.

We will be delighted to welcome the Cricket Fans from the Peel Region and the nooks & corners of Ontario to celebrate the sport and acquire knowledge about the prevention, management and cure of critical illnesses / diseases related to Cancer and Heart for improving and enhancing the quality of life for themselves and their loved ones!

We are also grateful to the Her Worship Mayor Hazel McCallion, City of Mississauga for giving us an opportunity to host the event as well as the following people:

- o City of Mississauga: Paul Mitcham, Jeff Cunningham, Greogry Socha, Jason Klomp, Bradley Stoll, Michelle Bown, Samantha Reid, Christine Diggie & Beth Allen

- o Canadian Cancer Society: Jacqueline Cavalheiro, Jennifer Tremaine, John Hayward & Tara Wise
- o Heart & Stroke Foundation: Farina Siddiqui, Judith Anne Fowler, Lena Ciccotelli, Nancy Mrazek, & Vivien Glencross
- o ROGERS TV: Diksha Narayan, Jake Dheer, Lauren Reid, Ryan Dunn, Sheila Sochan, Sonia Sache & Sunny Joshi
- o Durham Cricket Academy: Philip Navaratne
- o Monsoon Journal: Logan Velumailum
- Corporate Canada Cricket Club: Farhan Khan, Sajid Khan & Venky Jeyaraman

ABOUT CORPORATE CANADA CRICKET CLUB

Corporate Canada Cricket Club is an alliance of the Cricket Clubs of Financial Institutions, Consulting and Technology Companies.

Its vision is to promote interest and participation in the sport of cricket on a sustainable basis at all levels - junior, adult, recreational & social, competitive in communities across Canada and to provide a platform to group members to adopt an active and healthy lifestyle as well as network with each other for games, jobs and business.

Affiliated Cricket Clubs

1. Bank of Montreal (BMO) Financial Group
2. Bank of Nova Scotia
3. Canadian Imperial Bank of Commerce (CIBC)
4. Deloitte & Touche Canada
5. Ernst & Young Canada
6. Royal Bank of Canada (RBC) Financial Group
7. TELUS
8. Toronto Dominion (TD) Bank Financial Group

History

Corporate Canada Cricket Club traces its roots to the friendly T-20 cricket games organized among BMO Financial Group,

CIBC, IBM Canada and Royal Bank of Canada Financial Group in 2008. The 20-20 games were played as follows:

1. BMO versus RBC on August 30, 2008 at Toronto Police Ground, Scarborough
2. IBM Canada versus RBC on August 30, 2008 at Toronto Police Ground, Scarborough
3. BMO versus RBC on Oct. 11, 2008 at Courtney Park Field, Mississauga
4. BMO versus CIBC on Oct. 11, 2008 at Courtney Park Field, Mississauga
5. RBC versus CIBC on Oct. 11, 2008 at Courtney Park Field, Mississauga

Prior to the games, BMO Cricket Club and IBM Cricket Club participated in joint practice sessions.

Corporate Canada Cricket Club was formed in 2008 and incorporated in 2009.

In 2009, it pioneered the first ever T-20 Banker's Cricket Cup in Canada with the participation of BMO, CIBC & Scotia as well as T-20 Corporate Cricket Tournament with the participation of BMO, CIBC, RBC Scotia, Deloitte and Ernst & Young.

In 2010, it has also pioneered the first ever Community Cricket Festivals in Mississauga and Brampton on July 17 and Sept. 18 respectively. For details, please bookmark www.corporatecricket.org

MESSAGE FROM Jake Dheer, Station Manager, Rogers TV Peel

"Rogers TV is pleased to support local initiatives that encourage sports within the community and the Mayor's Cricket Festival is a great example. We are proud to be a media partner and provide promotional coverage for this event."



2010 Season

	Title	Timeline	Clubs
1	Bankers' Cricket Cup	May-July	BMO, RBC, Scotia, TD, TELUS
2	Mississauga Mayor's Cricket Festival	July 17	BMO, RBC, Ernst & Young
3	Corporate Cricket Tournament	July-Sept	BMO, RBC, Scotia, TD, TELUS, Deloitte, Ernst & Young
4	Brampton Mayor's Cricket Festival	Sept. 18	BMO, RBC, Ernst & Young

Board of Directors

	Name	Position
1	Fasih Masood	Founder & Chairman
2	Venky Jeyaraman	Co-Founder & Member
3	Sajid Khan	Member
4	Farhan Khan	Member

Advisory Council

1. Shameela Chinoy, Barrister, Solicitor & Notary
<http://chinoylaw.com>
2. Philip Navaratne, Durham Cricket Academy
<http://durhamcricketacademy.com/>

SUNNY JOSHI, Master of Ceremony at the Mississauga Mayor's Cricket Festival

Sunny Joshi brings in passion, youth and experience to First Local Hindi, where he takes on the role of news anchor. He first joined the Rogers team as a news anchor for the first ever South Asian News show.

Sunny, by profession, is a businessman who has been in the food and restaurant industry for over a decade. His true passion is radio and television, for which he has a talk show on WTOR 770 am, in the mornings on prime time radio. He was with CJMR 1320 before joining 770 am as a radio host. His morning talk show is considered by many as thought provoking and informative.

His education background is from India and the U.S. where he also acquired education in culinary arts. Being in business for so many years he had a burning desire to do what he loves the most that was connecting with people and primarily the South Asian community. Bringing forth the South Asian community to connect with the rest of the world, Sunny feels that everyday a little bit of his passion is being fulfilled and finds joy from inventing himself is another accomplishment.

First local Hindi is a show that focuses on all issues that take place in our peel region, plus anything that goes around the world in sports, entertainment and news.



He sincerely feels that Rogers TV has given him the platform that he always wished for and his burning desire to reach out to people is finally coming true. He is definitely bringing a lot more to the table and is a perfect combination of east meets west.





CORPORATE CANADA CRICKET CLUB PARTNERSHIP WITH CANADIAN CANCER SOCIETY

The Canadian Cancer Society is a national, community-based organization of volunteers whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer. Thanks to the work of our volunteers and staff and the generosity of our donors, the Canadian Cancer Society is leading the way in the fight against cancer.

Canadian Cancer Society is thrilled to be partnering with the Corporate Canada Cricket Club for the Inaugural Mississauga Mayor's Cricket Festival on Saturday July 17, 2010. This is a new and exciting partnership that the Canadian Cancer Society is happy to embark on. The dollars raised from this event will help us in the fight against cancer!

Cancer prevention is a top priority for the Canadian Cancer Society. The organization continues to play a leadership role in keeping Canadians informed about healthy living, as well as collaborating on building public policies and programs related to early detection and screening, obesity and physical inactivity, sun safety and tobacco control, which will lead to lower rates of cancer in future.

Brochures will be made available throughout the festival for people to come and help educate themselves on risk factors as well as our prevention series. Look for the white Canadian Cancer Society tent to donate and educate.

The Canadian Cancer Society advocates for healthy public policies on behalf of Canadians and people living with cancer. As a result of the Society's leading advocacy efforts, it is positively influencing government and decision-makers to pass policies that can help reduce the public's risk of developing cancer and improve the lives of people affected by cancer.

The Canadian Cancer Society provides many different support services for people living with cancer. With the dollars raised at this event as



well as many others, we are able to do so much more than research; we are able to offer support.

The Society's peer support program matches recently diagnosed cancer patients or caregivers with a trained volunteer who understands what it is like to live with cancer. More than 600 peer support volunteers help hundreds of people across Ontario cope with a cancer diagnosis. The society also offers support groups in many communities across Ontario.

Canadian Cancer Society volunteer drivers' help people get to and from cancer-related care who can't get there on their own. Last year, our volunteers drove more than 18,000 Ontarians to more than 100,000 treatment appointments.

Canadian Cancer Society volunteers offer support in cancer centres, lodges and hospitals for people attending appointments. Society volunteers help in a number of ways, such as providing comfort to people who may be waiting for or receiving treatment or helping people find their way to their appointments.

The Canadian Cancer Society is thrilled to be a part of the first Annual Mayor's Cricket Festival on Saturday July 17, 2010. We are excited for this new partnership and cannot wait to learn from each other and work towards a brighter and healthier future where know Canadian fears cancer.

Your support matters FIGHT BACK!

For more information and support visit www.cancer.ca or call 1-888-939-3333 or email info@cis.cancer.ca.





The Australian Consulate is delighted to acknowledge the efforts of Corporate Canada Cricket Club (C4) to re-introduce cricket to Canada, a fellow Commonwealth country in which cricket had lapsed! The roots of Canadian cricket spring mainly from the regions of Upper Canada and in particular from around the little town of York, now known as Toronto. By the time Canada became a nation in 1867.



the game was so popular it was declared the national sport of the fledgling country by the first Prime Minister, Sir John A. Macdonald. The first Australian team to tour Canada was the 1878 side led by Dave Gregory. Sadly, Canada gravitated to baseball at the expense of cricket, although some connections were retained, not least being the Toronto Cricket Club. With the arrival of many members of the Commonwealth in Canada, cricket is having a revival as the many cricket clubs in Toronto now attest and the Australian diaspora is happy to be part of that. Congratulations on your initiative to revive cricket in Canada and to assist the worthy charities that you support. Regards, Stefan Trofimovs, Consul-General Australia in Toronto.



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JOHN BODDY HOMES PRESENTS 'EAGLE GLEN'



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John Boddy Homes has been voted 'Best Builder' in Ajax/Pickering for the thirteenth year in a row for this year's Readers' Choice Awards and has now released its next phase at their 'Eagle Glen' community in Ajax. Located just minutes east of Toronto 'Eagle Glen' combines the closeness and convenience of city living with a suburban feel, and its prime location makes it a great place to call home. Classic two-storey homes are available, as well as side and back splits, semi-detached and townhouses. Homes start at 1,700 square feet and range up to a spacious 3,858 square feet, some with three car garages. John Boddy Homes offers traditional size lots with a minimum of 105 feet in depth and a great selection of extra deep lots, pie shaped lots, walk out basements and a select few backing onto 3.5 acres of mature trees. With such a broad range of house sizes and styles 'Eagle Glen' has the ideal home to suit every preference. From the unique exteriors and charming streetscapes to the elegant interiors, various John Boddy Homes include such impressive standard features as vaulted ceilings, double door entries, décor columns, mirrored sliding closet doors, ceramic kitchen backsplashes, double basin bathroom vanities with make-up counters and so much more. Their gourmet kitchens, welcoming great rooms with cozy gas fireplaces and elegant dining rooms with coffered ceilings are all spacious and comfortable, making them the perfect location to enjoy time together with family or entertaining friends. In addition, some models include such impressive extras as classic French doors, transom windows and custom octagonal skylights allowing light to travel throughout the home for a bright and spacious feel.

For their homeowner's convenience, most John Boddy Homes include main or second floor laundry rooms, laundry chutes, kitchen breakfast bars, private water closets, interior garage access, high efficiency furnaces and basement rough-ins for future bathrooms. Also, windows are vinyl clad wood which allows for interior custom colours with a maintenance free exterior.

Other features include arched entryways, custom millwork, window mullions on all front and rear facades and decorative garage doors featuring appealing window lites. Custom landscaping packages and paved driveways are also included in all homes providing the renowned curb appeal that enhances the entire 'Eagle Glen' community.

Innovative floorplan designs combined with an extensive array of standard features included with every new home have become a corporate trademark of John Boddy Homes and 'Eagle Glen'. Not only does a John Boddy home offer such striking standard features, there are also a wealth of opportunities to upgrade, making their homes as unique as each individual homeowner. The 'Eagle Glen' Sales Office features a Décor Centre that contains a wide range of upgrade items to select from in order to customize your home. Their high-tech electrical and décor consultants allow homebuyers to make upgrade selections on site, enabling them to conveniently personalize their home.

When you purchase a new home in 'Eagle Glen' there are no hidden closing costs. John Boddy Homes pays for education levies, development charges, water and hydro meter hookup fees, boulevard tree planting, landscape package and a paved driveway.

For a limited time only John Boddy Homes is offering an incentive package including \$5,000 in free upgrades and one year of Rogers services for free! Included in this package are home phone with 150 long distance minutes and 2 calling features, personal TV with free rental of a standard definition box, a HD digital box, VIP package, free on demand programming, Canadian timeshifting channels as well as Rogers Hi-Speed internet service and all are installed for free.

The 'Eagle Glen' community offers many important neighbourhood amenities such as a brand new on-site public elementary school, places of worship, fully equipped parks and easy access to both Ajax and Go-Transit Services. Toronto is easily accessible from nearby



Townhouses LR

Highways 401 and 407. Located just north of a host of shopping and recreation centres, 'Eagle Glen' allows residents all the amenities of the urban lifestyle while providing the beauty and tranquility of the neighbouring countryside.

Since 1955, John Boddy has been involved in the construction of thousands of new homes throughout Ontario, and has earned a reputation as an accomplished builder of fine residential communities. Of significance are the award winning 1000-acre 'Bridlewood Community' developed during the 1960's and 1970's in Scarborough, the 'Forestbrook Community' in Pickering developed in the 1980's, 'Willowcreek' in Peterborough, and 'Eagle Ridge on the Green' in Ajax developed in the 1990's and early 2000's.

The John Boddy Homes' team of experienced management, planners, designers, supervisors, marketing and sales personnel have distinguished themselves by creating innovative and unique designs in truly outstanding communities that meet the needs and desires of today's families.

With five fully furnished model homes to view, a visit to 'Eagle Glen' is a must. Drop by the Sales Presentation Centre located on Stevensgate Drive, north of Rossland Road West, one half kilometre west of Westney Road three kilometres north of Hwy. 401. Sales office hours are Monday through Thursday 1:00 p.m. to 8:00 p.m.; Friday, Saturday, Sunday and Holidays 11:00 a.m. to 6:00p.m. Let their friendly knowledgeable staff help you determine which of the many home styles available is perfect for you and your family and get set to join the ever-growing 'Eagle Glen' family community. For more information, please call (905) 619-1777 or visit the website at www.johnboddy-homes.com.

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The convention was a huge success, said President, Dr. Muthuvel Chelliah, during the closing ceremonies and during the time artists were being honored. The convention commenced on Friday, July 2nd and ended Monday, July 5th attended by almost 2000 participants. It was attended by many famous artists, Director Bharathiraja, Actor Vikram, Actress Priya Mani, Comedian Santhanam, Actress Lakshmi Rai, Singers Harish Ragavendra and Suchitra, Kavingar Thamarai and Dr Parveen Sulthana and many other distinguished writers, speakers, poets and popular cinema artists from Tamil Nadu.

FeTNA also had platform for Special event to highlight "The legal Basis for Starting a Divestment/Disinvestment Campaign against Sri Lanka by Prof. Francis Boyle, "Refining the Music in Post-War, Jaffna: Students Rebuild their Lives", speech by Prof. Adele Barker and speech by special invitee, Dr. Elyn Shander. All three of them were honored by the FeTNA at the end of their speeches.

The musical evening was performed by Agni Music Troup from Toronto, Canada and Harish

FeTNA's 23rd Annual Convention in Waterbury, Connecticut - A huge success

Ragavendra, Vikram and Suchitra sang few excellent songs to entertain the participants to Agni's music.

Many dignitaries commented in their speeches that it was an honor to attend the convention at the invitation of FeTNA and they enjoyed the entire set up of the event. FeTNA is an umbrella organization of Tamil Sangams that function within the North American Continent. FeTNA is a registered, non-profit, tax-exempt 501(c)(3) organization.

It was founded in 1987 by five Tamil Sangams: Tamil Association of Delaware Valley, Tamil Sangam of Washington & Baltimore, New York Tamil Sangam, Ilankai Tamil Sangam and Harrisburg Tamil Sangam. An assembly of over 400 Tamils near Philadelphia celebrated the inauguration in the spring of 1988. Since then the Federation (FeTNA for abbreviation) has organized an annual convention each of the subsequent years.

The Tamils in this country are spread over the entire country.

Distance has prevented us from forming large communities. A few well-organized Tamil Sangams are present in large metropolitan areas where there is sufficient number of Tamils present to obtain a sense of Tamil Togetherness. By and large, most Tamil Sangams consist of less than 100 active families. These are too small to form active communities and develop community features and resources, and fragile enough to fall prey to factionalism.

Networking with other Sangams offer the possibilities of connectivity, stability, and increased resources. FeTNA meets this need. FeTNA provides for developing connectivity among the Tamil Communities in North America. Its primary objective is the preservation and growth of Tamil Language, Culture, and Community.

FeTNA has been principally responsible for bringing together Forty Tamil Sangams to celebrate annually a festival in which the individuals and groups from mem-

ber Sangams have presented artistic programs or interacted in one of many activities organized during the convention weekend. People who have attended the past fifteen conventions have almost all had been complimentary in describing their experience. It has been tremendously heartening to note that the annual convention is an event to be at with the family.

The second accomplishment has been FeTNA's sponsorship of twenty four Tamil Scholars in the past fifteen years to visit the US and the various members Tamil Sangams. FeTNA is committed to sponsor at least two Tamil Scholar each year. The other accomplishments of FeTNA include the project for a Tamil chair and hence the support FeTNA has provided to the University of California, Berkeley Tamil Chair Project.

The Federation is a non-profit, literary, educational, cultural, charitable, secular, and nonpartisan organization. The objectives of FeTNA are as follows;

To establish a centralized

organization comprised of elected representatives of Tamil associations in North America and of individuals living in North America who have contributed to the objectives of the Federation and who join as Life Members.

To cultivate, promote, foster, and develop the advancement of knowledge in Tamil language, literature and culture.

To cultivate, promote, and foster the exchange of ideas and understanding between the Tamil people and other cultures.

To promote better understanding and foster friendship among various Tamil associations in North America and to encourage the formation of new Tamil Sangams.

To act upon charitable causes directly concerning the welfare of Tamil community living throughout the world.

Some of the photographs taken at Palace Theatre during the event is given here.

Photo courtesy:
sivajitv.com



A Booth by Medical University



Director-BharathiRaja



A Booth by USTPAC



Haris Ragavendra



Jayapathy Paramanathan, one of the Organizer



Actor Vikram with fans

More pictures from FeTNA's 23rd Annual Convention



USTPAC_Prof. Francis Boyle



Vikram and Suchitra



Director Bharathiraja giving autograph to fans



Dr Parveen Sulthana



Kavingar Thamarai



Dr Ellyn Shander, Prof. Francis Boyle and Prof. Adel Barker being recognized



Vikram at Auditorium with audience



Vikram, Suchitra



Recognition in progress



Recognition in progress



Highlights from Senthil's South Asian Trade Show held on June 26th & 27th



For traumatized parents



According to Sigmund Freud's studies 'ego would actively attempt to rid itself of a traumatic experience by an effort of will and that trauma was not the result of an incident itself, but "an interaction between the patient's intrapsychic organizing tendencies and the external event" (Piers, 1996, p. 545). Freud suggested that an incident became traumatic as a result of "psychology of unique sensitivities of the patient" (Piers, 1996, p.545).

All types of Traumatic events usually lead to a different type of internal changes in the usual family system. Every types of traumas tend to be found festering within

applied to an already weakened family system, can literally reshape not only the personal workings of a family but also the delicate mechanisms of each family member. When a traumatic situation strikes with a family member or the whole family, the entire family experiences the aftermath. As traumatized parents often reduce physical contact and try to shield their offspring from facts. When trauma occurs in the family children may be particularly at risk.

In traumatic or violent moment the world can become unpredictable, dangerous and frightening.

It is very normal for children



experience" to some children.

Traumatic events have the ability to disturb vital functions within the family system such as parenting functions including emotional nurturing, protection, and education.

Fire fighters, paramedics, doctors, nurses, mental health professionals, other health care professionals, volunteers, families and other caring individuals can be traumatized by simply caring and helping those who are most injured or traumatized. Many families have a tendency to rise to the occasion during a crisis situation.

After a traumatic episode, many families who were involved will attempt to help each others.

Understanding common distress effect and reactions on family life can help every family members cope better. If they don't understand each other's experience then mis-understandings, communication breakdowns and other problems can result. Many families look back and see that crises have helped them be closer and stronger.

The experiences from sudden illness, car accidents, floods, and bush fires, a sudden death in the family, crime or violence can change a person's attitudes, beliefs, feelings and behaviour. Parents need to be able to listen to their children and hear their concerns and need to help them feel safe. It is important for parents to find support for themselves and to reach out, if they are traumatized,

Kid's reactions to the traumatic event will be affected strongly by those of their parents. Reactions to trauma may occur

immediately after the event or days and even weeks later. They may remind young children (or adults) about earlier traumas and can make the reactions more severe.

Children under five years of age witness a traumatic event or have suffered a significant loss as a result of a traumatic event show different behavior changes. Those behaviour changes are Less ability to tolerate frustration, may reenact scene in play, more aggressive behaviors, fear of being separated from parent, more withdrawn behaviors showing little emotion, more crying, whimpering, screaming, tantrums, aimless motion, disorganized behaviors, and or/freezing, more clinging and dependent behaviors, unable to comfort self and sleep problems.

It is very important that traumatized parents help themselves when they are traumatized and engage in self care.

Getting support and assistance will be particularly important as parents will be better able to listen to their children. What parents can do: they have to return to day to day structure as soon as possible and participate in activities that may distract them or try to be patient with others who are also under stress.

Try not to make any major life changes during a stressful time and seek out support from friends and colleagues may help parents. As traumatized parents you would get help by spend time with others or try to rest and eat balanced and regular meals. Keep a journal without pushing your self or make as many daily decisions as possible to have a feeling of control over your life. Give yourself permission to feel moody, nervous, or blue.

Don't hesitate to seek professional help if you are uncertain or think your family is struggling to recover.

For more information
Dr. Fonseca
fonsekanp@gmail.com



family systems that are coping with daily roadblocks associated with medical complications mental health problems, addictions, physical abuse, emotional abuse, violence is family and social and poverty.

Trauma, when constantly

and adults, to be sad, anxious fearful, moody, upset, afraid to be alone for months after a traumatic experience. It can be many things: economic changes, Death, divorce, illness or natural disasters, loss of a favorite toy or being left at day care can be "traumatic



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Emergence of Debt crisis in Greece

The Greek economy was one of the fastest growing in the Eurozone during the 2000s. From 2000 to 2007 it grew at an annual rate of 4.2% as foreign capital flooded the country. A strong economy and falling bond yields allowed the government of Greece to run large structural deficits. Large public deficits are one of the features that have marked the Greek social model since the restoration of democracy in 1974. After the removal of the right leaning military junta, the government wanted to bring disenfranchised left leaning portions of the population into the economic mainstream. In order to do so, successive Greek governments have, among other things, run large deficits to finance public sector jobs, pensions, and other social benefits. Initially currency devaluation helped finance the borrowing. After the introduction of the euro Greece was initially able to borrow due the lower interest rates government bonds could command. Since the introduction of the Euro, debt to GDP has remained above 100%. The global financial crisis that began in 2008 had a particularly large effect on Greece. Two of the country's largest industries are tourism and shipping, and both were badly affected by the downturn with revenues falling 15% in 2009. To keep within the monetary union guidelines, the government of Greece has been found to have consistently and deliberately misreported the country's official economic statistics. In early of 2010, it was discovered that Greece had paid Goldman Sachs and other banks hundreds of millions of dollars in fees since 2001 for arranging transactions that hid the actual level of borrowing. The purpose of these deals made by several subsequent Greek governments was to enable them to spend beyond their means, while hiding the actual deficit from the EU overseers. In 2009, the government of George Papandreou revised its deficit from an estimated 6% to 12.7%. In May 2010, the Greek government deficit was estimated to be 13.6% which is one of the highest in the world relative to GDP. Greek government debt was estimated at €216 billion in January 2010. Accumulated government debt is forecast, according to some estimates, to hit 120% of GDP in

European Sovereign Debt Crisis to End up in Global Depression?

2010. Fitch, S&P and Moody's all down-graded Greece's credit rating in December 2009. On 27 April 2010, the Greek debt rating was decreased to 'junk' status by Standard & Poor's amidst fears of default by the Greek government. Yields on Greek government two-year bonds rose to 15.3% following the downgrading. Some analysts question Greece's ability to refinance its debt. Standard & Poor's estimates that in the event of default investors would lose 30-50% of their money. Stock markets worldwide declined in response to this announcement.

Austerity Package from EU-IMF

First time Greece - a country that uses the euro currency has gone to the IMF for borrowing. The fear of adverse market reaction has now moved Europe towards greater coordination and The IMF board approved a €30 billion, three-year loan for Greece in early May 2010, which complements €80 billion being lent to Greece from Eurozone countries. This €110 billion is treble the amount proposed in early April, reflecting the market's loss of confidence. Greece was unable to raise money from markets at affordable interest rates due to fears over an unsustainable debt and deficit burden. The first disbursements were made in time to stem a default on a Greek bond repayment due in mid May. The loan is designed to keep Greece afloat for 18 months, before the country must again sell bonds to cover its fiscal deficit. With the



EU-IMF loan, Greece's debt is projected to be nearly 150 per cent of GDP by that time.

European Financial Stability Facility

European Financial Stability Facility, the EFSF, which is for all practical purposes, will create Eurobonds and establishes a EU Treasury, for extending loans to nations experiencing sovereign debt distress. In order to reach these goals the Facility is devised in the form of a special purpose vehicle (SPV) that will sell bonds and use the money it raises to make loans up to a maximum of € 440 billions to eurozone nations in need. The bonds will be backed by guarantees given by the European Commission representing the whole EU, the eurozone

member states, and the IMF. The new entity will sell debt only after an aid request is made by a country. The EFSF will be combined to a € 60 billion loan coming from the European financial stabilisation mechanism (reliant on guarantees given by the European Commission using the EU budget as collateral) and to a € 250 billion loan backed by the IMF in order to obtain a financial safety net up to € 750 billions. The agreement allows the European Central Bank to start buying government debt which is expected to reduce bond yields.

Greece the next Argentina?

- The IMF Involvement

The "Greek expression" of the crisis has revealed an amazingly

broad range of issues not only concerning the structural problems of the Greek economy, but also those of the European Union (EU) as an economic and currency area, and its unwillingness or inability to react to the problem in a timely, meaningful and collective way. The Greek crisis is provoking comparisons to the Argentine collapse of 2001. In early May, Argentine president Cristina Fernandez said, 'The recipe behind all this is almost identical. Municipal suppression, reduction in salaries and the tightening of belts, it is the eternal recipe of the international financial institutions.' Analysts say that Greece, like Argentina, cannot avoid debt restructuring. Because of Greece's lack of con-

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trol over the European Central Bank, which issues Euros, some have even likened Greece's predicament to developing countries that are forced to borrow in foreign currencies. Argentina experienced enviable growth for years after currency devaluation and debt default. However, former Argentine finance minister Domingo Cavallo, the architect of the ultimately failed Argentine economic system in the 1990s, said the main lesson from Argentina to Greece was that currency devaluation is not the answer. He did argue for an early and orderly debt restructuring.

Loss of Control over its Monetary, Foreign Exchange and Fiscal Policies

Because Greece is a member of the eurozone, it cannot devalue a portion of its obligations by the means of introducing inflation, or otherwise stimulate its economy with monetary policy. For example, the U.S. Federal Reserve expanded its balance sheet by over \$1.3 trillion USD since the global financial crisis began, essentially printing new money and injecting it into the system by purchasing outstanding debt. The suggestion has been made that long term stability in the eurozone requires a common fiscal policy rather than controls on portfolio investment. In exchange for cheaper funding from the EU, Greece and other countries, in addition to having already lost control over monetary policy and foreign exchange policy since the euro came into being, would therefore also lose control over domestic fiscal policy. A March 2010 report from the University of London's Research on Money and Finance group argued that Greece's difficulties were exacerbated by the eurozone. "Monetary union has removed or limited the freedom to set monetary and fiscal policy, thus forcing the pressures of economic adjustment onto the labour market." This has resulted in trade imbalances with negative effects on labour: "The eurozone has become an area of entrenched current account surpluses for Germany, financed by current account deficits for peripheral countries. Monetary union is a 'beggar-thy-neighbour' policy for Germany, on condition that it beggars its own workers first." The report recommended that Greece exit from the euro, restructure its debt, and reorient its economic policies toward social welfare. Strong European Commission oversight in the fields of taxation and budgetary policy and the enforcement mechanisms that go with it have been described as infringements on the sovereignty of eurozone member states and are opposed by key EU nations such as France and Italy.

Spread of Sovereign Debt Crisis to other European Countries

A debt crisis is rippling through the weak economies of Europe, eliminating any hope that Greece's financial woes can be halted and raising the likelihood that European growth forecasts will be trimmed. In spite of spending cutbacks announced by the Greek government, bond yields in Portugal and Spain shot up as investors, fearing default. As the day wore on, the fears spread beyond Europe, feeding a slump in major stock exchanges like New York and Toronto and in commodities. Europe's mounting debt woes put Jean Claude-Trichet, the president of the European Central Bank (ECB), on the defensive as he sought to reassure investors that the problems of a few small countries did not mean the euro zone as a whole was in trouble. The broad selloff in euro zone bonds and stock markets, and the plunging euro, suggested investors did not share his confidence and expect the debt crisis to deepen. "This is sweeping from one country to another, and Spain and Portugal are next," said Russell Jones, managing director of strategy at Royal Bank of Canada's investment arm in London. In Europe, Portugal took the worst hit. The ECB continue to keep its benchmark interest rate at a record low of 1 per cent as the debt problems of the so-called PIIGS - Portugal, Italy, Ireland, Greece and Spain - pick up momentum and threaten to stall wider European economic recovery. As the debt crisis spreads, economists realize that forecasts for an economic rebound in the euro zone - the 16 EU countries that share the euro currency - might have to be scaled back. But if Spain, where the jobless rate is about 20 per cent, goes from recession to depression, the problem will deepen because the country accounts for a hefty 12 per cent of euro zone GDP. Markets rattled as woes of fragile countries such as Greece and Portugal start to infect other EU members. Fiscal tightening in Greece, Spain and Portugal might spread to Italy, France and Germany.

One of the central concerns prior to the bailout was that the crisis could spread beyond Greece. The crisis has reduced confidence in other European economies. Ireland, with a government deficit of 14.3 percent of GDP, the U.K. with 12.6 percent, Spain with 11.2 percent, and Portugal at 9.4 percent are most at risk. In early May 2010, Spain's government announced new austerity measures designed to further reduce the country's budget deficit. As one of the largest euro-

zone economies the condition of Spain's economy is of particular concern to international observers, and faced pressure from the United States, the IMF, other European countries and the European Commission to cut its deficit more aggressively. The downgrade for Spain was an ominous new blow, coming just as markets were recovering their poise after the double shock and Standard & Poor's downgraded for Greece to junk status.. Though Spain's overall debt burden is fairly modest at around 53 percent of national income compared to 115 percent for Greece the country is running a big budget deficit and has done less than others to get a handle on its public finances. Standard & Poor's cut Spain's rating to AA from AA+ amid concerns about the country's growth prospects.

This concern is focused on Portugal and Ireland, all of whom have high debt and deficit issues. Italy also has a high debt, but its budget position is better than the European average, and it is not considered amongst the countries most at risk. Spain and Italy are far larger and more central economies than Greece, both countries have most of their debt controlled internally, and are in a better fiscal situation than Greece and Portugal, making a default unlikely unless the situation gets far more severe. Other IMF programmes in Europe continue to be unpopular in Romania, Ukraine and Serbia. The British government's efforts to cut a record budget deficit will result in about 600,000 public sector job losses. The Guardian newspaper said it had obtained Treasury estimates which showed 1.3 million jobs would be cut in both the private and public sectors over the next five years as a result of austerity measures.

A Threat to Stability of Euro Currency, and the Unity of EU

Although, Greece represents only 2% of the eurozone economy the severe danger is that a default by Greece causes investors to lose faith in other Eurozone countries. On June 4th 2010 Euro plunged to 4 year low. It is observed that this currency impact is caused by delay in finding solution to Greece debt crisis by the EU. Diverging performances across the Continent are likely to widen further, complicating the ECB's task in setting interest rates. The falling euro is less help for countries such as Spain than export-dependent Germany, and fiscal austerity will be harshest in southern Europe. Greece is feeling the icy winds of austerity measures imposed by the International Monetary Fund and European Union. Portugal and

Spain face bleak, possibly stormy conditions. Ireland has yet to stage a recovery. Beyond the eurozone, the Baltics - Estonia, Latvia and Lithuania - have stabilized, and prospects have brightened in Russia, Turkey and Ukraine. But the crisis also makes the outlook uncertain beyond the eurozone's borders. Even for western European economies outside the eurozone with stable public finances, there are risks. Sweden has kept its currency but not complete economic independence. But Sweden relies on exports to rest of Europe. The International Monetary fund predicts a steadily rising debt-to-GDP ratio for the euro zone to as a whole. In 2007, it was 66 per cent. This year the figure will be about 86 per cent, rising to 96 per cent in 2014, the IMF says.

A Threat to the Recovery of Global Economy

This dynamic is one reason European leaders ought to be thinking harder about an economic aid package for southern Europe, rather than just a financial aid package. Absent a new economic boost for indebted nations, fiscal adjustments will be extremely painful at best and impossible at worst. Ultimately, citizens of the beleaguered countries will demand something different, including, potentially, an exit from the euro zone. The eurozone's debt crisis hangs like a dark cloud over Europe's economic prospects. But it is not yet clear that the Continent's slow recovery from its worst recession since the Second World War will be blown off course. The biggest economies have been stabilized by emergency measures taken by governments and central banks. In coming months, sharp falls in the euro - its trade-weighted value is down 8 per cent compared with a year ago - should boost eurozone exports. But the Financial Times' European economic weather map is at risk of sudden changes if market alarm about public finances does spread into the real economy, compounding the effects of higher taxes and sweeping cuts to public spending in the pipeline. The latest edition of the FT's European economic forecasts convincing evidence has yet to emerge of Europe's main economies taking a turn for the worse as a result of the global financial storm created in its own backyard. The Paris-based OECD (Organization for Economic Co-operation and Development) revised up its forecasts for eurozone growth this year and next, although it highlighted risks to the global outlook.

The measures tailored by finance ministers are feared to fail in containing the spread of the crisis and austerity measure will



only add more pressure and curb the economic recovery. Concerns of the debt crisis in the region is threatening the outlook and causing pessimism across global markets which continued to enforce the huge selloff seen across equity, commodity and currency markets. The outlook for the UK's growth is gloomy, especially as a result of the debt crisis in Europe that has overshadowed the fears of climbing inflation in the economy. The focus was frozen upon the pessimism revolving the debt crisis, especially as speculation remains the main driving force, while, one speculation was for the euro area to break up, and another speculation is for an extraordinary intervention to prop the euro. Royal Bank of Scotland analyst Jacques Cailloux said the statements by Merkel, Strauss-Kahn and European Central Bank president Jean-Claude Trichet "failed to provide groundbreaking information" and warned that Europe risked the "biggest coordination failure in modern history."

Warning of a Third Global Depression

The Group 20 has decided to argue against continued fiscal stimulus. Having in the mindset Sovereign Debt Crisis in Europe the G20 Summit leaders, except from US and Japan, have at the end of the meeting prescribed spending cuts to at least half deficits in the developed world by 2013 are essential to avert, not cause, a second financial meltdown. This policy has been pre-endorsed by the IMF (International Monetary Fund). This has also got the blessing from the BIS (bank of International Settlements) stating that, 'The first and most immediate challenge is to make a convincing start on reducing budget deficits in the advanced economies.' The Bank of England has said that "inadequate transparency" on sovereign exposure led to crisis in lending markets. 'We are now, I fear, in the early stages of a third depression' says Nobel Prize winner Paul Krugman 'and this third depression will be primarily a failure of policy around the world... governments are obsessing about inflation but the real threat is deflation.' He has added fiscal restraint is correct when the economy is strong, but under the circumstances, restraint actually causes problem you are trying to solve, since by slowing growth governments reduce their tax intake deficit rise rather than fall, citing the example of the 1870s and 1930s.



**Raymond Rajabalan,
B.Sc (Cey)**

When we think of Multiculturalism, Global Village, peaceful co existence, unity in diversity etc the name of just one country in the entire universe stands out .Yes you guessed it right .It is none other than the magnanimous great nation of Canada. When it comes to assisting people in distress in any part of the world, often it is only Canada that reacts instantly and come to the aid of the affected people.

Wherever there is a severe calamity or disaster in any part of the world - whether it is drought affected expanse of Darfur in Sudan or Tsunami affected Sri Lanka or earthquake ravaged Haiti, Canada is always there to provide help. This second largest nation in the world, just like its vast geographical area has indeed a heart of gold as evidenced by its noble actions and all of us must

Canada - the paradise on earth

sought every possible means to escape the state sponsored mayhem. Having lost all their belongings, a few thousands of Tamil civilians were able to flee to the traditional home lands in North and East. Amidst this state of confusion, most nations were just looking on as ineffective spectators but it was Canada, quickly followed by Australia which came to the aid of the Tamils trapped in Colombo and its immediate suburbs. If not for the quick response of these nations, later followed by few other countries the fate many thousands of Tamils would have been quite different.

This magnanimous deed by Canada has been repeated countless times in various parts of the globe assisting thousands of affected civilians to arrive in this beautiful and benevolent country. In return, the grateful immigrants have pooled their resources and talents to make Canada much stronger.

What have we done for Canada?



have already returned the favour to Canada on many occasions by involving themselves in variety of benevolent acts. In recent years Tamils in Toronto have collected colossal sum of money for Scarborough Hospital Foundation in addition to donating thousands of dollars to the Centenary Hospital. They have also organized blood donations on numerous occasions in addition to donating generously to the Food bank.

At this time, when Canada is celebrating its 143rd birth day it will be appropriate to remember the major events that shaped the evolution of present day Canada.

Chronology of Canadian History (1840-2010)

" 1840 - The Act of Union unites Canada West (Ontario) and Canada East(Quebec) into the province of Canada with a new parliament

" 1848 - The provinces of Canada and Nova Scotia gain self government

" 1857 - Ottawa named as capital of Canada by Queen Victoria

" 1867 - Nova Scotia, New Brunswick, Ontario and Quebec unite in a confederation called the

Dominion of Canada. Sir John McDonald is named Canada's first Prime Minister

" 870 -The province of Manitoba is made part of the Dominion of Canada; North West Territories established.

" 1871 -The province of British Columbia is added to the Dominion of Canada

" 1873- The province of Prince Edward Island is added to the Dominion of Canada

" 1898 - Yukon is given territorial status

" 1905 - The provinces of Saskatchewan and Alberta are added to the Dominion of Canada

" 1931 - The statute of Westminster gives Canada complete independence from great Britain

" 1949 - Newfoundland becomes Canada's 10th province. Canada ,United States and ten European Nations form North Atlantic Treaty Organization (NATO)

" 1965 -New Canadian flag with Maple leaf and red and white colours was adopted.

" 1971 -The policy of Multiculturalism was as accepted by Federal government

" 1980 - The National Anthem

"Oh Canada ' was created

" 1982 -Canada adopts a new constitution that ends British control over constitutional amendments; a Charter of rights and Freedom is added

" 1989 - Free Trade agreement between Canada and U S A enacted

" 1999 - Nunavut was created fro the North West Territories

" 2000 - Former Prime Minister Pierre Elliot Trudeau dies

" 2001- Bloc Quebecois leader Lucien Bouchard who was calling for separation of the country retires from politics

" 2002 - Paul Martin , Minister of Finance quits from Cabinet

" 2003 - Prime Minister Jean Chrétien quits his leadership and Paul Martin becomes the new leader of Liberal Party and becomes the Prime Minister

" 2004 May -Parliament dissolved

June- Liberal Party Wins the General Elections .Paul Martin becomes Prime Minister

" 2005 Dec- Minority Government of Paul Martin dissolved

" 2006 Jan-Conservative party wins the general election. Stephen Harper becomes the 39th Prime Minister of Canada.

" 2007 Sep - Parliament dissolved

" 2008 Oct - 40th Federal Elections was held. Conservative Party once again returned to power.

" 2010 June -G8 & G20 Conferences held in Ontario

Canada - you are not getting older. You are growing stronger



indeed be proud to call this nation as our home land.

" Keeping the nation's doors wide open for those in distress

Each year, when the month of July dawns, colourful celebrations are held throughout the length and width of the entire country to celebrate Canada day, to commemorate the birth of this nation. At the same time for the more than 300,000 Tamils of Sri Lankan origin living in Canada, July brings back painful memories of the horrible events that took place in the island nation 27 years ago.

When one thinks of the ethnic conflict in Sri Lanka and the infamous Black July of 1983, it is inevitable not to think of the feeling of horror that still haunts many of us. While thousands of innocent Tamils were being massacred by heavily armed Sinhalese thugs acting with connivance of government troops, those Tamil civilians who were lucky to be alive panicked and

Two decades ago, the energetic and pro active Prime Minister of Canada Pierre Elliot Trudeau had the vision of embracing multiculturalism .As a result of his wisdom and foresight Canada as well as those who chose to live in this great nation have immensely benefited.

In 1986, when a group of nearly 200 Sri Lankan Tamil refugees arrived in Canada in a ship while there was a chorus of opposition from various groups .The then Prime Minister Rt.Hon.Brian Mulroney, brushing aside opposition from various sources welcomed the refugees with open arms. He had the vision and foresight to provide refuge to these desperate people. It is on record that many of them have laboured hard, prospered so well that they have been able to start many business establishments and provide employment for hundreds contributing to the economic growth of this country.

Tamils of Sri Lankan origin

Book Review

'Innayum Pothu'-Maiden Mini-Novel by Thamilinee Hensman

The mini-novel-"when sweet minds join together" was serialised and appeared in 'Siraku' for the last 23 months. Thamilinee displayed her narrative ability as well as her facility to conform to pure Jaffna dialectic Tamil prose. She should be commended for having ventured to write a Tamil novel even after being away from her motherland for most part of her life. In a world where most forget their language, culture and bearings,she has recollected her experinces, feelings and values to put them together in the form of a thoroughly readable social tale with an absorbing element of suspense.

Though new to the art of writing novels, she managed to interest the audience and most of the ladies were always anxious to get the next copy of 'Siraku' with

enthusiasm. Her characters like Sumi,Chitra, Nirmalan,Chandran, Nithila and Nithili were well developed and kept the readers in eager expectations. One reader said," Her tale is like viewing a film. I just couldn't wait for the next episode". Her portrayal of Sumi's life of sacrifice in the interest of her friend is very exhilarating and impressive.

The tale is woven round the love relationship between Sumi and Nirmalan who come together in matrimony only in their middle ages- after all humane efforts and sacrifices. They are the sweet minds referred to by the author. The true matrimonial joy comes from a deeper union of two souls. The theme underlines the concept that we are all spiritual beings on a human journey. It is Thamilinee's Tamil prose that was

most captivating. She remembered songs from past Tamil films and appropriately incorporated them into her style of writing. Eg. Vazlkaiyil ayiramirrukum, vaasalthorum vethanayirukkum","Ulakam ayiram solladume", "Palahath therintha maname unakku marakath theriyatha?". She didn't forget to use her bibilical lines when she narrates "itho un annan", "itho en ammah".

It would have been better if the author had divided her tale into chapters with titles and logical paragraphing instead of just going from one issue of the paper to the other. However, she had shown tremendous potential as a novel writer and we hope and pray she will present her readers with many more tales to entertain them.

- jja-

WORDS OF PEACE

Something to Depend on

In difficult times, when many of the things that people depend on fail them, life can seem cruel and unjust. We want something to depend on that will always be there for us. That something, says Maharaji, is closer than we think.

"People think their dependence and support is on everything that happens outside," Maharaji says. "We think, 'Today, everything went well, everybody was pleased with me, and so my day was good.' Yet we're not really dependent on those things. Our dependence, our support, comes from within."

Maharaji talks about finding strength and support through a deeper understanding of what it means to be human. Speaking to audiences around the world, he says that the peace and fulfillment people seek in so many ways can be found within. His words are backed by an offer to assist individuals in the discovery of that peace within themselves—a peace that he says can't be grasped intellectually. It must be felt within the heart.

"When I was very young," says Maharaji, who grew up in northern India, "we would sometimes go to a place that was very hot. There was no air-conditioning. To cool ourselves, we used to go to a spring where cold water was coming out. We would sit under it, and the cold water would hit our heads and cool the whole body. I cannot describe that feeling. I cannot describe what I used to experience—that coolness, that refreshing feeling."

"If we try to describe everything with words, we cannot. There's a limit. There's a limit to everything that exists in this world, and words, too, have a limit. Beyond that limit, beyond the boundary of words, is a place where real peace resides."

"As long as we cannot feel that peace within, we can only describe those things we either imagine or see. If we can't even

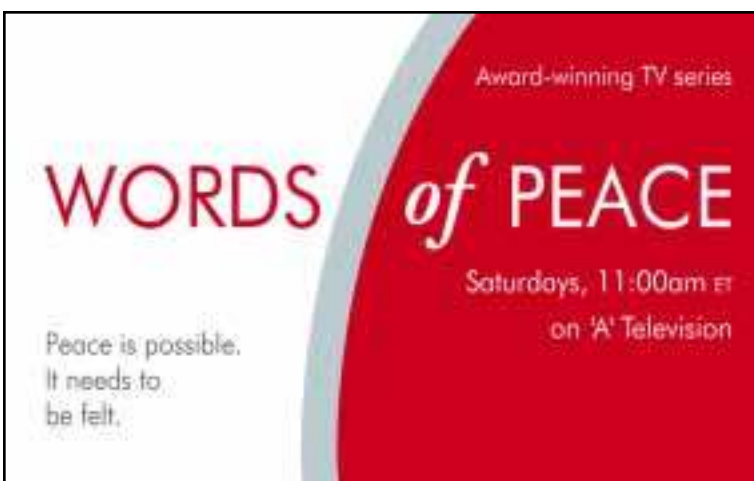


we know, we have learned.

Then how are we going to learn anything about that world within, if it is beyond the imagination? Don't we need to learn something there, too? We need someone who teaches about the world that resides within.

Q: If my mind can't recognize peace, how can I tell whether I have peace in my heart?

M: If someone is feeling sleepy but is unable to sleep because their back is hurting, they twist and turn. It's frustrating. They're hurting. The pain isn't going away, and they can't sleep. If on the second night they take some medicine, when will



see something, then how are we going to describe it? How are we going to imagine it? How are we going to think about it? We can't think about it, nor can we imagine it. It's beyond imagination."

During presentations around the world, Maharaji often answers questions from the audience.

Q: If the peace you talk about is within me, why do I need someone else's help to find it?

M: The way we know everything in this world is that someone taught us. Maybe we saw somebody making bread. We watched, we learned, and then we tried to make it.

Someone taught us how to read. We couldn't read before that. Once we learned how to read, then we could read lots of books and continue to learn many things. So in this world, whatever

they know if the medication worked? It will be when they wake up in the morning rested. With the pain removed, they know they slept well.

If you can understand this example, you will understand what peace is like. It's when we feel rested inside, when we feel the rest of the heart. Otherwise there's a feeling that something within is lost, is missing. This peace is not something we can describe. It's something to experience. When we experience it within us, then our heart will tell us we're fulfilled.

To learn more about Maharaji, visit:

www.wopg.org
www.tprf.org
www.maharaji.net
www.contactinfo.net

Question: I have two small children. They are very happy at home but when they go to school, they have to fight a battle every day. When so much conflict enters children I really don't know how does one go about it?

SADHGURU: Now if children are very unhappy at school I think we need to examine the teachers. (Laughs) Because it is a natural human trait that when you get to know something that you did not know it brings much joy to you. If learning is making people miserable then we have not understood what learning is.

Unfortunately you are not sending your children to school because you want them to learn. You want



unique beings in comparison. There is only one like you in the world. That is so for your child also, but now you are trying to put all of them into the same compartment and compare them about something that they can learn and make them feel better or worse about it.

So it is you who brought that competition and comparison, because for most parents it is not about education, it is about first rank. All they want is, they want

Education without Comparison Sadhguru



Sadhguru Vasudev is a realized master, yogi and mystic, who has founded Isha Foundation, an international public service organization that strives for ultimate human well-being. For world-wide program information, visit www.ishafoundation.org Toronto local contact 1-866-424-ISHA (4742) or email Toronto@ishafoundation.org

them to earn. That's why you are sending them to school. It is an unfortunate way to handle education. That's not education. You want them enslaved, so the teachers are doing the job for you. You want them enslaved to what you call as economic well-being so the teachers are just doing the job for you. You are not sending your children to school because you want them to develop a thirst for knowing irrespective of whether it is going to make money or not make money, isn't it? So you better change your attitudes about education.

The whole focus of education is not about suppressive information, but about kindling the thirst for knowledge. If the thirst for knowledge is kindled in the child you can't stop him from learning. You cannot stop him from learning; he's going to learn anyway. But instead of kindling that, you're suppressing it. Beating it down with your idea of what is education, because your idea of education is social status and money. So, slowly these children these joyful bursting pieces of life slowly become sad because you're just disorienting them completely with your compulsions.

The pressure is also because you're putting two absolutely

their children to sit on top of every other child's head. They're not interested in learning. They're not interested in education. They're not interested in career; they're not interested in anything. Their whole effort in their life is how to sit on top of the pile. Isn't it so? Everybody wants to sit on top of the pile.

Everybody cannot sit on top of the pile. Only a few will sit on top of the pile. Others will naturally end up at the bottom and get suppressed, isn't it so? Whatever the activity, if our focus is just to sit on top of the pile, naturally many others will get suffocated under the pile. This is bound to happen; there is no other way.

So that orientation of education has to go. 'No, no I cannot do anything, the schools are like that'. No, the schools are just catering to your attitudes. If your attitudes change, the schools will change. They want to run the business the way it works, isn't it? All you want is, somehow you want your child to get a hundred marks. It doesn't matter what happens to the child. You want your child to get first rank. They're just trying to cater to it because you're paying them. They're trying to fulfill their job. In the course of your activity the child is getting ruined, but it doesn't matter. Your child is unhappy; it doesn't matter. You want him to get first rank. This is a sickness which has to go.

True human genius will not flower if this kind of education happens. True human capabilities will not find expression in competition. True human capabilities will find expression only in absolute relaxation. Your mind, your body will work best, will find fullest expression only when you are joyful and peaceful and quiet within yourself.

When you are trying to race with somebody you will think only one step ahead of them. That's all. You're not thinking of what is your ultimate potential to do. We're just ruining a whole generation of people with the kind of schooling we're doing.

The author is the founder of Isha Home School at the Foothills of Velliangiri Mountains, Coimbatore, Tamil Nadu, India. For more details visit www.ishafoundation.org

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by Dr. Paikiasothy Saravanamuttu

Many readers may have seen if not read about Defence Secretary Gotabhaya Rajapaksa's interview with Stephen Sackur of the BBC HardTalk programme in which he calls Sarath Fonseka a liar and threatens to hang him for his position on a war crimes investigation. Local opinion, not surprisingly, given the current political context, has been divided on the propriety of Mr Rajapaksa's outburst and the damage it could do to the image of the regime and of the country internationally.

There are the shocked and perturbed, albeit mostly in private, on the one hand and on the other, the hallelujah chorus of the apparatchiks. According to them, Mr Rajapaksa showed Sackur what's what and saw off the smug arrogant, hostile Occidental propagandist with panache!

My concern here is to inquire into what this interview and the response to it tells us about the state of governance in our country, post-war and once more on the verge of constitutional reform.

Let us be clear at the outset as to what we are inquiring into - an interview given by a public servant in which he delivers threats and accusations against a former army commander and defeated presidential candidate who is currently in detention and who is -

Is Gotabhaya Rajapaksa a one man deterrent to discussion and dissent - The lifeblood of democracy?

and this is important - a Member of Parliament. The public servant is the defence secretary and an architect of the historic military defeat of the LTTE. He is also a former army officer and of course, this is important too, the president's brother. Furthermore - this is important as well - the public servant's minister is the president, his brother.

Were such an event to have occurred in India, the world's largest democracy or in Britain from where our parliamentary traditions and conventions of governance hail, the public servant would have had to resign and if he did not, he would have been sacked. Were the latter action not taken, the government of the day would be in jeopardy. Public opinion and the media would bay for its blood.

The rationale for all of this being that in functioning democracies, public servants are not supposed to make policy pronouncements of their own, voice their personal opinions to the international or local media or make statements that are tantamount to the grossest interference in an issue, which is the subject of an ongoing judicial process.

Was Mr Rajapajsa merely expressing government policy, the policy of his brother, his minister and president? Or, since no action has been taken, is it the case that this a case, not of Yes Minister but

of Yes Secretary?

It is indeed sad that Mr Fonseka apart, members of parliament have not seen it fit to raise what is surely a privilege issue. A secretary to a ministry has in effect called a MP a liar and traitor on international television and pronounced that he should be hanged. It is also sad that there has been little comment or observation of the insight this affords us on the state of governance in the land.

Is Gotabaya Rajapaksa a one man deterrent to discussion and dissent - the lifeblood of democracy? Does one decisive military victory and two thumping electoral mandates to his brother and by extension his family, give him the licence to mouth off maliciously in flagrant violation of the dignity and propriety of the office he holds?

Given the impending revocation of the Seventeenth Amendment and the jettisoning of the Constitutional Council and independent commissions it provides for and the removal of the term limit on the presidency, the structure of power and government in the country will be shoved further away from the structure of power and government that characterizes democratic governance.

Those who railed against the executive presidency and promised loudly to abolish it are to entrench it instead and with it no



Sri Lanka Defence Secretary Gotabhaya Rajapaksa being interviewed by Stephen Sackur of the BBC HardTalk programme.

doubt, the arbitrariness and caprice of a monarchy and dynastic rule.

The nature of the regime and its rule are profiled by the defence secretary's vituperative interview, the priorities for constitutional reform in the current context of limbo between the post war situation we are in and the post-conflict one we should aspire to and the reported appointment of who is now frequently referred to as the First Son, 24 year old fresher MP Namal Rajapaksa to head the District Development Committee for Kilinochchi!

More Crown Prince perhaps than First Son, being given war ravaged Killi to dabble in development? Is there a precedent here of Killinochchi becoming the local Duchy of Cornwall?

The gratitude and appreciation of the citizenry for the defeat of the LTTE and expressed in two thumping mandates for the

Rajapaksa family should not blind the citizenry to the dangers of authoritarianism and the corrosion of governance. Nor should we allow fear to silence protest and resistance to this and then wallow in regret for our complicity and appeasement at a later, god forbid, much later date.

Whoever rules, whoever governs and for how long is not the issue. There must always be, as a basic minimum, checks and balances, the rule of law, due process, best practices and standards adhered to, rights protected and duties fulfilled.

And public servants should be public servants, irrespective of who their siblings are. Or else they should go and if they do not, they should be sacked. This is surely the way of a functioning democracy.

(Dr. Paikiasothy Saravanamuttu is the Executive Director of the Centre for Policy Alternatives)

The World All Over is Mukier Than Before

By Kanayalal Raina

Should we be taken aback by a recent report about a father-in-law murdering his daughter-in-law in Canada? Or earlier a father killing the daughter. Should we be surprised by another such event with the difference that a young person killed a girl who resisted his advances? This is not the first time that we have come across these occurrences. There is no dearth of spoilt young men either. Not too long ago, five armed men barged into the house of 22-week pregnant Sunita and her lover Jasbir Singh, strangling them to death. Moments later, the couple's half-stripped bodies stood displayed at the entrance to Sunita's paternal home in Karnal (India), her father winning applause from the community for having restored the family's honour. The day was May 16, 2008. Recently a swami from south India was caught on camera in what the media calls a 'compromising position' with a couple of women. There was a public uproar and he has since been arrested. The swami, in his early thirties, would have gotten away with what is perhaps the result of

a hormonal surge had he not vowed to be, well, a swami. Literally, a swami is someone who is a 'master of his senses'. Popular culture tends to look up to a saint or swami as some kind of divine entity. What does cause distress is that these incidents have taken place in the world over and developed nations that have been known for a healthy social fabric in the past. Something has gone tragically wrong in recent decades.

The world all over is murkier than before. We have been exposed to instances of patricide not very long ago. At times it appears as if nobody is safe in his or her surroundings. Girls especially are the victims of lust and passion of the lecherous. In our churches there have been cases even young children of their being trapped by preachers, of all persons.

Society is made of relationships, which are maintained through the application of ethical and moral codes. Often, we hear an outcry for enforcing "moral order" or for returning to "old-fashioned values". Such talks of morality are essentially driven

from one or the other institutionalised religious teaching. For example, one may come across an impassioned plea to stress on the moral values based on Christian belief. But then, is morality of Christians different from that of the Hindus, Muslims and Buddhists? If yes, then there can never be peace in the world.

Sexual trafficking of women, girls and children is a key area of concern in particular. The UNICEF (United Nations Children's Fund) has estimated that 1000 to 1500 Guatemalan (belonging to Guatemala, a country in North America) are trafficked each year for adoption by couples in North America and Europe; girls as young as 13 (mainly from Asia and Eastern Europe) are trafficked as "mail-order brides" (women who publish their intent to marry someone from another, usually more financially developed, country); large numbers of children are being trafficked in West and Central Africa, mainly for domestic work but also for sexual exploitation and to work in shops or on farms --- nearly 90 per cent of these trafficked domestic workers are girls; chil-

dren from Togo, Mali, Burkina Faso and Ghana are trafficked to Nigeria, Ivory Coast, Cameroon and Gabon --- they are trafficked both in and out of Benin and Nigeria (some of them are sent as far away as the Middle East and Europe).

Don't we feel sick after learning all this? It is an exploitative social order. Our society is suffering from other ills too. Generally there is lack of trust. The majority of us mean no even when we say yes. White-collar criminals (cheats living behind an aura of respectability and high social status) thrive. "You scratch my back and I will scratch yours" is the order of the day. So is the motto of the survival of the fittest. One who is equipped with money regardless of its source is considered the "fittest." It does not matter whether he is downright corrupt and deceitful.

In the world of Buddha and Gandhi all this should sound amazing. Morality is an illusion in present age. Politics is bereft of ideologies. It has become an instrument of grabbing and staying in power. We fiddle with the public money as we tend to think that it does not appear to belong to anybody. Corporate wars are



Kanayalal Raina

ruthless more focussed on profitability than on improving products and services.

The films like Corporate, Sarkar, Laaga Chunari Mein Daag and Fashion, among others, bring into sharp focus the direction in which we are heading. Everything comes with a price. Everyone wants to swim with the current. A few who dare go against the flow are dubbed as cynics. Why should we blame individuals alone? Even the nations have been caught selling not only narcotics but also nuclear technologies. Will this ever change for the better? Definitely it will, if all of us stand up and say enough is enough.

A recollection on world Tamil meets

by T. R. Janarthanam

The idea of forming the International Association of Tamil Research (IATR) took shape when most of the Tamil scholars attended the South Asian Linguistic Conference held in New Delhi.

Ka. Po. Rathinam, former MP belonging to the Tamil United Liberation Front (TULF) in Sri Lanka, proposed this and was welcomed by Dr. M. Varadarajan, Fr. Thani Nayagam of the University of Malaya, Salai Elanthirayan of Delhi University and various other Tamil scholars.

The main condition of the IATR to hold a World Tamil Conference was that it should be supported by the Government of the host country and sponsored by its university. It was then possible to hold the first World Tamil Conference at Kuala Lumpur, the capital of Malaysia, in 1966. Tunku Abdul Rahman was the Prime Minister at that time and Thani Nayagam of Sri Lanka was the head of the Tamil Department of University of Malaysia.

The then Chief Minister of Tamil Nadu, M. Baktavatsalam, led a delegation from Chennai with Tamil scholars such as T.P. Meenakshi Sundaram, Ki. Va. Jeganathan, Sanjeevi, V.R.



A file picture of Mr. T. R. Janarthanam during an interview in Chennai. Photo : R. Ravindran courtesy: the Hindu

Nedunchezian and Sa.Ganesan. From Sri Lanka, TULF leader A. Amirthalingam and Rajadurai, MP from Batticaloa, and a small group participated.

Mr. Bakthavatsalam announced that Tamil Nadu would host the second IATR World Tamil Conference in Chennai. His successor C.N. Annadurai fulfilled the promise in 1968.

M. Karunanidhi, then the Public Works Minister, played an important role in making the conference a grand success. It was held with the involvement of all the people. Various functions were arranged at Island Grounds

in Chennai, which was named 'Theevu Thidal.'

"I was a student leader of Tamil Nadu and stopped the agitation for a separate State that was announced by the students of Coimbatore Agricultural College. The third Tamil Conference was held in Paris in 1970. Pilliazo was the head of the Department of Linguistic Studies in the College De France there.

The responsibility of organising the conference was undertaken by Fr. Thani Nayagam. Malcolm S. Adiseshiah donated a huge amount in his capacity as the Secretary General of United

Nations Educational, Scientific and Cultural Organisation.

For the fourth Tamil Conference in Jaffna (Sri Lanka) in 1974, I entered the country without the knowledge of Sri Lankan Government although the then Prime Minister, Srimavo Bandaranaike, gave instructions to cancel all visas issued to the Tamil scholars from Tamil Nadu.

The fifth Tamil conference was held in the University of Malaya in a grand manner in 1977. V. David, MP of Malaysia, was the president of World Tamil Movement and I was the vice-president. Dato Samy Vellu, the then Minister from Malaysia, extended full support. I led a delegation of 300 people to the conference from Chennai.

Chief Minister M.G. Ramachandran came forward to conduct the next conference in Madurai in 1981 and gave a facelift to the town.

In 1989, Parasuram Arumugham, a Minister in Mauritius, took special interest in conducting the conference. Actor Kamal Hassan stole the show when thousands of Mauritius Tamils attended the conference. The public meeting was held in the sports ground of Mauritius.



The irony was that although there were Tamil names they could not utter a single word in Tamil.

At least South Africans were able to say "Vanakkam", taught by Govindaswamy, a Tamil teacher who studied in Annamalai University. In 1995, the then Chief Minister, Jayalalithaa, conducted the Tamil Conference at Thanjavur and that town got a facelift in terms of infrastructure and accommodation.

An unpleasant incident took place when the Central Bureau of Investigation stopped Dr. Sivathambi and a few Tamil scholars who came on a tourist visa to Tamil Nadu to attend the conference.

Thereafter the IATR did not evince any interest in holding World Tamil Conferences in India.

Now, Mr. Karunanidhi has put an end to IATR's hesitation, by taking the wise decision of conducting a "Classical Tamil Conference". It paves way to conduct a Tamil conference elsewhere including Singapore, the United Kingdom, Europe and Canada where lakhs of Tamils are living.

Football World Cup 2010 can be used to combat Racism and Discrimination Globally

by Navi Pillay

The Football World Cup 2010. This is an opportune occasion to reflect on the fact that sport is meant to foster social cohesion, bring different cultures together in a celebration of healthy competition, and to overcome the diffidence and even contempt that all too often divide countries and communities in the political and social arenas.

The movie "Invictus" on how Nelson Mandela used rugby to defuse potential strife and build a common national identity was one such reflection. And the choice of South Africa, a country that renounced the institutionalised racism of Apartheid, as the host venue of the 2010 World Cup provides both a perfect opportunity and a platform to renew our efforts to combat discrimination in all its forms.

As a victim of racism and a sports fan, I urge all who play or simply watch sport to use the World Cup as a catalyst to call for global action against intolerance and racism. These are scourges that affect countless women, men and children around the world and that must be challenged at every turn.

Ability to join millions



Indeed, fear, intolerance and xenophobia can all be combated with diametrically opposed values of fair play and cooperation that are so central to team sports such as football. The World Cup is perhaps the highest expression of football's ability to join millions of people from all regions of the world in a common and joyous pursuit.

Undoubtedly, we all have our favourite team and wish it victorious, but let us not forget that the World Cup allows us to connect with others whose different history, culture and traditions we might otherwise never be exposed to. As a result of these contacts, we are all enriched. Our common passion for football reinforces the bonds of community pride, makes explicit our shared

aspiration for excellence, and channels and elevates our instinct of competition.

But let us also be vigilant about racism and other manifestations of intolerance that poison sport - particularly football- that undermine its positive message and that bring it into disrepute. This happens all too often when the supporters of competing teams use intolerant slurs and even violence to vilify and attack their opponents.

Regrettably, even the players themselves have at times been prone to such despicable behaviour. Professional footballers are rightly obliged to uphold the highest standards of sportsmanship, both ethically and under FIFA's code of conduct, which includes provisions on non-discrimination.

Yet on occasions, rich clubs and rich national bodies have escaped more severe sanction by paying derisory fines after serious racist incidents during matches.

National football authorities everywhere must back their strong rhetoric with serious and consistent disincentives. Manifestations of racism or intolerance in or around the stadiums during the World Cup should be swiftly addressed and the perpetrators isolated.

The clear message of the World Cup must be that there is no place for racism and intolerance in sport. I welcome the stand taken against racism by FIFA and UEFA - both organisations continue to build programmes which promote tolerance and campaign against racism. FIFA plans to use the four quarter final matches of the World Cup, in particular, to make an unequivocal statement against racism to millions of people around the world. Before those matches, the captains of each team will read a declaration encouraging players, officials and fans around the world to say "no" to any and all forms of racism.

Pathway out of exclusion

The Football World Cup presents a unique opportunity to maximise the potential of this sport to educate ever-expanding constituencies and attract talent irrespective of social status and posi-



tion in life. For many poor athletes, football has offered a pathway out of seemingly endless exclusion. Their accomplishments have inspired others to follow suit. In every society, successful sports men and women are role models whose behaviour is closely scrutinised and even emulated. Young minds are especially influenced by both positive and negative messages received from those they respect, particularly their sports heroes.

Ultimately, the real winners of this year's World Cup will be those who celebrate and uphold both in words and in deeds its values of fair play, honest competition, respect and tolerance both on and off the field. Let's kick discrimination off the field. Let's tackle exclusion. Let's put racism offside.

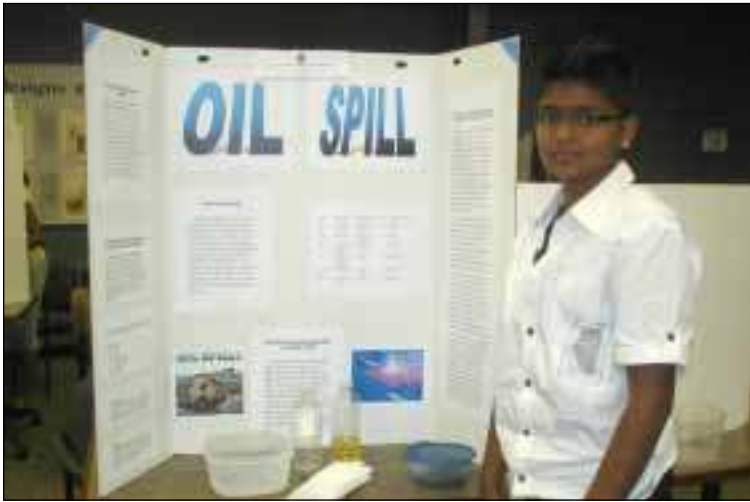
(Navi Pillay is U.N. High Commissioner for Human Rights)



Students from Tamil Community Participate in Science Fair

Students from the Tamil community participated in TCASD's Second Annual Science Fair held recently. These fairs are created to enhance the performance of youth who consider science as an important aspect to their future. Science is everywhere around the world and projects are created based on it. Science Fairs encourage students to open up towards their community and bring an extra bit of confidence when they are able to discuss their creations.

The projects were well designed and have been worked on for weeks by the students themselves. The students take on initiative to complete their projects so it will help them succeed in the future. The Science Fair 2010 was held at the Pickering Nuclear Information Centre Auditorium. We were pleased to see the number of innovative projects and the complex thought process involved in putting together the project. There were a wide range of projects in Physical Sciences, Biological Sciences and Engineering sciences. These events are open to



the Tamil community to get involved with the science fair.

Special thanks are to the Ontario Power Generation (OPG) for providing the auditorium for

the Science Fair and the Judges Dr. Mannivannan (Ph.D in Chemistry) and Mrs. Dolatshahi (Nuclear Engineer at OPG). Also many thanks to all the parents for supporting and encouraging their

children to take part in the competition and the organizers who helped make this years Science fair a huge success. It is important that students have opportunities to participate in such events

as this one. The parents who send their children to participate in this fair can sense the accomplishments their sons and daughters achieved. (Posted by Raveena Rajasingham)



Annual General Meeting 2010

Tamil Cultural Association of Waterloo Region held its Annual general meeting at the KW community council hall. The president, Mr. Prakash Venkataraman presided over the meeting. Mr. Naguleswaran Sundaram presented the financial report and Mr. Dennis Loyola, the secretary, informed the future plans and activities. Next major activity would be the Canada day Picnic at the Christie Lake conservation park on July 17 and Tamil Cultural Nite 2010. The meeting was followed by dinner and Movie.

Members from Kitchener, Waterloo, Cambridge and Guelph attended the event.



Tapestry Festival celebrates common multicultural threads

Local Tamil arts community showcases their talent

KITCHENER - It's a festival of festivals, with events as diverse as the communities taking part. But the Tapestry Festival, celebrating its eight year in 2010, isn't about recognizing our differences as much as it is celebrating the common threads this multicultural community shares, said Brian Scott, the city's event development coordinator.

"We look to encompass not necessarily the heritage aspect, but the spirit and the true meaning of diversity," he said. "It's a coming together of cultures where you don't lose your identity you reinterpret that within a

regional, made in Waterloo context."

This year's festival kicks off Friday with the Our World Festival of Music in front of Kitchener City Hall. The free, two-day fest features live music ranging from Latin fusion to Portuguese fado to Jamaican-style ska as well as music movie screenings in the rotunda and craft and food vendors outside.

Our World comes to a close Saturday night with a performance by the Sultans of String and Toronto-based Latina songstress Amanda Martinez. After the festival, Martinez will be heading off

to South Africa, her mother's homeland, to perform in the World Cup opening celebrations.

"The scope of entertainment is really quite unique, brilliant and accessible," Scott said of the line up at the family-friendly event.

The festivities continue with the Silk Road Festival in the Market district June 12 and the Kites of Joy and Freedom Festival June 13 in Victoria Park. The students of Sri Abiramy dance academy of Waterloo will perform a Tamil and a classical Bharatha Natyam dance. It will be followed by Chinese and Mongolian dance programs. Members of the local

Tamil community will be in hand to promote their Arts and culture.

The kite fest, which features workshops, concerts and food vendors, is a prime example of cultures bringing their own unique flavour to a universal experience, said Scott.

"It's simply a kite festival, but it's done from a perspective of how relevant kite making, kite flying is to many cultures," he said. "You actually get to participate in the same joy as someone might have making and flying kites in Afghanistan. It demonstrates that universality that we have throughout Tapestry."

Tapestry also features the Multicultural Cinema Club Festival, which screens international films in the council chambers of City Hall from June 22 to 27 as well as the National Aboriginal Day celebrations and Latitudes Storytelling Festival on June 26 and 27. All the events are free.

The festivities wrap up the last weekend of June with the 43rd edition of the popular gathering of musicians, food and craft vendors and performers at the Multicultural Fest in Victoria Park. The headlining act this year is Reynaldo Y Su Son de Cuba.



TAMIL CULTURAL ASSOCIATION OF WATERLOO REGION

<http://www.tamilculturewaterloo.org>
(Kitchener - Waterloo - Cambridge - Guelph)

10th annual Tamil cultural nite Performing Arts festival

Dear Members and Friends

Waterloo region & Guelph Tamil community proudly present, the largest Tamil performing arts festival in the region. Our 10th annual Tamil Cultural Nite 2010 is to be held on

Date: Saturday, October 23rd

Time: 6.00pm

Venue: Humanities Theater, University of Waterloo.

Admission: Free

TCAWR is in the process of collecting sponsorship and advertisements for the Cultural nite Magazine. The rates are as follows:

Full Page B/W - \$150.00

1/2 Page B/W - \$ 100.00

1/4 Page B/W - \$ 75.00

Cover page back colour and front/Back inside are also available. E-mail us your request.

Waterloo region and Guelph Tamil children

We are looking for new talent and group performances. Please, submit your request through your program co-ordinator to Mrs. Indra Logendran or Dennis Loyola at 519-574-6590 at your earliest.

Thanks and soliciting your kind co-operation.

TCAWR - Cultural nite sub-committee



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MONSOON FEATURE

Project GreenHands (PGH) was awarded the Indira Gandhi Paryavaran Puraskar (IGPP) for 2008 by the Government of India on June 5th 2010 from the former President of India, Dr. A.P.J. Abdul Kalam. The award was presented in recognition of the outstanding contributions made by PGH in creating environmental awareness and reversing ecological degradation. The IGPP also includes a cash prize of Rs. Five Lakhs and a silver lotus trophy. In order to commemorate World Environment Day and the receiving of the award, PGH organized the planting of saplings in 32 locations across Tamil Nadu

The IGPP was instituted in 1987 by the Ministry of Environment and Forests. This national prize on environment is named after the former Prime Minister of India late Shrimati Indira Gandhi and is the highest award in India bestowed on individuals and organizations for significant contributions in the fields of environmental protection, conservation, regeneration and awareness creation. Criteria such as replicability of the work, innovativeness, target groups - such as women, rural populations and urban poor, impact of the programs in relation to the resources employed, and the sustainability of the project are considered before a decision is taken on the award.

Isha Foundation, founded by Sadhguru in 1992, is a volunteer-run, international nonprofit organization which addresses all aspects of Human well-being. Isha Foundation is operated by over 2 million volunteers from more than 150 city-based centers spread worldwide. The Foundation is headquartered at Isha Yoga Center, set in the lush rainforest at the base of the Velliangiri Mountains in southern India, and at the Isha Institute of Inner Sciences on the spectacular Cumberland Plateau in middle Tennessee, USA.

Isha Foundation also implements several large-scale human service projects to support individual growth, revitalize the human spirit, rebuild communities, and restore the environment. The projects include:

Project GreenHands receives Indira Gandhi Paryavaran Puraskar



Action for Rural Rejuvenation
a rural revitalization program
offering medical care, community
rehabilitation, and human uplift-
ment to more than 2,500 desti-
tute villages in rural southern
India.

Isha Vidhya, a pioneering English medium, computer based education initiative to be established in 206 new village schools in rural southern India by 2014.

Project Green Hands, (PGH) a massive public reforestation effort aiming to plant 114 million trees, restoring 33% green cover in Tamil Nadu, India.

Till date, PGH has involved over 2 million people in planting 8.2 million trees increasing the green cover of Tamil Nadu from 17% to 21% in just 4 years of time. PGH with the involvement of highly motivated volunteers, Corporate & Business houses, more than 263 schools / Colleges and over 1869 communities, created 400 nurseries in over 21 districts of Tamil Nadu, enabling this massive movement.

PGH also has a Guinness World Record of planting most number of trees in three days. 8,52,587 trees were planted involving 252,000 volunteers. The planting was done in 6284 loca-

tions across 27 districts in Tamil Nadu, India on 17th October 2006.

PGH has established a culture of care for the environment, inspiring each individual to plant two trees and inspire another individual to do the same. PGH has been very successful in motivating large groups of volunteers thereby ensuring the survival rate of the plantations. Along with this, post-planting surveys monitor sapling growth progress and trigger replanting if necessary. This is being done periodically ensuring the seedlings grow into full trees.

Target groups are involved by conducting continuous awareness campaigns on tree maintenance, green exhibitions, sustainable farming, agro-forestry, annual cel-



FROM LEFT:- SRII. SALMAN KURSHID - UNION MINISTER OF STATE FOR CORPORATE AFFAIRS, DR. A.P. ABDUL KALAM - FORMER PRESIDENT, SRII. SACHIN PILLAI - UNION MINISTER OF STATE FOR MINORITY AFFAIRS AND SAGHURU J. VASUDEV - FOUNDER, INSA FOUNDATION. SAGHURU RECEIVES INDIRA GANDHI PARIWARAN PURASKAR FROM DR. A.P.J. ABDUL KALAM.

celebration of the World Environment Day, along with eco clubs established in rural schools. This explains its impressive sapling survival rate which stands at 65% on average and holds the capacity of offsetting a whopping 44,300 tons of carbon dioxide.

PGH promotes about 36 different varieties of trees, which not only benefit the environment, but as well provide products for farmers such as timber and fodder for their livestock, fruits that improve the nutrition of the rural population, flowering and shade trees that beautify the landscape.

In the last 6 months, PGH has taken the initiative to green two of the most polluted / industrialized cities of Tamil Nadu - Tirupur and Karur. This is done by raising environmental awareness and planting 25,000 and 10,000 trees respectively in the heart of the districts involving the local population.

PGH Plan for the next 5 year 2010-14

To reach 10 million people through innovative environmental awareness programs, eco-clubs, media and mass events globally and distribute 15 million saplings

To plant 4 million saplings in agro forestry involving farmers

To establish a centre for environmental education

To create 40 model green villages in 4 clusters with the participation of 100% of the population and towards a minimum of 33% green cover.

Sadhguru, while acknowledging the 'Indira Gandhi Paryavaran Puraskar' award says, "Though this is a major recognition for the work done by our volunteers and well-wishers, we should not forget that the work is only a small drop in the ocean when compared to what is needed to be done."

It is not out of any quest for any award or recognition that we set out on this endeavor to green the planet but out of concern and involvement about the well-being of Mother Earth who sustains and nourishes all life on the planet.

This massive expression of concern and commitment for the well-being of all is unique and I am sure it will inspire many around the world to emulate the same. So let this be a moment to renew our love, dedication, and commitment towards this mother that nurtures all of us."

At this juncture, Isha acknowledges all its Partners - Corporates, NGOs, Educational Institutions, Volunteer Individuals who jointly took these huge initiatives towards saving the environment.

Celebrating Partnerships and Progress

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LETTERS & OPINIONS

by M.S.S. Pandian

The World Classical Tamil Conference, held in Coimbatore by the DMK government at the cost of Rs. 400 crore, is born in anti-intellectualism and draws sustenance from the self-serving politics of M. Karunanidhi, the chief minister of Tamil Nadu. The Ninth World Tamil Conference which was planned to be organised by the International Association of Tamil Research (IATR), a well-known global body of eminent Tamil scholars, had been gracelessly usurped by Karunanidhi to showcase his supposed love for Tamil and Tamils.

In 1968, when the first DMK government headed by the late C.N. Annadurai made the Second International Tamil Conference a popular political event with a historical pageant and a cultural exhibition, there was indeed a reason for that. The DMK had just come to power following a highly charged agitation against Hindi as the national language of India - an agitation which was suppressed by the Congress government using the notorious provisions of the Defence of India Rules. The popular participation in the conference was massive. And the academic sessions were exemplary. Thus, the conference was a reaffirmation of the DMK's commitment to Tamil.

Four decades later, Tamil language is no longer viewed by the Tamils as a beleaguered language in need of political defence. Instead, there is a deep sense of self-confidence which marks both the language and its users. The field of cultural production in Tamil Nadu has been bubbling with new energy during the past two decades. Avant garde maga-

Tamil Classical Conference and self-serving politics of "Kalainjer" Karunanidhi



Rajya Sabha MP Kanimozhi with her brother and Tamil Nadu Deputy Chief Minister M.K. Stalin during the inaugural function of the World Classical Tamil Conference. Photo: PTI

zines, the proliferation of publishing houses, an expanded reading public, globally informed debates, and books which both in their content and design can compete with the best in the world, are all hallmarks of the new self-confident Tamil cultural public. As much as other language writings are translated into Tamil, Tamil literary and other writings are translated into other languages and showcased nationally and internationally.

Along with that, the old perception that Hindi is a threat to Tamil has by and large vanished. Every Tamil knows that Hindi is a lost cause even in the Hindi heartland. Even the prophets of 'Hindu-Hindi-Hindustan' are vigorously courting Tamil in an effort to gain a foothold in the state.

In this changed context, the DMK's celebration of the so-called classical status conferred on Tamil by the Union government is somewhat ludicrous. The average Tamilian no longer seeks outside authorisation about his language or its antiquity. It is just taken for granted. In fact, Karunanidhi is belittling the self-confidence of the language by making a show of an inconsequential decision by the Union government.

Despite its irrelevance, the Classical Tamil Conference has its uses for Karunanidhi. His constant boast, that he is the leader of world Tamils, is in tatters after his dubious role in not stopping the massacre of the Sri Lankan Tamils last year. The DMK had, after passing three unanimous resolutions in the state assembly seeking the Union government to ensure a ceasefire in Sri Lanka, reversed its policy to please the Congress (I). Its decision to stick with the Congress was motivated by its sole desire to cling on to power in the state. Given this politics of rank opportunism, Karunanidhi's dominant image today among the international Tamil community is one of a self-serving traitor.

The World Classical Tamil Conference is a desperate attempt by Karunanidhi to reinvent himself once again as the guardian of Tamil and Tamils. His narcissism is writ all over the conference. Self-obsessed as he is, a substantial part of his inaugural speech to the conference was about himself and his so-called love for Tamil from his childhood. The flood of newspaper advertisements on the conference attempts to produce an equiva-



Tamil Nadu Chief Minister M. Karunanidhi and President Pratibha Patil sharing a lighter moment during the inaugural function. Photo: PTI



Chairman of the Academic Committee K.Sivathamby (centre), Kalignar Karunanidhi Classical Award winner Asko Parpola (right) and Member of Academic Programme Advisory Committee George Hart at the inaugural function of the event. Photo: K. Ananthan

lence between him and the ancient Tamil poet Thiruvalluvar. The academic sessions, which are going to be intellectually enervating, have no less than 20 papers on Karunanidhi and five on his daughter Kanimozhi. If Karunanidhi has claimed that about 5000 scholars from all over India are participating in the conference, he has his own standards of scholarship.

In choosing the well-known Sri Lankan Tamil scholar Kartigesu Sivathamby, with his open sympathies for the Sri Lankan Tamil cause as the intellectual mascot of the conference, Karunanidhi is making an attempt to mend his battered image among the Tamil diaspora. Importantly, Sivatham-

by, who came to attend the International Tamil Conference held in Thanjavur in 1995, was deported at the instruction of the then AIADMK government because of his sympathies for the Sri Lankan Tamil cause.

Sivathamby, given his scholarly standing and his politics, may offer a fig leaf of legitimacy to Karunanidhi. But if Karunanidhi hopes that the conference, with all its garishly designed floats which resemble film sets of the past, will produce an image of him as the guardian of international Tamil community, he is mistaken.

(The writer is a professor of history at Jawaharlal Nehru University, New Delhi.)

M&M Twins introduces authentic Sri Lankan Rice under EDRO

With the intention of providing high quality, affordable and authentic Sri Lankan products to the Sri Lankan community in Canada, M&M Twins is currently in the process of developing an entire line of food products that would go into the preparation of a total and complete Sri Lankan meal. Having been in the business for over 30 years and having been in Canada during the exodus of Sri Lankans into Canada, M&M has been able to understand the trends of the market accurately; based on which their market strategies are being built upon.

In addition to the many authentic food products which

have been brought under the EDRO label lately, M&M Twins is proud to introduce a further 4 new products into its existing Range.

" Mottai Karuppan Rice - This is a specialty Rice, grown and harvested mainly in the East of Sri Lanka and a very popular among Sri Lankans. The rice once cooked, turns into a bright red appetizing colour and is extremely palatable due to its milky taste.

" Red Raw Rice - This is a very common and popular variety of rice and is believed to be highly nutritious and healthy when compared with White Rice. It is said to have higher fibre content and

less carbohydrates. It is also used in preparing the traditional Milk Rice.

" Muthu Samba Rice - This pearl-like white rice is a firm favourite across ethnicities and is consumed vastly by all Sri Lankans. It's rich white colour and milky taste makes it a sought after rice variety. Incidentally, special varieties of Samba rice are used when preparing Lumpri.

" Virgin Coconut Oil - A highly purified natural coconut oil with an exceptionally fresh aroma and is virtually colourless! Much debate has taken place and the latest studies show that Coconut oil contains little or no cholesterol.



Coconut oil is used to add flavour to Sri Lankan food and is also used as a hair conditioner and also for religious purposes.

" Kitul / Palmyrah Juggery - An exceptionally high quality pure Kithul Juggery is now available.

The main goal of M&M Twins is to make authentic Sri Lankan food products accessible to the community while providing the younger generation that is used to easy and "ready to eat" food

products an opportunity to cook authentic Sri Lankan Cuisine without much hassle.

These new items as well as the entire EDRO range are now available for the community to purchase at your preferred stores in the GTA. As Mohan Perera, the CEO of M&M Twins reiterates, all EDRO products are reviewed and approved by the Canadian Food Inspection Agency and complies with all Canadian Food Safety and Labelling standards. If you wish to obtain further information regarding authentic Sri Lankan food products, please send an email to feedback.mmtwins@gmail.com

Durham Tamil Association-Celebrating 10 years giving back to the community

Celebrating its 10th Anniversary, Durham Tamil Association is held a successful fund raising event on June 12th Saturday evening at Toronto Don Valley Hotel "Harmony 2010" evening was a sold out event with over 300 guests and dignitaries with entertainment by Durham Tamil youth and a full course dinner. All proceeds raised from the event will go towards funding the growing number of Free Tamil Classes in Durham run by DTA and several Youth and Seniors activities and contribution to local

charities. DTA was pleased to recognise the work of our volunteer Tamil Teachers. Among the dignitaries present were MP Mark Holland, MPP, Joe Dickson, Mayor Dave Ryan, Councillors Doug Dickerson, Renrick Ashby, Bahai Community Director Roland Rutland. Several local municipality candidates. Our sincere thanks to all, we truly appreciate the support of our sponsors and volunteers and Media coverage and support by Monsoon Journal.

Photo Courtesy:
Ken Photo



Mark Your Calendars:

DTA's 10th Annual BBQ & Sports Activity At Paulynn Park on Ravenscroft north of Rossland in Ajax. 11.00AM to Dusk Saturday August 14th

All are welcome, fun filled activities planned for toddlers to seniors with BBQ, traditional Kottu Rotti (yes! freshly made to order by our famous chefs) More details 905.428.7007. www.durhamtamils.com

Coming soon in September 2010: Durham Tamil Youth present our 9th annual Youth Festival, showcasing the Talents of all Durham Tamil Youth! everyone's welcome to participate. It will be a Red Carpet Premiere event, Be Part of it! . www.durhamtamils.com



by **Samy Appadurai**

From the World to Toronto and Back Again with a Flourish



"I have never been at a summit where leaders seemed to more deeply feel the necessity of common action and common purpose" said the Right Honorable Prime Minister Stephen Harper, at the end of the G8 summit and it remained with the same spirit at the end of the G20 as well. The entire world was focused, particularly the rest of the world's leaders, finance ministers', investors, terrorist leaders, and the leaders of the leaders. The attention of the intellectual crowd was definitely focused on the summits and this crowd was large in number compared to the crowd of the common men who seemed to focus more on the world cup soccer match and other music and sporting events that add flavour to the warm summer soup. There were some business men in the core of the down town Toronto who were least bothered by the submit and were more concerned about their daily business activities being adversely affected by the pouring rain, coupled with the presence of the police officers on every single meter of the sidewalk and restricted transportation routes. One businesswoman told me that she only read about the recent earthquake in Toronto in the newspapers and it did not change any of her routine business activities. In contrast to her, many others around the world were constantly watching the G8-G20 summits keenly and to them this was a major news event, like the main course of a fancy dinner as opposed to a beer and potato chips.

The media coverage at the initial stage was tuned around Queen's park, the designated area for the demonstrators to exercise their right to express their support and dissatisfaction on whatever issues that they had. There was much concern by them over the fact this summit spent almost a billion dollars for the security, when to these activists nearly a billion dollars was needed to address human rights violations, maternal issues, exploitation of workers by the capitalist system of economics, native rights, anti-terrorism in many forms, and so on. In fact, Canada being successfully ruled by the democratic system of government has always granted permission and has provided adequate facilities for protestors at the expense of the tax payers. Canada is not a country ruled by the dictates of the government to impose its views; no does the government suppress the freedom of expressing the dissatisfac-

tion and grievances felt by the masses towards the government. But this right, guaranteed by our Constitution should not be turned into paving a way for vandalism and damage to public property such as the burning of police cars, breaking of shop windows, and disruption of the comforts of the general public. The arrest of 602 people in the eyes of Torontonians, certainly looked high, but in light of the gravity of the security concerned it is not really an unusual number. Compared with what has been going on in Paris protesting the rise in the age limit to receive pensions for seniors to 62 from 60 and compared with other summit in other countries, the numbers are really not a concern. At this point many of those who have criticized the allocation of almost one billion dollars for security have to realize that there were very valid reasons for this and they should not be overlooked. To those critics I humbly ask-how much is a human life worth-can we really pay too much for safety?

My thanks go to the chief of police Mr. Bill Blair for his tireless work and the Mayor of Toronto David Miller for fully backing the organizing committee, although he was not happy that he was not adequately included in the planning. I also thank the Premier of Ontario for all of his help, especially in passing a regulation in granting more power to the police such as the ability to interrogate individuals, search without warrant, and deny entry to those deemed to be suspicious who came within 5 meters of the security fence. The powers given to the enforcing officers during the G20 summit in Toronto were only temporary given the nature of the Summit. With all of the support and cooperation the G20 has ended with flying colors and earned a name in history for Canada. Of course the right honorable Prime Minister deserves many thanks as well.

Let me come back to the remarks about the summit made by the right honorable Prime Minister. The mood of the summit appeared to be without any tension; even if the prime minister might have had several unanswered questions about security, he might have buried them deep into his heart and thus hosted this meeting cheerfully.

Most of the heads of state appeared to be younger than those who participated in the G20 in 2006. But their faces showed they had become quite stressed out in sailing their economic ships in the troublesome ocean and they still continued to sail into the troubled economic waters and were unable to provide for the demands of the passengers. These factors, combined with the tsunami high debts, sailed these ships dramatically off course. The lifeline for these countries would be to follow Canada's example.

The nature, objectives, priorities and agendas of the G8 and G20 were different. The G8 had its own particular concern around the overall economy worldwide. The G20 had financial stability as the core of its programs and addressed issues of the developed and developing countries. It also focused on constructing and maintaining a bridge between the two in this summit. Both have turned their attention to recovering from the recession quickly and strongly through international cooperation, rather than protecting the individual economies of each nation, as Obama's protectionist policy in the United States.

In this journey, the Canadian ship though not the biggest and heaviest, still in today's weather conditions, is moving steadily and faster from the troubled waters and Canada has been accepted and recognized as a role model of the world's developed nations. Mr. Harper articulated and insisted to the world's nations to reduce the budget deficits and reduce the debts of member nations within a short period of time without pro-

longing the recession. It has been well appreciated and accepted with overwhelming support. I am sure some of the leaders would have been envious of Canada in this respect. They have been watching the Minister of Finance and have seen that the financial institutions of Canada have been in smooth operation even at the peak of the recession without leaning for support from the government and none of the financial institution was in the verge of collapsing.

The idea of levying taxes to the banks and maintaining a security reserve fund for keeping away from future financial crises was an important lesson learned by the developed nations including America because of the ongoing recession. But such a need has never arisen and the policy of levying a tax left all member nations to act independently and Canada expressed its plan to get an exemption from it and this has singled out Canada and earned a good name for us and has also won the confidence from the investors and Canada will harvest a hearty yield in the future. The short term pain in tightening the belt will bring long term gain.

I have my own doubt about how the concerned nations could implement and use the allocated funds properly. Our good neighbor in the south is taking economic measures to protect its interests and is partially ignoring the value of sharing their economic interest with its good old friend in the north and how could we expect the rest of the world to commit to this.

I am very pleased to witness that many of them have agreed to allocate funds for the maternally troubled women around the world, particularly in the continent of Africa and South America and a portion of Asia. It is upsetting to hear that every day over one thousand mothers were dying on or pre or post natal time. It goes beyond the issue of money. The education levels of women have to be uplifted. We cannot support the customs and traditions and the norms of ethnic groups in those affected countries that allow for male domination and the deprival of the fundamental rights of women. Abortion is a difficult and contentious issue and it is an issue that the individual countries have to take into consideration by themselves not by others. Mr. Harper made a compromise on this issue with the opposition party members in parliament and some accommodations were made.

The global terrorists who are threatening the entire world, irrespective of where each nation stands and those who are not prepared to dance according to the piper of those organizations are also targeted. Forget about who is a terrorist and the definition of

terrorism. As long as it affects the fundamental rights of others and the right to live in peace we must use all available resources and take precautionary measures against it. Everyone has the right to fight against oppressors but not at the expense of others. In the G20 for example there was much concern and focus given to the issue of nuclear development in Iran and North Korea.

The coolest discussion was on the issue global warming. I think that probably they did not want to add more heat to it by having a serious discussion on it and there was no need to spend more time because of it was thoroughly discussed at the UN meeting in Denmark, not long ago. The second reason was that the decisions that were made in the summit were not yet implemented as had been expected and there is no point in having another elaborate discussion.

Helping the developing nations is another issue that has been taken into consideration. Many of the smaller nations could not balance their budgets and already their government debts have gone beyond their repaying capacity and their needs have become high and the slow rate of economic growth, corruption in the public sectors, sky rocketing unemployment, fast growing population increase and unstable governments and their poverty have made it hard for those nations to overcome from these difficult situations. In spite of all those needs they have been traditionally dependant on the developed nations. Their problems have been addressed well and the voice of the African Union has not been heard loudly in the developed world.

It has been a great success for Canada in hosting both the summits respectively in Huntsville and Toronto and most of the heads of states were very pleased with the arrangements and warm reception. They have enjoyed it. What is next? The drama is over but we do have a lot of homework to do in terms of capitalizing on the positive image that has been painted on the global mural. I am very certain that the steady progress of the overall economy along with the political maturity of Canadians and the abundant blessings of rich minerals and strong Canadian currency will pave a way in making our economy stronger and steady.

Let me conclude by quoting from US President Obama, "The Success of these summits, the G8 in Muskoka and the G20 here in Toronto- is a tribute to Canadian leadership".

Samy Appadurai is a renowned broadcast journalist, author, educator and public speaker who makes his home in Toronto.

AMMACHI IN CANADA

Toronto is indeed immensely blessed as she prepares to receive the Divine Mother Mata Amritanandamayi at Sheraton Parkway Hotel of Richmond Hill on July 19-22. Millions of devotees all over the world lovingly call her Ammachi or Amma. The media refers to her as the "hugging saint", since she receives all the people who approach her with a motherly hug.

Her hug is not an ordinary embrace. Amma says that she transmits her divine energy through the hug. Those who are ready and receptive are profoundly transformed thereby. It is indeed a marvel to watch her hug thousands of people affectionately for long hours, sometimes even up to twenty hours, without leaving the seat even once to stretch or rest.

Ammachi was born on September 27, 1953 in Kerala, India. Parents named her Sudhamani. She did not cry at birth like other children. Instead, Sudhamani had a bright smile and a penetrating gaze at her mother. The child's complexion was dark blue, like Lord Krishna and Mother Kali.

Sudhamani was only six months old when she started walking and speaking easily in Malayalam, the mother tongue of Kerala. The blue complexion started to fade away then, and she remained dark in color.

Even as a little child, Sudhamani composed and sang devotional songs to Lord Krishna with much fervor. Often she sat in ecstatic meditation, completely unaware of the world around her. Such spiritual exercises were unknown to the villagers and the family. Hence they thought that Sudhamani was crazy, especially as she sometimes burst into laughter and shed many tears due to divine bliss.

Sudhamani attended school up to fourth grade only, though she was brilliant and did not forget whatever she heard or read. Since the mother fell ill, parents made Sudhamani stay home and do all the household chores. Waking up very early, she swept the house and the compound, cleaned the cooking utensils, cooked all the meals, fed her siblings and prepared them for school, washed the cows and the cow-shed, found gruel to feed them, and cared for the sick and old in neighboring houses.

From early childhood, Amma's heart responded readily to others' suffering. Sudhamani washed, clothed and fed those who were destitute, old and sick. She was scolded and punished severely at home for such acts, but Sudhamani continued to behave in the same manner without any fear.

The family members and the people around Sudhamani thought that she was an ordinary girl, though strange in her ways. They did not suspect her extraordinary spiritual eminence. Like Bhagavan Krishna and Lord Jesus Christ, Sudhamani was aware that She was the embodiment of Supreme Divine

Consciousness. Amma said that all the divine forms were within Her, and She could manifest any divine form whenever She wanted.

In 1975, at 21 years of age, Sudhamani walked into a neighboring house, where the ceremonial reading of the life of Lord Krishna was going on. It was amazing to see her features and color being transformed to appear like Lord Krishna. Devotees of the Lord started worshipping her, glad that the Lord had taken temporary possession of Sudhamani. Some rationalists who happened to be there were disturbed by this phenomenon. They demanded that Sudhamani should perform a miracle if she were Lord Krishna, though they did not believe in the possibility of miracles.

Sudhamani replied that She came on earth to make them realize the greatest of miracles, namely the presence of God in their hearts, and not to indulge in phenomena which are ephemeral. Since the rationalists continued to insist, saying that they would believe if She performed a miracle, She agreed to do so a week later at the same place.

Word passed around the neighboring villages about the promise of a miracle. More than a thousand people gathered around the house. Some unbelievers perched high up on trees to get a better view, and expose what they deemed would be a fraud.

Sudhamani was again transformed to look like Lord Krishna. She asked one of the doubters to bring a pitcher of water. After sprinkling it on the people as holy water, she asked the man who brought the water to look into the pitcher. The water had turned into pure milk! It was distributed to all the people around.

Then She called another skeptic, and instructed him to put his hand into the same pitcher. To his astonishment, the milk was transformed in to a fragrant pudding (normally made with bananas, raw sugar, raisins and rock candy boiled in milk). More than a thousand people enjoyed eating this delicious pudding, yet the pitcher remained full!

Amma performed many more miracles like curing the seriously sick, and even raising the dead to life. Such physical miracles have only a limited value, since we all have to eventually discard our body. Far more significant are Her miracles of spiritual transformation of the devotees.

It is rather difficult to understand the tremendously powerful attraction that Amma exerted on certain devotees who had hardly heard about Her. Amma says that it is entirely the work of God's grace due to the merits of former lives.

A band of college educated youth who were used to ease and comfort, endured many material hardships in order to be around Amma. They were glad to be often without food, and sleep out in the open on bare ground. Even a tem-

porary separation from Amma was unbearable agony to them.

How can one explain that a respected professor of medicine from the University of California, as soon as he heard about Amma from his brother in Kerala, could cancel his medical appointments and fly to India on the following day, leaving his two small children and a furious and perplexed wife at home? Dr. Prem Nair returned home three days later, only due to the insistence of Amma.

Equally mysterious was the reaction of his wife when she heard Amma singing on a tape that her husband had brought. Mrs. Nair shed copious tears and left immediately with the children to Amma's ashram in Kerala. Amma allowed her to stay there for few months until her husband joined her.

Before meeting Amma, Nair family was not particularly religious or given to any spiritual practice. They were satisfied with material comforts and their social life. Amma turned them around so that now they are intent on God alone, and yearn for Her night and day.

With tears in her eyes, Ila Campbell spoke about her coming to Amma for the first time. She is an Indian woman married to an American, and worked in Brookhaven National Laboratory as a scientist, intent only on making money and living comfortably, and was not at all religious, she said. She was raised with Western values and to look down on Hindu culture, scriptures, religious ceremonies, and Gurus. Reading J. Krishnamurti during her college years confirmed her skeptical attitude.

While on a vacation at her father's house in Mumbai, she saw on TV for a few seconds Amma conducting a religious ceremony at Her ashram temple in Nerul, about three hours away by car from Mumbai. It was announced that



Amma would be there giving a program on the following day as well. The image of Amma with the question: "Who is she?" dominated Ila's mind throughout the day. She could not understand her sudden and urgent need to see Amma that she felt deeply, though she knew nothing about Amma.

Moreover Ila was in bed with a severe cold and fever, and could hardly sit up. Her father was unwilling to drive her since he had a business appointment next day. Then she prayed fervently to be well enough, and get a transportation to attend the program, if Amma wanted to see her. On the following morning she was amazed to find herself completely well, and her father offering to take her, since his appointment had been postponed.

When Ila got near Amma to be hugged, her hair stood on end and the mind went blank. All she could do was to shed profuse tears, feeling that she was finally "at home." Now she finds that all her problems with the family or at work are easily solved due to the grace of Amma, and her only goal in life is to cultivate in herself the compassion and selfless love of Amma.

Saints and holy people from different parts of India came to the



ashram to pay homage to Amma, declaring that she was truly Divine Mother. Her family members witnessing the many miracles and hearing the testimony of saints were finally converted to accept Sudhamani now named Mata Amritanandamayi wholeheartedly as their Guru.

In the beginning Amma encountered vehement opposition and vicious persecution by some family members and other villagers. Several attempts were made to kill her. The miraculous manner in which she was protected convinced most of the opponents that she was truly divine, and they became her ardent devotees later.

One Western reporter asked Amma what she thought about some devotees worshipping her saying that she is God. Amma laughed to say that today they may regard her as God, and tomorrow they may think of her as devil, it made no difference to her, but she knows (not a mere belief) that all the people who come to her are God, and she bows down to them all.

The simple, humble and pure life of Amma is an entirely open book. Disciples are with her day and night. She hardly eats or sleeps, and is ever ready to serve others in any way she can, while she endures much pain.

Amma inspires us to seek freedom from egoism and worldly bondage. Following Her would enable us to realize the truth of our being. God alone is, within us and everywhere. Everything else gets its reality from God. Experiencing God's holy Presence here and now means peace, love and joy.

For more info about Amma, please see www.Amma.org

SENIOR TAMILS' CENTRE OF ONTARIO Board of Directors 2010/2011

The 24th Annual General Meeting of the Senior Tamils Centre of Ontario was held at the Oriole C.R. C, 2975 Don Mills Rd, North York on Saturday May 22nd. The following members were elected as the Board of Directors 2010/2011.



Seated (Left-Right): Francista Jeganathan, K. Vigneswaran (Treasurer), S. Sri Jeyanathan (President), Kohila Vivegananthan (Secretary), S. Rasanayagam (Vice President), Suguna Rajathurai, Ira Balasubramaniam

Standing (Left-Right): K. Saravanabavan, T. Ponnambalam, S. Arunasalam, A. Shanmugarajah, Reggie Thambirajah, M. Jegarajah, A. Kandiah, S. Nambyarooran (Editor)



Dear Readers,

Till date I talked to you on a variety of subjects. For long I had been writing on topics such as Meditation, Lucky Stones, Astrology and Business. All the topics were of entirely different nature, and you accepted each one of them. Very often I get calls and e-mails from my readers appreciating my work. I am very much thankful to all of you for reading my articles with interest. I do enjoy writing and enjoy it even more when I get enthusing words from my you.

From this article again I am bringing a change in the topic and I am going to start writing a long series on 'Relations'. I have a reason for this and you will appreciate why I have jumped into this new series of articles.

For long time me and my family was after my son to get married but he was not interested for marriage for his own reasons. Finally last year he agreed. My entire family went to India to find a suitable match for him. We saw a good number of girls and finally found a beautiful and well qualified girl most suitable for him. They also liked each other and finally they were married. After marriage my son stayed in India for about a month for honeymoon. After this he came back to Toronto. It took him about four months to get his wife to Canada from India owing to immigration procedure. These four months were his life changing months. The boy who was previously against the marriage system all of a sudden became fan of the marriage system. My daughter in law, in these four months of separate stay from her husband called here almost every day from India and used to request me that please immigrate me over there. This shows that it is not just the love marriages, arranged marriages are also equally successful. Anyway.

Finally she came here and our family was complete. In a month time I suggested my daughter-in-law to add some Canadian qualification so that she can get properly settled as soon as possible. But the couple was thinking about something else. They came to me with a proposal that they want to join my volunteer work which I had been doing since years.

Readers, for more than 25 years I have engaged myself in helping the marriageable as well as the older age group people finding their life partners. My son said that now he has understood what marriage is for. It is a heavenly experience. One must have a life partner. Both of them requested me to allow them to share my volunteer work. My daughter-in-

Relation of Marriage

law said that instead of doing a job she would like to carry the flag of my social work further although she is a highly qualified girl and is ready for any job of a higher responsibility.

I was overwhelmed with joy. I said that if you want to take up this volunteer work as your career, I have no point in saying no. We all decided to gear up this service as a task on a broader scale. In a month time they got their website ready and today www.rishtashaadi.com is becoming famous day by day. They spoke to all their friends, their families, our relatives and many others to sign up. Now we see everyday people are signing up, adding their profiles and the newly installed platform is ready to go.

This whole development multiplied to my enthusiasms. Just a year before, my family had a different life style. I myself, my wife, my son and my daughter, we all were leading a very common normal life. I mean going to work, come home, eat food and sleep. We were living a routine life. But since we have started this volunteer job on an enhanced scale, we are getting phone calls from different people who want to ask how can we help them find suitable matches for them own selves, their kids or other people known to them. Many come to see us, discuss with us. This has brought a drastic change in our life style and the whole environment is changed. It looks like my house has become a temple where people come to find their loved ones.

This changed scenario inspired me to start writing a new series of articles on 'relations.'

Entire human society is breaking into pieces every second. Instead of thinking about one world, we most selfishly keep thinking about my country, my state, my city, my society, my community, my family and most of us have reached to the state of myself only. Like our scientists kept on breaking the matter into smaller pieces and reached a state of atom. Today that smallest peace has become a havoc in the shape of atom bomb. Similarly, we also have forgotten about togetherness and from one world we believe in one person and that is ourselves. That is reason why we are bound to live a life of loneliness. Man is a social animal, hence cannot live alone. He needs a society to live in. He needs relatives, he needs friends and he needs someone who loves him. That is the warmth of relationship.

We all are webbed with each other with some kind of relation. That relation could be social, financial or political. But, the fact is that we live in relations. I will try to live those relations in this new series of articles. Hope you will enjoy it.

There are some relations made by God and they are called blood relations. Also there are relations created by humans. If you sometime would want to ponder over like which is the best relation among all, I would say 'marriage.' The relation of marriage is the best among all. It is a relation of love and care. This relation brings two people together, brings two families together and brings all their respective together. Just think about it, how many people get to know each other when we tie a marriage

RELATIONS - 1

relationship. Many known or unknown people become relatives and a new era of relationship gets a movement.

What a fabulous relation marriage is. A boy and girl, of two known/unknown families unite and create a new family.

May it be a love marriage or an arranged marriage, the motto is to make new families. The concept of love marriage is quite prominent in the modern era but statistics prove that so called Indian style arranged marriages have proved long lasting than the love marriages. I do not want to fall in this controversy but I would not fail to point out merits and demerits in every kind of relationships in this current series of articles.

I will also talk about the new and the old marriage systems in the Indian community in the coming issues of 'Monsoon Journal'. While concluding for now, I would not fail to mention that if you or someone you know is in the process of finding a suitable life partner, do contact me. May be, I



By Prof. Saran Ghai

can be of any help.

-Prof. Saran Ghai

If you or anyone you know is in the marriageable age, contact me. Similarly, if you or anyone known to you is a person of an older age, I mean within approx. 45-65 age group, is alone, looking for a suitable life partner, contact me. Call (905) 794-4488 or (416) 816-5559, e-mail: info@rishtashaadi.com or visit website: www.rishtashaadi.com. Very specially I would like to say to the older age people who are living alone, "Why should you live alone when there is someone who is still waiting for you and is ready to say - I love you, I care about you. Will you marry me?"

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7th AGM of Sri Lankan Accountants Association held on June 5th at Holiday Inn Hotel & Suites- Markham



The Executive committee members of SANC in a lighter mood - just before the AGM



Rajaratne Srikantharajah CGA - delivering a welcome speech at the SANC - AGM



Rajaratne Srikantharajah CGA - outgoing President SANC, addressing members at the AGM



Arthy Arinanan CGA - President SANC, addressing the AGM members



Lagan Arunaganesu AGMA - Treasurer SANC, delivering the treasurer's report to the members



Kumar Rajaratne CGA - Secretary SANC, delivering an appreciation speech to the outgoing president



Sivaprasanna Srinivasan CGA, delivering the vote of thanks at the SANC - AGM



Past Presidents of SANC at the AGM - seated (L-R) Rajaratne Srikantharajah, Rajaratne Rajaratne, Lucien Jayasinghe, standing (L-R) Thiruvengadam, Kumar Rajaratne, Arthy Arinanan (current president), Ram Thiruvengadam. Photo shy - Meera Kandapane



Sri Lankan Accountants Association of Canada- 2009-2010 Executive Committee



Members enjoying a buffet dinner that followed the AGM at Holiday Inn Hotel & Suites





Gods Own Children Foundation - Canada's 'Illuminate the Journey - 2010' is a Huge Success

Drawings by mentally & physically challenged children from Sri Lanka

Gods Own Children Foundation - Canada's first fund raising dinner "Illuminate the Journey - 2010" was held on Saturday, June 05, 2010, at the Claireport Banquet Hall in Etobicoke. Over 500 took part in this year's dinner, which included people of all ages.

At this first annual event volunteers, patrons and people new to the activities of Gods Own Children Foundation came together and shared details about the organization's activities and how their valuable contributions are being used. In total, around \$20,000 was raised to support the disadvantaged children and youths in Sri Lanka.

High light at the event was a live conversation directly from Sri

Lanka with Gods Own Children Foundation - Sri Lanka president Dr. Anandakumar and children who are in GOCF's custody. Dr. Anandakumar briefed the crowd about the organization's vision, activities and sponsorship programs available for everyone to participate in helping the disadvantaged children and youth in motherland. Children who are in the custody of GOCF spoke about their life at GOCF Children Village and how GOCF is helping them to shape their future.

The event also had a well presented fashion show and cultural presentations made by noted local talents, rollicking music and a delicious buffet dinner. Art works done by the mentally and physically challenged GOCF chil-

dren from Sri Lanka also were on display at the event. A raffle for an Apple's latest gadget iPad was held, with second prize being a Kitchen Aid Professional series cake mixer and third prize a 32" flat screen TV.

The evening was indeed full of fun for the whole family while supporting the good cause of helping disadvantaged children and youths. This year's event is indeed a hit! Thanks to a group of committed ticket sellers, sponsors and the attendees, without all of your efforts and support the event would not have been a hit.

Listed below are ways you can help GOCF to help the disadvantaged children and youth in motherland.

Child Sponsorship:

Sponsor a child for only \$30 a month which will cover a child's basic necessities such as food, health care, clothing, education, shelter and recreation

Sponsor Meals

You can sponsor Meals/Milk on special occasions (such as anniversaries, birthdays) of your choice. The cost will range from CDN \$100 - \$125, depending on the menu. You can also sponsor breakfast, mid day meal and lunch for approximately CDN \$200/day

One time donations

Donations are made to celebrate special day/event. Any amount of donation is accepted

Special Projects/Materials Sponsorship

GOCF accept donations/spon-

sorship for special projects such as providing stationery, books, computers, school uniforms, bags, shoes, clothing, toiletries, toys, recreational equipment, first aid and medical supplies.

Gods Own Children Foundation - Canada, a Canadian not for profit organization founded in August 2009, help the disadvantaged children & youths and support humanitarian projects that benefit impoverished communities and children. For more information on Gods Own Children Foundation, please visit www.GOCFoundation.org.

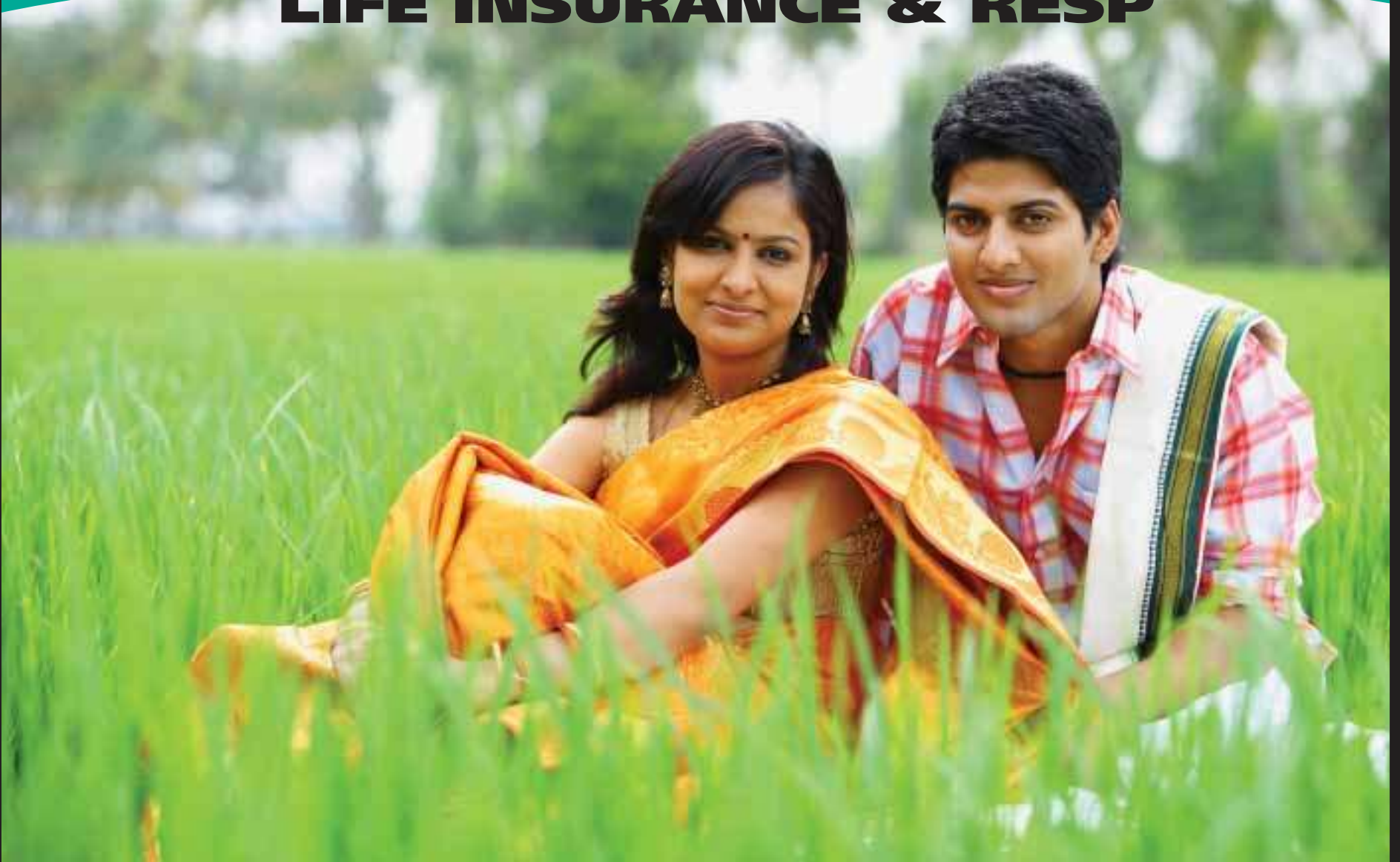
Donors making donation at the event

Photo Courtesy: Gnane



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