

“Let’s turn to our roots”

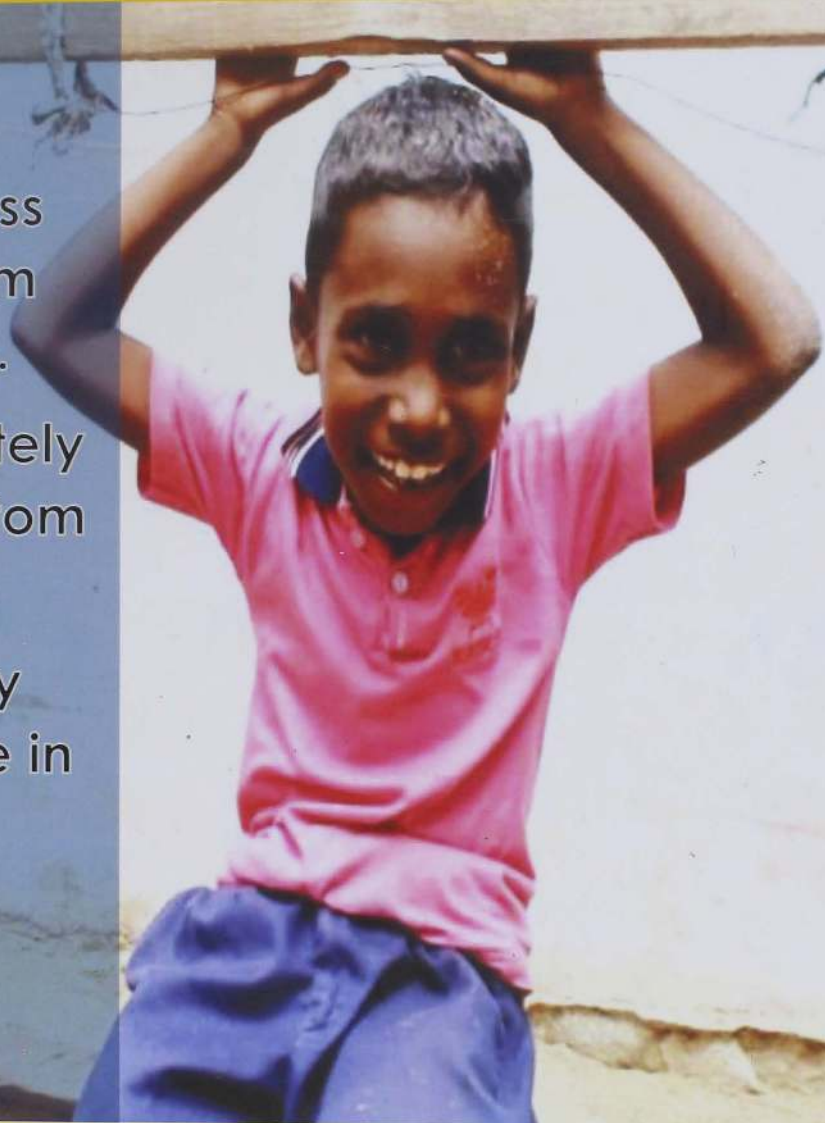
Impact 2021

Kaveri Kala Manram

Spring of happiness
doesn't come from
somewhere else.

It does running politely
& peacefully in bottom
of heart of life.

But someone only
could found & taste in
their life time.



KKM-7 RESPONSE

Against global climate
change risk

GREEN ECONOMY

making societies and people
more resilient through a transition
that is fair to all and leaves no one
behind.

Read inside...

“Development always focused on supporting the poor to become rich but true development should encourage the poor to become part of that development because some elements of poverty need to live on in the rich”

Initiated by Noolaham Foundation
noolaham.org | aavanakalam.org

Rev. Joshua



I love those who can smile in trouble

-Leonardo da vinci-4

**OUR PROGRAMS HAS REACHED 24429 PEOPLE THROUGH 1247
INTERACTION DURING JAN TO DEC 2021**



A LITTLE LIGHT TO SHINE THE WAY

Our programs has reached 24429 people through 1247 intraction during Jan to Dec 2021

HEALTH MISSION	12864
NATURE EMPOWERMENT	3091
POVERTY REDUCTION	3291
CULTURAL DEVELOPMENT	829
EDUCATION EMPOWERMENT	714
ENTREPRENEURSHIP AND ECONOMIC DEVELOPMENT	3640



EDITORIAL

DR.PREMAN JEYARATNAM



In spite of all the difficulties caused by the Covid Pandemic Kaveri kala manram (KKM) has been able work, within the Government imposed restrictions and carry on with most, if not all of its planned

activities. KKM staff were mainly working from home and the field and gathered together in the Kilinochchi office only when absolutely necessary.

What was achieved during these difficult times was remarkable and The Leprosy Mission (TLMEW) has complemented KKM on this achievement. All the initiatives for self-reliance and self-sufficiency that were promoted by KKM for many years, thankfully come useful during the time of the pandemic. As you can appreciate from the reports in this Newsletter, the beneficiaries who embraced home gardening and local cultivation were able to support themselves during the food shortages resulting from the restrictions imposed as a result of the pandemic. Thanks to the formation of 'Peoples forum for Change' the activities of KKM have now extend beyond Jaffna peninsula and the Vanni district. It is good to see that the initiatives in Batticaloa, Anurathapura and Vvunia are very active and are not only providing a prominent forum for the people affected by Leprosy but is also breaking cultural and language prejudices. We are warned that the post pandemic we would be a 'new world'. It is inspiring to see Deborah on behalf of KKM respond – "Yes. We are ready to take the responsibility

VOICE OF KKM

MRS.DEBORAH



A new world is born by Covid19. Is KKM ready to take the responsibility in this new world with a new strategy? Yes, we are ready to take the responsibility. What will we be doing in this new world? CALL THE WORLD COMMUNITIES to return to their roots. How are we going to do this? "Initiative change" and LIVE

TO LEAD.

Please clarify "Live along with nature..."

"Oh" that is KKM's Green promotion life & witness. GREAT.

When the 2nd world war ended, the world community concentrated to avoid another war in history, but currently, the whole world is experiencing a new war called "Waves of Virus" like the 1st and 2nd world wars.

The understating of the modern community is biological and virologically atomic, perhaps more powerful than an atomic bomb. Meanwhile, another powerful challenge for human beings is facing the current situation of rapid technological transformation and social media giants. Are the social media giants scaring the human beings? Will they undertake the world in their hands? Has the world community psychologically committed their lives and their herd for their rules? "YES".

"Changing is progressing", not only progressing, but changing processes is now the most important transformation. When changing processes, everything has been changed without the proper way. The current generation is seeing what they learned from history, and world changes that occurred over the last 200 years has now been happening within the last 10 years. These changes are not development based. Therefore, environment and climate change destructions have been destroying the dream of human beings.

In the midst of this "chaos" a new born world is called the "post covid world" and we can see many different kinds of people, things and environment. Covid is changing all sectors in this current world, such as politics, economy, education, culture and the belief of people.

Despite all of these changes, a new world will be more concentrated on two things: one is to protect immunity through healthy foods and the other involves boosting investment to protect the world community from natural disasters.

WHY KKM IS NEED IN THIS WORLD

KKM is an organization being in human community as way of life

1. KKM Demonstrate walking is best rather than drive vehicle because nature & your body is healing by your walk.



2. KKM Demonstrate how find food from your nature rather than consuming all food from market because reduce unnecessary expenditure & protect your health from chemical food.



3. KKM Demonstrate how you can use manual tools in your home or office rather than use electronic because reduce carbon emission & build your healthy body.



4. KKM Demonstrate how you can cultivate your own soil with natural soil perlite rather than cultivate with chemical fertilizer to protect environment & your family health.



5. KKM Demonstrate how you want maintaining solidarity with a global common identity rather than ethnicity identity because protect human values & rights in this diversity world



6. KKM Demonstrate innovative entrepreneurship thoughts rather than money goal dreams or dependency on government job because this country suffering by government servant's salary crisis. Poor people pays their taxes to fulfil government servant dreams.



7. KKM demonstrate how treat all human equally rather than discriminating people on caste & status because nature of life is demonstrating all creation equal.

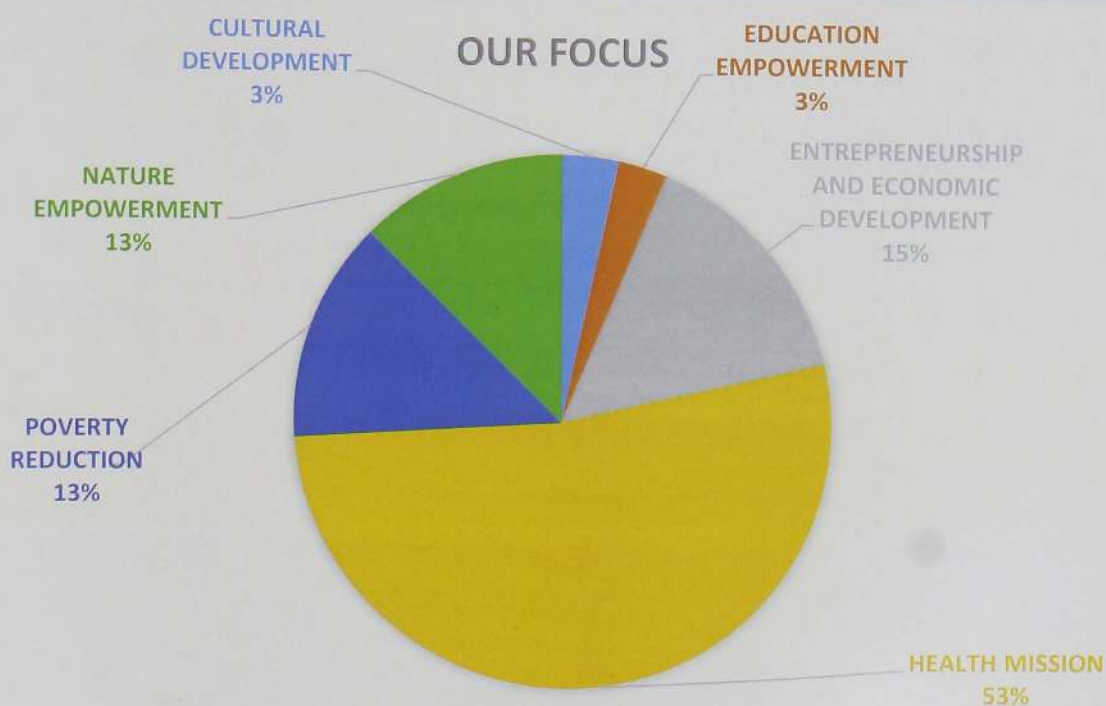


OUR ACHIEVEMENTS IN 2021

HEALTH MISSION			POVERTY REDUCTION		
Details	No of Program	No of beneficiary	Details	No of Program	No of beneficiary
Leprosy early detection	621	10909	Water and sanitation	42	1458
Leprosy Association	316	1541	Agriculture and Health empowering workshop and training	34	312
Special need children development	12	24	Agriculture and livelihood	42	1458
Nutrition development	24	390	Housing project	09	63
Total		12864	Total		3291

NATURE EMPOWERMENT			CULTURAL DEVELOPMENT		
Details	No of Program	Participants	Details	No of Program	No of beneficiary
Tree plantation	09	1271	Music training	04	72
Seed conservation	08	45	Stories writing workshops	06	25
Climate change response workshop	11	1456	Literature development	09	732
Green leaves promotion	09	319	Total		829
Total		3091			

EDUCATION EMPOWERMENT			ENTREPRENEURSHIP AND ECONOMIC DEVELOPMENT		
Details	No of Program	Participants	Details	No of Program	Participants
University scholarship	12	06	Marketing network and cooperative development	05	675
School development projects	03	672	Training for new entrepreneurs	06	122
Education scholarship for underprivileged children	12	09	Small scale cottage industry development project	01	11
Supporting Preschool education	12	27	Taste forum	40	2832
Total		714	Total		3640



HEALTH MISSION

Mission lead by : Mrs.I. Shahana

1. LEPROSY EARLY DETECTION WORK



OUR ACTIVITIES

- 1) Reduced transmission through improved early detection and treatment of leprosy.
- 2) Empowerment and increased self-reliance of people affected by leprosy through community-based rehabilitation
- 3) Reduced vulnerability through improved agriculture and nutrition for people affected by leprosy within Jaffna, Batticaloa, Mannar and Vavuniya Districts.

Covid 19 restrictions and challenges have not been a barrier in our project activities. With grace of God and a dedicated team support we have planned 402 activities under the three outcomes. With God's guidance we have completed 621 programs since January to Dec 2021 (06 months). These achievements have happened midst of COVID 19 challenges. Totally 5909 people in communities received knowledge of leprosy and to increase detection leprosy case & reduce stigma in North, North Central & Eastern province.

Specially 351 people affected by leprosy are getting benefits through these 12 months in all our activities. 62 New cases detected over this year with 05 child cases in project area with limited public awareness programs by this Pandemic lockdown.



These 05 child has been detected through 3 School screening with leprosy awareness programs. These child cases were detected in Batticaloa districts &

Anurathapuram districts during this reporting period. More child cases were detected in Batticaloa a district as a first experience for them through our leprosy awareness programs .42 Cases were detected through a strong contact survey program in Anurathapuram & Batticaloa districts from 62 new cases. 12 People affected by leprosy families with 84 members of family received water & sanitation facilities under this project. Most of the people affected by leprosy families were sharing water facilities with their neighbors. This water sharing opportunity is creating social inclusion & reducing social stigma in the community.

EYE OPENER



Kumarasingam living in Chankani village Jaffna - working as a welfare and drug and alcohol awareness officer for the Northern

Province. 'KKM' team conducted a Leprosy awareness program for the community in the community hall. As a Northern welfare officer I was lucky to be there. The awareness program was an eye opener for many. I witnessed few drug and alcohol addicts coming forward to be checked for symptoms. They were all directed to Jaffna



hospital for proper checkup. On behalf of the Northern Province welfare, drug and alcohol centers, I thank KKM and TLMEW for their good community work.

I BUILT UP STRENGTH AND COURAGE



Linusha living in Koduvamadu Batticaloa with my mother, my brother and sister. We are all schooling in Koduvamadu. My father deserted us leaving us in a difficult situation. My mother sells fire wood to the community which was the only income for daily living. As usual daily after school, I visited my friend for a chat and play with her, when

the PHI and staff of KKM were visiting them. They noticed a white patch on my cheeks, straight away directed me for a medical check-up and I was diagnosed of leprosy. Which shocked and scared our family, not knowing a full awareness of the disease.

I was lucky to have KKM team and the PHI to give me moral support, counselling, reassuring and encouraging me to continue the medication and schooling. I loved when one of the staff, like my elder sister shared her courage story when she was diagnosed of leprosy. Listening to her experiences, I built up strength and courage. I continued my medication and I am back in school. KKM provided us with a water well and motivated us to do home gardening. We have a garden of our own which produce fresh vegetables and fruits. Today we are a happy family because of all the loving and caring support given to us by KKM team and TLMEW.



A LITTLE LIGHT TO SHINE THE WAY



I am **Yogeswary Sivarasa** living in Katupulam Jaffna with my family and three children. My husband is a daily labor worker. We were struggling to live day to day without a stable income and the

basic facilities. We have to walk ½ kilo meter to get our water. During the rainy season the well get flooded with muddy water which caused infectious diseases and facing challenges after challenges throughout our life. During these difficult times in 2016 my husband and my son were diagnosed with leprosy. We were lost to this world.

KKM staff visited my family giving us the strength and support to move on with our life. They built tube well, gifted 20 coconut seedlings and vegetable plants and encouraged us to do home gardening. This was the greatest gift and a blessing in our life for healthy living. To day 10 of the coconut trees are producing enough coconuts for our income. Selling a coconut for 50 Rupees,



and seasonal vegetables, I am able to get 2000 rupees' monthly income. I am proud to say I am supporting my kid's education, eating healthy fresh food daily and living a happy life.

At present in this covid pandemic I am still continuing my business in the neighborhood and to local shops. I daily thanks to God for all blessings given to my family by AED and KKM team, giving us a sustainable life and caring support. [Watch a video](#)

A SEED.....



A seed gives many seeds when its growing as to be plant with many flowers. As like the story of seed is demonstrating the way of battle to overcome from all kind of disadvantages. KKM always promotes &

empowers to his followers plant a seed in a good soil. Mr. yoges person who affected by disability. Which was become by leprosy. He this family who living with hunger and other disadvantages challenges in this Pandemic situations. But Yoges is a good seed, he was seeking a good soil.

Now he has found himself his soil & he has been planted him on that soil. Now he is a good farmer to produce good food for his family and his community too.

[WATCH A VIDEO](#)

A CHEMICAL FREE GARDENING



I am **Dinush Nuwan** living in Anuradhapura with my family. I was a Leprosy patient and taking treatment in Anuradhapura hospital. I was determined to take my medication regularly, which helped me to cure Leprosy.

I was struggling to work as a daily labor to support my family.

We had our own home, well and land for gardening. We were manually watering the plants, which was a big challenge in summer. With the help of local PHI, KKM team came forward to support us providing a water motor, encouraging us to extend the garden and a chemical free gardening.

My garden is full of seasonal vegetables, fruits and yams which keeps generating a comfortable income for our living. At present with Covid restrictions, I continue supplying my products to local shops and neighbors.

We never stress or worry about food during these difficult times.

"Having own home garden is a blessing and gift of God"
"My family and I thank AED and KKM team for all their caring support."

PATH FOR ERADICATING LEPROSY



Saraswathi living in Kiran Batticaloa. When I was diagnosed of leprosy, I lived in fear and depression, no one to give an

awareness of the diseases or support to strengthen me. I was on regular treatment. people's forum for change team visited me giving a clear awareness, reassuring me with positive thinking and a meaning full life. Today I am an active member of people forum for change. I am always ready to support the community and I will not let anyone to live in the fear. I thank people's forum for change team for accepting me as member of PFFC to walk towards the path of eradicating leprosy.

2. LEPROSY ASSOCIATION

WHY WE ARE ?

A diagnosis of leprosy in a family can mean the loss of work, divorce or the end of marriage prospects, even for distant relatives. Therefore, those labeled as "having leprosy" are often sent away and denied a family role, in case the whole family is negatively affected. The entire (village) community considers that leprosy-affected people are a burden. Thus, leprosy stigma determines attitudes and actions that affect

OUR GOAL ...

The goal is: Development of the People's Forum for Change into an effective leprosy people's organization supporting, empowering, and advocating for the rights of people affected by leprosy.

OUR OBJECTIVES.

Strengthened capacity of The People's Forum for Change and the leprosy affected people who constitute its members.

Societal inclusion through addressing all forms of discrimination and stigma.

People's forum for change dedicate to eradicates leprosy stigma and discrimination in Sri Lanka

Stigma is a social process characterized by labeling, stereotyping, exclusion, rejection, fear, blame, devaluation and dismissal. Stigma in leprosy results in denial of equity, social justice and human rights. It is one of the major barriers to early case finding and treatment, often resulting in social and economic dislocation. Women and children are threatened even more by stigma and discrimination necessitating a special focus on their situation.

Overcoming and eliminating stigma as individuals and as a society is a critical step to full integration and participation of persons affected by leprosy and their family members into the mainstream of the community. It is important for both the person affected by leprosy and the community to have positive examples and to create a new frame of reference that replaces outdated beliefs and traditions.

People's forum for change work with persons affected by leprosy, to identify and change negative attitude beliefs and practices that are negative

Individuals and institutions responsible for health promotion should acknowledge the expertise and critical role of persons affected by leprosy and invite them to be part of the consultative group for planning the process. This involves elaborating a common goal, developing a mutual understanding of roles and responsibilities, and identifying the skills necessary for fulfilling the roles. It is also important

whole communities, not just the individual. It therefore breaks down the dignity, confidence and economic wellbeing of thousands in Sri Lanka, by damaging the aspirations and opportunities of those directly and indirectly affected by the disease.



that the media and community are held accountable for referring to the person affected by leprosy in a sensitive and dignified way.

People's forum for change Provides opportunities to share experiences, develop new attitudes and acquire new skills

Some persons affected by leprosy may develop negative attitudes about themselves resulting in self-isolation. One way to address this is to organize empowerment workshops, which provide an opportunity for sharing successes and challenges, developing new perspectives and fostering an understanding of each person's potential and usefulness to society. A successful example is the Guidelines for strengthening participation of persons affected by leprosy in leprosy services

socio-economic empowerment workshops conducted by various organizations including those led by persons affected by leprosy. Providing opportunities for individuals affected by leprosy to work in leprosy services can empower



people and further increase self-esteem. Similarly, providing opportunities for such persons to improve their economic situation through income generation programmes, helps to promote social identity within the individual's family and society and improves self-worth. This is especially important for women. Persons who have successfully redefined themselves socially can become role models for others.

GOD SEND RIGHT PEOPLE AT RIGHT TIME



I was walking down the street, lost in my thoughts. Suddenly I came across a strange man with a friendly approach, who wanted to know about the discolored patches on my face. I ignored him in anger for his behavior for stopping a lady and asking silly questions. On the following day this strange man visited me with the local PHI, made me nervous and anxious.

I have had thickened discolored skin on my face which never bothered me. When PHI explained his visit, tested me and I was identified as a leprosy patient. I have two children and I was pregnant with my third baby. When I found out that my two kids have been infected with leprosy, I was helpless, depressed, lost self-esteem and thinking the world has come to an end for my family. My nightmare of imagining the baby in my womb, praying to God for his love and guidance for a healthy leprosy free baby. I was not on treatment because of my pregnancy.

The PHI introduced Shanmugam, as a member of a group called (Thuthvan) Guardian Messenger of KKM, who shows compassion and helps people around him. No



sooner a visit from a staff member of KKM and Shanmugam, giving my family compassion, promising a bright future and pulling my family out of darkness, was God's blessing. Listening to Shanmugam's own experience of leprosy, gave me courage and hope. End of November 2021, I was blessed with a healthy baby boy like a shining star and it was an early precious Christmas gift for us.

I am grateful and value messenger Shanmugam for stepping and saving my family. I always believe that God send right people at right time for rescue. The KKM Guardian Messenger help group is committed to the empowerment of individuals, families, and communities affected by leprosy or risk of the disease. They are conducting successful awareness programmes in many other districts. My family was delighted to listen to Shanmugam's helping nature around him. Finally, Shanmugam said,

"YOU HAVE TWO HANDS, ONE TO HELP YOUR SELF THE SECOND, TO HELP OTHERS."

STOP TO DISCRIMINATION AND STIGMA



Mangayrkarasi living in Veram, Jaffna. I would like to share my experience of being a member of People forum for change Leprosy Association. Our group was formed in 2019, members get together twice a week and share our happiness and worries. Sharing our negative emotions with members whom we trust can be profoundly healing, reduces stress, and increases feelings of self-esteem. The strength and courage being in a support group," **together we can put a stop to discrimination and stigma against people with leprosy to live a normal life."**



On behalf of our members, I would like to thank Nisanka, Kunam and Amarasinga for all their support.

KKM GLOBAL CLIMATE CHANGE RESPONSE Dec 2021

01

- Members of 'People's Forum for Change' (PFFC) and other communities are able to identify their abilities and change negative attitudes, beliefs and practices.
- Increase active participation and involvement of members of PFFC and other communities. 76 members of PFFC are now involved in various leprosy prevention activities direct or indirect. This number will increase to 300
- Maintain Eco- friendly good practice in all project activities.
- All workshops and field work focus on 'no plastic' and carbon reducing and water saving practices.

3. SPECIAL NEED CHILDREN DEVELOPMENT



OUR ACTIVITIES

Family-centered care, partnerships, quality, access, affordability and acceptability that work for families and children informed families/strong communities and self-

advocacy/empowerment.

01. Special needs children & parents will maintain improved self-care and access to rehabilitation services for preventing disability

- a. Provide Self-care training.
- b. Increasing relationship between special need children family & hospital through special networking workshops
- c. Provide special wheel chairs.

02. Communities are aware of need of special need children and are actively supporting & involving in community base rehabilitation of special need children

- a. 03 special meetings with local community based organization & chambers of commerce in Chankanai & Karachi division.
- b. Special network meeting between parents & social service & probation departments.
- c. Developing Hope of Flower parents club through workshops.

03. Sustainable livelihood development through entrepreneurship or agripreneurship for fulfillment of holistic well-being of special need children families

- a. Base line survey on poverty
- b. Coconut plantation development for selected family.
- c. Increasing water facilities for agriculture & sanitation.

PROVIDE 4 SELF-CARE TRAINING



DEVELOPING HOPE OF FLOWER PARENTS CLUB THROUGH WORKSHOPS



QUAIL PROJECT DEVELOPMENT FOR SELECTED FAMILY



SPECIAL FOOD FOR WORK



3. NUTRITION DEVELOPMENT

CONTROL THE DISEASE RATHER THAN THE DISEASE CONTROL ME



Vellaiamma living in Manipam Vavuniya. I had eight children, all now married and settle down. I was diagnosed with leprosy and developed deformities of feet which restricted my mobility. A visit from

the self-care group of KKM taught me the knowledge to take care of my health. They trained me stretching exercises to prevent stiffness and contractures. Daily to soak my feet in clean water, oiling and daily massaging to prevent dry skin and ulcer. I do my exercises and keep my feet clean with discipline. KKM have taught me to control the disease rather than the disease control me. I thank the self-care team of KKM and TLMEW for all the caring support.



WE ARE GETTING FRESH VEGETABLES AND FRUITS FROM OUR OWN GARDEN



Selvarasa living with my wife in Koduvamadu Batticaloa. We are both elderly couple living by ourselves in a temporary mud hut without any basic facilities and proper food to eat. I was a leprosy patient, had deformity of

hands with clawed fingers and abnormal function of my feet. I was accidentally noticed by the local PHI one day, knowing I was a leprosy patient, PHI contacted KKM. With the support of KKM, I was given monthly nutritious food pack which helped me to stabilize my strength. They built a tube well at our home and encouraged us to do home gardening. Under their FOOD FOR WORK project during the 2020 covid 19 we were given food packets for survival and they set up a home garden for us. We started our garden with full of interest and enthusiasm. Soon we were able to get our fresh vegetables and fruits from our own garden. We are proud to tell all our neighbors and community that even during this present Covid situation we are



well managing a happy healthy life. We thank PHI, KKM and TLMEW for all their generous support given to us.

KKM GLOBAL CLIMATE CHANGE RESPONSE

02

Dec 2021

1. Provide training on mutual understanding of roles and responsibilities for members of PFFC and communities in villages, district and at national level - identifying the skills necessary for fulfilling the roles. 25 members of PFFC having the capacity to provide training on leprosy and other disabilities.
2. 250 members of PFFC and communities will be 'Ambassadors' to demonstrate nature-friendly good practices. When this project will be complete 2024 they will have planted 2500 trees in their own villages. When this project will be completed in 2024, they would have planted 2500 trees in their own villages. All members of PFFC will be maintaining drip irrigation system in their home gardens.

NATURE EMPOWERMENT

Mission lead by : Mr.A.Y.Inparasa

KKM RESPONSE ON CLIMATE CHANGE 2021

1. Religion response on climate change, Jaffna conference 01- 2021, Research papers submission.



Nature's contributions to people have been valued by people from time immemorial. Their reactions to nature had often been fear and thus worshipping it. All religions guide people to value the nature's contributions to them. Valuing seemed to have been in different forms. Saiva religion believes that God is the embodiment of the five natural elements such as land, water, fire, air and space, therefore valuing them is worshipping and managing them properly. A seminar had been organized to study several aspects of how the nature is managed in Saiva religious life. They knew that one day is not enough to study all aspects of the subject. Therefore at least to have an outline and basic aspects of it, they selected ten scholars to submit papers about it. They are



as follows:

1. Dr. S. Manonmani: "Nature Management in the Saiva Religious Life Patterns – Study based on Paripadal"
2. Prof. N. Gnanakumaran: "Human Creation and Techniques of Five Elements"
3. Emeritus Prof. A. Sanmugadas: "Worship of the Five Elements and Nature Management"
4. Dr. S. Mukunthan: "Time – Space in Saiva Tirumurais"
5. Dr. P. Santhirasekaram: "Environment in Saiva Religious Life"
6. Mr. S. Ramanarajah: "Enjoyment and Teaching Through the Management of Nature in Saiva Religious Life"
7. Mr. S. Selvamanoharan: "Management of Nature in Saiva Religious Life – A Study of the Human Physiology portrayed in Thirumanthiram"
8. Mr. A. Paunanthi: "Management of Nature in Saiva Religious Life –"
9. Mr. K. Balashanmugan: "Trees-Shrubs-Creepers in Thiruvathvuradikal Puranam"
10. Saiva Pulavar K. Rajipan: "Nature Management in Sariyai Service revealed by Saiva Siddhanta- A Study based on Sivagnana Sittiyar"



Students from University of Jaffna, Jaffna College of Education, Kopay Teachers Training College and Chavakachcheri Hindu College and Chavakachcheri Dreberg College and School students from Mannar attended this seminar. In Private conversations with students: they said that this Seminar has given them a clear picture of the nature. They also said that this is the first time they have attended such a Seminar. Three generations attended this Seminar. We understand that they all want to know more of this subject.

**Prof. A. Sanmugadas, Ph.D. (Edin.), D.Litt. (Hon. UJ)
Emeritus Professor (University of Jaffna)**

2. Partnership with Jesuit Reconciliation Solidarity Sri Lanka –JRSS to promoting climate change response in community level



Much like earlier times of pandemics, the world has been fighting a war against Coronavirus since November 2019. The tiny virus has changed and still changing the lifestyles of people all over the world. We are faced with a new normal in all our ways of operating and in all spheres of human living, whether it be religious practices, work and education or even something simple as food consumption. We are challenged to find new ways of being and acting, gathering and flourishing.

In the recent past, Sri Lanka has been badly affected by coronavirus, with deaths and those infected rising

drastically. Our major national income by tourism also continues to be severely affected. Prices of day-today needs are increased every day.

School children are forced to move from class room based education to online education. The poor children face great difficulties in coping with the system due their lack of electronic gadgets such as smart phone and laptops. Teachers fight for their salary on the streets. Farmers find it tough to sell their agricultural products. By the time the plantation tea-estate workers get their 1000/= salary, the prices go up. The politicians as usual make use of the context to politicize everything for the fulfillment of their political agenda. In this context, the Civil Society Organizations have a major role to play. We have to identify the human and natural resources in our

rural areas and support the people to utilize those resources to enhance their lives. Instead of spending our energy on the past and the future, we need to focus on our present time because our present time itself is becoming worse.

To introduce this new path, Kavarikala Mandram - a Kilinochchi based social work organization and Jesuit Reconciliation Solidarity Sri Lanka - JRSS have jointly organized and conducted a workshop for 30 Community Development Activists from 8-10 November 2021 at Hanwella.

Fr. Benny, SJ
Director-JRSS

THE GOAL

Our new normal life makes impact on 3 level:

1. Physical and psychological life
2. Environment and climate change on our life
3. Our economy

We are forced to face this situation. Instead of escaping from this situation, we are called to find out a New Way for a New Life.

SESSIONS

8th November 2021

Session 1

Topic: Investing on nature

Team: Yaazpadi- Jaffna team

The concept:

Man is the tiny living organism in the unimaginable universe. Man is the weak organisms as well. But this organism gains the first place in affecting the nature. Man thinks that nature is outside of himself/herself. He/she forgets to consider that he/she is part of the entire nature.

We believe in the life stories of the people. We mean by stories the life experience that has a powerful message to oneself and to others. The stories are the first investment of this venture. The entire workshop draws inspiration from the moving stories of the participants. Thus all the participations become the resource in this workshop.

The workshop is an invitation for community development activities for journey with the investment of their stories. Investment, here we mean a dedication to the impact.

When man and woman realize this fact the first step to invest oneself in nature.

World organizations tries to bring changes in the external factors thinking that it will lead for better environmental friendly world. But the time is inviting us to realize that fact that all human are half creating of the nature. A man or woman becomes fullness when they realize this fact. How do we realize the truth?

Day 2

Session 2

9th November 2021

Topic: Investing oneself in labour force

Group: CSC, Hatton

The concept:

Human brain has immense power. Generally it is said that an ordinary person utilizes only 10 percent of his/her brainpower. The other 20 percent is not realized. Human brain has the extraordinary power of imagination, memory, logical thinking, ability to criticize, analyze and of creative work.

If an individual's brain has such a power, what about a group of individuals 'brain-and a group of community's brain? When the human brain is properly utilized we become productive and creative. It is a role of the proactive social workers to creative common dream and action for a marginalized Community. Most of the time, the so called leaders educationalists themselves become a hindrance for the alignment of the individuals thus a common vision and dream are blocked.

In this context, the three young and dynamic community activists who are working at the CSC, Hatton come out with their personal testimonies to create a new path for a new living:

Session 3

Topic: Investing oneself in Mind and body

Group: JRSS-Vavuniya

The concept:

The first identity of a man/woman existence is his/her physical body. All the religions portray our body is a temple of God. Hence we have to take care of our body. We don't have the right to treat our body as we want.

In the world of globalization and market economy we are losing our first identity. Instead of getting brightness due to the purity of our mind, the modern generation is controlled by artificial makeup. Fast food culture draws and make our life easy living than our home based food.

We set a separate time to do physical exercise in the midst of busy schedule. In fact we no need to have a separate time for the exercise if we work at home. Exercise like gym and may build up our bodies bot not the internal organ which needs smooth blood circulation and good breathing.

Session 4

Afternoon

Topic: Investing in Food Production & Agriculture

Group: JRSS-Vanambadi-Kilinochchi

The concept:

Food Production takes different shape from time to time. If we do not produce healthy and safe food, change our cooking method, morality in food production and trade an unhealthy human society will be formed.

There is link between the food production and food consuming culture and the climate change. Agriculture and livelihood is first step in the Food Product Chain. Today's society have lost the ethics of involving agriculture and livelihood development. The chemical fertilizer and modern technology have made a negative impact. The middle man-agents of trading gain a lot out of it. This creates further impact in food Product Chain and among the consumers

In this context, we have to encourage families to get into their own food production at least 50 percent. They are the champions of the society in today's world.

Day III

10th November 2021

Session

Topic: Investing in sustainable economic development

Group: Yeani- Ladder- Kilinochchi

The concept:

The world make others to believe that sucking the blood of the labour is the only way to become rich. All our spirituality, politics, social thinking, are getting diverted towards material centred society. We understand that development means moving from less materialistic context to fully materialistic world. Hence, world has become global market. Human community has been divided into sellers and consumers.

The joy and happiness that prevail in the rural areas among the poor is found among the so called rich. The grass root social activists come forward to share their stories and demonstrate a new path for a new life.

KKM GLOBAL CLIMATE CHANGE RESPONSE Dec

2021

03

Providing training to individuals members of PFFC and communities along with departments who are involved in leprosy services, to work in leprosy services in village, district and national level.

150 members of PFFC and communities who have received leadership, championship and personal development training.

PFFC will use these 150 members in 15 villages to demonstrate carbon-reducing food cultivation practices through taste forum programmes under the title of "Choose eco-friendly products for your home"

MOVING STORIES TOWARDS SELF-SUSTAINABLE

THE SECRET OF SUCCESS

By Phalisa from Mulaitivu



I, Phalisa am living with my ten-year-old daughter in Mulivaykal. My investment in running a small cottage industry business of making handmade chili powder, and curry powder at home from scratch for my living. Freshly made chili powder is packed and labelled in bags for the supply. I sell them to the local community and local shops. I am able to get a profitable income, which helps me to educated my daughter and live a healthy comfortable life.

I have joined the local kitty (chettu) group with monthly investment. I got a return of 80000 Rupees, which helped me to invest in gold jewellery. I know for sure; gold will be always appreciated for its value and generate a good income. This investment on my business has changed my life to be an independent woman and to inspire others in my community. I thank KKM for empowering and motivating my life to be a success full business woman.

INVESTMENT CAN OFFER VALUE AND GROWTH IN MANY WAYS

By Sahnmgam from Batticaloa

MY HOME GARDEN REGAINS LIFE



I am Shanmgam, living in Batticaloa. Home grading is my life, and live in a green environment. Trusting my effort will bring successful happiness and benefit, I created my own garden, planted seeds and growing varieties of seasonal vegetables and fruit trees. My dream garden gives me real wealth of happiness and a sustainable income. Working in the garden keeps me healthy and active.

To my surprise, mother nature played her role in continuous five days of heavy rain and strong wind. It was devastating and heart breaking for me to see my plants and crops being destroyed. I was in tears and praying for natures help. I never gave up hope and trust in my garden.

I was spending time in the garden tending and caring for plants revival. I noticed the survived seedlings were sprouting out in my garden, few plants started reviving. "Never give up on your dreams and ambitions." This was another happiest moment in my life to see my garden regaining life. A garden of your own always give's real wealth good morals and happiness.

INVESTMENT IN GARDNING BRINGS NOT JUST FOOD

BUT JOY, PEACE AND REAL CONNECTION WITH CREATION.

THE SECRET OF SUCCESS IS HARD WORK

By Mohamad from Eravur- Batticaloa



I HAVE A PIECE OF LAND

I am Mohamad, living in Batticaloa and I would like to share my story on "How investments can offer value and growth

different ways" From young age I have been working to support my family, always made a point to save some money on a side. With my savings, I joined a kitty group and invested on (cheetu), I received 60,000 Rupees in return. I was working in a Mosque for living and was able to save some money too. I invested the 60,000 rupees buying gold jewelry with my savings. After couple of years, I wanted to invest in an agriculture land for a better future.

I was able to sell the jewelry which gave me a good resale value. Investing the money in an agriculture land was the most successful sustainable livelihood for my family. My son and I worked together enjoying our farm work, living a healthy life, and generating a sustainable income.

Today the land is worth couple of lacks. People in the community wants to buy our land for a higher price. The land is, our family generation investment, there is no way, I would consider selling or leasing to anyone.

Suddenly the natural disaster of continuous heavy rain and strong wind made a severe impact on garden, destroying all my crops. My plants were helpless. It was sad and heart breaking to see all my plants and crops coming to an end. My dreams were shattered. With no regret, I started my home gardening, which gives me happiness and pleasure.

A FLOWER BECOMES A STORM

By Darshana from Nadunkeni-Vavuniya North



I am Darshana, living with my daughter in Nadunkeni of Vavuniya district. My childhood life was happily living with my parents enjoying my school life never experienced any hardship. I fell in love with a handsome man, gave up my higher studies and got married.

We moved away to another village after marriage. We were happily married family, no sooner we were blessed with a baby daughter. My husband started drinking with his friends, finally he became an alcohol addict which caused family disputes and destroyed our family life. We decided to live separately, and our married relationship came to an end. I was undergoing

hardships and abuses in my life; I was helpless and suicidal. I took a brave change, to stand up on my own feet.

I strongly made up my mind to live and support my daughter, giving her the maximum comforts and the best education. I started working as a tailor in a shop for living, I gained experience as a good tailor. I was able to save some monthly income. I invested my savings on a new Sewing machine. Having my own machine at home, starting my own business, tailoring for the neighborhood and the community and having steady clients, I was able to generate a sustainable income.

My dream of buying a land and building a happy home for me and my daughter to live, came true. With my savings from my business, I was able to pay off a piece of land which my parents gifted me. I thank God for guiding me throughout my life changing my life to be a famous successful tailor. I would like to finish my inspiring story as, nothing can block a person if he/she has a proper goal in life.

POSITIVE THOUGHTS LED ME A POSITIVE LIFE

By : Sithum, SJ



The purposes of our life is to be happy. Everything that we encounter in our lives should make into joyful experiences. We should positively look at life and always need to cultivate positive thought because when we see things positively our life will be healthy and we will have peace of mind and healthy life. I believe our lives are beautiful because it has everything such as happiness, joy, sorrow, pain, etc.

In our lives, we always encounter many storms and there are many mountains to be climbed. When we were able to face the storms and able to climb the mountain that added beauty to our life.

When I look at my life, I have encountered many storms and had climbed many mountains. It was not an easy task. There

were times I found it difficult to face them and step down, but I had support and encouragement which made me face all the difficulties.

I began my life with having everything. I did not lack anything but as the day passed I began to experience the difficulties in my life. As my family went through financial problems, we had to face problems and hardship in our lives.

In the later part of my childhood, I did not have the facilities as other children had. I struggled with many things in my life among them was studying. I was not a bright student but I am an average student. I was not good at English. I did not know even the English alphabet and how to pronounce them. However, I had a great desire to learn the language but I always thought I cannot learn. That put me back and did not allow me to learn.

Although I was struggling with my studies, I did not miss the opportunity to learn English. It was hard to learn but I did not give up. It took a lot of effort to learn and finally now I can speak English. Likewise, during my degree studies at Mangalore, for Bachelor in Social Work (BSW) and in Scared Heart College, Chennai for Master in Philosophy (MA), I had the same difficulty. I was feeling so much to give up my studies. Negative ideas were pulling me back. I was fully discouraged and did not feel to continue my studies. Many

times I planned to leave but it did not succeed. I got some good companions who encouraged and pushed me. They helped me to think about everything positively and face the challenges. In that way, I was able to come out with the idea of giving up.

It is always good to keep our heart, mind, and body healthy. This is our life. If we harm ourselves, everything gets affected. I was always thinking negatively, however, when I tune myself to think positively everything began to change. I began to say YES I can. Whatever maybe I will do it and I can do it. I kept the focus on the positive aspects of my life. I felt that I was always with negativity that does not help my life and always troubled me. I need to have peace of mind and heart. How to invest a good healthy life that is to think positively and have some good friends, rest well and eat good and healthy food. Not only that we need to do some exercise too.

We are healthy people, but our thinking we become unhealthy and weak. Now I am aware of myself and always I put my heart and soul to do things. Each moment and every day cultivate positive thoughts because to have a healthy life. I need to develop positive energy in myself otherwise I will not able to have a peaceful life.

DECLARATIONS

PLANTATION COMMUNITY RESEARCH SEMINAR IN THE NEW NORMAL CONTEXT

Malayaha Thamizahars' (UP country Tamils) life begins 200 hundred years ago in the Island. The history tea production begins more than 150 years ago in the country. As the people of this sector have been living in Sri Lanka for more than 2 centuries, their basic right specially the land and housing ownership is not yet fully realized. Governments and plantation politicians periodically speak about this but so far a concrete policy is not made. Plantation politician also do not touch this fundamental rights seriously. They go for building houses for the workers but the ownership is still a question mark.

Though a lot of articles, discussions, seminars take place on various issues of the plantation community, the development process is slow. For more than 200 years, the people have been utilized only as a laborer. Our economy resource is tea and rapper. This source is in the hand of private companions in turn the labor force is on our people. Furthermore, the distance between these 2 parties always become a wider.

Malayaha trade unions, civil society organizations, NGOs, literature, research, higher educations, women movements most of the time speak the past history or motivate the younger generation to follow government based education and get out of the estates which is our mother land. The workers themselves do not see their work as a dignified work though every moment millions of

people drink tea in the world. Our younger generation do not have an urge to work in the estate rather they like to work in the cities as a daily wage labor. People who think to transform the plantation do not have a concrete action plan for this venture. In this context, we all have the responsibility to make the plantation community to become economy centered community from being from mere working labor community. All the factors that make a community as a community should support this venture. To do this, we have to create a platform for young researchers who could make new proposal to make the plantation community becoming an economy centered community.

In this context Jesuit Reconciliation Solidarity Sri Lanka-JRSS, Centre for Social Concern-CSC and Kavari Kala Mandram jointly organize a research seminar in January 2022. The proposed topic is **Transforming the Plantation Community from Labor centered Community to Economic Centered Community**. The plantation community has its own resource that is tea. This resource is a outcome of our fathers and mothers who toil in the tea garden. Hence, each laborer has the privilege to have the land and economic rights-entitlement of land and tea production.

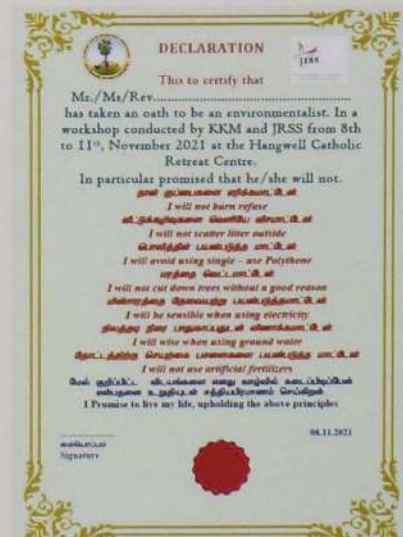
We hereby propose the following 12 sub topics for the research papers:

How the plantation community will be transformed from labor centered

community to economic centered community.

01. Through the planation basic education system?
02. Through the interventions of the CSOs
03. Through the activities of plantation trade union & political parties
04. Through plantation women forums
05. Through environmental and geographical perspective
06. Through plantation literary creations
07. Through mass and social media
08. Through religious practices
09. Through higher education and research
10. Through culture
11. Through sociological perspective
12. Through family's economy

Research papers are expected simple and experienced based presentation



FOLLOW UP ACTIVITIES :

The following two activities have been decided by KKM to conduct at The following areas:

- I. Jaffna
- II. Kilinochchi
- III. Vavuniya-Nadunkehi
- IV. Batticaloa
- V. Anuradhapura

Final competition and prize distribution at Habarana in December 2021

வெல்லப்போவது யார்!!!
விவாதப்போட்டி

பரிசு 20000.00

தலைப்பு
காலநிலை மாற்றம் தொற்றுநோய்களுக்கு காரணமாகிறதா? காரணமாகவில்லை?

விவாதப்போட்டிக்கான விதிமுறைகள்

1. சங்கத்தின் அங்கத்துவ உறுப்பினராக இருக்கவேண்டும்
2. இரண்டு தலைப்பிலும் விவாதிக்க கூடியதாக இருக்கவேண்டும். (பேட்டி நேரத்தில் தலைப்பு அறிவிக்கப்படும்)
3. தலைவர் வாதிடுவதற்கு 4 நிமிடமும் ஏனையவர்களுக்கு 3 நிமிடமும் வழங்கப்படும்.
4. ஒரு குழுவில் 4 பேர் கட்டாயமாக பங்குபற்ற வேண்டும்
5. ஒரு குழுவில் 2 ஆண்கள் 2 பெண்கள் பங்குபற்ற வேண்டும்.
6. நடுவர் தீர்ப்பே இறுதியானது.

எந்த அணியில் கூடுதலான வெற்றியாளர்கள் இடம்பெறுகிறதோ அந்த அணிக்கு 15000.00 பரிசு வழங்கப்படும்.

As a follow up of Hanwella workshop KKM has announced a debate completion among the KKM and JRSS beneficiaries.

The Topic:

Climate Change Creates Contagious Disease

YES-NO

The basic purpose of the workshop is to create an awareness among the rural people on

Climate change

Prize: 15,000/=

Elocution competition

Purpose

To make the grass root men and women to become a public speaker on sustainability and environmental issues

Topic:

My Life is an Example in My Facility Economy

Prize: 15,000/=

வெல்லப்போவது யார்!!!
பேச்சுப்போட்டி

சிறந்த கதைக்கான பரிசு

1^{ஆம்} பரிசு 10000.00
2^{ஆம்} பரிசு 8000.00

தலைப்பு
சிறந்த கதைக்கான பரிசு

குடும்ப பொருளாதாரத்தில் எனது வாழ்கை ஒரு உதாரணம்

பேச்சுப்போட்டிக்கான விதிமுறைகள்

1. சங்கத்தின் அங்கத்துவ உறுப்பினராக இருக்கவேண்டும்
2. கதையின் சாரம்சம் எழுதப்பட்டு முன்னரே சமர்ப்பிக்கப்பட வேண்டும்.
3. கதை சொல்லும் முறை கவனிக்கப்படும்.
4. 08 தொடக்கம் 10 நிமிடங்கள் பேச வேண்டும்
5. சுய பேச்சாற்றலாகவும் உண்மைத்தன்மையானதாகவும் இருக்கவேண்டும்
6. கதையின் கடந்த காலம் எதிர்காலத்தை விடவும் நிகழ் காலத்திற்கு முக்கியத்துவம் கொடுத்தல் வேண்டும்

எந்த அணியில் கூடுதலான வெற்றியாளர்கள் இடம்பெறுகிறதோ அந்த அணிக்கு 15000.00 பரிசு வழங்கப்படும்.



3.KKM GREEN PROMOTION CENTER Climate change and food behavior to reduction poverty

Sri Lanka NATURE EMPOWERMENT is rich in natural resources, with self-grown vegetables and fruits in our own surroundings. This is a gift and a boon from Mother Nature to us which has healthier values than organic productions. The community has identified 26 varieties of natural, native, edible plants, vegetables, yams, and fruits in our own gardens. Which is a worry-free gift to us. Our ancestors discovered these self-growing edible plants. They survived on these plants and lived a long happy, stress free healthy

life. We have inherited these valuable food habits from them. We will respect our soil, preserve, and nurture the self-growing plants for our future generation. Our community is neglecting, and ignoring this gift of Mother Nature's own blood and nutritious values given to us. They are trying to live on ready-made, preserved food and junk food. KKM has helped the community to the next level of promoting healthy well-being lifestyle. We have trained, conducted workshops on self-growing edible plants to the communities and chosen 10 enthusiastic ambassadors as leaders to respect, promote and preserve the natural healthy life style in northern district of Sri Lanka.

In 2021 our ambassadors will lead the community inspiring, motivating and sharing their experiences to survive on self-growing vegetables and fruits for healthy life style. We hope to achieve 500 ambassadors in 2021 to value and promote this healthy project in Illavali & Santhai divisions. This project has been made possible by the benevolence of the Shanthi Selvakumar family descendants of late Chairman Nagamuthu Pillai.



"Best things in life are free and "A great example of that are self-growing plants by NAGAMUTHU PILLAI Green leaves project"

THE GREEN GOLD -THE NATIVE LEAVES OF LIFE



I am Vimala, mother of two children, and my children brings joy and happiness in my life. I keep worrying about their health and security. My children have suffered a great deal during the covid pandemic and I am trying to boost their immune system by giving nutritious food. I was

invited for a cooking programme in Green Promotion Centre, conducted by KKM. Being first time, I was very curious and anxious about this event. To my surprise there were many ladies in the center from the community. KKM staff demonstrated many different types of cooking green leaves and educating on green native leaves for sustainable healthy life. We were taken for a tour around the garden showing the varieties of

native green leaves. Where I realized the nutritious and freely accessible greens that were treated as WEED are packed in food value.

When I reached home, to my surprise, I recognized that many edible native plants around my home. From that moment I started taking care, protecting and preserving the native gift of edible green leaves around my home. I was proud to share this experience with my friends and neighbors. I use the green leaves in our daily diet and my children really enjoy the taste.

I thank KKM for introducing me the immune boosting, native green leaves of less maintenance but giving more rewards in food value, packed with plenty of goodness and flavor. KKM have successfully conducted 38 Food Forum in different district. I really appreciate and value the KKM team for their selfless service and the way they have made a significant change in people's lives in the community.

4. SEED CONSERVATION



NEVER GIVE UP

Thaneswary living in Uttrupulam Kilinochchi, gardening is my life. I have my own chemical free home garden with many varieties of vegetables and fruits. My visit to Hope farm in Pallai encouraged and educated me to increase my garden yield. Their nursery had many varieties of plants and picketed seeds. I bought few plants such as Akathi, Kurinja, Puli keeri, and batukathari. Today these plants look healthy and always green. We are a happy healthy family eating home grown vegetables. My neighbors and friends are always welcome to help themselves. I am promoting native seeds and plants in the community for a happy healthy environment. I thank Hope farm for their encouragements and empowerment for our healthy wellbeing.



TRANSFORMATION OF MY LIFE



V.Thavamanithevi living in Uniyankulam, Kilinochchi, my visit to Hope farm in Pallai to see their varieties of native plants and seedlings transformed me to be a different person. Not only promoting the plants, educating us to take good care and maintain a chemical free gardening. Today I have many varieties of plants and herbs in my garden, which we live on and share with my neighborhood. I proud to be a useful person sharing my knowledge of gardening with in the community.



5. TREE PLANATION



ECONOMY DEVELOPMENT AND POVERTY REDUCTION

Mission lead by : Mr.Nagenthiran



1. NEW APPROACH ON POVERTY REDUCTION

I BECAME A LEADING GARDENER



I am Yogeswsry living in Kristokulam with my family of two children and my niece at home. We didn't have water facility at home, using a common well in the village. I was a Leprosy patient and facing challenges after challenges in my life.

KKM visited my family giving mental and emotional support. Encouraged me to do home gardening, providing water facility and donating coconut seedlings, vegetable plants for a start. Sooner I become a successful Gardner, earning an income for living. In during this Covid situation KKM encouraged me to continue my work. I am able to sell my products to neighbors and street shops. I am proud to say, I became a leading gardener and helping other gardeners for success. We are a happy healthy family today because of the support and care given to us by KKM and TLMEW.

FOR OUR OWN GOOD TRANSFORMATION



I Nilogini Selvarasa from Valaichani Batticaloa. We had a small home garden just for our living. The present Covid 19 restrictions has

encouraged and taught us the Great value of growing our own vegetables. Now we have extended our garden with many green leafy vegetable, melons and other vegetables. We are living a happy life eating chemical free vegetables daily. I am able to sell a small amount of vegetables to neighbors for an affordable price. I thank KKM for empowering me and providing water facility to maintain a healthy garden.

FIND YOUR SMILE



I am Dinush Nuwan living in Anuradhapura with my family. I was a Leprosy patient and taking treatment in Anuradhapura hospital. I was determined to take my medication regularly, which helped me to cure Leprosy. I was struggling to work as a daily labor to support my family.

We had our own home, well and land for gardening. We were manually watering the plants, which was a big challenge in summer. With the help of local PHI, KKM team came forward to support us providing a water motor, encouraging us to extend the garden and a chemical free gardening. My garden is full of seasonal vegetables, fruits and yams which keeps generating a comfortable income for our living. At present with Covid restrictions, I continue supplying my products to local shops and neighbors. We never stress or worry about food during these difficult times. "Having own home garden is a blessing and gift of God" My family and I thank AED and KKM team for all the caring support.

THE POSITIVE THINKING



I am Ganeshan living in Mannipam Vavuniya with my family of three children. We resettled back in our village after the civil war. We didn't have a proper roof above our head, or water facility and struggling to earn a living. During

these difficult times, I was affected by leprosy. The poverty made me to neglect my diseases and ended up infecting the whole family.

A visit from medical team and KKM staff to my family, was God send. Giving us the awareness of leprosy and treatment. The positive support of strength, comforting, empowering and providing us the water facility and home gardening by KKM was a big turning point in my life. With this inspiration.

I was spending all my time in establishing a healthy vegetable and fruit garden, which brought a sustainable income for a healthy life.

During this present covid pandemic time, I am proud to say that I am still able to provide enough fresh vegetables and fruits to my neighborhood and earn an income. I have a happy healthy family always eating healthy fresh organic sustainable food. I thank KKM for all their generous support and strength given to us when we needed to move forward in our life. As a success full gardener, my motivation to my community is "Being a farmer and knowing when others are enjoying your healthy products".

2. AGRICULTURE AND HEALTH EMPOWERING WORKSHOP AND TRAINING



Soupakiyam living in Ponnali Jaffna. When I was affected by leprosy, and gradually started losing feelings in my fingers and developed clawed fingers. I was unable to carry on my daily routine. I was selling fish in the market for living. As soon as people noticed my clawed fingers, I was ignored, and rejected, which was heart breaking and embarrassing. I had no other way of supporting my family, we were facing challenges after challenges for day-to-day survival. During these difficult times KKM team visited us providing livelihood and training me with self-care knowledge, in preventing

further damages and to take care of myself. Taking care of my fingers doing daily exercise helped me to strengthen my finger muscles and able to carry on with my daily routine.

Today I am back with my business in the market, surprising my customers. I am able to earn a good income to support my family and live a comfortable life. The KKM self-care group have been helping many leprosy affected people in many districts. The self-care group has taught us, a daily routing of inspecting our bodies for signs and injury or infections. Daily exercise to prevent joint stiffness, and soaking and oiling our skin to prevent dryness.

I thank KKM for the self- caring support for the leprosy community.

3. AGRICULTURE AND LIVELIHOOD

YOU CAN TRUST WHAT IS ON YOUR PLAT



Pilaiyan Selvarasa living in Batticaloa, I was a labor worker living below poverty line and was struggling for living. Cost of living was very expensive and high food prices have negative effects on nutritional status and health, especially among many poor people in the community, which can lead to a risk of developing serious health problems. Due to the impact of poverty and poor health, I was seriously ill in hospital and

it was heart breaking to see my family struggling for daily living. It took a while for me to recover my strength.

During these time KKM visited me introducing their new project launch on Food-For-Work for needy families. Motivating and encouraging with home gardening and providing a head start with my gardening. Training me on Eco- Friendly gardening to protect the environment and prevent the risk of climate change. KKM has opened a new chapter in my life.

Maintaining and practicing the following steps, our organic garden always looks fresh and healthy. Whole family working together in the garden gives us happiness and great bonding.



Having own garden, growing your own food has many positive effects on your physical and mental health. Eat fresh food daily and you can trust what is on your plate. It's a blessing we are a healthy happy family now. I have been sharing

my knowledge of healthy lifestyle through home gardening with my friends and neighbors.

I thank KKM for making remarkable changes in people's lives in the community.

**"YOU CAN TRUST THE FOOD ON THE PLATE
WHEN YOU HAVE YOUR OWN GARDEN"**

FRESH AND LUSH GREEN, WHICH WAS A BUNDLE OF JOY.

It was a bright beautiful sunny morning and the sun was gently raising, I stood out on the veranda, I could see a new blossom on the coconut tree, walking towards the coconut tree, the blossom welcomed me smiling and surprising me with its first blossom and spreading the fragrance of sweet heaven. I kept on looking at the coconut tree and admiring the new young blossom. My whole garden was full of flowers, fresh and lush green, which was a bundle of joy.

Suddenly I heard a voice calling me at the gate. It was a young girl, wants to know if, I have coconuts for sale. She said her mother needed five coconuts for the day for a special ritual function. I plucked five fresh coconuts from the tree. I earned 400 rupees. This was the beginning and a blessing. I was in tears of joy earning money of my own. I had no other income, always struggling to earn an income to support my family. Trying my best save a little amount to start a garden at home for living. But it was a struggle. I had hopes and dreams with my hard work and effort may be one day, I can make it happen.

During these difficult times KKM walked in to my life, with a promising bright future. Watching me struggling with children's survival, they build a tube well, donated 30 coconut seedlings and many other seasonal plants. Taking care of the coconut seedlings, watching them grow, protecting them from insects. Today, I am proud to say, I earn a comfortable income to support my children's education, and sell them in the market and to the local community. I am sure I will be successful entrepreneur one day and a great role model for my village.

I thank KKM for all their genuine support and providing a sustainable livelihood. KKM have donated nearly 1027 coconut seedlings for sustainable living for needy families in most of the districts.

4. NEW HOME AND NEW LIFE

NEW DREAM



Sisara Karunaratna living in Anuradhapura, living with my parents and two sisters. My father is a daily labor worker. I was diagnosed of leprosy in 2020 and was on continuous medication. I was depressed and worried about my future and other family members getting infected. We live in little unsafety mud house. We didn't have a toilet at home. We were able to get water from our well only in rainy seasons. In summer we have to walk up to distant river for our daily use. With my father's income we were struggling for our survival. PHI of Anuradhapura district and KKM visited us one day, willing to support us to build a safe concrete house, a toilet and a tube well. Now we live in a safety home, clean toilet to use, and healthy well water. As a family we have started our home garden, we have seasonal vegetable plants and yams. On behalf of my family I thank KKM for all their generous support giving us a happy new life. Thanking all.



CULTURAL DEVELOPMENT

Mission lead by : Mrs. Kalaivaani

1. TEACHING PARAI TO HELP THE CHILDREN



PARAI is an emblem of the Tamil culture. It is usually accompanied by folk dance which has a great importance in Tamil culture. The rhythm of Parai represents the universal heartbeat of Mother Earth, the universal goddess and mother to us all. People beat the Pari and dance to its rhythms. Parai is used in dramas, plays, weddings, temple festivals, cultural celebrations.



I am Kalivani from Katupulam Jaffna. From my young age, I had a passion and love for music, art and dancing which was an inborn gift and blessing. I always feel music gives a power of healing and music is more than just sound, it is an art with rhythm, tune and emotion and meanings.

I was encouraged and empowered by Joy Sabanathan to continue my musical journey teaching Parai to help the children in the village. I have formed a group of children in the village teaching them the significant and cultural values and diversity in the art of Parai. Children learn

with great enthusiasm, have regular practice and so far, the group have performed their talents in many cultural events.

The incredible reasons our children need arts and music in their lives is to help them with skills of expressing themselves, build up confidence, self-esteem, physical, mental strength and happiness. I am sure this programme will motivate and inspire the future generation of the community. I hope and pray, that I could continue my service connecting our children to their cultures and communities.



I thank the director of KKM Reverend Joshua for all his support, and Joy Sabanathan for all her encouragement, motivation and great support to continue my musical journey.



2. KKM FOOD CULTURE TASTE FORUM 2021

KKM taste forum established two years ago. This forum was established for two purposes.

- 1) Bring people's attention to their original food behavior to reduce poverty.
- 2) Increase immunity of those who are living in poverty.

We have completed the 42th taste forum during these last 2 years. This taste forum invites people to this Nature -based foods. They are amazing for our health as we already know, but certain foods have specific properties that have been linked to improving immune system function. It's of course important to remember to eat these foods regularly as a part of a healthy, balanced diet and live a healthy lifestyle. We have completed 42 programs in Jan to Dec in North & Eastern provinces.



3. SEEING DIVINE LORD IN MUSIC



presented in the church in Mulithuvu, and four-square church in Kilinochchi. The community highly appreciated God's gift and talent of children's dedication towards their spiritual growth. The children were awarded religious certificates and with God's grace it was a successful programme.

"CHILDREN WERE TAUGHT TO SEE, FEEL, THE LOVE OF GOD AND TRUST GOD WITH ALL THEIR HEARTS".

We will see our sweet lord in music in the work of children's ministry for Christ. KKM trained 15 children from the church in music, art and to play organ in Kilinochchi and Mullithevu under the title of "seeing the sweet lord in music." The art of bible played through audio tapes, trained the children to narrate bible stories, and drawing pictures of bible stories. An after the five-day training all the stories and art of the children were displayed in the church exhibition for the community and the organ music performance was



4. KKM PROMOTING AUTHORS TO WRITE STORIES FOR BEING IMPACT OF THE COMMUNITY DEVELOPMENT



KKM is promoting action oriented literature. A novel or short story doesn't impact in community development in human history that there is no meaning to published.

Most of the writers written their thoughts focus on entrainment basis. Only someone is concentrate that literature should be impact in human lives transformations.

Action oriented literature movement established by KKM in 2020 in Northern Sri Lanka.

This team reviews books those whose launch in the year & encourage people discuss on that how impact in community transformation.

Specially KKM is now focus two aspects

1. Hill country plantation community literature how impact in that community transformations.

KKM has plan to organize a special conference in Hill country in January 2022 to discuss above objective.

2. How Sri Lankan writers support to climate change response & economy development in Sri Lanka.



EDUCATION EMPOWERMENT

Mission lead by : Mrs. D.Thavarubini

1. SCHOOL CLASSROOM DEVELOPMENT



Sri Lanka's plantation Community has a tragic history of pervasive discrimination, exploitation and violence. Originally brought from India in the 1820s to work in Sri Lanka's plantations in conditions of slavery during colonial times, the exploitation of their labor continues to this date. The postcolonial state played a primary role in perpetuating and entrenching discrimination, firstly, by the enactment of the Citizenship Act to render the majority of the 'Indian Tamils' stateless and disenfranchised. Even though the state claims that corrective measures were taken and the statelessness is now zero, the effects are intergenerational and severe. To this date, the poverty-stricken community continues to be an invisible entity, allowed to be exploited by private and State owned companies for national and private profits, with little benefits transferred to the community.



This picture shows the paradox in life. I cannot say that the children are living in a HOUSE. House has got its own definition. This is the core of poverty. This picture not only describes their poverty but also the type of social system they have. Of course they the parents of these children have the eligibility for voting. But those who are elected by their votes never sees the houses or what?

There are many factors one has to take into consideration for this condition. History, psyche of the plantation people,

discrimination of the government etc are some of the reasons for the situation. However, instead of blaming a group or a system we can think what we can do positively to transform the community for a better living.

The paradox is that in spite of the living conditions, the children are going to school and they are smiling. They are the future. They are called to have a decent life in the same environment. Civil Society Activists and teachers have a major role to play. Some of the following activities may help to transform the community:

But now transformation has been started by Mrs Jennifer & her friends through Kaveri Kala Manram. Kavery Kala Manram had requested these following proposal to them "Eheliyagoda Tamil School in Kegale district in Sri Lanka, at present



there are 89 children studying and 13 teachers in the School. Some class rooms' buildings damaged by heavy cyclone in this School & are not safe for students to study. This School was built for

children of plantation works. Plantation community workers are living under the extreme poverty situation because they couldn't help rebuild immediately. They are waiting for government help but still have not any positive response. Therefore, school community requesting with Kaveri Kala Manram"

Now new class room established within two months with help of Jennifer & her friends with parent's labor contribution.

How this transformation going to achieved, Provincial education director said.

After this class room development from damaged situation, Now Children regardless of cultural beliefs and customs enjoy learning in a classroom that gives them ample opportunities to play, feel happy, and secure. This noticeable ambience of a classroom is giving children space for easy and safe movement. Motion permits children to move freely in the

allocated spaces, creating their own boundaries, and explore their abilities by handling different objects. Class teachers now create environments that match the age and level of the children they teach. This good classroom arrangement inspires, and encourages children to easily interact with each other and develop various skills including language, and social behavior through smart board presentations.

Previous damaged classroom physical arrangement may affect children's free movement and can result into social behavior problems, they couldn't have learnt good education from those situations. Because of this Social behavior problem erupt in places that are not well managed, have no guiding rules, and have mixed objectives to achieve.

There is five class room for 89 children we have built one class room which grade 4 children are studying.

PREVIOUS SITUATION	DEVELOPMENT WORK	NEW CLASS ROOM
Damaged wall	Rebuild wall & putting mirror window .	Now class room has safety wall with nice ventilation
Damaged wiring & dangers electric switch	New wiring work has been completed	Class room has safety wiring & electric line with bright lights
Floor damaged	Re built flooring work & completed with brushed with red paint	Class room has very safety none wet floor
School has not library	Developed a small library with 124 books , books donated by cultural department of Northern province by initiation of KKM.	All 89 children can come to grade 4 they can read books.
There is no any smart electronic device to leant modern way of education	Develop a smart board with very nice projector	All 89 children can come to grade 4 they can learn some subjects from this smart board. Specially children can get access to e-learning from national education center .



KKM GLOBAL CLIMATE CHANGE RESPONSE Dec 2021

04

- Members of PFFC and community groups form in new areas and strengthen previous groups in community , district and provincial level .
- Increase formation of 40 groups in three provinces as follows:
 1. Jaffna 14
 2. Batticolo 10
 3. Anurathapuram 08
 4. Vaviniya 08.
- Leaders of the 50 villages and members of the village council will be an 'Ambassadors' for Nature friendly life. They will be activists in "Involve your community in reducing emissions"

2. PRESCHOOL EDUCATION



Since resettlement in 2010, our biggest concern has been the protection of children's mental and physical development. Pregnant women and young children were

greatly affected by the war and the majority of current preschool age children were born during this time. Unfortunately Sri Lanka lacked a good pre-school infrastructure especially in regards to teacher training, childcare and the development of basic skills.

After the war in the northern region ended most people focused on developing infrastructure and livelihoods, we were concerned about human development, especially babies. Dr Preman and his family decided to support this concern and built a nursery school in in Malayalapuram, Killinochi. They have also provided continuous help to with project.

In the latter part of 2010 we started Thiruvalluvar Preschool and from 2010 to 2013 nearly 300 children have gone through basic education at this school. The Education Department recognised our work and realised the need to provide education for older children from seven years and above.

WELCOMING CEREMONY

The new 2021 admission children were honored and a warm welcome was given by the previous children.



SARASWATHI POOJA CELEBRATION

Even though the school was closed during the festival the last day dedicated to Goddess Saraswathi was worshiped and celebrated in school by children thanking Mother Saraswathi for her blessing and giving them the knowledge of speech, wisdom, art, music and learning.



DRAWING COMPETITION

Annual drawing competition was held for children to share and express their dreams. Children were motivated to draw, create and share their abilities with other children in the community.



CHILDREN'S DAY

The world children's day was celebrated with fun, and joy considering children are the future of our nation. The theme was building up unity of WE ARE ONE. Children from other school were invited to take part in the event.



PROMOTING NATURAL IMMUNITY FOOD HABITS.

Training and demonstration were conducted in natural immune boosting food habits for teachers and parents to reduce the risk of infection and diseases with children.



PROMOTING CASSAVA PLANTING.

Encouraged Cassava plantation by supplying Cassava cuttings to parents and neighboring community during the lockdown period.



KKM GLOBAL CLIMATE CHANGE RESPONSE Dec
2021

05

- Developing members of PFFC and communities as nature friendly organization to sustain on "Impacts of Climate Change and transforming lives of members of Leprosy People Association"
- 100 members of farmers of members of PFFC and communities along with 100 members of farmers in community will have full knowledge on improved agriculture performances and practices (yield increase practices)

3. EDUCATION SCHOLARSHIP FOR UNDERPRIVILEGED CHILDREN

TO BE AN INDEPENDENT ENTREPRENEUR



Abishan living in Uturpulam Kilinochchi, I know for sure I will be a successful leading entrepreneur one day. At present I am

studying commerce and business management. Its my mother's continuous inspirations, I chose my studies relevant to be successful poultry farming business man. My mother started with couple of free-range chickens for our domestic use. Gradually the chicken breeding turned in to a massive poultry farm. Now we have 150 chicken and different types of breeds. I was helping out my mother before and after school in the farm, where I gained the skill and knowledge in breeding chickens, maintaining their health and caring for them. My great passion is to expand and transform it into a model farm. After I graduate, I will start a business in larger scale and employ people from my community.

KKM have been supporting and inspiring my mother in many ways with the farm, not only my mother they have been empowering war widows, leprosy affected families, vulnerable families, and other needy families providing chickens for livelihood, supporting and motivating the community to become entrepreneurs.

Lately KKM team have been training us and introducing chicken feed preparations at zero cost, turning our daily kitchen waste, and native green leaves in to healthy chicken mash. This new method of chicken feed is a turning point to our community. Many of us are practicing this method which helps to reduce the cost and increase the revenue. A team of Veterinary surgeons visited our farms in the community giving a special training in breeding, and raising healthy chickens. KKM is trying to strengthen the community to be self-sufficient and empowering many young youths like me to be an independent entrepreneur.



BETTER COUNTRY AND A BETTER WORLD.



Joy Thusiyanthan living in Udupity Jaffna. At present I am studying in Advance Level. From grade seven until now KKM have been supporting me with my education and other basic needs. I will be always be great full for their genuine support of

giving me a vision of bright future.

Also, KKM has been training the senior students and young youths, the responsibilities to protect the environment, reduce the risk of climate change, to do home gardening, different methods of using natural resources in your environment and earn pocket money.

Teaching us the moral value of life, self-awareness, to be independent, to believe in yourself, cultural understanding, time management, interpersonal skills with the ability to establish good relationship with range of people in the community and our future working environment. I believe one day we young youths can be a good role model, if we put all the values in action, which will lead a better life, better society, a better country and a better world.

I appreciate the continuous hard work of KKM, creating a healthy bright future for our future generation. Once again, I thank KKM for their guidance, motivation, encouragement and their valuable time.

"BRIGHT FUTURE TRANSFORMATION"

TREASURER REPORT



As treasurer of Kaveri Kala Manram (KKM) I would like to personally thank all of the members of Board of directors and staff who are working hard to help KKM succeed financially in 2021. Your efforts are much appreciated and needed at this time.

The income that supports the activities of the KKM comes from two major sources: program revenue received from donors for pacific projects and other programs income earned by project team as workshops training & drama, and a much smaller sum that we withdraw from our own endowment under the endowment spending policies adopted by the KKM executive committee.

As you know KKM financial team is working in order to its financial Vision & Mission

Management meetings and reporting

Details	Numbers
Executing meeting	4 (virtual one)
Finance board	4 (virtual one)
Staff meeting	12 (virtual Three)
Partner's visit	Three teams
Project evaluation	01
Board of director's project visit	26
KKM Impact Newsletter	01 July
KKM newsletter	01
KKM project completion report	216
Financial audit reports	7 reports

The Kaveri Kala Manram shall plan for, monitor, & and review its accounts in order to ensure the greatest value for the charitable service.

To ensure the choice of KKM accounts that meets the charity's needs to balance best service & lowest cost.

In keeping with our mission, Kaveri kala manram has undergone major transformations over the last five years with both expansion and growth of the community work. Included in these changes were developing financial guidelines with experience, and establishing financial security for our organization through a new financial guide development policy. As the Treasurer for the KKM, and its partners and staff members, we have key responsibilities to demonstrate transparency and accountability :

- Address finance-related concerns immediately and scrupulously.
- Report the financial status to the Board of Directors & partners on time

Managing within our financial guidelines sticking to our safeguarding policies.

We have made and will continue to make a lot of positive changes for KKM. I appreciate the support of all of our partners. This is a people's organization and we know that it is very important to many to see it succeed.

All financial reports can be found on Kaveri Kala Manram's website. Please visit our website to view our fully audited financial accounts.

[\(Visit our Website\)](#)

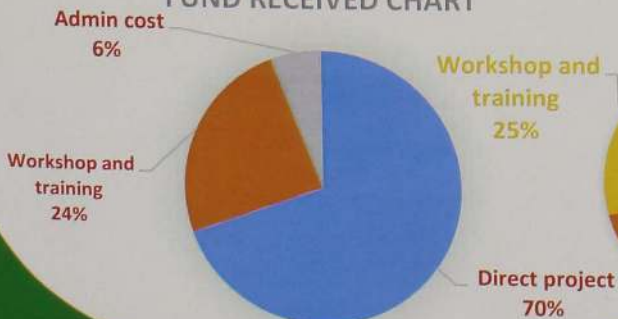
[Click Here to watch a Video](#)

With best wishes
Mr Puthisahaamane
Treasurer – KKM

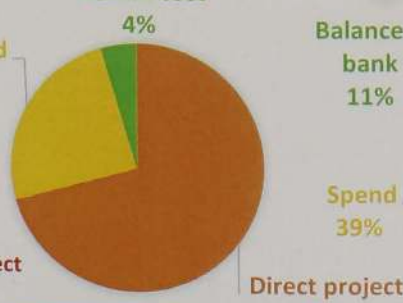
OUR FINANCIAL STATUS OF 2021

Details	Fund received	Spend	Balance in bank
Direct project	21,457,098.26	17,042,080.61	4,415,017.65
Workshop and training	7,563,033.70	5,956,496.49	1,606,537.21
Admin cost	1,826,512.74	1,097,953.60	728,559.14
Total	30,846,644.70	24,096,530.70	6,750,114.00

FUND RECEIVED CHART



SPENT CHART
Admin cost



SPENT VS BALANCE



ENTREPRENEUR COOPERATIVE SOCIETIES AND KKM BUSINESS PROMOTION

Mission lead by : Mr.M.Thibagar



The entrepreneur farmers' cooperative society consists of 18 active members from Unionkulam and 20 active

members from Uttrupulam of nominated president, vice president, treasurer and The cooperative society was formed in

2019 by KKM and now operated by the committee members on their own. Through the society we are able to stimulate the economy and make a difference in our member's life. Members are all well trained in agriculture, poultry and dairy farming. Monthly meeting is held for the members to express their views. Members are able to get a loan for small



business, and are well-disciplined in paying back the loan.

Members do voluntary work in the community. Take part in community agriculture competitions,



committee members. The society is under the guidance and leadership of the Director and advising staff of KKM.

food exhibitions, and other events. They have proved their experiences and talents winning awards as champions.

Our team as committee members and our tireless committed hard work we are able to sell our products to public and marketing enterprises. Even during Covid 19, still continuing our farming selling the products to neighbors and street shops. Cargills have sponsored couple of members to grow orange plantation and Keels have sponsored few members to grow chili plantation. I am really proud to see our members as a great successful entrepreneur.

Thank you.

“PIRAPANJA NESAM” “KINDNESS OF UNIVERSAL”

1st Monthly conference December 2021



The impacts of KKM & Leprosy people organization climate change work community youths has an increasingly social and environmental awareness in North & East provinces, the energy and knowledge to lead our

societies towards a low carbon and climate resilient future. Young people are actively engaged at local, district levels in raising awareness, running programmes, conserving our nature, promoting renewable energy, adopting environmentally friendly practices and implementing adaptation and mitigation activities. KKM & Leprosy people association along with The Jaffna treasure organization jointly organized climate change & Youth response program on December 14th in Jaffna Public library. 60 people participated from various villages & 20 people participated from various education sectors such like Jaffna University & Zonal education office.

The program was undertaken “PIRAPANJA NESAM” “Kindness of Universal” 12 climate change response activity

base calendar launched in this program with 12 environmental friendly photos. 16 youths obtained award for their environment protection contribution in village level. Two environmentally products launched in this program. Findlay PAATI OOOYIR Book launched & discussed about the impact of the book on climate change.



“Youth in Action on Climate Change: Inspirations from around the World” is a collaborative effort of the United Nations Joint Framework Initiative on Children, Youth and Climate Change aiming at

highlighting concrete activities young people are leading around the world. But Sri Lanka still people neglected climate change response or they don't have any serious action on climate change response. By the impact of KKM climate change response initiative slowly creating awareness all level of people in North & east Sri Lanka. Since January 2022 each month going to held this program with KKM & Leprosy people organization partnership along with Jaffna Treasure organization.

ENTREPRENEURSHIP AND ECONOMIC DEVELOPMENT

Post covid 19, underutilized/neglected leafy vegetables and its value-added products to strengthen agritourist of sri lanka
 Ms. R. Thusyanthini, Lecturer, Sri Lanka school of agriculture, Kilinochchi, Sri Lanka.



Maintaining a healthy, balanced diet is a key to helping immune system function properly and to improve your mood and energy levels during COVID-19. Neglected and underutilized leafy vegetables can make an important contribution to the economy, food security and nutrition requirement of Sri Lanka. Good nutrition is crucial for health, particularly during and post Covid, immune system needs to fight with the virus. In contrast, limited access to fresh foods may compromise opportunities to discontinue eating a healthy and varied diet. It potentially leads to an increased consumption of highly processed foods, which tend to be high in fats, sugars and salt.

Underutilized leafy vegetables may not be widely known outside of a specific area or region in Sri Lanka. And there is a perception that they are grown mostly in rural areas. In some places consumption of these plants is not socially acceptable by some community sectors because they are considered to be food for the poor. Underutilized leafy vegetables have local or regional importance, but generally lack of national recognition, no accessibility of information, few researches and appreciation though underutilized leafy vegetables have under-exploited potential to ensure food security, nutrition, health, income generation and environmental services.

Rev. Joshua, Director of KKM, Sri Lanka said that underutilized leafy vegetables could not be valued by Sri Lankan though which have nutritional aspects than major growing leafy vegetables. Nowadays people consume these only as medicinal purposes while very tiny percentage of Sri Lankan consume these in their

daily diet. Further who said that post Covid, will definitely make people aware to consume these underutilized leafy vegetables daily to improve their immunity. Meanwhile who mentioned that value added products of underutilized leafy vegetables would certainly improve agro tourism and export marketing then which would directly contribute for developing livelihood of Sri Lankan citizens and entire nation's economy.

Further, in 21st century many individuals often do not have the time to prepare home-cooked meals. However, at present the social distancing associated with the COVID-19 outbreak has meant that many families have been spending entire day at home, which provides new opportunities to spend the possibility to make those recipes you previously did not have time to make. Hence, this is the needy time to promote the products. In the point of national, which may create the international marketing in the direction of healthy eating. However, which needs co-operation of both agri-food and health sectors of Sri Lanka to decline existing considerable gap in the science and technology development related to strengthening the position of underutilized leafy vegetables in Sri Lanka.

According to, Rev. Joshua, Director of KKM, Sri Lanka, with his concern towards poor income families during Covid, who has been introducing various value-added underutilized leafy vegetables, such as Keerai mixture, Keerai bread, Keerai cake, Keerai Appalam, Keerai wine, keerai urukai, Keerai maravalli poriyal and Keerai sambol in Kilinochchi district Sri Lanka. Who visits households at village level and spend his time to guide people to prepare the products. With respect to that, the given table shows some of the products which have been introduced to the community in the district.



In recommendation, as it is mentioned earlier paragraph one of the main barriers to the effective integration for underutilized / neglected leafy vegetables and its' value-added products are that disconnect that exists between the agriculture, environment, health and nutrition sectors and the lack of coordination between the many actors that need to be involved. To support the process and drive the effective

mainstreaming, building capacity and establish effective research partnerships that undertake nutritional composition, and by improving awareness and understanding among the many different stakeholders, which include researchers, universities and government agencies, relevant national ministries, local governments, small-scale producers and civil society.

KKM SAFEGUARDING PRACTICE



Since the TLMEW team visited us conducting a workshop on Safeguarding in 2019, we didn't know what Safeguarding means. When we gained a clear awareness of enabling people to live free from harm, abuse and neglect, we implemented the safe guarding policy in to everyday practice. Quarterly refreshing and revising the policy, staff are well trained to be responsible to follow the 5 R's of (Recognize, Respond,

Report, Record, & Refer) Staff are confident in managing concerns and tracking actions as their main role.

Even throughout the Covid period, our beneficiaries were continuously checked of their wellbeing and safety via phone calls. We have 24x7 open line for any emergency reporting. We have been keeping a monthly record of all Safeguarding concerns and taking necessary actions. Quarterly submitting our reports at the comity meetings to the members. We are proud to say that we are maintaining and managing the safety and wellbeing of the community. Updating our report half – yearly to the TLMEW Safeguarding team leader.

Mrs Subajini,
Team Leader,
KKM- Safeguardin



Some memories ...



I would first like to congratulate the Kaveri Kala Manram family on the celebration of its silver Jubilee in 2023. Gold has been the

standard of exemplary purity and excellence since time immemorial and I am very happy to be a part of this milestone of KKM. This movement, formed in 1998 as Jeeva Oli manram then established as Kaveri Kala Manram in 2002 to provided opportunities to disadvantage communities in Sri Lanka who wanted to enter the transforming lives and participate as equals in the nation building envisioned by our culture

It is indeed a matter of satisfaction that KKM family has successfully striven for the empowerment of Communities according to it vision & mission for the last 23 years whether it was in the field of culture, co-economy development or nature friendly life. My role is in this page to bring some memories from our beautiful history in this & future newsletters.



First Drama was performed in 1999 in Jaffna



OUR JOURNEY TOWARDS SPECIAL NEWS



Seed conservation conference

We are delighted to announce to seed conservation conference October 2021. KKM Hope farm is organizing along with women famers society. This year's meeting will focus on reconnecting with our network and sharing plant conservation successes from the past two years, those

achievements we have made despite considerable adversity. As we see the light at the end of the COVID-19 tunnel, now is the time to build plans toward a collaborative future in plant conservation research among our community.!

Food, Immunity & post covid world



We extend our warm welcome to all dedicated and researchers interested in presenting their research results in the Food and Nutrition cultural practice in Sri Lanka, to partake in this remarkable 1st Conference organized by KKM & JRSS on Food and Nutrition in Nov 2021. We anticipate many Food and Nutrition experts to congregate at this extraordinary conference and take cognizance of this important educational convention to promote the position of experimentation and progress being made



Farmers dialogue 2021on Post covid world & agriculture marketing opportunities.

We are delighted to announce on Farmers dialogue 2021on Post covid world & agriculture marketing opportunities. This will be held December 2021. KKM organized this farmers dialog along with local famers societies.

World Health Organization WHO good will Ambassador magazine appreciate in is spot light about Kaveri Kala Manram Health mission work

SPOTLIGHT

BRIDGING DIFFERENCES

How leprosy work is making a contribution to peace-building in Sri Lanka.

Every year over 2,000 new cases of leprosy are diagnosed in Sri Lanka. People affected by the disease live in all parts of the island nation, belong to various ethnic groups and encounter similar challenges. Kaveri Kala Manram (KKM), an organisation in the north of Sri Lanka, has been assisting and empowering people affected by leprosy for the past 20 years in partnership with The Leprosy Mission England and Wales. Under the leadership of Reverend Joshua Sivagnam, KKM endeavors to reach out with kindness to all persons affected by leprosy, irrespective of class, ethnicity or creed. Through leprosy work, it has managed to generate goodwill and embark on peace-building in a country that continues to encounter pockets of racial disharmony and religious intolerance.

LIFE-CHANGING ENCOUNTER In 2013, members of KKM encountered Amarasinghe Manjula, a gentleman who had been diagnosed with leprosy and was facing difficulties. Although he was from a different ethnic background, KKM staff offered him the same care and assistance as they would one of their own. Once recovered, Amarasinghe, appreciative of the support and kindness he had received, joined KKM to raise leprosy awareness in his village, Bohagasveva.

Many unifying goodwill gestures started to flow from this encounter. Amarasinghe invited KKM staff to his hometown, where the residents cordially welcomed them in a traditional Sinhala ceremony. The guests fondly recall the Sinhala children sang Tamil songs in a show of solidarity and comradeship. In turn, each member of KKM's staff has chosen to financially assist a school student in the village to further

The Sinhala children sang Tamil songs in a show of solidarity and friendship

strengthen this valuable inter-racial friendship. A total of 35 school children benefit from this generous support. KKM also funds nutritious food for 102 students who attend Sunday classes at a Buddhist temple. In 2017, in a further endeavor to connect the ethnic groups, Tamil families affected by leprosy from the north traveled to meet with Sinhala families further south to share their stories and develop mutual understanding. In 2018, KKM members again ventured south to celebrate the Sinhala-Tamil New Year together. An estimated 108 people participated in the celebrations. 'A TASTE OF PEACE' Dhammananda Thero, the executive director of the Walpola Rahula Institute for Buddhist studies, visited KKM's headquarters in Kilinochchi to encourage KKM's unifying work and share his own experiences of social healing initiatives in Tamil areas such as Mullaitivu on the northeast coast. To fortify peace

building in Sri Lanka, Dhammananda Thero kindly invited KKM to visit another town called Kapitigolawale in North Central Province comprising displaced Sinhala families resettled there after ethnic unrest. It borders a Tamil community that was also displaced. In 2018, in a project aptly named 'A Taste of Peace', KKM staff and well-wishers joined families there to cook and enjoy each other's traditional dishes. In 2019, vanloads of Tamil and Sinhala families affected by leprosy from Jaffna, Bohagasveva and Kilinochchi gathered in Mullaitivu to play games, share lunch, partake in workshops and enact dramas. Divided into mixed groups, they were able to get by with a handful of words in common, some sign language and lots of laughter. It was heartening to see goodwill gestures from both ethnic groups snowballing into so many delightful encounters. In 2017, KKM started an organization called the Leprosy Association to empower persons affected by leprosy to work together to dispel myths about leprosy and eradicate the disease from Sri Lanka. Among their activities, they have assisted Muslim families affected by leprosy with sustainable housing. Earlier this year, following the bombing of churches on Easter Sunday that led to a backlash against Muslim communities, KKM and Leprosy Association members visited leprosy-affected Muslim families in Eastern Province to offer protection and promote goodwill. Many friendships continue to be forged as a result of encounters between different ethnic and faith communities affected by leprosy. In this way, KKM hopes that mutual respect, tolerance and acceptance will increase and lead to a united Sri Lanka.



காவேரி கலா மன்றம் வெள்ளி விழாவை நோக்கி

KKM BUSINESS PROMOTION

Mission lead by : Mr.Thibagar



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ருசி மசாலா



உள்ளீடுகள்	
கருவேட்டிலை	கொவ்வை
முருங்கை இலை	தவசி முருங்கை
முருங்கை பட்டை	கீழ்காய் நெல்லி
சிந்துரிஞ்சா	மொசுமொசுக்கை
முடக்கொத்தான்	முசுட்டை
ஆவாரம் பூ	மல்லி
தூதவளை	மிளகு
தளசி	நற்சீரகம்
அறுகம் புல்	கறுவா
கொட்டா	சுக்கு
தேசி	மஞ்சள்
பசுண்டூட்	செத்தல்
புளிச்சால் கீரை	கராம்பு
தேங்காய்ப்பூ கீரை	உள்ளி
சாதிக்காய்	கராம்பு

Nutrition Facts	
Moistire Content	100g 5.2
Energy	446
Carbohydrates	100g 73.1
Protein	100g 6.3
Calcium	100g 398.5
Sodium	100g 7.0
Potassium	100g 90.8
Total Sugar	100g 4.1
Fat	100g 3.3
Salt	100g 0.3

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