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FOOD AND NUTRITION STATISTICS 1982



FOOD AND NUTRITION POLICY PLANNING DIVISION,
MINISTRY OF PLAN IMPLEMENTATION,
SRI LANKA
JULY 1982.



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FOREWORD

The area of Food Policy in Sri Lanka has received a tremendous boost up during recent years with the building up of several institutions dealing with critical aspects pertaining to this policy sector.

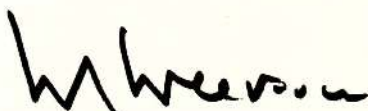
The National Food Policy Co-ordinating Committee chaired by the Secretary/Cabinet which was established in April 1979 overviews the entire food policy framework, giving high priority to policy and management issues relating to the food grain sub-sector. This Committee is responsible to Cabinet for the formulation of food policy and the co-ordination of key areas influencing policy like agricultural production, food imports distribution, pricing, marketing and storage.

The Food and Nutrition Policy Planning Division of the Ministry of Plan Implementation established in 1976 and restructured under this Ministry in 1978 services the area of food policy development in relation to nutrition objectives. One of the major roles of this Division is to incorporate nutrition considerations into food sector planning and programming as well as identifying vital nutrition components in other sectoral programmes.

The Market Assessment and Research Unit which was set up in 1979 as a specialized agency of the Agrarian Research and Training Institute undertakes market research on basic agriculture commodities and furnishes commodity outlook reports on essential food items. Action has also been taken to considerably strengthen the statistical and planning units of the Food Commissioner's Department, the Agriculture Department and the Paddy Marketing Board.

The present infrastructure development is strongly supportive of the need to refine existing information systems and also to design appropriate information sources to service specialized policy needs without duplicating the work of institutions like the Department of Census and Statistics and the Statistical Division of the Central Bank.

In view of these considerations, the release of the first statistical bulletin on Food and Nutrition is timely and would be of immense benefit to the end users of this information, viz., the Policy Planners, Research Workers, Systems Analysts and Statisticians.



Dr. W. S. Weerasooria
Secretary,
Ministry of Plan Implementation.

P R E F A C E

The purpose underlying the publication is to prepare a statistical inventory of all available data and information sources which are likely to influence food and nutrition policy planning. Statistical data relating to food production, food availability, imports, pricing, calorie intakes, consumption expenditure, nutrition and socio-economic status, demographic and health indices are assembled into a composite working document designed to assist various organizations involved in planning and research functions.

The publication provides as wide a coverage as possible and attempts to collate all kinds of fragmentary information relevant to the food, nutrition and socio-economic sectors through a 30 year period (1950-1981). The data base identified in this document will provide the initial setting from which more meaningful information systems could be derived. The information gaps evident in this document will be narrowed in future releases of this publication.

It is anticipated that this statistical bulletin will have a wide range of users. The publication will be appropriately revised and updated by the Food and Nutrition Policy Planning Division either on an annual or half-yearly basis depending on policy needs.

This assignment was undertaken on the initiative of the Food and Nutrition Policy Planning Division with technical assistance and financial support of the UN - Project SRL/78/038 - for the strengthening of Development Planning.

The Food and Nutrition Policy Planning Division wishes to gratefully acknowledge the invaluable contribution made by Dr. S.M. Hussain, U.N. Adviser for commissioning this Study and in the designing and finalization of this statistical publication. Thanks are also due to Mr. A. Kahanda, Statistician of the F & NPPD for his single-handed effort in the collection and organization of such a vast volume of data and the preparation of the final tables.

The co-operation and assistance extended towards the fulfilment of this task by the Department of Census and Statistics, the Food Commissioner's Department and the Paddy Marketing Board, the Medical Research Institute and other specialized agencies dealing with different aspects of this subject is greatly appreciated and acknowledged.



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Foreword

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DOMESTIC AVAILABILITY

TABLE 1.1 - AVAILABILITY OF FOOD - RICE

Year	Production		Imports	Estimated Total Availability
	Paddy (['] 000 Bushels)	Rice		
			(Metric Tons)	
1955	35,700	506,526	387,410	893,936
1956	26,900	381,668	478,294	859,962
1957	31,280	443,814	544,940	988,754
1958	36,600	519,296	588,892	1,108,188
1959	36,400	516,452	527,056	1,043,514
1960	43,000	610,102	540,714	1,150,816
1961	43,100	611,521	504,530	1,116,051
1962	48,000	681,044	422,651	1,103,695
1963	49,200	698,070	559,541	1,257,611
1964	50,500	716,515	555,581	1,272,096
1965	36,300	515,039	550,512	1,065,551
1966	45,700	648,410	492,353	1,140,763
1967	54,900	778,944	380,722	1,159,666
1968	64,500	915,153	349,347	1,264,500
1969	65,860	934,449	264,363	1,198,812
1970	77,447	1,098,850	534,042	1,632,892
1971	66,895	949,134	339,198	1,288,332
1972	62,901	892,465	265,781	1,158,246
1973	62,900	892,451	343,130	1,235,581
1974	76,794	1,089,585	301,825	1,391,410
1975	55,315	784,832	459,320	1,244,152
1976	60,034	851,787	425,064	1,276,851
1977	80,377	1,140,422	542,475	1,682,897
1978	90,605	1,285,541	169,202	1,454,743
1979	91,886	1,303,716	211,527	1,515,243
1980	102,237	1,450,581	189,460	1,640,041

Note : Production for each year has been taken by adding the two harvesting seasons of the same year, i.e. 1970 production refer to 1969/70 Maha and 1970 Yala production. Information on stocks is not available.

Source : Production - Department of Census and Statistics.

Imports - Food Commissioner's Department.

TABLE 1.2 - AVAILABILITY OF FOOD - WHEAT FLOUR

(Metric Tons)

Year	Production	Imports	Total Availability
1955	-	230,191	230,191
1956	-	196,364	196,364
1957	-	219,516	219,516
1958	-	199,533	199,533
1959	-	259,610	259,610
1960	-	146,713	146,713
1961	-	203,497	203,497
1962	-	216,255	216,255
1963	-	208,865	208,865
1964	-	228,915	228,915
1965	-	316,946	316,946
1966	-	268,295	268,295
1967	-	586,393	586,393
1968	-	365,156	365,156
1969	52,874	394,668	447,542
1970	59,372	374,547	433,919
1971	53,523	335,766	389,289
1972	70,538	329,134	399,672
1973	65,740	371,218	436,958
1974	48,019	448,907	496,926
1975	65,292	462,524	527,816
1976	93,639	385,855	479,494
1977	72,848	532,270	605,118
1978	61,788	612,620	674,408
1979	69,032	466,573	535,605
1980	85,177	360,956	446,133

Source : Production - State Flour Milling Corporation.
 (Production of wheat flour has started
 in December, 1968.)
 Imports - Food Commissioner's Department.

TABLE 1.3 - AVAILABILITY OF FOOD - SUGAR

Year	Production	Imports	(Metric Tons)
			Total Availability
1955	-	120,759	120,759
1956	-	159,529	159,529
1957	-	123,021	123,021
1958	-	184,205	184,205
1959	-	138,425	138,425
1960	-	189,013	189,013
1961	-	216,711	216,711
1962	5,914	177,229	183,143
1963	4,803	121,060	125,863
1964	5,661	211,898	217,559
1965	8,266	221,612	229,878
1966	7,168	236,269	243,437
1967	3,016	229,211	232,227
1968	12,505	223,042	235,547
1969	13,539	313,380	326,919
1970	14,181	243,976	258,157
1971	12,454	287,530	299,984
1972	6,627	217,086	223,713
1973	12,035	193,586	205,621
1974	19,397	42,682	62,079
1975	18,124	62,364	80,488
1976	23,275	46,667	69,942
1977	23,053	100,076	123,129
1978	25,673	164,291	189,964
1979	19,646	245,324	264,970
1980	26,289	198,978	225,267

Note : The sugar Corporation started its operations in 1962. Figures on availability relate to refined sugar only.

Source : Production - Sri Lanka Sugar Corporation.

Imports - Food Commissioner's Department.

TABLE 1.4 - PER CAPITA AVAILABILITY OF RICE, WHEAT
FLOUR AND SUGAR

Year	Kilogrammes per Head		
	Rice	Wheat Flour	Sugar
1955	102.5	26.4	13.8
1956	96.3	22.0	17.9
1957	107.9	24.0	13.4
1958	118.0	21.3	19.6
1959	108.4	27.0	14.4
1960	116.3	14.8	19.1
1961	109.8	20.0	21.3
1962	105.7	20.7	17.5
1963	118.1	19.6	11.8
1964	116.7	21.0	19.9
1965	95.4	28.4	20.6
1966	99.7	23.5	21.3
1967	99.1	50.1	19.8
1968	105.4	30.4	19.6
1969	97.8	36.5	26.7
1970	130.5	34.7	20.6
1971	102.2	30.9	23.8
1972	90.1	31.1	17.4
1973	94.4	33.4	15.7
1974	104.7	37.4	4.7
1975	92.2	39.1	6.0
1976	93.1	35.0	5.1
1977	120.7	43.4	8.8
1978	102.5	47.5	13.4
1979	104.7	37.0	18.3
1980	111.3	30.3	15.3

Source : Computed from Tables 1.1 - 1.3.

TABLE 1.5 - AVAILABILITY OF FOOD - PULSES

(Metric Tons)

Year	Production				Imports	Total Availability
	Green Gram	Cow-pea	Dhall	Total		
1960	2,093	3,951	22	6,066	64,203	70,269
1961	1,975	1,297	03	3,275	71,160	74,435
1962	2,359	1,445	76	3,880	67,432	71,312
1963	2,889	2,506	-	5,395	59,622	65,017
1964	2,564	2,388	04	4,956	88,316	93,272
1965	4,688	1,536	10	6,234	65,958	69,192
1966	2,595	2,712	01	5,306	92,152	97,458
1967	2,654	3,037	-	5,691	71,004	76,695
1968	2,654	2,595	03	5,252	66,346	71,598
1969	2,830	2,683	01	5,514	78,760	84,274
1970	2,388	3,332	-	5,720	70,838	76,558
1971	2,152	2,712	01	4,865	50,337	55,202
1972	2,595	3,184	10	5,789	92,555	98,344
1973	4,865	3,214	394	8,473	24,797	33,270
1974	5,130	3,391	240	8,761	12,540	21,301
1975	8,550	5,809	680	15,039	5,078	20,117
1976	5,690	7,577	714	13,981	22,874	36,855
1977	7,695	9,612	856	18,163	18	18,181
1978	7,607	12,354	657	20,618	-	20,618
1979	8,491	11,086	1,829	21,406	22,970	44,376
1980	14,270	16,481	475	31,226	22,740	53,966

Source : Production figures are estimates by the Department of Census and Statistics. Import figures are from Customs Returns - Sri Lanka Customs Department.

TABLE 1.6 - DOMESTIC AVAILABILITY OF FOOD - POTATOES AND ONIONS

Year	(Metric Tons)					
	Production		Imports		Total Availability	
	Potatoes	Onions	Potatoes	Onions	Potatoes	Onions
1960	841	22,962	56,635	67,040	57,476	90,002
1961	3,928	41,412	60,391	68,436	64,319	109,848
1962	1,148	37,302	55,770	79,790	56,918	117,092
1963	7,268	35,631	69,518	64,988	76,786	100,619
1964	4,721	24,975	74,754	68,829	79,475	93,804
1965	2,319	31,956	54,570	64,659	56,889	96,615
1966	7,361	31,889	61,961	63,781	69,322	95,670
1967	11,509	38,425	18,396	58,361	29,905	96,813
1968	18,270	34,923	484	48,450	18,754	83,373
1969	26,927	53,853	-	64,683	26,927	118,536
1970	31,741	41,507	186	65,865	31,927	107,372
1971	28,040	42,097	3,719	2,278	31,759	44,375
1972	31,279	43,679	5,941	8	37,220	43,687
1973	26,386	45,875	1,282	-	27,668	45,875
1974	26,896	52,798	10,024	497	36,920	53,295
1975	27,925	55,680	587	3,628	28,512	59,308
1976	27,876	58,407	870	-	28,746	58,407
1977	29,102	61,497	141	-	29,243	61,497
1978	29,097	58,424	1,288	52	30,385	58,476
1979	37,899	67,872	37	9,529	37,936	77,401
1980	51,158	66,907	11,071	17,347	62,228	84,254

Source : Production - Department of Census and Statistics
Imports - Sri Lanka Customs Department

TABLE 1.7 - AVAILABILITY OF FOOD - VEGETABLE PRODUCTION

(Metric Tons)

Item	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969	1970
Bandakka	6,460	10,507	8,656	10,674	11,598	6,032	9,998	7,432	11,651	8,864	7,968
Brinjal	9,884	21,112	12,933	14,611	26,309	12,942	17,592	11,335	12,347	13,429	13,256
Bittergourd	1,468	2,488	2,127	6,583	7,758	23,988	4,882	2,603	3,512	3,329	3,309
Snakegourd	6,050	7,275	4,558	6,550	17,743	16,976	8,530	5,206	7,352	7,991	6,886
Tomatoes	6,359	10,388	7,159	13,817	13,591	16,283	9,992	6,830	8,631	6,818	6,300
Cucumber	3,255	8,076	4,093	3,888	12,743	17,143	5,775	4,253	2,983	3,880	3,974
Cabbage	4,147	13,709	12,840	13,348	9,420	7,280	9,980	14,369	13,654	15,079	14,770
Carrots	605	1,876	1,082	5,637	1,170	1,391	988	1,551	1,322	2,118	6,696
Knolkhol	1,717	6,423	4,605	8,333	2,263	1,238	1,107	1,469	1,602	1,037	1,950
Beetroots	3,082	3,404	1,959	2,979	2,838	2,474	2,667	2,468	2,493	2,854	3,230
Beans	4,890	7,572	5,631	5,869	6,184	3,854	6,425	5,884	8,222	8,707	8,112
Leeks	1,512	2,005	789	1,783	1,039	1,087	2,596	2,675	1,555	1,021	2,111
Ash Pumpkin	3,139	6,025	3,131	7,032	8,399	6,273	3,699	3,752	3,145	5,105	3,309
Red Pumpkin	8,864	13,558	8,082	16,187	17,551	10,932	12,227	9,028	10,840	13,590	9,945
Ash Plantain	46,440	77,903	22,753	30,232	88,077	111,813	25,137	21,871	22,922	14,270	25,144

TABLE 1.7 (CONTD.) - AVAILABILITY OF FOOD - VEGETABLE PRODUCTION

(Metric Tons)

Item	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
Bandakka	4,799	9,180	10,155	5,294	9,544	9,333	9,111	12,864	22,995	23,839
Brinjal	14,730	16,528	12,470	16,077	40,714	30,420	35,185	31,855	32,959	42,590
Bittergourd	4,526	4,632	2,751	4,057	12,524	10,018	9,011	10,035	11,716	13,714
Snakegourd	7,554	6,832	7,457	7,799	11,504	14,989	12,995	13,863	24,827	22,227
Tomatoes	8,401	7,369	7,074	6,103	20,890	21,410	15,489	13,061	24,731	27,979
Cucumber	5,596	4,939	4,358	4,838	12,900	11,670	9,885	11,078	22,345	24,030
Cabbage	10,620	10,952	12,615	11,043	12,431	14,352	15,594	15,075	40,638	45,362
Carrots	1,805	1,498	1,647	1,031	2,868	3,035	2,034	4,019	6,714	5,813
Knolkhol	2,022	1,944	2,635	2,544	4,115	4,560	3,267	2,685	15,077	13,525
Beetroots	5,510	1,532	2,940	2,969	3,378	3,796	3,465	3,992	9,140	10,476
Beans	7,966	8,155	10,358	8,374	13,807	12,130	10,556	10,881	18,432	20,628
Leeks	2,521	1,402	2,087	2,076	8,659	8,231	8,152	2,854	6,740	6,764
Ash Pumpkin	3,422	3,280	4,809	3,257	11,598	9,416	7,333	5,780	10,589	9,256
Red Pumpkin	12,795	12,382	11,174	11,594	41,709	36,082	30,918	25,056	42,439	42,787
Ash Plantain	30,639	25,821	32,162	34,752	54,163	54,084	53,496	52,672	96,802	96,718

Note : Production figures are rough estimates based on the primary reports made at the village level.

Source : Department of Census and Statistics.

TABLE 1.8 - AVAILABILITY OF FOOD - MILK & MILK PRODUCTS

Year	Production	Imports		
	Fresh Milk (^{'000} Litres)	Powdered Milk	Condensed Milk	Butter and Butter Oil
		(Metric Tons)		
1960	110,237	7,059	9,919	1,487
1961	118,255	6,390	7,515	1,729
1962	100,955	6,748	10,233	1,495
1963	145,473	7,369	9,844	1,519
1964	178,815	8,816	9,786	1,532
1965	172,973	12,802	8,204	999
1966	161,953	11,946	9,632	1,227
1967	157,121	11,984	6,985	905
1968	172,208	11,971	5,628	1,012
1969	159,405	11,145	204	175
1970	161,489	12,575	2,462	1,558
1971	171,599	10,369	1	27
1972	165,838	9,834	1,989	217
1973	170,752	10,177	-	4
1974	179,015	9,798	-	4
1975	214,360	7,774	500	5
1976	250,532	9,508	43	1,168
1977	266,148	14,666	2,389	889
1978	267,585	24,749	6,487	1,083
1979	260,624	23,433	5,218	1,372
1980	283,656	20,832	1,462	866

Source : Production - Department of Census and Statistics.

Imports - Sri Lanka Customs Department.

TABLE 1.9 - AVAILABILITY OF FOOD - MEAT
(Metric Tons)

Year	Animals Slaughtered					Meat Production			
	Neat Cattle	Buffaloes	Goat & Sheep	Pigs	Beef	Mutton	Pork		
1960	179,276	466	123,935	12,908	12,254.1	1,236.5	468.3		
1961	181,946	462	125,453	11,566	12,434.6	1,251.7	419.6		
1962	214,880	697	123,600	16,101	14,704.9	1,233.2	584.2		
1963	183,077	15,339	121,430	13,406	14,367.0	1,211.5	486.4		
1964	187,065	23,501	129,185	14,505	15,656.9	1,288.9	526.3		
1965	201,663	13,848	140,166	13,735	15,446.1	1,398.5	498.3		
1966	213,673	55,642	139,282	17,162	15,239.6	1,389.7	622.7		
1967	217,957	5,177	160,717	19,954	15,472.6	1,603.5	723.9		
1968	229,239	3,454	146,325	18,612	16,024.8	1,459.9	675.3		
1969	237,413	3,336	125,903	18,542	16,567.1	1,256.2	672.7		
1970	234,720	3,343	130,503	18,499	16,383.9	1,302.1	671.2		
1971	251,850	3,710	122,762	22,188	17,595.7	1,224.8	805.0		
1972	242,324	1,994	113,773	20,524	16,733.7	1,135.2	744.6		
1973	251,154	1,405	124,725	16,859	17,260.2	1,244.4	611.7		
1974	247,756	366	137,502	15,481	16,899.6	1,371.9	561.7		
1975	246,022	230	141,340	12,881	16,764.7	1,410.2	467.3		
1976	222,493	485	133,360	13,236	15,196.5	1,330.6	480.2		
1977	194,911	29	128,156	19,077	13,262.6	1,278.7	692.1		
1978	189,269	29	126,876	18,426	12,878.6	1,265.9	668.5		
1979	175,158	07	123,630	23,021	11,916.9	1,233.5	835.2		
1980	178,048	-	136,877	31,508	12,112.0	1,365.7	1,143.1		

Note : The number of animals slaughtered at slaughter houses for consumption, having obtained licences from the Local Government bodies, is included here. Meat Production is estimated on the basis of animals slaughtered by using conversion factors. Neat Cattle (150 lbs. per head), Buffaloes (250 lbs. per head), Goat and Sheep (22 lbs. per head) and Pigs (80 lbs. per head).

Source : Department of Census and Statistics.

TABLE 1.10 - DOMESTIC AVAILABILITY OF FOOD - EGGS*

(Millions)	
Year	Productions
1960	193
1961	208
1962	204
1963	354
1964	378
1965	360
1966	384
1967	385
1968	444
1969	430
1970	431
1971	477
1972	582
1973	466
1974	406
1975	372
1976	365
1977	379
1978	360
1979	432
1980	544

Source : Department of Census and Statistics.

TABLE 1.110 - AVAILABILITY OF FOOD - FISH

(Thousand Metric Tons)

Year	Production (Millions)		Exports	Imports	Estimated Total Availability (Wet-Weight Equivalent)	
	Production	Production			Production	Production
1950	42.4	0.0	-	65.4	190.8	151.4
1951	36.6	0.0	-	76.0	190.8	163.3
1952	25.4	0.0	-	78.0	190.8	155.4
1953	25.5	0.0	-	74.0	190.8	148.9
1954	29.6	0.0	-	71.7	190.8	149.1
1955	31.3	0.0	-	76.5	190.8	158.8
1956	40.3	0.0	-	83.2	190.8	179.0
1957	38.8	0.0	-	78.9	190.8	170.3
1958	41.3	0.0	-	99.0	190.8	206.3
1959	46.4	0.0	-	96.5	190.8	207.3
1960	52.5	0.0	-	102.2	190.8	222.9
1961	64.1	0.0	-	80.5	190.8	198.3
1962	84.7	0.1	0.1	58.3	190.8	181.8
1963	93.3	0.1	0.1	64.3	190.8	200.4
1964	102.2	0.2	0.2	82.9	190.8	240.2
1965	95.2	0.1	0.1	76.5	190.8	222.6
1966	105.3	0.2	0.2	101.8	190.8	274.8
1967	115.4	0.3	0.3	84.4	190.8	255.8
1968	109.0	0.4	0.4	74.3	190.8	232.5
1969	99.7	0.2	0.2	69.0	190.8	214.5
1970	98.2	0.3	0.3	82.8	190.8	235.9
1971	85.2	-	-	38.0	190.8	148.5
1972	101.6	0.2	0.2	41.5	190.8	170.6
1973	100.6	-	-	22.0	190.8	137.3
1974	110.6	1.4	1.4	16.7	190.8	137.0
1975	129.1	1.0	1.0	15.1	190.8	153.3
1976	135.8	1.8	1.8	7.5	190.8	146.5
1977	138.8	2.0	2.0	5.1	190.8	145.3
1978	156.5	3.0	3.0	5.1	190.8	162.0
1979	168.4	4.0	4.0	19.3	190.8	196.6
1980	187.7	2.3	2.3	12.4	190.8	206.1

Note : Wet-Weight Equivalent of Dried Fish = 1.667

Source : Ministry of Fisheries.

TABLE 1.12 - AVAILABILITY OF FOOD - COCONUTS

(Million Nuts)

Year	Production	Export (Nut Equivalent)	Domestic Availability
1950	1,982	1,039	943
1951	2,238	1,270	968
1952	2,455	1,462	993
1953	2,288	1,269	1,019
1954	2,203	1,180	1,023
1955	2,420	1,542	878
1956	2,374	1,429	945
1957	2,108	962	1,146
1958	2,109	935	1,174
1959	2,313	1,140	1,173
1960	2,183	976	1,207
1961	2,601	1,360	1,241
1962	2,811	1,537	1,274
1963	2,549	1,216	1,333
1964	2,991	1,626	1,365
1965	2,676	1,279	1,397
1966	2,461	1,029	1,432
1967	2,416	950	1,466
1968	2,601	1,103	1,498
1969	2,440	905	1,535
1970	2,510	887	1,623
1971	2,610	1,109	1,501
1972	2,963	1,231	1,732
1973	1,935	351	1,584
1974	2,031	495	1,536
1975	2,398	914	1,484
1976	2,330	794	1,536
1977	1,821	233	1,588
1978	2,207	507	1,700
1979	2,393	561	1,832
1980	2,026	242	1,784
1981	2,258	239	2,019

Source : Central Bank of Ceylon
Coconut Development Authority.

TABLE 1.13 - AVAILABILITY OF FOOD - COCONUT OIL

(Metric Tons)

Year	Estimated Production	Exports	Domestic Availability
1950	110,250	76,928	33,322
1951	145,875	111,538	34,337
1952	143,500	108,420	35,080
1953	130,000	95,065	34,935
1954	106,000	70,156	35,844
1955	137,375	38,976	98,399
1956	125,500	86,447	39,053
1957	66,024	55,044	10,980
1958	72,178	45,133	27,045
1959	95,169	70,709	24,460
1960	98,885	56,401	42,484
1961	130,527	93,300	37,227
1962	148,714	103,305	45,409
1963	152,552	82,363	70,189
1964	162,881	119,439	43,442
1965	141,183	38,287	102,896
1966	123,502	74,032	49,470
1967	113,785	67,774	46,011
1968	110,570	64,067	46,503
1969	111,738	56,061	55,677
1970	108,182	57,880	50,302
1971	131,600	70,545	61,055
1972	132,813	86,822	45,991
1973	61,400	18,350	43,050
1974	64,855	21,845	43,010
1975	120,263	54,472	65,791
1976	100,196	60,608	39,588
1977	49,160	9,108	40,052
1978	80,089	30,326	49,763
1979	100,397	32,408	67,989
1980	62,535	3,043	59,492
1981	75,668	17,476	58,192

Source : Coconut Development Authority
Department of Customs.

TABLE 1.14 - AVAILABILITY OF FOOD BY ITEM 1950 - 1980

Year	(Thousand Metric Tons)							
	Grains			Meat	Eggs	Fish	Milk	Oils & Fats
	Rice	Wheat Flour	Other Grains					
1950	969.5	186.0	29.9	20.3	10.4	71.7	99.5	201.5
1951	1,206.62	203.88	35.69	26.88	10.81	75.19	102.42	260.05
1952	958.00	221.67	31.48	20.81	11.94	67.57	123.61	256.55
1953	963.83	281.35	51.17	20.80	13.67	66.32	127.52	253.17
1954	1,244.56	230.51	60.10	24.36	14.21	69.38	130.04	210.59
1955	1,300.98	182.08	43.57	25.67	14.13	74.36	130.44	263.40
1956	1,291.55	190.38	23.93	25.39	8.90	76.30	106.46	249.55
1957	1,406.31	192.80	41.64	25.15	9.43	85.23	106.62	192.21
1958	1,368.18	201.20	34.16	25.41	9.29	97.18	103.78	181.89
1959	1,616.09	205.01	35.59	28.60	11.17	100.06	116.93	223.06
1960	1,677.87	222.47	38.98	24.67	11.44	109.49	109.52	203.47
1961	1,655.39	185.26	38.57	18.11	12.95	106.38	112.84	267.44
1962	1,611.72	172.60	36.22	20.39	12.12	121.46	101.47	283.52
1963	1,902.16	210.31	44.39	20.80	20.10	129.72	139.00	249.59
1964	1,648.58	235.40	37.76	21.95	21.48	142.61	168.29	324.40
1965	1,845.15	243.68	37.37	22.05	20.50	125.34	181.62	288.94
1966	1,859.91	322.86	35.81	22.74	21.80	172.40	157.10	271.71
1967	1,674.36	471.50	50.76	19.13	21.84	153.75	150.55	249.60
1968	1,804.59	398.84	39.78	20.89	25.22	186.21	161.80	246.76
1969	1,855.93	393.65	38.37	23.64	24.42	184.42	150.66	235.94
1970	2,119.38	376.39	31.15	21.56	24.46	147.36	156.17	259.56
1971	2,016.11	303.81	26.45	24.70	27.10	77.96	170.56	277.83
1972	1,851.38	437.45	30.90	22.69	33.04	140.36	217.64	69.75
1973	1,833.15	458.04	41.97	22.54	26.47	145.32	230.38	138.51
1974	2,052.11	436.68	48.36	16.13	20.03	134.63	166.06	148.63
1975	1,735.07	524.69	57.31	21.04	21.13	151.70	193.30	254.09
1976	1,987.95	556.74	55.98	19.39	20.71	154.11	224.31	193.45
1977	2,404.38	607.80	65.02	17.62	21.54	149.59	243.28	124.67
1978	2,199.84	647.42	44.83	17.43	20.43	203.24	252.60	190.35
1979	2,117.66	556.18	38.99	17.01	24.51	199.07	252.70	237.63
1980	2,365.39	324.53	40.78	17.44	30.89	221.67	266.19	165.43

Note : Data based on Food Balance Sheets may not tally with figures shown in Tables 1.1 - 1.13.

Source : Department of Census and Statistics - Based on Food Balance Sheet.

TABLE 1.15 - PER CAPITA AVAILABILITY OF FOOD FOR SELECTED ITEMS 1950-1980.

(Kilogrammes per Head)

Year	Grains			Meat	Eggs	Fish	Milk	Oils & Fats
	Rice	Wheat Flour	Other Grains					
1950	80.3	24.6	3.1	2.6	1.40	7.20	13.20	3.90
1951	100.81	26.16	3.63	3.47	1.40	7.05	13.23	3.95
1952	75.69	27.92	3.10	2.61	1.50	5.73	15.57	3.91
1953	75.00	34.50	5.18	2.54	1.68	5.36	15.64	3.94
1954	96.18	27.49	6.22	2.95	1.69	5.22	15.52	3.92
1955	97.80	21.20	4.36	3.00	1.65	4.68	15.08	3.95
1956	94.45	21.52	2.26	2.84	1.00	5.12	10.87	3.26
1957	99.95	21.04	3.89	2.74	1.03	5.53	11.63	3.70
1958	94.13	21.38	3.08	2.72	0.97	7.12	11.05	3.66
1959	109.49	21.11	3.14	2.97	1.14	7.15	12.15	3.67
1960	110.24	22.31	3.36	2.50	1.13	7.50	11.07	3.66
1961	109.14	20.89	3.24	1.79	1.25	6.45	11.10	3.68
1962	99.79	16.41	2.97	1.96	1.14	7.57	9.71	3.66
1963	115.68	19.57	3.55	1.94	1.84	8.40	12.99	3.66
1964	97.18	21.32	2.96	2.01	1.92	9.52	15.33	3.68
1965	107.85	21.66	2.86	1.98	1.80	7.86	16.26	3.61
1966	105.68	27.98	2.68	1.98	1.87	10.98	13.71	3.63
1967	92.37	39.49	3.74	1.63	1.83	9.29	12.81	3.61
1968	97.28	32.91	2.84	1.74	2.06	11.08	13.42	3.62
1969	98.18	31.79	2.67	1.93	1.96	10.81	11.56	3.65
1970	109.84	39.51	2.15	1.71	1.92	8.25	12.05	4.20
1971	103.15	23.44	1.88	1.77	2.00	7.28	12.97	4.05
1972	91.89	33.15	1.77	1.73	2.49	8.29	16.01	4.08
1973	89.53	34.28	2.68	1.71	1.96	7.84	16.37	3.03
1974	99.01	32.60	3.06	1.20	1.47	6.46	11.17	2.56
1975	82.43	38.57	3.58	1.86	1.52	7.00	11.52	3.20
1976	94.02	40.55	3.47	1.41	1.48	6.88	12.42	2.37
1977	109.00	43.00	4.01	1.26	1.52	6.19	13.87	3.03
1978	97.18	45.04	2.73	1.29	1.41	9.66	14.60	2.89
1979	91.87	37.92	2.30	1.18	1.66	8.95	14.77	3.96
1980	101.03	21.41	2.37	1.19	2.06	9.32	15.57	3.45

Note : Figures based on Food Balance Sheet

Source : Department of Census and Statistics.

PRICES

TABLE 2.1 - GUARANTEED PRICE OF PADDY

Period	Price (Rs./Bushel)
1948 to 1951 July	8.00
1951 August to 1952 August	9.00
1952 September to 1967 October	12.00
1967 November to 1972 October	14.00
1972 November to 1973 February 14th	15.00
1973 February 15th to 1973 September 30th	18.00
1973 October 1st to 1974 March 28th	25.00
1974 March 30th to 1974 July 10th	30.00
1974 July 11th to 1974 November 15th	33.00
1977 November 16th to 1980 November 6th	40.00
1980 November 6th to 1981 January 29th	50.00
1981 January 30th	52.50
1981 November 22nd	57.50

Source : Paddy Marketing Board.

TABLE 2.2 - PRODUCER PRICES OF PADDY IN SELECTED DISTRICTS

District/Months	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
<u>Matara</u>										
<u>Maha</u>										
January	13.66	13.56	14.85	65.00	n.a.	41.67	37.12	n.a.	39.96	46.15
February	13.75	14.04	n.a.	50.00	n.a.	38.40	36.55	n.a.	39.46	45.81
March	13.25	14.13	n.a.	n.a.	n.a.	35.85	39.33	39.76	39.46	44.63
<u>Yala</u>										
July	13.78	14.33	n.a.	60.00	n.a.	37.73	33.37	40.03	40.94	45.43
August	13.47	14.00	n.a.	n.a.	n.a.	38.47	33.16	40.18	40.55	47.11
September	16.17	14.03	14.85	n.a.	n.a.	39.00	35.34	39.76	40.40	57.36
<u>Hambantota</u>										
<u>Maha</u>										
February	n.a.	n.a.	n.a.	35.00	n.a.	42.50	39.50	42.50	38.75	46.83
March	13.57	n.a.	n.a.	30.00	n.a.	34.25	40.33	43.39	40.78	45.47
April	13.00	n.a.	n.a.	35.00	n.a.	33.87	38.11	38.18	42.75	43.33
May	13.67	n.a.	n.a.	35.00	n.a.	36.83	34.00	40.66	40.44	47.11
June	13.66	n.a.	n.a.	40.00	n.a.	36.45	34.83	41.00	40.67	48.55
<u>Yala</u>										
August	n.a.	n.a.	n.a.	n.a.	n.a.	41.66	34.00	45.00	42.50	56.57
September	n.a.	n.a.	n.a.	n.a.	n.a.	34.66	34.50	42.50	43.11	55.67
October	13.88	n.a.	27.00	n.a.	32.80	40.50	34.00	39.00	43.86	56.44
November	14.25	n.a.	34.00	n.a.	38.75	38.66	40.83	40.00	44.39	69.33
December	14.33	n.a.	33.00	n.a.	32.50	41.66	42.50	40.00	46.00	69.48
<u>Batticaloa</u>										
<u>Maha</u>										
January	14.00	14.00	n.a.	n.a.	n.a.	42.00	41.50	40.00	44.33	48.86
February	14.00	12.72	n.a.	n.a.	n.a.	31.25	31.00	39.47	40.06	40.79
March	14.00	13.11	18.00	n.a.	n.a.	30.20	32.75	40.11	40.31	41.05
April	14.00	14.33	18.00	n.a.	n.a.	30.00	30.50	39.80	38.59	44.17
May	14.00	14.33	18.00	n.a.	n.a.	35.20	30.80	40.72	39.52	46.68
<u>Yala</u>										
July	14.00	15.67	n.a.	n.a.	n.a.	39.00	30.60	40.00	43.83	51.45
August	14.00	14.67	n.a.	n.a.	n.a.	40.00	30.20	44.17	45.31	58.50
September	14.00	n.a.	18.67	n.a.	n.a.	35.77	29.00	41.79	44.90	55.78

TABLE 2.2 (CONTD.) - PRODUCER PRICES OF PADDY IN SELECTED DISTRICTS

District/Months	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
<u>Amparai</u>										
<u>Maha</u>										
February	14.00	16.06	18.00	n.a.	36.00	35.50	35.17	43.30	40.61	43.12
March	14.00	15.83	18.00	32.00	36.00	34.33	34.36	39.44	41.86	41.07
April	13.33	15.23	18.00	32.00	36.00	34.75	34.13	39.90	40.06	40.93
<u>Yala</u>										
July	14.17	14.50	21.33	39.00	n.a.	38.11	34.12	40.29	40.82	44.62
August	14.00	15.28	21.67	36.00	n.a.	35.72	31.44	42.24	40.47	51.54
September	14.06	14.94	26.67	37.00	n.a.	35.90	30.19	41.18	40.68	51.01
October	14.00	14.94	31.56	40.00	35.00	n.a.	31.13	41.50	40.58	55.83
<u>Anuradhapura</u>										
<u>Maha</u>										
March	12.69	16.00	17.72	28.33	41.67	32.21	35.50	37.75	36.84	39.30
April	10.50	15.33	17.79	30.00	n.a.	31.40	30.48	34.11	37.27	37.38
May	12.50	14.75	18.28	30.00	37.50	38.18	30.96	39.98	37.51	39.98
June	13.04	15.00	18.40	35.00	n.a.	34.39	31.65	36.82	36.97	45.25
<u>Ylla</u>										
August	12.42	16.00	19.16	32.50	50.00	39.50	31.28	40.21	40.77	53.13
September	13.44	14.50	19.47	34.00	48.33	36.73	33.40	37.60	40.59	57.19
October	13.50	14.50	28.28	42.50	36.08	36.64	38.86	36.64	40.25	58.53
<u>Polonnaruwa</u>										
<u>Maha</u>										
February	14.00	15.00	n.a.	40.00	40.00	41.00	35.00	38.00	39.33	43.00
March	14.00	14.00	n.a.	30.00	40.00	35.10	34.00	38.00	39.00	41.60
April	14.00	14.00	n.a.	n.a.	48.00	35.00	31.00	39.66	39.50	40.30
<u>Yala</u>										
August	15.00	14.00	25.00	35.00	n.a.	39.33	30.33	40.00	39.62	53.00
September	14.87	14.00	25.00	33.00	40.00	37.00	33.50	39.00	41.62	56.67
October	14.50	14.00	30.00	35.00	40.00	37.00	32.00	39.20	42.00	56.60

Note : n.a. Not available.

Source : Department of Census and Statistics.

TABLE 2.3 - RICE PRICES FOR CONSUMERS 1970 - 1981

Period	Price
<u>1970</u>	
(From 01.01.70 to 25.09.70)	One measure free.
(From 26.09.70 to 31.12.70)	One measure free and an extra measure -/75 cts.
<u>1971</u>	
(From 01.01.71 to 13.11.71)	One measure free and an extra measure -/75 cts.
(From 14.11.71 to 31.12.71)	One measure free and an extra measure Rs.1/-
<u>1972</u>	
(From 01.01.72 to 31.12.72)	One measure free and an extra measure Rs. 1/-
<u>1973</u>	
(From 01.01.73 to 17.02.73)	One measure free and an extra measure Rs.1/-
(From 18.02.73 to 11.03.73)	One measure free and an extra measure Rs.1/60
(From 12.03.73 to 30.09.73)	One measure free and an extra measure Rs.1/40
(From 01.10.73 to 28.10.73)	Only $\frac{1}{2}$ measure (Equivalent to 1 lb.)free.
(From 29.10.73 to 31.12.73)	$\frac{1}{2}$ measure free any extra quantity when available to be issued as sold, was issued Rs.2/-per measure.
<u>1974</u>	
(From 01.01.74 to 14.04.74)	$\frac{1}{2}$ measure free extra quantity sold, if any Rs.2/- per measure.
(From 15.04.74 to 10.07.74)	$\frac{1}{2}$ measure free extra quantity sold, if any Rs.2/30 per measure.
(From 11.07.74 to 04.08.74)	$\frac{1}{2}$ measure free extra quantity sold,if any Rs.2/50 per measure.
(From 05.08.74 to 31.12.74)	$\frac{1}{2}$ measure free extra quantity sold, if any Rs.2/20 per measure.
<u>1975</u>	
(From 01.01.75 to 09.11.75)	$\frac{1}{2}$ measure free extra quantity,if any,sold Rs.2/20 per measure.
(From 10.11.75 to 31.12.75)	$\frac{1}{2}$ measure free extra quantity,if any, sold Rs.2/- per measure.
<u>1976</u>	
(From 01.01.76 to 31.12.76)	$\frac{1}{2}$ measure free extra quantity, if any, sold Rs.2/- per measure.
<u>1977</u>	
(From 01.01.77 to 31.12.77)	$\frac{1}{2}$ measure free extra quantity,if any, sold Rs.2/- per measure.

TABLE 2.3 (CONTD.) - RICE PRICES FOR CONSUMERS 1970 - 1981

Period	Price
<u>1978</u>	
(From 01.01.78 to 31.12.78)	½ measure free extra quantity, if any, sold @ Rs.2/- per measure. (To ration book holders)
(From 30.01.78 to 31.12.78)	Off-ration rice was available to all consumers Rs.2/90 and Rs.3/10 per measure.
<u>1979</u>	
(From 01.01.79 to 31.08.79)	½ measure free extra quantity, if any, sold Rs.2/- per measure (to ration book holders) off-ration rice to all consumers Rs.2/90 and Rs.3/10 per measure.
(From 01.09.79 to 31.12.79)	The food stamp scheme replaced the rationing scheme, rice was available for food stamps at the following prices :-
	Local raw rice - Rs.1/60 per lb.
	Local par-boiled - Rs.1/62½ per lb.
	Imported raw rice - Rs.1/80 per lb.
	Imported par-boiled - Rs.1/82½ per lb.
<u>1980</u>	
(From 01.01.80 to 20.01.80)	Local raw rice - Rs.1/60 per lb. Local par-boiled - Rs.1/62½ per lb. Imported raw rice - Rs.1/80 per lb. Imported par-boiled - Rs.1/82½ per lb.
(From 21.01.80 to 22.02.80)	Local raw rice - Rs.1/78 per lb. Local par-boiled - Rs.1/78 per lb. Imported raw rice - Rs.1/90 per lb. Imported par-boiled - Rs.2/00 per lb.
(From 23.02.80 to 31.08.80)	Local raw rice - Rs.1/78 per lb. Local par-boiled - Rs.1/78 per lb. Imported raw rice - Rs.2/17 per lb. Imported par-boiled - Rs.2/17 per lb.
(From 01.09.80 to 31.12.80)	Local raw rice - Rs.4/60 per kg. Local par-boiled - Rs.4/60 per kg. Imported raw-rice - Rs.4/60 per kg. Imported par-boiled - Rs.4/60 per kg.
<u>1981</u>	
(From 01.01.81 to 18.01.81)	Local raw rice - Rs.4/60 per kg. Local par-boiled - Rs.4/60 per kg. Imported raw rice - Rs.4/60 per kg. Imported par-boiled - Rs.4/60 per kg.
(From 19.01.81 to 01.02.81)	Local raw rice - Rs.5/65 per kg. Local par-boiled - Rs.5/65 per kg. Imported raw rice - Rs.5/65 per kg. Imported par-boiled - Rs.5/65 per kg.
(From 02.02.81 to)	Local raw rice - Rs.5/65 per kg. Local par-boiled - Rs.5/65 per kg. Imported raw rice - Rs.6/15 per kg. Imported par-boiled - Rs.6/15 per kg.

Note : Measure is equal to 2 Lbs.

Source : Food Commissioner's Department
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TABLE 2.4 - PADDY MARKETING BOARD ISSUE FOR RICE 1972 - 1980

Period	Grade	Wholesale Price			Retail Price		
		Rs./bag of 160 lbs.			Rs./Measure		
		Samba	P.B	Raw	Samba	P.B.	Raw
31.07.1972 - 31.01.1973	I	122.00	105.00	-	-	-	-
	II	115.00	102.00	-	-	-	-
01.02.1973 - 18.02.1973	I	122.00	103.00	102.00	1.60	1.35	1.35
	II	113.00	100.00	97.00	-	-	-
19.02.1973 - 02.03.1973	I	162.00	146.00	138.00	2.00	1.80	1.70
	II	154.00	138.00	-	-	-	-
03.03.1973 - 06.03.1973	I	154.00	138.00	130.00	2.00	1.80	1.70
	II	146.00	130.00	122.00	1.90	1.70	1.60
	III	134.00	122.00	-	1.75	1.60	-
07.03.1973 - 30.09.1973	I	146.00	126.00	118.00	1.90	1.65	1.55
	II	138.00	118.00	110.00	1.80	1.55	1.45
	III	114.00	106.00	-	1.50	1.40	-
01.10.1973 - 31.03.1974	I	182.00	166.00	162.00	2.35	2.15	2.10
	II	176.00	160.00	154.00	2.30	2.10	2.00
	III	166.00	154.00	-	2.15	2.00	-
01.04.1974 - 14.07.1974	I	222.00	206.00	202.00	2.85	2.65	2.60
	II	218.00	202.00	194.00	2.80	2.60	2.50
	III	206.00	194.00	-	2.65	2.50	-
15.07.1974 - 16.03.1975	I	250.00	242.00	226.00	3.20	3.10	2.90
	II	246.00	238.00	218.00	3.15	3.05	2.80
	III	234.00	230.00	-	3.00	2.95	-
17.03.1975 - 30.03.1976	I	266.00	258.00	242.00	3.40	3.30	3.10
	II	262.00	254.00	234.00	3.35	3.25	3.00
	III	250.00	246.00	212.00	3.20	3.15	2.85
01.04.1976 - 24.02.1977	I	250.00	242.00	226.00	3.20	3.10	2.90
	II	246.00	238.00	218.00	3.15	3.05	2.80
	III	234.00	230.00	-	3.00	2.95	-
25.02.1977 - 31.05.1977	I	244.00	236.00	220.00	3.05	2.95	2.75
	II	240.00	232.00	212.00	3.00	2.90	2.65
	III	228.00	224.00	-	2.85	2.80	-

TABLE 2.4. (CONTD.) - PADDY MARKETING BOARD ISSUE FOR RICE 1972 - 1980

Period	Grade	Wholesale Price			Retail Price		
		Rs./bag of 160 lbs.			Rs./Measure		
		Samba	P.B.	Raw.	Samba	P.B.	Raw
01.06.1977 - 31.12.1977	I	236.00	228.00	212.00	2.95	2.85	2.65
	II	232.00	224.00	204.00	2.90	2.80	2.55
	III	220.00	216.00	-	2.75	2.70	-
01.01.1978 - 30.09.1978	I	280.00	248.00	232.00	3.50	3.10	2.90
	II	272.00	244.00	-	3.40	3.05	-
01.10.1978 - 26.12.1978	I	256.00	248.00	236.00	3.30	3.10	3.00
	II	248.00	-	-	3.20	-	-
27.12.1978 - 09.01.1979	I	304.00	256.00	272.00	3.90	3.30	3.50
	II	288.00	248.00	256.00	3.70	3.20	3.30
	III	272.00	240.00	240.00	3.50	3.10	3.10
10.01.1979 - 15.07.1979	I	288.00	-	-	3.70	-	-
	II	280.00	-	-	3.60	-	-
	III	264.00	-	-	3.40	-	-
16.07.1979 - 03.12.1979	I	272.00	264.00	264.00	3.60	3.35	3.33
	II	264.00	260.00	263.00	3.40	3.25	3.30
04.12.1979 - 30.06.1980	I	290.00	268.00	266.00	3.75	3.45	3.40
	II	274.00	262.00	264.00	3.55	3.35	3.35
01.07.1980 - 31.08.1980	I	290.00	267.00	267.00	4.30	3.90	3.90
	II	277.00	263.00	263.00	4.10	3.80	3.80
01.09.1980 - 16.10.1980	I	335.00	312.00	312.00	4.95	4.60	4.60
	II	318.00	-	-	4.70	-	-
17.10.1980 - 31.12.1980	I	331.00	306.00	306.00	4.95	4.60	4.60
	II	313.00	-	-	4.70	-	-
01.01.1981 - 01.11.1981	I	395.00	378.00	378.00	5.90	5.65	5.65
	II	381.00	-	-	5.70	-	-
12.11.1981	I	406.00	388.00	385.00	6.10	5.80	5.75

Note : Measure is equal to 21lbs, Prices since July 1980 are in Rs./bag of 70 kilograms

Source : Paddy Marketing Board.

TABLE 2.5 - WHEAT FLOUR RETAIL PRICES 1970 - 1981

Period	Price
<u>1970</u>	
(From 01.01.70 to 31.12.70)	Rs. 0.33 Per Lb.
<u>1971</u>	
(From 01.01.71 to 31.12.71)	Rs. 0.33 Per Lb.
<u>1972</u>	
(From 01.01.72 to 31.12.72)	Rs. 0.33 Per Lb.
<u>1973</u>	
(From 01.01.73 to 10.01.73)	Rs. 0.33 Per Lb.
(From 11.01.73 to 31.05.73)	Rs. 0.38 Per Lb.
(From 01.06.73 to 30.09.73)	Rs. 0.48 Per Lb.
(From 01.10.73 to 31.12.73)	(Rationed) Rs. 0.70 Per Lb. (To Consumers) Rs. 0.84 Per Lb. (To Bakers) (Flour to Consumers was Rationed)
<u>1974</u>	
(From 01.01.74 to 04.08.74)	Rs. 0.70 Per Lb. (To Consumers) Rs. 0.84 Per Lb. (To Bakers)
(From 05.08.74 to 31.12.74)	Rs. 1.10 Per Lb.
<u>1975</u>	
(From 01.01.75 to 31.12.75)	Rs. 1.10 Per Lb. (Flour De-rationed from 31.03.75)
<u>1976</u>	
(From 01.01.76 to 07.07.76)	Rs. 1.10 Per Lb.
(From 08.07.76 to 03.11.76)	Rs. 0.86 Per Lb.
(From 04.11.76 to 31.12.76)	Rs. 0.80 Per Lb.
<u>1977</u>	
(From 01.01.77 to 11.08.77)	Rs. 0.80 Per Lb.
(From 12.08.77 to 31.12.77)	Rs. 0.60 Per Lb.

TABLE 2.5 (CONTD.) - WHEAT FLOUR RETAIL PRICES 1970-1981

Period	Price
<u>1978</u>	
(From 01.01.78 to 04.05.78)	Rs. 0.60 Per Lb.
(From 05.05.78 to 17.06.78)	Rs. 0.72 Per Lb.
(From 19.06.78 to 20.08.78)	Rs. 0.85 Per Lb.
(From 21.08.78 to 31.12.78)	Rs. 1.12 Per Lb.
<u>1979</u>	
(From 01.01.79 to 29.07.79)	Rs. 1.12 Per Lb.
(From 30.07.79 to 30.09.79)	Rs. 1.30 Per Lb.
(From 01.10.79 to 31.12.79)	Rs. 1.36 Per Lb.
<u>1980</u>	
(From 01.01.80 to 20.01.80)	Rs. 1.36 Per Lb.
(From 21.01.80 to 22.02.80)	Rs. 1.50 Per Lb.
(From 23.02.80 to 02.11.80)	Rs. 2.37 Per Lb.
(From 03.11.80 to 31.12.80)	Rs. 4.40 Per Kg. (Continental Flour)
	Rs. 5.22 Per Kg. (Prima Flour)
<u>1981</u>	
(From 01.01.81 to 01.02.81)	Rs. 4.40 Per Kg. (Continental Flour)
	Rs. 5.22 Per Kg. (Prima Flour)
(From 09.03.81 to 18.09.81)	Rs. 5.50 Per Kg.
(From 19.09.81 to)	Rs. 6.65 Per Kg.

Source : Food Commissioner's Department.

TABLE 2.6 - SUGAR RETAIL PRICES 1970 - 1981

Year and Date	Price
<u>1970</u>	
(From 01.01.70 to 31.12.70)	Rs. 0.72 Per Lb.
<u>1971</u>	
(From 01.01.71 to 10.11.71)	Rs. 0.72 Per Lb.
(From 11.11.71 to 31.12.71)	Sugar Rationed to Consumers. Rs. 0.72 Per Lb. Off-Rationed Sugar was available at Rs. 1.50 (Brown) Rs. 2.50 (White)
<u>1972</u>	
(From 01.01.72 to 17.11.72)	- do -
(From 18.11.72 to 31.12.72)	Rationed Sugar Rs. 0.72 Per Lb. Off-Rationed White Sugar Rs. 2.00 Per Lb.
<u>1973</u>	
(From 01.01.73 to 31.12.73)	- do -
<u>1974</u>	
(From 01.01.74 to 28.02.74)	- do -
(From 01.03.74 to 19.09.74)	Rationed Sugar Rs. 0.72 Per Lb. Off-Rationed Sugar Rs. 5.00 Per Lb. (Both Brown and White).
(From 20.09.74 to 31.12.74)	Rationed Sugar at Rs. 0.72 Per Lb. Only to Tourise Hotels, Restaurants, Government Canteens, Industrial Institutions, etc.
<u>1975</u>	
(From 01.01.75 to 27.04.75)	- do -
(From 28.04.75 to 04.11.75)	Rationed Sugar Rs. 0.72 Per Lb. Off-Rationed Sugar available to all consumers Rs. 7.50 Per Lb.
(From 05.11.75 to 31.12.75)	Off-Rationed Sugar price reduced to Rs. 6.00 Per Lb.
<u>1976</u>	
(From 01.01.76 to 31.12.76)	- do -

TABLE 2.6 (CONTD.) - SUGAR RETAIL PRICES 1970-1981

Year and Date	Price
<u>1977</u>	
(From 01.01.77 to 14.03.77)	Rationed Sugar Rs. 0.72 Per Lb.
	Off-Rationed Sugar Rs. 6.00 Per Lb.
(From 15.03.77 to 17.11.77)	Off-Rationed Sugar price reduced to Rs. 3.00 Per Lb.
<u>1978</u>	
(From 01.10.78 to 31.12.78)	Rationed Sugar Rs. 0.72 Per Lb.
	Off-Rationed Sugar Rs. 3.00 Per Lb.
<u>1979</u>	
(From 01.01.79 to 31.08.79)	Rationed Sugar Rs. 0.72 Per Lb.
	Off-Rationed Sugar Rs. 3.00 Per Lb.
(From 01.09.79 to 31.12.79)	Sugar Derationed and Price Rs. 3.00 Per Lb.
<u>1980</u>	
(From 01.01.80 to 20.01.80)	Rs. 3.00 Per.Lb.
(From 21.01.80 to 18.05.80)	Rs. 4.50 Per Lb.
(From 19.05.80 to 31.08.80)	Rs. 6.00 Per Lb.
(From 01.09.80 to 31.12.80)	Rs. 6.60 Per Lb.
<u>1981</u>	
(From 01.01.81 to 01.02.81)	Rs. 6.60 Per Lb.
(From 02.02.81 to 10.04.81)	Rs.17.50 Per Kg.
(From 11.04.81 to 18.09.81)	Rs.16.50 Per Kg.
(From 19.09.81 to)	Rs.15.50 Per Kg.

Source : Food Commissioner's Department.

TABLE 2.7 - IMPORTS PRICE OF RICE, SUGAR AND WHEAT FLOUR

(Rupees)

Year	Rice		Sugar		Wheat Flour	
	Value per		Value per		Value per	
	Metric Ton	Kg.	Metric Ton	Kg.	Metric Ton	Kg.
1955	571.75	.57	444.29	.44	374.91	.37
1956	551.31	.55	511.57	.51	358.94	.36
1957	468.66	.47	592.15	.59	391.56	.39
1958	403.87	.40	394.12	.39	335.89	.36
1959	536.88	.54	425.89	.43	408.70	.41
1960	448.10	.45	362.05	.36	442.56	.44
1961	430.75	.43	360.29	.36	341.45	.34
1962	587.34	.59	324.82	.32	408.37	.41
1963	436.33	.44	1,029.79	1.03	403.10	.40
1964	508.70	.51	823.38	.82	435.62	.44
1965	620.85	.62	379.75	.38	429.13	.43
1966	530.64	.53	318.25	.32	451.55	.45
1967	630.22	.63	308.74	.31	399.73	.40
1968	987.59	.99	406.73	.41	598.29	.60
1969	799.60	.80	452.66	.45	382.59	.38
1970	660.54	.66	623.70	.62	601.78	.60
1971	554.22	.55	831.31	.83	620.82	.62
1972	535.65	.54	1,149.71	1.15	656.72	.66
1973	938.13	.94	1,724.49	1.72	1,234.39	1.23
1974	2,610.68	2.61	3,140.76	3.14	2,206.55	2.21
1975	2,132.97	2.13	4,370.81	4.37	2,260.64	2.26
1976	1,702.95	1.70	2,748.75	2.75	2,023.61	2.02
1977	1,742.44	1.74	1,952.03	1.95	1,671.77	1.67
1978	3,749.88	3.75	3,592.12	3.59	3,405.10	3.41
1979	4,210.68	4.21	3,815.83	3.82	3,574.28	3.57
1980	4,652.90	4.65	10,183.10	10.18	5,055.83	5.06

Note : Prices are C.I.F. Value

Source : Food Commissioner's Department.

TABLE 2.8 - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN ANNUAL AVERAGES

(Rupees)

Year	R i c e				Wheat		P u l s e s					
	Rationed	Un- subsidised	Par-boiled (Local)	Raw (Local)	Flour	Bread	Dhall (Mysore)		Gram (Whole)		Gram Green	
	Measure	Measure	Measure	Measure	Lbs.	Lbs.	Measure		Measure		Measure	
		a	b	b			a	b	a	b	a	b
1950	0.54	-	0.75	0.75	0.27	0.29	0.99	0.88	0.76	0.70	0.87	0.75
1951	0.25	0.70	0.73	0.73	0.23	0.25	1.20	1.09	0.78	0.71	0.82	0.73
1952	0.25	0.87	0.88	0.86	0.23	0.25	1.23	1.11	0.77	0.75	0.78	0.76
1953	0.42	0.88	1.11	1.11	0.23	0.25	1.05	0.97	0.78	0.76	0.85	0.87
1954	0.55	0.90	0.86	0.86	0.23	0.25	0.86	0.81	0.71	0.70	0.80	0.75
1955	0.52	0.90	0.78	0.78	0.23	0.25	0.67	0.66	-	0.61	0.61	0.61
1956	0.44	0.90	0.78	0.74	0.23	0.25	0.77	0.74	-	0.66	0.66	0.67
1957	0.40	0.90	0.81	0.78	0.23	0.25	0.93	0.92	-	0.79	0.85	0.88
1958	0.36	0.90	0.86	0.80	0.23	0.25	1.05	1.05	-	0.85	0.91	0.93
1959	0.35	0.90	0.86	0.81	0.23	0.25	1.08	1.29	-	0.84	0.85	0.91
1960	0.28	-	0.84	0.77	0.23	0.25	0.96	1.33	-	0.81	0.82	0.86
1961	0.25	-	0.83	0.79	0.25	0.27	0.99	1.27	-	0.76	0.73	0.77
1962	0.25	-	0.83	0.81	0.28	0.29	1.01	1.32	-	0.84	0.87	0.88
1963	0.25	-	0.83	0.82	0.26	0.27	0.99	1.22	0.74	0.79	0.87	0.88
1964	0.25	-	0.88	0.85	0.23	0.25	0.95	1.07	0.74	0.80	0.87	0.89
1965	0.25	-	0.88	0.83	0.23	0.25	0.96	1.10	0.84	0.83	0.87	0.91
1966	0.25	-	0.85	0.79	0.25	0.27	0.95	1.08	-	0.84	0.84	0.85
1967	Free	-	1.13	1.09	0.28	0.30	1.03	1.43	-	0.98	0.89	0.97
1968	Free	-	1.22	1.17	0.33	0.35	1.04	-	1.02	1.17	1.03	1.25
1969	Free	-	1.23	1.19	0.33	0.35	1.04	-	0.96	1.01	1.14	1.15
1970	Free	-	1.21	1.18	0.33	0.35	1.04	1.60	-	-	1.16	1.16
1971	Free	-	1.19	1.15	0.33	0.35	1.04	-	0.88	-	-	-
1972	Free	-	1.41	1.32	0.33	0.35	1.04	-	1.11	1.39	2.55	2.55
1973	Free	1.36 (c)	2.70	2.69	0.49	0.51	1.04	-	1.74	-	-	-
1974	Free	2.27 (c)	4.76	4.55	0.86	0.93	1.04	-	-	-	-	8.00
1975	Free	2.17 (c)	3.34	3.27	1.10	0.98	-	-	-	-	9.60	9.32
1976	Free	2.00 (c)	3.06	3.00	0.98	0.89	-	-	-	-	8.80	9.47
1977	Free	2.00 (c)	2.86	2.89	0.72	0.69	-	-	-	-	7.76	8.74
1978	Free	2.00 (c)	3.16	3.20	0.84	0.79	8.00	-	6.35	-	7.77	8.68
1979	-	-	3.35	3.49	1.21	1.09	8.48	-	-	-	8.83	9.79
1980	-	-	4.16	4.35	2.21	1.93	11.39	-	-	-	13.63	12.67

Notes : (a) Price of the Co-operative Stores.

(b) Open market prices.

(c) Annual Average of controlled price of second paid measure - rationed rice.

TABLE 2.8 (CONID.) - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN

ANNUAL AVERAGES

(Rupees)

Year	C u r r y S t u f f s																	
	Tomatoes No. 2		Chillies		Corriander		Salt		Saffron		Tamarind		Garlic		Vinegar		Coffee Seed	
	Lbs.		Lbs.		Lbs.		Measure		Lbs.		Lbs.		Lbs.		Bottle		Lbs.	
	b	a	b	a	b	a	b	a	b	a	b	a	b	a	b	a	b	
1950	0.49	1.40	1.38	0.74	0.78	0.13	0.12	0.74	0.74	0.27	0.30	0.68	0.74	0.66	0.65	-	-	
1951	0.71	1.46	1.44	1.03	1.02	0.13	0.12	0.64	0.73	0.31	0.34	0.82	0.88	0.64	0.67	-	-	
1952	0.72	1.33	1.28	0.56	0.63	0.14	0.12	0.51	0.70	0.30	0.35	0.89	1.06	0.64	0.68	-	3.01	
1953	0.64	1.29	1.26	0.43	0.53	0.13	0.12	0.50	0.68	0.32	0.37	0.87	1.13	0.64	0.67	2.95	2.96	
1954	0.60	1.51	1.49	0.47	0.52	0.13	0.12	0.76	0.91	0.35	0.41	0.86	0.99	0.64	0.67	3.43	3.44	
1955	0.62	1.22	1.17	0.52	0.56	0.13	0.12	1.06	1.19	0.39	0.42	0.80	0.86	0.64	0.68	2.84	2.72	
1956	0.70	1.24	1.23	0.62	0.63	0.14	0.13	0.92	1.05	0.36	0.40	0.87	0.94	0.64	0.69	2.32	2.34	
1957	0.72	1.28	1.34	0.55	0.60	0.14	0.14	0.59	0.83	0.36	0.40	0.82	0.92	0.65	0.72	2.39	2.33	
1958	0.71	0.96	1.05	0.47	0.54	0.12	0.13	0.60	0.81	0.38	0.41	0.81	0.97	0.66	0.73	2.41	2.49	
1959	0.68	0.88	1.03	0.43	0.49	0.12	0.12	0.65	0.84	0.39	0.42	0.87	1.03	0.71	0.77	2.38	2.50	
1960	0.71	1.25	1.37	0.40	0.58	0.12	0.12	0.70	0.84	0.46	0.52	0.95	1.09	0.70	0.75	2.06	2.10	
1961	0.68	1.14	1.23	0.74	0.79	0.12	0.12	0.61	0.79	0.51	1.19	0.92	1.00	0.71	0.74	2.33	2.65	
1962	0.64	1.09	1.17	0.56	0.64	0.12	0.15	0.69	0.78	0.50	1.66	0.92	1.05	0.69	0.73	2.81 ^{d/}	4.90	
1963	0.60	1.23	1.27	0.48	0.52	0.12	0.14	0.76	0.85	0.50	1.08	0.87	1.00	0.71	0.74	3.97	3.99	
1964	0.58	1.23	1.31	0.48	0.49	0.12	0.14	0.87	0.91	0.49	0.92	0.82	0.95	0.72	0.75	3.62	3.55	
1965	0.64	1.26	1.41	0.49	0.59	0.07	0.08	0.98	1.02	0.49	0.88	0.92	1.07	0.74	0.75	3.50	3.41	
1966	0.59	1.47	1.90	0.50	0.62	0.07	0.08	0.94	1.03	0.49	0.93	0.89	1.17	0.73	0.74	3.30	3.32	
1967	0.49	1.63	3.27	0.78	2.00	0.06	0.07	0.85	0.95	0.48	0.77	1.27	2.34	0.75	0.76	3.49	3.50	
1968	0.57	1.60	4.00	0.82	0.94	0.16	0.16	0.90	1.55	0.67	0.99	1.27	1.07	0.75	0.83	3.37	3.28	
1969	0.59	1.60	3.28	0.84	0.84	0.09	0.09	2.46	3.49	1.33	1.33	0.76	0.99	0.83	0.96	3.00	3.10	
1970	0.73	1.60	4.18	0.84	0.86	0.09	0.10	3.56	4.14	1.64	1.57	1.22	1.54	0.91	1.05	2.95	2.77 ^{d/}	
1971	0.82	1.60	4.18	0.84	1.06	0.09	0.10	2.02	2.36	1.55	1.57	1.82	2.03	1.09	1.16	2.25	2.77	
1972	0.76	4.78	7.25	0.84	0.84	0.09	0.10	1.80	3.02	1.43	1.72	2.05	2.71	1.17	1.24	2.51	2.66	
1973	1.19	9.60	9.70	0.86	0.93	0.26	0.28	1.98	4.72	1.48	1.53	3.05	3.24	1.17	-	-	-	
1974	1.07	12.82	13.20	0.91	0.92	0.30	0.40	2.05	-	0.91	1.12	4.08	-	2.03	2.00	5.20	2.90	
1975	1.10	12.24	13.34	1.09	2.14	0.30	0.40	13.20	14.32	1.06	1.41	3.59	9.19	2.51	2.40	5.94	5.81	
1976	1.58	14.11	15.24	1.36	3.16	0.30	0.40	11.16	11.54	1.19	2.22	3.28	9.00	2.60	2.60	5.87	14.11	
1977	2.51	11.99	12.71	1.48	4.00	0.30	0.40	6.12	8.25	1.87	2.11	3.03	8.25	2.70	2.85	-	26.29	
1978	2.29	8.22	10.22	3.40	6.25	0.32	0.45	6.35	12.06	1.80	1.88	5.15	10.43	2.96	3.06	-	19.10	
1979	2.52	9.99	12.36	3.49	3.45	0.45	0.50	13.34	15.49	3.08	6.81	4.91	6.14	3.67	3.70	-	23.44	
1980	3.29	11.92	13.85	4.06	4.07	0.62	0.73	12.05	13.79	2.66	3.23	4.07	4.47	4.09	4.39	-	27.28	

^{d/} From 1962 onwards price at the co-operative stores are of local variety and 1970 onwards open market prices also for local variety.

TABLE 2.8 (CONTD.) - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN

ANNUAL AVERAGES

(Rupees)

Year	C U R R Y S T U F S															
	Mathe Seed		Suduru		Maduru		Mustard		Lime	Onions Red		Onions Bombay	Coconuts	Coconut Oil	Potatoes	
	Lbs.	Lbs.	Lbs.	Lbs.	Lbs.	Lbs.	Measure	Each	Lbs.	Lbs.	Lbs.	Lbs.	Each	Bottle	Lbs.	
1950	0.55	0.66	1.03	1.04	0.58	0.69	1.73	1.35	0.03	0.27	0.34	0.25	0.28	0.19	1.05	-
1951	0.62	0.71	1.21	1.26	0.75	0.90	1.20	0.97	0.04	0.26	0.45	0.29	0.35	0.22	1.34	-
1952	0.49	0.68	1.16	1.25	1.15	1.25	1.49	1.43	0.04	0.37	0.74	0.39	0.42	0.18	0.87	0.30
1953	0.44	0.63	1.03	1.14	1.12	1.24	2.18	2.29	0.04	0.36	0.47	0.29	0.31	0.23	1.03	0.30
1954	0.46	0.64	0.91	1.10	0.72	1.01	3.77	3.87	0.04	0.48	0.56	0.21	0.23	0.21	0.99	0.24
1955	0.47	0.64	0.84	1.02	0.62	0.88	2.12	2.37	0.05	0.32	0.35	0.22	0.23	0.17	0.86	0.27
1956	0.49	0.67	0.81	0.94	0.61	0.83	1.69	2.17	0.05	0.40	0.44	0.30	0.33	0.19	0.86	0.33
1957	0.48	0.67	0.92	1.07	0.64	0.86	1.26	1.98	0.05	0.33	0.39	0.28	0.31	0.22	0.89	0.33
1958	0.50	0.72	1.23	1.32	0.95	1.13	0.74	0.84	0.06	0.28	0.30	0.24	0.25	0.23	0.99	0.29
1959	0.55	0.73	1.41	1.46	0.99	1.17	0.72	0.81	0.05	0.28	0.34	0.22	0.24	0.26	1.25	0.29
1960	0.60	0.76	1.36	1.41	0.89	1.14	0.78	1.01	0.05	0.27	0.31	0.23	0.25	0.22	1.09	0.29
1961	0.56	0.76	0.98	1.17	0.70	0.95	1.30	1.64	0.04	0.28	0.37	0.23	0.26	0.19	0.90	0.27
1962	0.58	0.71	0.85	0.95	0.63	0.82	1.78	2.43	0.06	0.27	0.35	0.20	0.21	0.17	0.88	0.28
1963	0.57	0.71	0.90	0.98	0.64	0.82	1.30	2.16	0.05	0.30	0.36	0.23	0.25	0.19	0.89	0.25
1964	0.57	0.75	1.47	2.74	0.82	1.09	1.06	2.00	0.02	0.32	0.52	0.25	0.28	0.18	0.89	0.25
1965	0.61	0.73	1.71	3.02	1.15	1.31	1.22	1.98	0.04	0.30	0.35	0.25	0.28	0.18	1.07	0.25
1966	0.65	0.78	1.88	3.10	1.13	1.34	1.03	1.62	0.04	0.28	0.29	0.26	0.29	0.20	0.99	0.26
1967	0.72	0.83	2.01	2.95	0.99	1.27	0.93	1.65	0.03	0.28	0.34	0.26	0.32	0.20	0.99	0.48
1968	0.91	1.09	1.97	2.76	1.02	1.23	1.03	1.56	0.02	0.28	0.42	0.31	0.41	0.23	1.19	-
1969	1.13	1.32	2.01	2.93	1.10	1.37	1.44	1.65	0.03	0.28	0.40	0.27	0.35	0.24	1.21	0.67
1970	1.17	1.45	2.01	2.73	1.33	1.87	3.87	3.24	0.03	0.28	0.63	0.33	0.37	0.25	1.26	0.76
1971	1.25	1.90	1.99	2.60	1.36	2.44	6.63	5.29	0.03	0.42	0.88	0.30	0.38	0.24	1.21	0.75
1972	1.12	2.67	1.98	2.89	1.20	2.76	4.52	3.75	0.03	1.24	1.14	-	-	0.21	1.07	-
1973	1.34	2.52	2.20	3.01	1.49	2.96	2.79	3.11	0.03	-	1.41	-	-	0.32	1.64	-
1974	1.92	2.90	3.91	-	-	-	2.59	2.93	0.03	-	1.31	-	-	0.57	3.14	-
1975	2.07	5.03	5.00	11.77	5.00	10.48	2.51	2.93	0.05	-	1.70	-	-	0.34	1.64	-
1976	2.03	4.80	5.04	9.60	5.00	10.10	2.40	2.78	0.09	-	1.26	-	-	0.50	2.46	-
1977	1.78	4.77	4.49	9.67	3.21	19.76	3.11	3.63	0.10	2.12	3.24	2.80	4.07	0.92	4.62	-
1978	2.88	5.62	9.56	12.95	2.81	9.56	4.07	4.87	0.17	1.98	2.46	2.14	2.77	0.88	4.09	2.08
1979	3.99	5.32	14.89	17.94	2.91	6.29	11.99	13.15	0.14	1.90	2.77	2.47	3.43	1.10	5.55	2.56
1980	4.37	5.79	15.02	14.44	7.77	9.30	21.12	22.12	0.13	2.61	3.29	3.45	4.16	1.55	7.33	3.10

TABLE 2.8 (CONTD.) - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN

ANNUAL AVERAGES

(Rupees)

Year	Y a m s		V e g e t a b l e s									
	Manioc	Potatoes	Ash	Ash	Ladies'	Butter	Brinjals	Cucumber	Cabbage	Snake	Tomatoes	
	Lbs.	Sweet Lbs.	Plantains Lbs.	Pumpkins Lbs.	Fingers Lbs.	Beans Lbs.	Lbs.	Lbs.	Lbs.	Gourds Lbs.	No. 1 Lbs.	
1950	0.07	0.12	0.31	0.14	0.33	0.59	0.26	0.16	0.73	0.26	0.61	
1951	0.08	0.12	0.38	0.15	0.47	0.78	0.36	0.20	0.90	0.39	0.84	
1952	0.08	0.12	0.37	0.17	0.46	0.84	0.37	0.21	0.97	0.35	0.89	
1953	0.09	0.14	0.36	0.15	0.47	0.73	0.35	0.20	0.73	0.34	0.80	
1954	0.12	0.19	0.35	0.17	0.44	0.69	0.38	0.20	0.67	0.33	0.73	
1955	0.11	0.17	0.34	0.17	0.47	0.74	0.39	0.21	0.69	0.36	0.75	
1956	0.14	0.19	0.37	0.20	0.46	0.76	0.39	0.22	0.60	0.34	0.84	
1957	0.15	0.23	0.47	0.20	0.49	0.75	0.41	0.23	0.61	0.41	0.87	
1958	0.15	0.25	0.49	0.22	0.53	0.79	0.45	0.24	0.64	0.44	0.95	
1959	0.16	0.24	0.42	0.21	0.50	0.72	0.41	0.24	0.55	0.42	0.79	
1960	0.13	0.20	0.33	0.21	0.51	0.74	0.46	0.26	0.48	0.43	0.85	
1961	0.16	0.23	0.33	0.22	0.51	0.67	0.43	0.26	0.48	0.42	0.80	
1962	0.17	0.22	0.36	0.21	0.48	0.67	0.43	0.25	0.45	0.39	0.79	
1963	0.16	0.21	0.38	0.21	0.48	0.69	0.40	0.23	0.44	0.40	0.74	
1964	0.13	0.21	0.37	0.20	0.48	0.75	0.44	0.22	0.43	0.39	0.69	
1965	0.14	0.22	0.44	0.21	0.48	0.69	0.40	0.22	0.47	0.38	0.81	
1966	0.13	0.22	0.43	0.21	0.47	0.67	0.40	0.24	0.44	0.37	0.70	
1967	0.15	0.26	0.37	0.19	0.48	0.62	0.37	0.26	0.39	0.34	0.61	
1968	0.16	0.27	0.44	0.26	0.50	0.65	0.43	0.25	0.43	0.37	0.72	
1969	0.15	0.30	0.49	0.25	0.47	0.68	0.42	0.29	0.44	0.37	0.89	
1970	0.18	0.28	0.47	0.26	0.56	0.74	0.50	0.30	0.41	0.41	0.96	
1971	0.15	0.28	0.48	0.27	0.53	0.74	0.46	0.31	0.47	0.42	0.96	
1972	0.26	0.31	0.54	0.29	0.51	0.77	0.50	0.29	0.44	0.41	0.94	
1973	0.33	0.36	0.57	0.30	0.57	0.84	0.52	0.35	0.57	0.43	1.35	
1974	0.57	0.67	0.69	0.33	0.71	1.09	0.68	0.46	0.71	0.59	1.40	
1975	0.36	0.45	0.73	0.35	0.84	1.22	0.79	0.48	0.76	0.64	1.44	
1976	0.38	0.59	0.92	0.66	0.95	1.33	0.97	0.60	0.79	0.73	1.96	
1977	0.44	0.84	1.14	0.51	1.16	1.48	1.04	0.74	1.11	0.78	3.15	
1978	0.49	0.91	1.19	0.82	1.33	1.78	1.40	0.79	1.08	0.82	2.83	
1979	0.62	1.14	1.79	0.98	1.52	2.04	1.50	1.04	1.40	1.08	3.15	
1980	1.00	1.56	2.41	1.10	1.96	2.50	2.18	1.62	1.81	1.52	3.95	

TABLE 2.8 (CONTD.) - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN

ANNUAL AVERAGES

(Rupees)

Year	M e a t				F i s h				D r i e d				F i s h							
	Beef with Bones		Beef without Bones		Mutton with Bones		Mutton without Bones		Seer		Paraw		Galmalu		Seer		Paraw		Koduwa	
	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b	Lbs.	b
1950	0.51	0.64	1.59	1.87	2.66	1.78	1.39	1.16	-	1.16	0.97	-	1.01	-	1.01	-	1.01	-	1.01	-
1951	0.61	0.76	1.79	2.10	3.01	2.12	1.68	1.82	-	1.82	1.50	-	1.56	-	1.56	-	1.56	-	1.56	-
1952	0.74	0.88	2.00	2.27	3.17	2.35	1.83	2.06	-	2.06	1.75	-	1.72	-	1.72	-	1.72	-	1.72	-
1953	0.76	0.90	1.98	2.22	2.82	2.09	1.57	1.88	-	1.88	1.69	-	1.60	-	1.60	-	1.60	-	1.60	-
1954	0.76	0.90	1.96	2.21	2.87	2.18	2.61	1.78	-	1.78	1.57	-	1.52	-	1.52	-	1.52	-	1.52	-
1955	0.76	0.90	1.97	2.22	2.96	2.25	1.73	1.87	-	1.87	1.69	-	1.56	-	1.56	-	1.56	-	1.56	-
1956	0.76	0.90	2.07	2.35	2.93	2.28	1.80	1.92	-	1.92	1.75	-	1.62	-	1.62	-	1.62	-	1.62	-
1957	0.76	0.89	2.22	2.49	2.97	2.39	1.90	2.15	-	2.15	1.88	-	1.70	-	1.70	-	1.70	-	1.70	-
1958	0.80	0.93	2.02	2.34	3.30	2.61	2.13	2.17	-	2.17	1.84	-	1.66	-	1.66	-	1.66	-	1.66	-
1959	0.82	0.95	1.97	2.29	3.14	2.58	2.14	2.23	-	2.23	1.92	-	1.72	-	1.72	-	1.72	-	1.72	-
1960	0.82	0.95	2.11	2.41	3.03	2.50	2.08	2.29	-	2.29	1.98	-	1.78	-	1.78	-	1.78	-	1.78	-
1961	0.83	0.96	2.28	2.57	3.11	2.52	2.12	2.28	-	2.28	2.05	-	1.83	-	1.83	-	1.83	-	1.83	-
1962	0.85	0.97	2.39	2.70	3.01	2.54	2.10	2.76	-	2.76	2.61	-	2.47	-	2.47	-	2.47	-	2.47	-
1963	0.85	0.97	2.31	2.64	2.96	2.46	1.98	2.64	-	2.64	2.39	-	2.00	-	2.00	-	2.00	-	2.00	-
1964	0.84	0.97	2.21	2.53	2.92	2.45	1.94	2.58	-	2.58	2.51	-	2.02	-	2.02	-	2.02	-	2.02	-
1965	0.88	1.04	2.53	2.87	2.84	2.38	1.89	2.36	-	2.36	2.11	-	1.82	-	1.82	-	1.82	-	1.82	-
1966	1.00	1.19	2.68	2.98	2.80	2.25	1.83	2.65	-	2.65	2.32	-	1.88	-	1.88	-	1.88	-	1.88	-
1967	1.06	1.26	2.71	2.95	2.99	2.33	1.58	2.57	-	2.57	2.27	-	1.80	-	1.80	-	1.80	-	1.80	-
1968	1.14	1.31	2.82	3.12	3.08	2.38	1.87	2.69	-	2.69	2.43	-	1.98	-	1.98	-	1.98	-	1.98	-
1969	1.26	1.46	3.33	3.76	3.56	2.76	2.10	2.96	-	2.96	2.56	-	2.16	-	2.16	-	2.16	-	2.16	-
1970	1.43	1.67	3.72	4.15	3.83	3.14	2.34	3.22	-	3.22	2.72	-	2.64	-	2.64	-	2.64	-	2.64	-
1971	1.48	1.73	3.71	4.19	3.86	3.20	2.51	3.06	-	3.06	2.66	-	2.44	-	2.44	-	2.44	-	2.44	-
1972	1.78	2.08	3.94	4.43	3.87	3.18	2.50	3.48	-	3.48	3.03	-	2.66	-	2.66	-	2.66	-	2.66	-
1973	2.14	2.42	4.34	4.88	4.10	3.37	2.68	4.26	-	4.26	3.85	-	3.44	-	3.44	-	3.44	-	3.44	-
1974	2.90	3.26	4.73	5.25	4.64	3.88	3.13	5.67	-	5.67	5.12	-	5.07	-	5.07	-	5.07	-	5.07	-
1975	3.33	3.66	5.91	6.39	5.21	4.39	3.62	7.16	-	7.16	6.47	-	6.39	-	6.39	-	6.39	-	6.39	-
1976	3.38	3.78	6.22	6.68	5.74	5.00	4.09	7.72	-	7.72	7.25	-	6.95	-	6.95	-	6.95	-	6.95	-
1977	3.86	4.33	6.76	7.38	6.96	6.07	5.03	9.82	-	9.82	8.95	-	7.85	-	7.85	-	7.85	-	7.85	-
1978	4.79	5.35	8.62	9.35	9.42	7.63	6.11	11.60	-	11.60	10.60	-	9.90	-	9.90	-	9.90	-	9.90	-
1979	5.50	6.02	10.19	11.05	11.36	8.93	6.76	13.20	-	13.20	11.70	-	10.79	-	10.79	-	10.79	-	10.79	-
1980	6.34	6.83	12.19	13.13	13.31	10.64	8.48	16.10	-	16.10	15.06	-	14.29	-	14.29	-	14.29	-	14.29	-

TABLE 2.8 (CONTD.) - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN

ANNUAL AVERAGES

(Rupees)

Year	D r i e d		F i s h				Fish Preserved		G r o c e r i e s				
	Prawns		Sprats		Katta		Maldivo Fish		Salmon	Cheese	Fresh Butter	Jam	Biscuits No. 1 Cream Crackers
	Lbs.		Lbs.		Lbs.		Lbs.		1 Lb. Tin	12 Oz. Tin	1 Lb.	24 Oz. Tin	1 Lb. Tin
	a	b	a	b	a	b	a	b	b	b	b	b	b
1950	-	0.68	-	0.68	-	0.93	1.12	3.35	2.44	1.61	2.55	1.45	3.44
1951	-	1.04	-	1.05	-	1.39	1.20	3.94	2.43	1.55	2.78	1.25	3.10
1952	-	1.14	-	1.14	-	1.61	1.24	4.11	2.52	1.73	3.01	1.43	3.06
1953	-	1.05	-	1.07	-	1.55	1.37	3.95	2.59	1.79	2.89	1.56	3.20
1954	-	0.98	-	1.06	-	1.51	1.49	3.22	2.72	1.83	2.89	1.49	3.14
1955	-	1.06	-	1.11	-	1.57	1.60	2.97	2.58	1.86	2.89	1.49	3.17
1956	-	1.02	-	1.10	-	1.64	2.20	2.43	2.62	2.03	2.85	1.55	3.18
1957	-	1.13	-	1.20	-	1.69	2.16	2.38	2.75	2.18	2.54	1.60	3.27
1958	-	1.21	-	1.28	-	1.66	2.40	2.61	2.95	2.21	2.46	1.75	4.03
1959	-	1.26	-	1.22	-	1.72	2.39	2.62	2.94	2.24	2.42	1.87	4.48
1960	-	1.34	-	1.30	-	1.76	2.00	3.90	2.92	2.34	2.62	1.90	4.56
1961	-	1.41	0.72	1.35	0.90	1.83	2.00	4.66	2.96	2.42	2.42	2.04	6.02
1962	-	1.86	0.84	2.08	0.92	2.55	2.08	4.83	3.26	2.55	2.29	2.31	7.59
1963	-	1.60	1.13	1.82	1.04	2.08	3.03	6.05	3.62	3.25	2.29	2.27	2.31 ^{g/}
1964	-	1.80	1.17	1.79	1.06	2.11	3.00	5.51	3.92	4.49	2.53	2.29	2.30
1965	-	1.92	1.16	1.81	1.05	1.89	3.00	5.45	3.96	3.62	3.00	2.30	2.26
1966	-	2.01	1.24	2.04	1.22	2.11	3.00	5.43	3.98	3.34	2.64	2.31 ^{e/}	2.00
1967	-	2.10	1.29	1.61	1.28	1.89	3.00	5.67	4.00	4.34	2.43	2.23 ^{e/}	2.00
1968	-	2.27	1.61	1.97	1.48	2.23	3.23	4.76	1.58	5.61	2.74	2.16 ^{e/}	2.04
1969	-	-	1.70	2.10	1.61	2.23	3.48	4.80	1.52	5.64	3.36	2.24 ^{e/}	2.66
1970	-	2.34	1.70	2.45	1.60	2.66	3.48	5.92	1.49	5.50	3.66	2.44 ^{e/}	2.70
1971	-	-	1.56	2.02	1.60	2.60	3.48	6.18	1.86	6.80	4.29	2.71 ^{e/}	2.88
1972	-	-	1.46	2.05	1.60	2.92	3.48	5.77	2.50	7.00	5.89	4.01 ^{f/}	3.66
1973	-	-	1.70	4.14	1.87	3.86	5.44	6.52	-	-	7.02	5.45	4.92
1974	-	-	2.00	5.74	2.00	5.93	5.76	8.49	-	-	8.20	6.76	6.91
1975	-	-	2.15	6.99	2.88	7.04	5.76	9.41	-	-	9.93	8.32	7.24
1976	-	-	2.25	7.91	3.50	7.55	5.76	13.39	-	-	10.62	9.11	7.14
1977	-	-	1.98	9.90	3.27	9.06	5.76	16.43	-	32.50	13.56 ^{1/}	8.92	6.46
1978	-	-	6.20	12.09	6.50	11.07	6.23	29.00	7.04	29.30	14.22	7.44	7.27
1979	-	-	6.63	13.23	6.52	12.61	-	30.66	6.82	28.50	16.80	7.90	9.75
1980	-	10.71	17.21	15.91	9.02	-	-	-	7.82	28.96	20.50	10.52	9.71

e/ Jam 20 Oz. Tins.

f/ 1975 onward average price of Pineapple and Papaw (local) 24 Oz. tin.

g/ 1963 onward Biscuit Maliban Cream Cracker 1 Lb. Pcks.

1/ 1977 onward price per 500 gms.

TABLE 2.8 (CONTD.) - RETAIL PRICES OF FOOD ITEMS - COLOMBO TOWN

ANNUAL AVERAGES						
(Rupees)						
G r o c e r i e s						
Year	Tea	Sugar	Sugar	Condensed		Fresh
	B.O.P.	Brown ^{i/}	White	Milk		Milk
	Lbs.	Lbs.	Lbs.	14 Oz. Tin		Bottle
	b			a	b	b
1950	2.92	0.45	-	0.80	0.79	0.81
1951	3.21	0.45	-	0.96	0.97	0.80
1952	2.26	0.50	-	1.00	1.00	0.80
1953	2.18	0.60	-	1.02	1.01	0.80
1954	2.59	0.60	-	0.96	0.96	0.80
1955	2.72	0.60	-	0.95	0.95	0.80
1956	2.43	0.57	-	0.95	0.95	0.80
1957	2.49	0.55	-	0.99	0.99	0.80
1958	2.41	0.55	-	0.99	0.99	0.86
1959	2.39	0.55	-	0.97	0.98	0.79
1960	2.42	0.55	-	0.96	0.96	0.79
1961	2.14	0.55	-	0.94	-	0.79
1962	2.10	-	-	0.92	-	0.79
1963	2.04	0.63	0.67	0.95	-	0.79
1964	2.04	0.63	0.67	0.99	0.99	0.78
1965	2.44	-	0.67	1.07	1.08	0.78
1966	2.45	-	0.67	1.01	1.02	0.77
1967	2.42	-	0.67	1.00	1.02	0.77
1968	2.57	-	0.72	0.99	1.17	0.85
1969	2.49	-	0.72	1.25 ^{k/}	1.25	0.85
1970	2.58	-	0.72	1.25	1.25	0.85
1971	2.55	-	0.83	1.25	1.25	0.85
1972	2.75	1.50	1.75 ^{j/}	1.25	1.25	0.85
1973	2.88	-	1.73	1.54	-	1.07
1974	3.54	-	4.33	2.17	-	1.30
1975	4.80	-	7.19	3.25	-	1.50
1976	5.64	-	6.00	3.25	-	1.50
1977	8.35 ^{h/}	-	4.99	3.25	-	1.50
1978	9.76	-	3.00	3.63	-	1.65
1979	8.60	-	3.00	4.56	-	2.00
1980	9.68	-	5.50	5.88	-	2.43

^{h/} 1977 onward unit is 500 grams Tea B.O.P.

^{i/} Controlled Price.

^{j/} 1972 onward prices are annual averages of the controlled price of off-rationed Sugar.

^{k/} Price for the local variety "Parakum".

Source : Department of Census & Statistics.

TABLE 2.9 - URBAN RETAIL PRICES OF SELECTED FOOD ITEMS
(Annual Averages for Selected District)

	Kandy					Galle					Jaffna				
	1976	1977	1978	1979	1980	1976	1977	1978	1979	1980	1976	1977	1978	1979	1980
Rice Parboiled - Local	3.37	3.11	3.42	4.00	4.47	3.25	2.67	3.39	3.45	4.43	3.76	3.08	3.81	3.46	5.15
Rice Raw - Local	3.16	3.06	3.28	3.92	4.81	2.80	2.58	2.92	3.15	4.12	3.63	3.04	3.91	3.45	5.25
Dhal Lanka Grade I & II	3.94	3.24	3.24	2.92	-	3.75	3.21	3.64	3.59	-	3.85	3.12	3.38	3.39	-
Green Gram	5.40	3.62	4.03	5.03	6.16	5.25	3.47	3.85	4.51	6.01	5.43	4.36	4.02	4.68	5.21
Potatoes - Ordinary	1.87	2.18	2.42	3.09	4.27	2.19	2.22	2.40	3.13	4.20	2.23	1.89	2.58	3.08	4.04
Red Onions	1.26	3.07	2.86	2.92	3.60	1.23	3.39	2.29	2.75	3.36	0.98	2.59	1.54	2.24	2.10
Coconuts Medium (23-30ozs)	0.42	0.95	0.86	0.93	1.66	0.57	0.77	0.86	1.05	1.52	0.67	1.13	0.98	1.31	1.52
Milk Fresh Dairy	1.20	1.50	1.12	1.42	2.30	1.26	1.29	1.40	1.58	2.00	1.33	1.37	1.47	1.45	2.04
Eggs Medium	0.61	0.64	0.73	0.79	0.83	0.70	0.68	0.79	0.78	0.85	0.69	0.61	0.71	0.72	0.88
Beef with Bones	2.31	2.56	2.82	5.75	5.80	3.00	3.48	4.91	5.44	5.70	2.90	2.83	3.60	4.39	5.55
Beef without Bones	3.13	3.09	3.08	6.33	6.24	3.50	-	-	-	6.44	4.25	3.25	4.30	5.06	6.17
Mutton with Bones	4.31	4.78	5.02	9.46	11.82	5.76	5.65	7.14	8.38	9.43	5.21	5.25	6.15	10.00	11.84
Mutton without Bones	5.75	5.28	5.55	10.63	12.42	-	6.00	7.50	-	11.18	5.64	5.33	6.55	12.00	13.01
Chicken Fresh	6.00	7.50	7.91	8.71	8.76	6.40	6.13	8.20	-	10.54	5.42	4.50	7.00	19.00	12.81
Chicken Frozen	7.00	6.83	7.45	9.72	11.74	-	6.50	-	9.23	10.08	5.50	-	-	12.00	13.87
Pork - Fresh	3.50	4.91	4.60	7.65	8.30	-	-	-	8.00	7.50	-	-	-	-	7.45
Fish Fresh (Tora)	5.00	6.13	6.37	11.21	13.20	5.45	6.59	-	9.65	12.95	4.50	4.64	5.68	7.62	12.95
Fish Fresh (Para)	4.44	5.50	4.82	7.58	10.87	4.50	5.20	5.92	8.83	11.99	2.70	2.91	4.74	6.31	11.53
Fish Fresh (Mora)	3.07	3.72	5.27	6.02	7.43	3.45	3.53	3.75	4.52	5.84	2.49	2.56	4.02	5.68	8.98
Fish Fresh (Balaya)	3.50	4.95	5.38	6.13	8.76	3.88	4.34	5.65	5.59	8.20	2.84	-	4.63	5.60	8.07
Fish Fresh (Galmalu)	3.50	4.19	4.33	5.25	9.03	3.38	4.83	-	4.97	6.78	2.92	3.33	5.10	6.24	7.36
Fish Fresh (Salaya)	1.68	1.53	1.70	2.82	4.37	-	2.50	-	3.00	3.81	1.97	3.38	3.50	4.63	-
Fish Fresh (Hurulla)	2.17	2.75	-	-	-	2.40	2.60	-	-	-	-	2.50	-	-	-
Fish Fresh (Prawns)	4.50	5.86	5.78	10.02	10.11	4.50	5.83	-	10.17	11.36	3.95	4.08	4.89	6.98	8.63
Dried Fish (Thora)	6.00	7.75	7.60	10.30	16.27	7.90	8.73	9.59	10.93	12.56	8.00	8.08	8.19	9.19	12.16
Dried Fish (Katta)	5.50	7.50	7.55	9.07	14.19	7.68	8.05	9.30	10.45	12.30	7.70	8.12	8.10	8.72	11.27
Dried Fish (Koduwa)	5.00	7.00	6.08	9.35	12.51	7.63	8.28	-	10.03	12.32	7.43	8.04	8.00	8.56	10.93
Dried Fish (Sprats)	6.13	7.94	7.88	10.65	16.62	6.94	8.15	10.72	9.48	14.55	6.15	6.79	6.50	9.11	12.04
Coconut Oil (Loose)	2.45	6.07	4.57	6.37	7.29	2.68	4.32	4.11	5.51	7.44	2.67	5.12	3.98	5.43	7.30

Source : Department of Census and Statistics.

TABLE 2.10 - MONTHLY AVERAGE RETAIL PRICES OF CONSUMER ITEMS
ALL ISLAND - 1980

(Rupees)													
Commodity	Unit	January	February	March	April	May	June	July	August	September	October	November	December
<u>Rice</u>													
Samba Rice (Highest Price)	Measure	4.74	4.80	4.57	4.45	4.40	4.47	4.70	4.94	5.27	5.42	5.85	6.08
Samba Rice (Lowest Price)	"	4.28	4.29	4.04	3.91	3.90	4.03	4.35	4.57	4.88	5.12	5.17	5.52
Par Boiled Rice (Highest Price)	"	3.87	3.87	3.68	3.55	3.54	3.77	4.10	4.35	4.51	4.68	4.89	5.06
Par Boiled Rice (Lowest Price)	"	3.54	3.53	3.33	3.14	3.24	3.44	3.83	4.11	4.20	4.84	5.52	4.68
Kekulu Rice (Highest Price)	"	3.84	3.91	3.78	3.76	3.75	3.91	4.19	4.38	4.58	4.76	4.81	4.98
Kekulu Rice (Lowest Price)	"	3.50	3.62	3.51	3.44	3.40	3.60	3.80	4.16	4.24	4.28	4.45	4.58
<u>Up-Country Vegetables</u>													
Butter Beans	Lb.	2.67	3.04	2.89	2.59	2.58	2.85	2.82	2.82	2.57	2.34	2.29	1.90
Green Beans	Lb.	2.50	2.88	2.78	2.46	2.50	2.75	2.71	2.73	2.43	2.32	2.20	1.84
Cabbages	Lb.	1.92	2.08	2.05	1.69	1.54	1.93	1.92	1.94	1.76	1.64	1.58	1.40
Cabbages (Leafy)	Lb.	1.16	1.32	1.34	1.18	1.06	1.30	1.23	1.27	1.17	1.12	1.06	1.01
Carrot	Lb.	3.03	3.28	3.02	2.63	2.60	3.13	2.92	2.72	2.50	2.45	2.30	2.42
Leeks	Lb.	2.75	2.93	2.77	2.56	2.48	2.86	2.71	2.58	2.28	2.22	2.07	1.99
Knob Khol	Lb.	1.38	1.60	1.73	1.47	1.33	1.59	1.49	1.61	1.43	1.40	1.35	1.20
Raddish	Lb.	1.01	1.12	1.10	1.04	1.04	1.09	1.05	1.09	0.99	0.99	0.99	0.84
Tomatoes (Round)	Lb.	2.81	2.76	2.50	2.59	2.92	3.23	3.00	2.83	2.34	2.52	2.89	3.34
Tomatoes (Curly)	Lb.	2.25	2.30	2.13	2.25	2.51	2.82	2.57	2.63	2.03	2.34	2.46	2.88
Beetroot	Lb.	2.87	2.83	2.28	1.87	1.76	2.17	2.11	2.12	1.98	1.99	2.05	2.20
<u>Low-Country Vegetables</u>													
Pumpkins (Red)	Lb.	0.87	1.16	1.33	1.33	1.32	1.41	1.37	1.42	1.43	1.43	1.44	1.08
Ash Plantains	Lb.	1.86	1.98	2.03	1.99	1.85	1.90	1.90	1.96	1.94	1.98	2.02	2.00
Cucumber	Lb.	0.68	0.89	1.04	1.07	0.93	0.97	0.90	1.01	0.98	0.99	0.98	0.70
Long Beans (thin)	Lb.	1.37	1.66	1.74	1.58	1.52	1.61	1.54	1.53	1.52	1.50	1.49	1.16
Ladies Fingers (Bandakka)	Lb.	1.26	1.61	1.84	1.67	1.55	1.67	1.54	1.57	1.58	1.56	1.55	1.25
Bitter Gourd	Lb.	1.60	1.77	1.88	1.80	1.75	1.90	1.82	1.85	1.81	1.84	1.86	1.67
Ash Pumpkin	Lb.	0.74	0.81	0.91	0.90	0.89	0.93	0.91	0.95	0.94	0.92	0.91	0.78
Brinjals (Chena)	Lb.	1.39	1.60	1.68	1.51	1.33	1.54	1.46	1.51	1.41	1.36	1.32	1.27
Brinjals (Home Garden)	Lb.	1.66	1.91	1.93	1.81	1.58	1.84	1.72	1.94	1.72	1.68	1.60	1.59
Curry Chillies	Lb.	3.55	3.70	3.56	2.75	2.35	3.09	3.09	3.03	2.59	2.57	2.56	2.93
Limes (Medium and Small)	Lb.	2.75	2.30	2.34	3.33	5.20	5.37	4.36	3.54	3.43	4.20	5.58	5.54
Drumsticks	Lb.	2.16	2.43	2.02	1.70	1.59	1.85	1.30	1.27	1.07	1.00	0.98	0.46
<u>Leafy Vegetables</u>													
Mukunuwenna	Lb.	0.88	1.01	1.07	1.00	0.95	0.99	0.98	1.00	1.00	1.05	1.11	0.99
Kankun	Lb.	0.67	0.76	0.88	0.83	0.76	0.76	0.75	0.81	0.80	0.79	0.78	0.75
Gotukola	Lb.	1.99	2.19	2.26	2.24	2.24	2.41	2.34	2.31	2.24	2.25	2.29	2.39
<u>Yams</u>													
Potatoes	Lb.	3.75	3.66	2.90	2.77	3.47	3.74	4.11	4.68	2.93	3.02	3.09	3.53
Manioc	Lb.	0.73	0.82	0.90	0.88	0.90	0.96	1.00	0.96	0.94	0.96	0.97	0.94
Sweet Potatoes	Lb.	1.26	1.37	1.45	1.38	1.34	1.52	1.48	1.55	1.47	1.48	1.50	1.50
<u>Meat and Eggs</u>													
Beef (with Bones)	Lb.	4.80	4.86	4.99	5.00	5.08	5.18	5.33	5.41	5.47	5.62	5.72	5.82
Beef (without Bones)	Lb.	5.49	5.54	5.64	5.73	5.83	6.00	6.08	6.18	6.35	6.38	6.46	6.62
Mutton (with Bones)	Lb.	10.52	10.69	10.84	10.96	11.39	11.37	11.60	11.74	11.81	11.96	12.07	12.31
Pork	Lb.	7.08	7.14	7.39	7.10	7.17	7.86	7.83	7.85	7.86	7.92	7.90	8.01
Chicken (Ordinary)	Lb.	10.62	10.78	10.90	11.38	11.59	11.97	12.22	12.87	12.93	12.93	12.95	12.92
Chicken (Broiler)	Lb.	10.86	11.16	10.96	11.47	11.94	12.53	12.51	12.92	13.60	13.76	13.92	13.37
Eggs (Ordinary)	Each	0.95	0.92	0.90	0.91	0.93	0.97	0.97	0.97	1.14	1.02	0.97	1.02
Eggs (Farm)	Each	0.89	0.90	0.82	0.85	0.86	0.90	1.03	1.22	1.22	1.04	0.99	1.09

TABLE 2.10 (CONTD.) - MONTHLY AVERAGE RETAIL PRICES OF CONSUMER ITEMS
ALL ISLAND - 1980

Commodity	Unit	January	February	March	April	May	June	July	August	September	October	November	December
<u>Sea Fish</u>													
Thora (Seer)	Lb.	10.72	11.06	11.14	11.91	12.22	12.49	12.87	13.05	12.69	12.42	12.07	12.60
Paraw (Trevally)	Lb.	8.22	8.75	8.52	9.22	9.42	10.01	10.45	10.76	10.73	10.21	9.77	10.11
Balaya (Skip Jack)	Lb.	7.78	7.61	7.68	8.46	8.45	8.98	9.00	9.05	8.60	8.62	8.56	8.54
Kelawalla (Tuna)	Lb.	8.28	8.52	8.67	9.30	8.97	9.67	9.70	9.85	9.32	9.22	9.20	9.36
Galmala (Mullet)	Lb.	6.11	6.21	6.21	6.60	6.92	7.14	7.23	7.07	6.94	6.90	6.99	7.14
Halmessa (Sprats)	Lb.	5.14	5.43	5.35	5.80	6.25	6.12	6.12	6.46	5.93	5.90	5.89	5.94
<u>Dried Fish</u>													
Thora (Seer)	Lb.	11.37	13.44	13.24	12.67	13.02	13.94	15.23	15.78	15.62	15.10	14.33	14.03
Mora (Shark)	Lb.	8.28	8.75	8.78	9.18	9.22	10.05	10.82	11.09	11.52	11.20	10.71	10.68
Balaya (Skip Jack)	Lb.	9.14	9.77	9.67	10.20	10.12	11.60	12.48	12.50	12.71	12.34	11.59	11.50
Kattawa (Quees Fish)	Lb.	10.71	10.82	11.33	11.36	11.49	12.48	13.37	13.74	13.85	13.12	12.59	13.05
Halmessa (Sprats)	Lb.	12.87	13.05	13.09	13.14	12.86	14.13	16.33	16.56	17.10	16.34	15.92	15.81
<u>Pulses</u>													
Green Gram Seeds	Lb.	4.25	4.46	5.05	5.88	6.07	6.42	6.60	6.87	7.02	7.28	7.46	6.15
Cow Pea (Split)	Lb.	3.52	3.62	4.10	4.42	4.56	4.76	4.93	5.24	5.54	5.66	5.78	5.47
Cow Pea (Seed)	Lb.	2.74	2.84	3.52	4.29	3.73	3.83	4.01	4.26	4.43	4.86	5.15	4.39
Dhal (Masoor)	Lb.	6.52	6.36	6.65	6.70	6.40	6.81	7.25	7.27	7.32	7.26	7.03	7.14
Dhal (Kadala)	Lb.	4.81	4.96	5.15	5.19	5.09	5.31	5.99	6.13	6.05	6.04	6.05	6.67
<u>Curry Stuffs</u>													
Dried Chillies (Grade 1)	Lb.	14.41	15.15	15.23	15.01	13.48	13.39	14.22	15.64	14.12	13.58	13.21	13.28
Pepper	Lb.	15.59	15.69	15.80	15.81	15.72	15.82	15.66	15.68	15.71	15.60	15.58	15.62
Tamarind	Lb.	5.60	4.42	3.72	3.48	4.06	3.86	3.66	3.66	3.62	3.68	3.74	3.72
Coraka	Lb.	5.01	5.18	5.39	5.87	6.28	7.32	7.69	7.31	6.95	6.90	6.81	6.76
Coriander	Lb.	3.88	3.96	3.94	3.89	3.99	4.04	4.13	4.22	4.28	4.31	4.33	4.37
Turmeric (Dried)	Lb.	13.50	13.56	13.44	13.50	13.19	13.02	13.21	13.46	13.54	13.50	13.57	13.81
Garlic	Lb.	4.48	4.40	4.13	4.63	4.70	4.64	4.46	4.50	4.46	4.38	4.23	4.23
<u>Spices</u>													
Mathe Seeds	Lb.	4.87	4.96	4.82	4.91	5.16	5.29	5.26	5.37	5.36	5.44	5.60	5.64
Cumin Seeds	Lb.	13.90	14.04	14.46	14.27	14.29	14.41	14.42	14.27	14.54	14.32	14.28	14.50
Fennel Seeds	Lb.	6.26	7.05	7.14	7.48	7.58	7.79	7.85	8.02	8.14	8.28	8.36	8.47
Mustard	Lb.	22.20	22.60	22.26	22.38	22.05	22.30	21.91	21.81	21.65	21.08	20.80	20.99
Red Onions - Small	Lb.	6.11	5.57	3.13	3.73	4.01	3.54	2.38	2.10	1.99	2.06	2.10	1.92
Red Onions (Large)	Lb.	6.68	5.88	3.59	4.22	4.42	3.92	2.74	2.51	2.37	2.40	2.46	2.39
Cinnamon Quills	Lb.	12.72	12.93	13.18	13.57	13.42	13.84	13.56	13.57	13.62	13.76	13.75	14.05
<u>Coconuts</u>													
Coconut (Large)	Each	1.71	2.10	1.68	1.60	1.56	1.54	1.52	1.59	1.79	2.10	2.23	2.28
Coconut (Medium)	Each	1.47	1.53	1.46	1.40	1.35	1.33	1.30	1.37	1.49	1.76	1.92	1.98
Coconut (Small)	Each	1.24	1.31	1.23	1.17	1.14	1.13	1.09	1.14	1.24	1.54	1.67	1.77
Coconut Oil	Bottle	7.10	7.09	7.03	7.06	7.20	7.37	7.76	7.91	8.02	8.22	8.38	8.35
<u>Milk Foods</u>													
Fresh Milk (Dairy)	Pint	1.35	1.41	1.46	1.54	1.51	1.53	1.57	1.64	1.68	1.72	1.77	1.86
Condensed Milk - Parakum	14 Ozs.	4.76	4.76	4.82	4.82	4.82	5.85	6.13	6.24	6.64	6.92	7.44	7.89
Alaska	14 Pz.	5.57	5.60	5.66	5.67	5.69	6.39	6.81	6.96	7.47	8.22	8.64	9.86
<u>Tea</u>													
Tea (BOP)	Lb.	8.81	8.77	8.84	9.33	9.27	10.15	10.60	11.15	11.33	11.45	11.77	12.35
Tea (Dust)	Lb.	6.87	7.06	7.20	7.40	7.62	8.09	8.64	9.15	9.40	9.76	9.83	10.12
Coffee (Seed)	Lb.	24.48	24.73	24.68	24.57	24.66	24.95	25.14	25.76	25.86	25.90	24.71	24.80

Source : Central Bank of Ceylon - Price and Wage Statistics - 1980.

TABLE 2.11 - COLOMBO CONSUMER'S PRICE INDEX (ANNUAL AVERAGES)

BASE 1952 = 100

Year	Overall	Food	Fuel and Light	Rent	Clothing	Miscellaneous
1953	101.6	106.0	99.8	101.3	82.8	97.2
1954	101.1	106.1	103.4	101.5	79.5	94.4
1955	100.5	105.1	102.3	101.5	80.5	94.6
1956	100.2	103.3	101.3	101.5	81.8	98.6
1957	102.8	104.9	105.7	101.5	84.4	105.3
1958	105.0	105.8	101.0	101.5	87.5	113.1
1959	105.2	104.7	102.3	101.5	92.1	115.3
1960	103.5	100.8	102.6	101.5	95.1	117.5
1961	104.8	99.7	104.4	101.5	103.9	122.8
1962	106.3	100.9	105.6	101.5	108.2	125.0
1963	108.8	103.0	103.0	101.5	118.2	126.6
1964	112.2	106.4	103.2	101.5	127.2	129.3
1965	112.5	107.3	100.7	101.5	126.7	128.3
1966	112.3	109.1	95.9	101.5	117.0	127.3
1967	114.8	112.7	96.4	101.5	116.7	128.9
1968	121.5	121.2	103.2	101.5	120.1	133.6
1969	130.5	127.9	124.9	108.4	130.8	147.1
1970	138.2	136.6	136.1	109.8	137.3	153.2
1971	141.9	139.1	140.8	109.8	145.0	159.5
1972	150.9	147.5	145.9	109.8	163.5	169.5
1973	165.4	166.2	164.4	109.8	186.1	169.8
1974	185.8	189.7	221.0	109.8	204.6	178.3
1975	198.3	204.3	237.1	109.8	208.1	191.9
1976	200.7	202.1	265.2	109.8	211.7	203.8
1977	203.2	203.3	257.5	109.8	223.8	208.4
1978	227.8	237.5	262.1	109.8	226.2	224.8
1979	252.3	263.3	328.5	109.8	231.2	252.4
1980	318.2	339.7	563.9	109.8	239.9	293.8

Source : Department of Census and Statistics.

TABLE 2.12 - WHOLESALE PRICE INDEX

Base 1974 = 100

	Weights	1975	1976	1977	1978	1979	1980
All Items	100.0	103.4	111.9	135.3	156.7	171.6	229.5
Food	67.80	103.7	110.8	140.8	155.5	161.3	214.2
Alcoholic Drinks	2.86	100.5	117.0	125.0	136.2	156.4	202.1
Textile and Footwear	4.02	90.7	120.6	168.6	238.4	245.6	249.5
Paper Products	1.37	113.7	113.2	117.6	152.8	194.1	279.0
Chemicals and Chemical Products	5.16	101.9	85.5	62.7	80.5	91.5	108.5
Petroleum Products	6.42	103.8	111.2	109.4	109.4	183.1	355.6
Non-Metallic Products	1.78	121.4	138.0	172.7	254.1	282.2	407.4
Metal Products	0.93	97.2	96.7	95.1	116.9	151.5	174.0
Transport Equipment	0.80	126.6	119.4	127.4	141.6	148.1	171.0
Electrical Appliances & Supplies	0.96	110.2	117.0	117.3	123.6	138.3	154.4
Machinery	1.33	110.1	97.1	102.6	109.2	124.2	139.2
Fuel and Light	1.79	115.1	133.4	179.5	253.8	319.5	388.9
Miscellaneous	4.78	92.5	132.2	150.8	222.9	260.8	328.7

Source : Central Bank of Ceylon.

TABLE 2.13 - MINIMUM WAGE RATES (INDEX 1952 = 100)

Year	Workers in Wages Boards Trades				Government Employees			
	Workers in Agriculture	Workers in Industry & Commerce	Workers in Wages Boards and Trades	Technical and Clerical Employees	Minor Employees	All Central Government Employees	Government School Teachers	
1953	101.5	101.0	101.5	101.2	102.1	101.6	101.0	
1954	103.1	100.7	102.5	101.4	102.4	101.9	101.2	
1955	106.6	101.4	105.9	106.9	110.4	108.7	110.2	
1956	107.1	102.9	106.4	108.7	113.0	111.0	113.2	
1957	108.7	104.5	107.8	111.2	116.0	113.8	113.9	
1958	110.2	116.1	110.8	122.3	130.4	126.7	117.4	
1959	110.2	128.8	112.3	122.3	130.4	126.7	117.4	
1960	110.2	128.1	111.8	122.3	130.4	126.7	117.4	
1961	110.7	128.4	112.3	122.3	130.4	126.7	117.4	
1962	111.9	129.5	113.6	122.3	130.4	126.7	117.4	
1963	113.3	130.9	115.2	122.3	130.4	126.7	117.4	
1964	116.0	132.8	117.8	122.3	130.4	126.7	117.4	
1965	116.3	132.8	118.2	122.3	130.4	126.7	117.4	
1966	116.3	133.2	118.1	122.3	130.4	126.7	117.4	
1967	120.4	138.9	122.2	125.4	136.2	131.3	119.4	
1968	138.8	161.6	141.2	140.1	163.0	152.6	129.6	
1969	138.8	161.7	141.2	144.4	168.0	157.3	132.5	
1970	140.2	166.1	142.9	157.2	182.9	171.3	141.1	
1971	141.6	176.1	145.3	157.2	182.9	171.3	141.1	
1972	148.5	181.4	156.9	157.4	183.4	171.7	141.2	
1973	168.1	199.8	169.9	163.0	194.2	180.1	144.3	
1974	210.0	235.8	212.5	181.4	220.5	202.8	159.1	
1975	241.2	275.2	244.5	197.4	246.3	224.2	171.8	
1976	246.4	282.3	250.0	206.9	262.2	237.2	181.6	
1977	310.2	304.0	308.8	209.2	266.1	240.4	184.7	
1978	451.0	370.9	441.1	234.5	308.7	275.2	203.9	
1979	572.2	433.1	554.6	272.5	372.4	327.2	234.2	
1980	713.6	527.0	690.2	299.2	417.5	363.9	254.5	

Source : Department of Labour and Central Bank of Ceylon.

FOOD BALANCE SHEETS

FOOD BALANCE SHEET

The Food Balance Sheets for the period 1970-1980 (Tables 3.3-3.24) have been compiled by the Department of Census and Statistics. The data on domestic availability takes into account only public sector stocks for the main items (Rice, Wheat flour and Sugar). The agricultural production figures are mostly estimates supplied by the Census and Statistics Department. Figures on sugar production have been obtained from the Sugar Corporation, while figures on fish availability are from the Ministry of Fisheries. Jaggery (indigenous sugar) is excluded from the Food Balance Sheets. In the case of fruits, vegetables and coconuts, the availability figures have been estimated on the basis of per capita consumption. The data on food imports have been supplied by the Food Commissioner (Rice, Wheat flour, and Sugar) or obtained from the Customs Returns.

The seed rates and wastage factors have varied from time to time. A major revision was carried out in 1977 when adjustments were made in the seed rates for rice, maize, kurakkan, potatoes, pulses and onions. The wastage factors were also revised in the case of Rice, Wheat flour, Fruits and Vegetables and Fish. Details are shown in Table 3.25. The quantities of food consumed in the country has been converted into nutrient values, i.e. calories, protein and fats, by using the conversion factors shown in Table 3.26.

TABLE 3.1 - PER CAPITA CALORIE INTAKE IN SRI LANKA 1950 - 1980

(Calories per day)

Year	G r a i n s			Roots, Tubers and other Starchy Foods	Meat	Eggs	Fish	Milk	Oils & Fats	Total
	Rice	Wheat Flour	Other Grains							
1950	894.5	225.1	29.4	99.0	10.3	5.5	58.8	23.5	94.0	1,944.20
1951	991.52	241.01	34.27	100.37	14.47	5.53	61.91	23.56	95.13	1,967.66
1952	744.46	255.48	29.26	95.85	11.76	5.92	62.92	27.73	94.34	1,696.72
1953	737.67	315.70	48.25	94.52	11.61	6.62	59.04	27.85	94.91	1,763.29
1954	946.00	251.57	58.02	103.34	12.53	6.67	56.46	39.12	94.48	1,937.66
1955	961.94	193.99	40.77	101.43	12.74	6.51	61.96	38.39	95.13	1,882.15
1956	928.98	195.09	21.38	77.76	12.20	3.95	52.48	30.75	78.36	1,982.45
1957	983.09	192.52	36.62	60.98	11.69	4.06	60.65	34.82	89.14	2,038.44
1958	925.83	195.66	28.92	64.65	11.32	3.83	71.06	31.53	87.94	1,953.53
1959	1,076.89	193.19	29.57	55.95	11.61	4.49	68.48	38.63	88.16	2,119.99
1960	1,084.25	204.14	31.68	92.66	10.44	4.46	71.24	34.05	87.94	2,182.62
1961	1,073.45	208.32	30.13	102.85	7.82	4.92	56.90	24.90	88.37	2,168.33
1962	981.51	163.65	27.71	93.90	8.52	4.49	46.01	39.23	87.94	2,012.58
1963	1,137.78	195.18	33.07	81.76	8.36	7.26	53.82	37.50	87.94	2,118.33
1964	955.83	212.61	27.66	94.18	8.60	7.57	56.84	42.82	88.47	2,086.39
1965	1,060.77	216.00	26.64	78.57	8.53	7.10	48.41	44.73	87.01	2,154.43
1966	1,039.41	279.04	24.96	95.99	8.62	7.37	75.86	42.11	87.37	2,229.08
1967	908.49	393.81	35.27	84.16	6.83	7.21	48.97	36.92	87.01	2,184.49
1968	956.81	328.18	26.56	88.07	7.14	8.12	55.06	37.12	87.15	2,169.34
1969	965.67	317.04	25.16	82.52	8.32	7.73	54.49	32.92	87.80	2,179.15
1970	1,080.34	294.29	20.27	73.44	7.02	7.57	36.67	40.08	100.88	2,370.64
1971	983.52	223.48	17.25	105.47	5.75	9.91	32.71	45.25	99.72	2,230.53
1972	876.09	316.09	16.17	88.02	5.58	11.80	35.58	42.25	100.36	2,158.14
1973	853.61	326.84	24.61	159.58	5.57	9.29	34.88	45.60	74.44	2,169.42
1974	943.98	310.80	28.15	189.69	3.80	6.97	26.71	34.79	63.01	2,135.78
1975	788.18	367.73	32.87	261.87	5.07	7.23	33.98	34.77	78.79	2,127.10
1976	896.51	385.55	31.81	198.56	4.29	7.01	32.69	35.47	57.86	2,172.07
1977	1,042.22	409.98	37.06	144.92	4.29	7.20	24.46	42.33	74.32	2,343.10
1978	929.21	429.43	25.01	149.81	4.21	6.68	40.13	49.73	70.90	2,325.41
1979	878.43	361.54	21.17	140.54	4.09	7.87	36.59	53.40	109.42	2,316.60
1980	966.00	204.14	21.87	130.12	4.28	9.76	38.91	53.12	84.73	2,169.40

Note : Total calorie intake is worked out on the basis of all food items.

Source : Department of Census and Statistics.

TABLE 3.2 - AVAILABILITY OF FOOD FOR SELECTED ITEMS 1950 - 1980.

(Thousand Metric Tons)

Year	Grains			Meat	Eggs	Fish	Milk	Oils & Fats
	Rice	Wheat Flour	Other Grains					
1950	606.3	186.0	22.8	20.3	10.4	54.8	99.5	29.7
1951	780.45	203.88	28.16	26.88	10.81	54.60	102.42	30.59
1952	600.94	221.67	24.79	20.81	11.94	45.46	123.61	31.06
1953	611.63	281.35	42.25	20.80	13.67	43.74	127.52	32.09
1954	806.45	260.51	52.18	24.36	14.21	43.78	130.04	32.88
1955	840.01	182.08	37.46	25.67	14.13	47.93	130.44	33.91
1956	843.36	190.38	20.26	25.39	8.90	45.69	106.46	31.10
1957	916.06	192.80	35.69	25.15	9.43	50.73	106.62	33.95
1958	883.73	200.76	28.97	25.41	9.12	66.84	103.78	34.43
1959	1,053.88	203.22	30.23	28.60	10.95	68.94	116.93	35.40
1960	1,090.96	220.82	33.23	24.67	11.22	74.27	109.52	36.27
1961	1,109.60	212.43	33.00	18.11	12.70	65.52	112.84	37.48
1962	1,042.07	171.35	31.06	20.39	11.90	79.12	101.47	38.30
1963	1,239.10	209.63	38.01	20.80	19.74	89.95	139.00	39.27
1964	1,066.13	233.93	32.38	21.95	21.09	104.45	168.17	40.36
1965	1,204.08	241.85	31.97	22.05	20.13	87.79	181.49	40.41
1966	1,208.88	320.10	30.68	22.74	21.41	125.61	156.81	41.61
1967	1,080.96	462.17	43.69	19.13	21.45	108.83	149.99	42.31
1968	1,166.57	394.60	34.06	20.89	24.77	132.98	160.95	43.44
1969	1,202.97	389.55	32.83	23.64	23.98	132.53	141.66	44.79
1970	1,374.62	369.35	26.90	21.56	24.02	103.19	150.91	52.50
1971	1,311.39	298.02	23.35	22.70	26.63	92.71	158.74	51.52
1972	1,196.64	431.66	23.04	22.69	32.44	107.92	208.49	53.09
1973	1,185.52	453.96	35.73	22.54	26.00	103.79	216.87	40.07
1974	1,326.03	436.68	41.03	16.13	19.67	86.54	149.60	34.36
1975	1,121.30	524.69	48.66	21.04	20.75	95.36	156.64	43.54
1976	1,290.89	556.74	47.61	19.39	20.34	94.35	170.57	32.58
1977	1,519.49	599.39	55.90	17.62	21.15	86.38	193.35	42.16
1978	1,378.48	638.89	38.80	17.43	20.06	137.06	207.12	40.96
1979	1,330.05	548.97	33.44	17.01	24.07	129.55	213.81	64.49
1980	1,489.03	315.61	35.04	17.44	30.34	137.37	229.32	50.82

Source : Department of Census and Statistics.

TABLE 3.3 - FOOD BALANCE SHEET - 1970

(Physical Availabilities)

(Thousand Metric Tons)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption				
			Exports	Imports		Seed	Animal Feed	Waste	Manufacture	
A. Cereals										
Wheat Flour	-	1.84	-	374.55	376.39	-	7.04	-	-	-
Maize	14.41	-	-	-	14.41	0.43	-	0.43	-	-
Millet	13.31	-	-	-	13.31	0.25	-	0.40	-	-
Rice (Paddy Wetland)	1,615.95	297.33	-	785.32	2,103.94	93.92	2.94	-	-	-
Rice (Paddy Highland)	15.44	-	-	-	15.44	0.97	-	-	-	-
Other Grains	0.51	-	-	2.92	3.43	0.02	-	0.10	-	-
B. Roots Tubers and Other Starchy Foods										
Potatoes	31.74	-	-	-	31.74	4.95	-	3.17	-	-
Manioc	353.75	-	-	-	353.75	-	-	106.12	-	-
Yams and Sweet Potatoes	72.16	-	-	-	72.16	-	-	21.65	-	-
C. Sugar										
Refined	14.64	28.34	-	243.98	286.96	-	-	0.01	-	-
Raw	-	-	-	0.79	0.79	-	-	-	-	-
D. Pulses and Nuts										
Green Grams	2.24	-	-	-	2.24	0.08	-	0.07	-	-
Other Pulses	3.34	-	-	70.34	74.18	0.08	-	2.22	-	-
Coconut (Shelled)	855.36	-	2.15	-	853.21	-	-	-	-	466.49
E. Vegetables										
	799.86	-	-	65.86	865.72	11.90	-	259.72	-	-
F. Fruits										
	147.36	-	-	10.98	158.34	-	-	23.75	-	-
G. Meat										
Tinned	0.34	-	-	0.09	0.43	-	-	-	-	-
Beef	15.97	-	-	-	15.97	-	-	-	-	-
Buffaloes	0.49	-	-	-	0.49	-	-	-	-	-
Pork	0.67	-	-	-	0.67	-	-	-	-	-
Mutton (Goat and Sheep)	1.06	-	-	-	1.06	-	-	-	-	-
Poultry	2.94	-	-	-	2.94	-	-	-	-	-
H. Eggs										
	24.46	-	-	-	24.46	0.43	-	0.01	-	-
I. Fish										
Fresh	99.94	-	-	-	99.94	-	-	29.98	-	14.19
Dried and Salted	4.73	-	-	34.65	39.38	-	-	-	-	-
Tinned Fish	0.28	-	-	7.76	8.04	-	-	-	-	-
J. Milk										
Cow	106.05	-	-	-	106.05	-	-	-	-	4.37
Buffaloes	29.18	-	-	-	29.18	-	-	-	-	0.89
Tinned (Whole Dried)	-	-	-	12.58	12.58	-	-	-	-	-
Condensed Milk	5.90	-	-	2.46	8.36	-	-	-	-	-
Milk Foods	-	-	-	-	-	-	-	-	-	-
K. Oil and Fats										
Copra	210.79	-	15.52	-	195.27	-	-	-	-	195.27
Coconut Oil	120.16	-	58.03	-	62.13	-	-	-	-	11.73
Butter	0.20	-	-	1.90	2.10	-	-	-	-	-
Desiccated Coconut	49.18	49.12	-	-	0.06	-	-	-	-	0.06

3.6

Per Capita Supplies (Population 12.51 million)

Commodity	(Nutritional Value)				Per Day		Per Day	
	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
A. Cereals								
Wheat Flour	369.35	-	369.35	39.51	80.85	294.29	8.81	0.89
Maize	13.55	90	12.20	0.97	2.66	9.47	0.25	0.11
Millets	12.91	90	11.72	0.94	2.58	8.56	0.17	0.04
Rice (Paddy)	2,021.51	68	1,374.82	109.84	300.93	1,080.34	21.36	3.31
Other Grains	3.31	90	2.98	0.24	0.66	2.24	0.06	0.02
Total						1,394.90	30.65	4.51
B. Toots, Tubers and Other Starchy Foods								
Potatoes	23.59	-	23.59	1.88	5.15	3.60	0.09	0.01
Manioc	247.63	-	247.63	19.79	54.22	59.10	0.49	0.11
Yams and Sweet Potatoes	50.51	-	50.51	4.04	11.07	10.74	0.12	0.03
Total						73.44	0.70	0.15
C. Sugar								
	287.74	-	287.74	22.92	62.79	242.94	0.15	-
D. Pulses and Nuts								
Green Grams	2.09	-	2.09	0.17	0.47	1.62	0.10	0.01
Other Pulses	71.88	-	71.88	5.74	15.73	54.27	3.49	0.33
Coconut (Shelled)	386.72	-	386.72	30.91	84.66	342.03	3.39	33.86
Total						397.92	6.98	34.20
E. Vegetables (Including Onions)								
	594.10	-	594.10	47.47	130.05	40.32	1.95	0.26
F. Fruits								
	134.59	-	134.59	10.76	29.48	16.21	0.21	0.06

(Nutritional Value)

3.6

Per Capita Supplies (Population 12.51 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day																																				
G. Meat																																												
Tinned Meat	0.43	-	0.43	0.03	0.08	0.19	0.02	0.01																																				
Beef	15.97	-	15.97	1.28	3.51	4.88	0.55	0.28																																				
Buffaloes	0.49	-	0.49	0.04	0.11	0.15	0.02	0.01																																				
Pork	0.67	-	0.67	0.05	0.14	0.46	0.02	0.04																																				
Mutton (Goat and Sheep)	1.06	-	1.06	0.08	0.22	0.53	0.03	0.05																																				
Poultry	2.94	-	2.94	0.23	0.63	0.81	0.08	0.05																																				
Total						7.02	0.72	0.44																																				
H. Eggs																																												
	24.02	-	24.02	11.92	5.26	7.57	0.58	0.55																																				
I. Fish																																												
Fresh Fish	55.77	-	55.77	4.46	12.22	15.60	2.39	-																																				
Dried and Salted	39.38	-	39.38	3.15	8.63	17.78	3.69	-																																				
Tinned Fish	8.04	-	8.04	0.64	1.75	3.29	0.35	-																																				
Total						36.67	6.43	-																																				
J. Milk																																												
Cow	101.68	-	101.68	8.12	22.25	14.46	0.78	0.78																																				
Buffaloes	28.29	-	28.29	2.26	6.19	6.25	0.25	0.46																																				
Tinned Milk (Whole Dried)	12.58	-	12.58	1.00	2.74	13.48	0.71	0.74																																				
Condensed	8.36	-	8.36	0.67	1.84	5.89	0.15	0.15																																				
Milk Foods	-	-	-	-	-	-	-	-																																				
Total						40.08	1.89	2.13																																				
K. Oil and Fats																																												
Copra	-	-	-	-	-	-	-	-																																				
Coconut Oil	50.40	-	50.40	-	11.04	97.59	-	11.04																																				
Butter	2.10	-	2.10	-	0.46	3.29	-	0.37																																				
Desiccated	-	-	-	-	-	-	-	-																																				
Total						100.88	-	11.41																																				
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td></td> <td></td> <td>Animal</td> <td></td> <td></td> <td></td> <td>9.79</td> <td>5.82</td> </tr> <tr> <td></td> <td></td> <td></td> <td>Vegetables</td> <td></td> <td></td> <td></td> <td>40.64</td> <td>50.28</td> </tr> <tr> <td></td> <td></td> <td></td> <td>Total</td> <td></td> <td></td> <td></td> <td>50.43</td> <td>56.10</td> </tr> </table>																					Animal				9.79	5.82				Vegetables				40.64	50.28				Total				50.43	56.10
			Animal				9.79	5.82																																				
			Vegetables				40.64	50.28																																				
			Total				50.43	56.10																																				

TABLE 3.5 - FOOD BALANCE SHEET - 1971

(Physical Availabilities)

(Thousand Metric Tons)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption				
			Exports	Imports		Seed	Animal Feed	Waste	Manufacture	
A. Cereals										
Wheat Flour	-	31.96	-	333.77	303.81	-	5.79	-	-	-
Maize	12.68	-	-	-	12.68	0.40	-	5.88	-	-
Millet	12.34	-	-	-	12.54	0.25	-	0.57	-	-
Rice (Paddy Wetland)	1,395.78	121.53	-	498.50	2,016.11	85.85	1.74	-	-	-
Rice (Paddy Highland)	-	-	-	-	-	-	-	-	-	-
Other Grains	0.52	-	-	0.71	1.23	0.01	-	0.04	-	-
B. <u>Roots, Tubers and Other Starchy Foods</u>										
Potatoes	28.04	-	-	-	28.04	4.62	-	2.80	-	-
Manioc	375.43	-	-	-	375.43	-	-	112.63	-	-
Yams and Sweet Potatoes	57.93	-	-	-	75.93	-	-	17.31	-	-
C. <u>Sugar</u>										
Refined	13.74	10.88	-	248.24	272.86	-	-	-	-	-
D. <u>Pulses and Nuts</u>										
Green Grams	2.01	-	-	-	2.01	0.08	-	0.06	-	-
Other Pulses	2.70	-	-	30.71	33.41	0.08	-	0.02	-	-
Coconut (Shelled)	908.53	-	2.90	-	905.63	-	-	-	-	512.72
E. <u>Vegetables (Including Onions)</u>										
Onions	42.10	-	-	28.14	70.24	12.04	-	21.07	-	-
F. <u>Fruits</u>										
	149.72	-	-	9.62	159.34	-	-	23.90	-	-
G. <u>Meat</u>										
Tinned	0.32	-	-	0.04	2.32	-	-	-	-	-
Beef	16.77	-	-	-	16.77	-	-	-	-	-
Buffaloes	0.66	-	-	-	0.66	-	-	-	-	-
Pork	0.90	-	-	-	0.90	-	-	-	-	-
Mutton	1.00	-	-	-	1.00	-	-	-	-	-
Poultry	22.70	-	-	-	5.05	-	-	-	-	-
H. <u>Eggs</u>										
	27.10	-	-	-	27.10	0.47	-	0.01	-	-
I. <u>Fish</u>										
Fresh	85.24	-	-	-	35.24	-	-	25.57	-	9.6
Dried and Salted Fish	4.15	-	-	36.25	40.40	-	-	-	-	-
Tinned Fish	0.07	-	0.07	2.25	2.32	-	-	-	-	-
J. <u>Milk</u>										
Cow	110.69	-	-	-	110.69	-	-	-	-	4.94
Buffaloes	33.00	-	-	-	33.00	-	-	-	-	0.88
Tinned (Whole Dried)	-	-	-	10.37	10.37	-	-	-	-	-
Condensed Milk	6.13	-	-	10.37	16.50	-	-	-	-	-
Milk Foods	-	-	-	-	-	-	-	-	-	-
K. <u>Oil and Fats</u>										
Copra	232.69	-	17.49	-	215.20	-	-	-	-	215.20
Coconut Oil	132.23	-	70.06	-	62.26	-	-	-	-	11.05
Butter	0.28	-	-	0.03	0.31	-	-	-	-	-
Desiccated Coconut	53.39	-	53.33	-	0.06	-	-	-	-	0.06

(Nutritional Value) Per Capita Supplies (Population 12.69 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
A. Cereals								
Wheat Flour	298.02	-	298.02	23.44	64.22	223.48	7.06	0.58
Maize	11.80	90	10.62	0.88	2.41	8.24	0.26	0.09
Millets	11.97	90	11.67	0.92	2.52	8.26	0.18	0.03
Rice (Paddy)	1,928.52	68	1,311.39	103.15	282.00	983.52	18.65	1.13
Other Grains	1.18	90	1.06	0.08	0.22	0.75	0.02	0.01
Total						1,224.25	26.17	1.84
						=====	=====	=====
B. Roots, Tubers and Other Starchy Foods								
Potatoes	21.62	-	21.62	1.70	4.66	4.52	0.07	0.01
Manioc	262.80	-	262.80	20.67	56.65	88.91	0.51	0.11
Yams and Sweet Potatoes	46.55	-	46.55	3.66	10.03	12.04	0.12	0.03
Total						105.47	0.70	0.15
						=====	=====	=====
C. Sugar	272.86	-	272.86	21.78	58.58	226.70	-	-
						=====	=====	=====
D. Pulses and Nuts								
Green Grams	1.87	-	1.87	0.15	0.41	1.43	0.10	0.01
Other Pulses	32.31	-	32.31	2.54	7.04	24.15	1.78	0.04
Coconut (Shelled)	392.91	-	392.91	30.90	84.66	375.89	3.81	35.22
Total						401.47	5.69	35.27
						=====	=====	=====
E. Vegetables	431.14	-	431.14	33.91	92.90	50.78	2.45	0.21
Onions	47.08	-	47.08	3.70	10.14	5.98	1.80	0.01
Total						56.76	4.25	0.21
						=====	=====	=====
F. Fruits	135.44	+	135.44	10.65	29.18	22.54	0.26	0.08
						=====	=====	=====

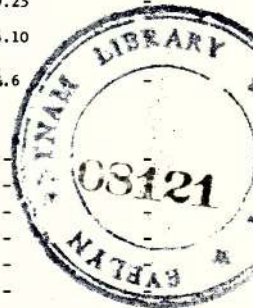
Commodity	Per Capita Supplies (Population 1969 million)							
	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
G. Meat								
Tinned Meat	0.32	-	0.32	0.02	0.05	0.12	0.01	0.01
Beef	16.77	-	16.77	1.32	3.62	4.13	0.82	0.09
Buffaloe	0.66	-	0.66	0.05	0.14	0.19	0.02	0.01
Pork	0.90	-	0.90	0.07	0.19	0.22	0.04	0.01
Mutton (Goat and Sheep)	1.00	+	1.00	0.07	0.19	0.37	0.04	0.03
Poultry	3.05	-	3.05	0.24	0.66	0.72	0.17	0.00
Total						5.75	1.10	0.15
						=====	=====	=====
H. Eggs	26.63	-	26.63	2.00	5.73	9.91	0.76	0.76
						=====	=====	=====
I. Fish								
Fresh Fish	49.99	-	49.99	3.93	10.76	13.99	2.14	0.54
Dried and Salted	40.40	-	40.40	3.17	8.68	17.88	3.70	0.45
Tinned Fish	2.32	-	2.32	0.18	0.49	0.84	0.10	0.05
Total						32.71	5.94	1.04
						=====	=====	=====
Milk								
Cow	105.75	-	105.75	8.32	22.79	15.27	0.73	0.93
Buffaloe	32.12	-	32.12	2.53	6.93	7.00	0.28	0.52
Tinned Milk (Whole Dried)	10.37	-	10.37	0.82	2.25	11.16	0.55	0.60
Condensed	16.50	-	16.50	1.30	3.56	11.82	0.28	0.30
Milk Foods	-	-	-	-	-	-	-	-
Total						45.25	1.87	2.35
						=====	=====	=====
K. Oils and Fats								
Copra	-	-	-	-	-	-	-	-
Coconut Oil	51.21	-	51.21	4.03	11.04	99.36	0.00	11.04
Butter	131	-	.31	.02	.05	.36	0.00	0.04
Desiccated Coconut	-	-	-	-	-	-	-	-
Total						99.72	0.00	11.08
						=====	=====	=====
				Animal				
				Vegetables				
				Total				
						93.98	9.67	4.34
						2,136.55	37.07	48.60
						2,230.53	46.74	52.94
						=====	=====	=====

TABLE 3.7 - FOOD BALANCE SHEET - 1972.

(Physical Availabilities)

(Thousand Metric Tons)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption				
			Exports	Imports		Seed	Animal Feed	Waste	Manufacture	
A. Cereals										
Wheat Flour	-	35.49	-	401.96	437.45	-	5.79	-	-	-
Maize	15.11	-	-	-	15.11	0.45	-	0.31	-	-
Milletts	14.55	-	-	-	14.55	0.25	-	0.41	-	-
Rice (Paddy)	1,312.45	- 123.05	-	415.88	1,851.38	89.87	1.71	-	-	-
Other Grains	0.53	-	-	0.71	1.24	0.01	-	0.04	-	-
B. Roots, Tubers and Other										
Starchy Foods										
Potatoes	31.28	-	-	-	31.28	5.33	-	3.13	-	-
Manioc	317.59	-	-	-	317.59	-	-	95.28	-	-
Yams and Sweet Potatoes	56.2	-	-	-	56.2	-	-	16.86	-	-
C. Sugar										
Refined	9.35	8.22	-	215.36	232.93	-	-	-	-	-
D. Pulses and Nuts										
Green Grams	2.45	-	-	-	2.45	0.10	-	0.07	-	-
Other Pulses	3.17	-	-	30.61	33.77	0.11	-	1.01	-	-
Coconut (Shelled)	1,013.55	-	2.9	-	1,010.65	-	-	-	-	417.97
E. Vegetables										
Onions	43.68	-	-	-	43.68	14.89	-	14.10	-	-
F. Fruits										
	153.34	-	-	10.64	165.98	-	-	24.6	-	-
G. Meat										
Tinned	0.32	-	-	0.004	0.324	-	-	-	-	-
Beef	16.49	-	-	-	16.49	-	-	-	-	-
Buffaloes	0.32	-	-	-	0.32	-	-	-	-	-
Pork	0.70	-	-	-	0.70	-	-	-	-	-
Mutton (Goat and Sheep)	0.93	-	-	-	0.93	-	-	-	-	-
Poultry	3.93	-	-	-	3.93	-	-	-	-	-
H. Eggs										
	33.04	-	-	-	33.04	0.58	-	0.02	-	-
I. Fish										
Fresh	101.72	-	-	-	101.72	-	-	3.52	-	1.92
Dried and Salted	5.30	-	-	32.45	36.85	-	-	-	-	-
Tinned Fish	0.10	-	-	1.78	1.89	-	-	-	-	-
J. Milk										
Cow	167.87	-	-	-	167.87	-	-	-	-	8.12
Buffaloes	35.4	-	-	-	35.4	-	-	-	-	1.03
Tinned (Whole Dried)	-	-	-	6.6	-	-	-	-	-	-
Condensed Milk	7.71	-	-	-	7.71	-	-	-	-	-
Milk Foods	-	-	-	-	-	-	-	-	-	-
K. Oils and Fats										
Copra	245.22	-	21.85	-	-	-	-	25.22	-	245.22
Coconut Oil	150.90	-	81.89	-	69.11	-	-	10.6	-	16.66
Butter	0.10	-	-	0.49	0.59	-	-	-	-	-
Desiccated Coconut	49.42	-	49.37	-	0.05	-	-	-	-	0.05



(Nutritional Value)

Per Capita Supplied (Population 12.86 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
A. Cereals								
Wheat Flour	431.66	-	431.66	33.15	90.83	316.09	9.99	0.82
Maize	10.3	90	9.28	0.71	1.94	6.63	0.21	0.07
Milletts	14.11	90	12.70	0.99	2.68	8.79	0.20	0.03
Rice (Paddy)	759.77	68	1,196.64	91.89	251.85	876.09	16.77	1.01
Other Grains	1.19	90	1.07	0.08	0.22	0.75	0.02	0.01
Total								
B. Roots, Tubers and Other								
<u>Starchy Foods</u>								
Potatoes	22.82	-	22.82	1.75	4.79	4.65	0.08	0.005
Manioc	222.31	-	222.31	17.07	46.77	73.43	0.42	0.09
Yams and Sweet Potatoes	39.34	-	39.34	3.02	8.28	9.94	0.1	0.02
C. Sugar	232.93	-	232.93	16.89	49.01	184.67	-	-
D. Pulses and Nuts								
Green Grams	2.28	-	2.28	0.18	0.49	1.71	-	0.01
Other Pulses	32.66	-	32.66	2.51	6.88	23.6	1.73	0.05
Coconut (Shelled)	402.43	-	402.43	30.9	84.65	375.85	3.81	35.21
E. Vegetables	441.58	-	441.58	33.91	92.9	50.88	2.45	0.21
Onions	15.69	-	15.69	1.2	3.29	1.94	0.01	0.003
F. Fruits	139.38	-	139.38	10.7	29.32	22.65	0.26	0.03

(Nutritional Value)

Per Capita Supplied (Population 12.86 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
G. Meat								
Tinned Meat	0.32	-	0.32	0.02	0.05	0.12	0.01	0.01
Beef	16.49	-	16.49	1.27	3.48	3.97	0.79	0.09
Buffaloes	0.32	-	0.32	0.02	0.05	0.07	0.01	0.004
Pork	0.7	-	0.7	0.05	0.14	0.16	0.03	0.01
Mutton (Goat and Sheep)	0.93	-	0.93	0.07	0.19	0.37	0.04	0.03
Poultry	3.93	-	3.93	0.3	0.82	0.89	0.21	0.01
H. Eggs	32.46	-	32.44	2.49	6.82	11.8	0.91	0.91
I. Fish								
Fresh Fish	69.28	-	69.28	5.32	14.58	18.95	2.90	0.73
Dried and Salted	36.75	-	36.75	2.82	7.73	15.92	3.03	0.4
Tinned Fish	1.89	-	1.89	0.15	0.41	0.71	0.09	0.04
J. Milk								
Cow	159.75	-	159.75	12.27	33.62	22.33	1.08	1.38
Buffaloes	34.37	-	34.37	2.64	7.23	7.3	0.29	0.54
Tinned Milk (Whole Dried)	6.66	-	6.66	0.51	1.4	6.94	0.36	0.37
Condensed	8.71	-	7.71	0.59	1.62	5.38	0.13	0.14
Milk Foods	-	-	-	-	-	-	-	-
K. Oil and Fats								
Copra	-	-	-	-	-	-	-	-
Coconut Oil	52.45	-	52.45	4.03	11.04	99.36	-	11.04
Butter	0.59	-	0.59	0.05	0.14	1.0	0.00	0.11
Desiccated Coconut	0.05	-	0.05	-	-	-	-	-
						95.21	10.15	4.66
						Animal		
						Vegetables		
						2,062.93	36.17	48.72
						Total		
						2,158.14	46.32	53.38

TABLE 3.9 - FOOD BALANCE SHEET - 1973

(Physical Availabilities)

(Thousand Metric Tons)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption			Manufacture
			Exports	Imports		Seed	Animal Feed	Waste	
A. Cereals									
Wheat Flour	-	- 21.13	-	436.91	458.04	-	4.08	-	-
Maize	20.68	-	-	-	20.68	0.65	-	0.62	-
Milletts	19.52	-	-	-	19.52	0.35	-	0.58	-
Rice (Paddy)	1,312.42	- 16.15	-	504.58	1,833.15	89.74	1.24	-	-
Other Grains	1.03	-	-	0.74	1.77	0.02	-	0.05	-
B. Roots, Tubers and Other Starchy Foods									
Potatoes	26.38	-	-	-	26.38	5.05	-	2.64	-
Manioc	615.58	-	-	-	615.58	-	-	184.67	-
Yams and Sweet Potatoes	91.38	-	-	-	91.38	-	-	27.41	-
C. Sugar									
Refined	12.09	10.43	-	193.58	216.10	-	-	-	-
D. Pulses and Nuts									
Green Grams	4.58	-	-	-	4.58	0.16	-	0.14	-
Other Pulses	3.64	-	-	10.38	14.02	0.12	-	0.42	-
Coconut (Shelled)	665.68	-	1.70	-	663.98	-	-	-	257.07
E. Vegetables									
Onions	641.44	-	-	-	641.44	-	-	192.43	-
F. Fruits									
	155.92	-	-	11.10	167.02	-	-	25.05	-
G. Meat									
Tinned	0.37	-	-	0.004	0.37	-	-	-	-
Beef	17.09	-	-	-	17.09	-	-	-	-
Buffaloes	0.19	-	-	-	0.19	-	-	-	-
Pork	0.61	-	-	-	0.61	-	-	-	-
Mutton (Goat and Sheep)	1.02	-	-	-	1.02	-	-	-	-
Poultry	3.26	-	-	-	3.26	-	-	-	-
H. Eggs									
	26.47	-	-	-	26.47	0.46	-	0.01	-
I. Fish									
Fresh	100.70	-	-	-	100.70	-	-	30.21	11.32
Dried and Salted	5.37	-	-	38.37	43.94	-	-	-	-
Tinned Fish	0.06	-	-	0.62	0.68	-	-	-	-
J. Milk									
Cow	183.12	-	-	-	183.12	-	-	-	11.52
Buffaloes	28.50	-	-	-	28.50	-	-	-	1.99
Tinned (Whole Dried)	0.07	-	-	10.18	10.25	-	-	-	-
Condensed Milk	7.80	-	-	0.71	8.51	-	-	-	-
Milk Foods	-	-	-	-	-	-	-	-	-
K. Oil and Fats									
Copra	94.60	-	2.74	-	91.86	-	-	-	86.13
Coconut Oil	55.78	-	9.85	-	45.92	-	-	-	6.50
Butter	0.17	-	-	0.47	0.64	-	-	-	-
Desiccated Coconut	38.06	-	37.97	-	0.09	-	-	-	0.09

TABLE 3.10 - FOOD BALANCE SHEET - 1973
(Nutritional Value)

Per Capita Supplies (Population 13.24 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
A. Cereals								
Wheat Flour	453.96	-	453.96	34.28	93.92	326.84	10.33	0.84
Maize	19.41	90	17.47	1.32	3.62	12.38	0.40	0.13
Milletts	18.59	90	16.73	1.25	3.42	11.21	0.25	0.04
Rice (Paddy)	1,742.17	68	1,185.52	89.53	245.29	853.61	16.34	0.98
Other Grains	1.70	90	1.53	0.11	0.30	1.02	0.03	0.01
Total						1,205.06	27.35	2.00
B. Roots, Tubers and Other Starchy Foods								
Potatoes	18.69	-	18.69	1.41	3.86	3.74	0.06	0.004
Manioc	430.91	-	430.91	32.54	89.15	139.96	0.80	0.17
Yams and Sweet Potatoes	63.97	-	63.97	4.83	13.23	15.88	0.15	0.04
Total						159.58	1.01	0.214
C. Sugar	216.10	-	216.10	16.32	44.71	173.03		
D. Pulses and Nuts								
Green Grams	4.28	-	4.28	0.32	0.88	3.06	0.02	0.01
Other Pulses	13.48	-	13.48	1.02	2.79	9.57	0.70	0.02
Coconut (Shelled)	406.91	-	406.91	30.73	84.19	373.80	3.79	35.02
Total						386.43	4.51	35.05
E. Vegetables								
Onions	449.01	-	449.01	33.91	92.90	50.78	2.45	0.21
Total	16.99	-	16.99	1.28	3.51	2.07	0.06	0.003
						52.85	2.51	0.213
F. Fruits								
	141.97	-	141.97	10.72	29.37	22.69	0.26	0.03

TABLE 3.10 (CONTD.) - FOOD BALANCE SHEET - 1973

(Nutritional Value)

Per Capita Supplies (Population 13.24 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
G. Meat								
Tinned Meat	0.37	-	0.37	0.03	0.08	0.19	0.02	0.01
Beef	17.09	-	17.09	1.29	3.53	4.02	0.80	0.09
Buffaloe	0.19	-	0.19	0.01	0.03	0.04	0.004	0.002
Pork	0.61	-	0.61	0.05	0.14	0.16	0.03	0.01
Mutton (Goat and Sheep)	1.02	-	1.02	0.08	0.22	0.42	0.04	0.03
Poultry	3.26	-	3.26	0.25	0.68	0.74	0.17	0.004
Total						5.57	1.064	0.146
H. Eggs								
	26.00	-	26.00	1.96	5.37	9.29	0.71	0.71
I. Fish								
Fresh Fish	59.17	-	59.17	4.47	12.25	15.92	2.44	0.61
Dried and Salted	43.94	-	43.94	3.32	9.10	18.74	3.88	0.47
Tinned Fish	0.68	-	0.68	0.05	0.13	0.22	0.03	0.01
Total						34.88	6.35	1.09
J. Milk								
Cow	171.60	-	171.60	12.96	35.51	23.79	1.14	1.45
Buffaloe	26.51	-	26.51	2.00	5.48	5.53	0.22	0.41
Tinned Milk (Whole Dried)	10.25	-	10.25	0.77	2.11	10.47	0.54	0.56
Condensed	8.51	-	8.51	0.64	1.75	5.81	0.14	0.15
Milk Foods	-	-	-	-	-	-	-	-
Total						45.60	2.04	2.57
K. Oil and Fats								
Copra	-	-	-	-	-	-	-	-
Coconut Oil	39.41	-	39.43	2.98	8.16	73.44	-	8.16
Butter	0.64	-	0.64	0.05	0.14	1.00	0.001	0.11
Desiccated Coconut	-	-	-	-	-	-	-	-
Total						74.44	0.001	8.27
Animal				Animal		96.34	10.16	4.52
Vegetables				Vegetables		2,073.08	35.65	45.77
Total				Total		2,169.42	45.81	50.29

TABLE 3.11 - FOOD BALANCE SHEET - 1974

(Physical Availabilities)									
(Thousand Metric Tons)									
Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption			
			Exports	Imports		Seed	Animal Feed	Waste	Manufacture
A. Cereals									
Wheat Flour	-	58.47	-	495.15	436.68	-	-	-	-
Maize	22.64	-	-	0.10	22.74	0.76	-	0.68	-
Millet	22.17	-	-	-	22.17	0.36	-	0.66	-
Rice (Paddy)	1,602.33	- 9.99	-	443.79	2,052.11	102.06	-	-	-
Other (Grains)	3.45	-	-	-	3.45	0.23	-	0.10	-
B. Roots, Tubers and Other Starchy Foods									
Potatoes	26.90	-	-	-	26.90	4.81	-	2.69	-
Manioc	706.61	-	-	-	706.61	-	-	211.98	-
Yams and Sweet Potatoes	157.14	-	-	-	157.14	-	-	47.14	-
C. Sugar									
Refined	19.48	- 27.19	-	42.68	89.34	-	-	-	1.14
D. Pulses and Nuts									
Green Grams	4.82	-	-	-	4.82	0.20	-	0.24	-
Other Pulses	6.82	-	-	-	6.82	0.27	-	0.20	-
Coconut (Shelled)	695.36	-	0.67	-	694.69	-	-	-	281.35
E. Vegetables (Including Onions)									
Onions	52.80	-	-	-	52.80	15.89	-	15.84	-
F. Fruits									
	157.71	-	-	5.51	163.22	-	-	24.48	-
G. Meat									
Tinned	-	-	-	-	-	-	-	-	-
Beef	12.82	-	-	-	12.82	-	-	-	-
Buffaloes	0.06	-	-	-	0.06	-	-	-	-
Pork	0.20	-	-	-	0.20	-	-	-	-
Mutton (Goat and Sheep)	0.47	-	-	-	0.47	-	-	-	-
Poultry	2.58	-	-	-	2.58	-	-	-	-
H. Eggs									
	20.03	-	-	-	20.03	0.35	-	0.01	-
I. Fish									
Fresh	110.69	-	-	0.16	110.85	-	0.59	33.26	14.24
Dried and Salted	6.90	-	-	16.82	23.72	-	-	-	-
Tinned Fish	0.06	-	-	-	0.06	-	-	-	-
J. Milk									
Cow	115.39	-	-	-	115.39	-	-	-	14.16
Buffaloes	34.51	-	-	-	34.51	-	-	-	2.31
Tinned (Whole Dried)	1.20	-	-	8.06	9.26	-	-	-	-
Condensed Milk	5.90	-	-	0.36	6.26	-	-	-	-
Milk Foods (Yoghurt)	0.64	-	-	-	0.64	-	-	-	-
K. Oil and Fats									
Copra	108.47	-	0.47	-	108.00	-	-	-	108.00
Coconut Oil	61.16	-	21.84	-	39.32	-	-	-	5.38
Butter	0.20	-	-	0.23	0.43	-	-	-	-
Desiccated Coconut	43.44	-	42.56	-	0.88	-	-	-	0.88

Per Capita Supplies (Population 13.39 million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams Per Day	Fat Grams Per Day
A. Cereals								
Wheat Flour	436.68	-	436.68	32.60	89.31	310.80	9.91	0.80
Maize	21.30	90	19.18	1.43	3.92	13.42	0.44	0.14
Milletts	21.15	90	19.04	1.42	3.89	12.76	0.28	0.05
Rice (Paddy)	1,950.05	68	1,326.03	99.01	271.26	943.98	17.90	1.08
Other Grains	3.12	90	2.81	0.21	0.58	1.97	0.06	0.02
Total						1,282.93	28.59	2.09
B. Roots, Tubers and Other Starchy Foods								
Potatoes	19.40	-	19.40	1.45	3.97	3.85	0.63	0.004
Manioc	494.63	-	494.63	36.93	101.18	158.85	0.91	0.20
Yams and Sweet Potatoes	110.00	-	110.00	8.21	22.49	26.99	0.27	0.07
Total						189.69	1.81	0.274
C. Sugar								
	88.20	-	88.20	6.59	18.04	69.81	-	-
D. Pulses and Nuts								
Green Grams	4.38	-	4.38	0.32	0.87	3.03	0.21	0.01
Other Pulses	6.35	-	6.35	0.47	1.28	4.39	0.32	0.01
Coconut (Shelled)	413.34	-	413.34	30.86	84.55	375.40	3.80	35.17
Total						382.82	4.33	35.19
E. Vegetables								
Onions	454.17	-	454.17	33.91	92.90	50.78	2.45	0.21
Total	21.07	-	21.07	1.57	4.31	2.54	0.08	0.004
						53.32	2.53	0.214
F. Fruits								
	138.74	-	138.74	10.36	28.38	21.93	0.25	0.03

Per Capita Supplies (Population 13.39 million)

(Nutritional Value)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilograms Per Year	Grams Per Day	Calories Per Day	Protein Grams		Fat Grams	
							Per Day	Per Day	Per Day	Per Day
G. Meat										
Tinned Meat	-	-	-	-	-	-	-	-	-	-
Beef	12.82	-	12.82	0.96	2.83	2.99	0.59	0.07	0.07	0.07
Buffalao	0.06	-	0.06	0.004	0.011	0.015	0.002	0.001	0.001	0.001
Pork	0.20	-	0.20	0.015	0.04	0.046	0.007	0.02	0.02	0.02
Mutton (Goat and Sheep)	0.47	-	0.47	0.035	0.095	0.18	0.01	0.01	0.01	0.01
Poultry	2.58	-	2.58	0.19	0.52	0.57	0.13	0.003	0.003	0.003
Total						3.801	0.739	0.104	0.104	0.104
H. Eggs										
	19.67	-	19.67	1.47	4.03	6.97	0.54	0.54	0.54	0.54
I. Fish										
Fresh Fish	62.76	-	62.76	4.69	12.85	16.70	2.56	0.64	0.64	0.64
Dried and Salted	23.72	-	23.72	1.77	4.85	9.99	2.07	0.25	0.25	0.25
Tinned Fish	0.06	-	0.06	0.004	0.012	0.02	0.002	0.001	0.001	0.001
Total						26.71	4.632	0.891	0.891	0.891
J. Milk										
Cow	101.23	-	101.23	7.56	20.71	13.87	0.65	0.84	0.84	0.84
Buffalao	32.21	-	32.21	2.40	6.57	6.63	0.26	0.49	0.49	0.49
Tinned Milk	9.26	-	9.26	0.69	1.89	9.37	0.48	0.50	0.50	0.50
Condensed	6.26	-	6.26	0.47	1.29	4.28	0.10	0.11	0.11	0.11
Milk Foods	0.64	-	0.64	0.05	0.13	0.64	0.03	0.03	0.03	0.03
Total						34.79	1.52	1.97	1.97	1.97
K. Oil and Fats										
Copra	-	-	-	-	-	-	-	-	-	-
Coconut Oil	33.93	-	33.93	2.53	6.93	62.37	-	6.93	6.93	6.93
Butter	0.43	-	0.43	0.03	0.09	0.64	0.001	6.07	6.07	6.07
Desiccated Coconut	-	-	-	-	-	-	-	-	-	-
Total						63.01	0.001	7.00	7.00	7.00
				Animal		72.911	7.432	3.575	3.575	3.575
				Vegetable		2,062.870	37.510	44.728	44.728	44.728
				Total		2,135.781	44.942	48.303	48.303	48.303

TABLE 3.13 - FOOD BALANCE SHEET - 1975

(Physical Availabilities)

(Thousand Metric Tons)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption				
			Exports	Imports		Seed	Animal Feed	Waste	Manufacture	
A. Cereals										
Wheat Flour	-	3.55	-	528.24	524.69	-	-	-	-	-
Maize	27.10	-	-	0.11	27.21	0.89	-	0.82	-	-
Milletts	24.51	-	-	-	24.51	0.53	-	0.74	-	-
Rice (Paddy)	1,154.16	94.26	-	675.17	1,735.07	86.10	-	-	-	-
Other Grains	5.59	-	-	-	5.59	0.10	-	0.17	-	-
B. Roots, Tubers and Other Starchy Foods										
Potatoes	27.92	-	-	-	27.92	4.70	-	2.79	-	-
Manioc	996.87	-	-	-	996.87	-	-	299.06	-	-
Yams and Sweet Potatoes	220.05	-	-	-	220.05	-	-	66.02	-	-
C. Sugar										
Refined	18.11	14.85	-	62.36	65.62	-	-	-	-	0.09
D. Pulses and Nuts										
Green Grams	8.01	-	-	-	8.01	0.36	-	0.24	-	-
Other Pulses	20.80	-	-	-	20.80	0.42	-	0.62	-	-
Coconut (Shelled)	879.41	-	3.41	-	876.00	-	-	-	-	459.60
E. Vegetables (Including Onions)										
Onions	41.71	-	-	-	41.71	15.94	-	12.51	-	-
F. Fruits										
	160.19	-	-	-	160.19	-	-	24.03	-	-
G. Meat										
Tinned	-	-	-	-	-	-	-	-	-	-
Beef	16.74	-	-	-	16.74	-	-	-	-	-
Buffaloes	0.03	-	-	-	0.03	-	-	-	-	-
Pork	0.47	-	-	-	0.47	-	-	-	-	-
Mutton (Goat and Sheep)	1.41	-	-	-	1.41	-	-	-	-	-
Poultry	2.39	-	-	-	2.39	-	-	-	-	-
H. Eggs										
	21.13	-	-	-	21.13	0.37	-	0.01	-	-
I. Fish										
Fresh	129.14	-	0.91	-	128.23	-	-	38.75	-	17.59
Dried and Salted	8.01	-	-	15.29	23.30	-	-	-	-	-
Tinned Fish	0.17	-	-	-	0.17	-	-	-	-	-
J. Milk										
Cow	138.66	-	-	-	138.66	-	-	-	-	33.24
Buffaloes	40.85	-	-	-	40.85	-	-	-	-	3.42
Tinned (Whole Dried)	3.03	-	-	8.50	11.53	-	-	-	-	-
Condensed Milk	1.76	-	-	0.50	2.26	-	-	-	-	-
Milk Foods (Yoghurt)	-	-	-	-	-	-	-	-	-	-
K. Oil and Fats										
Copra	203.08	-	1.25	-	201.85	-	-	-	-	201.83
Coconut Oil	120.26	-	68.88	-	51.38	-	-	-	-	8.24
Butter	0.12	-	-	0.28	0.40	-	-	-	-	-
Desiccated Coconut	51.58	-	51.12	-	0.46	-	-	-	-	0.46

TABLE 3.14 - FOOD BALANCE SHEET 1975
(Nutritional Value)

Commodity	Per Capita Supplies (Population 13.60 Million)								
	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day	Grams per day	Calories grams per day	Protein grams per day	Fat grams per day	
A. Cereals									
Wheat Flour	524.69	-	524.69	38.57	105.67	367.73	11.62	0.95	
Maize	25.50	90	22.95	1.69	4.62	15.80	0.51	0.17	
Millers	23.24	90	20.92	1.54	4.21	13.81	0.31	0.05	
Rice (Paddy)	1,648.97	68	1,121.30	82.43	225.84	788.18	14.68	0.90	
Other Grains	5.32	90	4.79	0.35	0.96	3.26	0.09	0.03	
Total						<u>1,188.78</u>	<u>27.21</u>	<u>2.10</u>	
B. Roots, Tubers and Starchy Food									
Potatoes	20.43	-	20.43	1.50	4.11	3.99	0.07	0.004	
Manioc	697.81	-	697.81	51.30	140.55	220.66	0.98	0.28	
Yams and Sweet Potatoes	154.03	-	154.03	11.32	31.02	37.22	0.37	0.09	
Total						<u>261.87</u>	<u>1.42</u>	<u>0.37</u>	
C. Sugar									
	65.53	-	65.53	4.82	13.20	<u>52.54</u>	-	-	
D. Pulses and Nuts									
Green Grams	7.41	-	7.41	0.54	1.49	5.18	0.36	0.02	
Other Pulses	19.76	-	19.76	1.45	3.98	13.01	0.98	0.03	
Coconut (Shelled)	416.40	-	416.40	30.61	83.86	372.34	3.77	34.89	
Total						<u>390.53</u>	<u>5.11</u>	<u>34.94</u>	
E. Vegetables									
	461.29	-	461.29	33.91	92.90	50.78	2.45	0.21	
Onion	13.26	-	13.26	0.97	2.67	1.58	0.05	0.003	
Total						<u>52.36</u>	<u>2.50</u>	<u>0.21</u>	
F. Fruits									
	136.15	-	136.15	10.01	27.42	21.18	0.24	0.03	
G. Meat									
Tinned Meat	-	-	-	-	-	-	-	-	
Beef	16.74	-	16.74	1.23	3.37	3.84	0.76	0.09	
Buffaloes	0.03	-	0.03	0.002	0.005	0.007	0.001	0.0004	
Pork	0.47	-	0.47	0.35	0.10	0.36	0.01	0.03	
Mutton (Goat and Sheep)	1.41	-	1.41	0.10	0.28	0.03	0.06	0.01	
Poultry	2.39	-	2.39	0.18	0.49	0.53	0.13	0.003	
Total						<u>5.07</u>	<u>0.96</u>	<u>0.13</u>	
H. Eggs									
	20.75	-	20.75	1.52	4.18	7.23	0.56	0.56	
I. Fish									
Fresh Fish	71.89	-	71.89	5.28	14.48	22.44	2.76	1.13	
Dried and Salted	23.30	-	23.30	1.71	4.69	11.49	2.38	0.19	
Tinned Fish	0.17	-	0.17	0.01	0.03	0.05	0.01	0.003	
Total						<u>33.98</u>	<u>5.15</u>	<u>1.32</u>	
J. Milk									
Cow	105.42	-	105.42	7.75	21.21	14.22	0.68	0.87	
Buffaloes	37.43	-	37.43	2.75	7.54	7.61	0.30	0.56	
Tinned Milk	11.53	-	11.53	0.85	2.32	11.51	0.60	0.62	
Condensed	2.26	-	2.26	0.17	0.45	1.43	0.03	0.04	
Milk Foods	-	-	-	-	-	-	-	-	
Total						<u>34.77</u>	<u>1.61</u>	<u>2.09</u>	
K. Oil and Fats									
Copra	-	-	-	-	-	-	-	-	
Coconut Oil	43.14	-	43.14	3.17	8.69	78.21	-	8.69	
Butter	0.40	-	0.40	0.03	0.08	0.58	-	0.06	
Desiccated Coconut	-	-	-	-	-	-	-	-	
Total						<u>78.79</u>	<u>-</u>	<u>8.75</u>	
						Animal	81.63	8.28	4.16
						Vegetables	<u>2,045.47</u>	<u>36.48</u>	<u>46.34</u>
						Total	<u>2,127.10</u>	<u>44.76</u>	<u>50.50</u>

TABLE 3.15 - FOOD BALANCE SHEET 1976
(Physical Availabilities)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	(Thousand Metric Tons)			Manu- facture
			Exports	Imports		Non-Human Consumption		Waste	
						Seed	Animal Feed		
A. Cereals									
Wheat Flour	-	-77.25	-	479.49	556.74	-	-	-	-
Maize	26.90	-	4.02	6.45	29.33	0.86	-	0.88	-
Milletts	23.52	-	-	-	23.52	0.48	-	0.71	-
Rice (Paddy)	1,252.62	110.52	-	624.81	1,987.95	89.58	-	-	-
Other Grains	3.13	-	-	-	3.13	0.06	-	0.09	-
B. Roots Tubers and Starchy Foods									
Potatoes	27.88	-	-	-	27.88	4.69	-	2.78	-
Manioc	747.60	-	-	-	747.60	-	-	224.28	-
Yams and Sweet Potatoes	186.43	-	-	-	186.43	-	-	55.93	-
C. Sugar									
Refined	23.28	-9.92	-	46.22	79.42	-	-	-	1.96
D. Pulses and Nuts									
Green Grams	5.36	-	-	-	5.36	-	-	0.16	-
Other Pulses	18.39	-	-	-	18.39	0.43	-	0.55	-
Coconut (Shelled)	792.65	-	2.38	-	790.27	-	-	-	359.79
E. Vegetables (Inc. Onions)									
Onions	58.41	-	-	-	58.41	16.99	-	17.52	-
F. Fruits									
	161.68	-	-	-	161.68	-	-	-	-
G. Meat									
Tinned	-	-	-	-	-	-	-	-	-
Beef	15.14	-	-	-	15.14	-	-	-	-
Buffaloes	0.06	-	-	-	0.06	-	-	-	-
Pork	0.48	-	-	-	0.48	-	-	-	-
Mutton (Goat & Sheep)	1.33	-	-	-	1.33	-	-	-	-
Poultry	2.38	-	-	-	2.38	-	-	-	-
H. Eggs									
	20.71	-	-	-	20.71	0.36	-	0.01	-
I. Fish									
Fresh	135.87	-	1.87	-	134.00	-	-	40.76	19.00
Dried and Salted	9.15	-	-	10.96	20.11	-	-	-	-
Tinned Fish	-	-	-	-	-	-	-	-	-
J. Milk									
Cow	165.03	-	-	-	165.03	-	-	-	49.26
Buffaloes	44.76	-	-	-	44.76	-	-	-	4.48
Tinned (Whole Dried)	4.93	-	-	2.79	7.72	-	-	-	-
Condensed Milk	6.66	-	-	0.04	6.70	-	-	-	-
Milk Food	0.10	-	-	-	0.10	-	-	-	-
K. Oil and Fats									
Copra	151.38	-	1.25	-	150.13	-	-	-	150.13
Coconut Oil	100.20	-	58.98	-	41.22	-	-	-	10.00
Butter	0.19	-	-	1.17	1.36	-	-	-	-
Desiccated Coconut	46.19	-	45.45	-	0.74	-	-	-	0.74

TABLE 3.16 - FOOD BALANCE SHEET 1976

(Nutritional Value)

Per Capita Supplies (Population 13.73 Million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilogr. per year	Grams per day	Calories per day	Protein grams per day	Fat Grams. per day
A. Cereals								
Wheat Flour	556.74	-	556.74	40.55	110.79	385.55	12.19	1.00
Maize	27.59	90	24.83	1.81	4.94	16.89	0.55	0.18
Milletts	22.33	90	20.10	1.46	4.00	13.12	0.29	0.05
Rice (Paddy)	1,898.37	68	1,290.89	94.02	256.88	896.51	16.69	1.02
Other Grains	2.98	90	2.68	0.20	0.53	1.80	0.05	0.02
Total						1,313.87	29.77	2.27
						=====	=====	=====
B. Roots, Tubers and Other Starchy Food								
Potatoes	20.41	-	20.41	1.49	4.06	3.90	0.06	-
Manioc	523.32	-	523.32	38.12	104.14	163.50	0.73	0.21
Yams and Sweet Potatoes	130.50	-	130.50	9.51	25.97	31.16	0.31	0.08
Total						198.56	1.10	0.29
						=====	=====	=====
C. Sugar	77.46	-	77.46	5.64	15.42	61.37	-	-
						=====	=====	=====
D. Pulses and Nuts								
Green Grams	5.20	-	5.20	0.38	1.04	3.62	0.25	0.01
Other Pulses	17.41	-	17.41	1.27	3.46	11.31	0.85	0.02
Coconut (Shelled)	420.48	-	420.48	30.62	83.66	371.45	3.76	34.80
Total						386.38	4.86	34.83
						=====	=====	=====
E. Vegetables	465.59	-	465.59	33.91	92.65	50.64	2.44	0.21
Onions	23.89	-	23.89	1.74	4.75	2.80	0.08	0.01
Total						53.44	2.52	0.22
						=====	=====	=====
F. Fruits	137.43	-	137.43	10.01	27.35	21.13	0.24	0.03
						=====	=====	=====

TABLE 3.16 (CONTD.) - FOOD BALANCE SHEET 1976

Commodity	Per Capita Supplies (Population 13.73 Million)							
	Food Gross	Extraction Rate %	Food Nett	Kilogr. per year	Grams per day	Calories per day	Protein grams per day	Fat Grams. per day
G. Meat								
Tinned Meat								
Beef	15.14	-	15.14	1.10	3.00	3.42	0.67	0.08
Buffaloe	0.06	-	0.06	0.004	0.01	0.015	0.002	0.001
Pork	0.48	-	0.48	0.04	0.10	0.04	0.01	0.03
Mutton (Goat and Sheep)	1.33	-	1.33	0.10	0.26	0.31	0.05	0.01
Poultry	2.38	-	2.38	0.17	0.46	0.51	0.12	-
Total						4.29	0.85	0.12
H. Eggs								
	20.34	-	20.34	1.48	4.05	7.01	0.54	0.54
I. Fish								
Fresh Fish								
Dried and Salted	74.24	-	74.24	5.41	14.77	22.89	2.82	1.15
Tinned Fish	20.11	-	20.11	1.47	4.00	9.80	2.03	0.16
Total						32.69	4.85	1.31
J. Milk								
Cow								
Buffaloe	115.77	-	115.77	8.43	23.03	15.43	0.74	0.94
Tinned Milk (Whole Dried)	40.28	-	40.28	2.93	8.01	8.09	0.32	0.60
Condensed	7.72	-	7.72	0.56	1.54	7.64	0.40	0.41
Milk Foods	6.70	-	6.70	0.49	1.33	4.22	0.09	0.11
Total	0.10	-	0.10	0.01	0.02	0.09	-	0.01
						35.47	1.55	2.07
K. Oil and Fats								
Copra								
Coconut Oil	31.22	-	31.22	2.27	6.21	55.89	-	6.21
Butter	1.36	-	1.36	0.10	0.27	1.97	-	0.23
Desiccated Coconut		-						
Total						57.86		6.44
Animal								
Animal					79.46		7.79	4.04
Vegetables								
Vegetables					2,092.61		38.49	44.08
Total					2,172.07		46.28	48.12

TABLE 3.17 - FOOD BALANCE SHEET 1977
(Physical Availabilities)

(Thousand Metric Tons)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption			Manufacture
			Exports	Imports		Seed	Animal Feed	Waste	
A. Cereals									
Wheat Flour	-	-2.82	-	604.98	607.80	-	2.94	5.47	-
Maize	17.96	-	-	23.44	41.40	0.54	-	1.24	-
Millets	21.56	-	-	-	21.56	0.38	-	0.65	-
Rice (Paddy)	1,677.30	70.47	-	797.55	2,404.38	85.39	1.26	83.19	-
Other Grains	2.06	-	-	-	2.06	0.04	-	0.06	-
B. Roots Tubers and Starchy Foods									
Potatoes	29.10	-	-	0.14	29.24	7.42	-	2.92	-
Manioc	556.65	-	-	-	556.65	-	-	167.00	-
Yams and Sweet Potatoes	127.65	-	-	-	127.65	-	-	38.30	-
C. Sugar									
Refined	23.31	-1.76	-	99.53	124.60	-	-	0.03	1.85
D. Pulses and Nuts									
Green Grams	7.22	-	-	-	7.22	0.26	-	0.22	-
Other Pulses	18.17	-	-	-	18.17	1.51	-	0.54	-
Coconut (Shelled)	619.50	-	-	-	619.50	-	-	-	191.87
E. Vegetables (Exc. Onions)									
Onions	61.50	-	-	-	61.50	15.78	-	18.45	-
F. Fruits									
	139.53	-	-	-	139.53	-	-	-	-
G. Meat									
Tinned	-	-	-	-	-	-	-	-	-
Beef	13.26	-	-	-	13.26	-	-	-	-
Buffaloes	-	-	-	-	-	-	-	-	-
Pork	0.69	-	-	-	0.69	-	-	-	-
Mutton (Goat and Sheep)	1.29	-	-	-	1.29	-	-	-	-
Poultry	2.38	-	-	-	2.38	-	-	-	-
H. Eggs									
	21.54	-	-	-	21.54	0.38	-	0.01	-
I. Fish									
Fresh	138.77	-	1.90	-	136.87	-	0.51	41.06	21.64
Dried and Salted	9.37	-	-	3.41	12.72	-	-	-	-
Tinned Fish	-	-	-	-	-	-	-	-	-
J. Milk									
Cow	179.67	-	-	-	179.67	-	-	-	45.61
Buffaloes	43.20	-	-	-	43.20	-	-	-	4.32
Tinned (Whole Dried)	3.96	-	-	7.89	11.85	-	-	-	-
Condensed Milk	5.86	-	-	2.39	8.25	-	-	-	-
Milk Foods	0.31	-	-	-	0.31	-	-	-	-
K. Oil and Fats									
Copra	72.69	-	0.28	-	72.41	-	-	-	72.41
Coconut Oil	49.16	-	2.13	-	47.03	-	-	-	10.00
Butter	0.16	-	-	0.89	1.05	-	-	-	-
Desiccated Coconut	30.33	-1.37	31.60	-	0.10	-	-	-	0.10
Margarine	4.08	-	-	-	4.08	-	-	-	-

TABLE 3.18 - FOOD BALANCE SHEET 1977
(Nutritional Value)

Commodity	Per Capita Supplies (Population 13.94 Million)							
	Food Gross	Extraction Rate %	Food Nett	Kilogr. per year	Grams per day	Calories per day	Protein Grams per day	Fat Grams per day
A. Cereals								
Wheat Flour	599.39	-	599.39	43.00	117.81	409.98	12.96	1.06
Maize	39.62	90	35.66	2.56	7.01	23.97	0.78	0.25
Milletts	20.53	90	18.48	1.32	3.62	11.87	0.27	0.05
Rice (Paddy)	2,234.54	68	1,519.49	109.00	298.63	1,042.22	19.41	1.19
Other Grains	1.96	90	1.76	0.13	0.36	1.22	0.03	0.01
Total								
						1,489.26	33.45	2.56
B. Roots, Tubers and Other Starchy Foods								
Potatoes	18.90	-	18.90	1.36	3.73	3.62	0.06	-
Manioc	389.65	-	389.65	27.95	76.58	120.23	0.54	0.15
Yams and Sweet Potatoes	89.35	-	89.35	6.41	17.56	221.07	0.21	0.05
Total								
						144.92	0.81	0.20
C. Sugar	122.72	-	122.72	8.80	24.11	95.96	-	-
D. Pulses and Nuts								
Green Grams	6.74	-	6.74	0.48	1.32	4.59	0.32	0.02
Other Pulses	16.12	-	16.12	1.16	3.18	10.40	0.78	0.02
Coconut (Shelled)	427.63	-	427.63	30.68	84.05	373.18	3.78	34.96
Total								
						388.17	4.88	35.00
E. Vegetables	445.44	-	445.44	31.95	87.53	47.84	2.31	0.20
Onion	27.27	-	27.27	1.96	5.37	3.17	0.10	0.01
						51.01	2.41	0.21
F. Fruits	139.53	-	139.53	10.01	27.42	21.18	0.24	0.03

(Nutritional Value)

Per Capita Supplies (Population 13.94 Million)

Commodity	Food Gross	Extraction Rate %	Food Net	Kilogr. per year	Grams per day	Calories per day	Protein Grams per day	Fat Grams per day
G. Meat								
<u>Tinned Meat</u>								
Beef	13.26	-	13.26	0.95	2.60	2.96	0.59	0.07
Buffaloe	-	-	-	-	-	-	-	-
Pork	0.69	-	0.69	0.05	0.14	0.52	0.02	0.05
Mutton (Goat and Sheep)	1.29	-	1.29	0.09	0.25	0.30	0.05	0.01
Poultry	2.38	-	2.38	0.17	0.46	-	0.12	-
Total						4.29	0.78	0.13
H. Eggs								
	21.15	-	21.15	1.52	4.16	7.20	0.55	0.55
I. Fish								
<u>Fresh Fish</u>								
Fresh Fish	73.66	-	73.66	5.28	14.46	18.36	2.80	0.70
<u>Dried and Salted</u>								
Dried and Salted	12.72	-	12.72	0.91	2.49	6.10	1.26	0.10
<u>Tinned Fish</u>								
Tinned Fish	-	-	-	-	-	-	-	-
Total						24.46	4.06	0.80
J. Milk								
<u>Cow</u>								
Cow	134.06	-	134.06	9.62	26.36	17.66	0.84	1.08
<u>Buffaloe</u>								
Buffaloe	38.88	-	38.88	2.79	7.64	7.72	0.31	0.57
<u>Tinned Milk (Whole Dried)</u>								
Tinned Milk (Whole Dried)	11.85	-	11.85	0.85	2.33	11.56	0.60	0.62
<u>Condensed</u>								
Condensed	8.25	-	8.25	0.59	1.62	5.14	0.12	0.14
<u>Milk Foods</u>								
Milk Foods	0.31	-	0.31	0.02	0.05	0.25	0.13	0.01
Total						42.33	2.00	2.42
K. Oil and Fats								
<u>Copra</u>								
Copra	-	-	-	-	-	-	-	-
<u>Coconut Oil</u>								
Coconut Oil	37.03	-	37.03	2.66	7.29	65.61	-	7.29
<u>Butter</u>								
Butter	1.05	-	1.05	0.08	0.22	1.60	-	0.18
<u>Desiccated Coconut</u>								
Desiccated Coconut	-	-	-	-	-	-	-	-
<u>Margarine</u>								
Margarine	4.08	-	4.08	0.29	0.79	7.11	-	0.79
Total						74.32	-	8.26
<u>Animal</u>								
Animal						79.88	7.39	4.08
<u>Vegetables</u>								
Vegetables						2,263.22	41.79	46.08
Total						2,343.10	49.18	50.16

TABLE 3.19 - FOOD BALANCE SHEET 1978
(Physical Availabilities)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	(Thousand Metric Tons)				
			Exports	Imports		Seed	Non-Human Consumption			
							Animal Feed	Waste	Manufacture	
A. Cereals										
Wheat Flour		46.14	-	693.56	647.43	-	2.71	5.82	-	
Maize	18.33	-	-	0.19	18.52	0.49	-	0.60	-	
Milletts	21.07	-	-	-	21.07	0.35	-	0.63	-	
Rice (Paddy)	1,890.50	-34.69	-	274.65	2,199.84	90.27	6.28	76.11	-	
Other Grains	2.19	-	-	3.05	5.24	0.03	-	0.16	-	
B. Roots Tubers and Starchy Foods										
Potatoes	29.10	-	-	1.29	30.39	6.82	-	3.04	-	
Manioc	585.84	-	-	-	585.84	-	-	175.75	-	
Yams and Sweet Potatoes	133.22	-	-	-	133.22	-	-	39.97	-	
C. Sugar										
Refined	26.21	-1.56	-	163.25	191.02	-	-	-	-	0.17
D. Pulses and Nuts										
Green Grams	7.14	-	-	1.95	9.09	0.27	-	0.27	-	
Other Pulses	23.98	-	-	15.24	39.17	1.49	-	1.17	-	
Coconut (Shelled)	750.81	-	-	-	750.81	-	-	-	-	316.04
E. Vegetables (Exc. Onions)										
Onions	58.42	-	-	-	58.42	15.58	-	17.53	-	
F. Fruits										
	141.97	-	-	-	141.97	-	-	-	-	
G. Meat										
Tinned	0.03	-	-	0.03	0.03	-	-	-	-	
Beef	12.88	-	-	-	12.88	-	-	-	-	
Buffalao		-	-	-	-	-	-	-	-	
Pork	0.67	-	-	-	0.67	-	-	-	-	
Mutton (Goat and Sheep)	1.27	-	-	0.48	1.75	-	-	-	-	
Poultry	2.03	-	-	0.07	2.10	-	-	-	-	
H. Eggs										
	20.43	-	-	-	20.43	0.36	-	0.01	-	
I. Fish										
Fresh	159.59	-	2.43	-	154.16	-	0.81	16.25	19.12	
Dried and Salted	9.51	-	0.33	2.88	12.06	-	-	-	-	
Tinned Fish	0.00	5.93	-	42.95	37.02	-	-	-	-	
J. Milk										
Cow	177.66	-	-	-	177.66	-	-	-	-	40.84
Buffalao	46.42	-	-	-	46.42	-	-	-	-	4.64
Tinned (Whole Dried)	1.38	- 0.05	-	17.18	18.61	-	-	-	-	
Condensed Milk	5.08	- 0.05	-	4.58	9.71	-	-	-	-	
Milk Foods	0.20	-	-	-	0.20	-	-	-	-	
K. Oil and Fats										
Copra	131.27	-	0.92	-	130.35	-	-	-	-	130.35
Coconut Oil	80.09	-	28.27	-	51.82	-	-	-	-	18.11
Butter	0.10	-	-	1.08	1.18	-	-	-	-	
Desiccated Coconut	41.59	-	40.66	-	0.93	-	-	-	-	0.93
Margarine	6.07	-	-	-	6.07	-	-	-	-	

TABLE 3.20 - FOOD BALANCE SHEET 1978

(Nutritional Value)

Per Capita Supplies (Population 14.18 Million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day	Grams per day	Calories per day	Protein grams per day	Fat Grams per day
A. Cereals								
Wheat Flour	638.89	-	638.89	45.04	123.40	429.43	13.57	1.11
Maize	17.43	90	16.18	1.14	3.12	10.67	0.34	0.11
Milletts	20.09	90	18.08	1.27	3.47	11.38	0.25	0.04
Rice (Paddy)	2,027.18	68	1,378.48	97.18	266.25	929.21	17.31	1.06
Other Grains	5.05	90	4.54	0.32	0.87	2.96	0.08	0.02
Total						1,383.65	31.55	2.34
B. Roots, Tubers and Other Starchy Food								
Potatoes	20.53	-	20.53	1.45	3.97	3.85	0.06	-
Manioc	410.09	-	410.09	28.91	79.21	124.36	0.55	0.16
Yams and Sweet Potatoes	93.25	-	93.25	6.57	18.00	21.60	0.22	0.05
Total						149.81	0.83	0.21
C. Sugar	190.85	-	190.85	13.46	36.88	146.78	-	-
D. Pulses and Nuts								
Green Grams	8.55	-	8.55	0.60	1.64	5.71	0.40	0.02
Other Pulses	36.51	-	36.51	2.57	7.04	23.02	1.73	0.05
Coconut (Shelled)	434.77	-	434.77	30.65	83.97	372.83	3.78	34.93
Total						401.56	5.91	35.00
E. Vegetables	453.72	-	453.72	31.99	87.64	47.90	2.31	0.20
Onions	25.31	-	25.31	1.78	4.85	2.88	0.09	0.01
Total						50.78	2.40	0.21
F. Fruits	141.97	-	141.97	10.01	27.42	21.18	0.24	0.03

TABLE 3.20 (CONTD.) - FOOD BALANCE SHEET 1978

(Nutritional Value)

Commodity	Per Capita Supplies (Population 14.18 Million)							
	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day	Grams per day	Calories per day	Protein grams per day	Fat Grams per day
G. Meat								
Tinned Meat	0.03	-	0.03	0.002	0.01	0.01	-	-
Beef	12.88	-	12.88	0.97	2.49	2.84	0.56	0.06
Buffalao	-	-	-	-	-	-	-	-
Pork	0.67	-	0.67	0.05	0.14	0.52	0.02	0.05
Mutton (Goat and Sheep)	1.75	-	1.75	0.12	0.33	0.39	0.07	0.01
Poultry	2.10	-	2.10	0.15	0.41	0.45	0.11	-
Total						4.21	0.76	0.12
H. Eggs								
Total	20.06	-	20.06	1.41	3.86	6.68	0.51	0.51
I. Fish								
Fresh Fish	87.98	-	87.98	6.20	16.99	22.13	3.30	0.87
Dried and Salted	12.06	-	12.06	0.85	2.33	5.71	1.80	0.09
Tinned Fish	37.02	-	37.02	2.61	7.15	12.29	1.50	0.70
Total						40.13	6.60	1.66
J. Milk								
Cow	136.82	-	136.82	9.65	26.44	17.71	0.85	1.08
Buffalao	41.78	-	41.78	2.95	8.08	8.16	0.32	0.61
Tinned Milk (Whole Dried)	18.61	-	18.61	1.31	3.59	17.81	0.93	0.96
Condensed	9.71	-	9.71	0.68	1.86	5.90	0.13	0.15
Milk Foods	0.20	-	0.20	0.01	0.03	0.15	0.08	0.01
Total						49.73	2.31	2.81
K. Oil and Fats								
Copra	-	-	-	-	-	-	-	-
Coconut Oil	33.71	-	33.71	2.38	6.52	58.68	-	6.52
Butter	1.18	-	1.18	0.08	0.22	1.60	-	0.18
Desiccated Coconut	-	-	-	-	-	-	-	-
Margraine	6.07	-	6.07	0.43	1.18	10.62	-	1.18
Total						70.90	-	7.68
Animal								
Animal						100.75	10.18	5.10
Vegetables								
Vegetables						2,224.66	40.93	45.47
Total						2,325.41	51.11	50.57

TABLE 3.21 - FOOD BLANCE SHEET 1979
(Physical Availabilities)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	Non-Human Consumption			Manufacture
			Exports	Imports		Seed	Animal		
							Feed	Waste	
A. Cereals									
Wheat Flour	-	-25.91	-	530.27	556.18	-	2.20	5.01	-
Maize	20.81	-	-	1.19	22.00	0.38	-	0.66	-
Milletts	15.90	-	-	-	15.90	0.26	-	0.48	-
Rice (Paddy)	1,917.23	110.50	-	310.93	2,117.66	86.48	1.95	73.27	-
Other Grains	1.07	-	-	0.02	1.09	0.01	-	0.03	-
B. Roots, Tubers and Starchy Foods									
Potatoes	37.90	-	-	7.61	45.51	9.78	-	4.55	-
Manioc	534.54	-	-	-	534.54	-	-	160.36	-
Yams and Sweet Potatoes	148.65	-	-	-	148.65	-	-	44.59	-
C. Sugar									
Refined	19.65	18.55	-	245.31	246.41	-	-	+	16.45
D. Pulses and Nuts									
Green Grams	7.97	-0.07	-	-	8.04	0.29	-	0.24	-
Other Pulses	30.90	-0.66	-	28.28	59.84	1.96	-	1.79	-
Coconut (Shelled)	814.08	-	-	-	814.08	-	-	+	1371.15
E. Vegetables (Exc. Onion)									
Onions	463.65	-	-	-	463.65	-	-	-	-
	67.87	-	-	9.52	77.39	17.03	-	23.22	-
F. Fruits									
	144.91	-	-	-	144.91	-	-	+	-
G. Meat									
Tinned	-	-	-	0.03	0.03	-	-	-	-
Beef	11.92	-	-	-	11.92	-	-	-	-
Buffalao	-	-	-	-	-	-	-	-	-
Pork	0.84	-	-	-	0.84	-	-	+	-
Mutton (Goat and Sheep)	1.23	-	-	0.01	1.24	-	-	-	-
Poultry	2.41	-	-	0.57	2.98	-	-	+	-
H. Eggs									
	24.51	-	-	-	24.51	0.43	-	0.01	-
I. Fish									
Fresh	168.37	-	2.88	-	165.49	-	0.94	49.65	18.93
Dried and Salted	9.42	-	-	6.90	16.32	-	-	+	-
Tinned Fish	-	-5.39	-	11.87	17.26	-	-	-	-
J. Milk									
Cow	166.09	-	-	-	166.09	-	-	1.38	32.30
Buffalao	52.15	-	-	-	52.15	-	-	-	5.21
Tinned (Whole Dried)	4.29	4.11	-	20.21	20.39	-	-	-	-
Condensed Milk	5.53	-0.16	-	8.27	13.96	-	-	-	-
Milk Foods	0.11	-	-	-	0.11	-	-	-	-
K. Oil and Fats									
Copra	165.93	2.06	1.08	-	162.79	-	-	-	162.79
Coconut Oil	100.39	-	33.96	-	66.43	-	-	-	10.32
Butter	0.07	-	-	1.37	1.40	-	-	-	-
Desiccated Coconut	39.97	-1.83	41.77	-	0.03	-	-	-	0.03
Margarine	6.93	-	-	0.05	6.98	-	-	-	-

TABLE 3.22 - FOOD BALANCE SHEET 1979
(Nutritional Value)

Per Capita Supplies (Population 14.48 Million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day.	Grams per day	Calories per day	Protein Grams per day	Fat Grams per day
A. Cereals								
Wheat Flour	548.97	-	548.97	37.92	103.89 ^g	361.54	11.43	0.94
Maize	20.96	90	18.86	1.30	3.56	12.17	0.39	0.13
Millets	15.16	90	13.64	0.94	2.58	8.46	0.19	0.03
Rice (Paddy)	1,955.96	68	1,330.05	91.87	251.70	878.43	16.36	1.01
Other Grains	1.05	90	0.94	0.06	0.16	0.54	0.02	0.01
Total						1,261.14	28.39	2.12
B. Roots, Tubers and Other								
Starchy Foods								
Potatoes	31.18	-	31.18	2.15	5.89	5.71	0.09	0.01
Manioc	374.18	-	374.18	25.85	70.82	111.19	0.50	0.14
Yams and Sweet Potatoes	104.06	-	104.06	7.19	19.70	23.64	0.24	0.06
Total						140.54	0.83	0.21
C. Sugar	229.96	-	229.96	15.88	43.51	173.17	-	-
D. Pulses and Nuts								
Green Grams	7.51	-	7.51	0.52	1.42	4.94	0.35	0.02
Other Pulses	56.09	-	56.09	3.87	10.60	34.66	2.61	0.07
Coconut (Shelled)	496.93	-	496.93	34.32	94.03	417.49	4.23	39.12
Total						457.09	7.19	39.21
E. Vegetables	463.65	-	463.65	32.03	87.75	47.96	2.32	0.20
Onions	37.14	-	37.14	2.57	7.04	4.15	0.13	0.01
Total						52.11	2.45	0.21
F. Fruits	144.91	-	144.91	10.01	27.42	21.18	0.24	0.03

Per Capita Supplies (Population 14.48 Million)									
(Nutritional Value)									
Commodity	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day.	Grams per day	Calories per day	Protein Grams per day	Fat Grams per day	
G. Meat									
Tinned Meat	0.03	-	0.03	0.00	0.01	0.01	0.00	0.00	
Beef	11.92	-	11.92	0.82	2.25	2.56	0.51	0.06	
Buffaloe	0.00	-	0.00	0.00	0.00	0.00	0.00	0.00	
Pork	0.84	-	0.84	0.06	0.16	0.59	0.02	0.05	
Mutton (Goat and Sheep)	1.24	-	1.24	0.09	0.25	0.30	0.05	0.01	
Poultry	2.98	-	2.98	0.21	0.58	0.63	0.15	0.00	
Total						4.09	0.73	0.12	
H. Eggs									
Total	24.07	-	24.07	1.66	4.55	7.87	0.60	0.60	
I. Fish									
Fresh Fish	95.97	-	95.97	6.63	18.16	23.41	3.52	0.91	
Dried and Salted	16.32	-	16.32	1.13	3.09	7.57	1.56	0.12	
Tinned Fish	17.26	-	17.26	1.19	3.26	5.61	0.68	0.32	
Total						36.59	5.76	1.35	
J. Milk									
Cow	132.41	-	132.41	9.15	25.07	16.80	0.80	1.02	
Buffaloe	46.94	-	46.94	3.24	8.88	8.97	0.35	0.66	
Tinned Milk (Whole Dried)	20.39	-	20.39	1.41	3.86	19.14	0.99	1.03	
Condensed	13.96	-	13.96	0.96	2.63	8.34	0.19	0.22	
Milk Foods	0.11	-	0.11	0.01	0.03	0.15	0.08	0.01	
Total						53.40	2.41	2.94	
K. Oil and Fats									
Copra	-	-	-	-	-	-	-	-	
Coconut Oil	56.11	-	56.11	3.38	10.63	95.67	-	10.63	
Butter	1.40	-	1.40	0.10	0.27	1.96	-	0.22	
Desiccated Coconut	-	-	-	-	-	-	-	-	
Margarine	6.98	-	6.98	0.48	1.31	11.79	-	1.31	
Total						109.42	-	12.16	
Animal									
Animal						103.91		9.50	
Vegetables									
Vegetables						2,212.69		39.10	
Total						2,316.60		48.60	

TABLE 3.23 - FOOD BALANCE SHEET 1980
(Physical Availabilities)

Commodity	Production	Change in Stock	Foreign Trade		Available Supply	(Thousand Metric Tons)				
			Exports	Imports		Non-Human Consumption		Waste	Manufacture	
						Seed	Animal Feed			
A. Cereals										
Wheat Flour	-	94.99	-	419.52	324.53	-	6.00	2.92	-	-
Maize	21.20	-	-	0.35	21.55	0.38	-	0.65	-	-
Millet	15.49	-	-	-	15.49	0.24	-	0.46	-	-
Rice (Paddy)	2,133.20	-42.70	-	189.49	2,365.39	87.10	7.11	81.84	-	-
Other Grains	0.50	-	-	3.24	3.74	0.01	-	0.11	-	-
B. Roots Tubers and Starchy Foods										
Potatoes	51.12	-	-	11.40	62.52	10.82	-	6.25	-	-
Manioc	499.49	-	-	-	499.49	-	-	149.85	-	-
Yams and Sweet Potatoes	127.43	-	-	-	127.43	-	-	38.23	-	-
C. Sugar										
Refined	26.52	-8.11	-	208.57	244.00	-	-	-	-	18.50
D. Pulses and Nuts										
Green Grams	13.39	-	-	-	13.39	0.30	-	0.40	-	-
Other Pulses	37.95	-1.31	-	22.66	66.92	2.14	-	1.86	-	-
Coconut (Shelled)	689.23	-	-	-	689.23	-	-	-	-	238.14
E. Vegetables (Exc. Onions)										
Onions	66.89	-	-	17.35	84.24	16.40	-	25.27	-	-
F. Fruits										
	147.52	-	-	-	147.52	-	-	-	-	-
G. Meat										
Tinned	-	-	-	0.07	0.07	-	-	-	-	-
Beef	12.11	-	-	-	12.11	-	-	-	-	-
Buffaloes	-	-	-	-	-	-	-	-	-	-
Pork	1.14	-	-	-	1.14	-	-	-	-	-
Mutton (Goat and Sheep)	1.37	-	-	0.01	1.38	-	-	-	-	-
Poultry	2.68	-	-	0.06	2.74	-	-	-	-	-
H. Eggs										
	30.89	-	-	-	30.89	0.54	-	0.01	-	-
I. Fish										
Fresh	187.68	-	-	-	187.68	-	0.35	56.30	27.65	-
Dried and Salted	12.11	-	-	11.87	23.98	-	-	-	-	-
Tinned Fish	-	0.70	-	10.71	10.01	-	-	-	-	-
J. Milk										
Cow	183.03	-	-	-	183.03	-	-	1.98	31.40	-
Buffaloes	54.51	-	-	-	54.51	-	-	-	3.49	-
Tinned (Whole Dried)	4.11	1.56	-	20.83	23.38	-	-	-	-	-
Condensed Milk	3.97	-0.05	-	1.22	5.24	-	-	-	-	-
Milk Foods	0.03	-	-	-	0.03	-	-	-	-	-
K. Oil and Fats										
Copra	98.07	-3.76	0.27	-	101.56	-	-	-	-	101.56
Coconut Oil	62.54	-	2.44	-	60.10	-	-	-	-	13.00
Butter	0.04	-	-	1.03	1.07	-	-	-	-	-
Desiccated Coconut	31.86	-0.68	32.49	-	0.05	-	-	-	-	0.05
Margarine	2.61	-	-	0.04	2.65	-	-	-	-	-

TABLE 3.24 - FOOD BALANCE SHEET 1980

(Nutritional Value)

Per Capita Supplies (Population 14.74 Million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day	Grams per day	Calories per day	Protein Grams per day	Fat Grams per day
A. Cereals								
Wheat Flour	315.61	-	315.61	21.41 ₂₅	58.66	204.14	6.45	0.53
Maize	20.52	90	18.47	1.25	3.42	11.70	0.38	0.12
Millets	14.79	90	13.31	0.90	2.47	8.10	0.18	0.03
Rice (Paddy)	2,189.74	68	1,489.02	101.03	276.79	966.00	17.99	2.77
Other Grains	3.62	90	3.26	0.22	0.60	2.07	0.06	0.02
Total						1,192.01	25.06	3.47
B. Roots, Tubers and Other Starchy Foods								
Potatoes	45.45	-	45.45	3.08	8.44	8.19	0.14	0.01
Manioc	349.64	-	349.64	23.72	64.99	102.03	0.45	0.13
Yams and Sweet Potatoes	89.20	-	89.20	6.05	16.58	19.90	0.20	0.05
Total						130.12	0.79	0.19
C. Sugar								
Sugar	225.50	-	225.50	15.30	41.92	166.84	-	-
D. Pulses and Nuts								
Green Grams	12.69	-	12.69	0.86	2.36	8.21	0.38	0.03
Other Pulses	57.92	-	57.92	3.93	10.77	35.22	2.65	0.08
Coconut (Shelled)	451.09	-	451.09	30.61	83.86	372.34	3.77	34.89
Total						415.77	7.00	35.00
E. Vegetables								
Onion	472.50	-	472.50	32.06	87.84	48.01	2.32	0.20
Total	42.57	-	42.57	2.89	7.92	4.67	0.14	0.01
						52.68	2.46	0.21
F. Fruits								
Total	147.52	-	147.52	10.01	27.42	21.18	0.24	0.03

TABLE 3.24 (CONTD.) - FOOD BALANCE SHEET 1980

(Nutritional Value)

Per Capita Supplies (Population 14.74 Million)

Commodity	Food Gross	Extraction Rate %	Food Nett	Kilogr. per day	Grams per day	Calories per day	Protein Grams per day	Fat Grams per day
G. Meat								
Tinned Meat	0.07	-	0.07	0.01	0.03	0.03	0.01	0.00
Beef	12.11	-	12.11	0.82	2.25	2.56	0.51	0.06
Buffaloe	-	-	-	-	-	-	-	-
Pork	1.14	-	1.14	0.08	0.22	0.82	0.03	0.08
Mutton, (Goat and Sheep)	1.38	-	1.38	0.09	0.25	0.30	0.05	0.01
Poultry	2.74	-	2.74	0.19	0.52	0.57	0.14	0.00
Total	30.34	-	30.34	2.06	5.64	4.28	0.74	0.15
H. Eggs								
Eggs	30.34	-	30.34	2.06	5.64	9.76	0.75	0.75
I. Fish								
Fresh Fish	103.38	-	103.38	7.01	19.21	24.76	3.73	0.96
Dried and Salted	23.98	-	23.98	1.63	4.47	10.95	2.27	0.18
Tinned Fish	10.01	-	10.01	0.68	1.86	3.20	0.39	0.18
Total	149.65	-	149.65	10.15	27.81	18.63	0.89	1.14
J. Milk								
Cow	51.02	-	51.02	3.46	9.48	9.57	0.38	0.71
Buffaloe	23.38	-	23.38	1.59	4.36	21.63	1.12	1.16
Tinned Milk (Whole Dried)	5.24	-	5.24	0.36	0.99	3.14	0.07	0.08
Condensed	0.03	-	0.03	0.01	0.03	0.15	0.08	0.01
Milk Foods	-	-	-	-	-	53.12	2.54	3.10
Total	80.67	-	80.67	6.42	15.86	46.61	2.63	2.66
K. Oil and Fats								
Copra	-	-	-	-	-	-	-	-
Coconut Oil	47.10	-	47.10	3.20	8.77	78.93	-	8.77
Butter	1.07	-	1.07	0.07	0.19	1.39	-	0.15
Desiccated Coconut	-	-	-	-	-	-	-	-
Margarine	2.65	-	2.65	0.18	0.49	4.41	-	0.49
Total	50.82	-	50.82	3.45	9.45	84.73	-	9.41
Animal								
Animal	-	-	-	-	107.46	-	10.42	5.47
Vegetables								
Vegetables	-	-	-	-	2,061.94	-	35.55	48.16
Total	-	-	-	-	2,169.40	-	45.97	53.63

TABLE 3.25 - SEED RATES, WASTAGE FACTORS AND EXTRACTION RATES USED IN FOOD BALANCE SHEETS

Food Item	Seed Rates		Wastage Factors(as % Supplies)		Extraction Rate %
	1970 - 1977	Since 1977	Before 1977	Since 1977	
Wheat Flour	-	-	1.4 (1967)	0.9	-
Maize	20.0 lbs/acre	17.5 lbs/acre	3.0	3.0	90.0
Meneri	8.0 lbs/acre	8.0 lbs/acre	3.0	3.0	90.0
Kurakkan	10.0 lbs/acre	9.0 lbs/acre	3.0	3.0	90.0
Rice	2.4 lbs/acre	2.0 lbs/acre	0.08 - 1.8	3.46	68.0
Sorghum	15.0 lbs/acre	15.0 lbs/acre	0.01 - 3.0	3.0	90.0
Potatoes	12.0 cwts/acre	19.0 cwts/acre	0.09 - 10.0	10.0	-
Manioc	-	-	10.0 - 30.0	30.0	-
Yams & Sweet Potatoes	-	-	10.0 - 30.0	30.0	-
Green Gram	20.0 lbs/acre	20.0 lbs/acre	0.2 - 3.0	3.0	-
Cowpea	17.0 lbs/acre	20.0 lbs/acre	0.04 - 3.0	3.0	-
Ground Nuts	17.0 lbs/acre	120.0 lbs/acre	0.04 - 3.0	3.0	-
Dhall	17.0 lbs/acre	20.0 lbs/acre	0.04 - 3.0	3.0	-
Onions	14.0 cwts/acre	15.0 cwts/acre	-	30.0	-
Vegetables	-	-	8.9 - 30.0	-	-
Fruits	-	-	9.0 - 15.0	-	-
Eggs	1.75 of the avail. supply	1.75 of the avail. supply	0.5 - 0.05	0.05	-
Fresh Fish	-	-	10.0 - 40.0	30.0	-

TABLE 3.26 - CONVERSION FACTORS FOR NUTRITION VALUES

(Used in Food Balance Sheet)

Item	Value per 100 gms (edible portion)		
	Calories	Proteins (gms)	Fat (gms)
Wheat Flour	348.0	11.0	0.9
Maize	342.0	11.1	3.6
Millets	328.0	7.3	1.3
Rice	349.0	6.5	0.4
Other Grains (Sorghum)	340.0	9.7	3.0
Potatoes	97.0	1.6	0.1
Manioc	157.0	0.7	0.2
Yams and Sweet Potatoes	120.0	1.2	0.3
Sugar	398.0	-	--
Green Gram	348.0	24.5	1.2
Other Pulses	327.0	24.6	0.7
Coconut	444.0	4.5	41.6
Vegetables (excluding Onions)	54.66	2.64	0.23
Onions	59.0	1.8	0.1
Fruits	77.26	0.88	0.1
Tinned Meat	233.0	25.0	14.0
Beef	114.0	22.6	2.6
Buffaloe	139.0	15.7	8.0
Pork	371.0	14.0	35.0
Mutton	118.0	21.4	3.6
Poultry	109.0	25.9	0.6
Eggs	173.0	13.3	13.3
Fresh Fish	155.0	19.1	7.8
Dried and Salted Fish	245.0	50.7	4.0
Tinned Fish	172.0	21.0	9.8
Cow Milk	67.0	3.2	4.1
Buffaloe Milk	101.0	4.0	7.5
Tinned Milk	496.0	25.8	26.7
Condensed Milk	317.0	7.3	8.4
Milk Food (Yoghurt)	60.0	3.1	4.0
Coconut Oil	900.0	-	100.0
Butter	729.0	-	81.0
Margarine	900.0	-	100.0

Source : Department of Census and Statistics.

CONSUMPTION PATTERNS

TABLE 4.1 - PER CAPITA MONTHLY CONSUMPTION OF SELECTED
ITEMS OF FOOD BY SECTOR (1969 - 1970)

Item	Unit	Urban Sector	Rural Sector	Estate Sector	Island Average
Rice	lbs.	15.45	17.85	16.42	17.45
Wheat Flour	lbs.	1.61	2.58	11.69	2.78
Bread	lbs.	5.58	3.71	1.34	3.71
Onions	lbs.	1.75	1.35	1.39	-
Dried Chillies	lbs.	0.39	0.41	0.48	-
Pulses	lbs.	0.90	0.97	1.80	-
Vegetables (excluding leafy vegetables)	lbs.	2.93	3.86	3.28	-
Leafy Vegetables	lbs.	2.86	1.98	1.01	2.00
Meat	lbs.	1.15	0.40	0.46	0.54
Fresh Fish	lbs.	2.54	1.49	0.25	2.28
Dried Fish (Preserved and Canned)	lbs.	0.50	0.84	1.05	-
Fresh Milk	bots.	1.25	0.75	1.94	0.97
Milk Powder	lbs.	0.26	0.14	0.09	-
Eggs	Nos.	2.81	1.27	1.01	1.44
Coconut	Nos.	7.01	7.84	6.07	7.20
Coconut Oil	bots.	0.54	0.47	0.70	0.48
Tea	Ozs.	2.90	4.06	5.65	4.26
Sugar	lbs.	3.69	3.29	2.58	3.29

Source : Socio-Economic Survey 1969 - 1970
Department of Census and Statistics.

TABLE 4.2 - PER CAPITA MONTHLY CONSUMPTION OF SELECTED ITEMS OF FOOD BY INCOME GROUPS - (1969-70)

I T E M	Unit	Under Rs. 200		Rs. 200 - 399		Rs. 400 - 599		Rs. 600 - 799		Rs. 800 - 999		Rs. 1000 & Over		All Classes		
		Quantity	Value (Rs.)	Quantity	Value (Rs.)	Quantity	Value (Rs.)	Quantity	Value (Rs.)	Quantity	Value (Rs.)	Quantity	Value (Rs.)	Quantity	Value (Rs.)	Quantity
Rice	Lbs.	16.12	10.29	17.88	11.50	18.91	12.03	18.74	12.04	18.55	11.96	17.50	11.53	17.45	11.19	
Wheat Flour	Lbs.	2.51	0.90	2.69	0.96	2.30	0.82	2.17	0.78	1.62	0.58	1.67	0.60	2.78	1.00	
Bread	Lbs.	2.90	1.07	3.81	1.37	4.36	1.57	5.00	1.79	4.92	1.76	6.11	2.17	3.71	1.35	
Pulses	Lbs.	0.96	0.65	1.01	0.70	1.05	0.75	1.05	0.75	1.12	0.80	1.17	0.94	1.01	0.70	
Vegetables (Excluding Leafy Vegetables)	Lbs.	4.56	1.51	5.03	1.88	5.77	2.31	6.13	2.65	6.82	3.02	7.37	3.48	5.12	1.91	
Leafy Vegetables	Lbs.	1.59	0.18	2.01	0.25	1.34	0.30	1.58	0.35	1.88	0.38	2.26	0.44	2.00	0.26	
Meat	Lbs.	0.24	0.40	0.46	0.76	0.88	1.46	1.09	0.99	1.21	1.30	2.18	4.53	0.54	0.94	
Fish	Lbs.	1.64	1.34	1.46	3.56	2.84	4.60	2.81	4.89	3.01	5.74	3.42	7.10	2.28	3.48	
Fresh Milk	Bots.	0.48	0.20	0.89	0.43	1.43	0.76	1.84	1.01	2.25	1.29	3.75	2.38	0.97	0.50	
Other Milk Products	-	-	0.01	-	0.03	-	0.06	-	0.19	-	0.08	-	0.48	-	0.05	
Eggs	Nos.	0.41	0.10	0.13	0.29	2.38	0.63	3.49	0.94	4.77	1.32	7.82	2.17	1.44	0.38	
Coconuts	Nos.	6.57	1.84	6.91	1.99	7.43	2.20	7.73	2.32	8.09	2.35	8.21	2.40	7.20	2.10	
Coconut Oil	Bots.	0.43	0.58	0.48	0.63	0.54	0.65	0.51	0.67	0.55	0.74	0.63	0.82	0.48	0.62	
Tea	Ozs.	4.25	0.55	4.26	0.59	4.14	0.63	4.47	0.68	4.25	0.68	4.54	0.78	4.26	0.59	
Sugar	Lbs.	2.72	2.96	3.34	2.45	3.92	2.87	4.15	3.03	4.09	3.00	4.47	3.25	3.29	2.40	

Source : Socio-Economic Survey 1969 - 1970. Department of Census & Statistics.

TABLE 4.3 - AVERAGE EXPENDITURE PER SPENDING UNIT FOR TWO MONTHS ON SELECTED ITEMS - BY MAJOR INCOME GROUPS 1963

(Rupees)

I T E M S	Income Group of Spending Unit : Rs. for 2 Months									
	Total	0.-50	51-100	101-200	201-400	401-800	801-1600	1601-2000	2001-3000	Over 3000
Percent of Spending Units in Sample	100.0	3.6	9.0	24.4	35.2	19.0	6.8	0.8	0.6	0.6
Food										
Rice-Rationed	20.62	12.08	16.42	19.56	22.84	22.38	19.74	15.62	16.76	12.14
Unrationed	21.07	10.02	12.16	14.79	21.40	29.01	32.90	36.75	32.05	35.72
Wheat Flour	7.71	2.31	2.70	5.15	9.06	11.82	7.79	9.46	6.47	6.94
Bread	8.48	3.10	4.20	5.91	8.48	11.20	15.44	17.51	19.58	19.73
Confectionery	5.77	2.57	2.69	3.06	5.30	8.39	12.23	16.22	20.15	22.26
Other Grain	1.08	0.67	1.26	1.07	1.05	0.88	1.06	3.59	2.35	4.48
Meat	11.60	2.14	2.88	4.50	9.54	19.74	28.55	42.55	46.03	75.98
Fish	18.05	7.37	10.74	13.19	18.06	24.13	27.13	35.42	41.20	41.08
Eggs	4.07	0.73	0.70	1.02	2.38	6.49	13.42	28.41	38.52	42.71
Other Starch Food	7.67	3.49	4.77	6.24	7.87	9.90	10.48	10.53	10.54	12.94
Pulses	8.32	3.06	4.07	5.70	8.81	11.98	11.40	12.66	16.11	14.92
Vegetables	22.86	12.90	14.30	18.51	24.95	25.23	30.59	42.41	41.23	54.64
Condiments	11.25	10.47	11.62	8.28	9.07	13.26	21.64	31.15	31.48	37.40
Coconuts	15.07	8.37	8.90	12.24	15.22	19.04	21.84	22.76	26.33	27.05
Cooking Oil	4.58	1.85	2.14	3.28	4.76	6.26	7.04	8.56	6.69	9.96
Milk	8.93	1.38	2.78	3.59	7.10	13.72	26.23	32.98	56.27	37.14
Milk Products	1.62	0.07	0.30	0.33	0.96	2.42	6.39	12.10	16.39	12.62
Fruits	3.69	0.71	0.97	1.65	2.25	5.86	11.48	17.53	22.96	31.68
Sugar	21.23	9.90	12.76	15.90	21.02	28.67	33.31	33.32	31.35	43.02
Beverages (Non-Alcoholic)	9.28	3.54	5.14	5.96	8.16	12.37	18.83	27.31	36.29	45.36
Other Food Items	1.90	0.48	0.87	0.83	1.62	2.67	4.50	7.89	10.02	10.83
Total (Food)	214.85	97.21	122.37	150.76	209.90	285.42	361.99	464.73	528.77	598.60

Source : Survey of Ceylon's Consumer Finances - 1963, Central Bank of Ceylon.

TABLE 4.4 - AVERAGE EXPENDITURE PER SPENDING UNIT FOR TWO MONTHS ON
SELECTED ITEMS - BY INCOME GROUPS 1973

Item	Income of Spending Unit for two Months									
	0-50	51-100	100-201	201-400	401-800	801-1600	1601-2000	2001-300	Over 3000	
Overall Average	100.00	0.90	5.90	27.30	45.50	8.30	10.00	1.20	0.80	
Percentage of Spending Units in Sample										
Food										
Rice-Rationed (Free)	38.14	10.15	15.04	31.23	43.40	47.83	32.84	21.71	15.58	
Rationed (Paid)	25.50	4.25	7.76	18.48	28.70	35.05	28.76	30.80	27.37	
Unrationed	28.98	6.42	7.87	13.94	28.94	47.51	85.41	97.81	124.45	
Wheat Flour	13.74	2.36	4.51	11.67	16.13	14.74	15.94	9.80	11.64	
Bread	13.67	1.39	5.56	9.86	13.85	20.78	22.78	22.36	29.37	
Confectionery	4.48	1.06	1.03	2.23	4.54	6.83	11.48	15.93	27.58	
Other Grain	1.63	0.68	0.84	1.97	1.61	1.68	0.87	0.50	-	
Meat	6.31	0.50	1.24	1.86	4.58	12.81	33.28	37.86	64.05	
Fish	26.72	3.69	7.10	14.00	26.93	46.09	63.02	65.65	86.25	
Eggs	3.70	0.03	0.51	1.06	2.97	1.42	19.40	10.21	29.15	
Other Starch Food	9.42	1.92	3.34	6.71	9.51	13.88	19.81	17.98	23.79	
Pulses	5.55	0.70	1.86	3.69	5.94	8.13	10.01	9.34	11.10	
Vegetables	26.32	6.89	9.37	17.19	26.64	41.02	53.25	54.58	66.19	
Condiments	48.99	10.91	17.48	32.01	50.16	75.31	97.02	101.42	116.87	
Coconuts	23.29	7.39	10.01	17.52	24.56	31.99	38.56	35.56	35.07	
Cooking Oil	5.83	1.37	2.40	3.80	6.30	8.04	10.52	11.95	13.44	
Milk	9.08	0.32	1.26	3.72	8.23	17.64	33.46	34.35	42.67	
Milk Products	1.08	0.06	0.24	0.26	0.55	2.16	3.60	10.05	25.37	
Fruits	3.20	0.09	0.49	1.06	2.51	6.51	12.20	19.50	25.59	
Sugar	21.54	4.80	7.01	13.50	22.3	33.11	43.50	48.49	55.14	
Beverages (Non Alcoholic)	8.16	1.45	3.31	5.52	8.01	12.18	16.44	22.85	27.31	
Other Food Items	18.08	8.25	8.60	8.32	16.69	32.33	36.19	61.00	114.85	
Total (Food)	343.41	104.98	116.83	219.60	353.07	522.96	689.34	749.70	972.83	

Source : Survey of Sri Lanka's Consumer Finances- 1973

Central Bank of Ceylon.

TABLE 4.5 - EXPENDITURE ON FOOD ITEMS AS PERCENTAGE
OF TOTAL FOOD EXPENDITURE - ALL ISLAND
1953, 1963 and 1973

Item	(Percentage)		
	1953	1963	1973
Rice	29.3	19.4	27.0
Wheat Flour	6.0	3.6	4.3
Other Cereals	0.7	0.5	0.5
Bread and Confectionery	4.1	6.6	5.7
Meat	2.3	5.4	1.9
Fish	7.8	8.4	8.4
Eggs	1.0	1.9	1.1
Vegetables	11.3	10.6	8.3
Condiments	9.1	5.2	15.1
Coconuts	6.2	7.0	7.4
Cooking Oil	2.5	2.2	1.8
Milk	3.2	4.2	2.7
Milk Products	0.7	0.8	0.3
Sugar	7.2	9.9	6.7
Fruits	1.3	1.7	1.0
Beverages (Non Alcoholic)	3.3	4.3	2.6
Other	4.0	8.3	5.2
Total	100.0	100.0	100.0

Source : Survey of Sri Lanka's Consumer Finances - 1973
Central Bank of Ceylon.

(1953 - 1973)

(Percentage Distribution)

Group and Item	1953	1963	1970	1973
Starchy Staples	40.6	33.7	31.7	31.0
Rice	29.3	19.4	19.9	27.0
Wheat Products	10.1	10.2	8.3	10.0
Sugar	7.2	9.9	8.8	6.7
Fats and Oils	8.7	9.1	9.2	9.2
Coconuts	6.2	7.0	6.4	7.4
Other Nuts and Oils	2.5	2.1	2.8	1.8
Animal Products	15.0	20.7	19.8	14.4
Fish	7.8	8.4	11.5	8.4
Meat	2.3	5.4	3.0	1.9
Eggs	1.0	1.9	1.2	1.2
Milk	3.9	5.0	4.1	3.0
Pulses	-	-	2.3	-
Vegetables and Fruits	12.6	10.3	10.4	9.3
Condiments	9.1	5.2	11.0	15.1
Beverages	3.3	4.3	2.6	2.6
Other Foods	8.0	13.1	9.1	8.3
Meals and Snacks	-	-	4.2	-
Total	100.0	100.0	100.0	100.0

Source : Consumer Finance Surveys of Ceylon - 1953, 1963 and 1973
Central Bank of Ceylon.

Socio-Economic Survey of Sri Lanka - 1969/70,
Department of Census and Statistics.

TABLE 4.7 - AVERAGE EXPENDITURE ON UNRATIONED RICE FOR TWO MONTHS PER SPENDING UNIT PER CAPITA BY MAJOR INCOME GROUPS - BY SECTORS AND ALL ISLAND - 1963

(Rupees)

Income Group of Spending Unit (Rs. for 2 Months)	Sectors							
	Urban		Rural		Estate		All Island	
	Per S.U.	Per Head	Per S.U.	Per Head	Per S.U.	Per Head	Per S.U.	Per Head
0 - 50	5.37	3.18	10.67	3.37	2.53	1.08	10.02	3.33
51 - 100	8.02	3.21	12.77	3.30	11.99	4.87	12.16	3.07
101 - 200	14.84	4.29	13.87	2.85	25.04	5.65	14.79	3.16
201 - 400	14.73	2.93	19.74	3.46	35.07	6.47	21.40	3.84
401 - 800	17.03	2.89	27.89	4.45	52.75	7.29	29.01	4.59
801 - 1,600	18.96	3.01	41.15	6.59	52.56	6.40	32.90	5.19
1,601 - 2,000	15.71	3.52	68.37	10.72	119.69	17.09	36.75	7.07
2,001 - 3,000	29.58	5.21	36.59	7.70	-	-	32.05	5.83
Over 3,000	20.84	3.55	60.68	8.34	88.50	17.70	35.72	5.81
Total	15.82	3.21	19.95	3.73	37.71	6.63	21.07	3.98

Source : Survey of Ceylon's Consumer Finances 1963.
Central Bank of Ceylon.

TABLE 4.8 - AVERAGE EXPENDITURE ON UNRATIONED RICE FOR TWO MONTHS PER SPENDING UNIT
AND PER CAPITA BY INCOME GROUPS - BY SECTORS AND ALL ISLAND - 1973.

(Rupees)

Income Group of Spending Unit	S			E			C			T			O			R			S			Estate			All Island			
	Urban			Rural			Rural			Rural			Rural			Rural			Estate			Estate			All Island			
	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Spending Unit	Per Head	Per Spending Unit	Per Head		
0 - 50	43.60	7.27	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	7.27	3.96
51 - 100	6.77	6.77	7.06	4.03	0.96	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	0.69	6.42	3.97	
101 - 200	5.79	2.47	8.51	3.74	6.40	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	3.76	7.87	3.50	
201 - 400	9.19	2.40	4.51	3.82	15.44	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	4.05	13.94	3.29	
401 - 800	16.23	3.02	33.05	5.59	22.72	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	3.98	28.94	4.99	
801 - 1600	32.40	4.76	57.47	8.28	30.17	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	47.51	6.94	
1601 - 2000	66.18	10.04	92.56	14.34	112.20	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	14.08	85.41	12.80	
2001 - 3000	71.28	5.55	118.62	17.24	98.62	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	25.95	97.81	14.23	
Over 3000	99.50	16.72	160.41	20.05	26.80	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	6.70	129.45	18.26	
Over-all Averages	22.75	4.33	31.69	5.90	21.62	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	4.18	28.98	5.44	

Source : Survey of Sri Lanka's Consumer Finance - 1973, Central Bank of Ceylon.

TABLE 4.9 - AVERAGE EXPENDITURE ON RATIONED RICE FOR TWO MONTHS PER SPENDING UNIT AND PER CAPITA
BY MAJOR INCOME GROUPS - BY SECTORS AND ALL ISLAND - 1963

(Rupees)

Income Group of Spending Unit	S		E		C		T		O		R		S		Estate		All Island	
	Urban		Rural		Rural		Rural		Rural		Rural		Estate		Estate		All Island	
	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head
(Rs. for 2 Months)																		
0 - 50	6.64	3.94	12.73	4.02	9.83	4.21	12.08	4.05										
51 - 100	8.58	3.43	17.75	4.21	10.37	4.21	16.42	4.14										
101 - 200	12.93	3.74	20.45	4.19	20.77	4.68	19.56	4.19										
201 - 400	18.99	3.78	23.63	4.14	22.78	4.20	22.84	4.10										
401 - 800	20.74	3.52	22.76	3.63	23.01	3.18	22.38	3.53										
801 - 1600	18.84	2.99	20.33	3.26	20.11	2.45	19.74	3.11										
1601 - 2000	12.98	2.91	20.38	3.20	13.49	1.93	15.62	3.00										
2001 - 3000	16.28	2.87	17.63	3.71	-	-	16.76	3.13										
Over 3000	14.86	2.54	7.75	1.07	-	-	12.14	1.93										
Total	17.06	3.46	21.26	3.98	22.01	3.87	20.62	3.89										

Source : Survey of Ceylon's Consumer Finances 1963, Central Bank of Ceylon.

TABLE 4.10 - AVERAGE EXPENDITURE ON RATIONED RICE FOR TWO MONTHS PER SPENDING UNIT AND PER CAPITA - BY INCOME GROUP AND SECTORS - 1973.

(Rupees)

Income Group of Spending Unit	S E C T O R S													
	Urban				Rural				Estate				All Island	
	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head	Per Spending Unit	Per Head		
0 - 50	30.00	5.00	6.82	6.82	14.00	14.00	14.00	14.00	11.88	11.88	6.48	6.48		
51 - 100	13.58	13.58	15.05	8.60	10.27	7.33	7.33	7.33	14.43	14.43	8.80	8.80		
101 - 200	20.93	8.93	23.00	10.11	25.88	15.22	15.22	15.22	22.80	22.80	10.13	10.13		
201 - 400	38.05	9.96	51.33	11.73	51.86	13.61	13.61	13.61	49.71	49.71	11.72	11.72		
401 - 800	62.67	11.66	72.80	12.30	82.91	14.52	14.52	14.52	72.10	72.10	12.44	12.44		
801 - 1600	75.29	11.95	82.35	11.87	111.97	14.41	14.41	14.41	82.88	82.88	12.11	12.11		
1601 - 2000	53.86	8.41	68.09	10.01	32.00	4.00	4.00	4.00	61.60	61.60	9.23	9.23		
2001 - 3000	67.06	8.99	48.94	6.99	6.40	1.68	1.68	1.68	52.51	52.51	7.64	7.64		
Over 3000	27.88	4.68	61.88	7.74	12.00	3.00	3.00	3.00	42.95	42.95	6.31	6.31		
Over-all Averages	58.12	11.06	63.82	11.88	72.90	14.10	14.10	14.10	63.64	63.64	11.94	11.94		

Source : Central Bank of Ceylon - Survey of Sri Lanka's Consumer finances 1973 -

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TABLE 4.11 - AVERAGE QUANTITIES OF FOOD CONSUMED PER HEAD FOR TWO MONTHS - BY INCOME GROUPS
ALL ISLAND - 1973

Item	Unit	Income of Spending Unit for 2 Months (Rupees)									Overall Average
		0 - 50	51-100	101-200	201-400	401-800	801-1600	1601-2000	2001-3000	Over 3000	
Rice											
Rationed Rice-Free	Measure	2.09	6.20	6.65	7.32	7.49	6.96	4.77	3.16	2.29	7.14
Rationed Rice-Paid	Measure	3.85	2.28	3.58	4.96	4.77	5.05	4.52	4.95	3.77	4.82
Unrationed Rice	Measure	2.73	2.53	2.45	2.90	3.60	4.92	8.62	9.49	12.18	3.98
Wheat Flour	Ounce	29.09	54.93	80.67	109.82	111.30	83.82	93.28	57.86	61.25	102.45
Other Grains											
Kurakkan	Measure	-	0.51	2.54	1.42	0.54	0.54	0.05	0.31	-	0.76
Maize/Soegham	Measure	-	1.76	0.28	0.65	0.28	0.11	-	-	-	0.32
Other	Measure	-	-	0.11	0.15	0.19	0.88	1.97	0.03	-	0.36
Bread	Ounce	32.44	40.48	96.93	91.82	94.29	120.24	141.88	125.18	164.29	101.36
Meat											
Beef	Ounce	34.91	2.97	4.54	3.26	5.92	12.98	28.52	30.89	52.14	8.14
Mutton	Ounce	-	-	0.19	0.16	0.38	0.72	1.63	4.65	5.00	0.54
Poultry	Ounce	-	-	0.21	0.21	0.11	0.57	4.20	2.15	8.45	0.43
Other	Ounce	-	-	0.05	0.40	0.58	1.34	5.82	2.84	-	0.83
Meat Products	Ounce	-	-	-	0.02	0.27	0.08	0.33	0.37	0.22	0.07
Fish											
Fresh	Ounce	52.36	19.57	18.36	20.29	30.79	43.92	65.28	63.46	75.12	32.65
Salted	Ounce	-	-	0.11	0.14	0.23	0.30	0.16	-	0.87	0.22
Tinned	Ounce	-	-	0.20	0.09	0.25	0.39	0.65	0.65	0.03	0.25
Dried	Ounce	13.62	10.79	11.71	13.42	15.32	17.18	16.27	12.67	11.80	15.15
Eggs	Number	-	0.06	0.93	0.91	1.72	3.77	9.90	10.16	14.54	2.39
Starch Foods											
Manioc	Ounce	-	43.90	25.10	28.70	24.79	18.25	18.88	11.05	7.75	23.79
Potatoes	Ounce	23.27	2.10	2.70	4.17	5.96	12.01	23.04	21.69	31.77	7.64
Sweet Potatoes	Ounce	-	0.52	5.29	4.14	4.69	4.98	3.05	3.37	7.86	4.61
Kiriala and Other Yams	Ounce	-	1.17	4.03	3.59	4.41	3.23	6.95	2.20	4.95	3.98
Vegetables	Ounce	88.44	102.28	107.77	116.09	123.49	150.40	168.36	184.97	175.07	129.57
Pulses											
Dhal	Ounce	21.19	9.58	15.96	16.78	17.63	19.38	19.66	16.41	21.53	17.82
Gram	Ounce	-	-	0.65	0.63	0.96	0.80	0.91	3.85	0.79	0.88
Green Gram	Ounce	-	-	0.68	0.39	0.62	1.06	2.17	0.58	1.69	0.70
Ulundu	Ounce	-	-	0.06	0.24	0.44	0.41	2.58	0.95	0.91	0.43
Others	Ounce	-	0.07	0.26	0.44	0.60	0.44	0.60	0.82	0.11	0.52
Condiments											
Dried Chillies	Ounce	2.58	1.94	2.66	2.80	3.62	4.93	6.59	6.49	7.45	3.84
Green Chillies	Ounce	7.01	18.55	17.81	17.01	15.97	15.78	16.28	14.97	13.18	16.17
Maldiva Fish	Ounce	1.45	0.62	0.41	0.28	0.51	0.76	1.21	1.46	2.37	0.56
Onions	Ounce	17.45	8.86	9.69	9.14	10.97	14.52	19.20	17.34	16.22	11.62
Garlic	Ounce	5.82	0.49	0.73	0.78	0.98	1.27	1.69	2.11	2.78	1.05
Salt	Ounce	14.65	21.83	24.02	20.69	19.05	18.72	18.99	17.82	18.24	19.44
Pepper	Ounce	3.13	1.54	1.98	1.88	1.97	2.54	2.88	2.87	3.39	2.12
Lime	Number	7.27	7.59	7.63	6.36	6.42	7.72	10.20	10.05	10.26	6.89
Vinegar	Bottle	-	-	-	0.03	0.02	0.03	0.03	0.08	0.19	0.03

TABLE 4.11 - (CONTD.) - AVERAGE QUANTITIES OF FOOD CONSUMED PER HEAD FOR TWO MONTHS-
BY INCOME GROUPS ALL ISLAND - 1973

Item	Unit	Income of Spending Unit for 2 Months (Rupees)									Over- all Aver- age
		0 - 50	51-100	101-200	201-400	401-800	801-1600	1601-2000	2001-3000	Over 3000	
Sauce	Bottle	-	-	-	0.01	0.01	-	-	0.05	0.04	-
Tamarind	Ounce	-	0.52	1.19	1.32	1.35	1.39	2.17	2.36	11.94	1.49
Saffron	Ounce	0.65	1.60	1.66	1.50	1.46	1.59	1.32	1.82	1.76	1.51
Corriander	Ounce	0.22	5.53	6.64	5.85	6.07	6.52	6.66	6.17	8.92	6.17
Suduru-Maduru	Ounce	0.22	2.82	3.31	2.70	2.83	3.06	2.89	3.05	3.41	2.87
Uluhal	Ounce	1.45	0.50	0.72	0.57	0.77	0.94	0.74	1.25	1.10	0.77
Ginger	Ounce	1.45	0.05	0.23	0.14	0.24	0.37	0.47	0.85	0.85	0.26
Mustard	Ounce	-	0.15	0.32	0.46	0.55	0.77	0.73	1.08	1.00	0.59
Cinnamon	Ounce	-	0.16	0.11	0.07	0.13	0.27	0.66	0.50	0.66	0.17
Coconuts	Number	9.82	15.08	15.27	13.24	13.24	14.50	17.01	14.71	16.28	13.70
Palmyrah	Number	-	-	-	0.01	0.03	-	0.08	0.47	-	0.03
<u>Cooking Oil/Fats</u>											
Coconut	Bottle	0.76	1.77	0.64	1.09	0.74	0.87	0.92	0.79	0.91	0.85
Margarine	Ounce	-	0.13	0.19	0.02	0.04	0.24	0.77	0.61	1.68	0.12
Gingelly	Ounce	-	-	0.16	0.16	0.27	0.22	0.67	0.87	0.05	0.25
Ghee	Ounce	-	-	0.02	-	0.01	0.01	0.04	0.18	0.39	0.01
<u>Jaggery and Treacle</u>											
Jaggery	Ounce	0.41	1.34	2.16	1.72	1.74	2.11	0.83	3.63	2.49	1.84
Treacle	Bottle	-	-	-	-	0.04	0.02	-	0.09	0.38	0.03
Bees Honey	Bottle	-	-	-	0.01	-	0.01	0.01	0.02	-	0.01
<u>Milk</u>											
Milk	Bottle	-	-	0.57	1.03	1.42	2.54	6.97	4.48	5.71	1.76
Milk (Tinned)	Ounce	20.36	0.82	1.21	2.27	3.66	6.31	7.00	10.04	10.47	4.10
<u>Milk Prouducts</u>											
Butter	Ounce	-	0.08	0.13	0.04	0.04	0.38	0.93	2.15	4.86	0.21
Cheese	Ounce	-	-	-	-	-	0.02	-	-	-	0.01
<u>Fruit</u>											
Fresh	Number	240.00	0.50	0.33	0.47	0.97	2.10	1.69	4.46	7.66	1.23
Tinned	Ounce	-	-	-	0.01	0.01	-	-	-	0.22	0.01
Dried	Ounce	-	-	-	-	0.03	0.02	-	-	-	0.02
<u>Sugar</u>											
Rationed	Ounce	24.51	42.19	40.88	42.30	44.77	45.28	38.97	33.26	34.29	43.83
Unrationed White	Ounce	-	3.36	2.94	4.55	6.24	10.16	22.52	24.29	38.49	7.56
Unrationed Brown	Ounce	29.09	7.39	9.63	8.45	12.78	19.32	26.82	28.29	23.48	13.79
<u>Beverages (Non-Alcoholic)</u>											
Tea	Ounce	9.19	9.88	9.50	9.09	8.66	8.97	11.06	9.88	9.40	8.92
Coffee	Ounce	-	1.05	0.62	0.42	0.70	1.46	1.81	3.11	2.33	0.88
<u>Others</u>											
Toddy	Bottle	-	-	0.30	0.50	0.83	0.66	0.76	0.15	0.08	0.69
Arrack	Bottle	-	0.20	0.02	0.06	0.07	0.15	0.13	0.30	1.65	0.10
Beer	Bottle	-	-	-	-	-	0.02	0.05	0.15	0.19	0.01
Others	Bottle	-	-	0.02	0.16	0.03	0.03	-	-	-	0.06

Source: Survey of Sri Lanka's Consumer Finances - 1973 Part II
Central Bank of Ceylon.

TABLE 4.12 - AVERAGE HOUSEHOLD EXPENDITURE - VALUES PER MONTH

(Various Surveys)

Income Group	1952		1958		1969/1970		1977	
	Rs. 55 - 485	%	Rs. 0 - 650	%	Rs. 0 - 400	%	Rs. 0 - 800	%
Commodity Group	Value Rs.	%	Value Rs.	%	Value Rs.	%	Value Rs.	%
1. Food	125.17	61.89	136.28	60.37	165.26	57.04	338.34	67.17
2. Fuel and Light	8.67	4.29	9.22	4.08	12.78	4.41	30.17	5.99
3. Housing	11.52	5.70	15.50	6.87	24.11	8.32	25.77	5.12
4. Clothing	19.05	9.42	12.40	5.49	20.16	6.96	28.39	5.64
5. Liquor and Tobacco	16.85	8.33	15.69	6.95	19.96	6.89	25.70	5.10
6. Miscellaneous	20.97	10.37	36.66	16.24	47.45	16.38	55.35	10.98
Total	202.24	100.0	225.75	100.0	289.72	100.0	503.72	100.0

Source : 1949 - 1950 - Colombo Working Class Survey
 1958 - Family Living Studies Budget Survey
 1969 - 1970 - Socio-Economic Survey
 1977 - Urban Family Budget Survey (Colombo MC)

Department of Census and Statistics

FOOD DISTRIBUTION AND TRADE

TABLE 5.1 - PROCUREMENT OF PADDY BY PADDY MARKETING BOARD 1971 - 1980

District	(Metric Tons)									
	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
Colombo	2,461	574	550	613	322	318	520	849	1,207	30
Gampaha	-	-	-	-	-	-	-	-	-	5
Kalutara	8,741	3,233	1,903	910	562	305	1,526	2,105	1,325	311
Galle	9,827	5,416	2,607	2,967	1,816	407	2,343	2,692	924	43
Matara	13,654	11,530	5,044	4,840	6,319	1,149	5,545	8,580	9,487	297
Hambantota	37,024	32,992	32,158	47,719	31,361	17,766	35,308	46,247	38,433	8,139
Jaffna	28,899	22,368	17,951	6,974	472	4,384	12,729	16,080	14,751	1,036
Vavuniya	40,196	22,929	23,416	14,803	314	3,132	14,277	19,559	17,469	1,114
Mullaitivu	-	-	-	-	-	-	-	-	9,238	2,288
Mannar	26,211	17,316	17,567	16,532	641	2,673	18,750	29,450	25,768	17,358
Batticaloa	36,795	30,812	16,234	19,631	16,137	16,037	30,476	39,254	24,495	10,601
Anuradhapura	70,073	58,432	57,378	48,200	1,482	16,555	68,733	93,272	79,138	31,010
Polonnaruwa	98,975	104,464	97,148	85,240	72,444	83,437	100,363	123,266	94,202	41,924
Trincomealee	44,065	32,138	27,669	27,289	7,780	15,272	42,481	55,199	46,745	17,889
Amparai	105,351	89,018	60,008	57,816	43,190	50,212	70,775	104,178	70,907	33,957
Kandy	35,095	28,299	22,426	19,480	13,779	12,748	21,425	20,155	13,712	8,416
Matale	10,366	14,720	12,940	9,504	6,104	7,157	16,976	19,105	15,224	8,068
Nuwara Eliya	1,801	2,662	2,456	1,225	877	769	880	1,919	1,242	151
Kurunegala	50,081	22,974	33,496	23,250	2,373	4,033	27,399	31,902	25,386	3,391
Puttalam	7,243	2,176	5,345	4,164	138	650	4,253	4,929	4,648	1,382
Badulla	14,970	12,342	11,632	12,256	12,544	12,718	11,114	17,248	10,595	8,370
Monaragala	13,462	9,907	10,634	9,662	8,510	7,877	11,045	12,970	12,776	7,541
Ratnapura	20,271	22,698	17,107	20,653	13,846	10,758	13,738	24,160	22,821	8,092
Kegalle	5,869	3,003	2,546	1,911	638	351	1,811	1,964	856	-
Total	681,429	550,003	478,217	435,618	241,649	268,711	512,466	675,085	541,351	211,390

Source : Paddy Marketing Board.

TABLE 5.2 - MONTHLY RICE DELIVERIES TO FOOD COMMISSIONER BY THE PMB
(1972 - 1981)

(Metric Tons)

Year	January	February	March	April	May	June	July	August	September	October	November	December	Total
1972	28,554	25,739	15,655	22,384	47,080	56,800	49,152	51,442	35,423	30,317	25,678	34,177	422,401
1973	17,820	12,147	25,984	37,121	53,759	51,428	42,414	31,722	20,728	20,100	21,158	8,209	342,585
1974	4,432	4,887	24,048	34,031	36,429	34,451	28,549	13,697	10,964	21,671	23,939	26,088	263,188
1975	20,211	11,140	8,355	12,068	23,994	23,986	14,954	11,285	2,987	27,361	25,169	16,863	198,373
1976	6,545	4,039	5,763	17,889	28,607	30,592	22,034	22,356	13,573	12,272	11,371	10,588	185,529
1977	6,867	6,906	8,656	19,746	20,247	23,532	22,352	28,808	34,560	32,860	28,878	29,975	263,387
1978	31,933	25,039	34,865	25,008	32,837	33,922	29,175	13,168	13,128	10,392	5,038	4,570	259,075
1979	7,201	15,167	22,477	20,250	25,597	26,519	28,804	27,934	13,529	19,410	14,794	15,718	237,400
1980	16,224	12,404	13,320	11,141	6,035	2,326	3,004	250	3,160	8,196	6,894	3,500	85,454
1981	2,123	614	153	104	-	81	39	42	1,492	9,847	3,338	-	17,833

Source : Paddy Marketing Board (PMB)

TABLE 5.3 - MONTHLY RICE ISSUED FOR DISTRIBUTION BY THE FOOD COMMISSIONER 1960 - 1981

(Metric Tons)

Year	January	February	March	April	May	June	July	August	September	October	November	December	Total
1960	60,546	60,050	60,827	71,856	59,663	60,349	76,492	64,148	64,084	79,955	65,329	80,729	804,029
1961	62,464	62,041	58,177	75,227	65,144	64,554	81,094	65,361	82,752	67,300	63,770	81,683	829,567
1962	64,731	65,382	77,877	63,079	64,518	76,636	62,535	66,594	83,052	67,071	69,198	85,943	846,616
1963	68,145	66,044	86,614	68,746	68,056	87,062	70,119	87,905	69,983	70,534	87,829	70,701	901,738
1964	69,856	87,676	68,633	68,447	85,516	70,255	70,598	87,650	70,402	88,899	72,698	72,448	913,078
1965	91,418	73,484	73,557	71,783	90,245	74,090	92,600	73,932	75,396	92,032	74,240	93,292	976,069
1966	76,587	74,238	73,099	90,674	70,885	72,955	94,938	72,219	74,156	93,743	75,658	72,048	941,200
1967	39,644	39,032	38,364	51,298	39,460	38,455	52,350	38,319	50,411	39,450	39,697	58,781	525,161
1968	38,756	37,397	41,641	38,845	39,946	51,364	41,127	43,061	49,677	40,929	43,724	52,544	519,011
1969	39,090	40,654	50,656	46,043	38,045	54,966	43,422	49,912	41,192	44,235	52,168	37,993	538,376
1970	40,232	41,063	49,088	40,287	53,117	44,070	41,586	53,232	50,747	69,862	84,813	72,290	640,387
1971	82,132	67,472	66,024	73,770	81,960	70,536	71,123	85,603	65,667	84,964	66,610	64,689	880,550
1972	60,333	62,408	65,752	72,192	55,986	60,681	74,090	63,201	77,311	61,955	61,061	78,003	792,973
1973	64,900	69,899	66,406	58,332	57,483	74,449	65,752	65,072	83,741	15,610	25,220	39,390	686,254
1974	42,299	23,398	51,778	52,821	40,373	52,138	42,301	45,417	55,657	45,942	45,939	61,037	559,100
1975	49,333	48,982	58,054	48,565	42,624	59,096	47,327	59,677	46,675	47,105	59,399	48,753	615,587
1976	49,911	62,865	48,809	45,009	56,075	44,537	46,866	58,890	47,100	57,516	46,232	47,705	606,515
1977	61,596	47,618	45,144	55,743	65,652	51,416	68,015	52,015	45,681	60,777	58,103	64,804	676,564
1978	50,629	33,878	48,227	28,675	32,515	55,119	46,765	64,253	67,888	30,099	64,443	50,624	573,215
1979	35,247	33,471	42,301	37,299	35,781	35,916	42,461	47,215	35,955	33,641	31,893	36,059	447,239
1980	34,175	27,263	12,190	6,738	8,997	13,543	22,968	20,766	19,337	22,320	38,408	52,881	279,586
1981	46,497	20,039	2,405	1,405	1,117	3,189	3,936	3,976	4,170	9,287	25,912	39,801	161,734

Source : Food Commissioner's Department.

TABLE 5.4 - RICE ISSUED ON RATION BY FOOD COMMISSIONER'S DEPARTMENT

(Metric Ton)

Year	Rationed Rice			Second Measure			Grand Total
	Local	Imported	Total	Local	Imported	Total	
1960	289,974	514,061	804,036	-	-	-	804,036
1961	240,230	589,338	829,568	-	-	-	829,568
1962	297,731	548,884	846,615	-	-	-	846,615
1963	366,041	535,698	901,739	-	-	-	901,739
1964	390,510	522,570	913,079	-	-	-	913,079
1965	314,923	661,206	976,128	-	-	-	976,128
1966	362,898	578,303	941,202	-	-	-	941,202
1967	167,642	357,518	525,161	-	-	-	525,161
1968	214,040	304,969	519,009	-	-	-	519,009
1969	215,403	322,981	538,377	-	-	-	538,377
1970	241,534	312,111	553,646	40,683	46,057	86,740	640,386
1971	291,075	302,972	594,047	132,353	154,152	286,505	880,552
1972	331,024	260,962	591,986	96,918	104,069	200,987	792,973
1973	264,132	231,608	495,740	76,116	114,353	190,470	686,210
1974	153,031	156,187	309,219	100,268	149,613	249,881	559,100
1975	114,480	191,748	306,228	79,896	229,466	309,362	615,590
1976	115,899	195,474	311,373	82,368	218,140	300,508	611,881
1977	123,614	221,867	345,480	99,262	231,821	331,083	676,563
1978	113,274	78,746	192,020	137,762	102,000	239,762	431,783
1979	-	-	109,617	-	-	337,622	447,239
1980	-	-	-	77,861	197,308	275,169	275,169
1981	-	-	-	21,587	138,513	159,180	159,180

Note : Ration Rice at a Subsidised Rate upto 1966 and from 1967 free. They were issued on the surrender of coupons.

Second Measure of Rice refers to another quantity of rice bought by the consumers.

Paddy was issued from 1978 as follows-

1978 free 74,408 for payment 136,685 (Metric Tons)

1979 " 69,525 " " 120,518 (" ")

Source : Food Commissioner's Department.

TABLE 5.5 - MONTHLY RICE SALES (OFF-RATION) BY THE PADDY MARKETING BOARD
1973 - 1980

Year	(Metric Tons)												
	January	February	March	April	May	June	July	August	September	October	November	December	Total
1973	56	94	120	122	128	307	315	381	325	498	423	740	3,440
1974	1,144	822	524	581	461	556	577	552	581	594	469	540	7,401
1975	583	594	479	485	467	461	514	475	547	436	314	361	5,716
1976	86	87	79	56	46	55	70	91	107	115	185	154	1,131
1977	504	344	327	230	206	244	190	294	222	200	158	186	3,105
1978	246	319	403	258	356	232	442	475	369	334	579	408	4,421
1979	497	430	428	484	534	609	794	642	1,343	2,105	2,855	3,868	14,521
1980	4,714	3,946	2,592	1,789	2,330	2,959	6,033	3,181	3,219	6,149	8,497	9,549	54,958

Source : Paddy Marketing Board

TABLE 5.6 - MONTHLY WHEAT FLOUR ISSUED FOR DISTRIBUTION, 1960 - 1981

(Metric Tons)

Year	January	February	March	April	May	June	July	August	September	October	November	December	Total
1960	16,984	16,443	16,321	16,936	14,642	13,936	18,311	16,135	16,378	19,379	15,059	19,945	200,469
1961	13,589	14,701	14,512	16,066	15,266	13,217	21,557	15,432	20,370	18,727	15,852	23,767	203,056
1962	14,850	16,883	18,793	13,793	13,845	18,242	15,590	15,550	22,290	19,075	17,281	20,132	202,324
1963	16,422	17,171	17,900	12,885	15,429	17,224	14,773	19,739	16,288	20,779	18,351	16,310	203,271
1964	21,030	20,456	14,797	14,091	18,298	16,583	16,752	21,710	19,626	23,137	18,889	17,029	222,398
1965	28,210	23,152	16,855	14,971	22,748	16,692	25,393	19,592	22,881	26,194	22,287	27,079	266,054
1966	26,099	19,469	21,601	23,309	17,831	21,876	27,606	17,221	21,137	24,730	18,995	31,158	271,032
1967	44,639	38,761	31,582	35,826	28,714	30,512	38,157	32,040	45,181	30,449	33,164	51,055	440,080
1968	35,360	33,434	43,267	26,342	29,359	39,019	31,690	32,621	41,309	34,892	45,175	37,625	430,093
1969	29,531	33,261	38,632	25,761	28,911	38,068	31,859	42,086	34,939	33,009	40,900	30,557	407,334
1970	36,154	40,926	47,868	30,972	38,108	31,254	32,296	43,293	31,506	26,597	34,491	29,112	422,577
1971	37,653	26,923	29,755	26,507	30,810	25,154	28,055	35,725	28,673	37,323	28,892	33,109	368,579
1972	42,900	34,422	34,409	32,423	28,376	31,680	37,452	35,417	45,617	37,901	35,780	43,920	440,297
1973	33,993	37,744	37,280	32,837	33,359	40,152	32,522	33,201	41,576	38,894	37,131	52,642	451,338
1974	40,874	41,580	35,897	25,024	27,467	35,343	32,005	35,038	41,449	32,879	32,978	42,436	422,970
1975	38,278	36,386	39,044	31,345	33,653	46,088	39,580	50,728	36,598	37,296	47,788	37,210	473,994
1976	36,471	43,244	34,609	24,959	37,628	31,561	40,645	57,425	46,775	57,320	52,726	40,612	503,975
1977	53,536	51,157	42,044	43,095	52,922	39,052	45,320	51,864	44,426	63,509	52,943	46,225	586,093
1978	46,203	46,126	61,155	34,982	48,893	57,831	50,614	58,281	52,554	26,661	58,551	34,249	576,100
1979	43,474	47,248	54,205	42,645	49,845	48,855	51,925	51,006	54,708	58,403	53,874	43,598	599,786
1980	28,619	35,881	22,265	20,483	26,922	26,316	33,161	28,608	35,751	36,468	39,933	44,510	378,917
1981	39,312	44,257	29,341	29,118	26,987	35,122	41,664	41,558	40,656	34,274	37,842	40,276	440,407

Source : Food Commissioner's Department.

TABLE 5.7 - MONTHLY SUGAR ISSUED FOR DISTRIBUTION 1960 - 1981

(Metric Tons)

Year	January	February	March	April	May	June	July	August	September	October	November	December	Total
1960	13,170	13,011	12,812	17,678	15,740	12,921	15,394	13,780	14,571	16,515	13,510	17,855	176,957
1961	13,902	14,308	13,770	21,372	15,471	14,852	19,609	13,680	19,485	15,428	14,936	15,138	191,681
1962	12,607	15,026	18,581	15,319	14,351	19,208	15,888	15,071	18,178	15,844	15,070	18,574	193,717
1963	15,832	15,134	18,186	13,069	16,972	18,628	15,078	18,388	14,117	15,485	19,428	14,413	194,730
1964	13,440	17,000	13,348	17,097	20,709	16,912	16,937	19,047	14,569	19,305	13,870	16,323	198,557
1965	21,614	17,153	16,145	18,436	20,905	16,394	21,525	14,143	15,068	17,862	14,326	19,574	213,145
1966	20,162	16,498	19,283	18,316	17,766	17,044	16,719	15,241	16,079	17,737	18,024	20,760	213,629
1967	18,426	18,375	17,273	26,771	18,040	18,035	18,294	17,842	22,914	19,123	20,945	23,766	239,804
1968	16,391	17,581	25,626	18,902	19,262	24,266	16,782	16,714	22,726	19,182	23,986	21,837	243,255
1969	18,613	20,256	27,123	22,357	19,943	25,330	22,220	26,825	21,624	23,583	24,435	21,547	273,856
1970	20,172	19,734	25,118	20,721	22,576	19,621	19,538	24,442	19,266	20,216	26,716	36,995	275,115
1971	27,851	18,503	23,105	22,291	26,204	19,502	20,315	24,301	18,441	24,245	24,795	39,271	288,826
1972	20,557	20,831	15,892	24,012	15,799	16,322	19,509	13,904	25,188	16,315	15,697	24,202	228,228
1973	14,632	14,797	22,738	15,685	15,394	21,462	15,802	14,771	20,216	11,308	13,274	18,239	198,318
1974	14,302	14,256	10,230	6,630	6,882	10,125	5,616	6,077	8,436	3,757	3,773	6,747	96,831
1975	3,421	4,429	7,127	3,642	4,431	6,104	4,098	7,061	3,607	4,316	7,346	4,243	59,825
1976	4,752	7,965	4,161	3,506	6,807	3,570	4,297	8,129	3,782	7,429	6,447	7,948	68,793
1977	7,366	6,820	8,652	9,334	8,190	9,410	8,336	10,046	9,682	8,764	10,954	14,372	111,926
1978	13,434	11,689	15,552	13,190	10,727	9,665	11,546	13,011	15,777	11,406	16,953	15,143	158,093
1979	18,099	16,241	18,632	16,140	17,153	17,666	16,719	24,033	18,094	23,165	26,670	22,799	235,411
1980	20,214	23,260	17,762	20,486	16,536	14,688	16,668	13,478	15,825	17,359	14,733	17,372	208,381
1981	21,308	13,158	19,401	17,503	14,359	14,630	9,848	11,030	6,541	1,372	400	3,621	133,171

Source : Food Commissioner's Department.

TABLE 5.8 - MARKETING OUTLETS OF THE PUBLIC SECTOR BY DISTRICTS - 1980

(Number)

District	Co-operatives*	Marketing Department Selling Centres	C.W.E.	Markfed Selling Centres	Milk Board Branches
Colombo	573	51	14	05	617
Gampaha	762	23	09	-	140
Kalutara	522	11	04	-	25
Kandy	680	17	05	01	107
Matale	227	04	-	-	10
Nuwara Eliya	187	09	03	-	14
Galle	590	14	09	-	59
Matara	421	05	08	-	30
Hambantota	264	08	03	01	14
Jaffna	700	17	02	01	09
Mannar	69	02	-	-	01
Vavuniya	59	02	-	-	01
Mullaitivu	65	02	-	-	-
Batticaloa	180	03	01	-	04
Amparai	244	04	01	-	01
Trincomalee	150	01	02	-	01
Kurunegala	779	18	04	-	25
Puttalam	293	09	02	-	32
Anuradhapura	307	13	01	01	12
Polonnaruwa	135	02	02	-	11
Badulla	399	06	04	-	12
Moneragala	117	07	05	-	08
Ratnapura	437	07	05	-	14
Kegalle	518	04	02	-	20
Sri Lanka	8,678	239	87	09	1,167

* Multi-purpose Co-operative Societies only.

Source : Co-operative Development Department
Marketing Department
C.W.E.
Markfed
Milk Board

TABLE 5.9 - ANNUAL COLLECTION OF MILK AND PRODUCTION OF MILK FOOD

Year	Milk Collection		Production							
	Litres '000	Pasteurised Milk Litres '000	Sterilised Milk Litres '000	Condensed Milk 14 oz. Tin '000	Powdered Milk M/Tons '000	Butter M/Tons. '000	G Ghee Litres '000	Ice Cream Litres '000	Yoghurt Cups	
1970	24,904	12,827	5,745	14,207	-	204	42	79,493	10,186	
1971	26,973	13,417	5,851	15,793	-	284	32	74,602	9,765	
1972	30,978	16,419	3,657	17,003	-	101	27	88,898	9,830	
1973	31,479	12,456	2,835	17,698	23	142	27	62,399	7,709	
1974	30,514	9,000	2,075	18,293	872	187	15	71,699	577	
1975	43,960	8,976	2,495	16,092	2,441	147	11	77,728	-	
1976	59,549	8,523	3,772	17,110	5,489	193	12	26,927	682	
1977	54,446	10,079	5,724	13,149	2,702	161	15	54,199	2,156	
1978	49,074	10,725	6,421	13,922	1,882	93	16	42,174	1,676	
1979	62,301	10,339	8,431	11,790	3,864	65	32	28,997	710	
1980	61,862	11,166	9,214	11,174	4,259	32	22	-	148	
1981	58,330	10,565	8,801	-	3,802	188	25	-	56	

Source : National Milk Board.

TABLE 5.10' - SELECTED FOOD IMPORTS, BY SOURCE OF FINANCE, 1970 - 1980

	1970	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
(Thousand Metric Tons)											
<u>Rice</u>											
Commercial Purchases	443	287	207	344	255	457	416	498	160	211	190
Aid-financed	91	52	59	-	77	-	3	28	-	1	-
Total	534	339	266	344	332	457	419	526	160	212	190
<u>Wheat Grain</u>											
Commercial Purchases	55	83	92	83	91	65	130	115	84	112	63
Aid-financed	-	-	-	-	9	28	-	-	-	-	164
Total	55	83	92	83	100	93	130	115	84	112	227
<u>Flour</u>											
Commercial Purchases	172	164	84	261	380	261	224	237	338	323	353
Aid-financed	205	159	243	110	68	201	157	279	268	143	8
Total	377	323	327	371	448	462	381	516	606	466	361
<u>Sugar</u>											
Commercial Purchases	244	276	217	194	43	48	45	94	165	245	200
Aid-financed	-	12	-	-	-	14	2	2	1	-	-
Total	244	288	217	194	43	62	47	96	166	245	200

Note : Based on information supplied to the Ministry of Finance and Planning by the main food importing agencies.

Source : Ministry of Finance and Planning.

TABLE 5.11 - NUMBER OF FOOD STAMPS ISSUED BY DISTRICT

District	(Number)											Food Stamps Receivers as a % of 1981 Popu- lation
	1st Issue 01/09/79	2nd Issue 01/12/79	3rd Issue 01/03/80	4th Issue 01/06/80	5th Issue 01/09/80	6th Issue 01/12/80	7th Issue 01/06/81	8th Issue 01/12/81	Population Census 1981			
Colombo	481,628	459,310	483,082	462,639	456,544	447,679	442,227	431,475	1,698,322	25.40		
Gampaha	661,915	671,472	646,592	657,374	649,063	643,129	636,239	630,814	1,389,490	45.39		
Kalutara	440,157	386,039	406,947	401,838	401,346	402,241	399,080	394,028	827,189	47.63		
Kandy	563,689	540,458	583,659	585,781	592,165	588,291	584,071	533,850	1,126,296	47.39		
Matale	159,936	213,063	221,432	221,861	221,544	220,195	218,359	215,981	357,441	60.42		
Nuwara Eliya	116,387	109,863	111,580	109,050	108,826	108,670	107,557	152,633	522,219	29.22		
Galle	488,881	477,932	666,287	462,149	460,175	459,435	453,007	466,990	814,579	57.32		
Matara	410,706	397,813	402,998	401,463	399,983	397,561	393,787	390,154	664,231	60.56		
Hambantota	261,858	266,821	273,833	274,102	274,967	274,924	272,903	272,331	424,102	64.21		
Jaffna	479,000	493,158	435,443	459,220	468,017	479,540	468,979	469,265	831,112	56.46		
Mannar	46,549	43,851	49,613	51,856	53,756	54,716	54,408	54,608	106,940	51.06		
Vavuniya	34,431	42,573	52,683	54,562	55,565	57,062	56,812	56,790	95,904	59.21		
Mullaitivu	22,051	26,609	30,378	33,194	34,114	34,605	34,519	34,554	77,512	44.57		
Batticaloa	198,289	197,726	206,095	199,769	202,137	202,139	201,453	200,229	330,899	60.51		
Amparai	193,707	199,752	206,330	209,762	209,990	209,414	209,212	207,820	388,786	53.45		
Trincomalee	99,750	109,270	117,963	119,511	119,999	120,477	119,681	120,222	256,790	46.81		
Kurumegala	763,330	772,918	795,723	792,186	800,829	795,030	789,266	785,551	1,212,755	64.77		
Puttalam	294,357	343,000	321,417	324,897	328,144	326,514	323,419	321,935	493,344	65.25		
Anuradhapura	201,190	192,306	223,603	230,339	244,897	247,087	242,019	245,342	587,822	41.73		
Poonnarua	96,046	101,272	101,907	111,626	112,292	112,424	112,217	111,898	262,753	42.58		
Badulla	211,071	228,476	246,206	243,306	241,064	242,911	241,891	241,018	642,893	37.48		
Moneragala	157,297	175,982	176,068	180,273	183,921	185,275	184,618	184,177	279,743	65.83		
Ratnapura	458,669	447,138	430,633	425,436	434,278	425,819	428,201	426,493	796,468	53.54		
Kegalle	400,536	380,194	389,721	388,353	387,325	385,145	382,798	379,809	682,411	55.65		
Total	7,257,429	7,277,996	7,380,193	7,400,547	7,440,941	7,420,283	7,356,723	7,327,967	14,850,001	49.34		
Total Value (Rs. in Thousand)	379,435	385,198	390,088	389,876	391,350	778,607	766,835	757,488	-	-		

Note : The Food Stamp Scheme: The Food Stamp Scheme was introduced in September, 1979, to enable eligible households of purchase one or more of a basket of commodities consisting of rice, paddy, flour, bread, sugar, locally produced pulses, Lakspray, Vitamilk, Parakum condensed milk, dried fish and kerosene. Eligibility for the scheme was based on total household income. Those households consisting of five or less members receiving an income of Rs. 300 or less per month, were entitled to Food Stamps.

The value of the Food Stamps was initially fixed at Rs. 25/- per month for children below the age of 8; Rs. 20/- for children over 8 and below 12 and Rs. 15/- for household members above 12.

Each individual family eligible for Food Stamps also received Kerosene Stamps at the rate of Rs. 9.50 per month. Food and Kerosene Stamps were issued every three months except for the sixth issue which was issued for a period of six months.

Source : Food Commissioner's Department.

TABLE 5.12 - NUMBER OF FOOD STAMPS ISSUED TO UNDER 8 YEARS AGE GROUP BY DISTRICT

District	(Number)							
	1st Issue 01/09/79	2nd Issue 01/12/79	3rd Issue 01/03/80	4th Issue 01/06/80	5th Issue 01/09/80	6th Issue 01/12/80	7th Issue 01/06/81	8th Issue 01/12/81
Colombo	78,604	78,103	86,648	80,566	78,340	72,896	67,481	61,313
Gampaha	106,377	114,365	111,804	111,960	108,478	105,244	99,261	91,645
Kalutara	75,651	71,010	75,712	72,811	69,392	67,900	62,310	57,468
Kandy	95,877	108,803	114,472	113,702	114,575	112,129	105,907	91,082
Matale	36,362	41,982	45,520	44,249	42,890	41,603	38,548	36,603
Nuwara Eliya	22,863	23,795	24,481	21,779	21,306	20,841	19,028	25,618
Galle	86,706	86,733	86,602	84,497	81,735	79,064	72,487	67,419
Matara	72,706	77,642	78,306	75,832	73,607	70,417	64,106	58,912
Hambantota	52,353	57,136	61,036	59,853	58,954	56,782	52,599	48,832
Jaffna	94,058	99,893	93,859	96,375	95,951	94,130	89,073	83,478
Mannar	10,745	11,020	12,781	13,270	13,672	13,730	12,797	12,229
Vavuniya	8,282	11,689	14,074	14,770	15,125	15,931	15,312	13,677
Mullaitivu	5,561	7,044	7,991	9,341	9,976	10,242	9,944	9,081
Batticaloa	41,670	48,232	52,845	50,881	51,264	50,421	46,315	42,361
Amparai	50,579	121,839	54,799	56,857	56,339	54,296	49,631	46,708
Trincomalee	23,506	27,647	31,478	32,228	32,265	32,193	30,792	26,835
Kurunegala	133,481	146,840	155,180	152,280	150,149	144,778	134,701	126,594
Puttalam	65,151	76,000	74,386	72,205	70,167	68,514	63,472	59,347
Anuradhapura	50,762	47,786	71,214	61,650	68,227	68,961	63,235	57,730
Polonnaurwa	22,657	27,332	29,214	31,334	31,356	30,817	29,272	26,834
Badulla	39,714	46,238	59,374	53,708	52,640	53,314	52,803	41,000
Moneragala	30,742	37,381	43,677	44,465	45,713	46,428	43,557	41,157
Ratnapura	80,833	83,228	86,965	94,741	86,393	84,791	81,084	72,506
Kegalle	60,705	64,860	66,217	64,911	64,692	61,903	57,235	53,127
Total	1,345,945	1,516,598	1,538,635	1,504,265	1,493,206	1,457,325	1,360,950	1,251,556
Total Value (Rs. Thousands)	100,946	113,748	115,397	112,820	111,990	218,599	204,142	187,733

Source : Food Commissioner's Department.

TABLE 5.13 - NUMBER OF FOOD STAMPS ISSUED TO 8-12 YEARS AGE GROUP BY DISTRICT

(Number)

District	1st Issue 01/09/79	2nd Issue 01/12/79	3rd Issue 01/03/80	4th Issue 01/06/80	5th Issue 01/09/80	6th Issue 01/12/80	7th Issue 01/06/81	8th Issue 01/12/81
Colombo	56,502	50,723	51,405	50,054	50,280	48,795	47,395	45,502
Gampaha	66,407	67,256	60,500	61,048	60,192	59,632	58,642	57,691
Kalutara	42,218	35,963	38,274	37,660	37,545	37,902	37,984	37,632
Kandy	66,690	59,820	62,854	62,072	62,332	61,337	62,089	55,544;
Matale	23,852	24,776	24,367	23,922	23,634	23,444	22,871	22,261
Nuwara Eliya	15,063	13,380	12,561	11,994	11,900	11,952	11,969	16,589
Galle	51,125	49,874	46,821	46,466	46,586	46,122	45,116	44,260
Matara	43,922	40,538	40,243	40,331	40,112	40,281	39,591	39,342
Hambantota	31,686	30,108	30,157	30,119	30,020	30,342	30,118	29,716
Jaffna	49,967	50,579	45,071	46,512	47,107	47,389	46,105	45,816
Mannar	5,782	5,217	5,713	6,093	6,235	6,413	6,408	6,436
Vavuniya	4,638	5,143	6,254	6,446	6,532	6,636	6,839	6,913
Mullaitivu	2,789	3,276	3,767	4,223	3,893	3,923	3,933	3,975
Batticaloa	27,342	25,804	26,050	24,930	25,134	25,324	25,039	25,112
Amparai	26,609	25,305	25,935	26,072	26,013	26,482	26,165	26,424
Trincomalee	13,490	15,106	15,076	14,967	15,043	15,204	15,008	15,458
Kurunegala	83,370	81,030	81,202	78,807	79,265	78,396	76,547	75,130
Puttalam	34,769	45,000	36,465	33,897	33,893	33,486	33,156	32,826
Anuradhapura	26,321	25,411	27,034	28,474	28,502	29,432	29,203	32,752
Polonnaruwa	13,370	13,258	12,498	13,924	13,991	14,095	14,479	14,577
Badulla	30,037	31,128	30,887	30,624	30,330	30,561	30,288	30,486
Moneragala	21,279	26,830	20,712	20,823	20,886	20,119	20,298	20,708
Ratnapura	51,727	49,335	46,290	45,190	45,154	44,994	45,021	43,327
Kegalle	42,511	37,850	37,884	36,905	36,231	35,798	34,845	34,112
Total	813,466	812,710	788,020	781,553	780,810	778,059	769,108	762,589
Total Value (Rs. Thousands)	49,888	48,763	47,281	46,893	46,849	93,367	92,293	91,511

Source : Food Commissioner's Department.

TABLE 5.14 - NUMBER OF FOOD STAMPS ISSUED TO OVER 12 YEARS AGE GROUP BY DISTRICT

District	(Number)							
	1st Issue 01/09/79	2nd Issue 01/12/79	3rd Issue 01/03/80	4th Issue 01/06/80	5th Issue 01/09/80	6th Issue 01/12/80	7th Issue 01/06/81	8th Issue 01/12/81
Colombo	346,522	330,484	345,029	332,019	327,924	325,988	327,351	324,660
Gampaha	469,131	489,851	474,288	484,366	480,393	478,253	478,336	481,478
Kalutara	322,288	279,066	292,961	291,367	294,409	296,439	298,786	298,928
Kandy	401,122	371,835	406,333	410,007	415,258	414,825	416,075	387,224
Matale	135,722	146,305	151,545	153,690	155,020	155,148	156,940	157,117
Nuwara Eliya	78,461	72,688	74,538	75,277	75,620	75,877	76,560	110,426
Galle	351,050	341,325	332,864	331,186	331,854	334,249	335,404	355,311
Matara	294,078	279,633	284,449	285,300	286,264	286,863	290,090	291,900
Hambantota	177,818	179,577	182,640	184,130	185,993	187,800	190,187	193,783
Jaffna	334,975	342,686	296,513	316,333	324,959	338,021	333,801	339,971
Mannar	30,022	27,614	31,119	32,493	33,849	34,573	35,203	35,943
Vavuniya	21,511	25,741	32,355	33,346	33,908	34,495	34,661	36,200
Mullaitivu	13,701	17,289	18,620	19,630	20,245	20,440	20,642	21,498
Batticaloa	129,277	123,690	127,200	123,958	125,739	126,394	130,099	132,756
Amparai	116,519	52,608	125,596	126,833	127,638	128,636	133,416	134,688
Trincomalee	62,754	66,517	71,409	72,316	72,691	73,080	73,881	77,929
Kurunegala	546,497	545,048	559,341	561,099	571,415	571,856	578,018	583,827
Puttalam	194,437	222,000	210,566	218,795	224,084	224,514	226,791	229,762
Anuradhapura	124,107	119,109	125,355	140,215	148,168	148,694	149,581	154,860
Polonnaruwa	60,019	60,682	60,195	66,368	66,945	67,512	68,466	70,487
Badulla	141,320	151,110	155,945	158,974	158,094	159,036	158,800	169,532
Moneragala	105,276	111,771	111,679	114,985	117,322	118,728	120,763	122,312
Ratnapura	326,109	314,575	297,378	295,505	302,731	296,034	302,096	310,660
Kegalle	297,320	277,484	285,620	286,537	286,402	287,444	290,718	292,570
Total	5,080,018	4,948,688	5,053,538	5,114,729	5,166,925	5,184,899	5,226,665	5,313,822
Total Value (Rs. Thousands)	228,600	222,690	227,409	230,162	232,511	466,641	470,400	478,244

Source : Food Commissioner's Department.

NUTRITION STATISTICS

TABLE 6.1 - MALNUTRITION IN PRE-SCHOOL CHILDREN
BY S.H.S (1) AREA - 1976

S.H.S. Area	Acute Undernutrition (Wasting) %	Chronic Undernutrition (Stunting) %	Concurrent Acute and Chronic Undernutrition %
Colombo	4.9	20.7	1.9
Jaffna	3.7	28.4	1.6
Puttalam	5.1	24.4	1.9
Kalutara	6.2	26.8	3.4
Vavuniya	5.8	29.6	2.3
Kurunegala	5.7	30.4	2.3
Matara	6.0	29.7	2.2
Anuradhapura	6.9	30.7	2.9
Galle	8.2	33.3	4.1
Batticaloa	8.4	36.5	4.0
Badulla	5.8	49.4	4.0
Kegalle	7.1	39.5	4.0
Matale	7.2	38.9	3.8
Ratnapura	8.8	37.3	4.1
Kandy	8.5	49.6	5.5
Sri Lanka (Weighted Average)	6.6	34.7	3.4

Note : S.H.S. - Superintendent of Health Services.

Source : Sri Lanka Nutrition Status Survey (September 1975 to March 1976).
Centre for Disease Control, USA in Co-operation with the Ministry
of Health, Sri Lanka.

TABLE 6.2 - PERCENTAGE OF CHILDREN 6-71 MONTHS (PRE-SCHOOL)
OF AGE WITH BITOT'S SPOTS AND WITH NIGHT BLINDNESS 1976.

S. H. S. Area	% Bitot's Spots	% Night Blindness
Colombo	-	1.2
Kalutara	0.9	0.3
Kandy	1.0	1.1
Matale	0.7	0.8
Galle	1.4	1.1
Matara	2.2	2.3
Jaffna	0.4	0.6
Vavuniya	0.7	-
Batticaloa	0.7	1.3
Kurunegala	1.0	0.5
Puttalam	0.3	0.6
Anuradhapura	0.7	0.5
Badulla	1.0	0.8
Ratnapura	2.0	0.9
Kegalle	2.3	2.6
Sri Lanka (Weighted Average)	1.1	1.0

Notes : Bitot's Spots and Corneal Scars are easily
recognizable signs of Vitamin A deficiency.

Night Blindness is an early symptom of Vitamin A
deficiency.

Source : Sri Lanka Nutrition Survey 1975 - 1976.

TABLE 6.3 - NUTRITION STATUS OF PRE-SCHOOLERS BY
ADMINISTRATIVE DISTRICTS.

District	Acute Undernutrition (Wasting) %	Chronic Undernutrition (Stunting) %	Concurrent Acute and Chronic Undernutrition %
Hambantota	5.2	22.2	1.4
Matara	5.0	22.0	1.2
Puttalam	10.2	13.0	4.0
Kurunegala	8.3	15.5	2.6
Matale	4.7	22.1	2.0
Nuwara Eliya	5.6	34.6	2.6
Vavuniya	4.6	22.0	4.3
Moneragala	8.7	17.9	2.8
Kandy	6.1	30.8	3.3
Ratnapura	7.8	24.2	2.6
Badulla	6.6	33.2	3.2
Amparai	8.9	24.9	3.8
Kegalle	6.4	24.7	2.6
Mullaitivu	4.6	28.8	1.4
Mannar	6.2	27.1	3.5
Batticaloa	9.7	26.1	6.5
Trincomalee	10.0	25.1	3.1
Gampaha	7.6	14.2	1.5
Kalutara	7.7	16.4	2.1
Galle	7.8	17.2	2.7
Colombo	7.4	13.6	2.2
Jaffna	5.6	24.7	1.8
Polonnaruwa	7.5	14.6	3.5
Anuradhapura	9.3	18.8	3.1

Note :- The surveys were carried out over a period from 1979-1982 : Hambantota and Matara (1979); Puttalam, Kurunegala, Matale, Nuwara Eliya, Vavuniya, Moneragala (1980); Kandy, Ratnapura, Badulla, Amparai, Kegalle, Mullaitivu, Mannar, Gampaha Batticaloa, Trincomalee, (1981) and other in 1982.

Source : Nutrition Status and Socio-Economic Status Surveys of the and Nutrition Division of the Ministry of Plan Implementation in association with the Nutrition Department of the Medical Research Institute, Colombo.

TABLE 6.4 - PREVALENCE OF VITAMIN DEFICIENCY SYMPTOMS BY DISTRICT AND SEX - 1980-1982 - PRE SCHOOLERS

(Percentages)

District	Bitot's Spots		Keratomalacia		Corneal Scar		Bilateral Pedaloedema		Angular Stomatitis		Pharynod Erma		Goitre		History of Blindness		Night Blindness	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Hambantota	2.3	-	-	-	-	-	-	-	-	-	1.4	1.9	-	-	-	-	1.4	0.5
Matara	1.9	0.3	-	-	-	-	-	-	1.0	-	3.9	2.3	-	-	-	-	-	0.3
Puttalam	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	1.1	1.1	0.6	0.0	0.4	0.7	0.0	0.0	0.0
Vavuniya	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.5	5.0	3.4	1.4	-	-	-	-	-	-
Kurunegala	0.8	0.2	0.1	0.0	0.1	0.0	0.0	0.1	1.8	1.4	1.6	1.1	0.2	0.1	0.0	0.0	0.2	0.2
Matale	0.5	0.0	0.0	0.2	0.0	0.0	0.0	0.5	3.3	2.2	2.4	1.9	0.2	0.0	0.2	0.0	0.0	0.2
Nuwara Eliya	0.5	0.2	0.0	0.0	0.0	0.2	0.2	0.2	-	-	3.6	2.4	0.2	0.5	-	-	0.2	-
Moneragala	0.0	0.5	0.0	0.0	0.2	0.3	0.2	0.3	3.7	5.0	6.2	4.8	2.0	2.3	-	-	-	-
Badulla	1.1	0.4	0.0	0.0	0.0	0.1	0.6	0.3	2.0	1.5	17.2	19.2	1.1	1.7	1.7	1.7	0.7	0.4
Ratnapura	0.8	0.3	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.4	11.6	10.7	0.4	1.5	0.8	1.3	0.8	0.9
Kegalle	3.8	3.4	0.0	0.1	0.0	0.0	0.0	0.0	2.8	3.1	15.9	14.6	1.0	1.7	0.3	0.5	0.3	0.5
Amparai	2.3	1.6	0.0	0.2	0.0	0.2	0.2	0.5	8.8	6.3	11.3	9.5	0.8	0.4	2.3	1.3	2.4	2.7
Mullaitivu	0.9	0.2	0.0	0.0	0.2	0.0	0.0	0.0	3.5	1.4	6.1	7.0	0.3	0.5	1.2	1.1	0.5	1.1
Kandy	3.5	2.5	0.2	0.1	0.1	0.2	0.2	0.1	0.2	0.0	15.0	14.2	0.2	0.7	0.6	1.2	1.0	1.5
Gampaha	1.7	1.2	0.3	0.3	0.0	0.1	0.2	0.2	0.7	0.8	3.5	10.5	0.1	1.9	0.3	0.3	0.6	1.1
Kalutara	0.4	0.9	0.0	0.0	0.2	0.2	0.1	0.0	1.0	1.3	2.6	7.0	0.6	2.9	1.3	0.5	1.5	2.1
Galle	7.6	8.7	0.0	0.0	0.0	0.2	0.1	0.1	2.3	2.0	5.8	15.2	1.3	6.7	0.5	0.5	2.6	5.2
Mannar	0.6	0.4	1.0	1.8	0.4	0.4	0.3	0.0	0.6	3.0	3.2	6.2	0.0	0.0	0.3	0.6	1.8	4.1
Batticaloa	2.3	1.7	0.0	0.0	0.0	0.3	0.3	0.2	3.1	2.1	2.2	6.7	0.0	0.1	0.3	0.1	1.7	2.2
Trincmalee	5.1	5.1	0.3	0.2	0.1	0.0	0.0	0.1	1.6	2.6	3.9	9.4	0.1	0.8	1.4	1.5	1.5	2.2
Colombo	0.8	0.7	0.0	0.0	0.1	0.0	0.0	0.0	0.6	0.6	1.1	3.2	0.0	1.7	0.4	0.4	0.1	0.3
Jaffna	2.9	2.5	0.1	0.0	0.2	0.5	2.2	0.2	3.6	3.9	6.6	12.9	0.0	0.2	0.5	0.1	0.7	0.6
Anuradhapura	1.0	1.9	0.1	0.0	0.3	0.1	0.0	0.0	5.4	5.5	8.6	16.5	0.3	0.2	0.8	0.5	1.0	1.6
Polonnaruwa	0.8	0.6	0.1	0.0	0.1	0.0	0.0	0.0	4.3	3.3	8.4	24.5	0.6	1.1	0.5	0.5	0.7	0.7

Note : M = Male; F = Female.

Source : Same as for Table 6.3

TABLE 6.5 - SUMMARY ANALYSIS OF NUTRITIONAL CONTENT OF PER CAPUT CONSUMPTION 1969 - 1970

DAILY CONSUMPTIONS OF SELECTED FOOD ITEMS

Food Item	Calories	Protein (in Grams)	
		Animal	Vegetable
Cereals	1,220.9	-	26.9
Roots, Tubers and other Starchy Foods	29.0	-	0.2
Sugar	19.9	-	0.1
Oils and Oil Bearing Nuts	501.2	-	4.0
Pulses	52.4	-	3.8
Fruit and Vegetables	31.7	-	1.0
Meat and Fish	47.4	8.5	-
Milk and Milk Products	35.2	1.7	-
Liquor and Beverages	14.4	-	0.4
Betel and Arecanuts	73.7	-	1.7
Condiments	58.5	-	5.0
Total	2,264.3	10.2	43.1

Source : Socio-economic Survey 1969 - 1970 (Department of Census and Statistics.)

TABLE 6.6 - NUTRITIONAL VALUES OF AGGREGATE DAILY CONSUMPTION OF FOOD
PER CAPUT BY INCOME GROUP AND SECTORS FOR SRI LANKA 1969 - 1970

Sectors	Nutritional Value	Income Classes						All Classes
		Below Rs. 200	Rs. 200-399	Rs. 400-599	Rs. 600-799	Rs. 800-999	Rs. 1000 and Over	
All Island	Calories	2,064.1	2,272.4	2,436.8	2,512.1	2,540.4	2,641.2	2,264.3
	Protein (in grams)	7.7	10.7	12.9	14.7	16.5	20.8	10.7
	Animal Protein	39.7	43.3	45.7	46.1	45.7	45.2	43.1
	Vegetable Protein							
Urban	Calories	1,901.5	2,067.0	2,230.4	2,339.7	2,450.1	2,496.3	2,161.2
	Protein (in grams)	9.8	10.9	13.8	15.0	17.7	22.0	13.2
	Animal Protein	34.4	36.8	38.7	39.8	41.4	40.6	39.0
	Vegetable Protein							
Rural	Calories	2,099.0	2,326.4	2,466.9	2,598.2	2,582.2	2,888.8	2,268.1
	Protein (in grams)	7.3	10.2	12.9	14.3	15.6	18.2	10.1
	Animal Protein	39.2	41.8	43.3	44.7	44.7	49.2	41.1
	Vegetable Protein							
Estate	Calories	2,338.4	2,411.5	2,479.0	3,077.1	3,194.8	3,808.0	2,425.8
	Protein (in grams)	8.8	12.6	10.9	16.8	21.4	50.4	9.4
	Animal Protein	47.9	49.7	49.0	58.8	58.3	64.5	52.2
	Vegetable Protein							

Source : Socio-Economic Survey of Sri Lanka - 1969 - 1970

Special Report on Food and Nutritional Levels in Sri Lanka - October 1972

Department of Census and Statistics.

TABLE 6.7 - PERCENTAGE PER-CAPUT ADEQUACY OF ENERGY AND PROTEIN BY SECTORS AND INCOME CLASSES

Sectors	I N C O M E C L A S S E S A L L I S L A N D									
	Below Rs. 100	Rs. 100 - 149	Rs. 150 - 199	Below Rs. 200	Rs. 200 - 399	Rs. 400 - 599	Rs. 600 - 799	Rs. 800 - 999	Rs. 1000 & Over	ALL Classes
Urban										
Energy	78	87	92	86	94	109	106	111	113	98
Protein	77	87	94	99	99	109	114	123	130	109
Rural										
Energy	89	97	100	95	106	118	118	117	131	110
Protein	85	97	101	97	106	117	123	126	140	107
Estate										
Energy	103	107	107	106	110	113	140	140	173	110
Protein	111	117	119	118	123	125	160	164	239	128

Source : Socio-economic Survey 1969 - 1970 - Special Report on Food and Nutritional Levels in Sri Lanka -
October 1972.

Department of Census & Statistics.

TABLE 6.8 - SUMMARY ANALYSIS OF NUTRITIONAL CONTENT OF PER CAPUT DAILY CONSUMPTION OF SELECTED FOOD ITEMS CLASSIFIED UNDER MAJOR GROUPS BY INCOME CLASSES FOR 1969/70

Income Classes	Below Rs. 200		Rs. 200-399		Rs. 400-599		Rs. 600-799		Rs. 800-999		Rs. 1000 and Over		All Classes								
	Calories	Protein Grams	Calories	Protein Grams	Calories	Protein Grams	Calories	Protein Grams	Calories	Protein Grams	Calories	Protein Grams	Calories	Protein Grams							
															Anti- mal	Vege- table	Anti- mal	Vege- table	Anti- mal	Vege- table	Anti- mal
Cereals (Sub Total)	1117.5	-	24.5	1237.7	-	27.2	1288.3	-	28.2	1300.4	-	28.6	1282.4	-	27.4	1,245.1	-	27.3	1220.9	-	26.9
Roots, Tubers and Other Starchy Foods (Sub Total)	37.3	-	0.1	26.1	-	0.2	22.7	-	0.2	10.0	-	0.2	19.7	-	0.1	18.7	-	0.2	29.0	-	0.2
Sugar (Total)	165.7	-	0.1	203.1	-	0.1	238.7	-	0.1	251.9	-	0.1	253.2	-	0.2	272.5	-	0.1	199.9	-	0.1
Oils and Oil Bearing Nuts (Sub Total)	462.5	-	3.7	494.3	-	3.9	540.4	-	4.2	577.2	-	4.5	594.4	-	4.5	655.3	-	4.7	501.2	-	4.0
Pulses (Total)	49.7	-	3.7	52.4	-	3.8	54.5	-	4.0	54.6	-	3.9	58.4	-	4.2	60.6	-	4.4	52.4	-	3.8
Fruits and Vegetables (Sub Total)	23.6	-	0.8	30.3	-	0.9	41.3	-	1.3	46.7	-	1.4	58.6	-	1.7	98.0	-	2.1	31.7	-	1.0
Meat and Fish (Sub Total)	34.3	6.4	-	48.5	8.6	-	60.9	9.8	-	62.0	10.4	-	69.0	10.9	-	83.4	13.5	-	47.4	8.5	-
Milk and Milk Products (Sub Total)	17.6	0.9	-	32.8	1.6	-	50.7	2.5	-	71.2	3.7	-	97.0	5.0	-	117.9	6.2	-	35.2	1.7	-
Liquor and Beverages (Sub Total)	11.9	-	0.4	14.3	-	0.4	17.7	-	0.4	18.3	-	0.4	12.3	-	0.4	16.2	-	0.4	14.4	-	0.4
Betel and Arecanuts (Total)	91.6	-	2.1	73.5	-	1.7	56.5	-	1.3	45.5	-	1.0	34.1	-	0.8	23.6	-	0.5	73.7	-	1.7
Condiments (Total)	52.4	0.4	4.3	59.4	0.5	5.1	65.1	0.6	6.0	65.3	0.6	6.0	71.3	0.6	6.4	79.9	1.1	5.6	58.5	0.5	5.0
Grand Total	2064.1	7.7	239.7	2272.4	10.7	43.3	2436.8	12.9	45.7	2512.1	14.7	46.1	2540.4	16.5	45.7	2641.2	20.8	45.2	2264.3	10.7	43.1

Source : Department of Census and Statistics - Socio-Economic Survey of Sri Lanka 1969/1970

Special Report on Food and Nutritional Levels in Sri Lanka - October 1972.

TABLE 6.9 - RECOMMENDED BALANCED DIETS PER DAY FOR SRI LANKANS BY AGE, SEX AND MODERATE ACTIVITY
(Edible Portion)

Food Stuffs	(Grams per Capita per day)																			
	Children (Male and Female)				Men				Women											
Age (Years)	1-3	4-6	7-9	10-12	13-15	16-19	20-29	30-39	40-49	50-59	60-69	70	Pr- Lac- egn- ta- ant ting							
Body Weight (kg.)	12.0	18.2	26.2	35.0	49.0	51.0	55	55	55	55	43.8	47	47	47	47	47	47			
<u>Cereals</u>																				
Rice, Bread, Wheat, Flour																				
Maize, Millets, Kurakkan, Sorghum, Meneri)	213	230	284	426	446	456	456	398	341	298	263	400	300	300	270	250	200	156	350	410
<u>Nuts and Seeds</u>																				
Coconut, Gingelly, Soya	14	57	71	85	85	85	85	85	57	57	57	85	80	80	80	75	56	45	85	85
<u>Oils and Fats</u>																				
(Coconut, Gingelly, Corn, Palm Margarine, Butter	5	10	10	15	15	15	15	5	5	5	5	10	10	10	10	5	5	5	10	10
<u>Yams</u>																				
(Potatoe, Sweet Potatoe, Manioc and Others)	57	57	114	142	142	142	162	142	114	114	114	114	114	114	114	56	56	56	114	120
<u>Sugars</u>																				
Sugar or Jaggery	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	30
<u>Total Energy Giving Foods</u>	317	382	507	696	716	726	746	716	630	545	502	467	532	532	502	414	345	290	589	655

TABLE 6.9 (CONTD.) - RECOMMENDED BALANCED DIETS PER DAY FOR SRI LANKANS BY AGE, SEX AND MODERATE ACTIVITY
(Edible Portion)

Food Stuffs	(Grams per Capita per day)												
	Children (Male and Female)				Men				Women				
Age (Years)	1-3	4-6	7-9	10-12	13-15	16-19	20-29	30-39	40-49	50-59	60-69	70	Pr- Lac- egn- ta- ant ting
<u>Pulses</u>													
Gram, Mung, Soy, Cowpea	14	14	14	14	21	21	21	21	21	21	21	21	21
<u>Animal Foods</u>													
Fish, Meat, Egg and Others	14*	14*	14*	14*	28	28	28	28	28	28	28	28	28
Milk and Milk Prouducts**	227	142	142	142	71	28	28	71	71	57	57	57	71
<u>Total Body Building Foods</u>	255	170	170	170	120	77	77	77	120	106	106	106	148
<u>Vegetables</u>													
Leaves	28	28	28	35	56	56	28	28	28	56	56	28	56
Fruits, Gourads, Pumpkins	57	85	85	85	114	114	114	114	114	114	114	114	114
Fresh Fruits Ripe	30	30	30	30	30	30	30	30	30	30	30	30	40
<u>Total Porotective Foods</u>	115	143	143	143	200	200	172	172	172	200	200	172	210
<u>Total All Foods</u>	676	695	820	1009	1036	1003	965	879	794	694	659	888	1013
<u>Daily Requirements</u>													
Energy : Kcals	1212	1656	1841	2340	2437	2500	2534	2404	2074	2024	1771	2300	250
Nutrients (Protein)	24	31	35	46	49	51	55	55	55	47	46	47	15

Note : 1. * Dried Fish 1 oz is equivalent to fresh fish 2 ozs from the point of view of protein content

2. Yams are substitutable for cereals, 3:1 energy basis but not protein.

3. **Given as liquid milk.

Source : Department of Nutrition, Medical Research Institute (Dr. Beatrice V de Mel).

TABLE 6.10 - DAILY RECOMMENDED NUTRIENT ALLOWANCES FOR SRI LANKANS

Age (in years)	Sex	Weight (Kg.)	Calories	Protein (G)	Calcium (Mg.)	Iron (Mg.)	Vitamin A (Mg.)	Vitamin D (Mg.)	Thiamine (Mg.)	Riboflavine (Mg.)	Niacin (Mg.)	Ascorbic Acid (Mg.)
7 - 12 (Months)	(M and F)	9.0	818	19	550	10	300	10.0	300	500	5.4	20
1 - 3	(M and F)	12.0	1,212	24	540	10	250	10.0	300	500	9.0	20
4 - 6	(M and F)	18.6	1,656	31	450	10	300	10.0	700	1,100	12.0	20
7 - 9	(M and F)	26.2	1,841	35	450	10	400	2.5	900	1,300	14.0	20
10 - 12	(M)	34.0	2,414	45	650	10	575	2.5	1,000	1,600	17.2	20
10 - 12	(F)	36.0	2,238	46	650	10	575	2.5	900	1,400	15.5	20
13 - 15	(M)	49.0	2,337	49	650	18	725	2.5	1,200	1,700	19.1	30
16 - 19	(M)	51.0	2,500	51	550	9	750	2.5	1,200	1,800	20.3	30
20 - 39	(M)	55.0	2,530	55	450	9	750	2.5	1,200	1,800	19.8	30
40 - 49	(M)		2,404	55	450	9	750	2.5	1,200	1,800	19.8	30
50 - 59	(M)		2,277	55	450	9	750	2.5	1,200	1,800	19.8	30
60 - 69	(M)		2,024	55	450	9	750	2.5	1,200	1,800	19.8	30
70	(M)		1,771	55	450	9	750	2.5	1,200	1,800	19.8	30
13 - 15	(F)	40.0	2,300	46	650	24	725	2.5	1,000	1,500	16.4	30
16 - 19	(F)	43.8	2,200	42	550	28	750	2.5	900	1,400	15.2	30
20 - 39	(F)	47.0	1,900	47	450	28	750	2.5	900	1,300	14.5	30
40 - 49	(F)		1,805	47	450	28	750	2.5	900	1,300	14.5	30
50 - 59	(F)		1,710	47	450	28	750	2.5	900	1,300	14.5	30
60 - 69	(F)		1,520	47	450	24	750	2.5	900	1,300	14.5	30
70	(F)		1,330	47	450	24	750	2.5	900	1,300	14.5	30
Pregnancy			+ 150	+ 15	1,000	40	750	10.0	900	1,400	15.2	30
First Half												
Second Half			+ 350	+ 15	1,000	40	750	10.0	+ 100	+ 200	+ 2.2	30
Lactation			+ 550	+ 28	1,000	40	1,200	10.0	+ 200	+ 400	+ 3.7	30

Source : Beatrice V de Mel (1978) Mr. L.O. Abeyratne (1970). Department of Nutrition, Medical Research Institute.

TABLE 6.11 - NUTRITIVE VALUE OF SRI LANKAN FOODS EDIBLE PORTION 100 g.

Name of Food Stuff	Edible Portion	Protein	Fats	Energy	Calcium	Iron	Vitamin A	Thiamine	Riboflavin	Niacin	Vitamin C
	%	g	g	kcal	mg	mg	mcg	mcg	mcg	mg	mg
Energy Giving Foods											
Fats and Edible Oils											
Margarine	100	-	84.0	756	-	-	960*	-	-	-	-
Butter	100	-	81.0	729	-	-	960	-	-	-	-
Ghee (Cow)	100	-	100.0	900	-	-	600	-	-	-	-
Cooking Oil (Vegetable)	100	-	100.0	900	-	-	-	-	-	-	-
Corn, Coconut, Soya, Palm, Gingelly											
Nuts and Oilseeds											
Coconut	100	4.5	41.6	444	10	1.7	00	50	100	0.8	0
Gingelly Seeds	100	18.3	43.3	563	1450	10.5	30	1010	340	4.4	0
Ground Nuts	73	25.3	40.1	567	90	2.8	19	900	130	19.9	0
Cadjunuts	100	21.2	46.9	596	50	5.0	30	630	190	1.2	0
Cereal Grains & Products											
Maize Tender	100	10.0	4.0	362	12	2.5	45	110	130	2.0	6
Rice, Parboiled, Milled	100	6.4	0.4	346	9	4.0	-	210	50	3.8	0
Rice, Raw Milled Lightly/	100	7.5	1.0	346	10	3.2	10	210	160	3.9	0
Kurakkan	100	7.3	1.3	328	344	6.4	21	420	190	1.1	0
Semolina	100	10.4	0.8	348	16	1.6	-	120	130	1.6	0
Wheat Flour (Whole)	100	12.1	1.7	341	48	11.5	14	470	290	4.3	0
Wheat Flour (Refined)	100	11.0	0.9	348	23	2.5	12	120	70	2.4	0
Bread	100	7.8	0.7	245	11	1.1	-	70	-	0.7	0
Starchy Yams & Fruits											
Potatoes	95	1.6	0.1	97	10	0.7	12	100	10	1.2	17
Sweet Potatoes	97	1.2	0.3	120	46	0.8	-	80	40	0.7	24
Manioc	85	0.7	0.2	157	50	0.9	-	50	100	0.3	25
Breadfruit	77	1.5	0.4	113	25	1.0	15	100	60	1.2	20
Sugars											
Sugar	100	0	0	400	0	0	0	0	0	0	0
Jaggery	100	1.0	0.2	340	1638	-	-	-	-	-	-
Body Building Foods :											
Pulses and Legumes											
Black Gram Dhal	100	24.0	1.4	347	154	9.1	19	420	370	2.0	0
Cowpea	97	24.1	1.0	323	77	5.9	6	510	200	1.3	0
Green Gram Dhal	100	24.5	1.2	348	75	8.5	49	470	390	2.4	0
Lentil (Mysore Dhal)	100	25.1	0.7	343	69	4.8	135	450	200	2.6	0
Peas Dry	100	19.7	1.1	315	75	5.1	19	470	190	3.4	0
Soya Bean	100	43.2	19.5	432	240	11.5	213	730	390	3.2	-
Animal Foods :											
Fish											
Dry Fish Small (Sprats)	65	43.4	7.7	242	1089	2.8	270	105	105	7.7	0
Dry Fish Large	100	42.0	4.0	204	180	2.0	15	60	240	5.0	0
Fresh Fish (Sea)	71	18.9	3.5	116	351	4.6	-	-	-	1.5	0

TABLE 6.11 - (CONTD.) - NUTRITIVE VALUE OF SRI LANKAN FOODS EDIBLE PORTION 100 g

Name of Food Stuff	Eddible Portion	Protein	Fats	Energy	Calcium	Iron	Vitamin A	Thiamine	Riboflavine	Niacin	Vitamin C
Fresh Fish (Tank)	68	18.0	2.5	95	357	2.0	-	30	60	1.5	0
<u>Other Flesh Foods:</u>											
Beef Muscle	77	22.6	2.6	114	10	0.8	18	150	40	6.4	2
Eggs (Hen)	78	13.3	13.3	173	60	2.1	660	100	400	0.1	0
<u>Milk and Other Milk Products:</u>											
Milk (Cows)	100	3.2	4.1	67	120	0.2	55	50	190	0.1	2.0
Milk Human (Breast)	100	1.1	3.4	65	28	-	41	20	20	-	3.0
Curds	100	3.1	4.0	60	149	0.2	30	50	160	0.1	1.0
Skimmed Milk Powder	100	38.0	0.1	357	1370	1.4	0	450	1640	1.0	5.0
Whole Milk Powder	100	25.8	26.7	496	950	0.6	420	310	1360	0.8	4.0
<u>Protective Foods</u>											
<u>Vegetables</u>											
<u>Leafy</u>											
Amaranth Tender	39	4.0	0.5	45	397	25.5	2770	30	300	1.2	99
<u>Fruits</u>											
Brinjal	91	1.4	0.3	24	18	0.9	37	40	110	0.9	12
Beans	94	1.7	0.1	26	50	1.7	66	80	60	0.3	21
Ladies Fingers	84	1.9	0.2	35	66	1.5	28	70	100	0.6	13
<u>Tubers</u>											
Carrot	95	0.9	0.2	48	80	2.2	945	40	20	0.6	3
<u>Gourds and Pumpkin</u>											
Wattaka	75	1.2	0.0	35	20	0.8	900	50	80	0.6	10
<u>Fruits (Ripe)</u>											
Avocado	70	1.7	22.8	215	10	0.7	-	-	-	-	13
Banana	67	1.0	0.3	116	7	0.5	30	50	50	0.7	10
Jauva	100	0.9	0.3	51	10	1.4	0	30	30	0.4	212
Mango	84	0.6	0.4	74	14	1.3	1371	40	50	0.9	16
Orange	67	0.7	0.2	48	26	0.3	9	80	30	0.2	30
Papaw	75	0.6	0.1	32	17	0.5	333	40	250	0.2	57
Passion Fruit	67	0.9	0.1	54	10	2.0	27	70	140	1.6	25
Wood-Apple	53	7.9	3.7	134	130	0.6	30	40	170	0.8	3

Note : * Fortified

Source : Department of Nutrition - Medical Research Institute (Dr. Beatrice V de Mel)

TABLE 6.12 - CONTROL OF MALNUTRITION IN PREGNANT WOMEN AND PRE-SCHOOL CHILDREN BY SUPPLEMENTATION WITH THRIPOSHA THROUGH THE FAMILY HEALTH PROGRAM
BY S. H. S. AREAS 1977 - 1981.

S H S Area	1977			1978			1979			1980			1981		
	P.W.	P.C.	P.W.	P.C.	P.W.	P.C.	P.W.	P.C.	P.W.	P.C.	P.W.	P.C.	P.W.	P.C.	
Jaffna	3,380	13,436	4,521	14,465	3,930	10,484	4,448	9,398	5,258	14,231					
Vavuniya	-	-	127	633	1,212	6,547	1,418	6,141	1,657	8,064					
Anuradhapura	1,525	7,727	1,412	6,563	1,618	7,330	2,045	10,063	3,079	18,721					
Puttalam	1,337	1,586	1,796	1,779	1,826	1,893	2,217	2,499	2,742	5,748					
Kurunegala	2,233	8,990	3,087	7,310	3,095	7,325	1,905	11,487	6,057	18,380					
Matale	1,233	3,431	1,376	3,851	1,345	4,237	3,849	5,831	2,805	12,156					
Gampaha	3,019	8,798	9,312	16,262	12,241	19,414	7,934	22,205	18,525	34,348					
Colombo	863	4,555	1,722	6,276	2,154	7,843	2,583	9,903	3,715	15,934					
Kalutara	1,513	4,770	1,496	5,114	3,178	7,064	2,282	9,850	3,270	13,768					
Kegalle	1,967	6,155	1,698	5,866	2,579	7,851	3,425	10,021	4,140	13,880					
Ratnapura	7,807	39,426	8,048	42,265	9,605	55,463	11,126	65,348	11,838	81,548					
Kandy	2,181	12,930	3,069	14,491	3,458	16,622	4,249	19,370	4,579	28,311					
Nuwara Eliya	1,233	6,292	1,422	5,727	725	2,228	1,184	4,660	1,886	12,698					
Badulla	1,074	4,805	1,648	6,928	2,064	9,938	2,516	4,645	4,382	21,915					
Moneragala	1,267	4,345	1,582	4,131	2,907	9,691	3,723	9,798	6,308	20,403					
Amparai	30,645	137,246	42,599	141,661	51,321	173,930	57,065	201,119	82,845	320,087					
Batticaloa	67,413	171,558	93,718	177,076	112,906	217,412	125,543	251,499	182,259	400,109					
Matara															
Galle															
Average per month Sri Lanka															
Total number reached for the year (approx.) Sri Lanka															

Note : P.W. = Pregnant Women; P.C. = Pre-school Children
Source : Ministry of Health/CARE Thripsoha Program.

TABLE 6.13 - CONTROL OF MALNUTRITION IN INFANTS AND LACTATING MOTHERS BY SUPPLEMENTATION WITH THRIPOSHA THROUGH THE FAMILY HEALTH PROGRAM BY SHS AREAS

	Average per Month														
	1977			1978			1979			1980			1981		
	Lactating Women	Infants	Lactating Women	Infants	Lactating Women	Infants	Lactating Women	Infants	Lactating Women	Infants	Lactating Women	Infants	Lactating Women	Infants	
Jaffna *	1,398	1,182	1,402	1,352	1,458	2,087	1,390	2,940	2,724	4,660					
Vavuniya *	-	-	15	88	600	1,055	627	936	707	1,577					
Anuradhapura *	921	504	670	489	728	929	1,182	1,228	2,370	1,896					
Futtalam *	261	284	280	371	215	367	371	373	873	818					
Kurunegala *	583	570	1,541	975	1,745	1,357	1,881	1,834	3,051	2,487					
Natale *	270	913	258	1,293	224	964	477	1,616	998	1,599					
Campaha	2,113	3,219	2,262	2,670	2,781	5,200	901	1,996	1,729	2,025					
Colombo							1,571	2,905	3,117	5,722					
Kalutara *	661	931	1,020	1,835	1,148	1,663	1,662	2,245	2,333	2,771					
Regalle *	562	830	387	717	541	731	815	1,076	1,434	1,415					
Ratnapura	671	899	697	970	694	1,282	1,043	1,656	1,922	2,185					
Kandy Nuwara Eliya	7,157	4,005	7,593	5,270	9,845	7,398	13,784	9,684	15,912	11,029					
Badulla/Monaragala	2,129	1,132	2,825	1,623	3,348	2,822	3,616	2,478	4,591	3,252					
Amparaj	390	901	362	1,322	61	130	225	737	233	1,329					
Batticaloa					64	735	650	1,380	1,441	1,816					
Matara *	441	723	693	1,083	1,164	984	1,284	1,012	3,189	2,716					
Galle *	609	1,463	517	653	1,104	1,147	1,160	998	2,595	4,391					

Note : Includes estate beneficiaries receiving Thripasha.

Source : Ministry of Health/CARE Thripasha Program.

TABLE 6.14 - PUBLIC ASSISTANCE BY DISTRICTS 1975 - 1981

District	1975		1976		1977		1978		1979		1980		1981	
	Number of Persons	Amount Paid	Number of Persons	Amount Paid	Number of Persons	Amount Paid	Number of Persons	Amount Paid	Number of Persons	Amount Paid	Number of Persons	Amount Paid	Number of Persons	Amount Paid
Total (Island)	152,459	23,235.7	151,932	23,796.1	153,525	23,292.5	153,312	25,082.6	159,620	36,808.6	198,570	41,742.1	246,180	42,500.9
Colombo	25,739	3,762.6	25,475	3,749.5	25,387	3,976.7	27,862	4,242.7	10,171	2,665.2	10,598	2,335.7	129,072	2,446.0
Kalutara	8,977	1,428.2	8,226	1,354.9	8,551	1,345.8	8,279	1,563.5	9,853	2,027.1	10,292	2,333.4	..	2,458.8
Kandy	16,288	2,298.4	15,527	2,380.4	16,505	2,454.3	14,819	2,753.9	16,865	3,876.0	18,647	3,555.8	17,113	4,044.4
Matale	5,522	834.1	5,513	844.9	5,478	870.0	5,168	976.9	6,402	1,278.2	6,336	1,386.2	..	1,266.8
Nuwara Eliya	3,265	529.9	3,217	527.6	3,225	574.8	3,459	605.2	2,872	608.7	2,679	575.6	3,764	630.8
Galle	8,189	1,306.9	8,210	1,369.4	7,602	970.0	7,902	1,583.5	2,385	2,061.7	9,748	2,227.3	9,604	2,220.0
Matara	5,962	963.7	5,895	848.4	6,202	926.8	5,603	1,095.5	6,903	1,492.5	7,150	1,761.2	7,167	1,740.0
Hambantota	3,532	591.9	3,381	590.6	3,390	595.5	3,685	461.0	3,867	842.8	3,948	933.0	3,901	912.0
Jaffna	9,877	1,604.8	9,524	1,542.1	10,004	1,557.5	10,578	1,771.7	13,144	2,544.3	13,332	3,072.0	..	3,150.0
Mannar	1,070	163.4	1,137	156.6	1,085	157.9	1,096	185.6	1,246	250.1	1,532	276.0	..	270.0
Vavuniya	1,025	181.9	1,051	185.4	954	177.7	1,048	59.6	813	172.3	863	196.9	845	132.0
Batticaloa	3,312	519.2	3,736	517.7	3,357	560.8	3,332	620.8	5,310	925.7	5,412	1,142.9	5,102	1,152.0
Ampara	4,027	611.7	3,983	587.1	4,341	592.2	4,450	801.9	5,807	1,320.7	10,372	2,300.3	10,790	2,275.1
Trincomalee	2,576	389.9	2,571	388.3	2,309	384.3	2,272	434.1	3,651	602.5	3,294	807.5	..	761.0
Kurunegala	14,657	2,100.3	13,678	2,071.2	14,954	2,043.9	13,304	1,722.2	18,255	3,251.1	17,734	3,638.3	16,930	3,684.0
Puttalam	6,205	853.6	10,144	866.9	6,429	880.1	6,206	1,099.7	9,720	1,485.8	8,036	1,319.0	..	1,530.0
Anuradhapura	5,849	957.8	5,075	890.9	6,792	1,014.8	5,779	339.7	6,087	1,447.7	6,920	1,534.5	6,222	1,578.0
Polonnaruwa	604	101.0	597	890.6	612	104.5	627	120.6	893	174.4	874	272.1	862	240.0
Badulla	7,113	1,103.6	6,939	102.1	6,964	1,107.8	7,608	1,305.2	9,092	1,693.3	10,012	1,838.1	8,360	1,806.0
Moneragala	2,785	450.4	2,836	1,110.3	2,517	406.6	2,692	458.4	3,196	617.7	3,307	741.2	3,518	759.0
Ratnapura	6,034	1,036.5	5,929	469.1	5,882	1,064.1	6,258	1,133.4	7,263	1,592.2	7,808	1,798.3	7,096	1,776.0
Kegalle	9,851	1,445.9	9,288	981.9	10,985	1,526.4	11,285	1,747.5	15,325	1,727.4	13,570	2,602.3	15,834	2,760.0
Gampaha	-	-	-	1,370.2	-	-	-	-	-	4,034.6	20,605	4,937.6	4,765.0	144.0
Mullaitivu	-	-	-	-	-	-	-	-	500	116.6	5,501	156.9	-	-

Note : Public Assistance includes payment to the aged without dependent, the permanently incapacitated (physically or mentally), women whose husbands are dead or women deserted by their husbands, orphans under 16 years of age, etc.

Source : Department of Social Services.

TABLE 6.15 - DISTRIBUTION OF SCHOOL BISCUITS

AVERAGE NUMBER OF CHILDREN REACHED PER AVERAGE DISTRIBUTION -
 REGION WISE ESTIMATES 1976 - 1980

Region	(Number)				
	1976	1977	1978	1979	1980
Colombo	47,384	59,983	91,847	49,144	66,488
Homagama	-	-	-	36,031	40,041
Minuwangoda	-	-	-	-	-
Gampaha	46,390	74,984	116,538	106,422	106,111
Kalutara	34,531	38,379	68,491	79,103	63,341
Ratnapura	39,366	39,366	64,105	56,852	73,503
Karawanella	-	-	10,072	17,842	26,208
Kegalle	30,095	52,586	66,186	36,342	52,487
Bandarawela	32,076	22,985	59,219	42,556	31,106
Moneragala	-	-	-	4,116	12,351
Kandy West	73,330	60,937	139,201	76,187	54,976
Kandy East	-	-	-	34,040	12,748
Nuwara Eliya	24,466	12,926	26,547	35,658	32,440
Kurunegala	58,763	46,817	124,209	92,429	77,370
Kuliyapitiya	-	-	-	-	29,284
Chilaw	46,216	33,670	49,477	50,806	48,664
Anuradhapura	51,833	55,728	102,347	117,801	88,171
Batticaloa	52,953	53,493	91,538	68,853	63,564
Amparai	-	-	-	-	10,428
Matara	36,945	48,571	62,985	61,874	56,007
Tangalle	23,372	26,193	33,760	32,324	40,494
Galle	36,885	43,268	64,895	70,098	50,655
Jaffna	38,473	62,471	91,471	52,647	74,729
Matale	-	-	-	-	6,561

Note : Daily Ration Stipulation - 8 Biscuits per Child (1976 - 1977)
 5 Biscuits per Child (1978) and
 6 Biscuits per Child (1979 - 1980)

Source : Compiled from Data supplied by Ministry of Education Services.

TABLE 6.16 - COMPARATIVE NUTRITION AND SOCIAL INDICATORS

Countries	Protein Supply (Grams)				Calories Supply				Life Expectancy (Years)		Infant Mortality (per 1000 Live Births)		Per Capita GNP	Index Number of per Capita Food Production 1969-71 = 100
	1970	1979	1970	1979	1970	1979	1970	1980	1970	1980	1970	1980	1980	1980
Afghanistan	60.3	-	1,955	-	39	41	182	185	-	-	92			
Bangladesh	45.4	39.8	2,104	1,830	45	49	132	139	120	120	97			
Burma	55.4	58.5	2,179	2,270	49	54	60	50	180	180	106			
Cambodia	49.8	37.4	2,229	1,602	53	48	-	-	-	-	39			
Republic of China	72.2	78.7	2,662	2,845	69	42	14	11	2,150	2,150	-			
Fiji	50.0	61.5	2,390	2,886	69	72	26	29	1,850	1,850	109			
Hongkong	80.2	90.4	2,689	2,936	71	74	19	11	4,190	4,190	76			
India	49.8	49.9	1,998	2,051	47	52	134	125	240	240	101			
Indonesia	41.2	47.6	1,973	2,308	48	48	135	110	420	420	112			
Republic of Korea	64.3	85.0	2,580	3,041	65	66	53	32	1,520	1,520	121			
Malaysia	51.5	58.2	2,527	2,653	66	68	38	27	1,660	1,660	124			
Maldives	57.3	61.5	1,796	1,783	-	47	-	121	260	260	97			
Nepal	50.3	44.1	2,069	1,859	41	47	169	104	140	140	90			
Pakistan	58.1	60.2	2,212	2,350	49	55	124	105	300	300	101			
Philippines	47.1	52.6	1,962	2,342	58	64	68	88	710	710	114			
Singapore	73.8	82.2	2,802	3,092	68	72	20	12	4,460	4,460	166			
Sri Lanka	46.8	41.6	2,399	2,194	64	69	45	42	270	270	128			
Thailand	48.9	47.9	2,265	2,241	57	62	27	26	670	670	125			
Republic of Vietnam	54.2	50.5	2,252	2,090	55	63	-	62	-	-	107			

Source : Asian Development Bank - Key Indicators of Developing Member Countries of ADB - 1982 April.

TABLE 6.17 - GOVERNMENT BUDGETARY SUBSIDIES AND TRANSFERS 1955 - 1970

	(Rupees Million)															
	1955	1956	1957	1958	1959	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969	1970
Food Subsidy	15.4	51.8	92.6	87.4	123.5	171.1	233.2	208.6	218.0	341.3	260.5	243.8	167.3	261.5	269.1	279.2
of which :																
Rice	101.3	143.8	152.4	175.2	225.0	289.0	365.5	397.5	410.2	422.1	429.9	451.2	424.6	530.2	545.3	506.2
Flour	- 1.8	- 6.3	- 1.2	-12.4	- 4.6	-10.5	- 9.4	-30.1	-27.0	- 1.2	0.1	- 0.7	-35.8	-41.0	-33.9	-20.6
Sugar	-86.5	-88.0	-60.4	-76.8	-98.0	-112.5	-124.0	-157.8	-150.6	-73.4	-160.8	-211.2	-224.8	-239.5	-254.6	-220.9
Infant Milk Food	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Other	2.4	2.3	1.8	1.4	1.1	5.1	1.1	- 1.0	- 14.6	- 6.2	- 8.7	4.5	3.3	11.8	12.3	14.5
(Includes Dhal, Onions, subsidiary foodstuffs)																

Note : (-) denotes profit.

Source : General Treasury.

TABLE 6.18 - GOVERNMENT BUDGETARY SUBSIDIES AND TRANSFERS 1971-1982

	(Rupees Million)											
	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980	1981 Budget Estimates	1982 Budget Estimates
Food Subsidy	613.6	714.8	698.9	951.8	1,230.4	937.6	1,424.1	2,162.7	2,325.9	305.0	125.0	100.0
of which :	(603.0)	(658.0)	(563.0)	(744.1)	(785.5)	(679.3)	(943.0)	(1,066.1)	(1,215.6)	(-)	(-)	(-)
Rice	(-)	(28.2)	(110.0)	(147.1)	(218.0)	(52.0)	(363.6)	(1,027.9)	(894.1)	(-)	(-)	(-)
Flour	(-)	(-)	(-)	(26.0)	(215.0)	(165.1)	(70.0)	(-)	(138.6)	(-)	(-)	(-)
Sugar	(-)	(3.2)	(4.0)	(8.5)	(11.9)	(16.2)	(15.3)	(68.7)	(77.7)	(305.0)	(125.0)	(100.0)
Infant Milk Food	(10.6)	(24.4)	(21.9)	(26.1)	(-)	(25.0)	(32.2)	(-)	(-)	(-)	(-)	(-)
Others	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(-)	508.0	1,606.0	1,510.0	1,510.0
Food Stamps	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(-)	144.0	162.0	177.0	177.0
Kerosene Stamps	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(-)	243.0	115.0	(-)	(-)
Income Supplement	(-)	(-)	(-)	(-)	(-)	(-)	(-)	123.0	(-)	(-)	(-)	(-)
Current Transfers to Public Corporations	22.00	23.6	166.1	163.5	134.3	129.1	146.3	1,081.3	920.4	1,582.7	1,404.3	1,884.6
of which:												1,479.2
Ceylon Petroleum Corporation	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(528.0)	(87.0)	(-)	(-)	(-)
Ceylon Fertilizer Corporation	(-)	(-)	(-)	(56.5)	(-)	(-)	(-)	(-)	(395.0)	(551.0)	(1,000.0)	(1,000.0)
Milk Board	(-)	(-)	(54.4)	(66.0)	(86.0)	(86.0)	(79.1)	(82.8)	(54.0)	(53.0)	(75.0)	(50.0)
Central Transport Board	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(304.0)	(85.0)	(457.0)	(-)	(-)
Other Public Corporations	(22.0)	(23.6)	(11.7)	(41.0)	(48.3)	(43.1)	(67.2)	(166.5)	(299.4)	(521.9)	(329.3)	(489.6)
Current Transfers to Ceylon Government Railway	(-)	(-)	(-)	(-)	(-)	(-)	35.0	8.0	19.0	80.0	74.0	212.0
Interest Subsidy to National Savings Bank	(-)	(-)	(-)	19.7	12.6	12.6	12.6	112.6	91.6	257.8	400.0	450.0
Textbook Subsidy	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(-)	(-)	73.0	70.0	65.0
Total	635.6	738.4	865.0	1,135.0	1,377.3	1,079.3	1,618.8	3,487.6	4,251.9	4,181.5	3,760.3	3,993.2

Source : General Treasury.

TABLE 6.19 - YEARLY COMMITMENTS OF WFP AID TO SRI LANKA FOR DEVELOPMENT PROJECTS AND EMERGENCY OPERATIONS 1974 - 1981

Year	Commitment in US \$ '000			Quantity
	Development Projects	Emergency Operation	Total	(Metric Tons)
1974	9,774	-	9,774	3,372
1975	8,667	-	8,667	21,856
1976	13,105	7,124	20,229	33,048
1977	5,795	2,236	8,031	50,364
1978	-	-	-	3,946
1979	4,946	1,667	6,623	7,663
1980	871	-	871	1,589
1981	9,682	1,718	11,400	5,280

Note : World Food Programme Operations in Sri Lanka started in 1964, though figures shown relate to the 1974 - 1981 period.

Source : World Food Programme Office, Colombo.

TABLE 6.20 - WORLD FOOD PROGRAMME OPERATIONAL
PROJECT/EMERGENCY OPERATIONS

Title of Project	Period	Commodities (Metric Tons)	Cost to WFP (US \$)	
Food Assistance to Co-operative Farms	June 1975 to 31st May 1983	Wheatflour	1,503	641,200
		Vegetable Oil	2	
		Sugar	54	
		Pulses	102	
		Dried fish	136	
		Rice	1	
Food Assistance to Settlement Schemes	April 1979 to March 1984	Wheatflour	8,096	4,523,500
		Sugar	402	
		Pulses	502	
		Dried Fish	402	
		Dried Skim Milk	67	
Assistance to the Mahaweli Ganga Development Project	Sept. 1977 to March 1983	Wheatflour	15,252	5,794,500
		Sugar	427	
		Pulses	656	
		Dried Fish	665	
		Fish protein Concentrate	-	
		Dried Skim Milk	74	
Assistance for Self-Help Housing Programme	Feb. 1981 to Jan. 1984	Wheatflour	1,704	871,200
		Sugar	85	
		Pulses	107	
		Dried Fish	107	
Assistance to System 'C' of the Accelerated Mahaweli Ganga Development Programme	Aug. 1981 to July 1986	Wheatflour	13,728	9,681,700
		Pulses	1,123	
		Dried Fish	996	
		Edible Fat	181	
		Sugar	498	
Emergency Operation for Drought Stricken Areas	(42 days) 15 June 1982 to 15 Sep. 1982	Wheat	14,198	3,043,400
Afforestation of Water Catchments and Degraded Lands	(4 years) July 1982 to June 1986	Wheatflour	1,984	1,297,900
		Dried Fish	124	
		Pulses	124	
		Sugar	99	
Kirindi Oya Irrigation Settlement Project	Four Years	Wheatflour	5,257	3,027,000
		Dried Fish	263	
		Pulses	329	
		Sugar	263	
		Edible Fat	46	
Excavation of Monuments and Sites in Cultural Triangle of Sri Lanka	18 Months	Wheatflour	2,878	1,615,400
		Dried Fish	192	
		Pulses	240	
		Sugar	95	

Source : World Food Programme, Colombo.

POPULATION AND HEALTH

TABLE 7.1.- LAND AREA AND POPULATION BY DISTRICTS

District	1971 Census ^{b/}				1981 Census				
	Area a/ Sq. Km.	% Dis- tribution	Population	Density per Sq. Km.	Urban Po- pulation (%)	% Dis- tribution	Population	Density Per Sq. Km.	Urban Po- pulation (%)
Sri Lanka	64,651.78	100.0	12,689,897	196	22.4	100.0	14,850,001	230	21.5
Colombo	652.44	1.0	1,498,393	2,297	-	11.4	1,698,322	2,603	74.3
Gampaha	1,398.73	2.2	1,173,872	839	-	9.4	1,389,490	993	27.8
Kalutara	1,606.54	2.5	729,514	454	21.9	5.6	827,189	515	21.4
Kandy	2,157.50	3.3	1,096,737	508	12.4	7.6	1,126,296	522	13.1
Matale	1,995.26	3.1	314,841	158	11.9	2.4	357,441	179	10.6
Nuwara Eliya	1,437.22	2.2	541,466	377	6.1	3.5	522,219	363	7.3
Galle	1,673.78	2.6	735,173	439	21.1	5.5	814,579	487	20.6
Matara	1,246.43	1.9	586,443	470	11.3	4.3	644,231	517	11.1
Hambantota	2,593.23	4.0	340,254	131	9.8	2.9	424,102	164	9.8
Jaffna	2,072.20	3.2	696,664	336	33.3	5.6	831,112	401	32.6
Mannar	2,002.10	3.1	74,125	37	14.3	0.7	106,940	53	13.5
Vavuniya	2,645.20	4.1	60,212	23	21.7	0.6	95,904	36	19.3
Mullaitivu	1,966.03	3.0	43,625	22	-	0.5	77,512	39	9.3
Batticaloa	2,464.59	3.8	256,721	104	27.1	2.2	330,899	134	24.0
Amparai	4,539.34	7.0	272,605	60	11.7	2.6	388,786	86	13.8
Trincomalee	2,618.16	4.0	188,245	72	38.4	1.7	256,790	98	32.4
Kurunegala	4,772.70	7.4	1,025,633	215	4.1	8.2	1,212,755	254	3.6
Puttalam	2,976.87	4.6	378,430	127	13.9	3.3	493,344	166	12.5
Anuradhapura	7,129.14	11.0	388,770	55	10.0	4.0	587,822	82	7.1
Polonnaruwa	3,403.70	5.3	163,653	48	10.0	1.8	262,753	77	7.9
Badulla	2,818.07	4.4	615,405	218	9.0	4.3	642,893	228	8.0
Moneragala	5,580.95	8.6	193,020	35	2.7	1.9	279,743	50	2.2
Ratnapura	3,238.78	5.0	673,283	208	7.6	5.4	796,468	246	7.4
Kegalle	1,662.77	2.6	642,813	387	7.6	4.6	682,411	410	7.8

Notes : a/ Excludes inland waters.

b/ Population and area have been revised according to the present district boundaries.

Source : Department of Census and Statistics.

TABLE 7.2 - POPULATION OF SRI LANKA 1950 - 1980

(Thousands)

Year	Males	Females	Total
1950	4,074	3,604	7,678
1951	4,179	3,697	7,876
1952	4,284	3,790	8,074
1953	4,367	3,923	8,290
1954	4,488	4,032	8,520
1955	4,594	4,129	8,723
1956	4,707	4,222	8,929
1957	4,831	4,334	9,165
1958	4,950	4,439	9,388
1959	5,074	4,551	9,625
1960	5,217	4,680	9,896
1961	5,360	4,807	10,168
1962	5,506	4,938	10,443
1963	5,532	5,114	10,646
1964	5,666	5,237	10,903
1965	5,802	5,362	11,164
1966	5,945	5,494	11,439
1967	6,082	5,621	11,703
1968	6,224	5,768	11,992
1969	6,367	5,885	12,252
1970	6,504	6,012	12,516
1971	6,489	6,119	12,608
1972	6,619	6,242	12,861
1973	6,738	6,353	13,091
1974	6,837	6,447	13,284
1975	6,950	6,546	13,496
1976	7,060	6,657	13,717
1977	7,176	6,766	13,942
1978	7,296	6,894	14,190
1979	7,441	7,030	14,471
1980	7,578	7,160	14,738

Note : Population figures are mid-year estimates.

Source : Registrar General's Department.

TABLE 7.3 - ESTIMATED MID YEAR POPULATION BY AGE GROUPS 1950 - 1980

(Thousands)

Year	A g e g r o u p s																80 & All Ages Over Total	
	0-4	5-9	10-14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79		
1950	975	920	913	771	727	654	510	531	365	362	222	185	148	106	70	41	44	7,544
1951	1,002	943	937	792	746	671	523	545	375	371	228	190	152	108	72	42	45	7,742
1952	1,028	967	960	812	765	688	537	558	384	381	234	195	156	111	74	43	46	7,940
1953	1,055	994	986	834	787	708	551	573	395	391	240	200	160	114	76	44	47	8,155
1954	1,086	1,023	1,015	858	808	727	566	589	406	402	247	205	164	117	78	46	43	8,385
1955	1,111	1,047	1,040	878	828	745	581	604	416	412	253	210	168	119	80	47	50	8,589
1956	1,338	1,197	1,014	776	847	781	575	590	410	408	307	208	170	123	84	49	57	8,929
1957	1,483	1,225	1,019	888	796	723	652	580	505	422	329	225	147	89	49	23	10	9,165
1958	1,520	1,254	1,044	910	815	740	667	594	517	433	337	231	150	92	51	24	10	9,388
1959	1,557	1,286	1,070	933	836	759	684	609	530	443	345	236	154	95	52	25	11	9,625
1960	1,602	1,322	1,100	959	859	780	704	626	545	456	355	243	158	97	53	26	12	9,896
1961	1,647	1,358	1,131	985	883	802	722	643	560	468	365	250	162	99	54	27	12	10,168
1962	1,690	1,395	1,161	1,012	907	823	743	660	574	481	374	257	167	103	56	27	12	10,443
1963	1,679	1,447	1,330	1,032	896	752	675	660	477	449	350	271	167	103	56	27	12	10,443
1964	1,720	1,482	1,362	1,058	917	771	692	677	488	459	357	278	167	103	56	27	12	10,646
1965	1,761	1,517	1,395	1,083	939	789	708	693	500	470	367	284	163	103	56	27	12	10,903
1966	1,805	1,555	1,429	1,109	962	808	726	710	512	482	376	280	163	103	56	27	12	11,164
1967	1,846	1,590	1,462	1,135	984	827	742	726	524	493	384	298	167	103	56	27	12	11,440
1968	1,892	1,630	1,500	1,163	1,009	848	761	744	536	503	395	305	167	103	56	27	12	11,701
1969	1,915	1,677	1,542	1,186	1,028	864	775	759	548	516	402	312	167	103	56	27	12	11,992
1970	1,956	1,713	1,575	1,211	1,050	882	792	776	559	527	411	319	167	103	56	27	12	12,252
1971	1,980	1,733	1,592	1,224	1,061	893	800	785	565	534	417	323	167	103	56	27	12	12,514
1972	1,690	1,695	1,633	1,375	1,286	962	738	732	593	547	428	354	167	103	56	27	12	12,608
1973	1,721	1,727	1,662	1,399	1,308	981	752	745	603	557	435	360	167	103	56	27	12	12,861
1974	1,746	1,753	1,686	1,419	1,328	993	764	757	612	565	439	366	167	103	56	27	12	13,091
1975	1,771	1,777	1,712	1,446	1,352	1,015	776	771	625	579	445	371	167	103	56	27	12	13,284
1976	1,800	1,806	1,739	1,470	1,374	1,032	788	784	634	589	451	378	167	103	56	27	12	13,496
1977	1,829	1,835	1,768	1,494	1,396	1,048	802	797	644	598	459	384	167	103	56	27	12	13,717
1978	1,863	1,869	1,799	1,520	1,421	1,067	816	812	655	609	468	391	167	103	56	27	12	13,942
1979	1,900	1,906	1,835	1,550	1,450	1,088	832	828	668	622	477	399	167	103	56	27	12	14,190
1980	1,935	1,941	1,868	1,579	1,476	1,107	848	843	680	633	486	406	167	103	56	27	12	14,472
																		14,738

Note : Figures in 1980 are provisional.

Source : Registrar General's Department.

TABLE 7.4 - URBAN AND RURAL POPULATION BY DISTRICTS FOR CENSUS YEARS 1953, 1971 AND 1981.

(Thousands)

District	U r b a n			R u r a l			T o t a l			
	1953	1963	1971	1953	1963	1971	1953	1963	1971	1981
Sri Lanka	1,239.1	2,016.3	2,848.1	3,194.8	6,858.7	9,841.8	11,655.1	10,582.0	12,689.9	14,850.0
Colombo	709.4	1,023.8	1,476.2	1,261.9	999.3	1,196.1	436.3	2,207.4	2,672.3	1,698.3
Gampaha	-	-	-	386.0	-	-	1,003.4	-	-	1,389.4
Kalutara	58.0	126.4	159.5	176.9	465.5	570.0	650.2	631.5	729.5	827.2
Kandy	90.4	119.2	147.3	147.4	749.9	1,040.6	978.9	840.4	1,187.9	1,126.3
Matale	17.3	29.4	37.6	37.9	183.8	277.3	319.5	201.0	314.8	357.4
Nuwara Eliya	17.8	24.5	27.6	37.8	307.4	422.7	484.3	325.3	450.3	522.2
Galle	66.4	130.0	154.9	168.1	458.0	580.2	646.4	524.4	735.2	814.6
Matara	40.5	60.4	66.1	71.5	373.0	520.3	572.7	413.4	586.4	644.2
Hambantota	11.2	22.3	33.3	41.4	180.4	307.0	382.7	191.5	340.3	424.1
Jaffna	77.2	150.8	233.9	270.6	414.7	467.7	560.5	491.8	701.6	831.1
Mannar	-	9.0	11.1	14.4	43.7	66.7	92.5	43.7	60.1	106.9
Vavuniya	-	11.2	20.6	18.5	35.2	57.4	77.4	35.1	68.6	95.9
Mullaitivu	-	-	-	7.2	-	-	70.3	-	-	77.5
Batticaloa	17.4	49.3	69.5	79.5	253.0	187.2	251.3	196.1	256.7	330.9
Amparai	-	28.6	32.0	53.6	-	240.6	335.2	-	211.7	388.8
Trincomalee	26.4	34.8	72.2	83.2	57.6	103.7	173.5	83.9	188.2	256.8
Kurunegala	20.5	30.1	42.2	43.8	605.8	983.4	1,168.9	626.3	852.6	1,212.8
Puttalam	21.6	38.2	52.4	61.7	207.2	326.0	431.6	302.5	378.4	493.3
Anuradhapura	18.4	32.9	38.8	41.6	210.9	349.0	546.1	229.3	279.8	388.8
Polonnaruwa	-	5.9	16.3	20.7	-	147.4	242.0	-	113.9	262.8
Badulla	22.1	42.3	55.4	51.4	444.8	560.0	591.4	466.9	615.4	642.9
Moneragala	-	3.4	5.1	6.0	-	187.9	273.7	-	132.2	279.7
Ratnapura	19.0	26.3	50.0	59.1	402.5	611.4	737.3	421.6	661.3	796.5
Kegalle	5.5	17.5	46.1	53.5	466.1	608.7	628.9	471.6	578.5	682.4

Source : Department of Census and Statistics.

TABLE 7.5 - DISTRIBUTION OF URBAN POPULATION BY DISTRICTS

(Thousands)

Districts	All Persons					Males					Females					
	1953	1963	1971	1981	1953	1963	1971	1981	1953	1963	1971	1981	1953	1963	1971	1981
Sri Lanka	1,239.1	2,016.3	2,848.1	3,194.8	702.8	1,091.3	1,513.1	1,666.3	536.3	925.0	1,335.0	1,528.5				
Colombo	709.4	1,023.8	1,476.2	1,261.9	410.3	564.6	795.3	671.2	299.1	459.3	680.9	590.7				
Gampaha	-	-	-	386.0	-	-	-	197.2	-	-	-	188.7				
Kalutara	58.0	126.4	159.5	176.9	30.2	64.4	80.8	88.7	27.8	62.0	78.6	88.2				
Kandy	90.4	119.2	147.3	147.4	52.5	66.5	80.0	77.8	37.9	52.7	67.4	69.5				
Matale	17.3	29.4	37.6	37.9	9.7	16.0	19.7	19.7	7.6	13.4	17.8	18.1				
Nuwara Eliya	17.8	24.5	27.6	37.8	10.9	13.7	15.0	20.9	6.9	10.8	12.6	16.9				
Galle	66.4	130.0	154.9	168.1	34.0	64.6	77.7	83.3	32.4	65.4	77.3	84.7				
Matara	40.5	60.4	66.1	71.5	20.1	30.8	32.9	34.9	20.4	30.3	33.2	36.6				
Hambantota	11.2	22.3	33.3	41.4	5.9	11.8	17.7	22.1	5.3	10.4	15.6	19.2				
Jaffna	77.2	150.8	233.9	270.6	41.3	77.7	118.7	135.7	35.9	73.1	115.2	134.9				
Mannar	-	9.0	11.1	14.4	-	5.1	6.0	7.6	-	3.9	5.1	6.8				
Vavuniya	-	11.2	20.6	18.5	-	6.7	11.6	10.2	-	4.5	9.0	8.2				
Mullaitivu	-	-	-	7.2	-	-	-	3.9	-	-	-	3.2				
Batticaloa	17.4	49.3	69.5	79.5	9.6	25.1	35.5	39.2	7.8	24.2	33.7	40.3				
Amparai	-	28.6	32.0	53.6	-	14.9	16.3	27.8	-	13.7	15.7	25.7				
Trincomalee	26.4	34.8	72.2	83.2	15.5	20.0	39.4	44.4	10.9	14.8	32.8	38.8				
Kurunegala	20.5	30.1	42.2	43.8	12.8	17.1	23.4	24.0	7.7	13.0	18.9	19.0				
Puttalam	21.6	38.2	52.4	61.7	11.9	20.5	27.2	31.6	9.7	17.7	25.2	30.1				
Anuradhapura	18.4	32.9	38.8	41.6	11.1	19.3	22.1	23.3	7.3	13.6	16.8	18.3				
Polonnaruwa	-	5.9	16.3	20.7	-	3.9	10.5	12.1	-	2.0	5.8	8.5				
Badulla	22.1	42.3	55.4	51.4	12.9	23.3	29.6	27.1	9.2	19.0	25.8	24.3				
Moneragala	-	3.4	5.1	6.0	-	2.0	2.9	3.5	-	1.4	2.2	2.5				
Ratnapura	19.0	26.3	50.0	59.1	11.1	14.5	26.6	34.1	7.9	11.8	23.3	27.7				
Kegalle	5.5	17.5	46.1	53.5	3.1	9.5	24.1	27.7	2.4	8.0	22.0	25.7				

Note : Figures for 1953 are in respect of Municipal and Urban Council areas.

Figures for 1963 onwards consist of Municipal, Urban and Town Council areas.

Source : Department of Census and Statistics.

TABLE 7.6 - DISTRIBUTIONS OF RURAL POPULATION OF SRI LANKA BY DISTRICTS.

Districts	All Persons					Males					Females					
	1953	1963	1971	1981	1953	1963	1971	1981	1953	1963	1971	1981	1953	1963	1971	1981
Sri Lanka	6,858.7	8,565.8	9,841.8	11,655.1	3,565.9	4,407.4	5,018.3	5,872.8	3,292.8	4,158.4	4,823.5	5,782.3				
Colombo	999.3	1,183.6	1,196.1	436.3	514.2	606.6	605.3	220.5	485.1	577.0	590.8	215.8				
Gampaha	-	-	-	1,003.4	-	-	-	501.7	-	-	-	501.7				
Kalutara	465.5	505.0	570.0	650.2	237.9	255.4	286.6	321.0	227.6	249.6	233.4	329.2				
Kandy	749.9	924.4	1,040.6	978.9	385.2	472.5	525.4	481.1	364.7	451.9	515.2	497.8				
Matale	183.8	226.3	277.3	319.5	98.2	116.8	142.6	161.0	85.8	109.5	134.8	158.5				
Nuwara Eliya	307.4	373.2	422.7	484.3	159.3	191.3	214.6	240.5	148.1	181.9	208.0	243.8				
Galle	458.0	511.5	580.2	646.4	223.7	251.2	285.6	311.2	234.3	260.3	294.6	335.2				
Matara	373.0	454.5	520.3	572.7	188.4	225.4	256.7	276.9	184.6	229.1	263.7	295.8				
Hambantota	180.4	252.1	307.0	382.4	94.1	129.4	157.2	194.1	86.3	122.7	149.8	188.6				
Jaffna	414.7	461.8	467.7	560.5	205.1	230.2	231.3	275.9	209.6	231.6	236.4	284.6				
Mannar	43.7	51.1	66.7	92.5	25.9	27.9	35.9	49.4	17.8	23.3	30.8	43.1				
Vavuniya	35.2	57.4	74.6	77.4	20.3	32.5	41.1	40.7	14.9	24.9	33.5	36.7				
Mullaitivu	-	-	-	70.3	-	-	-	38.8	-	-	-	31.5				
Batticaloa	253.0	146.9	187.2	251.3	134.6	76.6	97.0	128.1	118.4	70.3	90.2	123.2				
Amparai	-	183.1	240.6	335.2	-	100.2	126.5	175.2	-	82.9	114.1	160.0				
Trincomalee	57.6	103.7	116.0	173.5	34.1	58.2	62.9	93.1	23.5	45.6	53.9	80.4				
Kurunegala	605.8	822.6	983.4	1,168.9	321.9	425.3	502.7	586.7	283.9	397.3	480.7	582.2				
Puttalam	207.2	264.3	326.0	431.6	111.0	136.6	167.5	217.5	96.2	127.7	158.5	214.1				
Anuradhapura	210.9	246.9	349.0	546.1	120.8	132.9	186.1	289.0	90.1	114.0	163.8	257.1				
Polonnaruwa	-	108.1	147.4	242.0	-	62.0	80.4	136.2	-	46.1	67.0	105.8				
Badulla	444.8	479.6	560.0	591.4	223.9	246.5	284.9	297.4	210.9	233.1	275.1	294.0				
Moneragala	-	128.9	187.9	273.7	-	69.0	100.4	147.5	-	59.9	87.5	126.2				
Ratnapura	402.5	519.8	611.4	737.3	214.2	272.3	318.1	379.4	188.3	247.5	293.3	357.9				
Kegalle	466.1	561.0	608.7	628.9	243.4	288.6	309.4	309.8	222.7	272.4	299.2	319.1				

Note : Districts of Amparai, Polonnaruwa and Moneragala were demarcated after 1953 Census and Gampaha and Mullaitivu were demarcated after 1971 Census.

Source : Department of Census and Statistics.

TABLE 7.7 - POPULATION OF SRI LANKA BY SEX AND URBAN AND RURAL BREAKDOWN BY DISTRICTS - 1981

Districts	Total			U r b a n			R u r a l		
	Total	Males	Females	Total	Males	Females	Total	Males	Females
Sri Lanka	14,850,001	7,539,128	7,310,873	3,194,879	1,666,326	1,528,553	11,655,122	5,872,802	5,782,320
Colombo	1,698,322	891,755	806,567	1,261,998	671,202	590,796	436,324	220,553	215,771
Gampaha	1,389,490	699,005	690,485	386,057	197,276	188,781	1,003,433	501,729	501,704
Kalutara	827,189	409,738	417,451	176,985	88,714	88,271	650,204	321,024	329,180
Kandy	1,126,296	557,944	567,352	147,436	77,895	69,541	978,860	481,049	497,811
Matale	358,441	180,837	176,604	37,908	19,759	18,149	319,533	161,078	158,455
Nuwara Eliya	522,219	261,469	260,750	37,866	20,956	16,910	484,353	240,513	243,840
Galle	814,579	394,577	420,002	168,120	83,347	84,773	646,459	311,230	335,229
Matara	644,231	311,767	332,464	71,547	34,916	36,632	572,484	276,851	295,833
Hambantota	424,102	216,234	207,868	41,416	22,137	19,279	382,686	194,097	188,589
Jaffna	831,112	411,601	419,511	270,601	335,701	134,900	560,511	275,900	284,611
Mannar	106,940	56,983	49,957	14,469	7,643	6,826	92,471	49,340	43,131
Vavuniya	95,904	51,000	44,904	18,511	10,266	8,245	77,393	40,734	36,659
Mullaitivu	77,512	42,725	34,787	7,202	3,925	3,277	70,310	38,800	31,510
Batticaloa	330,899	167,377	163,522	79,565	39,224	40,341	251,334	128,153	123,181
Amparai	388,786	203,021	185,765	53,603	27,828	25,775	335,183	175,193	159,990
Trincomalee	256,790	137,542	119,248	83,262	44,426	38,836	173,528	93,116	80,412
Kurunegala	1,212,755	610,749	602,006	43,898	24,072	19,826	1,168,857	586,677	582,180
Puttalam	493,344	249,105	244,239	61,774	31,660	30,114	431,570	217,445	214,125
Anuradhapura	587,822	312,310	275,512	41,675	23,313	18,362	546,147	288,997	257,150
Polonnaruwa	262,753	148,406	114,347	20,759	12,194	8,565	241,994	136,212	105,782
Badulla	642,893	324,586	318,307	51,478	27,139	24,339	591,415	297,447	293,968
Moneragala	279,743	151,062	128,681	6,048	3,539	2,509	273,695	147,523	126,172
Ratnapura	796,468	410,861	385,607	59,199	31,481	27,718	737,269	379,380	357,889
Kegalle	682,411	337,474	344,937	53,502	27,713	25,789	628,909	309,761	319,148

Source : Department of Census and Statistics.
 Census of Population and Housing, Sri Lanka - 1981.
 Preliminary Release No. 1.

TABLE 7.8 - AGE COMPOSITION AND DEPENDENCY RATIOS FOR THE POPULATION
OF SRI LANKA CENSUS YEARS 1953 - 1981

Age	1953		1963 ^{a)}		1971		1981 ^{a)}	
	Number	%	Number	%	Number	%	Number	%
All Ages	8,097,895	100.0	10,667,470	100.0	12,689,897	100.0	14,848,346	100.0
0 - 14	3,214,929	39.7	4,392,010	41.2	4,944,685	39.0	5,236,962	35.3
15 - 64	4,599,145	56.8	5,829,740	54.6	7,206,622	56.8	8,967,424	60.4
65 & Over	283,821	3.5	376,680	3.5	538,590	4.2	643,974	4.3
Age Unspecified	-	-	69,040	0.6	-	-	-	-
Dependency Ratio		76.1		81.8		76.1		65.6

Note : a) Based on a 10% Sample Tabulation.

Source : Department of Census and Statistics.

TABLE 7.9 - POPULATION OF SRI LANKA BY LITERACY

Census Year	(Thousands)									
	Population 10 years & Over				Literates		Percent Literates			
	All Persons	Males	Females	All Persons	Males	Females	All Persons	Males	Females	
1953	5,803	3,110	2,693	4,006	2,510	1,496	69.0	80.7	55.5	
1963	7,523	3,952	3,571	5,789	3,385	2,404	76.9	85.6	67.3	
1971	9,354	4,839	4,515	7,344	4,143	3,201	78.5	85.6	70.9	
1981	11,302	5,761	5,541	9,776	5,212	4,563	86.5	90.5	82.4	

Source : Department of Census and Statistics.

TABLE 7.10 - DISTRIBUTIONS OF POPULATION BY URBAN AND RURAL AREAS AND
BY SEX FOR CENSUS YEARS (1953, 1963, 1971, 1981)

(Thousands)

Year	Urban Population				Rural Population			
	Males	Females	Total	Percent	Males	Females	Total	Percent
1953	702.8	536.3	1,239.1	15.3	3,565.9	3,292.8	6,858.7	84.7
1963	1,091.3	925.0	2,016.3	19.1	4,407.4	4,158.4	8,565.8	80.9
1971	1,513.1	1,335.0	2,848.1	22.4	5,018.3	4,823.5	9,841.8	77.6
1981	1,666.3	1,528.6	3,194.9	21.5	5,872.8	5,782.3	11,655.1	78.5

Source : Department of Census and Statistics.

TABLE 7.11 - POPULATION BY AGE GROUPS AND SEX WITH URBAN AND RURAL BREAKDOWN - 1981

Age	Total						Urban			Rural		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
	Total	14,848,364	7,568,092	7,280,269	3,194,479	1,665,539	1,528,937	11,653,885	5,902,553	5,751,332		
Under 1	406,046	207,323	198,727	69,824	35,506	34,320	336,222	171,817	164,407			
1 - 4	1,451,214	741,807	709,407	254,878	129,741	125,135	1,196,336	612,066	584,272			
5 - 9	1,689,454	857,907	831,549	322,974	163,229	159,746	1,366,480	694,678	671,803			
10 - 14	1,690,248	863,911	826,344	352,052	179,901	172,157	1,338,196	684,010	654,187			
15 - 19	1,607,534	815,199	792,336	365,831	190,670	175,161	1,241,703	624,529	617,175			
20 - 24	1,509,787	753,338	756,461	353,549	188,268	165,288	1,156,238	565,070	591,173			
25 - 29	1,273,381	637,547	635,830	295,882	157,344	138,538	977,499	480,203	497,292			
30 - 34	1,122,859	569,523	553,334	259,781	138,540	121,241	863,078	430,983	432,093			
35 - 39	838,723	423,003	415,722	192,331	101,872	90,461	646,392	321,131	325,261			
40 - 44	698,497	360,922	337,577	157,615	85,000	72,620	540,882	275,922	264,957			
45 - 49	610,152	309,159	300,991	134,434	71,160	63,275	475,718	237,999	237,716			
50 - 54	542,559	284,167	258,390	123,102	65,599	57,502	419,457	218,568	200,888			
55 - 59	422,205	221,528	200,682	94,727	49,624	45,106	327,478	171,904	155,576			
60 - 64	341,727	183,903	157,822	76,249	40,110	36,135	265,478	143,793	121,687			
65 - 69	255,583	133,823	121,759	56,733	28,051	28,678	198,850	105,772	93,081			
70 - 74	180,614	97,564	83,047	39,704	20,158	19,543	140,910	77,406	63,504			
75 & Over	207,777	107,473	100,301	44,812	20,770	24,039	162,965	86,703	76,262			

Note : Data based on 10% Sample Tabulation.

Source : Department of Census and Statistics.

TABLE 7.12 - POPULATION PROJECTIONS FOR SRI LANKA 1981 - 2001
(Low Projections)

Age Group	Projected Population					(Thousands)
	1981	1986	1991	1996	2001	
All Ages	15,282	16,183	17,180	18,244	19,244	
0 - 4	1,537	1,347	1,486	1,507	1,623	
5 - 9	1,774	1,510	1,324	1,462	1,562	
10 - 14	1,702	1,766	1,503	1,339	1,457	
15 - 19	1,661	1,696	1,759	1,498	1,315	
20 - 24	1,547	1,651	1,686	1,751	1,492	
25 - 29	1,385	1,534	1,639	1,675	1,740	
30 - 34	1,156	1,373	1,522	1,627	1,663	
35 - 39	964	1,144	1,359	1,508	1,613	
40 - 44	758	951	1,129	1,342	1,491	
45 - 49	627	744	934	1,110	1,322	
50 - 54	575	610	725	912	1,086	
55 - 59	487	533	588	700	882	
60 - 64	385	459	522	556	664	
65 - 69	290	343	410	468	500	
70 - 74	203	237	281	337	387	
75 and Above	228	266	313	372	488	

Note : Low Projection - Fertility will decline very rapidly to 50 percent of the 1971 level within a period of 15 years, i.e. by 1986 and remain constant thereafter.

- It has been assumed that the expectation of life will reach the value of 72.2 years for females and 68.5 years for males. This sole assumption with regard to mortality has been used in all three projects (High, Medium and Low).

Source : Department of Census and Statistics.

TABLE 7.13 - CRUDE BIRTH RATE BY DISTRICTS 1970 - 1980

Districts	1970	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
Colombo	27.9	28.5	27.6	26.3	24.5	24.6	24.4	25.5	25.1	29.0	26.2
Gampaha	-	-	-	-	-	-	-	-	-	21.4	19.7
Kalutara	26.7	25.9	27.3	23.6	23.3	24.1	22.0	27.1	23.5	26.0	25.4
Kandy	28.8	31.9	30.9	29.2	26.5	25.8	27.1	27.4	29.4	27.4	27.2
Matale	32.0	33.3	31.4	30.4	29.8	31.5	32.9	29.3	32.0	29.6	28.8
Nuwara Eliya	27.6	32.1	29.0	26.5	25.7	26.3	25.6	27.2	29.7	24.9	29.4
Galle	26.2	25.9	28.5	24.8	23.9	23.8	22.8	24.7	23.8	24.7	24.1
Matara	28.2	31.7	29.8	29.8	28.6	27.9	27.2	26.0	28.4	27.5	28.0
Hambantota	29.7	31.4	29.9	28.0	29.0	28.6	29.6	26.9	29.1	31.1	30.2
Jaffna	28.8	29.8	29.8	26.9	29.1	20.4	30.3	28.3	29.8	29.5	30.5
Mannar	36.1	35.1	33.2	32.3	34.3	34.6	32.4	33.5	38.4	41.1	40.1
Vavuniya	37.0	37.8	37.5	36.4	39.5	40.8	37.7	34.6	40.5	45.1	41.9
Mullaitivu	-	-	-	-	-	-	-	-	-	41.5	35.7
Batticaloa	40.0	39.6	39.3	39.9	37.3	37.1	40.7	35.0	38.7	39.3	40.4
Amparai	35.5	36.4	33.9	32.5	33.8	32.5	34.6	32.4	33.9	35.0	30.5
Trincomalee	38.1	37.2	39.0	38.1	37.4	36.6	39.2	39.6	37.1	40.8	40.1
Kurunegala	27.2	29.0	28.4	25.8	28.0	28.3	25.9	25.7	27.7	27.2	20.7
Puttalam	31.3	34.0	32.8	29.0	30.7	32.3	33.6	33.1	34.4	32.8	33.2
Anuradhapura	36.5	34.6	37.8	35.0	34.6	36.3	37.2	37.5	39.8	38.1	38.3
Polonnaruwa	35.9	32.3	31.3	32.4	31.7	29.3	31.0	32.0	31.1	35.2	35.8
Badulla	32.7	33.4	34.2	30.2	27.1	27.8	30.7	26.7	25.8	27.6	28.0
Moneragala	40.6	36.0	35.0	33.0	34.9	36.3	40.0	40.2	40.6	39.6	39.4
Ratnapura	31.3	31.0	30.0	30.2	30.7	32.1	30.0	31.9	31.0	32.8	32.1
Kegalle	24.0	23.3	23.7	22.3	22.9	23.4	21.0	22.1	22.2	22.6	21.1

Note : 1979 and 1980 figures are provisional

Source : Registrar General's Department.

TABLE 7.14 - LIFE EXPECTANCY AT DIFFERENT AGES

On Attaining Age	1964		1965		1966		1967		1971	
	Males	Females	Males	Females	Males	Females	Males	Females	Male	Females
	0	63.0	63.6	63.7	65.0	63.6	65.0	64.8	66.9	64.03
1	66.1	66.1	66.6	67.3	66.6	67.3	67.4	68.9	66.39	68.74
5	64.2	64.5	64.4	65.4	64.5	65.6	65.0	66.8	63.75	66.40
10	59.9	60.2	60.0	61.1	60.2	61.4	60.5	62.4	59.26	61.97
15	55.2	55.5	55.4	56.4	55.6	56.7	55.8	57.7	54.57	57.27
20	50.6	50.9	50.7	51.8	50.9	52.1	51.2	53.0	49.98	52.67
25	46.1	46.6	46.2	47.3	46.4	47.6	46.7	48.5	45.52	48.15
30	41.6	42.3	41.6	42.9	41.8	43.2	42.2	44.0	41.04	43.68
35	37.1	37.9	37.0	38.5	37.3	38.8	37.6	39.5	36.55	39.19
40	32.7	33.6	32.7	34.1	32.9	34.4	33.2	35.0	32.34	34.79
45	28.4	29.3	28.4	29.8	28.6	30.0	28.9	30.6	28.01	30.35
50	24.2	25.0	24.2	25.4	24.4	25.7	24.8	26.2	24.00	26.03
55	20.2	20.8	20.2	21.2	20.5	21.4	20.8	22.0	20.12	21.83
60	16.5	16.8	16.4	17.2	16.7	17.4	17.0	17.8	16.56	17.84
65	13.0	13.2	12.9	13.5	13.1	13.7	13.4	14.1	13.15	14.09
70	9.9	10.2	10.1	10.6	10.1	10.6	10.6	11.1	10.13	10.81

Source : Department of Census and Statistics.

TABLE 7.15 - CRUDE DEATH RATES BY DISTRICTS - 1970 - 1980

(Per Thousand Population)

District	1970	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980
SRI LANKA	7.5	7.7	8.1	7.7	9.0	8.5	7.8	7.4	6.6	6.5	6.1
Colombo	7.8	8.2	8.4	8.3	8.5	8.7	7.9	8.0	7.5	9.0	8.7
Kalutara	7.0	6.9	7.4	7.0	8.8	8.7	7.8	6.9	6.2	5.9	6.0
Kandy	8.2	9.3	10.4	9.1	12.9	10.8	8.6	8.0	7.9	7.2	7.0
Matale	7.6	8.0	9.1	8.4	10.5	9.3	8.9	7.9	6.1	5.7	5.1
Nuwara Eliya	9.9	11.7	10.8	9.3	14.9	10.6	11.0	8.4	9.1	8.0	7.8
Galle	7.3	7.1	7.6	7.9	9.4	9.8	7.8	7.5	7.0	6.8	6.1
Matara	6.5	7.1	7.0	7.2	8.1	8.5	7.5	6.8	6.4	6.0	6.0
Hambantota	5.7	6.2	5.7	5.9	6.1	6.0	5.9	6.7	5.2	4.8	4.8
Jaffna	7.5	8.1	8.2	7.3	7.3	6.3	6.6	6.2	5.7	5.1	5.4
Mannar	8.1	7.7	7.6	7.1	8.0	7.1	7.1	7.0	5.9	5.5	5.6
Vavuniya	6.3	5.9	5.7	6.1	6.9	6.3	7.4	7.1	5.5	5.5	5.5
Batticaloa	10.4	9.7	9.8	9.4	9.9	10.7	10.0	9.0	8.1	8.9	6.9
Amparai	6.8	7.3	7.4	6.9	7.4	7.9	7.3	6.5	5.5	5.8	4.7
Trincomalee	6.1	6.1	5.1	5.3	6.3	6.8	5.5	5.2	4.8	4.8	4.8
Kurunegala	6.4	6.1	7.2	6.5	6.9	7.0	7.3	6.6	5.6	5.7	4.5
Puttalam	7.6	7.2	7.9	7.1	7.7	6.9	7.4	7.2	5.9	5.9	6.0
Anuradhapura	6.0	5.9	6.0	6.2	6.2	6.9	6.5	6.7	5.7	5.7	3.7
Polonnaruwa	5.1	4.8	4.5	4.3	4.5	5.5	4.3	5.8	4.6	4.6	8.0
Badulla	6.4	8.8	9.3	8.4	11.9	9.1	8.5	8.2	6.2	7.1	6.0
Monaragala	6.4	5.4	5.7	5.2	6.1	6.1	5.9	6.2	4.9	4.7	3.8
Ratnapura	8.9	8.2	8.3	8.2	10.1	10.0	8.7	8.3	7.2	7.0	6.3
Kegalle	6.5	6.6	7.1	7.0	8.3	8.2	7.2	6.1	5.5	5.2	5.0

Note : Figures for 1980 are provisional.

Source : Registrar General's Department.

TABLE 7.16 - INFANT MORTALITY RATES BY DISTRICTS 1969 - 1978

District	1969	1970	1971	1972	1973	1974	1975	1976	1977	1978
SRI LANKA	52.7	47.5	44.8	45.6	46.3	51.2	45.1	43.7	42.4	37.1
Colombo	44	40	41	41	45	44	40	36	38	39
Kalutara	57	44	34	33	40	53	47	43	35	31
Kandy	72	57	61	66	62	92	72	61	63	60
Matale	51	48	50	57	63	68	49	53	53	33
Nuwara Eliya	94	95	93	85	78	119	79	100	76	75
Galle	51	49	40	41	50	51	50	45	44	42
Matara	39	42	34	35	36	42	41	41	40	38
Hambantota	45	36	37	34	35	34	33	33	39	28
Jaffna	34	31	26	27	24	21	17	21	21	21
Mannar	48	49	39	40	40	36	29	34	30	23
Vavuniya	45	43	28	22	25	24	27	38	35	22
Batticaloa	64	58	53	53	51	45	50	49	51	37
Amparai	56	45	41	41	38	39	43	39	33	25
Trincomalee	47	37	36	39	43	32	31	25	22	19
Kurunegala	45	43	39	40	42	38	37	41	37	30
Puttalam	45	46	33	38	36	29	31	33	30	22
Anuradhapura	44	39	39	38	37	37	35	36	35	22
Polonnaruwa	33	33	34	28	24	24	35	24	29	20
Badulla	61	61	57	59	56	73	56	51	61	47
Monaragala	52	40	38	35	33	31	28	26	28	22
Ratnapura	71	64	58	61	64	66	63	64	56	50
Kegalle	51	49	45	49	50	60	54	51	42	36

Note : Infant Mortality Rate refers to the Number of Deaths of Children under one year of age per 1000 live births.

Source : Registrar General's Department.

TABLE 7.17 - MATERNAL MORTALITY RATE BY DISTRICT 1969 - 1978

Districts	1969	1970	1971	1972	1973	1974	1975	1976	1977	1978
SRI LANKA										
Colombo	1.5	1.5	1.4	1.3	1.2	1.0	1.0	0.9	1.0	0.8
Kalutara	0.7	0.9	0.7	0.7	0.7	0.5	0.3	0.3	0.4	0.7
Kandy	0.9	1.0	1.0	0.9	0.8	0.9	1.0	0.6	0.6	0.6
Matale	1.6	2.0	2.0	2.2	2.0	2.6	1.6	1.4	1.9	1.4
Nuwara Eliya	0.7	2.8	1.8	1.8	1.8	1.6	0.7	1.1	1.4	0.8
Galle	3.2	2.7	3.1	2.3	2.4	2.4	2.0	3.1	2.1	1.2
Matara	1.3	0.9	1.4	0.9	1.3	0.6	0.9	1.3	0.9	1.1
Hambantota	1.7	1.4	1.2	1.4	1.1	1.6	0.7	1.1	1.1	0.5
Jaffna	1.1	1.4	1.2	1.5	1.0	0.8	0.7	0.5	0.4	0.7
Mannar	0.6	0.8	0.8	0.9	0.6	0.7	0.4	0.3	0.9	0.3
Vavuniya	2.1	3.4	1.9	1.2	1.9	1.4	1.0	1.1	0.0	1.2
Batticaloa	2.7	0.9	0.3	1.7	0.3	0.8	1.2	1.3	0.8	0.7
Amparai	3.0	1.8	2.3	1.7	1.8	1.5	2.1	1.0	1.4	1.6
Trincomalee	2.1	1.3	1.5	1.5	1.6	1.3	1.3	1.1	1.1	0.9
Kurunegala	1.3	2.7	0.9	1.5	0.8	0.8	0.7	0.9	0.7	0.8
Puttalam	1.1	1.1	1.2	1.1	0.7	1.2	0.9	1.0	1.2	0.6
Anuradhapura	1.5	1.5	1.3	2.0	1.4	1.5	1.2	1.2	0.7	0.7
Polonnaruwa	1.4	1.1	1.0	1.3	1.1	1.1	1.2	1.0	0.6	0.6
Badulla	0.2	0.8	1.1	1.7	1.5	1.3	1.0	0.9	1.0	1.0
Monaragala	1.9	1.8	2.0	2.0	1.8	1.4	1.4	1.1	1.5	1.5
Ratnapura	3.7	1.9	2.2	2.0	1.7	1.0	1.1	0.9	1.1	1.1
Kegalle	2.3	2.5	1.7	1.1	1.1	0.8	1.8	1.1	1.3	1.3
	1.9	1.1	1.5	1.1	1.3	0.7	1.5	1.0	0.8	0.8

Note : Maternal Mortality Rate refers to the Number of Deaths of mothers due to complication of pregnancy, delivery and puerperium.

Source : Registrar General's Department.

TABLE 7.18 - MORTALITY RATES OF SRI LANKA 1965 - 1980

Year	Crude Death Rate (a)	Infant Death Rate (b)	Neo-Natal Death Rate (c)	Maternal Death Rate (d)
1965	8.2	53.2	33.3	2.4
1966	8.3	54.2	34.6	2.2
1967	7.5	47.7	29.2	1.7
1968	7.9	50.3	31.0	1.8
1969	8.3	52.7	32.0	1.5
1970	7.5	47.5	29.7	1.2
1971	7.7	44.8	29.7	1.4
1972	8.1	45.6	30.3	1.3
1973	7.7	46.3	29.9	1.2
1974	9.0	51.2	29.1	1.0
1975	8.5	45.1	27.0	1.0
1976	7.8	43.7	26.1	0.9
1977	7.4	42.4	25.9	1.0
1978	6.6	37.1	25.0	0.8
1979	6.5(e)	-	-	-
1980	6.1(e)	-	-	-

Note : (a) Number of deaths per 1000 population.

(b) Number of deaths of children under one year of age per 1000 live births.

(c) Number of deaths within the first 28 days after birth, per 1000 live births.

(d) Number of deaths of mothers due to complication of pregnancy and delivery per 1000 live births.

(e) Figures for 1979 and 1980 are provisional.

Source : Registrar General's Department.

TABLE 7.19 - SELECTED CAUSES OF INFANT MORTALITY IN SRI LANKA 1970 - 1978

(Per thousand live births)

Causes of Death	1970		1971		1972		1973		1974		1975		1976		1977		1978	
	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate
Enteritis and Other Diarrhoeal Disease	1,192	3.2	960	2.5	1,050	2.7	1,042	2.8	960	2.6	973	2.6	1,043	2.7	888	2.3	776	1.9
Tetanus	382	1.0	422	1.1	446	1.2	516	1.4	441	0.4	470	1.3	397	1.0	497	1.3	427	1.1
Helminthases	179	0.5	132	0.3	123	0.3	136	0.4	133	0.4	128	0.3	110	0.3	82	0.2	69	0.2
Avitaminosis and Other Nutritional Deficiency	421	1.1	411	1.1	387	1.0	579	1.6	1,222	3.3	793	2.1	597	1.6	517	1.3	318	0.8
Meningitis	192	0.5	211	0.6	246	0.6	212	0.5	183	0.5	281	0.7	215	0.6	229	0.6	292	0.7
Acute Respiratory Infections	292	0.7	265	0.7	293	0.8	297	0.8	275	0.8	278	0.7	397	1.0	373	1.0	272	0.7
Pneumonia	1,397	3.8	1,300	3.4	1,210	3.1	1,221	3.3	1,326	3.6	1,271	3.4	1,381	3.6	1,372	3.5	1,119	3.0
Bronchitis, Emphysema and Asthma	330	0.9	298	0.8	348	0.9	306	0.8	420	1.1	347	0.9	407	1.1	529	1.4	355	0.9
Congenital Anomalies	405	1.1	422	1.1	447	1.2	355	1.0	323	0.9	250	0.7	265	0.7	296	0.8	291	0.7
Birth Injury, Difficult Labour and Other Anoxic and Hypoxic Conditions.	699	1.9	818	2.1	731	1.8	804	2.2	768	2.1	791	2.1	791	2.1	745	1.9	793	2.0
Immaturity	5,804	15.8	5,909	15.4	6,296	16.3	5,836	15.9	5,942	16.2	5,390	14.3	5,336	14.0	5,397	13.9	5,314	13.1
Convulsions	1,760	4.8	1,738	4.5	1,686	4.4	1,560	4.2	1,944	5.2	1,743	4.6	1,532	4.0	1,530	3.9	1,190	2.9
Pyresixa	328	0.9	294	0.8	315	0.8	349	1.0	351	1.0	423	1.1	395	1.0	397	1.0	240	0.6
Deblity	1,458	4.0	1,361	3.6	1,484	3.8	1,335	3.6	1,917	5.2	1,463	3.9	1,367	3.6	1,256	3.2	1,057	2.6
Rath(Erythematous Conditions)	748	2.0	713	1.9	585	1.5	598	1.6	590	1.6	508	1.4	520	1.4	431	1.1	286	0.7
Other Causes	1,879	5.1	1,901	5.0	1,915	5.0	1,856	5.1	1,959	5.4	1,840	4.9	1,871	4.9	1,972	5.1	2,140	5.3
All Causes	17,466	47.5	17,155	44.8	17,562	45.6	17,002	46.3	18,724	51.2	16,949	45.1	16,633	43.7	16,511	42.4	15,019	37.1

Source : Registrar General's Department.

TABLE 7.20 - HOSPITAL DISCHARGES DUE TO NUTRITIONAL DEFICIENCIES
IN GOVERNMENT INSTITUTIONS 1976 - 1981

Name of Disease	1976	1977	1978	1979	1980	1981
Kwashiorkor	-	-	-	1,003	758	719
Nutritional Marasmus	1,901	2,012	1,146	1,692	1,905	1,486
Other Protein-Calorie Malnutrition	7,360	7,075	6,451	6,535	6,076	5,222
Vitamin A Deficiency	4,742	2,518	2,907	3,435	2,445	1,648
Other Avitaminosis	16,509	16,072	18,313	13,206	8,632	8,456
Anaemias	64,387	61,108	52,967	54,364	49,375	47,412
Other Diseases of Blood and Blood Forming Organs	2,984	3,387	2,909	5,412	3,224	2,913
Anaemia of Pregnancy	22,938	14,330	19,891	19,841	18,578	16,502
Slow Fetal Growth, Fetal Malnutrition and Immaturity	-	-	-	7,337	7,579	6,853

Note : From 1976 - 1978 discharges due to 'Kwashiorkor' are included in Item 3.

Source : Department of Health.



