

ANNUAL REPORT 1997

DR M VETPILLAI

08 NOVEMBER 1997
STAKIS HOTEL, DARTFORD BRIDGE, DARTFORD – KENT
SPONSORED BY MSD



ANNUAL GENERAL MEETING 1997

08 NOVEMBER 1997 STAKIS HOTEL, DARTFORD (KENT)

AGENDA

1530 - 1630 HRS

REGISTRATION



MEDICAL INSTITUTE of Tamils

Thamil House, 720 Romford Road, London E12 6BT

1630 - 18.30 HRS

ANNUAL GENERAL MEETING

(FOR MIOT MEMBERS ONLY)

WELCOME APOLOGIES

MINUTES OF AGM 1996 MATTERS ARISING

ANNUAL REPORT - PRESIDENT / MIOT

HON, SECRETARY'S REPORT TREASURER'S REPORT

REPORTS BY CO-ORDINATORS - COMMUNITY HEALTH

OVERSEAS

YOUTH/EDUCATION

SOCIAL

REPORTS FROM THE REGIONS:

SOUTH-THAMES

NORTH THAMES

NORTHERN

ELECTION OF MANAGEMENT COMMITTEE 1997/98

ACTIVITIES FOR 1997/98 ANY OTHER MATTERS

1830 - 1900 HRS

INTERVAL

1900 - 2000 HRS

CLINICAL MEETING

RECENT TRENDS IN THE TREATMENT OF HYPERTENSION DR C CHELLAPPAH

HEALTH PROBLEMS IN SOME TAMIL REFUGEE CAMPS
DR SHIAMALA SUNTHARALINGAM

2000 - 2200 HRS DINNER

GUEST SPEAKER:

MR STEPHEN MANNION MA, MBBChir, DTM&H, DMCC, FRCS

SPECIALIST ORTHOPAEDIC SURGEON

CHIEF GUEST:

DR HOWARD STOATE G P & MP FOR DARTFORD

2230 HRS

CLOSE .

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ANNUAL REPORT

FROM THE PRESIDENT OF M.I.O.T. (YEAR 96/97)

8 November 1997

It is my pleasure and privilege as the President of MIOT to write this annual report for the year 96 / 97. On reviewing the events of 96 / 97, it seems that the management committee has made fair progress on the programmes set by you, the general membership at the last annual general meeting.

The 8th AGM was held on the 26th October 1996 at Stevenage Novotel hotel. This AGM was a huge success that we could boast about. You all may be well aware that the key to this success was due to the tireless effort of Dr. S. Jothilingam. The planed organisation by Jothi combined with the great enthusiasm of our hardworking General Secretary Dr. P. Ambikapathy culminated in a very successful meeting, drawing a large gathering of our membership for the first time in our annals. I also feel the presence of Mr. M. Ganesharatnam Consultant Surgeon from Jaffna was an added incentive for our members to be present at this meeting. Mr. Ganesharatnam had been the only surgeon in Jaffna since 1989 to November 1995, until the mass exodus began in Jaffna. Dr. M. Karunagaran obstetrician from Jaffna was also present at this meeting. Both these doctors gave detailed accounts of the situation that prevailed in Jaffna prior to the mass exodus. They indicated the staffing levels at the faculty of medicine was virtually non existence, consequence of this there are about 400 medical students unable to complete their studies. They also have been barred from other hospital in the south, mainly by militant subordinate staffs at these hospitals, dictating terms to the senior doctors.

This extremely well attended meeting has a historic connotation, because this was our first management committee election, based on the new constitution. This constitution was drafted to help us prepare the relevant papers to apply for charity status. You all may be aware the preparation of the new amendments to the old constitution was master minded and drafted by Dr. A.Selvaratnam and was adopted unanimously at the AGM of 95, held at Rugby.

The new task orientated management committee faced a challenging year. We embarked on three major projects that have been very dear to the hearts our membership. The three projects were:-

- (1) To obtain charity status.
- (2) To purchase an office for MIOT.
- (3) To increase the membership.

The management committee had met nine times during this year. The task oriented committee set out its agenda, and each office bearer had to manage their set activities effectively and efficiently. Each office bearer will present his report in full for this year. I will just give a brief account of our activities.

The vice - president Dr.E. Velayuthapillai undertook the task of preparing the necessary papers for charity status. We are proud to say he had posted all the

necessary documents to the charity commission in June 97. Following this, there were a few queries raised by the charity commission, he then consulted the sub committee who were involved with this task and had returned the forms. Subsequently he had received another letter from the charity commission, from this he understands that, we may soon hope for a very favourable end result. Dr. Vela will give his report.

Our secretary Dr. P. Ambikapathy worked very hard to maintain and co-ordinate every office bearers activity, in addition to sending us the regular memorandums and the minutes of our committee meetings. I will not elaborate any further as I am sure the general membership knows his capabilities. He will be submitting his report next.

Our treasurer Dr. S. Mahendran had the terrible task of reorganising the books, and has now brought the account to an excellent state. He also devised receipts for every transaction and these were signed by two named signatories of this committee. While on the subject of our accounts, the previous central committee reluctantly allowed the regions to open a bank account so as to operate their finances. But insisted that each region should retain a certain amount for their day to day business and the balance needs to be deposited into the main account. This year, the South Thames branch wants to hold back the entire amount which they had raised. To prevent fragmentation and unpleasantness, the management committee had decided after a lengthy discussion to ask the South Thames branch to submit their accounts every three months and at the end of each year the books to be submitted for auditing. You will hear our treasurer's report.

The editor Dr. A.E.Rajarajan took over the preparation of the MIOT news. He invited members to send educational and interesting news for publication. Very informative articles did appear in our news letter. W are sorry for the delay of the last issue, as Dr.Rajarajan had to go aboard due to an unforeseen family commitment. In addition we also had a change of printers. Our editor Rajarajan always had the advise and help from Dr. Ambi, and Dr. Ratneswaran, Dr. P. Arulanathan has been a great strength to our editorial panel. Dr.Rajarajan has done a great job thank you.

Dr. S Ratneswaran co-ordinator for the overseas affairs worked tremendously hard to keep pace with the ever changing situation in the north and east of SriLanka. He requested the previous committee for an appointment of a co-ordinator. The appointment of two part-time co-ordinators were made and the general membership was informed at the last AGM. These two men were given different task to accomplish within a set time by Dr. Ratneswaran and Dr. Selvaratnam. Regrettably we found that the two co-ordinators were unable to deliver what we expected from them, because of this we had to terminate their contracts. At present, some of the secretarial work has been given out to a reputed medical journalists. The payment on a "fee per hour" for the work that has been satisfactorily completed. Dr. Ratneswaran has been collecting new data on the health crisis in the North east of SriLanka and he has produced an updated version on the Health crisis in SriLanka (March 96). This report "The slow genocide of Tamils" which he has compiled, is to be used by MIOT members to lobby their M P'S and MEP'S. This report was also presented to the Secretary General of the Commonwealth at the Edinburgh meeting. Early in the year Dr. Ratneswaran visited colombo and Jaffna, he prepared a dossier highlighting the shortage of doctors, medicine and surgical equipments. Also he adds the hardship that our community has

been subjected to, by the security forces. In brief the Tamils are living under a police state. He will present his report.

The co-ordinator for community care and research Dr. M. Chandrakumar was asked to set up a pilot project on the Mental Health advisory clinic at the MIOT office. The work on it is still in progress, few dates were set for starting these clinics, but it has not materialised. We understand that, this is due to the team of Consultants who agreed to run this project are being unable to meet together to discuss and standardise the protocol, I am sure he will explain this in his report.

Dr.K.Ranjadayalan who took up his post as the co-ordinator for education resigned half way through the year, because he could not give maximum commitment to this committee due to his commitment to the family and his present hospital post. Dr.K.Puvanendran was co-opted by the management committee on a unanimous vote. We very much valued his expertise in the field of post graduate education.

The co-ordinator for social / membership Dr.S. Poologanathan was also trusted with the purchase of a building for the MIOT office and the membership drive. At the AGM Dr. C.Sivagnam was asked to head this subgroup consisting of the following members Dr. A. Mahendrarajah Dr. S. Poologanathan, Dr. M.Chandrakumar, to draw up a discussion document on the options, of how best we could find the finance for an official premises. The document was well produced by Dr. M.Chandrakumar on behalf of the group and all options were discussed at the management committee. These members have been viewing various buildings. Recently, Dr. C. Sivagnam South Thames regional president has made a bid on a property in Eltham - the London borough of Lewisham. He will present a report on this matter, along with the report on the activities of the South Thames region.

MEMBERSHIP DRIVE.

The strength of this association depends on the total number of our members. Every member had been actively involved in recruiting a new member, according to the medical register we have around two thousand Tamil names, Is it apathy, malaise or "Thatcherism" selfishness that is keeping these men and women away from us. I find it very sad when speaking to some of our Tamil Doctors, they are oblivious of our association and about the situation back home, they have no idea about our culture and tradition. But, generally finding faults with people who work for the community. They have, no appreciation for others who do sacrifice their time, energy and money towards the Tamil cause. Why sit on the fence, please join us, our success relies on our membership strength. Details of our membership will be presented by both our secretary and the treasurer. Finally, I wish to draw attention to the subscriptions paid by some of our members, please check the payment of your subscription as some of you had not responded to our treasurer's request to renew the standing orders, there by we are not receiving the correct amount of subscription that is due from you. Please help us on this matter as soon as possible.

YOUTH CONFERENCE.

The second youth conference held on 9th of November 1996 was well attended. The meeting took place in the Harris Lecture theatre at Guy's Medical School. The conference was based on the "White paper - The Health of the Nation". Papers were based on "Coronary Heart Disease" Dr. Visvum Navaratnam chaired the meeting. The proceedings of this conference was again edited by our Prof. R. Swaminathan. This proceeding in booklet form was published well within time, those who wish to have them may donate a small amount, as this would partly finance towards this year's conference. This year's Youth conference is on the 22nd of November 97 at St. Georges Medical School in Tooting. This will be unique, as the organisation is manned entirely by the youth. The youth's membership is steadily increasing. They are more energetic, eager to know about our roots. As the parent body I wish every member to give their support and blessing to our future generation in their venture. Dr. Shyamala Suntheralingam will read her report on this conference. Later in the evening she will talk to us, about her VSO service this August in South Indian Refugee camps where our SriLankan Tamils are housed.

MIOT did partly finance her work in the refugee camps with the OfERR.

REGIONAL BRANCH ACTIVIES.

We are proud to mention that three regions are no v active. The Northern, and the Northeast London branch had organised regular post graduate meetings during this year like the Southeast. The report on each branch will be read out to you by the respective representative from the branch. The Northwest and the Southwest branch activies had not been revived. These areas have a great potential as there are large number of Tamil Doctors and Dental Surgeons. The management committee will explore the feasibility as to how this could be tackled in the coming year.

SOCIAL / CULTURAL ACTIVITIES.

The annual presentation of cultural programmes in early summer and autumn took place with great success. This year the programmes on the Muth Tamil Maalai did reflect our children and adults talents in music, musical instruments, oration and drama. Same was true with the "Tear Drops" which was presented entirely by children. The disco was organised by the Southeast branch. The attendance at the Disco and "Tear Drops" programmes did not show any great enthusiasm from our members, is it lack of interest in supporting our activities or are there too many activities over lapping every week to clash with the programmes organised by MIOT. I feel there are too many different activities and one has a varied choice of entertainment every week, therefore we should produce a list of our activities in advance for the year and publish them with dates in the Tamil press. The Law -Medical cricket match is no longer a social event sponsored by MIOT, however this year the match was a success and as usual it was organised by Dr.W.T. Maheswaran. A very good attendance on a very hot summer day, it was fun.

REFUGEE CAMPS IN SOUTH INDIA MANAGED BY OFERR.

The link with OfEEr continues, many of our members visit these camps on official or on voluntary capacity to give their support both financial and medical advise. Recently MIOT supported Dr. Shyamala Suntheralingam to carry out her voluntary service to these refugees and to collect some epidemiological study on TB / Chest problems among these groups. She has submitted a report to us we hope to publish this in MIOT News letter on the next issue.

DONATIONS GIVEN BY MIOT

The profit from last year "Tear Drops" programme was handed to our vice -president Dr. Velayuthapillai to be distributed to various charitable organisation in the Northeast of SriLanka. Dr. Vela will be reporting.

WOMEN FORUM OF THE MIOT.

Using my capacity as the president of MIOT, I invited a few prominent women doctors for a think tank meeting, to study the feasibility of forming a group within the MIOT. This group was asked to look into the problems faced by women, mothers and children in the Northeast of SriLanka. To study the reports published by U.S. committee for refugees (March 1997), and The refugee council UK(Feb97) and to prepare a dossier for submission to the secretary general of the commonwealth. This report with the women memberships signature was presented at the Edinburgh meeting. This forum would also address local issues, and would fight for the basic human rights of women, mothers and children, assess the violence against Tamils and formulate a basis for future direction and action.

LOBBING MP'S.

Many MIOT members still continue lobbing their local MP'S and MEP'S on a individual capacity or in a group. We have to maintain this momentum if we have to counteract the SriLankan foreign minister Gathirgamer's doctrinaire to the western community.

BMJ LETTERS

I hope our membership is aware of the letters that were printed in this years BMJ's. The first letter titled "SriLankan refugees are not at risk of persecution" signed by 14 SriLankan doctors working in Britain published on the 22nd March 97. All the names of the signatories were with held from publication. This letter was in response to the brief extract on the report of the refugee council UK (22nd February 97). MIOT promptly responded to this malicious letter, however there had been some delay in publishing these replies. BMJ received fourteen replies to the letter written by our Sinhala doctor colleagues. In July 97 six letters were published and two from MIOT. Recently I received a anonymous letter, who ever wrote that letter feels sorry for our plight, and

feels guilty for not being able to do anything against his / her Sinhala governments actions.

FUTURE ACTION.

What of the future? There is no doubt that we have progressed some what forward. Yes, we have applied for charity status and awaiting for its out come. Early signs indicates favourable out come. Secondly the home for MIOT, a modest purpose build community centre has been viewed. A bid has been placed, awaiting its outcome as well. Thirdly our membership is on the ascend.

We have over two thousand Tamil names on the medical and dental register, please ask all of them to join us to enable us to express your views with greater strength and effectiveness in the future. Differing views will exit, we can share any political views, but MIOT'S policy is neutrality. We are non political, non religious independent professional organisation willingly embrace all Tamil speaking health professionals under one umbrella. However in any democracy an individual must be able to speak openly his or her views, even when differing views do exist among us. There will always be an official consensus voice expressed. We will fight against any injustice to our community, we will provide health care service to our community where ever they may be. Please join us in this crusade to reach our ultimate goal - Peace for all, Justice for all and Good health for all.

Finally I wish to congratulate the management committee for their untiring contribution towards achieving some of our set targets. I also wish to convey a very special thanks to all the tolerant and very supportive wife's and families of this committee. May I on behalf of the management committee thank you the general membership for your support with helpful criticisms for our progress. I call for your continuous encouragement and commitments in the years to come.

PUBLICATIONS.

- 2nd youth conference proceedings on "Health of the Nation" cardiovascular disease. March 1997.
- 2. MIOT News quarterly publication 96/97.
- 3. A slow genocide of Tamils in SriLanka October 1997.
- 4. BMJ letters 12th July 1997.

THANK YOU FOR YOUR KIND ATTENTION.

MINUTES OF THE ANNUAL GENERAL MEETING 1996

The Annual General Meeting of the Medical Institute of Tamils was held at the Novotel Hotel, Stevenage, on 26 October 1996.

The meeting was attended by 67 members from various parts of the UK. and commenced about 5 pm with the President, Mr V Rajayogeswaran, in the chair.

The President requested the membership to observe two minutes silence in memory of the lives lost during the recent disturbances in Sri Lanka and pray for peace in Tamil homelands. The President presented his Annual Report 1996 which was very much appreciated by the membership.

The minutes of the Annual General meeting 1995 was presented by the Secretary and was adopted unimousely.

The Treasurer's report was presented and some queries were raised regarding the sales of proceedings of the International Conference 1994 and the members were assured of the appropriate accounting made in the report.

The Secretary presented the section of the amended constitution related to election of the Management Committee and Trustees.

Dr W T Maheswaran withdrew his nomination and the proposed nine names for the management committee were presented. There was no contests and the nine members were duly elected unanimously. The names are as follows:

Ambikapathy, P

Chandrakumar, M

Mahendran, S

Poologanathan, S

Rajarajan, A E

Rajayogeswaran, V

Ranjadayalan, K

Ratneswaren, S

Velayuthapillai, E

The two names proposed for the place of two trustees ie: Mr V Sivapathasundaram and Dr V Satkunanayagam, were tabled and were elected unanimously.

Discussion on the various activities for the year 1996/7, took place and the members appreciated the successful cultural activities sponsored by the South Thames Region. It was observed that other regions too could sponsor such activities and it was suggested that the programme "TEAR DROPS" could be sponsored by the North Thames region.

A lengthy discussion took place regarding purchase of office premises for MIOT. Several members expressed concern over how donations could be raised without proper feasibility studies and the need for careful consideration of various aspects of purchasing a property. Drs Sivagnanam and Mahendrarajah were requested to study the proposals, in

liaison with the Management Committee before finalising this matter.

In the after dinner speech, Dr M Ganesharatnam, formerly Consultant Surgeon at Jaffna General Hospital, gave a first-hand description of the incidents in Jaffna and pictured a worrying future for our brethren in the Tamil homelands in Sri Lanka, unless appropriate action taken on time. This was also highlighted by Dr Karunakaran., Consultant Obstetrician & Gynaecologist from Jaffna.

The Secretary expressed profuse thanks to the Guest speakers and all members and their guests who attended the meeting/dinner, all volunteers and sponsors (Pharmaceutical companies: Glaxo-Wellcome, Abbot, Alan Hanbury, Jansen-Cilag, Portex and Zeneca) and the Novotel Hotel who helped to conduct the annual general meeting / dinner very successfully & satisfactorily. Special thanks were expressed to Dr Jothilingam, his family and his Secretary for their valuable help in arranging the very successful meeting/dinner at the very convenient venue.

The meeting was adjourned about 10.30 pm.

Medical Institute of Tamils

7.11.97

Summary of the Financial report- 1/7/96 to 30.06.97

The accounts for the Financial year is in Two parts.

1) Accountant's Summary on MIOT Finances.

2) Cash flow Report for the Period 1/7/96 to 30.06.97.

I would like to draw your attention to the following general points.

- Amongst Ordinary membership there is marked discrepancy in the Subscriptions rates. I think in the next financial year we must strive to bring uniformity.
- 2) Appalling membership levels amongst Medical students. A strongly positive attempt is required to popularise this bearing in mind the enormous Tamil medical student population at large.

3) Same goes for the Associate membership.

- A few members have subscribed twice but varying amounts. This must have happened when a new S/O form was presented when the Bank overlooked cancelling the previous S/O. These members are best advised to regularise this in order to prevent a recurrence of it next time round.
- 5) We needed to part with Penalty for late payment of Income Tax last year due to delay in getting the returns filled.
- We have attempted over the years with mixed results to incorporate the finances of all regions with the Central committee's accounting dates. I feel this is not logical to continue any more as the Regions have differing dates of AGM from the centre and therefore the office bearers change at a different date to the centre. Furthermore local use of finances should be accounted to the regional membership rather than buried in to the Central committee's accounts where it could be poorly identified. I propose that the next committee will look in to it and make financial accountability of the regions closer to the local membership. Central accounting should only reflect the transactions with the regions beside the central funds. I hope the general membership will debate this matter fully.

MIOT Central accounts have been fully computerised on **Quicken software**. Up to date information is available on floppy disk for any interested member of MIOT who wishes to peruse on the finer details.

Thank you.

Please accept my apologies for being unable to be at the AGM due to a previously arranged professional commitment.

Dr S Mahendran. Treasurer.

Medical Institute of Tamils

720, Romford Road, Manor Park London E12 6BT.

Accountants' Report on Financial Statements Year ended 30 June 1997.

In accordance with Instructions given to us we have prepared without carrying out an Audit, the financial statements on pages 2 to 5 from the accounting records of the Institute and from information and explanations supplied to us.

Lingham & Co.
Chartered Accountants.
65, Higher Drive,
Furley
Surrey CR8 2HR.

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BALANCE SHEET AS AT 30.06.1997

	NOTES	AMOUNT
ACCUMULATED FUND		
BALANCE ON 1.07.96		
	9	
CENTRAL MIOT-		
SOUTH EAST THAMES REGION		15142
TOTAL		2711
EXCESS OF RECEIPTS OVER EXPEN	DITUDE COD THE VE	17853
CENTRAL MIOT	DITURE FOR THE YEAR	
SOUTH EAST THAMES REGION		7117
BALANCE AT 30.06.97		6483
		31453
REPRESENTED BY:		
FIXED ASSETS		
FITTINGS & EQUIPMENTS AT COST	754	
LESS:DEPRECIATION	671	83
		. 03
CURRENT ASSETS		
CASH AT BANK		
CENTRAL ACCOUNTS	22899	
SOUTH EAST THAMES REGION	7599	
TOTAL	HTV (ATTACHES)	
CASH IN HAND-CENTRAL	30498	
SOUTH EAST THAMES REGION	50	
TOTAL	2285	
TOTAL	32833	
DEDUCT CURRENT LARVETTE		
DEDUCT CURRENT LIABILITIES		
SUNDRY CREDITORS CENTRAL MIOT	773	
SOUTH EAST THAMES REGION	690	
TOTAL	1463	31370
TOTAL ASSETS LESS CURRENT LIAB	ILITIES	31453

MR V. RAJAYOGESWARAN PRESIDENT

DR S MAHENDRAN TREASURER

Central MIOT Receipts & Expenditure accounts Year ended 30.06.97.

Receipts	Notes	Amount
Training grant for Medical Youth forum		3800
Subscriptions & Donations	1	10276
Bank interests received		376
Surplus from Charity event(Tear drops)		3220
Other Receipts		1089
Total		18761
je.		
Expenditure		
Health Workers		850
Health Project		356
Information & Reports	*	1153
Meeting Expenses		1499
Overseas Aid	3	1670
Rent	2	2090
Hire of Hall		1050
Youth Conference		933
Advertising		310
Printing Postage & Stationary		305
Sundries		2
Bank Balances w/off	5	1111
Depreciation: Fittings & Equipment	4	27
Total		11356
		1. 50
Excess Receipts over Expenditure before	Taxation	7405
Taxation Excess receipts over Expenditure		288
carried over to accumulated fund(Page1)		7117

South East Thames Region- MIOT

6483

Receipts & Expenditure Account- Year ended 30.06.97

the Accumulated fund (Page2)

Receipts		
Surplus from Disco		328
Surplus from PGE Seminars		5869
Surplus from Cultural Activities		
Kalaivilaa	2187	
Isaimaalai	80	2267
Bank Interest received		24
Total		8488
Expenditure		
Overseas Aid- TRRO, SriLanka		2000
Excess of Receipts over Expenditure before	taxation	6488
Taxation		(5)
Excess of Receipts over Expenditure carr	ried over to	

Notes to the Financial Statements

Year ended 30.06.97.

1) Subscriptions & Donations

Annual Subscriptions	4316
Life Membership	1925
Donations	4035
Total	10276

2) Rent

Rent Payable	2840
Rent Received	750
Net Cost	2090

Rent Payable balance outstanding on 30.06.97
(13 weeks @ 55.00 per week)
715

3) Overseas Aid

Charities for the Orphans in the North & East of Srilanka 1670

4) Depreciation

Provision has been made for depreciation of fixed assets as follows. Fitting & equipment @ 25% written down value at 1.07.96.

5) Bank Balances written off.

In the absence of relevant records the following balances in the bank accounts were written off to the Receipts & Expenditure accounts.

NatWest MIOT Health Programme A/C-	951
NatWest- MIOT North East Thames Region	160
Total	1111

Cash Flow Report2 . 1/7/96 Through 30/6/97 (in Pounds)

1/7/96 Through 30/6/97 (in Pounds)
1/11/97
Bank, Cash, CC Accounts

Category Description

Page 1

Category Description	1/7/96- 30/6/97
INFLOWS	
Book Sale-Income from sale of Books DONATIONS-Donations from wellwisher:	668.20
NE MIOT-Donations from NEMIOT DONATIONS-Donations from wellwisher-Other	20.00 100.00
TOTAL DONATIONS-Donations from wellwisher Int Inc-Interest Income:	120.00
Bank interest-Bank, Building society Gross-Gross Int Income	93.40 155.12
TOTAL Int Inc-Interest Income Membership-All Members:	248.52
Associate-Medical Personnel	7.50
Life-Life members-MIOT	1,215.00
Ordinary-Ordinary Members	4,335.01
Student-For medical students	24.00
TOTAL Membership-All Members	5,581.51
Un classified-No description	-185.44
POTAL INFLOWS	6,432.79
DUTFLOWS	
Administration-Running expen. Office:	
Advertisment-Advert charges	250.00
AGM expenses-Expenses for AGM event	1,198.00
Lobbying-Exp.for lobbying MIOT news-ExpPrinting MIOT news	160.00
Ord.meet expExpenses-Ord. meeting	104.32 159.48
Petty Cash-Miscellanious expenses	100.00
Administration-Running expen. Office-Other	133.94
TOTAL Administration-Running expen. Office	2,105.74
Charity event-Fund raising events	-1,329.71
Rent expenses-Rental property expenses: Rent Rebate-Rebate for MIOT rent	-750.00
Rent expenses-Rental property expenses-Other	3,750.00
TOTAL Rent expenses-Rental property expenses Taxes-Taxes paid:	3,000.00
Interest-Tax deducted at source	31.02
Taxes-Taxes paid-Other	215.45
TOTAL Taxes-Taxes paid	246.47
Youth Affairs-Transactions-Youth activ.	-2,871.96
TOTAL OUTFLOWS	1,150.54
OVERALL TOTAL	5,282.25

MEDICAL ÍNSTITUTE OF TAMILS (MIOT) SOUTH THAMES REGION

Annual Report 1997

We are privelaged to present the annual report on behalf of the committee for the year 1997.

We have not yet completed the 12 months as yet. We had the difficult task of matching an excellent job done by the previous committee. However, due to an enthusiastic committee under the leadership of Dr Sivagnanam, our comittee was able to achieve a satisfactory record.

We were able to present a very successful Kalai-vizha-Muthamilmalai. We were very proud and pleased with highest attendance at this function we were able to make a profit of £1500.

PGEA Meetings

We have no hesitation in saying we were able to arrange PGEA meeting as in the past but toa high standard. However, we were able to raise more funds as a result of enthusiasm our president Dr Sivagnanam and his able committee. We have already collected about £ 10000 from sponsorships by medical representatives.

Disco Dance

This is brain child of Dr Sivagnanam the second in the series. The whole idea is to provide interaction in the younger generation and to involve youths in the social with the view of coming to know our own people ina society where we are exposed to many western influences.

We are proud to say that we were able to maintain the high standards set in the previous years. we take this opportunity though it is a bit premature to thank all our fellow members. We will pay tribute to all the spouses of the committee members and their children, in providing their support directly and indirectly. Last but not least we must thank all our members of MIOT/STR for their invaluable help towards enrolling as members, contribution and support, financially and academically.

Dr S Balachandran

Dr T Sithamparanathan

Joint Secretaries

ANNUAL REPORT 1997 NORTH THAMES REGION

North Thames MIOT have been trying hard to bring up our branch like the other two, and we have achieved certain degree of success.

So far we had three clinical meetings (for 1997) in the region. The first one was at Worley Hospital on 22.02.1997. Dr Ingram Vanniasegaram, Consultant in Audiology at Barking and Havering Community Trust gave a valuable presentation which received great appreciation from the members at this meeting.

The second meeting was on 31.05.1997. The speakers were two consultants in Accident & Emergency Medicine. Fresh experiences of these two young experts were shared very profitably among the membership. Mr Anthony Mariadas from Broomfield Hospital and Mr Sivakumar from Central Middlesex Hospital attracted the audience with their talents of communicating the subjects effectively.

The third meeting was held on 23.08.1997 at Worley Hospital. The speakers, Mr Sathananthan from Harold Wood Hospital and Ms Kolipara from King's George's Hospital shared the talk on HORMONE REPLACEMENT THERAPY. The members and families were also invited for this meeting where special arrangements were made for the children to be entertained with disco/music.

The secretary, Dr Kukathasan, successfully obtained Post Graduate Education Accreditation from the Royal College of General Practitioners, for all these meetings.

We would like to thank MIT members from other regions, who supported us by attending these meetings.

Plans are afoot to have clinical meetings at least once quarterly, during the forthcoming year and we look forward to work in co-operation with the sister branches in the South Thames region and Northern Region.

We assure our full support to the Management Committee in their efforts

- in securing a permanent office premises, extending to establish branches abroad, obtaining Charity status to MIT,
- · establishing a special forum for the MIT Youths- the future MIT organisation and
- in all social activities to gain support and co-operation not only from the Medical
 and allied members of the community but more important from the grass roots of
 our community where our strength lies towards helping our brethren in the U.K,
 Sri Lanka, India and other regions.

ANNUAL REPORT 1997- NORTHERN MIOT

It had been fruitful year for the Northern MIOT since its inauguration last year. Our clinical meetings were slightly derailed by the sudden passing away of Prof. Sabanathan from Bradford.

We have had two clinical meetings this year with a fair turnout. The message from the centre has duly been dissipated. Each clinical meeting was preceded by a business meeting. The first meeting was held in January in Lincoln and the other in Rochdale in June. Dr R S Thiagarajah spoke at the first meeting on Infantile autism and Mrs Indra Sriskandarajah Sivayoham on the place and uses of Laser in Ophthalmology in the other.

We are happy to announce that as in the past the BMJ's continue to be sent to Jaffna on a fairly regular basis. As of this year following an appeal made from Jaffna the following journals also are being sent to Jaffna from members of the Northern MIOT.

- 1. Medicine (international)
- 2. British Journal of Hospital Medicine.

Following an urgent appeal made from Jaffna hospital made through its co-ordinator based in Colombo two photocells for a colorimeter were despatched. A vitallograph, some anaesthetic equipment such as endotracheal tubes, laryngoscopes, connectors, catheter mounts and some BNF's and prescriber journals were sent to Jaffna. Eight soft mattresses for nursing paraplegics and trauma victims were also sent from us. An ECG machine is awaiting despatch.

The Northern Region is perhaps the largest in the MIOT with ill-defined boundaries. The members have to cover large distances in order to attend meetings. These regional meetings and the MIOT news keep the members informed of our activities and in touch with the base. The annual account were submitted at the end of June (i.e. end of the financial year) to the management committee.

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Wednesday 10, September 1997

Hot News

Don on 'War and health in Jaffna'

Juffna special correspondent

THE war in the North-Eastern Province had been insidious. So was the decline of the health services and the health of the people of Jaffna. The effects of war started with the war in the early 1980s and continues to the late nineties. The prolonged conflict has resulted in a serious dislocation of the health infrastructure that once served this area. The war has resulted in damage, destruction and closure of the Jaffna hospital from June to November 1990 and all bospitals in the Jaffna district except Thenmaradchi and a part of Vadamaradchi from November 1995 to April 1996.

Malaria which was mainly a disease prevalent in the Wanni district gradually spread to the peninsula. The number of cases increased five times between 1990 and 91. Between 1983 and 1994 the number of malaria cases increased 22 times. In 1996 one in 17 people in Jaffna had malaria said Dr. N. Sivarajah, Head of the Department of Community Medicine, Faculty of Medicine Jaffna University, while reading a paper on 'War and health in Jaffna' at the fifth annual session of the Jaffna Science Association at the Jaffna University.

Dr. Sivarajah said that two decades ago the infant mortality rate in the Jaffna district was 21.1. This was the lowest among the 22 districts in Sri Lanka and was claimed to be lower than the Infant Mortality Rate (IMR) in Washington. The district with the highest IMR was Nuwara Eliya with an IMR of 119. The IMR for Jaffna rose to 38.7 in 1994. As there is considerable under reporting the present IMR may be probably much more than the reported figure.

He said when shortage of food occurs the first to be affected are the children and the elders. In 1993 the percentage of chronic under nutrition (stunting) in Jaffna was 31.4 per cent. The situation has changed following the war. Acute under nutrition has increased over 400 per cent. The Jaffna district nutrition survey of 1993 showed that 19 per cent of the children born during 1990, 91 and 92 had a birth weight" less than the usual 2500 grammes.

Speaking on medical institutions, he said that the Jaffna Teaching hospital which had 1,021 beds is now functioning with half the number and very few consultants. The health staff who work in the medical institution have also decreased. In 1981 there were 139 medical officers. In 1995 there were only 89. It has further dwindled in 1997. It is seen that in the Colombo district there are 169.4 nurses per 1,00,000 population but in the Jaffna district we have 46.4 nurses per 1000,000 population. A more acute situation exists in the case of Public Health Inspectors and Public Health Midwives. There are only around 60 Public Health Midwives working in the Jaffna district whereas there should be 300 of them.

Similarly there are less than 20 PHIs where there should be 100 PHIs. The shortage of nurses PHIs and PHMs is due to inadequate training of their categories of staff during the past several years. The Jaffna Nurses Training School has a capacity to train 50 nurses per year but the average annual intake for the past ten years has been 32. Even though the training capacity of each school is 50 per year on an average 15 students have been admitted to



